

VOLUME 20, NUMBER 7

JULY 2013

FAIRFIELD

Community Gazette

OFFICIAL FAIRFIELD COMMUNITY ASSOCIATION NEWSLETTER



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COMMITTEE NUMBERS

Fairfield Area Swim Team: Shalle Hovorka.....	shovorka98@yahoo.com
Fairfield Women's Club: Charlotte Byrne	fairfieldwomensclub@gmail.com
Security Coordinator: Mark Montgomery.....	mark@markmontgomerylawfirm.com

FAIRFIELD VILLAGE COMMUNITY ASSOCIATION

Resident Board Members: *Please remember that the resident Board Members are volunteers with families. As a courtesy please communicate with them during reasonable hours.*

Ed Hofer (Fairfield Central, FF Village Community Assoc.).....	bradford.neighbor@hotmail.com
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Alison McGahan (Inwood Park)	afflora@comcast.net
Eddie Meier (Fairfield South).....	emeier@gmail.com



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Craig Jackson (Inwood Park)	craig.r.jackson@gmail.com
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Mark Newman (Inwood Park)	marcnewman1957@comcast.net
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Brian Roberts (Trails of Fairfield)	brian.roberts53@att.net

Friendswood Development:

Tim Fitzpatrick (Lakes, Trails, FF South, Fairfield Village Community Assoc.)	281-875-1552
Tommy Weaver (Lakes, Trails, FF South, Fairfield Village Community Assoc.)	281-875-1552
Nan Peavey (FF South, Fairfield Village Community Assoc.)	281-875-1552

NEWSLETTER PUBLISHER

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GOVERNMENT/STATE NUMBERS

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Voter Registration	713-224-1919

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ARTICLE INFO

The Fairfield Community Gazette is mailed monthly to all Fairfield residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to fairfieldgazette@peelinc.com. The deadline is the 9th of the month prior to the issue.



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FAIRFIELD LOST PETS

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Fairfield Pets Lost and Found Yahoo group (an email group). In order to send and receive emails from the group, please join/subscribe.

To Subscribe: fairfieldpets-subscribe@yahoogroups.com.

COVER PHOTO

Do you take great photos?

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Fairfield Gazette. Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to fairfield@peelinc.com. Portrait (vertical) photos work best. Photo's taken with digital cameras work best. Photos taken with iPhones may not be high enough quality.

This month's photo was taken by Chrisie Hoelscher at the student's garden at Ault Elementary School.

To view other photos submitted please visit www.PEELinc.com/Fairfield, and view any of the past newsletters.

By submitting your photo you agree to allow your photo to be published in future issues of the Fairfield Gazette or other Peel, Inc. publications.

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Blood Drive in Honor of Wyatt Foster

Fairfield it's time to rally around a neighbor. We want you to meet Wyatt Foster, an energetic, fun loving angel, who adores everything about super heroes! He plays soccer, t-ball, and attends preschool at little lambs. Just like any other kiddo, he is excited to start kindergarden at Swenke in the fall.

Unfortunately, he was diagnosed with Acute Lymphoblastic Leukemia (ALL) in 2011. He has been hospitalized five times and had to receive three blood transfusions. His battle is till in full swing for the next year. There are so many children going through what Wyatt is going through.

Help us celebrate his courage and raise awareness for ALL. Spread the Word is holding a blood drive at Good Shepherd United Methodist Church.

Come out and honor Wyatt, support a community, and save a life.

To schedule a time contact andiewyrick@gmail.com. Walkups are welcome.

Check out the event on the Gazette Facebook page at www.Facebook.com/FairfieldGazette.



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Fairfield's Fifty Plus Fun-Loving Group

The Fairfield Seniors



The Seniors of Fairfield are an active, fifty plus, fun-loving group of couples and singles who enjoy fellowship, monthly trips, and various activities together. If you or your spouse is fifty or older, a newcomer to Fairfield Village or have lived here in Fairfield for some time but have never attended one of our functions, you are cordially invited. Come and be a part of our fun-loving group. We're sure you will enjoy it.

OUR HISTORY: Over these past ten plus years we've taken over a hundred trips. The Fairfield Gazette's web-site has back issues available from September, 2004. In order to go back to our beginning, we must thank Kelly Peel of Peel Inc. for locating all our articles from their archives and sending them to us. We now have every article submitted, which enabled us to put together Our History, and a complete listing of all our trips. Just go to Our History in our weekly email to read about our beginning and all the trips we've taken. You can get the complete listing at <http://home.comcast.net/~seniorgroup/History.htm>

OUR JULY BUS TRIP PLANS ARE FOR: Saturday, July 20th, a trip to the Liberty Opry. This trip will take us to Liberty Opry on the Square to hear some good Ol' Rock and Roll music at the Opry's 50's & 60's show. The cost of this trip is only \$14.00, plus the cost of your dinner, which we will enjoy prior to the 7:00 p.m. show, at Ann's Seafood Restaurant in Liberty, Texas. Note: This trip is limited to 25 people. Checks are to be made out to: Fairfield 50 Plus. Checks can be given to Jackie Wurth or Mary Lou Cook, and can also be mailed Jackie Wurth at 21119 North Yellow Bud Court, Cypress, Texas 77433. We will depart from the Fairfield Village Parking Lot promptly at 3:30 p.m. Please be there by 3:15 p.m.

OUR AUGUST BUS TRIP PLANS ARE FOR: Friday, August 23rd a trip back to the ball park. This trip will be hosted by Ed and Darlene Hofer, our eighth annual Houston Astros ball game trip and is already completely booked. Those that were able to get on the list, just a reminder the money is due no later than July 15.

OUR SEPTEMBER TRIP SCHEDULE IS FOR:

Saturday, September 21. **Special Notice:** Deb DeJarnette has agreed to take over the trip coordinator position starting in October. She will need several trip hosts. Deb DeJarnette and Jackie Wurth have a list of trips that will make excellent trip outings for our group. Contact Deb DeJarnette @ 832-220-6155 or email her at: debslib@hotmail.com if you are willing to host a future trip. **Note:** If we do not get people to host a few of these trips. There just may be months that we may have a bus available; but no host and therefore no trip that month.

OUR JULY ACTIVITIES PLANS: Thursday, July 11:

The Monthly Planning Committee meeting is at 1:00 p.m. at the Lakeside Trails Club House. Everyone is invited to attend these meetings and participate in our upcoming trip plans. We really need to see more participation, especially from those that are taking trips. Then later, around 6:30 p.m. that evening, we have our Monthly Pot Luck. It is also at the Lakeside Trails Club House. However, plan on being there early. Doors open around 6:00 p.m. for socializing and fellowship. Then plan on staying and join many of our members that stay to play games or socializing after the meal and to finish up the desserts. **Tuesday, July 16:** Game Night at the Cooks' House. It starts around 6:30 p.m. Just bring a little snack and a healthy appetite. This is always a fun evening with great fellowship. The directions are in the Activity page on our website and will also be in our July, 14 weekly newsletter.

Thursday, July 25: Game Night at Lakeside Trails Club House. It starts around 6:30 p.m., and we have plenty of room at the club house. We would like to see you there to enjoy an evening of games and fellowship with us. Just bring a little snack and plan on having lots of fun. There are some card games, some games that the members bring and of course dominoes.

For additional information on activities other than trips: Call Mary Lou Cook @ 281-304-8359. We recommend that you check our website regularly. Things do change occasionally from the time this article was submitted, and it is possible that some of the information in this article has changed.

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OUR FUN-LOVERS WEEKLY NEWSLETTER:

An event reminder. It is emailed each week to our members and others who have requested it. It provides updated information on any changes from what appears here in the Gazette. We also include member birthdays and prayer requests, other news and items of interest, and links to all our web pages. If you would like to receive our weekly newsletter, send your email address, to seniorgroup@comcast.net.



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Boy Scout's Music Concert Fundraiser Earns Nearly \$1,000 For Cam

By Chris Fults

When Hunter Britsch, a sixteen-year-old sophomore at Cy-Ranch High School, began planning his Boy Scout Eagle Project fundraiser, he wisely decided to tap into his own musical talent as a singer-songwriter. The result was an extraordinary music concert held on May 18 in Britsch's own back yard that was attended by over 100 people. Performed by a unique ensemble of professional and amateur musicians, the concert raised almost \$1,000 for Cypress Assistance Ministries (CAM). Donations of more than 50 pounds of non-perishable food items and toiletries were also collected at the concert and given to CAM.

Britsch is a member of Explorer Post 1475 sponsored by the Fairfield Ward of The Church of Jesus Christ of Latter-day

Saints. Performing at the concert were two professional musicians, Abbey Hickman and Rod Branch, and one former professional musician, Lisa Hickman, who played along with five accomplished musicians from Cy-Ranch High School, one Salyards Middle School vocalist and Britsch. A professional photographer, Lloyd Toby Dawson, volunteered to take pictures at the event. Refreshments for the audience were prepared by eight members of Explorer Post 1475. Michael Lucas emceed the concert.

Britsch said, "The fundraiser was a great deal of work, but I had more than 15 people offer to help. They volunteered to set up the grounds where the musicians played, including chairs and sound equipment. They painted stages, cooked food, sold refreshments, worked the lights, operated the sound equipment, played the music and then put it all away at the end."

The concert, however, was only the beginning. It was followed on Saturday, May 25, by a service project to resuscitate the landscaping



*Hunter Britsch and his sister Karsyn perform at a fundraising concert in his backyard benefiting CAM.
Photo by Lloyd Toby Dawson*

at CAM's pantry. Britsch walked the grounds, took pictures and made plans. He was able to recruit 19 volunteers to clean up and beautify the grounds, and the materials were purchased with funds raised by the concert.

"I wanted to make permanent improvements to the grounds, not just weed and cut the lawn," said Britsch. "We did weed, trim bushes and edge walkways, but we also cleared planter beds, installed drainage systems with river rock, laid down weed-resistant matting beneath the rock and mulch, and then spread mulch evenly throughout the beds. The transformation was quite spectacular."

Kelly Thomas, assistant director at CAM, said, "We are so thankful for the

hard work that Hunter and the scouts put in at our food pantry. The improvements to the landscaping make it as wonderful on the outside as it is on the inside! It is great to see the pride that Hunter put into his work. What a positive example he is setting for his peers."

"I'm very proud of what we accomplished," said Britsch. "I had no idea when I started out whether I would actually be able to earn enough money to pay for the grounds improvements at CAM. In the end, we earned more than enough and were able with the remaining funds to make a \$400 donation to CAM."

Britsch would like to make the concert an annual event. "The feedback from the concert was very positive," Britsch said, "and I think it could just get bigger and bigger. The scouting program provides great learning experiences, but also great service opportunities. This was essentially one service organization helping another, and the results were fantastic!"

		
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ALL events include our children and we believe there is something for every mom out there! Are you looking for park days, coffee breaks, lunch outings, craft projects, time to sit and chat, cooking club or someone to share dinner with when your husband is traveling or working late? We even find the time to meet once a month for a Mom's Night Out for a great time to unwind. Or are you interested in helping within the community with service projects? We have that & a whole lot more!

Summer is here, and the kids are out of school! Are you looking for some fun things to do with your kids this summer? The MOMS Club has lots and lots of fun summer

time activities planned. Come join other moms and kids in many great outdoor and indoor activities. Are you new to the area or a new mom and need a friend or support; we are here for you! Don't let yourself feel isolated being a stay at home mom. We invite you to attend two public events to decide if this is the right club for you and your children. Our membership fee is \$20 a year. This MOMS Club is a great opportunity for you and your kids to make new friends in your area. There is a lot of fun and support just waiting for you! Come visit us at our next Meet N' Greet and see for yourself! We meet on the second Tuesday of every month at Fairfield Baptist Church.

For membership inquiries, please contact Julie H., Membership VP at julieh07@sbcglobal.net or Erica M., President at 281-755-7610, ericamill@gmail.com, so we can send you our club information and some upcoming public events for you to attend. You can also visit us on the web at www.meetup.com/MOMS-Club-Cypress-NW-Fairfield We look forward to hearing from you!



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Around Fairfield

Cypress Symphony to Host Inaugural Founder's Dinner

The Cypress Symphony cordially invites you to "Encore!" our Inaugural Fundraising dinner. Excitement is building for Cypress Symphony's first season and you can help by attending this event. Your \$100 ticket will help secure our first year and contribute to the cultivation of an arts culture in Northwest Houston. You will also enjoy an elegant dinner at one of Cypress' premier restaurants, Dario's Cuisine. Look forward to a silent auction as well as a musical surprise. We can't wait to spend this special evening with you! Tickets to this event can be purchased at csencore.eventbrite.com.

Tickets to our inaugural concert season can be purchased at cypresssymphony.org. purchased on the website at www.cypresssymphony.org.



Cypress Symphony Features Richard Dowling

The Cypress Symphony is pleased to announce its inaugural concert on Saturday, September 21st, 2013 at The Centrum (located at 6823 Cypresswood) at 7pm, featuring Richard Dowling, world renowned concert pianist.

Works on the program include:

- 1) Samuel Barber's captivating Adagio for Strings;
- 2) Bach's Keyboard Concerto in D Minor (performed by Dowling), and
- 3) an uplifting Tango by American Composer Ray Granlund.

Conducted by Zachary Carretin, called "spellbinding" by the Denver Times, the Cypress Symphony's mission is to provide the finest classical music performances for the Northwest Houston areas including Cypress, Tomball, Spring, and The Woodlands. Tickets for the symphony's first concert and season may be purchased on the website at www.cypresssymphony.org.



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Girl Scouts Celebrate 101 Years!

Girls Scout across the country and around the world are celebrating a new century of leadership in Girl Scouts!

This is the organization's 101st year. Girl Scouts of America was founded in 1912 in Savannah, Georgia by a woman who was determined to empower young women and help teach them values. Juliet Low, started her first Girl Scout troop at her home in Savannah. It is now a museum and home of the national headquarters.

Girl Scouts all over the planet invite you to take action this summer and volunteer, recycle, conserve, explore, teach and make the world a better place!



NORTHWEST HARRIS COUNTY AGGIE MOM'S CLUB

nwhcaggiemoms.org

Are you a New Aggie Mom? Are you an Aggie Mom that wants to join other Aggie Moms in supporting our students? Find out how we can help your student succeed during those college years at one of our informal Summer Mixers. The Northwest Harris County Aggie Mom's Club, as an organization, encourages parents to become familiar with A&M during their student's freshman year. The path to graduation can be a challenging journey; don't go it alone. Northwest Harris County Aggie Moms has been here for 25 years and we're committed to helping your student and YOU enjoy the TAMU experience. Please join us at one of the following locations in your area. Please RSVP to thompson5511@sbeglobal.net or 713-956-0972 so our hostesses will know how many people to expect. We look forward to meeting you!

SUMMER MIXER LOCATIONS

Monday, June 17 - 7-9 pm

Hosted by: Linda Saxby

17210 Prescott Manor, Cypress, TX 77433

Lakes Fairhaven subdivision (just north of Fairfield off of Mason Rd.)

Sunday, June 23 - 2-4 pm

Hosted by: Connie Pritchard

12418 Pedder Way Drive, Tomball, TX 77377

Village Creek Subdivision

Thursday, July 11 - 7-9 pm

Hosted by: LaDonna MacDonald

15903 Harwick Drive, Spring, TX 77379

Champions Forest Subdivision

Tuesday, July 23 - 7-9 pm

Hosted by: Cheryl Williams

8331 Church Light Lane, Houston, TX 77064

Carriage Lane Subdivision

The Northwest Harris County Aggie Mom's Club meets August thru May on the second Tuesday of every month at 7:00 pm at the Houston Distributing Center, 7100 High Life Drive, conveniently located near Willowbrook Mall. We are looking forward to kicking off the 2013-2014 school year at our 'HOWDY PARTY' on August 13th-Please join us! All meetings are open to Aggies, future, present or past. We provide light refreshments and you can shop our Boutique for that one-of-a-kind Aggie treasure. Our hand crafted items celebrate the heart-warming TAMU traditions. You will also enjoy hearing from dynamic speakers throughout the year like, Brigadier General, Joe Ramirez, Commandant of the Corp of Cadets. For more information on monthly speakers or upcoming events visit our website at www.nwhcaggiemoms.org or contact Shannon Eberle, Club President at clubpres2012@gmail.com.



TEXAS A&M
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2013 FAIRFIELD POOL SCHEDULES

Bradford Creek Pool

May 4th through May 26th
(Weekends Only)

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm

Memorial Day, May 27th

Monday 12:00pm-6:00pm

June 1st & June 2nd
(Weekend Only)

Saturday 10:00am-8:00pm
Sunday 1:00pm-6:00pm

June 7th through August 25th

Fourth of July 10:00am – 8:00pm
Mon – Wed. 10:00am – 8:00pm
THURSDAY Closed
Fri & Sat 10:00am – 8:00pm
Sunday 1:00pm – 8:00pm

Labor Day Weekend - (August 31st through September 2nd)

Saturday 12:00pm – 6:00pm
Sunday 1:00pm – 6:00pm
Monday 12:00pm – 6:00pm

Bradford Creek Pool will be closed for the season after Labor Day

Inwood Park Pool

May 4th through May 26th
(Weekends Only)

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm

Memorial Day, May 27th

Monday 12:00pm-6:00pm

June 1st & June 2nd
(Weekend Only)

Saturday 11:00am-6:00pm
Sunday 1:00pm-6:00pm

June 7th through June 30th

Monday 11:00am – 8:00pm
Tuesday CLOSED
Wed - Fri 11:00am – 8:00pm
Saturday 11:00am – 6:00pm
Sunday 1:00pm – 6:00pm

July 1st through July 7th

Monday 12:00pm – 8:00pm
Tuesday CLOSED
Thur & Fri 12:00pm – 8:00pm
Saturday 12:00pm – 6:00pm
Sunday 1:00pm – 6:00pm

July 8th through August 25th

Monday 12:00pm – 8:00pm
Tuesday CLOSED
Wednesday CLOSED
Thur & Fri 12:00pm – 8:00pm
Saturday 12:00pm – 6:00pm
Sunday 1:00pm – 6:00pm

Inwood Park Pool will be closed for the season on August 26th

Lakeside Trails Pool

SAYOR (Swim at Your Own Risk)
No Lifeguard on Duty

April 20th through October 13th

Mon – Wed 8:00am – 8:00pm
Thursday CLOSED
Friday – Sunday ... 8:00am – 8:00pm

Memorial Day, July 4th & Labor Day

Open 8:00am – 8:00pm
Lakeside Trails Pool will be closed for the season on October 14th

Central Park Pool

May 4th through May 26th
(Weekends Only)

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm

Memorial Day, May 27th

Monday 12:00pm-6:00pm

June 1st & June 2nd
(Weekend Only)

Saturday 11:00am-6:00pm
Sunday 1:00pm-6:00pm

June 7th through July 7th

MONDAY CLOSED
Tues – Fri. 11:00am – 8:00pm
Saturday 11:00am – 6:00pm

Sunday 1:00pm – 6:00pm

July 8th through August 25th

MONDAY CLOSED
Tues – Fri 12:00pm – 8:00pm
Saturday 12:00pm – 6:00pm
Sunday 1:00pm – 6:00pm

Central park Pool will be closed for the season on August 26th.

Sunday, May 5th, Central Park Pool and Splash Pad will be closed due to a Swim Meet and the splash pad only will reopen upon completion of the swim meet. Saturday, May 25th, Central Park Pool and Splash Pad will be closed until 2:00pm due to a Swim Meet and will reopen upon completion of the swim meet. Saturday, June 8th & Saturday, June 15th Central Park Pool and Splash Pad will be closed until 2:00pm due to a Swim Meet and will reopen upon completion of the swim meet

Fairfield Athletic Club Pool

May 4th through May 26th
(Weekends Only)

Saturday 12:00pm-6:00pm
Sunday 1:00pm-6:00pm

Memorial Day, May 27th

Monday 12:00pm-6:00pm

June 1st & June 2nd
(Weekend Only)

Saturday 11:00am-6:00pm
Sunday 1:00pm-6:00pm

June 7th through August 25th

MONDAY CLOSED
Tues – Fri 12:00pm – 9:00pm
Saturday 11:00am – 6:00pm
Sunday 1:00pm – 6:00pm

August 31st through September 29th

Saturday 12:00pm – 6:00pm
Sunday 1:00pm – 6:00pm

Labor Day, Sept 2nd

12:00pm – 6:00pm
FAC Pool will be closed for the season on September 30th

(Continued on Page 19)



Fairfield Pool Schedules-
(Continued from Page 18)

Garden Grove Pool

SAYOR (Swim at Your Own Risk)
No Lifeguard on Duty

April 20th through May 20th

Mon – Thur 8:00am – 8:00pm
Friday..... CLOSED
Sat & Sun..... 8:00am – 8:00pm

Memorial Day, July 4th & Labor Day

Open..... 8:00am – 8:00pm

May 21st through May 31st

Garden Grove Pool will close at 5:00pm
Tuesday through Friday for swim lessons

Monday 8:00am – 8:00pm
Tues – Thur 8:00am – 5:00pm
Friday..... CLOSED
Sat & Sun..... 8:00am – 8:00pm

June 1st through June 9th

Mon – Thur 8:00am – 8:00pm
Friday..... CLOSED
Sat & Sun..... 8:00am – 8:00pm

June 10th through June 23rd

Garden Grove Pool will close at 5:00pm
Monday through Thursday for swim lessons

Mon – Thur 8:00am – 5:00pm
Friday..... CLOSED
Sat & Sun..... 8:00am – 8:00pm

June 24th through July 3rd

Garden Grove Pool will close at 5:00pm
Monday through Friday from June 24th to June 28th and Monday through Wednesday July 1st through July 3rd for swim lessons

Mon – Thur 8:00am – 5:00pm
Friday..... CLOSED
Sat & Sun..... 8:00am – 8:00pm

July 4th

Open..... 8:00am – 8:00pm

July 5th through July 18th

Garden Grove Pool will close at 5:00pm
Monday through Thursday for swim lessons

Mon – Thur 8:00am – 5:00pm
Friday..... CLOSED
Sat & Sun..... 8:00am – 8:00pm

July 19th through October 13th

Mon – Thur 8:00am – 8:00pm
Friday..... CLOSED

Sat & Sun..... 8:00am – 8:00pm
Garden Grove Pool will be closed for the season on October 14th

Central Park Splash Pad and North Park Splash Pads

April 1st through October 31st

Open 7 days a week 9:00am-9:00pm

Central Park Splash Pad

Sunday, May 5th, Central Park Pool and Splash Pad will be closed due to a Swim Meet and the splash pad only will reopen upon completion of the swim meet. Saturday, May 25th, Central Park Pool and Splash Pad will be closed until 2:00pm due to a Swim Meet and will reopen upon completion of the swim meet. Saturday, June 8th & Saturday, June 15th Central Park Pool and Splash Pad will be closed until 2:00pm due to a Swim Meet and will reopen upon completion of the swim meet

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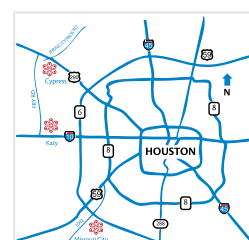
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Around Fairfield

YOUR COMMUNITY, YOUR VOICE

Do you have an article or story that you would like to run in this newsletter? Send it to us and we will publish it in the next issue.

Email your document to fairfield@peelinc.com.



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HOUSTON F-BODY CLUB

The Houston-F-Body.org car club has moved its meeting time to 5 - 8 pm. We decided on the time change to beat the heat and also to try and capture attendance from people who have expressed interest but were unable to make it to our previous meets. So far, feedback has been very positive. Come join us at our next meet on Saturday, July 20 at 5 pm at Texadelphia on 6025 Westheimer Road.



www.houston-f-body.org



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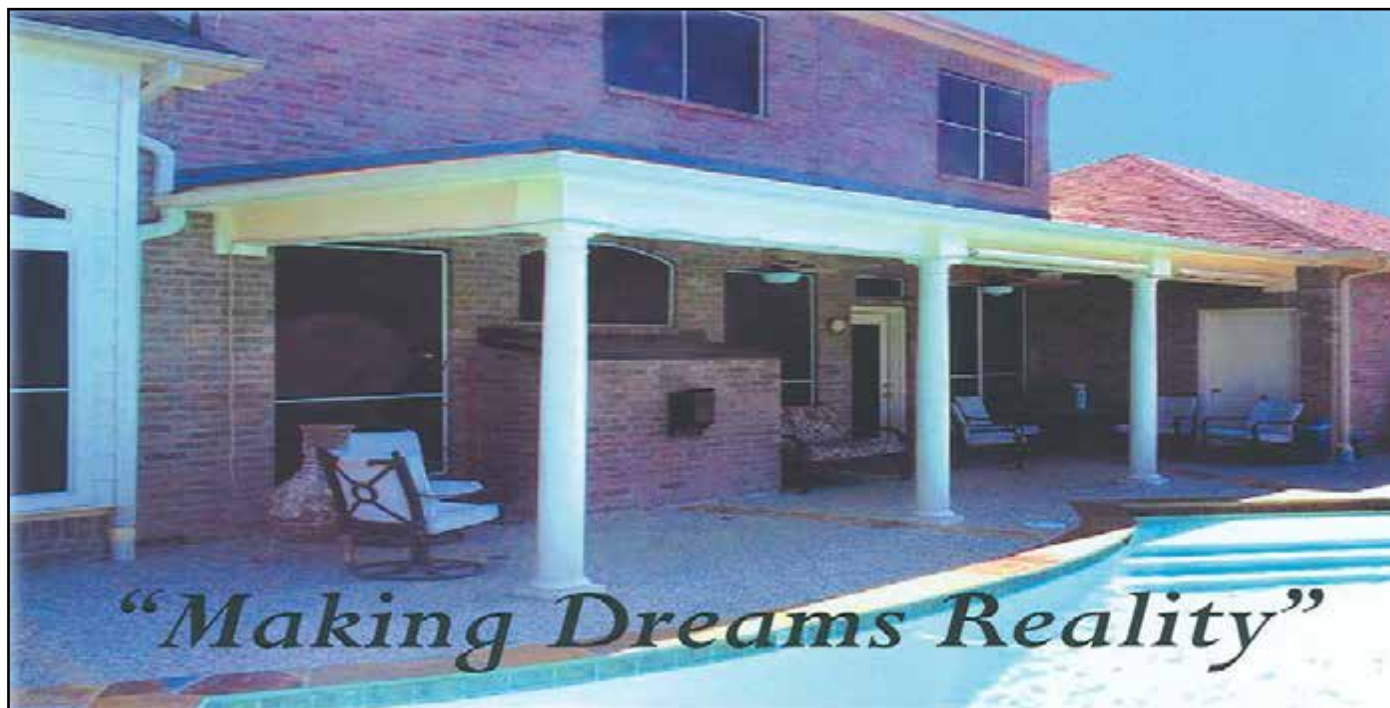


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2013 FSA AA7 Championship Winners



Way to go boys!

Front Row: Brendan Amacker, Austin Kirkpatrick, Evan Ashley, Luke DeSpain, Logan Johnson, Carter Eddings

Second Row: Cody King, Matthew Messmer, Kason Nowak, Weston Jankowski, Keyton Cameron, Grant Heisey



Jennifer Kwak, M.D.



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Sports Section

SALEM MINISTRIES SHOWCASE CHAMPIONS

Sat June 1, 2013

Front row: Mason McKnight, Tyler Stapleton, Michael Osborne, Nick Fields

Second row: (Coach) Chico Barnes, Keith Haymond, (Coach) Reggie Fields, Jacob Crawford, Michael Knapton, Ryan Fields, Zach, Christian Barnes (Coach) Mike Osborne



SANDLOT HEAT 8U



Sandlot Heat 8U Select Team wins the division championship. They finished their season with a 10-1-1 season, coming in 1st in their division and also winning the championship against the Cypress Bulldogs with a score of 15-3. This spring, including tournaments the Heats record stands at 11-4-1. They have also qualified for the state championship to be played at the end of June. Lakes of Fairhaven and Fairfield sure do produce some great baseball players!

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CONGRATULATIONS RED HOTS!

CFSA 1st Place Freshman Division

Front row: Gabby Bondoc, Megan Litman, Jaida Sangster, Carly Catchings.

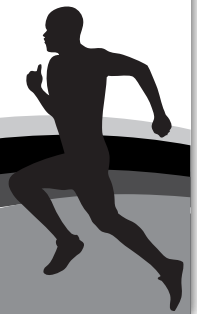
Second row: Coach Jason Catchings, Clare Deloughery, Ashton Haggard, Carly Gaudin, Brylee Kobza, Olivia Waggoner, Coach Kim Litman



Kids' Cross-Country Team's Season Starts September 10th

The Northwest Flyers Track Club Youth Cross-Country Team kicks off the fall season with registration and an orientation for parents and athletes on Tuesday, September 10, 2013, at 6:00 p.m. (location to be announced.) The first practice will be held at the Cypress Creek YMCA on Thursday, September 12. The Northwest Flyers Track Club is a member program of USA Track and Field (USATF), the national governing body for track and cross country. The club is in its 26th year in the northwest Houston area. Ages 6-18 may participate in the team, and both beginners and experienced runners are welcome.

Contact Coach Eric Wentworth at emw1105@gmail.com 281-961-6603 or Coach Donnell Carter at atdcarterpfs@msn.com, 281-467-4727 for more information. Visit www.northwestflyers.org to get updates and learn more about the team.



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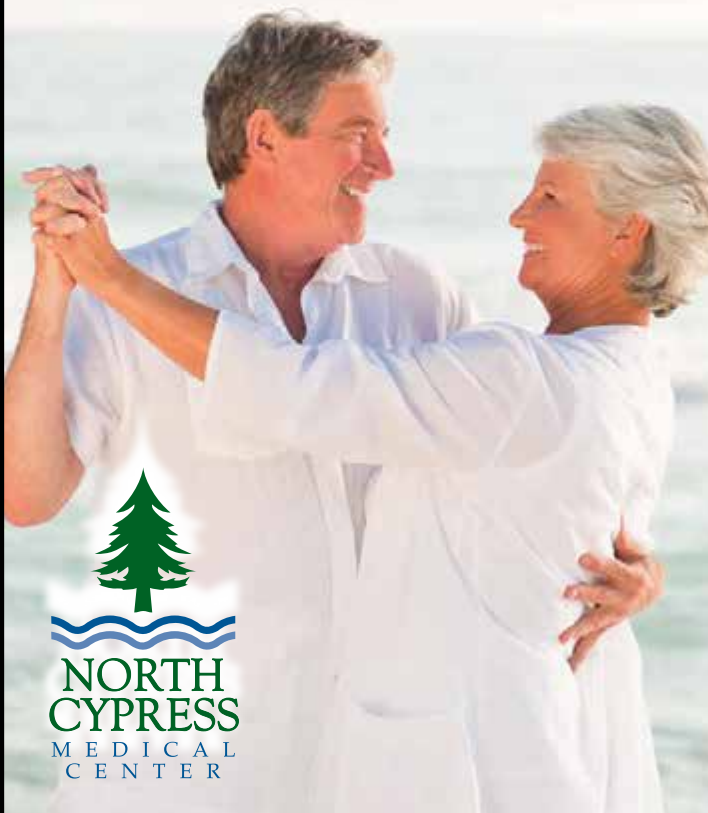
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Sandlot Sluggers 9U Select CFSA League Champions

Front Row: Jacob Swan, Kyle Winkler, Brady Forcey, Thomas Ryder, Ryan Woods

Second Row: Charlie Burke, Nathan Reeves, Jackson Owen, Cole Wisenbaker, Chance Scheffele

Coaches: Chris Laidlaw, Matt Forcey, Steve Winkler



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GOLFCARTS AND TEXAS LAW

There have been numerous questions about golf carts and other non-standard motor vehicles in Fairfield. Golf carts may be driven on roadways in the Fairfield community with certain restrictions. According to a Texas Attorney General opinion, golf carts are considered motor vehicles and do require a licensed driver. In order to be driven on the roadways, golf carts must meet the following guidelines:

1. The road has a posted speed limit of 35 mph or less;
2. Must have the following equipment:
 - a. headlights;
 - b. taillights
 - c. reflectors;

- d. a parking brake;
- e. mirrors; and
- f. slow-moving vehicle emblem.

Golf carts do not require registration or insurance but drivers and/or owners of a golf cart would be responsible for damages caused by their golf cart. No vehicles, whether golf carts or all terrain vehicles, may be driven on the green belts, sidewalks, or other public property. All terrain vehicles or other vehicles that are not golf carts are expressly forbidden. Law Enforcement officers explained the law at the May 2013, Home Owners Association meeting and have expressed their intent to ticket violators of these laws.



Family Fun Center
13529 Skinner Road
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281-304-6565

Cypress Birthday Party Headquarters

Hours

Monday	Closed
Tues & Weds	Private Parties
Thursday	6:00 PM - 9:00 PM
Friday	6:00 PM - 10:00 PM
Saturday	11:00 AM - 10:00 PM
Sunday	2:00 PM - 6:00 PM

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School News

Bus Buddies...Looking Forward To The 2013-14 School Year

*Come Be A Part Of The "Bus Buddies Volunteer Program"
In Our Cypress-Fairbanks Isd Schools*

WHAT IS BUS BUDDIES?

Bus Buddies is a partnership between the Cy-Fair community and Cypress-Fairbanks Independent School District to provide assistance to elementary students helping them get off the bus at the correct location. The program requires one "Bus Buddy" per elementary bus the first three days of school.

The approximate time commitment is from 2:45 p.m. – 4:45 p.m. on August 26, 27 and 28. You may choose to volunteer one, two or all three days. Your job is to simply assist the bus driver with making sure the children get off the bus at their correct stops.

WHAT IS REQUIRED?

- (1) Attend one of the training sessions, if not previously trained.
- (2) Arrive and sign in at your assigned school where campus staff will assist you.
- (3) Enjoy helping the kids and driver!

WHEN AND WHERE IS THE 1 HOUR TRAINING?

Training is held at our Berry Center located at 8877 Barker Cypress Rd., Cypress, TX.

August 19th - 9:30 a.m. – 10:30 a.m.

August 20th - 6:30 p.m. – 7:30 p.m. (evening session)

August 21st - 7:30 a.m. – 8:30 a.m.

The Partners in Education (PIE) department is looking for the same strong Bus Buddy support we have enjoyed in the past. Making sure that all of our elementary children get off the bus at the correct stop is an important responsibility. The Bus Buddy Program requires 400+ volunteers in the Cy-Fair community to ride buses to assist the nearly 9000 elementary riders and their drivers. We do encourage all Bus Buddy volunteers to wear a shirt indicating the business or organization they are representing so that our employees, parents, and the community will be aware of your organization's support of CFISD. Volunteers wear many hats! We are asking YOU to wear the very important "Bus Buddy Hat" and support our number one priority goal – the safety and security of our students! Please ... Register for a training session and choose your school by visiting <http://www.cfisd.net> and selecting "Bus Buddies". For additional information about the program, please contact the CFISD Partners in Education Department at 281-894-3949.



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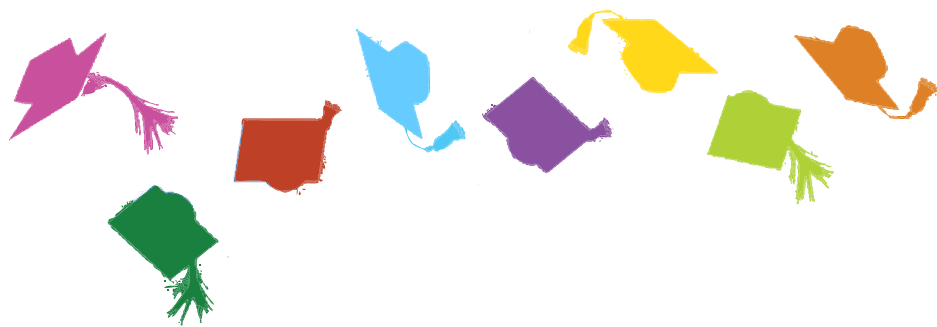
Congratulations!



Congratulations Nicole Friday and Xavier Matthews!



*Congratulations
Shelby and Avery!!!*



Cypress Ranch Class of 2013



Cy-Fair ISD Celebrates Volunteers, Community and Business Partners

The importance of recognizing volunteer contributions and the support of our business and community partners is essential to a strong volunteer and partners program. The administration, students, and staff of CFISD enjoyed hosting and entertaining over a thousand of the tens of thousands of volunteers and supporters that have given so much to help us achieve our goals this year.

With the commitment and generosity of several community businesses, tickets to this appreciation event were free. PBK Architects continues to serve as the underwriter for the VIPS Appreciation Luncheon. Additionally, the event was sponsored by: Allsafe Storage, Cy-Fair Educational Foundation, Cy-Hope, GameTime by Total Recreation Products, H-E-B, Kroger, Lone Star College Cy-Fair, Spring Creek Barbeque, Towne Lake and Rock Creek.

As a district, we are so fortunate to have thousands of volunteers who actively give their time to our kids, and many business and community partners who adopt and support our schools. As Superintendent, Dr. Mark Henry, says, "each volunteer plays a very key role in the lives our students and staff, and it has not gone unnoticed. In these past years, with a struggling economy and the district dealing with huge budget cuts, you have kept us on top by being generous with your time and sharing your many talents to make our district the great success that it is."



Volunteer Appreciation

Cypress-Fairbanks Independent School District had the pleasure of honoring its district and state volunteer and business partner award winners during the Volunteer Appreciation Luncheon on April 5, 2013. The award winners were nominated by various schools in the district at which the volunteers and/or business partners generously donated their time and resources. These treasured volunteers and community partners were first selected as our district award winners and then competed with others in their categories from school districts around the state. The state level award winners were recognized by the Texas Association of Partners in Education during their annual conference held in Austin on January 29.

DISTRICT LEVEL VOLUNTEER, COMMUNITY AND BUSINESS PARTNERSHIP AWARD WINNERS:

Business Partnership – Academic Impact Award:

Flaherty's Flooring of America, Moore Elementary School Business Partner

Business Partnership – Career Education Award:

Mustang Engineering, Inc., Watkins Middle School Adopt-A-School Partner

Community Partnership – Academic Impact Award:

Bak-Pak Critters, Bang Elementary School Community Partner

Community Partnership – Health Award:

Harris County MUD #167, McFee Elementary School Community Partner

Individual Wisdom Award:

Ray Raymer, Mentor at Moore Elementary and numerous CFISD schools

Individual Role Model Award:

Carolina Rodriguez, Postma Elementary School Volunteer

Partnership Program Award – Innovation:

Bus Buddies Program, Cy-Fair ISD Volunteer and Business Partnership Program

Special Event Award:

VIPS Appreciation Luncheon, Cy-Fair ISD Volunteer, Business and Community Recognition

STATE LEVEL VOLUNTEER, COMMUNITY AND BUSINESS PARTNERSHIP AWARD WINNERS:

Community Partnership, Academic Impact – Crystal Award:

Bak-Pak Critters, Bang Elementary School Community Partner

Partnership Program, Innovation – Crystal Award:

Bus Buddies Program

Cy-Fair ISD Volunteer and Business Partnership Program

Special Event Award – Crystal Award:

VIPS Appreciation Luncheon

Cy-Fair ISD Volunteer, Business and Community Recognition

Community Partnership, Health – Gold Award:

Harris County MUD #167, McFee Elementary School Community Partner

Individual Partnership, Role Model – Gold Award:

Carolina Rodriguez, Postma Elementary School Volunteer

The district congratulates both our business partners and individuals for their award winning accomplishments and thanks them for their devoted service to our students and staff. "Hats Off" to all the volunteers in our district! We celebrate each and every one of you for your countless hours of service and dedication to our students and staff in Cypress-Fairbanks Independent School District every day of the year.

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CY-FAIR KIWANIS CLUB

Kiwanis wants YOU! The Cy-Fair Kiwanis Club is actively seeking new members who are interested in giving service to improve our community and our world. Visit the Cy-Fair Kiwanis Club and learn about the projects in which its members participate to enrich and improve life for citizens in our community. We sponsor the Key Clubs in the Cy-Fair, Jersey Village, and Katy communities and work with them in service to the Cy-Fair area. Internationally, both Kiwanis and Key Club are participating in the ELIMINATE PROJECT aimed at the eradication of maternal/neonatal tetanus.

Businesses of the community are encouraged to support a representative for membership in Kiwanis. If you work for a business that is oriented toward involvement in community improvement and leadership, suggest to them that you would like to represent that business through membership and involvement in work with Kiwanis. We welcome business and organization as well as individual



memberships.

CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club sponsors nine Key Clubs and one Builders' Club in the Cy-Fair School District; sponsors the Kids Triathlon; Girl Scout, Boy Scout, and Sea Scout troops and activities; awards scholarships to outstanding Key Club

members in our district; provides assistance to

Cypress Assistance Ministries and Bear Creek Ministries; the Houston Food Bank; and many other nonprofit organizations.

The Cy-Fair Kiwanis Club meets at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call John Carroll at 281-463-0373, George Cowl at 832-467-1998 or Peggy Presnell at 281-304-7127. We invite you to be our guest at one of the meetings and enjoy the fellowship of Kiwanians from your community as you learn about our organization.



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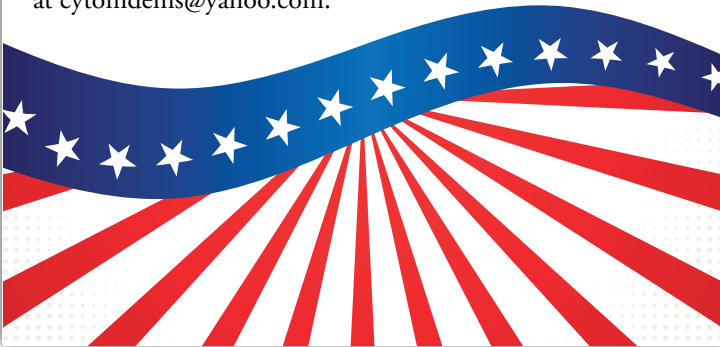
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Cypress-Tomball Democrats July Meeting

The next Cypress-Tomball Democrats monthly meeting will be on Tuesday, July 16, 2013. It will be held at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 to 8:00 p.m.

All are welcome to attend and to join this growing club, which meets on the third Tuesday of every month. The meetings always feature informative guest speakers who address timely topics. For more information, visit the website at www.cytomdems.com or contact Glenn Etienne at cytomdems@yahoo.com.



Elisha Roberts Chapter

The wonderful ladies of the Elisha Roberts Chapter, NSDAR, extend an invitation to any female, 18 years or older, who can prove direct lineal descent from someone who either fought in or provided aid during the American Revolution. We are a family oriented group of ladies who promote patriotism, education and historic preservation. Our motto is God, Home and Country. If this sounds like you, please come and join us for a meeting. We meet the third Thursday of each month, September through May, at the Backyard Grill, located at 9453 Jones Road. Our next meeting will be on September 19, 2013 at 7:00 p.m. For more information, please contact the chapter Regent, Cheryl Partney at cpart86@comcast.net or by phone at 832-654-0306.

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TUTORING PREVIEW: Geometry and Calculus. Want to get the most out of the 2013-2014 school year? Spend a few hours in August and September and get a sneak peek. Call Sherry Reddington to get all the information 832-514-1138.

Business classifieds (offering a service or product line for profit) are \$75, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or advertising@PEELinc.com.

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Fairfield residents, limit 30 words, please e-mail fairfieldgazette@peelinc.com.

PERSONAL CLASSIFIEDS

FOR SALE - Ladies size7 SIDI Zeta road cycling shoes in excellent condition. Only worn once in an indoor spinning class. Asking \$65. Please email Kammie at kbroeder94@gmail.com. Picture available upon request.

FOR SALE - New-in-box Sharp Select Chef Series 8-PCM surgical stainless steel cutlery with a lifetime guarantee. Asking \$50. Please email Kammie at kbroeder94@gmail.com. Picture available upon request.

FOR SALE: 2 brown bookcases- 75.00 each. White bookcase- 85.00. Very comfortable big chair. Giraffe print - 150.00. Ottoman- 50.00. Please call-(832) 857-5100 if interested.

FOR SALE: Corn Snake (approx. 5 years old). Comes with 20 gallon glass aquarium and wrought iron stand as well as aquarium decorations, reptile light, and heat pad. \$50 call Christy at (281) 787-0774.

FOR SALE: "Absolute Black" granite countertop for kitchen island. Measured wrong! Never been used and brand new. 30.5 " wide x 70.5 " long. Can email pics. \$500 (retails \$53 sq ft). 832 541 6304.

FOR SALE: Moving Sale! We are selling our sofas (2), loveseats (3), arm chairs (2), floor lamps (2), dressers (2), bookshelves (3), futon mattress and frame, small glass table, rug, storage/desk set, and wooden chest. They will be available for pick up after July 1st. Email Christina for the photos/prices! andoneformahler@gmail.com.

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A FOCUS ON HEAT EMERGENCIES

Healthy Tips To Stay Cool In Extremely Hot Weather

By: Concentra Urgent Care

Heat emergencies fall into three categories of increasing severity:

Heat Cramps, Heat Exhaustion, and Heatstroke.

Heat illnesses are easily preventable by taking precautions in hot weather. Children, elderly, and obese people have a higher risk of developing heat illness. People taking certain medications or drinking alcohol also have a higher risk. However, even a top athlete in superb condition can succumb to heat illness if he or she ignores the warning signs. If the problem isn't addressed, heat cramps (caused by loss of salt from heavy sweating) can lead to heat exhaustion (caused by dehydration), which can progress to heatstroke. Heatstroke, the most serious of the three, can cause shock, brain damage, organ failure, and even death.

SIGNS AND SYMPTOMS:

Heat Cramps

- Sweating
- Pain in arms, legs, and abdomen
- Heat Exhaustion
- Moist, pale skin
- Fatigue and fainting
- Dizziness and lightheadedness
- Headache and confusion
- Nausea and vomiting
- Rapid pulse and breathing

Heat Stroke

- No sweating
- Dry, hot, red skin
- Confusion/loss of consciousness
- Rapid pulse
- Temperature over 103° F
- Seizures

CAUSES:

The following are common causes of heat emergencies:

- High temperatures or humidity
- Dehydration
- Prolonged or excessive exercise
- Excess clothing
- Alcohol use
- Medications, such as diuretics, neuroleptics, phenothiazines, and anticholinergics
- Cardiovascular disease

WHAT TO DO IN HEAT EMERGENCIES...

First Aid

1. Have the person lie down in a cool place. Elevate the person's feet about 12 inches.
2. Apply cool, wet cloths (or cool water directly) to the person's skin and use a fan to lower body temperature. Place cold compresses on the person's neck, groin, and armpits.
3. If the person is alert, give cool water or sports beverages. It's advisable to drink slowly and steadily, particularly if they are experiencing nausea.
4. For muscle cramps, give beverages as above, and massage and stretch affected muscles gently, but firmly, until they relax.
5. If the person shows signs of shock (bluish lips and fingernails, and decreased alertness), starts having seizures, or loses consciousness, call 911 and continue cooling procedures, as described above.

DO NOT:

- DO NOT underestimate the seriousness of heat illness, especially

if the person is a child, elderly, or injured.

- DO NOT give the person medications that are used to treat fever (such as aspirin or acetaminophen). They will not help, and they may be harmful.

- DO NOT give the person salt tablets.

- DO NOT give the person liquids that contain alcohol or caffeine. They will interfere with the body's ability to control its internal temperature.

- DO NOT use alcohol rubs on the person's skin.

- DO NOT give the person anything by mouth (not even salted drinks) if the person is vomiting or unconscious.

PREVENTION:

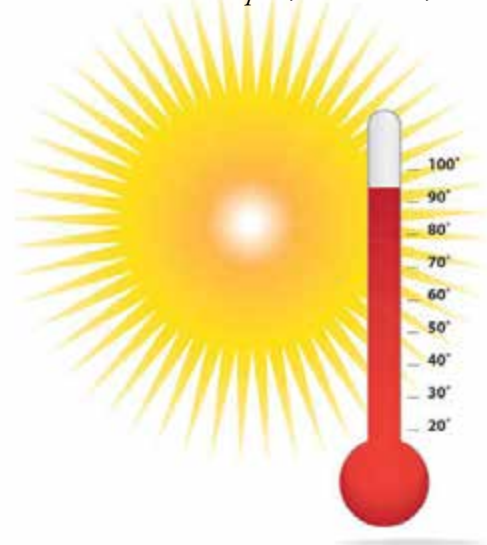
- Wear loose-fitting, lightweight clothing in hot weather.
- Rest regularly in a cool area; seek shade when possible.
- Avoid strenuous physical activity in hot or humid conditions.
- Drink plenty of fluids every day. Drink more fluids before, during, and after physical activity.
- Be especially careful to avoid overheating if you are taking drugs that impair heat regulation, or if you are overweight or elderly.
- Be careful of hot cars in the summer. Allow the car to cool off before getting in.
- Avoid heavy meals and hot foods.

For more information on how to cope with the heat, ask your Concentra health professional, or visit the CDC's Web site at: www.cdc.gov/niosh/topics/heatstress/

References

Auerbach PS. *Wilderness Medicine*. 4th ed. St. Louis, Mo: Mosby; 2001:240-316.

DeLee JC, Drez Jr. D, Miller MD, eds. *DeLee and Drez's Orthopaedic Sports Medicine*. 2nd ed. Philadelphia, Pa: Saunders; 2003:763.



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News You Can Use

It Really is a Small World After All

By Vicki Milana

This past school year has been an eventful one for twenty-two Houston area Ayusa families. In August 2012, these families opened their hearts and their homes to foreign exchange students from around the world. During the 2012-2013 school year, we had eleven countries represented in our area, some of the countries included were Germany, Brazil, Italy, Lebanon, China, Japan and Tunisia. The Ayusa foreign exchange student program is a great way to enrich not only the lives of your family members, but that of the folks in your community and the student themselves. "Both my wife and I have been hosting for the past five years and have enjoyed every minute of it!" says Theodore Odom of Pearland, Texas. "My wife and I have no children, so we are able to bring the students in for the full year and be their Host Parents. We believe it's a way of giving back. This year's student, Ina Zyfi of Albania has had a great time meeting new people, making new friends and volunteering her time to a local dachshund rescue."

"We welcome host families of all shapes and sizes – families with young children, families with no children, empty nesters whose children have left home, single parents and non-traditional families," says Connie Coutu, Regional Manager of Ayusa, a 501(c)(3) not for profit organization. "The key requirements for a host family are to provide a safe and nurturing home environment, genuinely love children, and have a desire to learn more about a different culture."

"Our students really love giving back to the community", says Heather Wells, the Houston area Senior Regional Director. "One of our students, Nesrine Mbarek of Tunisia, participated in over 300 hours of community service. She was actually one of three students who won a trip for her community service and also attended a US Department of State "Teaching English as a Second Language" conference in April for her hard work. Other students have worked in food banks and have given presentations on their home countries in their schools."

This year, Ayusa is sponsoring over 900 students from 60 different countries in the United States. Volunteer host families are needed in our area to house these students for the 2013-2014 school year. The families need only provide foreign exchange students a nurturing environment, three meals a day and a bedroom (either private or shared with a host sibling of the same gender). Each host family and student is supported by a professionally trained community representative who works with the family and student for the entire program.

If you are interested in hosting an exchange student, please visit the Ayusa website at www.ayusa.org and complete the on-line application. You can view the students that are available for placement by clicking on the View Student Profiles on the home page. Help make this a memorable year for both your children and the prospective students. You'll be glad you did!



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On Friday, September 27 from 9 a.m. to 4 p.m., and Saturday the 28th from 9 a.m. to 3 p.m., St. Mary's Episcopal Church is hosting its annual Fall Gift Market. This is the ideal event to kick off your holiday shopping and decorating! The convenient location at the corner of Louetta Road and N. Eldridge Parkway makes it easy to shop the selection of unique jewelry, home decor, creative toys, flower arrangements, handcrafted gifts, collectibles, pottery, candles and trendy clothing for ladies and children.

The Fall Gift Market also features The Tea Room offering the famous taco soup, sandwiches, desserts and homemade baked goods, plus the Silent Auction benefiting church-affiliated projects and outreach. For more information, please visit stmaryscypress.org, or call Jennifer (281-655-8774) or Michelle (832-559-8726.)



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PROTECT EYES THIS SUMMER

Take precautionary measures to protect your eyes during the summer to prevent long-term damage to eyesight, said a Baylor College of Medicine ophthalmologist.

"Ultraviolet light, or UV exposure, has been linked to the development of macular degeneration, cataracts and other vision-loss problems," said Dr. Elizabeth Baze, assistant professor of ophthalmology at BCM.

Baze offered tips you can practice to help protect your eyes from sun damage this summer.

- The more the sunglasses wrap around and shield your eyes and the skin around the eyes, the more protection you have.
- Sunglasses need to provide 99 to 100 percent UV protection.
- Sunblock is a must, including the skin around the eyes.
- A broad-brimmed hat can add extra protection.

If you have an existing eye condition like macular degeneration or cataracts, protecting your eyes from the sun should be a top priority during the summer, she said.



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Quality Of Meals Should Not Change During Summer

Students shouldn't close the door on healthy eating habits during the summer, says a Baylor College of Medicine pediatrician.

"Certainly it is just as important to eat healthy over the summer as it is any other time of the year," said Dr. Teresia O'Connor, assistant professor of pediatrics – nutrition at BCM.

She offers the following tips for health summer eating:

- Incorporate fruits and vegetables in all meals.
- A healthy summer lunch should include a fruit, a vegetable, some form of protein and whole grains.
- Don't skip breakfast.
- Eat three meals a day with one to two snacks.
- Stay hydrated - water is the best and healthiest way to stay hydrated.
- Be aware of how much sugar is in beverages. While it's okay to drink a small amount of these beverages, primary drinks should be water and low-fat or skim milk.

Encourage children and teens to help prepare their own meals so they become responsible for their own healthy eating.

VIRUSES STILL PRESENT DURING SUMMER

Many viruses are still frequent in the summer so good hygiene remains important, said Dr. Gail Demmler Harrison, professor of pediatrics-infectious diseases at BCM. Some viruses present in the summer include:

- Enteroviruses can cause symptoms such as sore throat and diarrhea, and can even lead to viral meningitis and inflammation of the heart and liver.
- Hand, foot and mouth disease, is characterized by ulcers in the back of the throat and a rash on hands and feet. This is common in babies and young children.
- Adenovirus, which can cause respiratory problems.
- Parainfluenza can cause croup, a loud cough; bronchiolitis, swelling and mucus in the small air passages in the lungs; and bronchitis, inflammation of the main air passages to the lungs.

These viruses cannot be treated with antibiotics, but it's important to get enough fluid and rest. Seek treatment immediately for high fever for more than three days, vomiting for over 24 hours, diarrhea, severe headaches or chest pain. Those with weak immune systems should consult their physician if they have any symptoms associated with these viruses.



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Physical Symptoms Could Be Sign Of Depression

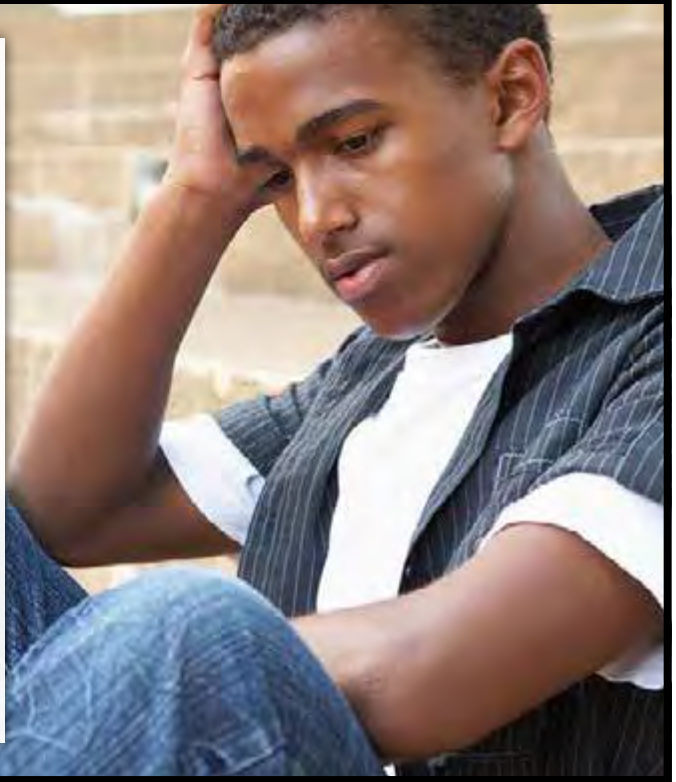
Depression and chronic mood disorders can manifest themselves through physical symptoms, said an expert at Baylor College of Medicine.

"Physical symptoms often drive a patient to see a primary care physician, and then the diagnosis of depression may emerge," said Dr. Sanjay Mathew, associate professor in the Menninger Department of Psychiatry and Behavioral Sciences at BCM.

Symptoms include gastrointestinal syndromes or chronic pain conditions. Many patients will have diagnoses of both a physical illness as well as depression.

The first step is to get a complete medical history and physical exam to rule out any medical conditions before making a psychiatric diagnosis.

Certain types of antidepressants and medications that help treat seizures also help with the physical symptoms of depression at low doses. This can help avoid the use of multiple medications.



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Cypress, Texas 77433



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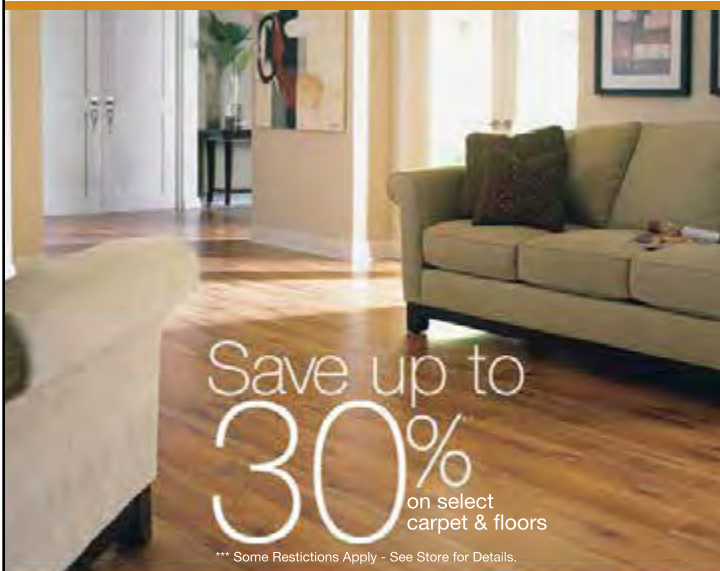


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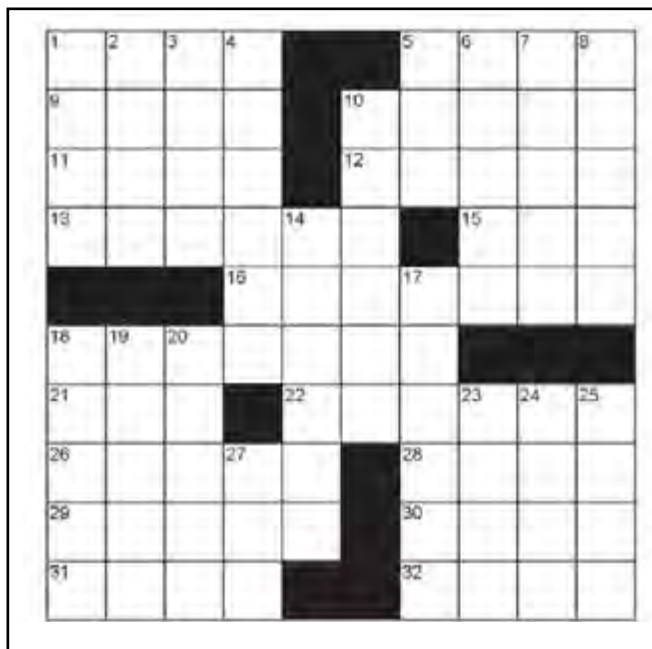
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ACROSS

1. Curse
5. Glasses
9. Charge card
10. Japanese dish
11. Pear type
12. Type of alcohol
13. Mete out
15. Deer relative
16. Mountains
18. Sin
21. Fawn's mom
22. Rain shoe
26. Angry
28. Sole
29. Whoop
30. A spinning toy (2 wds.)
31. Plateau
32. Former magistrate of Venice

DOWN

1. Baby's "ball"
2. Famous cookies
3. Loch __ monster
4. Levy
5. Jag
6. Direct
7. Animal kingdom division
8. Soft materials
10. Member of an American Indian people
14. Dancer Rogers
17. Put more ammunition in
18. Abhorrence
19. Skill
20. Heroic actions
23. Upon
24. Slug
25. Publicity
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- Kids Stuff -



If you've ever played outside, chances are you've been bugged by insects or other crawly creatures. Maybe unwelcome ants joined you at a picnic in the park or a bee buzzed around your head while you were playing catch.

None of this may have bothered you — unless you were bitten or stung. Ouch! It's enough to make you stay indoors. But the outdoors can still be a great place to play if you know a little bit more about insects.

WHY DO BUGS BITE OR STING?

Insects like bees, wasps, and hornets and other creatures like spiders and scorpions usually attack when they feel like they're in danger. Sometimes they are protecting their territory, web, or nest. Other insects, such as mosquitoes and ticks, suck blood in order to survive. The female mosquito needs blood so that she can lay her eggs. (The male mosquito does not bite at all!) Ticks are parasites, which means they live on other animals and need to suck blood to live.

WHAT ARE BUG BITES AND STINGS?

Insects and other bugs can inject venom (say: veh-num) into your skin when they bite or sting you. Usually, venom is like soap in your eyes — it doesn't really hurt you, but it's not very comfortable. It will make a small, itchy bump no bigger than a pea form on your skin. When you scratch, your skin becomes red and more itchy. A tick bite can cause a red rash that looks a little like a bull's-eye (this may take as long as a week, or even more). In the case of bee stings, the area becomes swollen and a stinger might be left in the skin.

DOES IT HURT?

In most cases bug bites are not serious and only hurt for a little while. The itching is the most irritating part of most bites and stings. Some bites or stings, such as a bite from a scorpion or a black widow spider, may require a trip to the emergency department. But this doesn't happen very often. An adult will know whether this trip is necessary.

WHAT SHOULD YOU DO?

If anything bites or stings you, make sure you let an adult know. He or she will look at the bite or sting to see what needs to be done. If a mosquito bites you, try not to scratch. It's hard sometimes, but scratching will make the itch worse and can cause the bite to swell, bleed, or get infected. If you are stung by a bee, an adult can help you get the stinger out quickly. Have an adult wash the area with soap and water, and apply ice to the sting on

and off for the first 24 hours. An antihistamine, which is a type of medicine, can help stop the itching, pain, and swelling. Acetaminophen can also help stop the sting from hurting. Hydrocortisone creams and calamine lotions can be helpful to take away the itch. An adult will decide what medicine is best for you.

TICK TALK

If you find a tick on you, don't try to remove it yourself. Get an adult to help you. He or she will grab the tick with tweezers as close to your skin as possible and pull it off in one smooth motion. Once the tick is removed, save it by storing it in a small container or a sealable plastic bag. Don't try to crush it in your hands. Your doctor may want to see this tick later.

WHEN TO GET HELP

Some people have an allergic (say: uh-ler-jik) reaction to the venom that certain insects, such as bees, inject. If you have trouble breathing, break out in hives (hives are red bumps that show up on your skin), or feel like you are going to throw up after a bee or wasp has stung you, you could be having an allergic reaction. Tell an adult right away so that you can go the emergency department. Once you know you are allergic to bee stings, your doctor will provide you with a special kit. The kit is called an epinephrine kit and will contain a shot of epinephrine (say: eh-pih-neh-frin). You will need this shot if a bee stings you. You should keep this kit with you at all times, especially when you are outside. Make sure an adult is close by to give you the shot if you need it.

STOPPING THE STINGING

You can keep from getting stung by staying away from bee or wasp nests. Keep sweet-smelling food or drink covered when you are eating outdoors. And don't swat at flying insects — it just makes them angry, causing them to bite or sting. If you go hiking, wear a long-sleeved shirt and pants tucked into your socks and shoes to avoid ticks. And always have an adult check you for ticks if you've been playing in the woods. The best way to avoid being bitten by spiders or scorpions is to avoid places where they like to make their homes, like woodpiles. Playing outside is a lot of fun — bugs or no bugs. With a little bit of care, you can have fun even when the insects come marching in!

Reviewed by: Elana Pearl Ben-Joseph, MD Date reviewed: September 2010

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Chappell Ridge	1	\$53.66	55
Cottage Glen	2	\$71.04	6
The Estates	2	\$95.29	52
Garden Grove	4	\$70.14	50
Glen	2	\$79.96	137
Inwood Glen	4	\$73.14	7
Inwood Park	4	\$66.93	29
Lake Crest	1	\$75.62	123
Lakes/Lake Point	5	\$82.10	70
Crossing/Landing/Reserve	3	\$64.65	71
Meadows/Park/Retreat	3	\$75.16	13
Oaks/Trails	2	\$72.68	128
Pines	1	\$69.31	62
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Summer Gate	1	\$76.38	26
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