# BULLETIN Belterra Community News

June 2013 Volume 7, Issue 6

News for the Residents of Belterra

# ATTENTION: SW AUSTIN BUSINESS OWNERS, MARKETING & SALES PROFESSIONALS

WE ARE LOOKING FOR A FEW GOOD...PROFESSIONALS!

Submitted by Melinda McKenna

# Quick Quiz:

- 1. Who do you know... that is reliable and trustworthy? A professional (residential, commercial, health and beauty, financial services, trades, or event planning) who places their customer's needs first?
- 2. Would you refer them to your friends and or family members without hesitation because they are the best you've ever seen?

If you answered "Yes", tell them BNI Referral Partners looking for more full-time, trustworthy, experienced professionals to join our growing network today!

BNI Referral Partners is a non-competitive professional referral organization that admits one high quality individual or company per professional category to share ideas, contacts and most importantly referrals.

Are you curious? Do you want to learn how to build your business by referral? Visit us this week! We meet each Wednesday morning, and there is no obligation to join.

Mandola's Italian Market Arbor Trail William Canon and MOPAC BNI Referral Partners Tuesday 8:00 am to 9:30 am

The \$10.00 meeting fee includes a healthy breakfast and beverages.

Bring at least 50 business cards to hand out to our members. For more information call 288-8088, or email Melinda@ AUSTINREPS.com



Copyright © 2013 Peel, Inc.

The Bulletin - June 2013 1

# **IMPORTANT NUMBERS**

EMERGENCY NUMBERS
EMERGENCY911
Ambulance / Fire
SCHOOLS
Dripping Springs ISD 512-858-3000
Dripping Springs Elementary 512-858-3700
Walnut Springs Elementary 512-858-3800
Rooster Springs Elementary 512-465-6200
Dripping Springs Middle School 512-858-3400
Dripping Springs High School 512-858-3100
UTILITIES
Water – WCID # 1 & 2 512-246-0498
Trash – Texas Disposal 512-246-0498
Gas – Texas Community Propane 512-272-5503
Electricity – Pedernales Electric 512-858-5611
OTHER
Oak Hill Post Office 512-892-2794
Animal Control
NEWSLETTER PUBLISHER
Peel, Inc 512-263-9181
Article Submissionsbelterra@peelinc.com

## **NOT AVAILABLE ONLINE**

Advertising...... advertising@peelinc.com

At no time will any source be allowed to use The Bulletin's contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the Belterra Bulletin is exclusively for the private use of the Belterra HOA and Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

- \* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.
- \* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.
- \* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING

# DISCOVER NEW FRIENDS FIND YOURSELF

Camps at the Y all share one thing: they're about discovery. Kids have the opportunity to explore nature, find new talents, try new activities, gain independence, and make lasting friendships through the many activities that the YMCA of Austin provides.

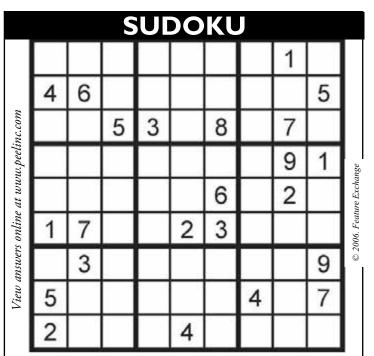
- Convenient locations in Dripping Springs & Hays county
- Ages 4-14
- Kinder, Theme, Adventure
   & Sports Camps
- 7:30am-6:00pm daily



Swim Lessons Now Enrolling!

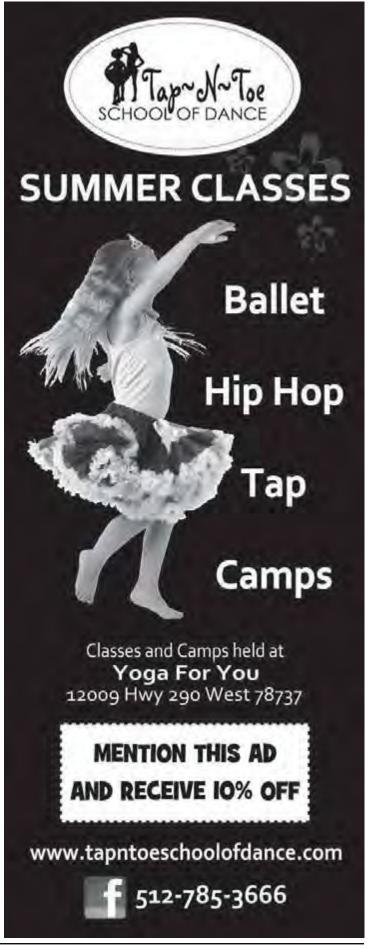
AustinYMCA.org 236-9622

The Bulletin - June 2013 Copyright © 2013 Peel, Inc.



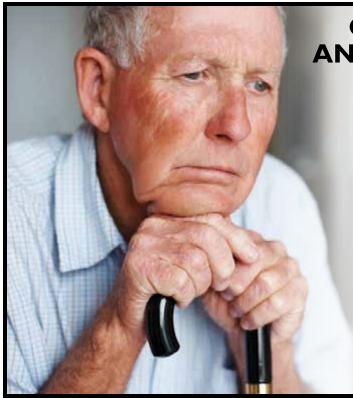
The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.





Copyright © 2013 Peel, Inc.

The Bulletin - June 2013 3



**OLDER ADULTS EXPRESS ANXIETY IN DIFFERENT WAYS** 

> While there are several factors that can cause anxiety in older adults, it can be difficult to identify because they express anxiety in unique ways, according to an expert at Baylor College of Medicine. According to Dr. Melinda Stanley, professor in the Menninger Department of Psychiatry and Behavioral Sciences at BCM, common types of anxiety disorders in adults include:

- Generalized anxiety
- Social phobias
- Specific fears and phobias should watch for include:
  - Post-traumatic stress disorder Anxiety symptoms that older adults and their family members
- Shortness of breath
- Difficulty sleeping
- Increased heart rate
- Muscle aches and pains

Dizziness

Anxiety is not a normal part of aging and can be treated. The first important step is to have a physical exam. Cognitive behavioral therapy is a treatment option that teaches learning skills to manage anxiety. Skills that can help reduce anxiety include relaxation, changing thoughts, facing fears, learning how to solve problems and learning behaviors to improve sleep.

HOME EQUITY LINE OF CREDIT

HOME

**NO CLOSING COSTS ON MOST LOANS!2** THE INTEREST YOU PAY MAY BE TAX DEDUCTIBLE.3

### Use the money for whatever you want!







We're here for good.

888.745.8686 | broadwaybank.com 39 NEIGHBORHOOD LOCATIONS | Member FDIC



**Dripping Springs** | 320 E. U.S. Hwy. 290 | 512.858.1039

APR = Annual Percentage Rate. Introductory rate offer good on applications received 4/29/13 through 8/3/13 on 15-year Home Equity Line of Credit (HELOC) program. All loans subject to credit approval, verification and collateral evaluation. Refinance of Broadway Bank Home Equity Loan or Line of Credit requires \$10,000 new money. To obtain introductory rate on existing bank HELOC, account must be at least 24-months-old and approved for a \$25,000 line amount increase. Rates, terms and conditions are subject to change without notice. Variable rate shown is for lines \$50,000 and over and assumes excellent borrower credit history. Introductory rate of 1% APR is fixed for the first 6 months. Thereafter, Home Equity Line of Credit rates are variable and are calculated by adding a margin to the Wall Street Journal Prime rate as published in the Wall Street Journal. As of 4/30/13 the Wall Street Journal Prime rate was 3.25% and the APR range was 3.99%-11.49%. Maximum APR is 18%. We will set your variable APR based on your individual circumstances including your credit history, loan amount, loan term, and our internal credit criteria. Standard closing costs up to \$300 are paid by the bank and may include a title search, credit report, property inspection, flood certification, and filling fees. Does not include appraisal, title insurance and survey costs if required. Property insurance will be required including flood insurance where applicable. Other closing costs can range from approximately \$350 (on lines up to \$150,000) to \$4,000 (on lines above \$150,000 to \$250,000). All home equity lines must be secured by a 1-4 family, owner-occupied primary residence. Conditions and restrictions apply. Larger lines and other programs available. Please ask us for details. 3 Consult your tax advisor regarding deductibility of interest

The Bulletin - June 2013 Copyright © 2013 Peel, Inc.

# **Now Building in Rim Rock I & II!**

Reserve your home today before it's too late!



**Spacious Acre+ Lots in** beautiful Texas hill country

The Taylor 3 Bed/2 Bath/ 2 Car Garage **Starting at \$379,990** 



**Only a limited number** of lots left!





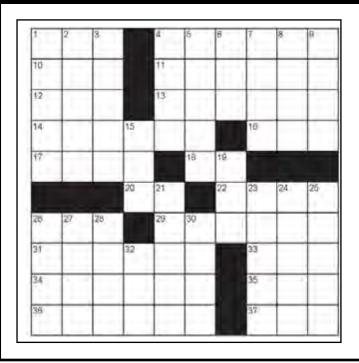


The Tiffany 4 Bed/ 2.5 Bath/ 3 Car Garage **Study & Game Starting at \$415,990** 

**Call Mike Flanagan: 512.699.1244 Or Laura Yonge: 713.385.5048** Today!



# **CROSSWORD PUZZLE**



### **ACROSS**

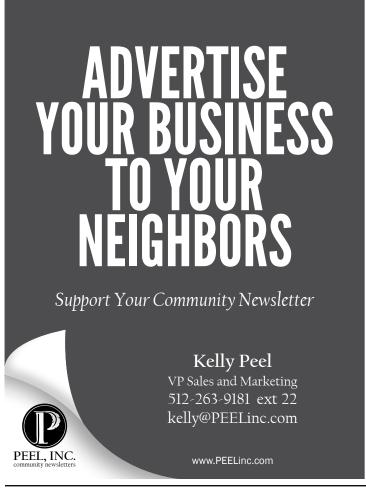
- 1. Unrefined metal
- 4. Young pigeons
- 10. Gender
- 11. Australian
- 12. Alternative (abbr.)
- 13. Climbing
- 14. China stone
- 16. Hoopla
- 17. Shaft
- 18. Teacher's assistant, for short
- 20. Doctor
- 22. Believe
- 26. Terminal abbr.
- 29. Skin problem
- 31. Infamous Nazi concentration camp
- 33. Tear
- 34. Wring
- 35. Sick
- 36. Work fussily
- 37. Hurricane center

### DOWN

- 1. City
- 2. Mellow
- 3. Worship
- 4. Japanese dress
- 5. Fivesome
- 6. Ship initials
- 7. Continent
- 8. Tie
- 9. Sego lily's bulb
- 15. Limb
- 19. Wood tool
- 21. Sea jewel
- 23. Spooky
- 24. Author Dickinson
- 25. Tree
- 26. Eve's garden
- 27. Cab
- 28. Acting (abbr.)
- 30. Nice looking
- 32. Pig

View answers online at www.peelinc.com

© 2006. Feature Exchange







# BASKETBALL CAMP

**FOR WOMEN OVER 45** 

**JUNE 7-9, 2013** 

At Santa Fe Christian Gym Solana Beach, CA

COST:

\$160 before May 1st Email - player4life2013@gmail.com www.player4lifecamp.weebly.com





**Summer Programs** 

- Teachers, High School & College Students
  - 15% off CrossFit
- Circle C & Belterra residents
  - 25% off Foundations

\*expires June 31st

# Now enrolling for Summer



- Young Athlete Classes (6-9 yr olds) (10-12 yr olds)
- Teen Programs
  - -Crossfit
  - -Sport Camps

csccrossfit.com

thecombinemgr@csccrossfit.com 512-301-1339

Copyright © 2013 Peel, Inc.

The Bulletin - June 2013 7



