

RANCH RECORD

*News For The Residents of
Blackhorse Ranch*

Drowning Is Preventable

The Texas weather is warming up. Summer is almost here. Pools will soon open and the cool water will be calling your name. You can almost hear your kids laughing and the playing in the pool. Your family deserves to have many Best Day Ever moments in the water this summer. Please do not let those moments be ruined by the sound of a life guard whistle blast or the need to do CPR in order to save your child's life. Most families love a trip to the swimming pool, the lake or the beach during the summer...but the water can be deadly for a child.

Did you know that drowning is a leading cause of accidental death for children between the ages of 1 and 14, with kids under the age of 5 at even higher risk?

Colin Holst's parents did not know either. Sadly, June 13th marks the 5 year anniversary of his drowning in a public, lifeguarded pool in Austin. Since Colin's drowning in 2008, Central Texas-based Colin's Hope has become a nonprofit leader in water safety and drowning prevention.

My name is Alissa Magrum and I am the Executive Director of Colin's Hope. But I am also a parent to 8 year old Ella. So, from one parent to another, please listen to this message. It is simple but filled with purpose: **DROWNING IS PREVENTABLE. YOU** can help protect your children. Following a series of simple water safety tips creates multiple layers of protection. These layers **WILL** keep children safer in and around the water and **CAN** prevent drownings.

THE FIRST 3 OF THESE TIPS ARE KEY.

Practice constant visual supervision. Always assign an adult "water guardian" whose **ONLY** responsibility is to watch children who are in, near and around the water. If that water guardian needs to take a break, they must transfer their "watching" duty to another adult.

Learn to swim. Enroll children (and adults too) in formal swim classes. For kids under the age of 4, taking formal swim lessons reduces the risk of drowning by 88%.

Wear life jackets. Children who cannot swim should **ALWAYS** wear a U.S. Coast Guard-approved life jacket when in and around the water.

You can see additional tips, as well as more information on water safety and drowning prevention, on our website at www.colinshope.org.

Each year, Colin's Hope volunteers stuff and distribute 75,000 water safety packets to families in zip codes that have been targeted due to the high number of near drownings and drownings in recent years. This life saving information along with a Peel Inc. ad campaign, a Reagan National Advertising billboard campaign and a presence at many community events is helping to raise water safety awareness to prevent children from drowning.

WE ALSO NEED YOUR HELP. PLEASE SHARE THIS INFORMATION with family, friends, neighbors, teachers, babysitters...everyone! We have seen the difference that being aware and being prepared can make. Communities that have received our water safety information in prior years have seen child drownings and near drownings in their areas reduced to zero!

Please visit www.colinshope.org to find out how you can get involved in your own community. Find us on Facebook, follow us on Twitter, subscribe to our monthly newsletter or even support our efforts with a donation.

We envision a world where children do not drown. Please share that vision and together we will get there.

*Wishing you the SAFEST AND BEST SUMMER EVER,
Alissa Magrum Executive Director, Colin's Hope*

RANCH RECORD

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY911
Fire 911
Ambulance 911
Harris County Sheriff.....713-221-6000
Cy-Fair Volunteer Fire Dept. Bus. Office281-550-6663

AREA HOSPITALS

Cy-Fair Medical Center..... 281-897-3300
North Cypress Medical Center281-477-0830
Willowbrook Methodist281-477-1000

SCHOOLS

Cy-Fair ISD 281-897-4000
Warner Elementary School.....281-213-1645
Spillane Middle School 281-213-1645
Cy Woods High School..... 281-213-1727
Cy Fair High School.....281-897-4600
Cypress Ranch High School281-373-2300

PUBLIC SERVICES

Cypress Post Office281-373-9125
Drivers License Info. 281-955-1100
Harris County Tax713-224-1919

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RANCH RECORD

CY-FAIR KIWANIS CLUB

PLAY GOLF with the Cy-Fair Kiwanis Club: MAY - annual Golf Tournament at the Hearthstone Country Club! Bring your own team or we will team you up with other players.

You do not have to be a Kiwanis member to play in or sponsor a team in the Golf Tournament. We welcome any who wish to participate. Businesses are encouraged to sponsor teams for their organization. It's good publicity to have your clients know you support activities that return all profits to the community through projects that support our youth and others in need. Play will be at the Hearthstone Country Club. For information, call Aaron Mackey at 281-865-2663.

The Kiwanis Kids Triathlon will be one of only 6 triathlon City-wide events this year and will be held at Langham Creek YWCA. Events include swimming, running, and bicycling and begin at 8 a.m. Registration information will be given out at the schools and can be found in the newspaper and community newsletters. All children 6 years through 12 years of age are invited to participate.

The Cy-Lakes Key Club was chartered in February by the Cy-Fair Kiwanis Club, sponsor. Congratulations to these outstanding students. They have a charter membership of 169 students!

Attention, graduating seniors! It's time to get your applications in for Kiwanis college scholarships. Information should be available from your sponsors by the time this newsletter is published. We look forward

to rewarding the outstanding service and academic achievements of our Key Club members.

Wouldn't you like to be a part of this organization that assists in these activities that promote good citizenship and leadership in our youth? We invite you to a complimentary lunch to hear more about the children's activities we sponsor. The Cy-Fair Kiwanis Club sponsors nine Key Clubs in the Cy-Fair Schools; Girl Scout, Boy Scout, and Sea Scout troops and activities; we provide scholarships to outstanding Key Club members in our district; and support other family oriented groups such as Cypress Assistance Ministries and Bear Creek Ministries; the Houston Food Bank; and many other nonprofit organizations. CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide.

Membership is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the programs it promotes, we invite you to be our guest at one of our monthly meetings. The Cy-Fair Kiwanis meet at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call Peggy Presnell at 281-304-7127; John Carroll at 281-463-0373 or George Crowl at 832-467-1998.

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NORTHWEST HARRIS COUNTY AGGIE MOM'S CLUB

nwhcaggiemoms.org

Calling all Aggie Moms! Please join us Tuesday, May 14, 2013, at 7 pm. We meet at the Houston Distributing Center conveniently located where Cutten meets SH 249 at the corner of Cutten Road and 7100 High Life Drive.

All meetings are open to Aggies, future, present or past. We provide light refreshments and you can shop our Boutique for that one-of-a-kind Aggie treasure. Our hand crafted items celebrate the heart warming TAMU traditions.

TAMU President Loftin was our March speaker. Next year November, Brigadier Joe Ramirez, Commandant of the Corp of Cadets will offer his help to students wanting to attend TAMU through this prestigious program.

New Aggie Mom? Are you sending off your first to Aggieland? Find out how we help your student succeed that first year at one of our informal Summer Mixers. Dates and locations on our website at www.nwhcaggiemoms.org.

Aggie Moms, as an organization, encourages parents to become familiar with A&M during their student's freshman year instead of waiting for graduation to visit as is the custom on other university campuses. The path to graduation can be a challenging journey; don't go it alone. Northwest Harris County Aggie Moms has been here for 25 years and we're committed to helping your student and YOU enjoy the TAMU experience.

The Northwest Harris County Aggie Mom's Club meets the second Tuesday of the month at 7:00 p.m. (August-May), at the Houston Distributing Company, 7100 High Life Drive and Cutten Road. Drop on by and say Howdy. We'll be darn glad you did! Feel free to contact Tish Otten, Club President at clubpres20122gmail.com.



TEXAS HOLD-EM TOURNAMENT

EVERY OTHER THURSDAY

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RANCH RECORD



Houston Metro Go Texan Committee
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Monday, June 10 – 1:30 p.m. Shotgun Start
Sterling Course at Houston National Golf Club
16500 Houston National Blvd, Houston, Texas 77041

All Golfers will receive a Tournament Rewards Card valued at \$85 for "buy-one-get-one-free" rounds of golf at Houston National and Red Wolf Resort in Huffman!

Early Bird Fees: \$90 per player FMV = No Donative Value / \$360 per team • • **After May 15th:** \$100 per player / \$400 per team
This includes Golf, Cart, Range Balls, Three Drink Tickets, Lunch & Dinner, Awards and Door Prizes!

* Men's & Ladies Longest Drive Prize * Closest to the Pin Prize * Putting Contest (Entry \$5)
Mulligans sold the day of the event

For More Information contact: Tammy Faber 713-899-7975 or tfaberpoynor@yahoo.com

Mail or E-Mail forms to: Tammy Faber, 5907 Deep South Drive, Katy, TX 77449

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Player#1 _____	Email: _____
Player#1 _____	Email: _____
Player#1 _____	Email: _____

Thank you!



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Address and Phone Number: _____
Door Prize, Give-Away or other Items: _____

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DROWNING IS PREVENTABLE



COLIN'S HOPE
WATER SAFETY TIPS AT
WWW.COLINSHOPE.ORG



Volunteer - Donate
COLINSHOPE.ORG

May is Texas and National Water Safety Month

Ongoing: Volunteers needed to stuff and distribute water safety packets info@colinshope.org

Ongoing: Colin's Hope Athlete Ambassadors needed! <http://www.tinych.org/signup>

Now-June 18: Discount Schlitterbahn Tickets for sale. <http://www.tinych.org/tickets>

May 18: Colin's Hope Got2Swim Pure Austin Quarry Lake. <http://www.tinych.org/QuarryLake>



Water Safety Alert: 74 Texas children drowned last year.
Keep your children and families safe in, near and around all bodies of water.
Multiple layers of protection can prevent drowning.

LAYERS OF PROTECTION



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LEARN TO SWIM



WEAR LIFE
JACKETS



MULTIPLE BARRIERS ON
ALL POOLS & HOTTUBS



KEEP BACKYARDS &
BATHROOMS SAFE



LEARN CPR



CHECK POOLS/HOTTUBS
1ST FOR MISSING CHILDREN



VISIT US
ONLINE



Deputy Voter Registrar Training Available

at Cypress-Tomball Democrats Meeting

The Cypress-Tomball Democrats will offer Deputy Voter Registrar training during their Tuesday, May 21st meeting. It will be held at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 to 8:00 p.m.

Xavier Herrera, Manager of Outreach from the Harris County Tax Office, will conduct training for anyone interested in becoming a Volunteer Deputy Voter Registrar.

All are welcome to attend and to join this growing club, which meets on the third Tuesday of every month. For more information, visit the website at www.cytomdems.com or contact Glenn Etienne at cytomdems@yahoo.com.

Food Safety Tips Help Prevent Food Poisoning

When getting together to cook for loved ones, the last thing you want is to get sick from the food you eat. Roberta Anding, a registered dietitian at Baylor College of Medicine, has a few tips to keep your food safe.

- Always use a meat thermometer to check if meat is fully cooked. The color of the meat can't determine the safety of the meat. All meat should be cooked to 165 degrees Fahrenheit.
- Wash your hands frequently and thoroughly during food preparation.
- Wash all produce before cutting and chopping.
- Refrigerator leftovers within two hours.
- Use a thermometer when reheating food as well.

Following these basic guidelines will ensure that the food you serve is safe to eat, said Anding.



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CONTROL YOUR WEIGHT, MINIMIZE CANCER RISK

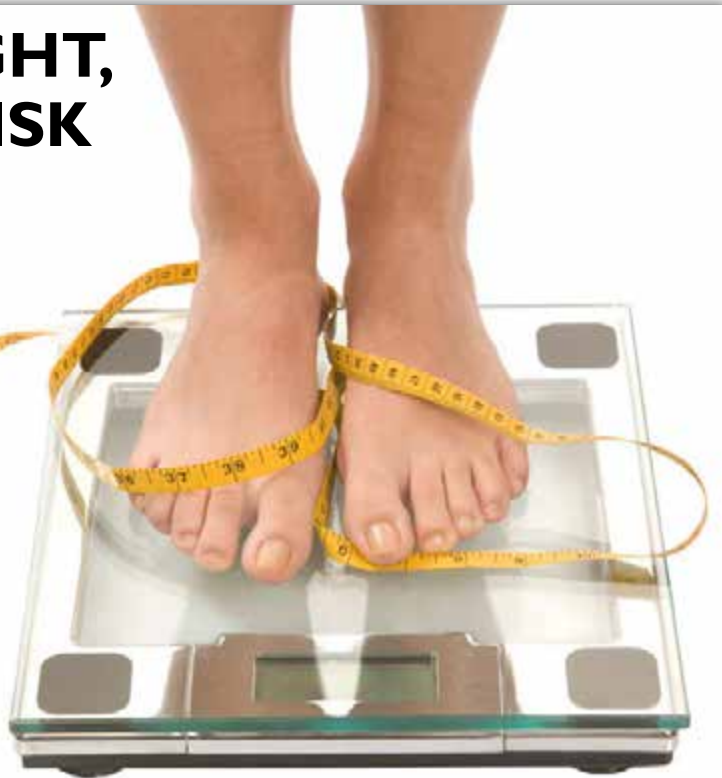
Controlling weight can help a person reduce the risk of cancer, said an oncologist from the NCI-designated Dan L. Duncan Cancer Center at Baylor College of Medicine.

"We do not know exactly how and why obesity affects cancer risk, but we know there is an increase, so it is important for everyone to control their weight to minimize this risk," said Dr. Kent Osborne, director of the Duncan Cancer Center and the Lester and Sue Smith Breast Center, both at BCM.

Research has linked obesity to a greater risk of developing esophageal, pancreatic, colorectal, breast, endometrial, kidney, thyroid and gallbladder cancer, Osborne said.

In some cancers like breast cancer, there is also an increase in the risk of recurrence if a patient already has the cancer and is obese.

Many other factors, such as genetics, may play a role in cancer development, but keeping a normal weight is one thing people can change and it may help, he said.



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CYPRESS RANCH HIGH SCHOOL **M.A.N.E. EVENT** 2013

M.A.N.E Event is a drug and alcohol free lock-in for our Seniors and their dates, after the prom. This is a free, fun-filled evening for ALL seniors, regardless of whether they attend prom or not. We, the senior parents, host this all-night party. Fundraising and donations are tax deductible and are vital to the success of M.A.N.E. Event 2013. Our Final General Meeting Date is Thursday, May 9, 2013 at 7p.m. in the Commons.

WE NEED YOUR HELP!!!

*Upcoming Fundraiser Events:
(Volunteers wanted for each event)*

Mustang Café – Our Last Mustang Café is May 10, 6:30-7:15am. Volunteer to help! Stop by for a cup!!

MARK YOUR CALENDARS!

May 1 ~ Turn in your final calculations for MANE Bucks!!!!

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Faculty/Student Basketball – May 17 2013, at CRHS Gym
Want to volunteer? Contact Jana Needham, 2013MANE@gmail.com

.....

MANE Event – May 24/25WE NEED YOU!! Volunteer signups for that night are on the website. THIS IS THE BIG NIGHT!!!

.....

Parent T-Shirts – All Parents volunteering at MANE Event May 24/25 will need to purchase a parent t-shirt. We ask that parents also wear this t-shirt for all volunteering events throughout the year so one shirt is all you need to buy! Parent t-shirts can be viewed online and will be available for sale at the next general meeting on April 11th.

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www.maneevent2013.org

MARK YOUR CALENDAR:
GENERAL MEETING DATES:

- May 9, 2013

Meetings start at 7:00pm in the Commons at CRHS.

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Blackhorse Ranch Year-to-Date Sales Report

	June '12	July '12	Aug '12	Sept '12	Oct '12	Nov '12	Dec '12	Jan '13	Feb '13	Mar '13
\$500,000 and above	0	0	0	0	0	0	0	0	0	2
\$451,000--\$499,999	0	1	0	0	0	0	1	1	0	0
\$351,000--\$450,999	0	0	0	0	1	0	1	1	0	1
\$276,000--\$350,999	0	0	0	0	0	1	0	0	0	0
\$231,000--\$275,999	0	3	1	1	1	0	0	0	0	0
\$201,000--\$230,999	0	0	0	2	2	1	2	0	0	1
\$200,999 and below	0	1	1	0	4	1	0	0	1	0
Total	0	6	2	3	8	3	4	2	1	4
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