

Windermere Lakes



H O M E O W N E R S

A S S O C I A T I O N

May 2013

www.windermerylakes.net

Volume 7, Issue 5



May YOM Winner

By Marilyn Schaefer

11814 Key Biscayne Court

Congratulations, Congratulations, Congratulations to Singh Balvinder & Kaur Paramjeet

Homeowners of 11814 Key Biscayne Court. This beautiful two story beauty boast of striking landscapes along with a mixture of lush greens, browns, and tan earth tone colors. As you gaze at the yard from the street you see lush thick green carpet grass, trimmed green hedges all bordered by red flowers sprinkled with baby's breath. This is a very clean-cut well planned landscape that is very pleasing to the eye creating lots

of detail and elegance to this home of beauty.

This family set this plan into motion early on and as summer approaches the flower beds dance in full bloom. Stone stacked bricks complimented by one Sega palm and two large Mexican palms, mini hedges and mixed with rose bushes yet to bloom. Thanks to the homeowners for helping us make Windermere Lakes one of the most wanted places to live.

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THANKS FOR ISLAND HELP

A "Big Thanks" to all those who came to help plant our Habitat Islands. We could not have done it without you and your family. It was a beautiful day filled with community and family involvement. I think the winner of enthusiasm came from our youngest helper. He was three years old and he gave it all he could right down to the last island planted. He managed to get dirt into every hole, all over himself and those around just like any boy that age could do. He was precious! We had such a good time. I liked planting the islands too but I liked even more the smiles on family faces when I got to announced the board had a surprise for them. In appreciation for the community help the board arranged for our landscaper FN Landscape (281-345-1654 to give "Free" plants, shrubs, and flowers to each family to decorate their own yards. Each family took home four to five plants from the best quality stock FN Landscape had to

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Island Help (Continued from Page 2)

offer. They were also told to look for a dinner invitation to honor and thank all those who participated. At this dinner without gloves, yard tools and dirt the board hopes to get to know these families better. This is the beginning and stepping stone toward building a better neighborhood for us all. And to those who could not help this time we hope to see you at our next project so we can meet you and your family.

Many of you may not have seen all the islands in place yet because of the wind, lack of electric boat availability and daylight time. As soon as we locate boats to use in order to move the islands to designated locations they will be in place. If you have an electric boat that we may use to place the Habitat Islands around your lake area please call me at 713-805-7778- Marilyn Schaefer

If you have seen the Islands you may note that the plants are green and now growing into taller vegetation creating a home for our water creatures. Right now curiosity has struck and they are getting use to them being in their lake. So far I have only seen one brave duck actually upon an island looking around but I am sure that we will see more and more activity upon these private island get-a-ways soon. Ducks, Turtles and other creatures are all going to think they are on vacation and it will be fun to watch baby ducks swim to and fro and hear the sounds of their community from our backyards. And those of you who are luckily living in the right spot between the fountains your fishing will soon change as fish are attracted to shade during a hot summer, free vegetation food from under the island, and coolness of the water. Get out those poles and happy better fishing.

In closing- Moms, Dads, and Grandparents –Please tell your children to remember to take care when boating by these islands as metal cables are weighting the islands down to keep them in place. Please remind them that these are for the creatures not humans at any time. Because of the islands ability to float and move during water flow children who may try to climb on board from a paddle boat could fall under the floating island get tangled in the cables or vegetation and not have enough time to get out from under it. These Islands are for creatures not Humans of any age at any time. Enjoy our latest addition to “Project Beautification.”



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Stop! The Spreading of Fire Ants

by Rich Schaefer

Have you ever kicked or stepped on an ant bed? Of course you have, we've all done this as kids but did you every stop to think about what you are doing. Many know nothing about ants except that they show up uninvited at picnics, try to steal our food and sting us. Let's mess up an ant bed and take a look to see what's going on inside. Kick off the top and take a peek but don't stand too close to it as the soldier ants will begin to move. There are three kinds of ants in a colony: The queen, the female workers, and males. The queen and the males have wings, while the workers don't have wings. The queen is the only ant that can lay eggs. The male ant's job is to mate with the future queen ants and they do not live very long afterwards. Once the queen grows to adulthood, she spends the rest of her life laying eggs! Depending on the species, a colony may have one Queen or many Queens that live for many years producing millions of babies!

Ants are very organized and are given specific jobs to do. Some of the male ants are designated as soldier ants that protect the queen, defend the colony, gather or kill food, and attack enemy colonies in search for food or a new nesting space. If they defeat another ant colony, they take away eggs of the defeated ant colony and command

all the male and females to become slaves. When the eggs hatch, the new ants also become slaves for the colony. They are assigned specific jobs. Slave female ants are stripped of their wings early on and given the job of taking care of the ruling Queens's eggs and babies. Slaves also gathering food and feed the babies as well as tend to the Queens needs. Male slave ants are forever forced to build new anthills or mounds and carry the eggs found by soldier ants to the home base mound. Did you know an ant can lift 20 times its own body weight? If a second grader was as strong as an ant, he or she would be able to pick up a car!

Did you know when ants move around they leave a trail so that they know where they've been and can easily return. Ever see fine granules grey colored lined down a sidewalk or leading into a yard. That's the trail. If you mess up the trail they have a difficult time trying to find their way home. Ants don't have lungs so they smell through the tiny holes all over the body and carbon dioxide leaves through the same holes. This is how we are able to control them. We suffocate them by filling those holes with poisons. Otherwise their perfect society could take us over.

Now that we know how they live let's talk about this mound we

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Fire Ants (Continued from Page 4)

just kicked open. The danger alarm has been sounded and the soldier ants are spreading out all around the nest to find out who caused this alarm endangering their queen. They sting anything that they come across and have been known to travel 50 to 75 feet diameter around the mound to check it out. So if your child, dog, cat, or you are hanging out in the yard don't be surprised if you suddenly feel a sting as they are determined and will chase you down. While the soldier ants are marching the Queens who are ready to fly are being helped by the female slave ants to get out of the nest from harm. If you see one ant carrying another they are not necessarily dead they are just part of management. If the queen is too young to fly they will be carried to another location and protected until another mound is built around them. Ever seen a trail of ants carrying white things on their backs that look like bread crumbs? That's not bread crumbs, their eggs being saved and taken to another place in your yard. So let me ask you do you want a green grassy yard or a yard of fire ant mounds. Keep kicking them open without putting in poison and you will soon see piles and piles of mounds all around your yard. Tell your gardeners when they mow and weed-eat that they spread the ants everywhere in your yard and you'd like to add a monthly process to their yard help. Hand your gardeners a large

bag of Spectrum Fire- ant killer and have him sprinkle the product into the mounds they find while mowing your yard. Activate the poison by adding enough water to moisten the granules and your ant problem after a couple of treatment times will be under control. Ants should move on as the soldier ants report back to the Queen of the dangers that lurk in this yard. If your yard is highly infested it may take four or five times of treatment but you will take your yard back. Happy Ant chasing!



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HEALTHY FARMING BELIEFS

Salt was separated from fresh water and given to fish of the sea indicating salt is not good for humans.

Fresh water was given for man and animal to drink and is not good for fish of the sea.

Land was made dry for gardens to be planted and to give fresh vegetables a place to grow. Fresh vegetables are best & more powerful when eaten raw or lightly steamed. These are clues to natural health and Nature's Pharmacy! Amazing!

A sliced of Carrot looks like the human eye. The pupil, iris and radiating lines look just like the human eye. And science now shows carrots greatly enhance blood flow to the eye and assist in the healthy functions of the eye.

A Tomato has four chambers and is red. The heart has four chambers and is red. All of the research shows tomatoes are loaded with Lycopene and are indeed pure heart and blood food.

Grapes hang in a cluster that has the shape of the heart. Each grape looks like a blood cell and all of the research today shows grapes are also profound heart and blood vitalizing food.

A Walnut looks like a little brain, a left and right hemisphere, upper cerebrums and lower cerebellums. Even the wrinkles or folds on the

nut are just like the neo-cortex. We now know walnuts help develop more than three (3) dozen neuron-transmitters for brain function.

Kidney Beans actually heal and help maintain kidney function and yes, they look exactly like the human kidneys.

Celery, Bok Choy, Rhubarb and many more look just like bones. These foods specifically target bone strength. Bones are 23% sodium and these foods are 23% sodium. If you don't have enough sodium in your diet, the body pulls it from the bones, thus making them weak. These foods replenish the skeletal needs of the body.

Avocadoes, Eggplant and Pears target the health and function of the womb and cervix of the female - they look just like these organs.

Today's research shows that when a woman eats one avocado a week, it balances hormones, sheds unwanted birth weight, and prevents cervical cancers. And how profound is this? It takes exactly nine (9) months to grow an avocado from blossom to ripened fruit. Figs are full of seeds and hang in twos when they grow. Figs increase the mobility of male sperm and increase the numbers of Sperm as well to overcome male sterility.

Sweet Potatoes look like the pancreas and actually balance the

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Fire Ants (Continued from Page 6)

glycemic index of diabetics.

Olives assist the health and function of the ovaries.

Oranges, Grapefruits, and other Citrus fruits look just like the mammary glands of the female and actually assist the health of the breasts and the movement of lymph in and out of the breasts.

Onions look like the body's cells. Today's research shows onions help clear waste materials from all of the body cells. They even produce tears which wash the epithelial layers of the eyes. A working companion, Garlic, also helps eliminate waste materials and dangerous free radicals from the body. Healthy Eating Everyone!

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