

THE MOMS CLUB® OF CYPRESS / NW-FAIRFIELD

Moms Offering Moms Support

Welcomes all Stay-At-Home Moms in Fairfield and Lakes of Fairhaven

young children and looking for some fun things to do? Are you

new to the area or a new mom and need a friend or support; we

are here for you! Don't let yourself feel isolated being a stay at

home mom. We invite you to attend two public events to decide if

this is the right club for you and your children. Our membership

fee is \$20 a year. This MOMS Club is a great opportunity for

you and your kids to make new friends in your area. There is

a lot of fun and support just waiting for you! Come visit us at our next Monthly Meet N' Greet and see for yourself! We meet

on the second Tuesday of every month. Email our Membership

VP at julieh07@sbcglobal.net for more information. We look

MOMS Club® is an international organization with a neighborhood feel! We are teachers, business women, counselors, chefs, CPA's and artists who have put those careers on hold and have made the choice to stay home with our kids.

MOMS Club® is a place to find friendship, support, playmates and sisterhood!

ALL events include our children and we believe there is something for every mom out there! Are you looking for park days, coffee breaks, lunch outings, (free) babysitting co-op, craft projects, time to sit and chat, cooking club, book club or someone to share dinner with when your husband is traveling or working late? We even find the time to meet once a month for a mom's night out for a great time to unwind. Or are you interested in helping within the community with service projects? We have

late? We even find the time to meet once a month for a mom's night out for a great time to unwind. Or are you interested in helping within the community with service projects? We have that! (And a whole lot more!)

Summer is here and the kids are out of school! The MOMS Club has lots of great activities planned!

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Come join other Moms and kids in many great forward to hearing from you!

For membership inquiries, please contact Julie H., Membership VP at julieh07@sbcglobal.net or Erica M., President at 281-755-7610, ericamill@gmail.com, so we can send you our club information and some upcoming public events for you to attend. You can also visit us on the web at www.meetup.com/MOMS-Club-Cypress-NW-Fairfield.



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The Beacon - May 2013

The Beacon

Newsletter Information

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New Website

Lakes of Fairhaven has a new community website. Please visit it at www.lakesoffairhaven.org and register to get emails on HOA info and upcoming LOF announcements.





Deputy Voter Registrar Training Available

at Cypress-Tomball Democrats Meeting

The Cypress-Tomball Democrats will offer Deputy Voter Registrar training during their Tuesday, May 21st meeting. It will be held at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 to 8:00 p.m.

Xavier Herrera, Manager of Outreach from the Harris County Tax Office, will conduct training for anyone interested in becoming a Volunteer Deputy Voter Registrar.

All are welcome to attend and to join this growing club, which meets on the third Tuesday of every month. For more information, visit the website at www.cytomdems.com or contact Glenn Etienne at cytomdems@yahoo.com.

Tiffany Nolan

Lakes of Fairhaven Resident



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CY-FAIR KIWANIS CLUB

PLAY GOLF with the Cy-Fair Kiwanis Club: MAY - annual Golf Tournament at the Hearthstone Country Club! Bring your own team or we will team you up with other players.

You do not have to be a Kiwanis member to play in or sponsor a team in the Golf Tournament. We welcome any who wish to participate. Businesses are encouraged to sponsor teams for their organization. It,Äôs good publicity to have your clients know you support activities that return all profits to the community through projects that support our youth and others in need. Play will be at the Hearthstone Country Club. For information, call Aaron Mackey at 281-865-2663.

The Kiwanis Kids Triathlon will be one of only 6 triathlon Citywide events this year and will be held at Langham Creek YWCA. Events include swimming, running, and bicycling and begin at 8 a.m. Registration information will be given out at the schools and can be found in the newspaper and community newsletters. All children 6 years through 12 years of age are invited to participate.

The Cy-Lakes Key Club was chartered in February by the Cy-Fair Kiwanis Club, sponsor. Congratulations to these outstanding students. They have a charter membership of 169 students!

Attention, graduating seniors! It's time to get your applications in for Kiwanis college scholarships. Information should be available from your sponsors by the time this newsletter is published. We look forward

to rewarding the outstanding service and academic achievements of our Key Club members.

Wouldn't you like to be a part of this organization that assists in these activities that promote good citizenship and leadership in our youth? We invite you to a complimentary lunch to hear more about the children's activities we sponsor. The Cy-Fair Kiwanis Club sponsors nine Key Clubs in the Cy-Fair Schools; Girl Scout, Boy Scout, and Sea Scout troops and activities; we provide scholarships to outstanding Key Club members in our district; and support other family oriented groups such as Cypress Assistance Ministries and Bear Creek Ministries; the Houston Food Bank; and many other nonprofit organizations. CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide.

Membership is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the programs it promotes, we invite you to be our guest at one of our monthly meetings. The Cy-Fair Kiwanis meet at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call Peggy Presnell at 281-304-7127; John Carroll at 281-463-0373 or George Crowl at 832-467-1998.

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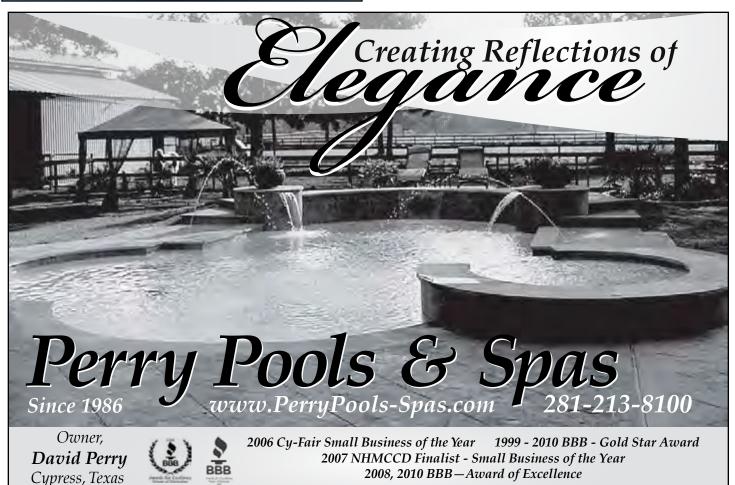
Come join in on the FUNdraising this Month with our Shopping Night at Anything Bling

On the evening of Tuesday, May 14th.

In Vintage Park, from 6-8p.

For more information on this or future events & membership please contact Natalie Bunton at gnat02@gmail.com or 832-717-3294.





SNAKE BITES A CONCERN AS WEATHER WARMS UP

Warmer weather coaxes snakes out of hiding, and it's important to know what to do after a snake bite, according to a medical toxicologist at Baylor College of Medicine (www.bcm.edu).

"Many people don't realize how much of an issue snake bites are in this area of the country," said Dr. Spencer Greene, director of medical toxicology and assistant professor of medicine – emergency medicine at BCM. "In fact, our regional poison center reported 235 snake bites – including 148 from known venomous snakes in the Houston area in 2012, and I am sure many more are going unreported".

According to Greene, the first step is avoidance.

"Never reach into a hole or a bush blindly, a snake may be resting there," he said. "It is also important to maintain an appropriate distance from a snake. Most pit vipers, which include rattlesnakes, copperheads and water moccasins, can strike at a target up to twothirds of their body length when provoked."

If you are bitten by a snake, Greene suggests the following important steps:

- Stay calm.
- Call 911 immediately to be evaluated.
- Take off anything that is constricting the affected area, such as a ring or watch.
- Position the affected area at or above heart level. This means that
 if you are bitten on the hand, bring it to heart level, and if you're
 bitten on the leg or foot, elevate it if possible. This minimizes
 the amount of local tissue damage and swelling, which is the
 most common finding in pit viper bites.
- Go to the emergency room the sooner the better. Greene also dispels several myths about treating snake bites and suggests heeding the following advice:
- Do not apply a tourniquet or a constriction band.
- Do not apply ice; it can cause local tissue damage.
- Do not apply heat.
- Don't cut the affected area and attempt to suck the venom out

 this increases the amount of local tissue damage.

- Don't use a commercially-available extraction device. These have also shown to be ineffective in removing venom and actually increase the amount of tissue damage.
- Don't use electrical therapy.
- Don't apply any type of lotions or ointments.

The management of snake bites has changed over the years and the newer type of anti-venom has proven to be very effective in reducing pain, bleeding complications, swelling and tissue damage, Greene says. Although anti-venom has been shown to have the maximum effectiveness within the first 12 hours of the bite, it can still be effective a few days after the bite.

At the hospital, physicians will determine if anti-venom and hospital admission is necessary.

"Ideally, patients should be evaluated by a medical toxicologist with experience in managing snake bites," Greene says.

If a patient requires anti-venom, he or she usually spends one or two days in the hospital. After hospital discharge, patients will need to follow up twice a week for two weeks to watch for any signs of recurrent toxicity.





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Lakes of Fairhaven Year-to-Date Sales Report										
	June '12	July '12	Aug '12	Sept '12	Oct '12	Nov '12	Dec '12	Jan '13	Feb '13	Mar '13
\$500,000 and above	0	1	0	1	0	1	3	0	1	1
\$451,000\$499,999	3	0	0	2	2	2	1	0	2	2
\$351,000\$450,999	3	2	0	1	1	1	1	0	0	1
\$276,000\$350,999	0	0	0	0	0	1	0	0	0	0
\$231,000\$275,999	0	0	0	0	0	0	0	0	0	0
\$201,000\$230,999	0	0	0	0	0	0	0	0	0	0
\$200,999 and below	0	0	0	0	0	0	0	0	0	0
Total	6	3	0	4	3	5	5	0	3	4
Highest \$/sq ft	\$124.01	\$110.32		\$119.67	\$119.04	\$129.24	\$106.37		\$127.38	\$105.64

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