

# Sandlot Heat 8U



Sandlot Heat 8U Select Team wins the division championship. They finished their season with a 10-1-1 season, coming in 1st in their division and also wining the championship against the Cypress Bulldogs with a score of 15-3. This spring, including tournaments the Heats record stands at 11-4-1. They have also qualified for the state championship to be played at the end of June. Lakes of Fairhaven and Fairfield sure do produce some great baseball players!

# <u>The Beacon</u>

### **Newsletter Information**

Publisher

Peel, Inc...... www.PEELinc.com, 512-263-9181 Article Submission ...... thebeacon@PEELinc.com Advertising...... advertising@PEELinc.com

### New Website

Lakes of Fairhaven has a new community website. Please visit it at www.lakesoffairhaven.org and register to get emails on HOA info and upcoming LOF announcements.







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### NORTHWEST HARRIS COUNTY AGGIE MOM'S CLUB

nwhcaggiemoms.org

Are you a New Aggie Mom? Are you an Aggie Mom that wants to join other Aggie Moms in supporting our students? Find out how we can help your student succeed during those college years at one of our informal Summer Mixers. The Northwest Harris County Aggie Mom's Club, as an organization, encourages parents to become familiar with A&M during their student's freshman year. The path to graduation can be a challenging journey; don't go it alone. Northwest Harris County Aggie Moms has been here for 25 years and we're committed to helping your student and YOU enjoy the TAMU experience. Please join us at one of the following locations in your area. Please RSVP to thompson5511@sbcglobal. net. or 713-956-0972 so our hostesses will know how many people to expect. We look forward to meeting you!

SUMMER MIXER LOCATIONS Monday, June 17 - 7-9 pm Hosted by: Linda Saxby 17210 Prescott Manor, Cypress, TX 77433 Lakes Fairhaven subdivision (just north of Fairfield off of Mason Rd.) Sunday, June 23 - 2-4 pm Hosted by: Connie Pritchard 12418 Pedder Way Drive, Tomball, TX 77377 Village Creek Subdivision Thursday, July 11 - 7-9 pm Hosted by: LaDonna MacDonald 15903 Harwick Drive, Spring, TX 77379 Champions Forest Subdivision Tuesday, July 23 - 7-9 pm Hosted by: Cheryl Williams 8331 Church Linet Long Houston TX 77064

8331 Church Light Lane, Houston, TX 77064 Carriage Lane Subdivision

The Northwest Harris County Aggie Mom's Club meets August thru May on the second Tuesday of every month at 7:00 pm at the Houston Distributing Center, 7100 High Life Drive, conveniently located near Willowbrook Mall. We are looking forward to kicking off the 2013-2014 school year at our 'HOWDY PARTY'' on August 13th-Please join us! All meetings are open to Aggies, future, present or past. We provide light refreshments and you can shop our Boutique for that one-of-a-kind Aggie treasure. Our hand crafted items celebrate the heart-warming TAMU traditions. You will also enjoy hearing from dynamic speakers throughout the year like, Brigadier General, Joe Ramirez, Commandant of the Corp of Cadets. For more information on monthly speakers or upcoming events visit our website at www. nwhcaggiemoms.org or contact Shannon Eberle, Club President at clubpres2012@gmail.com.



TEXAS A&M

### Cypress-Tomball Democrats July Meeting

The next Cypress-Tomball Democrats monthly meeting will be on Tuesday, July 16, 2013. It will be held at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 to 8:00 p.m.

All are welcome to attend and to join this growing club, which meets on the third Tuesday of every month. The meetings always feature informative guest speakers who address timely topics. For more information, visit the website at www.cytomdems.com or contact Glenn Etienne at cytomdems@yahoo.com.





### **Elisha Roberts Chapter**

The wonderful ladies of the Elisha Roberts Chapter, NSDAR, extend an invitation to any female, 18 years or older, who can prove direct lineal descent from someone who either fought in or provided aid during the American Revolution. We are a family oriented group of ladies who promote patriotism, education and historic preservation. Our motto is God, Home and Country. If this sounds like you, please come and join us for a meeting. We meet the third Thursday of each month, September through May, at the Backyard Grill, located at 9453 Jones Road. Our next meeting will be on September 19, 2013 at 7:00 p.m. For more information, please contact the chapter Regent, Cheryl Partney at cpart86@comcast.net or by phone at 832-654-0306. We look forward to meeting you.

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### **CY-FAIR KIWANIS CLUB**

Kiwanis wants YOU! The Cy-Fair Kiwanis Club is actively seeking new members who are interested in giving service to improve our community and our world. Visit the Cy-Fair Kiwanis Club and learn about the projects in which its members participate to enrich and improve life for citizens in our community. We sponsor the Key Clubs in the Cy-Fair, Jersey Village, and Katy communities and work

with them in service to the Cy-Fair area. Internationally, both Kiwanis and Key Club are participating in the ELIMINATE PROJECT aimed at the eradication of maternal/neonatal tetanus.

Businesses of the community are encouraged to support a representative for membership in Kiwanis. If you work for a business that is oriented toward involvement in community improvement and leadership, suggest to them that you would like to represent that business through membership and involvement in work with Kiwanis. We welcome business and organization as well as individual memberships.

CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club sponsors nine Key Clubs and one Builders' Club in the Cy-Fair School District; sponsors the Kids Triathlon; Girl Scout, Boy Scout, and Sea Scout troops and activities; awards scholarships to outstanding Key Club members in our district; provides assistance to

Cypress Assistance Ministries and Bear Creek Ministries; the Houston Food Bank; and many other nonprofit organizations.

The Cy-Fair Kiwanis Club meets at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call John Carroll at 281-463-0373, George Crowl at 832-467-1998 or Peggy Presnell at 281-304-7127. We invite you to be our guest at one of the meetings and enjoy the fellowship of Kiwanians from your community as you learn about our organization.



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#### THE MOMS CLUB® OF CYPRESS / NW-FAIRFIELD Moms Offering Moms Support Welcomes all Stay-At-Home Moms in Fairfield and Lakes of Fairhaven

MOMS Club<sup>®</sup> is an international organization with a neighborhood feel! We are teachers, business women, counselors, chefs, CPA's and artists who have put those careers on hold and have made the choice to stay home with our kids.

MOMS Club<sup>®</sup> is a place to find friendship, support, playmates and sisterhood!

ALL events include our children and we believe there is something for every mom out there! Are you looking for park days, coffee breaks, lunch outings, craft projects, time to sit and chat, cooking club or someone to share dinner with when your husband is traveling or working late? We even find the time to meet once a month for a Mom's Night Out for a great time to unwind. Or are you interested is helping within the community with service projects? We have that & a whole lot more!

Summer is here, and the kids are out of school! Are you looking for some fun things to do with your kids this summer? The MOMS Club has lots and lots of fun summer

time activities planned. Come join other moms and kids in many great outdoor and indoor activities. Are you new to the area or a new mom and need a friend or support; we are here for you! Don't let yourself feel isolated being a stay at home mom. We invite you to attend two public events to decide if this is the right club for you and your children. Our membership fee is \$20 a year. This MOMS Club is a great opportunity for you and your kids to make new friends in your area. There is a lot of fun and support just waiting for you! Come visit us at our next Meet N' Greet and see for yourself! We meet on the second Tuesday of every month at Fairfield Baptist Church.

For membership inquiries, please contact Julie H., Membership VP at julieh07@sbcglobal.net or Erica M., President at 281-755-7610, ericamill@gmail.com, so we can send you our club information and some upcoming public events for you to attend. You can also visit us on the web at www.meetup.com/MOMS-Club-Cypress-NW-Fairfield We look forward to hearing from you!





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### Kids' Cross-Country Team's Season Starts September 10<sup>th</sup>

The Northwest Flyers Track Club Youth Cross-Country Team kicks off the fall season with registration and an orientation for parents and athletes on Tuesday, September 10, 2013, at 6:00 p.m. (location to be announced.) The first practice will be held at the Cypress Creek YMCA on Thursday, September 12. The Northwest Flyers Track Club is a member program of USA Track and Field (USATF), the national governing body for track and cross country. The club is in its 26th year in the northwest Houston area. Ages 6-18 may participate in the team, and both beginners and experienced runners are welcome.

Contact Coach Eric Wentworth at emw1105@ gmail.com 281-961-6603 or Coach Donnell Carter atdcarterpfs@msn.com, 281-467-4727 for more information. Visit www.northwestflyers. org to get updates and learn more about the team.



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### Bus Buddies...Looking Forward To The 2013-14 School Year

Come Be A Part Of The "Bus Buddies Volunteer Program" In Our Cypress-Fairbanks Isd Schools

#### WHAT IS BUS BUDDIES?

Bus Buddies is a partnership between the Cy-Fair community and Cypress-Fairbanks Independent School District to provide assistance to elementary students helping them get off the bus at the correct location. The program requires one "Bus Buddy" per elementary bus the first three days of school.

The approximate time commitment is from 2:45 p.m. -4:45 p.m. on August 26, 27 and 28. You may choose to volunteer one, two or all three days. Your job is to simply assist the bus driver with making sure the children get off the bus at their correct stops.

#### WHAT IS REQUIRED?

(1) Attend one of the training sessions, if not previously trained.

(2) Arrive and sign in at your assigned school where campus staff will assist you.

(3) Enjoy helping the kids and driver!

#### WHEN AND WHERE IS THE I HOUR TRAINING?

Training is held at our Berry Center located at 8877 Barker Cypress Rd., Cypress, TX.

#### August 19th - 9:30 a.m.–10:30 a.m. August 20th - 6:30 p.m. – 7:30 p.m. (evening session) August 21st - 7:30 a.m. – 8:30 a.m.

The Partners in Education (PIE) department is looking for the same strong Bus Buddy support we have enjoyed in the past. Making sure that all of our elementary children get off the bus at the correct stop is an important responsibility. The Bus Buddy Program requires 400+ volunteers in the Cy-Fair community to ride buses to assist the nearly 9000 elementary riders and their drivers. We do encourage all Bus Buddy volunteers to wear a shirt indicating the business or organization they are representing so that our employees, parents, and the community will be aware of your organization's support of CFISD. Volunteers wear many hats! We are askingYOU to wear the very important "Bus Buddy Hat"and support our number one priority goal – the safety and security of our students! Please ... Register for a training session and choose your school by visiting http://www.cfisd.net and selecting "Bus Buddies". For additional information about the program, please contact the CFISD Partners in Education Department at 281-894-3949.



# OTTECT EYES THUS SUMMED

Take precautionary measures to protect your eyes during the summer to prevent long-term damage to eyesight, said a Baylor College of Medicine ophthalmologist.

"Ultraviolet light, or UV exposure, has been linked to the development of macular degeneration, cataracts and other visionloss problems," said Dr. Elizabeth Baze, assistant professor of ophthalmology at BCM.

Baze offered tips you can practice to help protect your eyes from sun damage this summer.

- The more the sunglasses wrap around and shield your eyes and the skin around the eyes, the more protection you have.
- Sunglasses need to provide 99 to 100 percent UV protection.
- Sunblock is a must, including the skin around the eyes.
- A broad-brimmed hat can add extra protection.

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If you have an existing eye condition like macular degeneration or cataracts, protecting your eyes from the sun should be a top priority during the summer, she said.

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Cypress Symphony to Host Inaugural Founder's Dinner

The Cypress Symphony cordially invites you to "Encore!" our Inaugural Fundraising dinner. Excitement is building for Cypress Symphony's first season and you can help by attending this event. Your \$100 ticket will help secure our first year and contribute to the cultivation of an arts culture in Northwest Houston. You will also enjoy an elegant dinner at one of Cypress' premier restaurants, Dario's Cuisine. Look forward to a silent auction as well as a musical surprise. We can't wait to spend this special evening with you! Tickets to this event can be purchased at csencore. eventbrite.com.

Tickets to our inaugural concert season can be purchased at cypresssymphony.org. purchased on the website at www.cypresssymphony.org.



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#### Quality Of Meals Should Not Change During Summer Students shouldn't close the door on healthy eating habits

Students shouldn't close the door on healthy eating habits during the summer, says a Baylor College of Medicine pediatrician.

"Certainly it is just as important to eat healthy over the summer as it is any other time of the year," said Dr. Teresia O'Connor, assistant professor of pediatrics – nutrition at BCM.

She offers the following tips for health summer eating:

- Incorporate fruits and vegetables in all meals.
- A healthy summer lunch should include a fruit, a vegetable, some form of protein and whole grains.
- Don<sup>1</sup>t skip breakfast.
- Eat three meals a day with one to two snacks.
- Stay hydrated water is the best and healthiest way to
- stay hydrated.
- Be aware of how much sugar is in beverages. While it's okay to drink a small amount of these beverages, primary drinks should be water and low-fat or skim milk.

Encourage children and teens to help prepare their own meals so they become responsible for their own healthy eating.

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Lakes of Fairhaven Year-to-Date Sales Report										
	Aug '12	Sept '12	Oct '12	Nov '12	Dec '12	Jan '13	Feb '13	Mar '13	Apr '13	May '13
\$500,000 and above	0	1	0	1	3	0	1	1	0	0
\$451,000\$499,999	0	2	2	2	1	0	2	2	0	2
\$351,000\$450,999	0	1	1	1	1	0	0	1	0	0
\$276,000\$350,999	0	0	0	1	0	0	0	0	0	0
\$231,000\$275,999	0	0	0	0	0	0	0	0	0	0
\$201,000\$230,999	0	0	0	0	0	0	0	0	0	0
\$200,999 and below	0	0	0	0	0	0	0	0	0	0
Total	0	4	3	5	5	0	3	4	0	2
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