

VOLUME 20, NUMBER 5

MAY 2013

FAIRFIELD

Community Gazette

OFFICIAL FAIRFIELD COMMUNITY ASSOCIATION NEWSLETTER



*Stevie's First
Softball Game*

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See page 7 for details.



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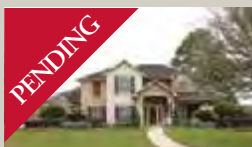
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MULTIPLE OFFERS!**



17311 E. SINGLE ROSE

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PENDING 5 DAYS!
MULTIPLE OFFERS!**



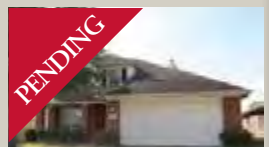
13610 MIERWOOD MANOR

**\$229,900 • 4/2.5/2
PENDING 6 DAYS!
MULTIPLE OFFERS!**



17115 CRADLE COVE

**\$142,900 • 3/2/2
PENDING 2 DAYS!
MULTIPLE OFFERS!**



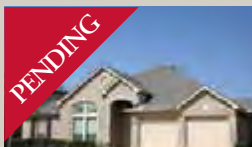
15406 COURT GREEN

**\$149,900 • 4/2.5/2
PENDING 1 WEEK!
MULTIPLE OFFERS!**



15803 HURSTFIELD POINTE

**\$378,000 • 4/4.5/3
PENDING IN
0 DAYS!**



14715 N. CAROLINA GREEN

**\$230,000 • 4/3/2
PENDING IN
1 DAY!**



22015 SILVER BLUEBERRY

**\$299,900 • 4/3.5/3
PENDING IN
5 DAYS!**



20311 GENTLE MIST

**\$289,900 • 4/3.5/3
PENDING IN
2 WEEKS!**



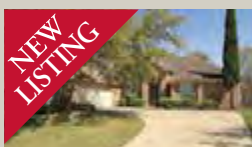
16311 SAGE CYPRESS

**\$255,000 • 4/2.5/3
PENDING!**



8107 COTTONWOOD TRAIL

**\$870,000 • 6/5.5/3+
POOL/SPA & GUEST
QUARTERS**



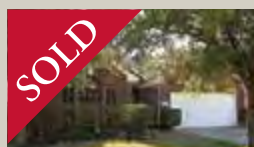
15302 JUNIPER COVE

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15318 REDBUD LEAF

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15230 FAIRFIELD FALLS WAY

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1 MONTH!**



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H E R I T A G E T E X A S . C O M



FAIRFIELD IMPORTANT NUMBERS

EMERGENCY NUMBERS

Ambulance/Fire	911
Poison Control.....	800-222-1222
Sheriff's Department	911

NON-EMERGENCY NUMBERS

Ambulance.....	713-466-4073
Cy-Fair Medical Clinic (24 hr).....	281-890-4285
FBI	713-693-5000
Fire	713-466-4073
Harris County Animal Control.....	281-999-3191
Harris County Precinct 4	281-376-3472
Vacation Watch	281-290-2100

MISCELLANEOUS NUMBERS

A.M.I (deed restrictions, etc.).....	713-932-1122
Fairfield Village Onsite Manager	713-332-4760
Community Meeting Room.....	281-373-0834
Cy-Fair College.....	281-290-3200
Cypress Area Home Schoolers.....	281-890-3792
Fairfield Athletic Club (FAC).....	281-373-0834
Fairfield Information Center	281-373-1177
Friendswood Development	281-875-1552
Harris Co. Library (Northwest)	281-890-2665
Harris Co. Animal Control	281-999-3191
Harris County Mosquito Control	713-440-4800
Harris County Hazardous Waste Facility.....	281-560-6200

UTILITY NUMBERS

ENTEX (gas)	713-659-2111
Centerpoint Energy (Electricity)	800-332-7143
Southwestern Bell (phone)	713-638-7000
ST Environmental (Sewer/water)	281-398-8211
Comcast Cable/High Speed Internet.....	713-341-1000
Waste Management (trash)	713-686-6666

COMMITTEE NUMBERS

Crime Watch Chairman: Freeman Martin	freeman@tmconsultant.net
Fairfield Area Swim Team: Shalle Hovorka.....	shovorka98@yahoo.com
Fairfield Women's Club: Charlotte Byrne	fairfieldwomensclub@gmail.com
Security Coordinator: Mark Montgomery.....	713-304-0086

FAIRFIELD VILLAGE COMMUNITY ASSOCIATION

Resident Board Members: *Please remember that the resident Board Members are volunteers with families. As a courtesy please communicate with them during reasonable hours.*

Ed Hofer (Fairfield Central, FF Village Community Assoc.).....	bradford.neighbor@hotmail.com
Jan Bertoli (Fairfield Central)	JLB8848@gmail.com
Tami Ehler (Fairfield Central)	fairfield-bradford@sbcglobal.net
John White (Fairfield Central)	281-373-1223
Louis Iselin (Fairfield Central).....	281-256-1874
Brian Gambrell (Fairfield South)	brian_gambrell@hotmail.com
Alison McGahan (Inwood Park)	afflora@comcast.net



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Eddie Meier (Fairfield South).....	emeier@gmail.com
Craig Jackson (Inwood Park)	craig.r.jackson@gmail.com
Billy Sutton (Inwood Park, FF Village Community Assoc.).....	281-304-9419
Mark Newman (Inwood Park)	marcnewman1957@comcast.net
Patrick Wong (Lakes of Fairfield)	pcwong1@earthlink.net
Jeanie Stahl (Lakes of Fairfield)	jeanie.stahl@sbcglobal.net
Candace Buenger (Trails of Fairfield)	candacebuenger@yahoo.com
Brian Roberts (Trails of Fairfield)	brian.roberts53@att.net

Friendswood Development:

Tim Fitzpatrick (Lakes, Trails, FF South, Fairfield Village Community Assoc.)	281-875-1552
Tommy Weaver (Lakes, Trails, FF South, Fairfield Village Community Assoc.)	281-875-1552
Nan Peavey (FF South, Fairfield Village Community Assoc.)	281-875-1552

NEWSLETTER PUBLISHER

Peel, Inc.	fairfieldgazette@peelinc.com, 888-687-6444
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GOVERNMENT/STATE NUMBERS

Courthouse Annex.....	281-859-0685
Driver's License.....	713-681-6187
Post Office	281-373-9125
Voter Registration	713-224-1919

SCHOOL NUMBERS

Bus Information.....	281-897-4380
Cy-Fair Administration	281-897-4000
Cy-Ranch High School.....	281-373-2300
Salyards Middle School.....	281-373-2400
Ault Elementary.....	281-373-2800
Keith Elementary.....	281-213-1744
Spillane Middle School	281-213-1645
Swenke Elementary.....	281-213-1200

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Please support the advertisers that make The Fairfield Community Gazette possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The Fairfield Community Gazette is mailed monthly to all Fairfield residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to fairfieldgazette@peelinc.com. The deadline is the 9th of the month prior to the issue.

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FAIRFIELD LOST PETS

Ways to Report a Lost and Found Pets:

Fairfield Pets Lost and Found Yahoo group (an email group). In order to send and receive emails from the group, please join/subscribe.

To Subscribe: fairfieldpets-subscribe@yahoogroups.com.



Happy 9th Birthday

Brianna Wesneske!

May 11th

We love you!

Mom, Dad, Austin, Nana & Grandpa



COVER PHOTO

Do you take great photos?

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Fairfield Gazette. Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to fairfield@peelinc.com. Portrait (vertical) photos work best. Photo's taken with digital cameras work best. Photos taken with iPhones may not be high enough quality.

This month's photo was submitted by Steve Scheiffele taken at Hope Field, Fairfield Athletic Center of his daughter Stevie during her first softball game.

To view other photos submitted please visit www.PEELinc.com/Fairfield, and view any of the past newsletters.

By submitting your photo you agree to allow your photo to be published in future issues of the Fairfield Gazette or other Peel, Inc. publications.

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Graduation Tea

The Fairfield Women's Club will honor all senior girls graduating from high school this year at our 23rd annual

Mother / Daughter Tea

Please plan to join us on Sunday, May 19th from 1:00 – 3:00
For more information please call Lisa Cannon at 281-373-1969



Fairfield Fitness Expo

May 17 - 6pm - 9pm | May 18 - 9am - 12pm

Cost: \$40 for the weekend or \$25 per day.

Come out and join us at the FAC for our Fitness Expo.
Come out and try our showcase of classes.

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All Proceeds of this conference will benefit Keith Elementary Building Fund: Running Track. For any questions or to sign up please call the FAC, (281)373-0834.

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Fairfield's Fifty Plus Fun-Loving Group

The Fairfield Seniors

The Seniors of Fairfield are an active, fifty plus, fun-loving group of couples and singles who enjoy fellowship, monthly trips, and various activities together. If you or your spouse is fifty or older, a newcomer to Fairfield Village or have lived here in Fairfield for some time but have never attended one of our functions, you are cordially invited. Come and be a part of our fun-loving group. We're sure you will enjoy it.

OUR HISTORY: Over these past ten plus years we've taken over a hundred trips. The Fairfield Gazette's web-site has back issues available from September, 2004. In order to go back to our beginning, we must thank Kelly Peel of Peel Inc. for locating all our articles from their archives and sending them to us. We now have every article submitted, which enabled us to put together Our History, and a complete listing of all our trips. Just go to Our History in our weekly email to read about our beginning and all the trips we've taken. You can get the complete listing at <http://home.comcast.net/~seniorgroup/History.htm>

OUR MAY BUSTRIP PLANS ARE FOR: Monday, May 6th, a trip to Independence, Texas. Join us for a breathtaking experience among the beautiful flowers at the Antique Rose Emporium, then sit back and enjoy a bus tour of historic Independence, Texas. After our tour we will have a tasty lunch at Bevers Kitchen, in Chappell hill, Texas. You can go to their website: www.bevers-kitchen.com/daily-menu.html, to take a look at their menu. Finally, we will take a tour of the Blue Bell Dairy and enjoy a delicious sample before returning home. The cost of this trip is \$6.00, plus the cost of your lunch. To get your name on the list for this trip call: Debi DeJarnette @ 832-220-6155. Checks are to be made out to: Fairfield 50 Plus. Checks can be given to Debi DeJarnette or Mary Lou Cook, and can also be mailed to Debbi DeJarnette at 20630 Tulip Blossom Court, Cypress, Texas 77433. We will depart from the Fairfield Village Parking Lot promptly at 8:00 a.m. Please be there by 7:45 a.m.

OUR JUNE BUSTRIP PLANS ARE FOR: Friday, June 14th, a trip to the Port of Houston. Join us and experience an unforgettable waterborne voyage through one of the busiest ports in the WORLD aboard the Port Of Houston Authority's tour boat, the M/V Sam Houston. This is a leisurely 90-minute round-trip cruise along the Houston Ship Channel. You will enjoy passing views of international cargo vessels, and operations at the port's Turning Basin Terminal. The 95-ft vessel features air-conditioned lounge seating as well as standing room outside on the boat's deck. The cost of this trip is only \$2.00, plus the cost of your lunch, which we will have at the Monument Inn in La Porte before our 2:30 p.m. tour. To get your name on the list for this trip call: Jackie Wurth @ 281-304-0805. Note: We are limited to 25 people. So sign up soon. Checks are to be made out to: Fairfield 50 Plus. Checks can be given to Jackie Wurth or Mary Lou Cook, and can also be mailed Jackie Wurth at 21119 North Yellow Bud Court, Cypress, Texas 77433. We will depart from the Fairfield Village Parking Lot promptly at 9:45

a.m. Please be there by 9:30 a.m.

SPECIAL NOTICE: Jackie Wurth will no longer be securing the bus and coordinating our monthly bus trips, she will coordinate the trips through September. She has secured a bus for the July, August and September trips. If no one steps forward as trip coordinator before August 15th... we will not have any bus trips after the September trip! Contact Jackie Wurth @ 281-304-0805 or email her @ drwurth@yahoo.com, if you want information as what is required in securing buses and coordinating trips.

OUR MAY ACTIVITIES PLANS: Thursday, May 9: The Monthly Planning Committee meeting is at 1 p.m. at the Lakeside Trails Club House. Everyone is invited to attend these meetings and participate in our upcoming trip plans. We really need to see more participation, especially from those that are taking trips. Then later, around 6:30 p.m. that evening, we have our Monthly Pot Luck. It is also at the Lakeside Trails Club House. However, plan on being there early. Doors open around 6 p.m. for socializing and fellowship. Then plan on staying and join many of our members that stay to play games or socializing after the meal and to finish up the desserts.

Tuesday, May 14: Game Night at the Cooks' House. It starts around 6:30 p.m. Just bring a little snack and a healthy appetite. This is always a fun evening with great fellowship. The directions are in the Activity page on our website and will also be in our May, 12 weekly newsletter.

Thursday, May 23: Game Night at Lakeside Trails Club House. It starts around 6:30 p.m., and we have plenty of room at the club house. We would like to see you there to enjoy an evening of games and fellowship with us. Just bring a little snack and plan on having lots of fun. There are some card games, some games that the members bring and of course dominoes. For additional information on activities other than trips: Call Mary Lou Cook @ 281-304-8359. We recommend that you check our website regularly. Things do change occasionally from the time this article was submitted, and it is possible that some of the information in this article has changed. <http://home.comcast.net/~seniorgroup/>

OUR FUN-LOVERS WEEKLY NEWSLETTER: An event reminder. It is emailed each week to our members and others who have requested it. It provides updated information on any changes from what appears here in the Gazette. We also include member birthdays and prayer requests, other news and items of interest, and links to all our web pages. If you would like to receive our weekly newsletter, send your email address, to seniorgroup@comcast.net



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Girl Scout Troop 14513

February 10th our Troop celebrated Valentine's Day by the girls handing out over 100 balloons with positive encouragement. Our troop gave balloons to mostly children but some were not just kids. In fact, we even gave one to a family with a dog and they tied it to its belly! The balloons had encouraging words on them to help those who are in pain on Valentines Day. A couple of the balloons I'm sure flew off and some people let go at the wrong time but it was a fun time. And it helped a lot of people!



STOP SOLICITING!



The Fairfield Women's Club is supporting **STOP SOLICITING CAMPAIGN FOR FAIRFIELD HOMEOWNERS**

The Fairfield Women's Club goal is to enhance our neighborhood. To address solicitation in Fairfield, we are offering a stop solicitation kit. For \$19.99 donation to FWC, you will receive a yard sign for your garden,

a decal for your front door area and a magnet containing the sheriff's patrol phone number to report solicitors. If our neighborhood as a collected whole can embrace this campaign, we can pool our efforts together and make a huge dent in soliciting in Fairfield. To order your stop solicitation kit, log on to Fairfieldwomensclub.org and click on SOS Stop Soliciting tab. Thank you for your participation and support. If you have any questions, please contact us at fairfieldwomensclub@gmail.com

If you would like to pay by mail, make your check payable for \$19.99 to Fairfield Womens Club and mail to Box 1743 Cypress, Texas 77410 - 1743

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Around Fairfield

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ALL events include our children and we believe there is something for every mom out there! Are you looking for park days, coffee breaks, lunch outings, craft projects, time to sit and chat, cooking club or someone to share dinner with when your husband is traveling or working late? We even find the time to meet once a month for a mom's night out for a great time to unwind. Or are you interested in helping within the community with service projects? We have that! (And a whole lot more!)

Here we are again...it's almost summer already! The kids are going to be out of school before we know it. I don't know about your kids, but mine tend to get a little bored during the summer. The MOMS Club has lots and lots of fun summer time activities in the making. Do you have young children and looking for some fun

things to do? Come join other moms and kids in many great outdoor and indoor activities. Are you new to the area or a new mom and need a friend or support; we are here for you! Don't let yourself feel isolated being a stay at home mom. We invite you to attend two public events to decide if this is the right club for you and your children. Our membership fee is \$20 a year. This MOMS Club is a great opportunity for you and your kids to make new friends in your area. There is a lot of fun and support just waiting for you! Come visit us at our next Monthly Meet N' Greet and see for yourself! We meet on the second Tuesday of every month. Email our Membership VP at julieh07@sbcglobal.net for more information.

For membership inquiries, please contact Julie H., Membership VP at 281-373-0234, julieh07@sbcglobal.net or Erica M., President at 281-755-7610, ericamill@gmail.com, so we can send you our club information and some upcoming public events for you to attend. You can also visit us on the web at www.meetup.com/MOMS-Club-Cypress-NW-Fairfield. We look forward to hearing from you!



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Around Fairfield

Fairfield Book Club

The Fairfield Book Club is a terrific way to meet other women in our community, enjoy great conversations, and develop new friendships. We meet the third Wednesday of each month (rotating homes) from 7 to 9:30pm. Book Club members share food and drinks while discussing the book selection for that month. We read all kinds of books suggested by our members - classics, contemporary fiction, non-fiction, biographies, romance, sci-fi, etc. There are no book snobs in our group - we read it all!

If you are a book lover or simply want to expand your reading and social network, please consider joining us. We invite you to attend one of our meetings as a guest or a member. We currently have openings; however, because we hold meetings in our homes, membership is limited. For membership inquiries, please call or text Linda Locke at 713-298-6514.



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Calling all Aggie Moms! Please join us Tuesday, May 14, 2013, at 7 pm. We meet at the Houston Distributing Center conveniently located where Cutten meets SH 249 at the corner of Cutten Road and 7100 High Life Drive.

All meetings are open to Aggies, future, present or past. We provide light refreshments and you can shop our Boutique for that one-of-a-kind Aggie treasure. Our hand crafted items celebrate the heart warming TAMU traditions.

TAMU President Loftin was our March speaker. Next year November, Brigadier Joe Ramirez, Commandant of the Corp of Cadets will offer his help to students wanting to attend TAMU through this prestigious program.

New Aggie Mom? Are you sending off your first to Aggeland? Find out how we help your student succeed that first year at one of our informal Summer Mixers. Dates and locations on our website at www.nwhcaggiemoms.org.

Aggie Moms, as an organization, encourages parents to become familiar with A&M during their student's freshman year instead of waiting for graduation to visit as is the custom on other university campuses. The path to graduation can be a challenging journey; don't go it alone. Northwest Harris County Aggie Moms has been here for 25 years and we're committed to helping your student and YOU enjoy the TAMU experience.

The Northwest Harris County Aggie Mom's Club meets the second Tuesday of the month at 7:00 p.m. (August-May), at the Houston Distributing Company, 7100 High Life Drive and Cutten Road. Drop on by and say Howdy. We'll be darn glad you did! Feel free to contact Tish Otten, Club President at clubpres20122gmail.com.



TEXAS A&M
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COME CELEBRATE SPRING FESTIVAL!

On Saturday, May 4th, Boys and Girls Country of Houston will host their annual Spring Festival on their campus in Hockley, Texas.

Spring Festival promises to be a huge celebration for community and family with a number of new and exciting activities this year. New booths will include a Zip Line, Foam Pit, Dance Lessons, and the Texas Speedway. There will be two stages with a variety of live entertainment, including JJ Worthen on the Outdoor Stage sponsored by InterLinc Mortgage Services, LLC. Admission and parking are free, and children's all-day event passes are only \$15 each.

"All of the dollars raised at Spring Festival enable us to provide a great Home for our 88 children along with supporting 13 young adults in college or trade school," said George O'Neal, Director of Donor and Public Relations. "This year is going to be our largest and most exciting Spring Festival ever with many new additions to the fun and enjoyment that surround this event."

Located 35 miles northwest of downtown Houston, Spring Festival is a great way for families to spend the day "on the ranch".

DATE:

Saturday, May 4th, 10 a.m. – 4 p.m.

TIMES:

Live Auction: Noon

Silent Auction: 10 a.m. to 3 p.m.

Lunch: Served 11 a.m. – 3 p.m.

PRICES:

BBQ, Chicken Tacos, or Hamburger/Hot Dog Adult Plate: \$8.00

Kid's Plate: \$6:00

FOR KIDS:

All-Day Kids' Activity Passes: \$15.00

(individual activity tickets also available starting at \$0.25 each.)

LOCATION:

18806 Roberts Road, Hockley, Texas 77447

19 miles northwest of Beltway 8 off Highway 290.

For 42 years, Boys and Girls Country has provided a Home for children from families in crisis. They raise 88 children at their main campus and provide support to 13 young adults in their College and Career program. Boys and Girls Country is not a United Way member agency and does not rely on federal or state funding.



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2013 FAIRFIELD POOL SCHEDULES

Bradford Creek Pool

May 4th through May 26th
(Weekends Only)

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm

Memorial Day, May 27th

Monday 12:00pm-6:00pm

June 1st & June 2nd
(Weekend Only)

Saturday 10:00am-8:00pm
Sunday 1:00pm-6:00pm

June 7th through August 25th

Fourth of July 10:00am – 8:00pm
Mon – Wed. 10:00am – 8:00pm
THURSDAY Closed
Fri & Sat 10:00am – 8:00pm
Sunday 1:00pm – 8:00pm

Labor Day Weekend - (August 31st through September 2nd)

Saturday 12:00pm – 6:00pm
Sunday 1:00pm – 6:00pm
Monday 12:00pm – 6:00pm

Bradford Creek Pool will be closed for the season after Labor Day

Inwood Park Pool

May 4th through May 26th
(Weekends Only)

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm

Memorial Day, May 27th

Monday 12:00pm-6:00pm

June 1st & June 2nd
(Weekend Only)

Saturday 11:00am-6:00pm
Sunday 1:00pm-6:00pm

June 7th through June 30th

Monday 11:00am – 8:00pm
Tuesday CLOSED
Wed - Fri 11:00am – 8:00pm
Saturday 11:00am – 6:00pm
Sunday 1:00pm – 6:00pm

July 1st through July 7th

Monday 12:00pm – 8:00pm
Tuesday CLOSED
Thur & Fri 12:00pm – 8:00pm
Saturday 12:00pm – 6:00pm
Sunday 1:00pm – 6:00pm

July 8th through August 25th

Monday 12:00pm – 8:00pm
Tuesday CLOSED
Wednesday CLOSED
Thur & Fri 12:00pm – 8:00pm
Saturday 12:00pm – 6:00pm
Sunday 1:00pm – 6:00pm

Inwood Park Pool will be closed for the season on August 26th

Lakeside Trails Pool

SAYOR (Swim at Your Own Risk)
No Lifeguard on Duty

April 20th through October 13th

Mon – Wed 8:00am – 8:00pm
Thursday CLOSED
Friday – Sunday ... 8:00am – 8:00pm

Memorial Day, July 4th & Labor Day

Open 8:00am – 8:00pm
Lakeside Trails Pool will be closed for the season on October 14th

Central Park Pool

May 4th through May 26th
(Weekends Only)

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm

Memorial Day, May 27th

Monday 12:00pm-6:00pm

June 1st & June 2nd
(Weekend Only)

Saturday 11:00am-6:00pm
Sunday 1:00pm-6:00pm

June 7th through July 7th

MONDAY CLOSED
Tues – Fri. 11:00am – 8:00pm
Saturday 11:00am – 6:00pm

Sunday 1:00pm – 6:00pm

July 8th through August 25th

MONDAY CLOSED
Tues – Fri 12:00pm – 8:00pm
Saturday 12:00pm – 6:00pm
Sunday 1:00pm – 6:00pm

Central park Pool will be closed for the season on August 26th.

Sunday, May 5th, Central Park Pool and Splash Pad will be closed due to a Swim Meet and the splash pad only will reopen upon completion of the swim meet. Saturday, May 25th, Central Park Pool and Splash Pad will be closed until 2:00pm due to a Swim Meet and will reopen upon completion of the swim meet. Saturday, June 8th & Saturday, June 15th Central Park Pool and Splash Pad will be closed until 2:00pm due to a Swim Meet and will reopen upon completion of the swim meet

Fairfield Athletic Club Pool

May 4th through May 26th
(Weekends Only)

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm

Memorial Day, May 27th

Monday 12:00pm-6:00pm

June 1st & June 2nd
(Weekend Only)

Saturday 11:00am-6:00pm
Sunday 1:00pm-6:00pm

June 7th through August 25th

MONDAY CLOSED
Tues – Fri 12:00pm – 9:00pm
Saturday 11:00am – 6:00pm
Sunday 1:00pm – 6:00pm

August 31st through September 29th

Saturday 12:00pm – 6:00pm
Sunday 1:00pm – 6:00pm

Labor Day, Sept 2nd

12:00pm – 6:00pm

FAC Pool will be closed for the season on September 30th

(Continued on Page 19)

Fairfield Pool Schedules-
(Continued from Page 18)

Garden Grove Pool

SAYOR (Swim at Your Own Risk)

No Lifeguard on Duty

April 20th through May 20th

Mon – Thur 8:00am – 8:00pm

Friday..... CLOSED

Sat & Sun..... 8:00am – 8:00pm

Memorial Day, July 4th & Labor Day

Open..... 8:00am – 8:00pm

May 21st through May 31st

Garden Grove Pool will close at 5:00pm

Tuesday through Friday for swim lessons

Monday 8:00am – 8:00pm

Tues – Thur 8:00am – 5:00pm

Friday..... CLOSED

Sat & Sun..... 8:00am – 8:00pm

June 1st through June 9th

Mon – Thur 8:00am – 8:00pm

Friday..... CLOSED

Sat & Sun..... 8:00am – 8:00pm

June 10th through June 23rd

Garden Grove Pool will close at 5:00pm

Monday through Thursday for swim lessons

Mon – Thur 8:00am – 5:00pm

Friday..... CLOSED

Sat & Sun..... 8:00am – 8:00pm

June 24th through July 3rd

Garden Grove Pool will close at 5:00pm

Monday through Friday from June 24th to June

28th and Monday through Wednesday July 1st

through July 3rd for swim lessons

Mon – Thur 8:00am – 5:00pm

Friday..... CLOSED

Sat & Sun..... 8:00am – 8:00pm

July 4th

Open..... 8:00am – 8:00pm

July 5th through July 18th

Garden Grove Pool will close at 5:00pm

Monday through Thursday for swim lessons

Mon – Thur 8:00am – 5:00pm

Friday..... CLOSED

Sat & Sun..... 8:00am – 8:00pm

July 19th through October 13th

Mon – Thur 8:00am – 8:00pm

Friday..... CLOSED

Sat & Sun..... 8:00am – 8:00pm

Garden Grove Pool will be closed for the season
on October 14th

**Central Park Splash Pad and
North Park Splash Pads**

April 1st through October 31st

Open 7 days a week 9:00am-9:00pm

Central Park Splash Pad

Sunday, May 5th, Central Park Pool and Splash Pad will be closed due to a Swim Meet and the splash pad only will reopen upon completion of the swim meet. Saturday, May 25th, Central Park Pool and Splash Pad will be closed until 2:00pm due to a Swim Meet and will reopen upon completion of the swim meet. Saturday, June 8th & Saturday, June 15th Central Park Pool and Splash Pad will be closed until 2:00pm due to a Swim Meet and will reopen upon completion of the swim meet

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Around Fairfield



Fountain of Life Church of God

Fountain of Life Church of God offers Impact Girls and Royal Rangers a faith-based scouting and activities program for boys and girls from Kindergarten - 8th grade. We meet on Wednesdays at 6:30pm. Registration is available online at www.fountainoflife-cog.com or call 281-373-9337.

We also offer an Adult bible study on Wednesday evenings. Our youth will meet on Friday's during the summer, see our website for details.

Sunday Services at 10:45am



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Mother's Day Brunch

**Sunday, May 12th at
10 a.m., noon & 2 p.m.**

The fun and games are just beginning at Northwest Forest with Mother's Day Brunch on Sunday, May 12th. Seating starts at 10 a.m., with a second and third at noon and 2 p.m. Let Mom be queen for a day as you pamper her, showering her with attention and affection on this special Sunday.

Use this occasion to thank Mom for the shuttle service she provided to piano lessons, sports practices and dance rehearsals through the years. And, it's a win-win situation – you will both be delighted with the beautiful surroundings, delicious salads, breakfast offerings, pasta and omelet bars, seafood, chicken and beef creations by Executive Chef James Nakayama. An assortment of fabulous desserts will complete your dining experience.

Children and adults alike will be amused at the antics of Jewels and Gems, clowns extraordinaire.

Make reservations now while there is still a space available.

Adults \$42.95 • Seniors \$37.95

Children \$15.95 (5 and under free)

To make reservations, or for additional information, please contact

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FAIRFIELD EXPRESS

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Front row: Rhett Barlow, Aiden Koleci, Kannon Payne, Dyllan Owensby, Brock Klare. **Second row:** Branson Bean, Dante Morgante, Kade Crawford, Hudson Pollard, Austin Shirley. **Coaches:** John Morganti, Danny Crawford, Bobby Owensby, Jason Shirley, Ken Payne

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Front Row: Rhett Barlow, Aiden Koleci, Kannon Payne, Dyllan Owensby, Brock Payne. **Second Row:** Dante Morganti, Austin Shirley, Branson Bean, Kade Crawford, Hudson Pollard. **Coaches:** John Morganti, Jason Shirley, Ken Payne, Bobby Owensby, David Koleci, Danny Crawford

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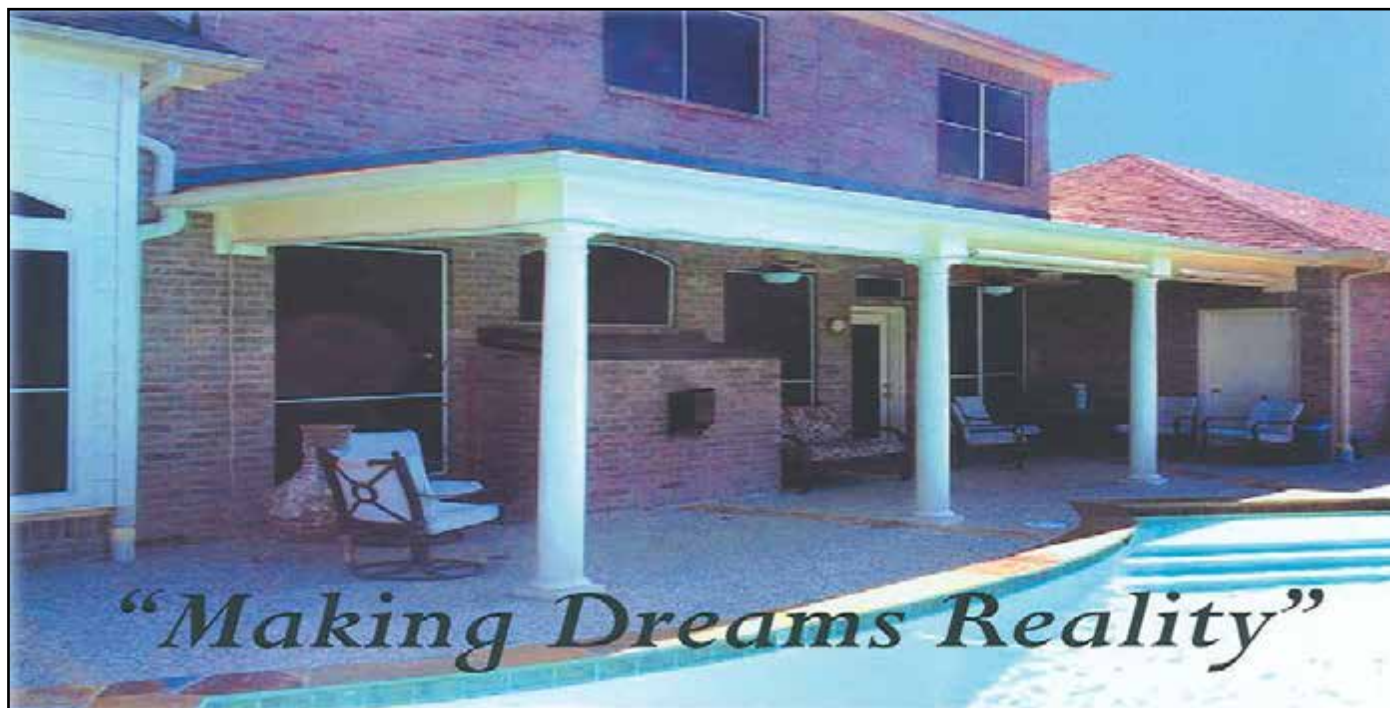
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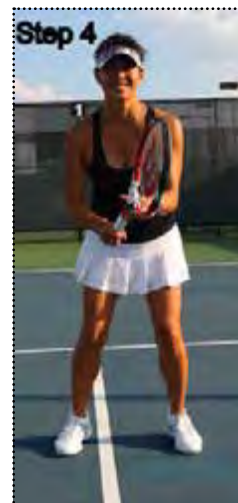
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TENNIS TIPS

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Fernando Velasco



How to Execute The Overhead “Smash”

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand, forehand volley, the two handed backhand volley, the serve, the forehand half-volley and the one-handed backhand volley. In this issue, I will offer you instructions on how to execute the overhead “smash” when players get a high ball and they hit the ball above their head. In the illustrations, Matilda O’Connor, player at the Grey Rock Tennis Club, shows the proper technique to execute this stroke. Photos by Charlie Palafox.

Step 1: The Back Step: When Matilda realizes that a ball is high enough to hit the overhead, she takes a step back on the side to hit the ball. The upper body turns, the racket starts the back motion by keeping the elbow in 90 degree angle and the left hand is pointing to the ball. Notice that her head is looking at the ball and keeping the chin up.

Step 2: The Point of Contact: When Matilda is ready to hit

the ball, her racket starts accelerating from the back position. She is making perfect contact on the upper part of the racket and the right wrist is “snapping” to get on top of the ball. Her left arm is still pointing to the ball to assure a good hit on the “sweet spot”. Her weight has shifted from the back foot to the front foot.

Step 3: The Follow Through: After the ball has been struck by the racket, Matilda will continue the swing of the racket across the left side of her body. The eyes are now focused on the path of her stroke. The left arm is on her left side. Her right foot still kept her toes on the court to allow for maximum balance on the stroke.

Step 4: The Ready Position: Even though the overhead “smash” is a powerful weapon, many times the opponents will return it back to the players. Here Matilda is ready for the next ball coming back to her. By the looks of her smile, it seems that her overhead was successful and she has won the point.

Look for in the next Newsletter: The Forehand Service Return

Congratulations Irise 7th Grade Basketball Team!

*for placing 3rd in
the Primetime Sportz
basketball tournament
April 6/7, 2013*



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Burglary of Motor Vehicle	5
Theft from a habitation	0
Theft of a motor Vehicle	0
Theft (other)	2
Robbery	0
Assault.....	0
Sexual Assault.....	0
Criminal Mischief	5
Disturbance Family.....	1
Disturbance- Juvenile.....	2
Disturbance Other	13
Alarms	24
Suspicious Vehicles.....	10
Suspicious Persons	7
Runaways	0
Telephone Harassment	0
Other Calls.....	16



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Cypress Ranch Key Club Members Earn Service Awards

Fifty-nine members of the Cypress Ranch Key Club and one of the club's faculty advisors have earned the President's Volunteer Service Award for 2012. Twenty-four of the students and Faculty Advisor Jennifer Hydes are repeat award winners having also won a Presidential Volunteer Service Award for 2011. The awards will be presented at the club's annual Installation and Awards Banquet in April.

The President's Volunteer Service Award is issued by the President's Council on Service and Civic Participation on behalf of the President of the United States to recognize the best in the American spirit and to encourage all Americans to improve their communities through volunteer service and civic participation. The organization was created in 2003 by President George W. Bush to recognize the valuable contributions volunteers make to the nation.

There are three levels (gold, silver and bronze) and four categories (kids, young adults, adults and families/groups) of the award varying by age and hours of service completed within a twelve-month period. All award recipients receive a personalized certificate of achievement, a congratulatory letter from President Barack Obama and an official President's Award pin.

Twenty-six students earned the Gold level award. They are Kelly Boucher, Melissa Burket, Brock Burnett, Amanda Donovan, Jordan Fraase, Madison Garner, Sara Gates, Christina Gibson, Mackenzie Golladay, Christopher Gracia, Kourtnei Hatton, Ashley Hernandez, Al Hirani, Michelle Hoang, Rachel Iselin, Blake Lieberman, Zahra Lokhandwala, Cleighton Marshall, Alan Mendoza, Samantha Miller, Phoebe O'Keefe, Ashlee Sawtell, Alexandra Shaw, Brennan Skeen, Lauren Van Fleet and Michael Walther. The Silver award was given to seven club members: Jacob Angst, club president Hannah Bielefeldt, Gabby Chamdal, Vanessa Garcia, Molly Godinich, Zoe Tao and Vy Tran.

Twenty-six members and the club's faculty advisor have won the Bronze award. Bronze award winners are Jessica Bradley, Anna Carman, Fernanda Castro, Emily Clark, Neha Daga, Garrett Duncan, Grace Duncan, Akanksha Goel, Courtney Golladay, Pamela Gonzalez, Amy Gracey, Devon Grady, Trevor Hensley, Kristen Kech, Mikaela Kufrovich, Madison McEwen, Abby Mohr, Aksa Muhammad, Olivia Poff, Swetha Raj, Christen Smith, Zoe Stover, Evan Tran, Sophia Tran, Mathew Walther, Anika Zaman and Faculty Advisor Jennifer Hydes.

Each Key Club member is charged to perform 50 hours of service per year to his home, school and community. The 59 Key Club members recognized with the President's Volunteer Service Award for 2012 completed over 8,200 service hours on their own in the CFISD schools and our local community. Cypress Ranch's large Key Club of 710 members performs tens of thousands of service hours annually.

For more information regarding the Cypress Ranch Key Club or this article, please contact Anh Nguyen at Antonia.nguyen27@gmail.com or Faculty Advisor Jennifer Hydes at Jennifer.hydes@cfisd.net.

CYPRESS RANCH HIGH SCHOOL **M.A.N.E.** EVENT 2013

M.A.N.E. Event is a drug and alcohol free lock-in for our Seniors and their dates, after the prom. This is a free, fun-filled evening for ALL seniors, regardless of whether they attend prom or not. We, the senior parents, host this all-night party. Fundraising and donations are tax deductible and are vital to the success of M.A.N.E. Event 2013. Our Final General Meeting Date is Thursday, May 9, 2013 at 7p.m. in the Commons.

WE NEED YOUR HELP!!!

Upcoming Fundraiser Events:

(Volunteers wanted for each event)

Mustang Café – Our Last Mustang Café is May 10, 6:30-7:15am. Volunteer to help! Stop by for a cup!!

MARK YOUR CALENDARS!

May 1 ~ Turn in your final calculations for MANE Bucks!!!!

.....

Faculty/Student Basketball – May 17 2013, at CRHS Gym
Want to volunteer? Contact Jana Needham, 2013MANE@gmail.com

.....

MANE Event – May 24/25WE NEED YOU!! Volunteer signups for that night are on the website. THIS IS THE BIG NIGHT!!!

.....

Parent T-Shirts – All Parents volunteering at MANE Event May 24/25 will need to purchase a parent t-shirt. We ask that parents also wear this t-shirt for all volunteering events throughout the year so one shirt is all you need to buy! Parent t-shirts can be viewed online and will be available for sale at the next general meeting on April 11th.

.....

www.maneevent2013.org

MARK YOUR CALENDAR:
GENERAL MEETING DATES:

- May 9, 2013

Meetings start at 7:00pm in the Commons at CRHS.



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Looking for Volunteers!

High School Students from 60 countries are arriving to our area this coming August and I am looking for volunteers to host them. You need to provide a bed and meals for the student. They have their own spending money and are fully insured. If you are interested in volunteering and making a dream of a teen come true please email or call.

Jennifer Tausworthe
jennifer4cci@aol.com
713.203.6556



ATTENTION

2013 Seniors of Cy-Fair Schools who graduated from Ault Elementary

The Ault Elementary PTO awards a \$1,000 scholarship to one male and one female applicant who is graduating from any Cy-Fair High School and graduated fifth grade from Ault Elementary. Scholarship applications and guidelines can be obtained from the Counselors' office. The deadline for submitting applications is May 10, 2013.



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Jerry Wolf
Founder

Jim Wolf
Owner

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Cypress Ranch 2013 Varsity Baseball Schedule



H / V	Day	Date	Time	Opponent	W / L	Score
Cy-Fair Tournament						
Home	Thursday	2/21	6:00 pm	vs Waller	Rained out	Rained out
Home	Friday	2/22	2:30 pm	vs Waltrip	Won	19-2
Home	Friday	2/22	7:30 pm	vs Klein	Lost	0-3
Home	Saturday	2/23	11:00 am	vs Klein Oak	Lost	6-7
Home	Saturday	2/23	1:30 pm	vs A&M Con.	Won	3-1
Fort Bend Tournament						
Visitor	Thursday	2/28	6:00 pm	vs RidgePoint	Won	3-1
Visitor	Friday	3/01	4:30 pm	vs Memorial	Won	13-1
Visitor	Friday	3/01	7:00 pm	vs Travis	Won	6-1
Visitor	Saturday	3/02	10:00 am	vs Kingwood @ "Skeeters"	Won	5-4
Brenham Tournament						
Visitor	Thursday	3/7	1:00 pm	vs Clements	Won	5-0
Visitor	Friday	3/8	2:30 pm	vs Cy-Falls	Won	10-5
Visitor	Friday	3/8	5:00 pm	Morton Ranch	Won	15-5
Visitor	Saturday	3/9	12 noon	Kempner	Lost	5-10
Visitor	Saturday	3/9	5:00 pm	Cy-Fair	Won	18-6
H / V	Day	Date	Time	Opponent	W / L	Score
Home	Tuesday	3/5	7:00 pm	Cy Lakes	Won	5-1
Visitor	Tuesday	3/12	7:00 pm	Langham Creek		
Home	Thursday	3/14	7:00 pm	Cy Falls		
Home	Tuesday	3/19	7:00 pm	Cy Fair		
Visitor	Friday	3/22	7:00 pm	Cy Creek		
Home	Saturday	3/23	2:00 pm	Jersey Village		
Visitor	Tuesday	3/26	7:00 pm	Cy Springs		
Home	Thursday	3/28	7:00 pm	Cy Ridge		
Visitor	Friday	4/5	7:00 pm	Cy Lakes		
Visitor	Saturday	4/6	2:00pm	Cy Woods		
Home	Tuesday	4/9	7:00 pm	Langham Creek		
Visitor	Friday	4/12	7:00 pm	Cy Falls		
Visitor	Saturday	4/13	2:00pm	Cy Fair		
Home	Tuesday	4/16	7:00 pm	Cy Creek		
Visitor	Friday	4/19	7:00 pm	Jersey Village		
Home	Saturday	4/20	2:00pm	Cy Springs		
Visitor	Friday	4/26	7:00 pm	Cy Ridge		



UNDER THE BIG TOP

2013 KIRK SPRING FESTIVAL

**LOCATION: 12421 TANNER ROAD
FRIDAY, MAY 3, 2013
4:30 PM TO 7:30 PM**

Come one, come all! Join us Under the Big Top for a fun filled event! We will have lots to do and tons to eat.

Wondering what to do – join us on one of our carnival rides either the chair swing or tubs of fun. Prefer to stay on the ground? Check out the trackless train ride. Looking to challenge your skills, try a round or two of Laser Tag and see if you can be the champ.

Not everyone is in for the rides, try one of our ten games and see what you can win! Depending on how many tickets you collect will determine how many prizes you can earn.

Still looking for more to do? Join us in the gym and see if you can win a basket or bid on one of the silent auction items.

Now it is time to re-fuel, join us in the cafeteria for pizza, nachos and other great treats! Or take your chances at the cake walk and win a sweet treat.



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Want to Improve Communication with Your Co-Workers?

Angela Huffmon will share how at CYFEN's May 23 meeting

Learn to strengthen business relationships starting with how to "Improve Communication with Your Co-workers" at the Cy-Fair Express Network (CYFEN) luncheon May 23

Angela Huffmon, owner of her own business consulting firm for 11 years, has provided consulting services exclusively for companies that needed instruction on customer service, employee relations, manager/employee communication, sales strategies, management development and gaining market share.

As a keynote speaker and corporate trainer, Huffmon brings 23 years of experience to her programs which are fun, motivating and energizing. Her enthusiasm for helping organizations to improve their company environments and employee morale is infectious.

All are welcome to attend the monthly meetings of CYFEN, which are held the fourth Thursdays at the Sterling Country Club, 16500 Houston National Blvd. This month's meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program.

Bring business cards for networking. The meeting cost is \$25

with advanced reservations made by the Thursday prior to the meeting and \$30 at the door.

For information on CYFEN, which is part of the American Business Women's Association, go to www.CYFEN.org.

ABOUT CY-FAIR EXPRESS NETWORK (CYFEN)

The Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition.

ABOUT AMERICAN BUSINESS WOMEN'S ASSOCIATION

ABWA's mission is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.



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Deputy Voter Registrar Training Available

at Cypress-Tomball Democrats Meeting

The Cypress-Tomball Democrats will offer Deputy Voter Registrar training during their Tuesday, May 21st meeting. It will be held at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 to 8:00 p.m.

Xavier Herrera, Manager of Outreach from the Harris County Tax Office, will conduct training for anyone interested in becoming a Volunteer Deputy Voter Registrar.

All are welcome to attend and to join this growing club, which meets on the third Tuesday of every month. For more information, visit the website at www.cytomdems.com or contact Glenn Etienne at cytomdems@yahoo.com.



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CY-FAIR KIWANIS CLUB

PLAY GOLF with the Cy-Fair Kiwanis Club: MAY - annual Golf Tournament at the Hearthstone Country Club! Bring your own team or we will team you up with other players.

You do not have to be a Kiwanis member to play in or sponsor a team in the Golf Tournament. We welcome any who wish to participate. Businesses are encouraged to sponsor teams for their organization. It's good publicity to have your clients know you support activities that return all profits to the community through projects that support our youth and others in need. Play will be at the Hearthstone Country Club. For information, call Aaron Mackey at 281-865-2663.

The Kiwanis Kids Triathlon will be one of only 6 triathlon City-wide events this year and will be held at Langham Creek YWCA. Events include swimming, running, and bicycling and begin at 8 a.m. Registration information will be given out at the schools and can be found in the newspaper and community newsletters. All children 6 years through 12 years of age are invited to participate.

The Cy-Lakes Key Club was chartered in February by the Cy-Fair Kiwanis Club, sponsor. Congratulations to these outstanding students. They have a charter membership of 169 students!

Attention, graduating seniors! It's time to get your applications in for Kiwanis college scholarships. Information should be available from your sponsors by the time this newsletter is published. We look forward

to rewarding the outstanding service and academic achievements of our Key Club members.

Wouldn't you like to be a part of this organization that assists in these activities that promote good citizenship and leadership in our youth? We invite you to a complimentary lunch to hear more about the children's activities we sponsor. The Cy-Fair Kiwanis Club sponsors nine Key Clubs in the Cy-Fair Schools; Girl Scout, Boy Scout, and Sea Scout troops and activities; we provide scholarships to outstanding Key Club members in our district; and support other family oriented groups such as Cypress Assistance Ministries and Bear Creek Ministries; the Houston Food Bank; and many other nonprofit organizations. CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide.

Membership is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the programs it promotes, we invite you to be our guest at one of our monthly meetings. The Cy-Fair Kiwanis meet at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call Peggy Presnell at 281-304-7127; John Carroll at 281-463-0373 or George Crowl at 832-467-1998.



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Elisha Roberts Chapter

The wonderful ladies of the Elisha Roberts Chapter, NSDAR, extend an invitation to any female, 18 years or older, who can prove direct lineal descent from someone who either fought in or provided aid during the American Revolution. We are a family oriented group of ladies who promote patriotism, education and historic preservation. Our motto is God, Home and Country. If this sounds like you, please come and join us for a meeting. We meet the third Thursday of each month, September through May, at the Backyard Grill, located at 9453 Jones Road. Our next meeting will be on May 16, 2013 at 7:00 p.m.

For more information, please contact the chapter Regent, Cheryl Partney at cpart86@comcast.net or by phone at 832-654-0306.

We look forward to meeting you.

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gmail.com](mailto:gmat02@gmail.com) or 832-717-3294.





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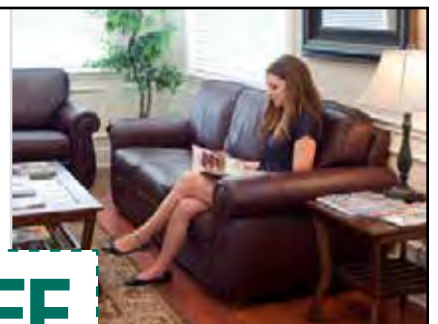
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Business classifieds (offering a service or product line for profit) are \$75, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or advertising@PEELinc.com.

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Fairfield residents, limit 30 words, please e-mail fairfieldgazette@peelinc.com.

PERSONAL CLASSIFIEDS

LOST on Saturday, March 23 during Baseball Parade or at the fields – Women's Silver Cuff bracelet with children's names engraved, if found, please call 832-875-7373.

WANTED: Family seeking a female college student with reliable transportation and an excellent driving record to spend 2 days per week (hours/days flexible) with our 13 year old daughter during the summer. Responsibilities include planning fun activities, driving her to/from sports practices/camps, etc., and being a positive role model. References required. If interested please call or text Teresa at 281-804-8579.

MUST SELL: Mahogany buffet, traditional style, great storage, could be used as a dresser base. Large upholstered chair with matching upholstered ottoman, made by Clayton Marcus, muted green and rose pattern. Beige sofa by Clayton Marcus, 100 inches long, traditional skirted style with 7 toss pillows to match. All is in very good condition. Call 281-304-7127 for more information and appointment to see.

FOR SALE: Wedding dress - Size 8 wedding gown \$200.00. Call 832-857-5100.

FOR SALE: Men's clothing: Shirts Lg-ExLg, leather belts 40-42, jeans 38-40, slacks, boots-2 Ostrich 12W- \$200, 1 Lizard 11 EEE-\$175. Variety of CD's-\$2. Fertilizer spreader-\$10. Oversized grill cover \$12. Brass collectibles 832-465-1020.

FOR SALE: Huffy Green Machine 180 Spin \$20, Fisher Price Smart Cycle w/4 game cartridges \$15, rockinghorse.com w/glider \$45 (like new), (6) boys dress up costumes \$15, Home Depot toy workshop & lots tools \$30, Power Rangers, Fisher Price Imaginext Dragon world fortress \$15, (2) Perfect Petzzz dogs with bedding, brush, pet carrier \$5 each, Hasbro Lite Bright set \$5, (6) Power Rangers \$15. All items in excellent condition. Call Barbara 832-347-1971 or bthunn@gmail.com Will email pictures.

FOR SALE: Beautiful long dress, Teal. Sequenced to below waistline & sleeves. full skirt, (small). 100%

Polyester, worn once for sons' wedding. Asking \$85.00. 832-480-3071.

FOR SALE: H-D DYNA 2008, 5K miles. Street Bob. Custom pegs, grips, windshield. \$9,200. Randylemmon@clearchannel.com for pics. 832-859-5540.

FOR SALE: Brookstone 40 in x 4 3/4 in Speaker Tower equipped for iPods and iPhones for sale. AMAZING SOUND! Only 1 year old. Asking \$45. Please call Stacey at 713-805-5214.

FOR SALE: Basic Party Supplies. 3 dozen globlets, 2 dozen wine glasses, 2 dz large dinner plates (clear), 2 dz desert plates (Clear). \$50 Please call Stacey at 713-805-5214.

FOR SALE: HUNTING JEEP!! 1993 Jeep Wrangler 4 cylinder with soft a top, 4x4, Oversized Mud Tires, 2 Gun Racks, Feeder and a Cargo Rack. Asking \$12,500 Please call Stacey at 713-805-5214.

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Ongoing: Colin's Hope Athlete Ambassadors needed! <http://www.tinych.org/signup>

Now-June 18: Discount Schlitterbahn Tickets for sale. <http://www.tinych.org/tickets>

May 18: Colin's Hope Got2Swim Pure Austin Quarry Lake. <http://www.tinych.org/QuarryLake>



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The Calabria Foundation Announces Formation

*New nonprofit forms in Cypress, TX to
address Harris County's under-served*

The Calabria Foundation today announces that on March 6, 2013 Texas Secretary of State John Steen certified the foundation as a domestic nonprofit corporation. The goal of the Foundation is to own and operate a fleet of mobile medical units to address the growing need for healthcare services aimed at the uninsured/underinsured. The Harris County Healthcare Alliance reports that the nation as a whole is facing an uninsured challenge; but Houston/Harris County is one of the hardest hit areas in the nation. 31% of Houston residents and 28% of Harris County residents are uninsured compared to only 15.5% in the nation.

"Most of us take our good health for granted. People usually have health insurance through their employer. However, more than 1.1 million Harris County residents don't have health insurance. When you don't have health insurance, you don't go to the doctor," said Chris Pantuso, Founder & Executive Director of The Calabria Foundation. "The problem is getting worse. The numbers of uninsured/underinsured are growing. What's really disappointing is the fact that most preventative healthcare services are reasonably inexpensive to provide."

The Foundation's Medical Advisory Board has identified 17 medical screening tests a patient should utilize if they haven't seen a physician in a while. Screening exams covering Obesity, High Blood Pressure, Heart Disease, High Cholesterol, Diabetes, HIV/AIDS, Cancer, Vision and Mental/Emotional Health will be offered to patients once the Foundation's services are operational slated for Spring 2014.

A \$5 service fee and signed liability waiver grants people access to the mobile medical unit. Once on board, all 17 tests are available, 8 of which require a blood sample. The results of all 17 tests will be stored in a Microsoft HealthVault Personal Electronic Medical Records account - established for free at the time of service - for each patient. The patient owns the contents of their HealthVault account. They decide which doctor, family member or friend views the information. The Calabria Foundation will not have access to their HealthVault account. Patient's will be given referral information to the nearest free or reduced cost medical clinic for follow up services as a result of their screening tests.

The Foundation is applying to the IRS for 501c3 nonprofit status. Once approved, the funding conversations initiated with Local, State, Federal agencies and private philanthropic foundations will intensify. In the meantime, the Foundation has selected Indiegogo, an innovative "crowd funding" platform to raise initial seed money to fund startup operations. View the campaign by clicking: www.indiegogo.com/projects/mobile-medical-screening-tests.

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SNAKE BITES A CONCERN AS WEATHER WARMS UP

Warmer weather coaxes snakes out of hiding, and it's important to know what to do after a snake bite, according to a medical toxicologist at Baylor College of Medicine (www.bcm.edu).

"Many people don't realize how much of an issue snake bites are in this area of the country," said Dr. Spencer Greene, director of medical toxicology and assistant professor of medicine – emergency medicine at BCM. "In fact, our regional poison center reported 235 snake bites – including 148 from known venomous snakes – in the Houston area in 2012, and I am sure many more are going unreported".

According to Greene, the first step is avoidance.

"Never reach into a hole or a bush blindly, a snake may be resting there," he said. "It is also important to maintain an appropriate distance from a snake. Most pit vipers, which include rattlesnakes, copperheads and water moccasins, can strike at a target up to two-thirds of their body length when provoked."

If you are bitten by a snake, Greene suggests the following important steps:

- Stay calm.
- Call 911 immediately to be evaluated.
- Take off anything that is constricting the affected area, such as a ring or watch.
- Position the affected area at or above heart level. This means that if you are bitten on the hand, bring it to heart level, and if you're bitten on the leg or foot, elevate it if possible. This minimizes the amount of local tissue damage and swelling, which is the most common finding in pit viper bites.
- Go to the emergency room – the sooner the better.

Greene also dispels several myths about treating snake bites and suggests heeding the following advice:

- Do not apply a tourniquet or a constriction band.
- Do not apply ice; it can cause local tissue damage.
- Do not apply heat.
- Don't cut the affected area and attempt to suck the venom out – this increases the amount of local tissue damage.

- Don't use a commercially-available extraction device. These have also shown to be ineffective in removing venom and actually increase the amount of tissue damage.
- Don't use electrical therapy.
- Don't apply any type of lotions or ointments.

The management of snake bites has changed over the years and the newer type of anti-venom has proven to be very effective in reducing pain, bleeding complications, swelling and tissue damage, Greene says. Although anti-venom has been shown to have the maximum effectiveness within the first 12 hours of the bite, it can still be effective a few days after the bite.

At the hospital, physicians will determine if anti-venom and hospital admission is necessary.

"Ideally, patients should be evaluated by a medical toxicologist with experience in managing snake bites," Greene says.

If a patient requires anti-venom, he or she usually spends one or two days in the hospital. After hospital discharge, patients will need to follow up twice a week for two weeks to watch for any signs of recurrent toxicity.



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News You Can Use

Sinuses Can Be a Pain in the Head, Not Neck

That troublesome headache might not be a migraine or brought on by tension. It could be caused by sinus trouble, said doctors at Baylor College of Medicine.

"The sinuses work to humidify and cleanse the air, lighten the weight of the skull, and provide resonance to the voice. Sometimes, the sinuses fail to function correctly, leading to sinus pain caused by an infection or nasal congestion," said Dr. Mas Takashima, assistant professor of otolaryngology at BCM and director of the Baylor Sinus Center. Sinus headaches usually occur along with congestion. Many things can cause sinus pressure and pain, such as sinus infections, nasal allergies, nasal polyps, septal deviations as well as enlarged vascular structures in the nose called turbinates.

"Sinus pain can also be exacerbated by the weather or even plane travel as the pressure changes in the air around you," said Takashima.

Therapy is based on cleansing and decongesting the nose. This can be accomplished with something as simple as nasal irrigation using salt water. Steam, as found in a hot shower, may also provide decongestion and relief. If the problem is caused by infection then antibiotics are used. If it is allergy related, allergy medications may be prescribed. Occasionally surgery is required to keep the passages open.

Food Safety Tips Help Prevent Food Poisoning

When getting together to cook for loved ones, the last thing you want is to get sick from the food you eat. Roberta Anding, a registered dietitian at Baylor College of Medicine, has a few tips to keep your food safe.

- Always use a meat thermometer to check if meat is fully cooked. The color of the meat can't determine the safety of the meat. All meat should be cooked to 165 degrees Fahrenheit.
- Wash your hands frequently and thoroughly during food preparation.
- Wash all produce before cutting and chopping.
- Refrigerator leftovers within two hours.
- Use a thermometer when reheating food as well.

Following these basic guidelines will ensure that the food you serve is safe to eat, said Anding.



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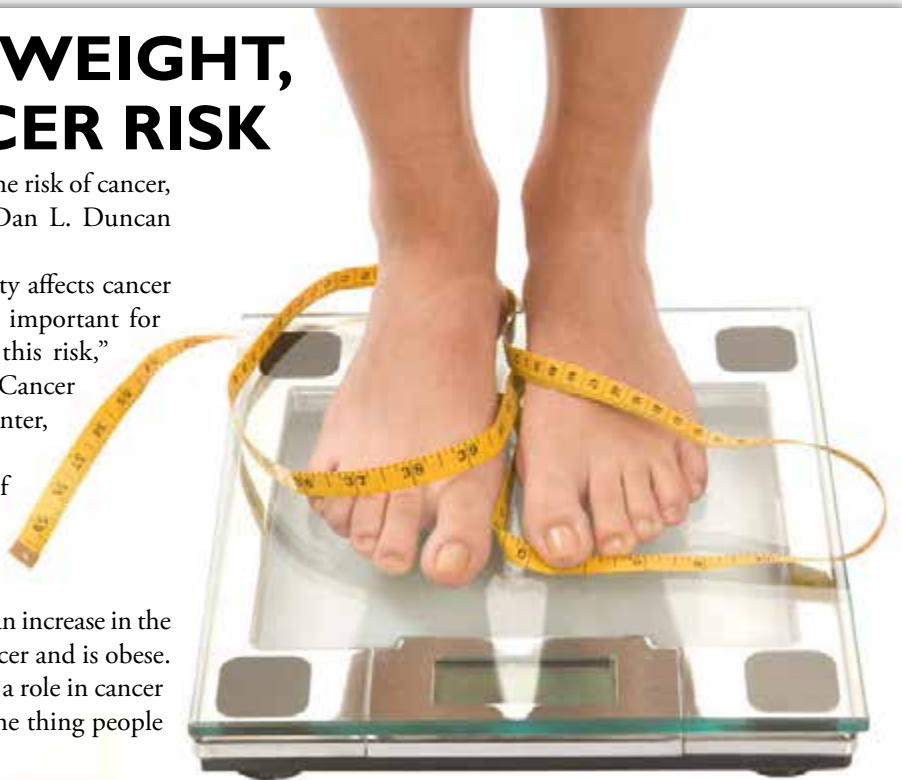
Controlling weight can help a person reduce the risk of cancer, said an oncologist from the NCI-designated Dan L. Duncan Cancer Center at Baylor College of Medicine.

"We do not know exactly how and why obesity affects cancer risk, but we know there is an increase, so it is important for everyone to control their weight to minimize this risk," said Dr. Kent Osborne, director of the Duncan Cancer Center and the Lester and Sue Smith Breast Center, both at BCM.

Research has linked obesity to a greater risk of developing esophageal, pancreatic, colorectal, breast, endometrial, kidney, thyroid and gallbladder cancer, Osborne said.

In some cancers like breast cancer, there is also an increase in the risk of recurrence if a patient already has the cancer and is obese.

Many other factors, such as genetics, may play a role in cancer development, but keeping a normal weight is one thing people can change and it may help, he said.



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The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

A Friendly Reminder ...

Friendly reminder to keep dogs on a leash and out of the lakes around Fairfield. Not all homeowners are comfortable with loose dogs or cats. Please be courteous to your neighbors and follow the leash law.



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18 Benefits of Playing a Musical Instrument

Submitted by Rich Keith

Jeremy Spicer, Vandegrift High School Director of Bands, is dedicated to teaching music. He says, "Music is a part of everyone's life in some form. The study of music and all of the arts is critical to the complete education of society...it allows humans the tools to stir feelings and create emotion." This article will provide you with 18 benefits of playing an instrument and will hopefully give you a better sense of appreciation and pride for music.

1. Increases the capacity of your memory. Research has shown that both listening to music and playing a musical instrument stimulate your brain and can increase your memory: Preschoolers who had weekly keyboard lessons improved their spatial-temporal skills 34 percent more than the other children. Not only that, but researchers said that the effect lasted long-term. If you learn how to play an instrument, the parts of your brain that control motor skills (ex: using your hands, running, swimming, balancing, etc.), hearing, storing audio information, and memory actually grow and become more active.

2. Refines your time management and organizational skills. Learning how to play an instrument requires you to really learn how to be organized and to manage your time wisely. A good musician knows that the quality of practice time is more valuable than the quantity.

3. Boosts your team skills. Team skills are a very important aspect of being successful in life. Playing an instrument requires you to work with others to make music. In band and orchestra settings you must learn how to cooperate with the people around you.

4. Teaches you perseverance. Learning to play an instrument takes time and effort, which really teaches you patience and perseverance.

5. Enhances your coordination. The art of

playing an instrument requires a lot of hand-eye coordination. By reading musical notes on a page, your brain subconsciously must convert that note into specific motor patterns while also adding breathing and rhythm to the mix.

6. Better your mathematical ability. Reading music requires counting notes and rhythms and can help your math skills. Studies have shown that students who play instruments or study the arts are often better in math and achieve higher grades in school than students who don't.

7. Improves your reading and comprehension skills. Research shows that children exposed to a multi-year program of music tuition involving training in increasingly complex rhythmic, tonal, and practical skills display superior cognitive performance in reading skills compared with their non-musically trained peers.

8. Increases your responsibility. Playing an instrument comes with its responsibilities. Students must maintain their instrument and must remember music events (like rehearsals and performances) and making time to practice.

9. Exposes you to cultural history. Students learn a variety of music types such as classical traditions, folk music, medieval, and other genres. Music itself is history.

10. Sharpens your concentration. Playing music by yourself requires you to concentrate on things like pitch, rhythm, tempo, note duration, and quality of sound. Playing music in a group involves even more concentration.

11. Fosters your self-expression and relieves stress. It's your instrument, so you can play whatever you want on it! The more advanced you become on an instrument, the greater you'll be able to play what you want and how you want.

12. Creates a sense of achievement. Overcoming musical challenges that you thought you'd never quite master can give you

a great sense of pride about yourself.

13. Promotes your social skills. Playing an instrument can be a great way to enhance your social skills. Some of the best people join bands and orchestras, and many times the lifelong friends you make here become like family.

14. Boosts your listening skills. Although it's pretty obvious, playing an instrument requires you to listen very carefully to things. Examples are learning how to hear when you're playing a wrong note in order to correct yourself, tuning your instrument, and playing with ensemble group.

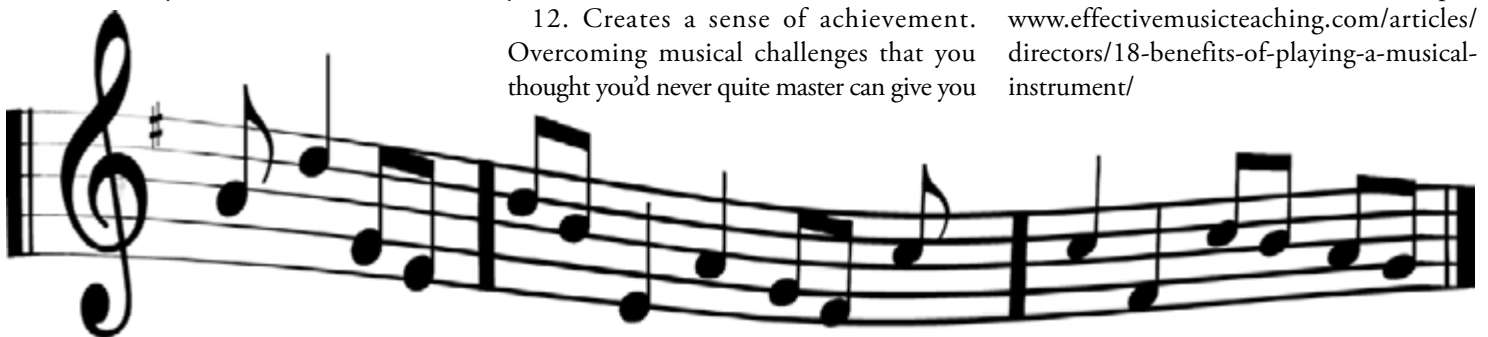
15. Teaches you discipline. Practicing often and working on the hard parts of music and not just the easy and fun stuff requires discipline.

16. Elevates your performance skills and reduces stage fright. One of the goals of practicing so much on your instrument is so that you can perform for others. The more you get up in front of people and perform, the more you'll reduce any stage fright.

17. Enhances your respiratory system (wind instruments only). If you have a good music director/tutor, you should hear them tell you quite often to "use more air!" Breathing exercises are highly recommended for musicians, and they can really strengthen your respiratory system.

18. Promotes happiness in your life and those around you. Playing a musical instrument can be very fun and exciting. Not only is it fun to play music that you enjoy, but it feels wonderful to hear an audience applaud you for giving a great performance.

Mr Spicer adds, "I cannot imagine my life, or society, without music...it has defined me in nearly every way possible." Adapted from an article by Michael Matthews. For the full article and sources visit <http://www.effectivemusicteaching.com/articles/directors/18-benefits-of-playing-a-musical-instrument/>



A FOCUS ON PHYSICAL ACTIVITY

Pathway to Improved Health

By Concentra Urgent Care

Being physically active is one of the most important steps you can take to maintain or improve your health. When combined with eating a healthy diet, regular exercise can substantially reduce your risk of chronic disease, prevent weight gain, and improve your overall level of physical and emotional fitness.

HOW MUCH PHYSICAL ACTIVITY DO I NEED?

The U.S. Department of Health & Human Services (HHS) has recently published several recommendations related to exercise:

1. Any physical activity is better than no physical activity
 - Includes people with disabilities
 - Far outweighs the possibility of risk of injury or illness
2. Most health benefits occur with at least 150 minutes a week
 - Both aerobic (endurance) and muscle-strengthening (resistance) are beneficial
3. For most people, additional benefits occur when
 - You increase the intensity of your physical activity
 - You increase the frequency of your physical activity

- You increase the duration of your physical activity

SHOULD OLDER ADULTS EXERCISE, TOO?

The same HHS guidelines apply, but older adults need to make sure that their fitness level and any chronic conditions allow them to safely perform physical activity. For example, if an older adult is at risk of falling, he should do exercises that maintain or improve his balance.

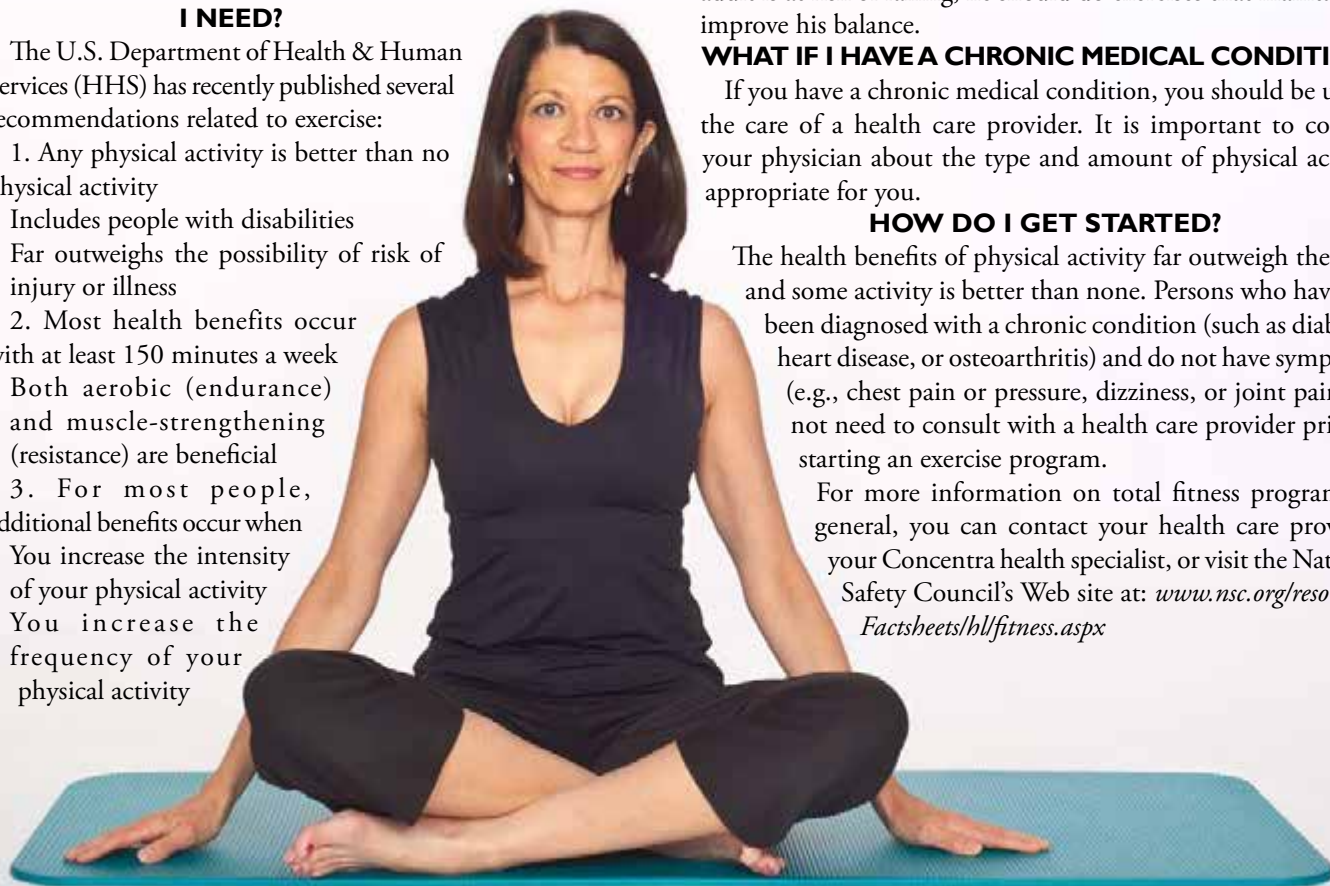
WHAT IF I HAVE A CHRONIC MEDICAL CONDITION?

If you have a chronic medical condition, you should be under the care of a health care provider. It is important to consult your physician about the type and amount of physical activity appropriate for you.

HOW DO I GET STARTED?

The health benefits of physical activity far outweigh the risks and some activity is better than none. Persons who have not been diagnosed with a chronic condition (such as diabetes, heart disease, or osteoarthritis) and do not have symptoms (e.g., chest pain or pressure, dizziness, or joint pain) do not need to consult with a health care provider prior to starting an exercise program.

For more information on total fitness programs in general, you can contact your health care provider, your Concentra health specialist, or visit the National Safety Council's Web site at: www.nsc.org/resources/Factsheets/hl/fitness.aspx



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Hours

Monday	Closed
Tues & Weds	Private Parties
Thursday	6:00 PM - 9:00 PM
Friday	6:00 PM - 10:00 PM
Saturday	11:00 AM - 10:00 PM
Sunday	2:00 PM - 6:00 PM

Lasertag & Arcade
Birthday/Team Parties
Private Parties
Corporate Functions

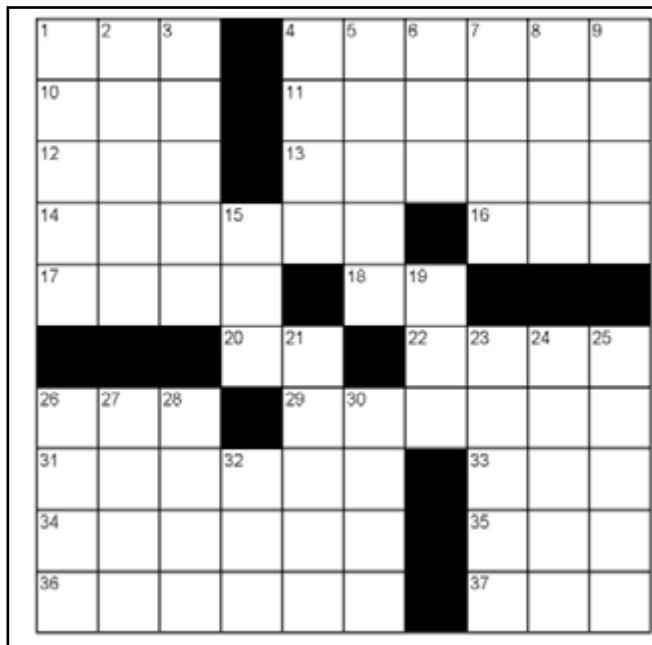


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CROSSWORD PUZZLE



ACROSS

1. Bad (prefix)
4. Asks for legally
10. Monkey
11. Author of "Sense and Sensibility"
12. Gross national product (abbr.)
13. Plan
14. More humble
16. Swab
17. Retired persons association (abbr.)
18. Education (abbr.)
20. Headquarters (abbr.)
22. Cool
26. Poisonous snake
29. African country
31. Penzoil is this (2 wds.)
33. MD
34. Build
35. Kimono sash
36. Walk quietly
37. Misty

DOWN

1. Lava
2. Sleep disorder
3. Biblical outcast
4. Casing
5. Money
6. Tree
7. Detail
8. Business note
9. Metal fastener
15. Kilometers per hour
19. Cell stuff
21. Capital of Ecuador
23. Give
24. Mud brick
25. Inferred
26. Account (abbr.)
27. Dress
28. Secondary
30. Rejoicing
32. Grain

View answers online at www.peelinc.com

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You're very excited — your mom and dad promised to take you on a fun camping trip this year. Or maybe your scout group is gearing up for an awesome canoe trip. Enjoying the beauty and nature of the woods is fun — if you are careful. Here are some tips to keep you safe.

PACKING BASICS

Before you leave, pack these few important things to make your trip more comfortable and safe:

- map of the area
- compass or GPS (learn how to use it beforehand)
- cell phone (though you can't be sure it will work in remote areas)
- whistle
- bottled water and food
- sleeping bag
- flashlight with extra batteries
- sunscreen and sunglasses
- waterproof matches (for an adult to bring)
- first-aid kit with gauze pads, adhesive bandages, tape, tweezers, and antiseptic
- waterproof tent (set it up beforehand to practice)
- warm clothing, clean socks, and rain gear

INTO THE WOODS

Staying safe in the woods means using common sense. That means being aware of your surroundings and always camping with an adult. Never go into the woods by yourself. Some things you need to be careful of while you're camping are insects, poison ivy, extreme hot or cold temperatures, rain or snow, and areas where you could trip or fall.

BUGS

If insects bug you, ask an adult to set up camp away from the water and build a small fire. The water attracts bugs, and the smoke from the fire will keep most of the bugs away. Another thing you can do is to remember to keep the tent door zipped at all times, even if you're just going in or out for a minute. Also, turn off your flashlight

before you enter your tent because insects such as moths are attracted to the light and will follow you.

Always check for ticks at the end of the day when you've been in the woods. Ticks can carry disease and germs. Some ticks are tiny, like the size of the head of a pin! You'll want an adult to help you inspect your body for ticks. Check behind your knees and ears, under your arms, and in your groin — that's where your legs meet your abdomen, or belly area. If you're camping with a pet, have an adult check your pet for ticks, too — dogs and cats can pick up ticks in their fur even more easily than humans. If you do find a tick, it needs to be removed. Get an adult to help you.

POISON IVY

Poison ivy is a plant that can cause an itchy skin rash in some people. Its leaves grow in groups of three, but the plant can still be hard to spot. If you accidentally touch poison ivy, wash the area with soap and water as soon as possible. The oil from the poison ivy plant can spread on clothes or even your dog. To try to prevent a poison ivy rash, there are products you can apply to your skin before going into the woods. Stores that sell outdoor equipment and sporting goods may carry them.

STAYING SAFE OUTDOORS

Your Campsite

Roasting marshmallows and singing songs by an open fire are favorite camping activities. Adults, not kids, should start campfires. Adults also need to watch the fires and make sure they are out when you're done. Never leave a fire without anyone to watch it. Don't forget to put out your fire by dumping water or shoveling dirt on it when you sleep or leave your campsite. Feel the ground around the area where the fire was to make sure it isn't warm.

Your Food and Water

When you're exploring outdoors, eat or drink something only if an adult says it is

safe. Even if streams or lakes look crystal clear, they could contain germs and the water may not be safe to drink. Bring bottled water to drink. Likewise, never eat wild berries. Some are poisonous and it may be tough to know which are safe. Good snacks for the outdoors include fruit, trail mix, crackers, granola bars, bread, and peanut butter.

Your Clothing

Wearing layers is a good idea when you're outdoors. That way, you can take off a layer or two if you get too warm. Wear comfortable boots when hiking so your ankles are supported and you don't get blisters. Keep your arms and legs covered while hiking to avoid ticks and insect bites and wear knee-high boots and long pants when you are in an area with snakes. Make sure to take rain gear, such as ponchos and waterproof jackets, to keep you dry if an unexpected shower occurs.

Watch Out for Wildlife

Although animals are cute to look at, wild animals are best enjoyed from far away. Don't go near or try to feed a strange animal. It's better to enjoy these animals at the zoo, in books, or on the Internet. To keep animals such as bears or wolves away from your campsite, keep it clean. Food and anything else an animal might smell must be packed away. In fact some campers put all their food, even candy bars, in a bag (called a "Bear Bag") and hang it from a tree branch away from the campsite. If they can smell it, the animals will be led away from where the campers are.

What if You Get Lost?

Stick with your group when you're in the woods. Carry a whistle and blow it if you get separated from the group. If you have a cell phone and it's working, use it to make contact with your group. If you do get lost, wait in a safe, sheltered place for an adult to find you. The sooner you're found, the sooner you can go back to having fun in the great outdoors!

Reviewed by: Steven Doushen, MD Date reviewed: June 2011

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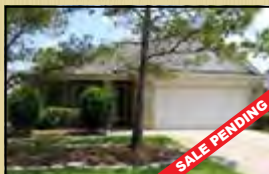
21515 E. Firemist Court,
3/3.5/3, 3274 SqFt, \$322,900



RE/MAX Lakeland



20326 Willow Trace, 3/2/2,
2055 SqFt, \$159,900



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4/2/2, 1943 SqFt, \$153,000



15419 Wild Timber Trail, 4/2/2,
2166 SqFt, \$175,000



21518 E. Firemist Court,
5/3.5/3, 4857 SqFt, \$389,000

Dawn Fore's Fairfield Market Report

Neighborhood	4 TH Quarter Results		
	Sold	\$ per SqFt	DOM
Autumn Park	2	\$72.52	46
Bluebonnet Glen	2	\$77.45	26
Baker's Ridge	3	\$78.21	111
Chappell Ridge	5	\$70.24	31
Cottage Glen	1	\$63.79	85
The Estates	3	\$76.72	121
Garden Grove	6	\$67.75	83
Glen	1	\$71.74	21
Inwood Glen	2	\$75.86	12
Inwood Park	11	\$66.94	55
Lake Crest	1	\$98.88	42
Lakes/Lake Point	5	\$84.98	77
Crossing/Landing/Reserve	1	\$69.86	98
Meadows/Park/Retreat	3	\$75.96	39
Oaks/Trails	1	\$76.35	57
Summer Crossing	3	\$71.90	95
Summer Gate	2	\$78.57	52
Summer Ridge	3	\$80.84	58

These numbers for resale homes were obtained from the Houston Multiple Listing Service. While we have no reason to doubt the accuracy of this information, we cannot guarantee it. This is not a solicitation of currently listed properties.