

The Official Newsletter of The Steeplechase Community Improvement Association, Inc. and Steeplechase

SAFETY CORNER TIP OF THE MONTH: *Home Security While You Are Away*

The best way to stay safe at home is to keep criminals out of it. Much of the advice about home safety may sound obvious, but don't overlook it -a little bit of common sense can go a long way in preventing crime.

- Notify HCSO by using the Vacation Watch form included in this newsletter.
- Don't publicize your travel or vacation plans. Leave contact numbers with appropriate friends, family, neighbors.
- Arrange to have a friend pick up your newspapers, mail, or other deliveries daily.
- Secure your home. Close and lock all windows and doors. Don't forget to lock garage or gate doors.
- Purchase timers to turn on outside and inside lights automatically at various times throughout the day and night. Always have your front door light on at night.
- Check outside lighting and replace older light bulbs. You don't want a light burning out while you are away.
- Ask a friend to check your residence periodically, ensuring that timers and lights are working.
- Set your home alarm. Make sure the friend that is checking on your home has their own code, not yours.

- Unplug all unnecessary appliances such as televisions, stereos, and personal computers.
- Mow your lawn just before leaving.
- If possible, ask a neighbor to park a car in your driveway (if you are taking yours).
- If you use a telephone answering machine, turn off the ringer on the telephone. If you don't have an answering machine, unplug or turn off ringers on all telephones.
- Lock all jewelry, important papers, currency, and other valuable portables in a safe place such as a safe deposit box or home safe.
- Ensure all personal and home insurance policies are up-to-date and that your coverage is adequate.

There's lots of tips on our Steeplechase Safety & Security Facebook page – don't be shy, go ahead and start following-us and be a part of our Steeplechase Safe Community!

BE SAFE and BE SMART!

Lynn Cirillo

Steeplechase Security Coordinator

For more safety tips, LIKE us on Facebook: Steeplechase Safety & Security

http://www.facebook.com/#!/pages/Steeplechase-Safety-Security/181933781906989



IMPORTANT Telephone Numbers



Emergency911
Sheriff's Dept
Cy-Fair Fire Dept911
Cy-Fair Hospital
Animal Control
Center Point (Street lights)
http://cnp.centerpointenergy.com/outage
Neighborhood Crime Watch SteeplechaseSecurity@gmail.com
Library
Post Office
Steeplechase Community Center
Deed Restriction Issues (CMC) 281-586-1700
Water/Sewer
Architectural Control (CMC) 281-586-1700
Trash Pick-up (Best Trash, LLC) (Wed. & Sat.) 281-313-BEST
Harris Co. Pct. 4 Road Maintenance 281-353-8424
Harris Co. MUD #168hcmud168board@gmail.com
Community Events
Clubhouse Rentals: Private Parties and Community Events
(Jinnie Kelley)
Traffic Initiative
Private Pool Parties

NEWSLETTER PUBLISHER

Peel, Inc. (Advertising)......kelly@PEELinc.com, 888-687-6444 Articles.....newsletter@steeplechasetx.com

Community Center Contacts

Community Maintenance Concerns
Chaparral Management Company 281-586-1700
Clubhouse Rentals
Private Parties and Community Events
(Jinnie Kelley)
Pool Company Contact
Texas Aquatic Enterprises, Inc713-416-5161
www.texasaquaticenterprises.com
Board Member Contact
Chaparral Management Company 281-586-1700
<u>Coboolo</u>
N COOOLC

Schools

Emmott Elementary	. 281-897-4500
Campbell Middle School	
Cy-Ridge High School	. 281-807-8000

Contact the Management Company

cmc@chaparralmanagement.com or by phone 281-586-1700

STEEPLECHASE 2013 POOL SEASON

The 2013 swimming season is upon us. The Steeplechase Pool will be open for the Memorial Day Weekend, May 25, 26 and 27th, and soon after for the summer swimming season. Please keep an eye on your mail as residents will be receiving a registration packet from Chaparral Management Company with pool tag purchase information. The pool tag registration procedures will be different than in past years and we will **ONLY ACCEPT CASH** for pool tags.



Spring sale on all car loans!

RATES AS LOW AS



HARRIS COUNTY SHERIFF'S DEPARTMENT DISTRICT V VACATION WATCH

PLEASE PRINT OR TYPE ALL INFORMATION

			200	
SUBDIVISION:		ADDRE	ESS:	
NAME:		TELEPI	HONE:	
DATE LEAVING:AM / PM		DATE RETURNING: AM / P		
VEHICLES:YEAR	MAKE / MODEL	LICENSE #	DRIVEWAY / GARAGE	
	/		/	
	,		/	
	/		/	
LIGHTS LEFT ON YES IF YES, WHAT ROOM LOCATIO		TIMER ON LIC	GHTS YES / NO	
ALARM: YES / NO	WHERE:	INSIDE C	YPE: DUTSIDE GARAGE	
	<u>PHONE #</u>	And at least one key holder KEY HOLDER	with alarm codes if alarm is set)	
ADDITIONAL COMM	ENTS			
		ASE MAIL OR FAX 1 OUNTY SHERIFF'S		



ONLINE SERVICE OPTION FOR CITIZENS REPORTING CRIMES

The Sheriff's Office has implemented an on-line service called "CopLogic" for Harris County citizens to report crimes. THIS IS FOR REPORTING LOST PROPERTY, THEFT OR VANDALISM ONLY AND WHEN THE COMPLAINT NO SUSPECT INFORMATION. This service is provided as an option to the citizen in lieu of waiting for a unit to respond to their location and response can sometimes take several weeks.

Examples of incidents that can be reported via CopLogic:

1. **LOST PROPERTY:** When property is missing or lost, i.e. leaving items in a restaurant or missing from home.

2. THEFT: Property is taken without the owner's permission.

3. **VANDALISM**: The act of changing, modifying or defacing public or private property, i.e. graffiti, knocking over a mailbox, throwing a rock through a window, etc.

To access this service, please visit the Sheriff's Office web site: www. hcso.hctx.net

Click on "Report Crime" link at top of screen

Click on "Report an Incident"

Follow instructions on the screen for filing an offense report

CopLogic is an alternative method for the citizen to report the crime quickly, get a case number and print a copy of the report. It does not replace entering a call for service for a unit to respond if the citizen prefers to see a unit or does not have access to the Internet.



Deputies Corner 🔊

Cost Effective Home Security

Looking for a way to assure your home's security, without paying more than you want to spend? Here are some cost effective tips for keeping your home safe from would-be intruders.

Install solid, substantial **deadbolt locks.** A *Grade 1* or *ANSI-designated* deadbolt lock installed on every exterior door is an excellent deterrent. Be sure to include installation on doors between garages and home interiors. The sturdiest deadbolt type locks have a *UL listing of 437*, which means that the lock meets the highest security locking standards.





This sturdy steel rod fits under any doorknob (cost under \$10). The skidresistant rubber base securely grips the floor to anchor the door shut. It works on any floor surface - wood, carpeting, vinyl, tile, etc. Even if an intruder picks the lock, the door will remain tightly closed. Fits in a suitcase so you can feel secure when you travel. Adjusts from 26" to 41"H.

Purchase a **wedge alarm** (cost under \$10). It looks like a door stop, and prevents a door from opening any wider than you want, sending off a powerfully loud alarm if someone tries to force a door open.





This window alarm unit (cost under \$20) uses a magnetic sensor to detect the opening of a protected window. A 105 dB alarm will then alert you to an attempted entry and scare off potential intruders.

Of course, be sure to trim your shrubbery and trees, and keep your yard neat – overgrown areas and wild looking landscaping signals not only a good hiding place for would-be intruders, but sends the message that a homeowner doesn't care enough to take security precautions.

Drowning Is Preventable

The Texas weather is warming up. Summer is almost here. Pools will soon open and the cool water will be calling your name. You can almost hear your kids laughing and the playing in the pool. Your family deserves to have many Best Day Ever moments in the water this summer. Please do not let those moments be ruined by the sound of a life guard whistle blast or the need to do CPR in order to save your child's life. Most families love a trip to the swimming pool, the lake or the beach during the summer...but the water can be deadly for a child.

Did you know that drowning is a leading cause of accidental death for children between the ages of 1 and 14, with kids under the age of 5 at even higher risk?

Colin Holst's parents did not know either. Sadly, June 13th marks the 5 year anniversary of his drowning in a public, lifeguarded pool in Austin. Since Colin's drowning in 2008, Central Texas-based Colin's Hope has become a nonprofit leader in water safety and drowning prevention.

My name is Alissa Magrum and I am the Executive Director of Colin's Hope. But I am also a parent to 8 year old Ella. So, from

one parent to another, please listen to this message. It is simple but filled with purpose: DROWNING IS PREVENTABLE. YOU can help protect your children. Following a series of simple water safety tips creates multiple layers of protection. These layers WILL keep children safer in and around the water and CAN prevent drownings. **The first 3 of these tips are KEY**.

1. Practice constant visual supervision. Always assign an adult "water guardian" whose ONLY responsibility is to watch children who are in, near and around the water. If that water guardian needs to take a break, they must transfer their "watching" duty to another adult.

2. Learn to swim. Enroll children (and adults too) in formal swim classes. For kids under the age of 4, taking formal swim lessons reduces the risk of drowning by 88%.

3. Wear life jackets. Children who cannot swim should ALWAYS wear a U.S. Coast Guard-approved life jacket when in and around the water.

You can see additional tips, as well as more information on water safety and drowning prevention, on our website at www.colinshope. org. *(Continued on Page 7)*



STEEPLECHASE

Drowning -(Continued from Page 6)

Each year, Colin's Hope volunteers stuff and distribute 75,000 water safety packets to families in zip codes that have been targeted due to the high number of near drownings and drownings in recent years. This life saving information along with a Peel Inc. ad campaign, a Reagan National Adverstising billboard campaign and a presence at many community events is helping to raise water safety awareness to prevent children from drowning.

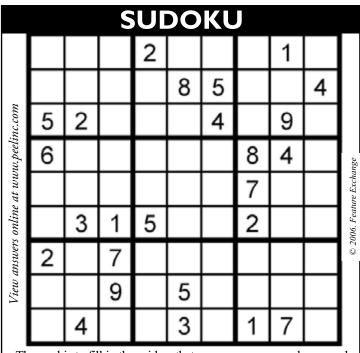
WE ALSO NEED YOUR HELP. PLEASE SHARE THIS INFORMATION with family, friends, neighbors, teachers, babysitters...everyone! We have seen the difference that being aware and being prepared can make. Communities that have received our water safety information in prior years have seen child drownings and near drownings in their areas reduced to zero!

Please visit www.colinshope.org to find out how you can get involved in your own community. Find us on Facebook, follow us on Twitter, subscribe to our monthly newsletter or even support our efforts with a donation.

We envision a world where children do not drown. Please share that vision and together we will get there.

Wishing you the SAFEST AND BEST SUMMER EVER, Alissa Magrum Executive Director, Colin's Hope





The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.



- Interior & Exterior Painting · Garage Floor Epoxy
- Hardi Plank Installation
- Wood Replacement
- Sheetrock Repair
- Interior Carpentry
- Cabinet Painting
- Wallpaper Removal and Texturizing
- Pressure Washing
- Fence Repair/Replacement

- Custom Staining
- Roofing
- Gutter Repair/Replacement
- Faux Painting
- Door Refinishing
- Window Installation
- Trash Removal
- Ceiling Fan/Light Fixtures
- **References Available** Fully Insured **NO PAYMENT UNTIL COMPLETION** bashanspainting@earthlink.net

STREETLIGHT OUT? REPORT IT!

CenterPoint Energy maintains streetlights throughout our electric service territory in and around Houston. In order to report an outage, you will be asked to provide:

- a pole number for the non-functioning light(s) you want to report
- contact information (in case more information is needed to locate a streetlight)
- an e-mail address (if you want feedback regarding your repair request)
- the number of streetlights you would like to report To report if you know the streetlight number, visit: http://cnp.centerpointenergy.com/outage To report using Centerpoint's map system, visit: http://gis.centerpointenergy.com/sloreporting/

The process is easy, simple and will take no more than five minutes.

Support During Tough Times

DEPRESSION and BIPOLAR SUPPORT ALLIANCE DBSA GREATER HOUSTON

713-600-1131 www.dbsahouston.org

DBSA Greater Houston is a non-profit organization that sponsors both free and confidential support groups for those who have been diagnosed or have symptoms of a mood disorder. Families and friends of those with mood disorders are also invited to attend any one of our over 50 support groups across the Houston metropolitan area. Moreover, DBSA Greater Houston provides personal support and direct services to its members, educates the public about the nature and management of these treatable disorders and promotes related research.

CRISIS INTERVENTION OF HOUSTON

713-HOTLINE 713-529-TEEN http://crisishotline.org/

Crisis Intervention of Houston's goal is to serve persons in crisis and overcome the barriers to help due to fear, isolation, abuse, physical disability, health, language, age, income, location, problem type or timing of the crisis. Crisis Intervention of Houston meets our mission to serve people in crisis by providing 24-hour telephone and webbased counseling, suicide prevention and intervention education, links to community resources, and community education.

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- I 4044 Spring Cypress at Grant
 Cypress, Texas 77429
- 27126 Highway 290 at Mueschke Cypress, Texas 77433
- 7015 Barker Cypress Rd at 529 Cypress, Texas 77433



*According to the U.S. Preventive Services Task Force and the Affordable Care Act, routine screening mammography is a preventive service now covered 100% by health insurance plans for women aged 40 and older every 1 to 2 years.

Schedule now 281.897.3121 • www.CyFairWomensImaging.com

DROWNING IS PREVENTABLE

COLIN'S HOPE WATER SAFETY TIPS AT WWW.COLINSHOPE.ORG



May is Texas and National Water Safety Month

Ongoing: Volunteers needed to stuff and distribute water safey packets info@colinshope.org Ongoing: Colin's Hope Athlete Ambassadors needed! http://www.tinych.org/signup Now-June 18: Discount Schlitterbahn Tickets for sale. http://www.tinych.org/tickets May 18: Colin's Hope Got2Swim Pure Austin Quarry Lake. http://www.tinych.org/QuarryLake

Volunteer - Donate COLINSHOPE.ORG



Water Safety Alert: 74 Texas children drowned last year. Keep your children and families safe in, near and around all bodies of water. Multiple layers of protection can prevent drowning.

LAYERS OF PROTECTION

CONSTANT VISUAL SUPERVISION



KEEP BACKYARDS &

BATHROOMS SAFE

LEARN TO SWIM

LEARN CPR

WEAR LIFE JACKETS MULTIPLE BARRIERS ON ALL POOLS & HOTTUBS



CHECK POOLS/HOTTUBS VISIT US 1ST FOR MISSING CHILDREN ONLINE

STEEPLECHASE

If You...SEE Something SAY Something: iWatch Harris County

The Harris County Sheriff's Office is committed to serving the citizens of Harris County through a cooperative working relationship between the police and the people we serve. The success of solving crime lies in the actions of the citizens who have knowledge of, or view these criminal acts.

With your help, we can all strive to make Harris County, Texas a safer place to live and play. iWatchHarrisCounty.com is a community awareness program that educates the community about suspicious activities & criminal behaviors. iWatchHarrisCounty focuses on criminal behavior and criminal enterprises that could also indicate a nexus to terrorist activities. Citizens are provided a convenient reporting method to provide tips and leads to police concerning crime that is affecting their community.

iWatchHarrisCounty allows our citizens to harness the communication capabilities of the internet/social networking sites to report crime tips and leads. This site is a new and innovative tool to increase our community wide effort to reduce crime.

This app is available for iPhone, Blackberry and Android mobile phones. Visit http://iwatchharriscounty.com/ for more information and to download the app.

What is iWatchHarrisCounty?

Landscaping

Power Wash

Lawn care

Irrigation

iWatchHarrisCounty is a mobile crime watch tool that you and your

neighbors can use to report suspicious or criminal activity. It's a proactive, hands-on, partnership between you, the citizens of Harris County, and the Harris County Sheriff's Office (HCSO).

Why should I report these behaviors and activities?

You are the eyes and ears of your community. Your awareness of suspicious behaviors and activities and reporting it to the police can help solve crimes or prevent crimes.

What should I report?

Give as many details as possible, for example:

-Time of day

-Where it happened

-What you witnessed

-A description of individual(s) involved

-Was there a vehicle?

-Color and license plate number?

-Have you seen this activity before?

There are four ways to report:

-Report online at iWatchHarrisCounty.com

-Text a tip to 1-855-HCSO-iWatch (1-855-427-6492)

-Use the downloadable app found on iWatchHarrisCounty.com

-Call 1-855-HCSO-iWatch (1-855-427-6492)

If you have an emergency and need the police immediately do not use iWatchHarrisCounty, call 911.



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STEEPLECHASE

22Q at The Zoo

May 19, 2013, is a Worldwide "22Q at the Zoo" Awareness Day! The 2012 event started in Sydney, Australia traveled through 63 cities, 13 countries, and 4 continents including Houston, Texas, and ended in California, USA. The 2013 event will again come to the Houston Zoo. Organized by VCFS Texas, festivities will be highlighted by a talk from Dr. Lorraine Potocki, a pediatric genetics doctor at Texas Children's Hospital and an appearance by Mr. July of the 2013 calendar published by the International 22Q Foundation. Mr. July is Steeplechase resident, Kyle.

Affecting 1 in 2000, 22Q is often misdiagnosed or undiagnosed. Kyle was not diagnosed until he was 7 years old. 22Q is a common name for many syndromes sharing a common cause, an abnormality on the 22q11.2 chromosome. Velo Cardio Facial Syndrome (VCFS), DiGeorge, Shprintzen and others were historically diagnosed by symptoms, but with advancements can now be diagnosed by the cause. The deletion can cause any combination of 180 symptoms. The most common are cardio-vascular, cleft palate, feeding difficulties, growth hormone deficiencies, learning disabilities, speech delay, and compromised immune systems, among other health and developmental issues.

International 22q11.2 Deletion Syndrome Foundation, Inc., www.22q.org, promotes the event to raise awareness, encourage research, and novel interventions that could allow for a higher sustained quality of life for those with the syndrome.

VCFS Texas, http://www.vcfstexas.com , a 501(c)(3) nonprofit organization, promotes awareness, encourages research, advocates for services and provides support to those affected by 22q11.2 through information, regional family events and an annual retreat that brings the statewide VCFS community together. Most recently VCFS Texas joined the Rare Disease Day Rally on the Texas state capitol steps and participated in the passing of Senate Resolution 287 recognizing February 28 as Rare Disease Day. In 2009 VCFS Texas educated lawmakers helping pass Senate Bill 1612 to place information about 22Q indicators, testing and support in the hands of Early Childhood Intervention professionals.



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