



JUNE 2013

Official Publication of Legends Ranch Property Owners Association

VOL 7, ISSUE 6



Neighborhood Parade

WEDNESDAY, JULY 4TH

8:00 AM

We don't want to leave anyone out of the July 4th festivities. We will start it all off with a "Tiny Tots" parade. This will include children under the age of 5. Get their push toys, wheels, tricycles, scooters and bikes decorated in red, white, and blue with flags, banners and streamers, be creative and enjoy this family project. Meet us at the clubhouse in front of the subdivision at 8:00 AM. We will start the parade around the parking lot at 8:30 a.m., ending at 8:45 a.m. Goodies and prizes for the "Tiny Tots" will be awarded immediately after their parade.



9:00 AM

Parade procession for all others will circle around the subdivision - the exact route and starting point to be posted soon. Anyone can enter, wear a costume, wear your colors, show off your vintage or convertible car, golf cart, motorcycle or even skateboard. You may walk or drive your vehicle of choice. Play an instrument? Come blow your own trumpet! Children are also welcome to enter the parade.

10:30 AM

Award ceremony for best entries in various categories.

11:00 AM

Hotdogs and refreshments served. Bring your chairs, sit, relax, and show your community spirit by cheering on the parade. We are in the process of obtaining flags and decorations so you can wave away and show your appreciation and community spirit.

The Legends Ranch Social Committee members are still working on creating more activities and sponsors so please watch this space! If you or someone you know would like to help this event or participate please let me know.

You can contact us and find more information on the "Residents of Legends Ranch" Facebook page or by emailing shara.cote@hotmail.com.

LEGENDS RANCH

IMPORTANT NUMBERS

Property Tax

Montgomery County Tax	936-539-7897
Conroe ISD	936-709-7751
Montgomery MUD #89	713-932-9011

Your Community Homeowners Association

RealManage	866-473-2573
Legends Ranch Info Center	281-681-9750
Legends Ranch SplashPad	281-419-2130
Gate Attendant Office.....	281-296-0433

Police & Fire

Emergency	911
Montgomery Sheriff	936-760-5800
Pct. 3 Constable Office	281-364-4211
S. Montgomery Co. Fire Dept. Non-Emergency.....	281-363-3473
Montgomery County EMS Non-Emergency	936-441-6243
Crime Stoppers	713-222-TIPS
Poison Control.....	800-222-1222
Texas DPS	713-681-1761

Utilities

Electricity (TXU).....	800-368-1398
Electricity (TXU New Service)	281-441-3928
Electricity (Centerpoint)	713-207-2222
Gas (Centerpoint).....	713-659-2111
Water/Municipal Oper. & Consulting	281-367-5511
Canyon Gate Connect	281-296-9584
Best Trash	281-313-2378
Street Light Outages.....	713-207-2222
Cable/Internet/Phone...COMCAST	713-341-1000

Public Services

Local US Post Office.....	281-419-7948
Toll Road EZ Tag.....	281-875-3279
Voters Registration.....	936-539-7843
Vehicle Registration	281-292-3325
Drivers License Information	936-442-2810
Montgomery County Animal Control	936-442-7738
Montgomery Chamber	281-367-5777

Area Hospitals

Memorial Hermann	281-364-2300
St. Luke's	832-266-2000
Conroe Medical Center	281-364-7900

Conroe ISD

Birnam Woods Elementary	281-863-4200
Cox Intermediate	281-465-3200
York Junior High	832-592-8600
Oak Ridge High	832-592-5300

Private/Parochial

First Baptist Church	936-756-6622
Sacred Heart Catholic Church	936-756-3848
St. Edward Catholic.....	281-353-4570
St. James Episcopal Day	936-756-4984

BOARD & MANAGEMENT CO.

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..... service@realmanage.com

Board Members:

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Eric Garrington..... ericlrhoa@gmail.com
Carol Ayre..... carol.ayre40@yahoo.com
Eric Green..... lrspringtx@gmail.com
Greg Fleischman gregfleischman@gmail.com

NEWSLETTER INFORMATION

Editor

Carol Ayre..... carol.ayre40@yahoo.com

Publisher

Peel, Inc. www.PEELinc.com, 888-687-6444
Advertising.....advertising@PEELinc.com, 888-687-6444

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2013 LEGENDS RANCH POOL SCHEDULES

CLUBHOUSE POOL SUMMER HOURS

May 4 - June 2 (Weekends Only)
Saturday & Sunday: 12pm - 8pm
Memorial Day-May 27: 12pm - 8pm

June 7 - August 25
Monday: Closed
Tuesday - Sunday: 12pm - 8pm

August 31 - September 29 (Weekends Only)
Saturday & Sunday: 12pm - 8pm
Labor Day - September 2: 12pm - 8pm

SPLASHPAD POOL SUMMER HOURS

May 4 - June 2 (Weekends Only)
Saturday & Sunday: 10am - 8pm
Memorial Day-May 27: 10am - 8pm

June 7 - August 25
Tuesday: Closed
Wednesday - Monday: 10am - 8pm

August 31-September 29 (Weekends Only)
Saturday & Sunday: 10am - 8pm



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THE LIVING LEGENDS

April was a good month for us. The neighborhood had their annual Spring Yard Sale. And for those who missed it, stay tuned for the Fall sale. There has been a new committee formed to plan events in the neighborhood for adults and children. And there is more to come. The Seniors will be volunteering to help out if needed, so join us in volunteering within our neighborhood to make this neighborhood fun and its residents connected. Staying connected does so many things: keeps us up to date when families excel, when we need help if illness hits, and helps keep burglars away. If we know our neighbors, we know when someone doesn't belong wandering around our streets.

During April the Legends went to a play at the Owen Theater in Conroe, the "Fantastics". We have enjoyed so many plays there. Their actors are great, and the musicals are absolutely wonderful and uplifting. The prices are great also. If you enjoy this type of entertainment, check out the Owen Theater website. It will give the prices of tickets (\$20 each & less for children), plays scheduled, etc.

We went to the Crescent Moon on a Thursday evening. Rodney Anderson, one of our Legends Ranch neighbors, has enlarged the restaurant, added a great dance floor, and has live music. The food is good, and the place is comfortable and fun. We made use of their private dining room and truly enjoyed ourselves. Dress is casual.

Upcoming are more game nights, usually the first weekend of each month, another trip to Conroe to see the play "Grease", and whatever else we can think up! This is graduation time, vacation time, and for some of us, new baby time, but we keep on making plans with this wonderful group. Please join us if you are 50+. Upper age is unlimited!

- Jerrie Sanders

Recipe of the Month

Healthy Fruit Spring Rolls

INGREDIENTS

ROLLS:

- 1 1/2 cups cooked Pad Thai noodles, cooled and drained**
- 1/4 cup honey
- 1/4 packed cup fresh mint leaves, finely chopped
- 6 (8-inch) rice paper rounds**
- 6 medium strawberries, stemmed
- 1 mango, halved, peeled, seeded and cut into 1/4-inch thick slices
- 6 tablespoons sliced almonds, toasted* see Cook's Note

DIPPING SAUCE:

- 1/4 cup packed fresh mint leaves, finely chopped
- 1/4 cup honey
- 1/4 cup fresh lime juice (about 2 to 3 large limes)

DIRECTIONS

FOR THE ROLLS: Put the noodles in a medium bowl and add the honey and the mint. Using 2 forks, toss the ingredients together until the noodles are coated. Lay a damp kitchen or paper towel on a work surface. Soak a rice paper round in warm water for 20 to 30 seconds until softened. Put the rice paper on the damp towel. Add 1/4 cup of the noodle mixture in the center of the rice paper and form into a 3 by 2-inch rectangle. Using a paring knife, slice a strawberry lengthwise into 1/4-inch slices. Arrange the slices over the noodle mixture. Sprinkle 1 tablespoon almonds on top. Arrange 2 to 3 mango slices on top of the almonds. Roll the rice paper around the filling and seal the ends with a little water. Repeat with the remaining ingredients. Wrap the finished spring rolls in damp paper towels and store in the refrigerator.

FOR THE DIPPING SAUCE: In a small bowl, combine the mint, honey and lime juice. Pour into a serving bowl. Arrange the spring rolls on a platter and serve with the dipping sauce.

***COOK'S NOTE:** To toast the almonds, arrange in a single layer on a baking sheet. Bake in a preheated 350 degree F oven until lightly toasted, about 6 to 8 MINUTES. COOL COMPLETELY before using.

****Can be found at specialty Asian markets**



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CONTROL YOUR DOG'S BARKING

From Cesar's Way, by Cesar Millan

Remember, barking is natural! It's an important means of communication for dogs. But sometimes problems can develop. As the pack leader, it's your job to step in and control excessive barking. Here are my 5 tips to help you stop nuisance barking for good.

1. CORRECT DOG PROBLEM BEHAVIOR AND FOLLOW THROUGH. Tell your dog to stop barking using a look, a sound, or a physical correction. But don't stop there. Your dog may pause and then go right back to what he was doing. His body relaxed, but his brain was still on alert. Be patient. Wait until your dog completely submits before you go back to what you were doing.

2. STAY CALM WHEN TRYING TO STOP DOG BARKING. Constant barking can be irritating, but you won't be able to correct the dog behavior problem if you are frustrated. Animals don't follow unbalanced leaders. In fact, your dog will mirror your energy. If you're frustrated, he will be, too! And barking is a great release for that frustrated energy. Take a moment to curb your own internal barking first.

3. STAKE YOUR CLAIM TO STOP THE BARKING. Is your dog barking over and over again at the same object, person,

situation, or place? Then you need to step up and claim that stimulus as your own. Use your body, your mind, and your calm-assertive energy to create an invisible wall that your dog is not allowed to cross. Do it with 100% dedication and focus, and the results may surprise you.

4. STOP THE BARKING BY CHALLENGING YOUR DOG MENTALLY AND PHYSICALLY. Excessive barking is often the result of pent-up energy. If this is the case, the solution is simple: release that energy in more productive ways. Does your dog receive a daily walk? Can you make the walk more challenging with a bicycle, a backpack, or by walking on an incline? Can you provide more mental challenges, such as herding, agility training, or simple obedience games? There are many, many ways to increase the challenges in your dog's life. Find one that you enjoy that your dog can participate in safely.

5. GET PROFESSIONAL HELP TO STOP DOG BARKING. When you brought this dog into your life, you made a commitment to provide the care he needs. Prevent dog barking, and other dog behavior problems by calling in a canine professional to help him cope with a behavior issue.

Rayford Road Civic Association

Meeting on the 2nd Wednesday of Each Month at 6:30pm
Imperial Oaks Clubhouse, at 1910 Havenhouse Drive, Spring, Texas 77386

5 reasons why you should join...

1. Boost Your Community Pride

By bringing together 25 communities east of I-45, RRCA represents over 40,000 local residents. The time has come for us to join together and focus our community resources in achieving success.

2. Strengthen your Community by Supporting Local Leaders

The Rayford Road Civic Association is a means of supporting current leaders, identifying potential leaders, expressing community concerns, problem solving, and providing community direction to help our community prosper.

3. Raise Our Overall Community Presence

By joining forces, we can work together to express concerns with our officials at the County, State, and Federal levels.

4. Be Involved with Effective Community Planning

Rayford Road Civic Association is committed to the continued overall development of effective community planning by working with all those involved to improve the quality of life for our residents. We will strive to protect the value and beauty of our homes and neighborhoods. We will work with government officials and public servants to protect and serve our residents.

5. Be Connected to Your Community

Rayford Road Civic Association connects you with those that have answers to your questions and resources to get the issues addressed.

Join us on Facebook at [Rayford Road Civic Association](#) or email us at JoinRRCA2@gmail.com



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Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Legends Ranch residents, limit 30 words, please e-mail legendsranch@peelinc.com

GARDENING TIPS

Summer heat is upon us, and now is the time to finish up the gardening chores that we did not complete during May. If you did not apply fertilization to your lawn at the end of May, early June is the time to get this job done. I recommend the Nitro-Phos 19-4-10 as this will feed your grass but not stimulate a tremendous flush of green growth that some of the higher nitrogen containing fertilizers will.

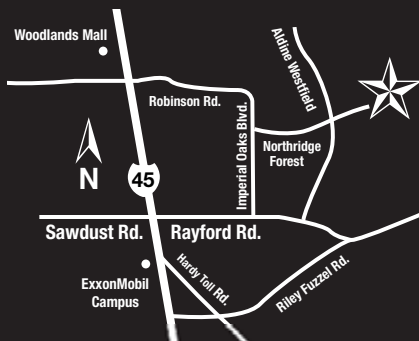
Continue to watch for the signs of brown patch fungus on the lawn and if noticed apply a fungicide. There are several good ones on the market in both liquid and granular forms. If applying a granular product, remember that the curative rate is double the amount that preventative rate is. A bag of fungicide that lists coverage of say 4,000 square feet, at curative rate it will only cover 2,000 square feet. Grub damage will start to show up this month, so go ahead and treat your lawn for grubs. There are several good controls on the market such as "Season Long Grub Control", "Once and Done", and "Ortho Max". The "Season Long Grub Control" is a systemic so do not use this around your vegetables. Now is the time to trim back your mums and start to shape them. Cut off all flowers and flower buds and shape the plant into a rounded mound. Continue to shape and pinch out buds until mid-July, then stop trimming. This will allow the plant to set flower buds for the fall blooming.

If you have any questions please stop by Lone Star Ace or contact me at troy@lonestarace.com.



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A u s t i n

Quotes

"When at last I took the time to look into the heart of a flower, it opened up a whole new world; a world where every country walk would be an adventure, where every garden would become an enchanted one."

-P rincess Grace of Monaco

"All through the long winter, I dreamed of my garden. On the first day of Spring, I dig my fingers deep into the soft earth. I can feel its energy, and my spirits soar."

- Helen Hayes

Until I was thirteen, I thought my name was 'shut up.'

- Joe Namath

What lies behind us, and what lies before us are tiny matters compared to what lies within us.

- Ralph Waldo Emerson

HOW TO HELP YOUR CHILD SUCCEED... **READ!!!!**

How can I help my child with nightly reading? Before reading have your child...

- Look at the cover of the book or discuss prior chapters
- Discuss what you think you know about the topic
- Predict what the story or chapter might be about

During reading the parent should...

- Actively listen
- Encourage your child to finish a page and problem solve, before you intervene
- Give your child "wait time"
- Ask, "Does that make sense?"
- Ask, "Do you say it that way?"
- Ask your child questions about the story: "What did we learn on this page?" "Has the character changed? If so, how?" "Were there any words you didn't understand?" "Where and when is this story taking place?" "What do you think will happen next?"
- Always praise your child's efforts!!

After reading the parent should...

- Ask questions about the story:
- "What was the story mainly about?" "What happened in the beginning, middle, and end of the story?" "What was the best part of this story?"

Should I read aloud to my child? ABSOLUTELY!!

Tips for reading aloud to your child:

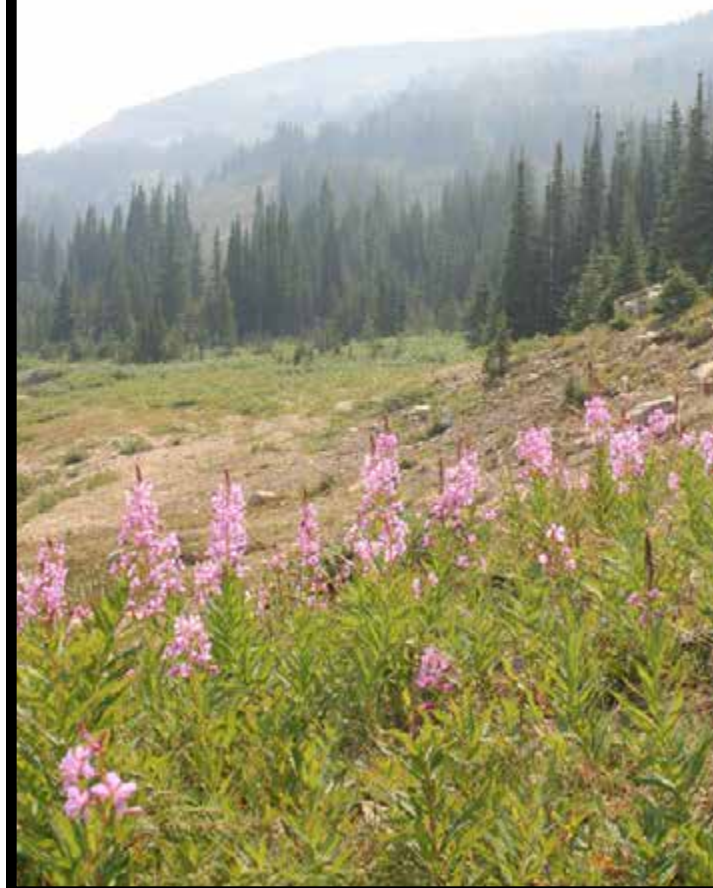
- Begin reading aloud to your child as soon as possible
- Choose books your child likes
- Set aside a special time and place for reading
- Talk about the story as you read
- Read slowly enough for your child to build mental pictures
- Use different voices for different characters
- Keep books handy
- Increase the length of books as your child's attention span and interests grow
- Talk about books and reading with your child
- Read aloud to your child even if your child can read independently
- Above all...have fun and enjoy this time with your child!!

How can I help my child with math?

- Practice math facts with your child every night
- Let your child help measure ingredients for recipes
- Create a chart for daily chores together
- Estimate how much money is needed for groceries
- Compare and contrast food ingredient labels
- Have daily discussions with your child about how math effects your life each day

How do we make this work at our house?

- Set a special place at home for working together
- Have a set time each day for home learning with each child
- Stress the importance of school and learning daily
- Take every opportunity to teach your child something new
- Above all, when working with your child at home...make learning fun and praise, praise, praise!!!



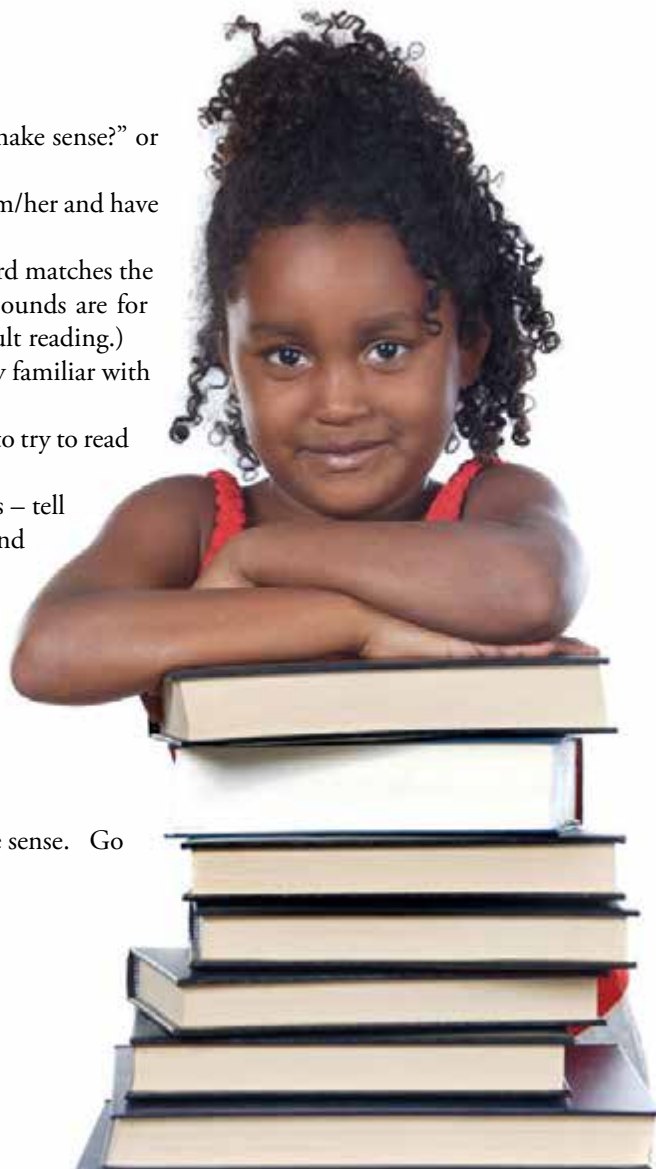
READING STRATEGIES TO USE AT HOME

- Talk about the book if it is a new one.
- Have the child point to the word as it is said.
- Let the child figure out the word if he/she does not know it.
- Ask him/her what will make sense in the sentence – “Does that make sense?” or “Does it sound right?”
- If what he/she reads does not make sense, ask if it made sense to him/her and have him/her read it again.
- If a word is read incorrectly, ask if the beginning sound of that word matches the beginning sound of the printed word. (Beginning and ending sounds are for beginning reading – middle sounds are added later to more difficult reading.)
- Have the child read a book several times until he/she becomes very familiar with the words.
- Once he/she becomes familiar with the words, encourage him/her to try to read like he/she was talking.
- If a word is missed on a page, instead of telling the child what it is – tell him/her something is wrong on that page and see if he/she can find what is wrong.
- Have the child retell the story to you after he/she has read it several times.

WAYS TO FIGURE OUT A WORD

- The first letter in a word is the first clue. What sound does the first letter make?
- Look at the picture.
- Skip it. Read to the end of the sentence. Think what would make sense. Go back and read it again.
- Think about what you would say.
- Listen to what you read. Remember – it has to make sense!
- As a last resort, try to sound it out.

*Curriculum & Instruction Department
Department of Elementary Language Arts
May 2013*



Make an impact.

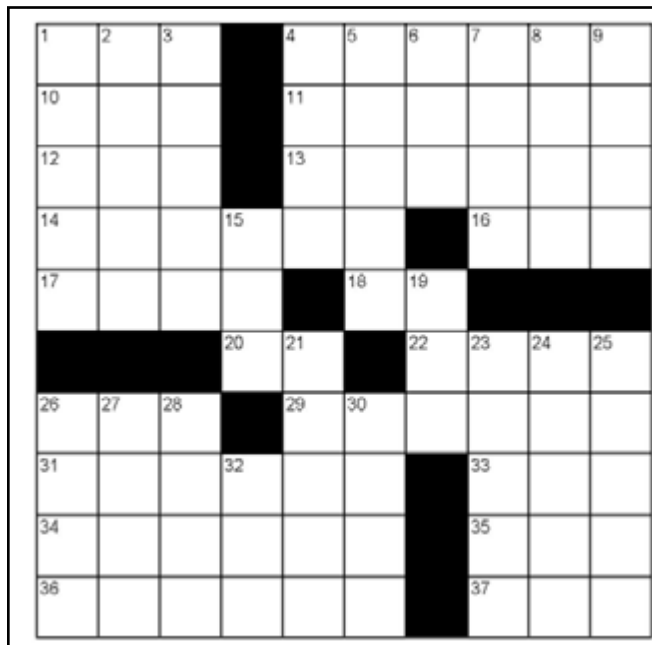
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LEGENDS RANCH

CROSSWORD PUZZLE



ACROSS

1. Unrefined metal
4. Young pigeons
10. Gender
11. Australian
12. Alternative (abbr.)
13. Climbing
14. China stone
16. Hoopla
17. Shaft
18. Teacher's assistant, for short
20. Doctor
22. Believe
26. Terminal abbr.
29. Skin problem
31. Infamous Nazi concentration camp
33. Tear
34. Wring
35. Sick
36. Work fussily
37. Hurricane center

DOWN

1. City
2. Mellow
3. Worship
4. Japanese dress
5. Fivesome
6. Ship initials
7. Continent
8. Tie
9. Sego lily's bulb
15. Limb
19. Wood tool
21. Sea jewel
23. Spooky
24. Author Dickinson
25. Tree
26. Eve's garden
27. Cab
28. Acting (abbr.)
30. Nice looking
32. Pig

View answers online at www.peelinc.com

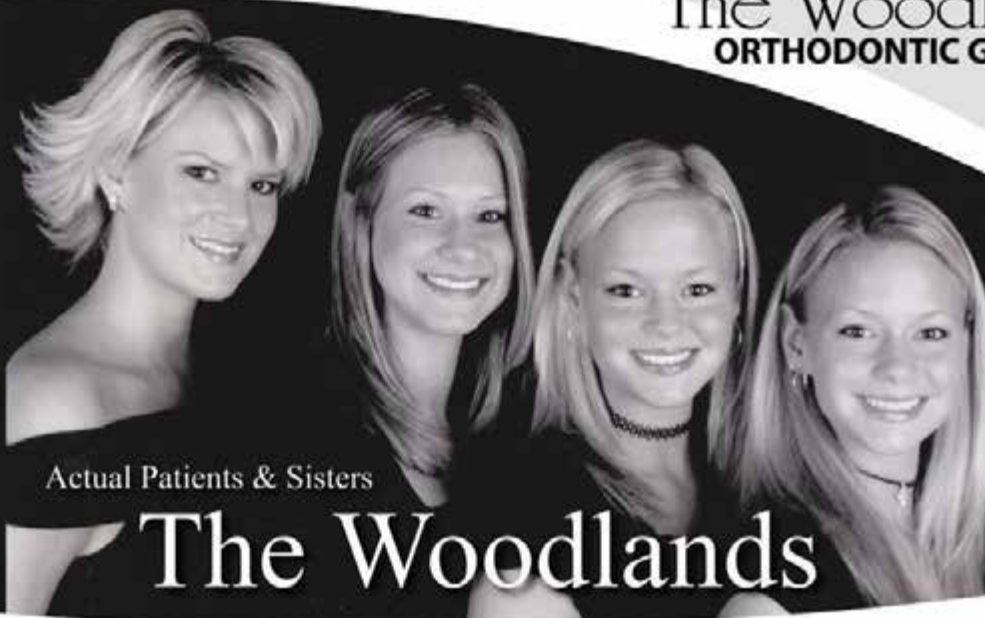
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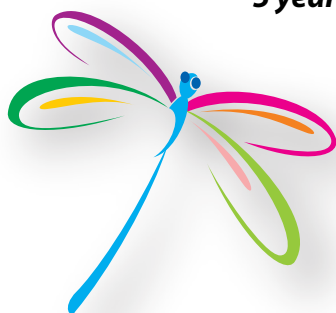
The Woodlands

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**5 years ago this month, Colin Holst tragically and silently drowned at the age of 4.
10 Texas children have already drowned this year.**

Be a Water Guardian and help prevent children from drowning.

Ongoing: Volunteers needed to stuff and distribute water safety packets info@colinshope.org

Ongoing: Colin's Hope Athlete Ambassadors needed! <http://www.tinych.org/signup>

Now-June 18: Discount Schlitterbahn Tickets for sale. <http://www.tinych.org/tickets>

June 18: World's Largest Swim Lesson at Schlitterbahn Waterpark New Braunfels

July 1: Colin's Hope Got2Swim Lake Austin 4 Miler (solo or relay) <http://www.tinych.org/got2swim4>

July 21: Colin's Hope Kids Got2Swim Pure Austin Quarry Lake <http://www.tinych.org/got2swimkids>

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A Focus on Sunburn

Protect Your Skin From Our Powerful Sun

By: Concentra Urgent Care

Sunburn is caused from over-exposure to the harmful ultraviolet rays of the sun. While the symptoms (such as red skin that is painful to the touch) are usually temporary, the skin damage is often permanent and can cause serious long-term health effects, including skin cancer, pigmentation and premature aging. In addition to the skin, eyes can get burned from sun exposure; sunburned eyes turn red, dry, and painful, and can feel gritty.

Sunburn results when the amount of exposure to the sun or other ultraviolet light source exceeds the ability of the body's protective pigment, melanin, to protect the skin. Sunburn in a very light-skinned person may occur in less than 15 minutes of midday sun exposure, while a dark skinned person may tolerate the same exposure for hours.

Sunlight contains an invisible form of radiation called ultraviolet (UV) rays. UV A and possibly UV B can harm skin, connective tissue and increase risk for developing skin cancer. Certain drugs such as some blood pressure medication, antibiotics and nonsteroidal anti-inflammatory drugs increase sensitivity to sunlight and the risk of getting sunburn.

SYMPTOMS

The first signs of a sunburn may not appear for a few hours. The full effect to your skin may not appear for 24 hours or longer. Possible symptoms include:

- Red, tender skin that is warm to touch. (1st degree burn)
- Blisters that develop hours to days later. (2nd degree burn)
- Severe reactions (sometimes called "sun poisoning"), including fever, chills, nausea, or rash.
- Skin peeling on sunburned areas several days after the sunburn.

FIRST AID

- Try taking a cool bath or shower. Or place wet, cold wash cloths on the burn for 10 to 15 minutes, several times a day. You can mix baking soda in the water to help relieve the pain. Small children may become easily chilled, so keep the water tepid.
- Apply a soothing lotion to the skin.
- Aloe gel is a common household remedy for sunburns. Aloe contains active compounds that help stop pain and inflammation of the skin.
- Over-the-counter steroid cream can also be applied several times a day.
- Over-the-counter pain medication, such as nonsteroidal anti-inflammatory drugs, or NSAIDs, including aspirin, may be helpful, and are excellent for reducing burn inflammation whereas Tylenol only reduces pain, not the burn itself.

For more information, check out: www.cdc.gov/niosh/topics/uvradiation

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