



May 2013

NEWS FOR THE RESIDENTS OF CYPRESS CREEK LAKES

Volume 2, Issue 5

Drowning Is Preventable

The Texas weather is warming up. Summer is almost here. Pools will soon open and the cool water will be calling your name. You can almost hear your kids laughing and the playing in the pool. Your family deserves to have many Best Day Ever moments in the water this summer. Please do not let those moments be ruined by the sound of a life guard whistle blast or the need to do CPR in order to save your child's life. Most families love a trip to the swimming pool, the lake or the beach during the summer... but the water can be deadly for a child.

Did you know that drowning is a leading cause of accidental death for children between the ages of 1 and 14, with kids under the age of 5 at even higher risk?

Colin Holst's parents did not know either. Sadly, June 13th marks the 5 year anniversary of his drowning in a public, lifeguarded pool in Austin. Since Colin's drowning in 2008, Central Texas-based Colin's Hope has become a nonprofit leader in water safety and drowning prevention.

My name is Alissa Magrum and I am the Executive Director of Colin's Hope. But I am also a parent to 8 year old Ella. So, from one parent to another, please listen to this message. It is simple but filled with purpose: DROWNING IS PREVENTABLE. YOU can help protect your children. Following a series of simple water safety tips creates multiple layers of protection. These layers WILL keep children safer in and around the water and CAN prevent drownings.

THE FIRST 3 OF THESE TIPS ARE KEY.

Practice constant visual supervision. Always assign an adult "water guardian" whose ONLY responsibility is to watch children who are in, near and around the water. If that water guardian needs to take a break, they must transfer their "watching" duty to another adult.

Learn to swim. Enroll children (and adults too) in formal swim classes. For kids under the age of 4, taking formal swim lessons reduces the risk of drowning by 88%.

Wear life jackets. Children who cannot swim should ALWAYS wear a U.S. Coast Guard-approved life jacket when in and around the water.

You can see additional tips, as well as more information on water safety and drowning prevention, on our website at www.colinshope.org.

Each year, Colin's Hope volunteers stuff and distribute 75,000 water safety packets to families in zip codes that have been targeted due to the high number of near drownings and drownings in recent years. This life saving information along with a Peel Inc. ad campaign, a Reagan National Advertising billboard campaign and a presence at many community events is helping to raise water safety awareness to prevent children from drowning.

WE ALSO NEED YOUR HELP. PLEASE SHARE THIS INFORMATION with family, friends, neighbors, teachers, babysitters... everyone! We have seen the difference that being aware and being prepared can make. Communities that have received our water safety information in prior years have seen child drownings and near drownings in their areas reduced to zero!

Please visit www.colinshope.org to find out how you can get involved in your own community. Find us on Facebook, follow us on Twitter, subscribe to our monthly newsletter or even support our efforts with a donation.

We envision a world where children do not drown. Please share that vision and together we will get there.

*Wishing you the SAFEST AND BEST SUMMER EVER,
Alissa Magrum Executive Director, Colin's Hope*

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire.....	911
Ambulance.....	911
Constable	281-463-6666
Sheriff - Non-emergency	713-221-6000
- Burglary & Theft	713-967-5770
- Auto Theft	281-550-0458
- Homicide/Assault	713-967-5810
- Child Abuse	713-529-4216
- Sexual Assault/Domestic Violence.....	713-967-5743
- Runaway Unit	713-755-7427
Poison Control.....	800-222-1221
Traffic Light Issues	713-881-3210

SCHOOLS

Cypress Fairbanks ISD Administration	281-897-4000
Cypress Fairbanks ISD Transportation	281-897-4380
Warner Elementary	281-213-1650
Smith Middle School	281-213-1010
Cy-Ranch High School	281-373-2300

UTILITIES

CenterPoint Energy.....	713-659-2111
Reliant Energy.....	713-207-2222
Water - Severn Trent.....	281-646-2383
Waste Management - Trash	713-686-6666

OTHER NUMBERS

Animal Control.....	281-999-3191
Cypress Fairbanks Medical Center.....	281-890-4285
Harris County Health Department	713-439-6260
Post Office.....	281-859-9021
Harris County Public Library.....	281-290-3210
Cy-Fair Hospital.....	281-890-4285
North Cypress Medical Center.....	832-912-3500

NEWSLETTER PUBLISHER

Peel, Inc.	1-888-687-6444
Article Submissions	cypresscreeklakes@PEELinc.com
Advertising.....	advertising@PEELinc.com, 1-888-687-6444

ADVERTISING INFO

Please support the advertisers that make the *Spectator* possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The *Tribune* is mailed monthly to all Cypress Creek Lake residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to cypresscreeklakes@peelinc.com. The deadline is the 9th of the month prior to the issue.



FAIRFIELD ANIMAL HOSPITAL

Mike Hicks, DVM

Sandra Harris, DVM

15040 Fairfield Vlg. Sq. Dr. #100
Cypress Tx 77433 • 281.256.3150
www.myfairfieldvet.com

Office Hours:

Mon-Fri 7am-6pm

Close Sat & Sun

Early Morning Drop Off

Mon-Fri 7am

**Call 281.256.3150
for Appointments**



• Compassionate,
Quality Care for your
Pet Family Member

• A Full Service
Veterinary Hospital

• Friendly, Caring,
Professional Staff

WE PROUDLY OFFER:

HomeAgain®

**Microchip
Identification System**

THE DAVID FLORY TEAM

RE/MAX Professional Group

832-478-1205

WWW.FLORYTEAM.COM

281-477-0345



**HAPPY
MEMORIAL DAY!**



Each Office Independently Owned and Operated

Thank you "Flory Team" for selling our home in 3 days at the listed price. We appreciate the hard work, dedication and professionalism your entire staff has shown us throughout the process.

- The Piperatos -

#2 Realtor in Houston & Texas*

*Realtor Teams per RE/MAX 4th Quarter 2011, 2nd Quarter 2012

SNAKE BITES A CONCERN AS WEATHER WARMS UP

Warmer weather coaxes snakes out of hiding, and it's important to know what to do after a snake bite, according to a medical toxicologist at Baylor College of Medicine (www.bcm.edu).

"Many people don't realize how much of an issue snake bites are in this area of the country," said Dr. Spencer Greene, director of medical toxicology and assistant professor of medicine – emergency medicine at BCM. "In fact, our regional poison center reported 235 snake bites – including 148 from known venomous snakes – in the Houston area in 2012, and I am sure many more are going unreported".

According to Greene, the first step is avoidance.

"Never reach into a hole or a bush blindly, a snake may be resting there," he said. "It is also important to maintain an appropriate distance from a snake. Most pit vipers, which include rattlesnakes, copperheads and water moccasins, can strike at a target up to two-thirds of their body length when provoked."

If you are bitten by a snake, Greene suggests the following important steps:

- Stay calm.
- Call 911 immediately to be evaluated.
- Take off anything that is constricting the affected area, such as a ring or watch.
- Position the affected area at or above heart level. This means that if you are bitten on the hand, bring it to heart level, and if you're bitten on the leg or foot, elevate it if possible. This minimizes the amount of local tissue damage and swelling, which is the most common finding in pit viper bites.

- Go to the emergency room – the sooner the better.

Greene also dispels several myths about treating snake bites and suggests heeding the following advice:

- Do not apply a tourniquet or a constriction band.
- Do not apply ice; it can cause local tissue damage.
- Do not apply heat.
- Don't cut the affected area and attempt to suck the venom out – this increases the amount of local tissue damage.

- Don't use a commercially-available extraction device. These have also shown to be ineffective in removing venom and actually increase the amount of tissue damage.
- Don't use electrical therapy.
- Don't apply any type of lotions or ointments.

The management of snake bites has changed over the years and the newer type of anti-venom has proven to be very effective in reducing pain, bleeding complications, swelling and tissue damage, Greene says. Although anti-venom has been shown to have the maximum effectiveness within the first 12 hours of the bite, it can still be effective a few days after the bite.

At the hospital, physicians will determine if anti-venom and hospital admission is necessary.

"Ideally, patients should be evaluated by a medical toxicologist with experience in managing snake bites," Greene says.

If a patient requires anti-venom, he or she usually spends one or two days in the hospital. After hospital discharge, patients will need to follow up twice a week for two weeks to watch for any signs of recurrent toxicity.



Mon – Fri: 7am – 6pm
Sat – Sun: Closed



Christian Brothers

AUTOMOTIVE

\$10 OFF or 10% OFF

YOUR NEXT SERVICE

REPAIRS OVER \$100

Valid at Fairfield location only. Please present at time of service. Not valid with other offers.



(281) 213-8111

27210 US Hwy 290, Cypress, TX 77433 / ChristianBrothersAuto.com / Nice difference.

CY-FAIR KIWANIS CLUB

PLAY GOLF with the Cy-Fair Kiwanis Club: MAY - annual Golf Tournament at the Hearthstone Country Club! Bring your own team or we will team you up with other players.

You do not have to be a Kiwanis member to play in or sponsor a team in the Golf Tournament. We welcome any who wish to participate. Businesses are encouraged to sponsor teams for their organization. It's good publicity to have your clients know you support activities that return all profits to the community through projects that support our youth and others in need. Play will be at the Hearthstone Country Club. For information, call Aaron Mackey at 281-865-2663.

The Kiwanis Kids Triathlon will be one of only 6 triathlon City-wide events this year and will be held at Langham Creek YWCA. Events include swimming, running, and bicycling and begin at 8 a.m. Registration information will be given out at the schools and can be found in the newspaper and community newsletters. All children 6 years through 12 years of age are invited to participate.

The Cy-Lakes Key Club was chartered in February by the Cy-Fair Kiwanis Club, sponsor. Congratulations to these outstanding students. They have a charter membership of 169 students!

Attention, graduating seniors! It's time to get your applications in for Kiwanis college scholarships. Information should be available from your sponsors by the time this newsletter is published. We look forward

to rewarding the outstanding service and academic achievements of our Key Club members.

Wouldn't you like to be a part of this organization that assists in these activities that promote good citizenship and leadership in our youth? We invite you to a complimentary lunch to hear more about the children's activities we sponsor. The Cy-Fair Kiwanis Club sponsors nine Key Clubs in the Cy-Fair Schools; Girl Scout, Boy Scout, and Sea Scout troops and activities; we provide scholarships to outstanding Key Club members in our district; and support other family oriented groups such as Cypress Assistance Ministries and Bear Creek Ministries; the Houston Food Bank; and many other nonprofit organizations. CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide.

Membership is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the programs it promotes, we invite you to be our guest at one of our monthly meetings. The Cy-Fair Kiwanis meet at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call Peggy Presnell at 281-304-7127; John Carroll at 281-463-0373 or George Crowl at 832-467-1998.

FULL SERVICE LANDSCAPE COMPANY



281-373-0378

Proudly serving northwest Houston since 1997



Gold Star
Accredited Business



Lawn Service

Commercial & Residential
\$25.00 & up

Landscaping

Landscape Design & Installation *
Seasonal Flowers * Drainage * Lighting
Sod Installation * Mulch Installation *
Rock Borders

Patios & Walkways

Pavestone * Concrete * Flagstone

Tree Service

Tree Trimming * Removal * Installation

Sprinkler Systems

Design * Installation * Repairs
Proper Coverage * Warranty
Licensed Irrigator #8587



Fertilization & Pesticide

Spraying & Feeding for Lawn, Shrubs & Trees
Fire Ant Control * Tree Deep Root Feed *
Brown Patch Reduction
State Licensed Applicator



www.horizon-landscape.com

FIRST ANNUAL KREWE CLASSIC **CHARITY GOLF TOURNAMENT**

Tuesday, June 4, 2013 -- 8 am Shotgun Start

BLACKHORSE GOLF CLUB

12205 Fry Road, Cypress, TX 77429

PARTICIPATION:

\$150 per person

SPONSORSHIP OPPORTUNITIES:

Standard Hole (\$200)

Contest Hole (\$300)

Tournament Sponsor (\$500)

Founding/Corporate Sponsor (\$1000)

For more information, contact:

Tami Weitkunat - tami@mediacomp.com -- 713.621.1071 OR

Donna Ordemann - dordemann@comcast.net -- 281.794.0542

Visit our site or Facebook

Come join the fun!!

Great Golf, Great Food and Drink, & Lots of Goodies!!

Looking for Volunteers!

High School Students from 60 countries are arriving to our area this coming August and I am looking for volunteers to host them. You need to provide a bed and meals for the student. They have their own spending money and are fully insured. If you are interested in volunteering and making a dream of a teen come true please email or call.

Jennifer Tausworthe

jennifer4cci@aol.com

713.203.6556



UNIVERSITY of HOUSTON

NORTHWEST CAMPUS

DID YOU KNOW...

University of Houston is the **ONLY** Tier One
Public Research University
in the Greater Houston Area?

Complete Your Degree In:

Communications (B.A.)

Mechanical Engineering Technology (B.S.)

Organizational Leadership & Supervision (B.S.)

Psychology (B.A., B.S.)

Retailing & Consumer Science (B.S.)

Supply Chain & Logistics (B.S.)

Global Business (Minor)

832-842-5700 UH.EDU/NORTHWEST NORTHWEST@UH.EDU
FACEBOOK.COM/UHNORTHWEST @UHNORTHWEST

NORTHWEST HARRIS COUNTY AGGIE MOM'S CLUB

nwhcaggiemoms.org

Calling all Aggie Moms! Please join us Tuesday, May 14, 2013, at 7 pm. We meet at the Houston Distributing Center conveniently located where Cutten meets SH 249 at the corner of Cutten Road and 7100 High Life Drive.

All meetings are open to Aggies, future, present or past. We provide light refreshments and you can shop our Boutique for that one-of-a-kind Aggie treasure. Our hand crafted items celebrate the heart warming TAMU traditions.

TAMU President Loftin was our March speaker. Next year November, Brigadier Joe Ramirez, Commandant of the Corp of Cadets will offer his help to students wanting to attend TAMU through this prestigious program.

New Aggie Mom? Are you sending off your first to Aggieland? Find out how we help your student succeed that first year at one of our informal Summer Mixers. Dates and locations on our website at www.nwhcaggiemoms.org.

Aggie Moms, as an organization, encourages parents to become familiar with A&M during their student's freshman year instead of waiting for graduation to visit as is the custom on other university campuses. The path to graduation can be a challenging journey; don't go it alone. Northwest Harris County Aggie Moms has been here for 25 years and we're committed to helping your student and YOU enjoy the TAMU experience.

The Northwest Harris County Aggie Mom's Club meets the second Tuesday of the month at 7:00 p.m. (August-May), at the Houston Distributing Company, 7100 High Life Drive and Cutten Road. Drop on by and say Howdy. We'll be darn glad you did! Feel free to contact Tish Otten, Club President at clubpres20122gmail.com.



TEXAS A&M
UNIVERSITY

Deputy Voter Registrar Training Available

at Cypress-Tomball Democrats Meeting

The Cypress-Tomball Democrats will offer Deputy Voter Registrar training during their Tuesday, May 21st meeting. It will be held at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 to 8:00 p.m.

Xavier Herrera, Manager of Outreach from the Harris County Tax Office, will conduct training for anyone interested in becoming a Volunteer Deputy Voter Registrar.

All are welcome to attend and to join this growing club, which meets on the third Tuesday of every month. For more information, visit the website at www.cytomdems.com or contact Glenn Etienne at cytomdems@yahoo.com.

DIRECTV is rolling out the RED CARPET

VIP Pricing exclusively
for Residents



DIRECTV
Prices starting at
\$29.99

FREE 5 tuner Genie HD/DVR
Instant rebate on all packages
Record, watch and playback in
HD from any room

FREE Installation
Up to 3 **FREE** additional
HD client boxes
FREE HBO, Cinemax, Starz
& Showtime for 3 months

Mention this ad for your VIP deal.
CALL NOW!

1.888.799.0512



Food Safety Tips Help Prevent Food Poisoning

When getting together to cook for loved ones, the last thing you want is to get sick from the food you eat. Roberta Anding, a registered dietitian at Baylor College of Medicine, has a few tips to keep your food safe.

- Always use a meat thermometer to check if meat is fully cooked. The color of the meat can't determine the safety of the meat. All meat should be cooked to 165 degrees Fahrenheit.
 - Wash your hands frequently and thoroughly during food preparation.
 - Wash all produce before cutting and chopping.
 - Refrigerator leftovers within two hours.
 - Use a thermometer when reheating food as well.
- Following these basic guidelines will ensure that the food you serve is safe to eat, said Anding.



TEXAS HOLD-EM TOURNAMENT

EVERY OTHER THURSDAY

CALL JACK - 281-744-8636

OR DON - 281-256-8711

E-MAIL - BULLLEGGEDTEXAN@YAHOO.COM



MOMS DESERVE THE VERY BEST

Make Mom's special day even better!
With over \$2 billion sold and over
2000 cars to choose from, nobody
does it better than Texas Direct Auto.
We make buying and selling fun!



TEXASDIRECTAUTO.COM

DROWNING IS PREVENTABLE



COLIN'S HOPE
WATER SAFETY TIPS AT
WWW.COLINSHOPE.ORG



Volunteer - Donate
COLINSHOPE.ORG

May is Texas and National Water Safety Month

Ongoing: Volunteers needed to stuff and distribute water safety packets info@colinshope.org

Ongoing: Colin's Hope Athlete Ambassadors needed! <http://www.tinych.org/signup>

Now-June 18: Discount Schlitterbahn Tickets for sale. <http://www.tinych.org/tickets>

May 18: Colin's Hope Got2Swim Pure Austin Quarry Lake. <http://www.tinych.org/QuarryLake>



Water Safety Alert: 74 Texas children drowned last year.
Keep your children and families safe in, near and around all bodies of water.
Multiple layers of protection can prevent drowning.

LAYERS OF PROTECTION



**CONSTANT VISUAL
SUPERVISION**



LEARN TO SWIM



**WEAR LIFE
JACKETS**



**MULTIPLE BARRIERS ON
ALL POOLS & HOTTUBS**



**KEEP BACKYARDS &
BATHROOMS SAFE**



LEARN CPR



**CHECK POOLS/HOTTUBS
1ST FOR MISSING CHILDREN**



**VISIT US
ONLINE**

ADOPTION COALITION OF TEXAS

Marcus

05/1997

Marcus is a smart, funny and passionate young man. He is a thinker and a planner who likes to explore new ideas and gain knowledge. He likes to write and listen to rap music. Marcus craves acceptance and responds well to positive attention from adults. He is determined to have a bright future and works hard to reach his academic potential.

Marcus wants very much to be adopted so that he can have a family to love and support him in the future. His adoptive family needs to be nurturing, firm, patient and willing to provide him with much needed one-on-one attention. Marcus will do best in a family with older children and one with parents that can help build his self-esteem while encouraging him to discover his strengths and find his place in the world.

For more information on Marcus, please contact Stephanie Berka at the Adoption Coalition of Texas by email stephanieberka@adopttexas.org or by phone: 512-450-8750.



CONVENIENT Mammograms Right in Your Neighborhood!

Evenings and weekends available by appointment.



Four convenient locations

- 11307 FM 1960 West at Steepletop, Suite 340
Houston, Texas 77065
- 14044 Spring Cypress at Grant
Cypress, Texas 77429
- 27126 Highway 290 at Mueschke
Cypress, Texas 77433
- 7015 Barker Cypress Rd at 529
Cypress, Texas 77433



*According to the U.S. Preventive Services Task Force and the Affordable Care Act, routine screening mammography is a preventive service now covered 100% by health insurance plans for women aged 40 and older every 1 to 2 years.

Schedule now 281.897.3121 • www.CyFairWomensImaging.com



BASKETBALL CAMP FOR WOMEN OVER 45

JUNE 7-9, 2013

*At Santa Fe Christian Gym
Solana Beach, CA*

COST:

\$160 before May 1st

Email - player4life2013@gmail.com

www.player4lifecamp.weebly.com



The Spectator is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use the Spectator contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the Spectator is exclusively for the private use of Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

Bashans Painting & Home Repair

**Commercial/Residential
Free Estimates**

281-347-6702



281-731-3383 cell



- Interior & Exterior Painting
- Garage Floor Epoxy
- Hardi Plank Installation
- Custom Staining
- Wood Replacement
- Roofing
- Sheetrock Repair
- Gutter Repair/Replacement
- Interior Carpentry
- Faux Painting
- Cabinet Painting
- Door Refinishing
- Wallpaper Removal and Texturizing
- Window Installation
- Pressure Washing
- Trash Removal
- Fence Repair/Replacement
- Ceiling Fan/Light Fixtures

**References Available • Fully Insured
NO PAYMENT UNTIL COMPLETION**
bashanspainting@earthlink.net

Brilliant Energy Texas OUC #10140

BRILLIANT ENERGY

Easy Online Sign-Up at

BrilliantElectricity.com

USE "NEIGHBORHOOD NEWSLETTER" AS REFERRAL

BRILLIANT ENERGY = SERIOUSLY LOW RATES
BRILLIANT ENERGY'S ELECTRICITY RATES CHALLENGE
THE RATES OF EVERY OTHER PROVIDER IN TEXAS!
LOCK-IN A LOW ELECTRICITY RATE FOR
UP TO 3 YEARS

BRILLIANT ENERGY IS RECOMMENDED BY TEXAS ENERGY
ANALYST, ALAN LAMMEY THE HOST OF THE "ENERGY
WEEK" RADIO SHOW ON NEWSTALK 1070 KNTH!

Ask the "Energy Analyst"
281.658.0395

GREAT BUSINESS RATES TOO!





PEEL, INC.

308 Meadowlark St. South
Lakeway, TX 78734

PRSR STD
U.S. POSTAGE
PAID
PEEL, INC.

CCL



Listing Your Home for Sale in Cypress Creek Lakes?

Call your Cypress RE/MAX real estate expert

Dawn Fore

*Named one of Houston's Top 25 Real Estate Teams by the
Houston Business Journal for 2012!*

Broker/Owner

281-304-9500

281-731-7399

**Virtual Tour Our Listings
at:**

www.DawnFore.com



Above
the Crowd!

RE/MAX[®] Lakeland

17920 Huffmeister, Suite 140 • Cypress, Texas 77429

