

# RANCH RECORD

*Official Newsletter for the Steiner Ranch HOA*

VOLUME 7 ISSUE 7

JULY 2013



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### STEINER RANCH COMMUNITY ASSOCIATIONS OFFICE

12550 Country Trails Lane  
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512-266-7553 – Telephone  
512-266-9312 – Facsimile  
[www.steinerranchhoa.org](http://www.steinerranchhoa.org)

The Association Office is no longer open on Saturdays. Please make a note of the “Regular” office hours that are now in effect.

### REGULAR OFFICE HOURS

Monday - Thursday ..... 1:00pm - 5:00pm  
Friday ..... 10:00am - 5:00pm  
Saturday ..... 9:00am - 3:00pm  
Sunday ..... CLOSED

### STAFF

#### CMCA, AMS, PCAM, Executive Director

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#### Maintenance Technician

Angel Alvarado  
Macedonio Salazar  
Juan Carlos Limas  
Sam Stillely

---

## MISSION STATEMENT

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### Peel, Inc. Community Newsletters

Our goal is to provide the Steiner Ranch community with one source of local news content that is provided by Steiner Ranch residents. Our goal is to help build Steiner Ranch by connecting local businesses with residents and residents with relevant neighborhood information.

*"Be the Community."*

---

## IMPORTANT NUMBERS

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### EMERGENCY NUMBERS

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Ambulance ..... 911  
Sheriff – Non-Emergency ..... 512-974-0845  
Travis County ESD No.6/Lake Travis Fire Rescue  
Administration Office ..... 512-266-2533  
Travis County Animal Control ..... 512-974-2000

### STEINER RANCH CONTACTS

Steiner Ranch Community Association Office ..... 512-266-7553

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Vandegrift High School ..... 512-570-2300  
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Laura Welch Bush Elementary ..... 512-570-6100  
Steiner Ranch Elementary ..... 512-570-5700  
River Ridge Elementary ..... 512-570-7300

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Austin/Travis County Hazardous Waste ..... 512-974-4343

### OTHER NUMBERS

Lake Travis Postal Office ..... 512-263-2458

### NEWSLETTER PUBLISHER

Peel, Inc. .... 512-263-9181  
Advertising ..... [advertising@peelinc.com](mailto:advertising@peelinc.com)

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## ADVERTISING INFO

Please support the advertisers that make The Ranch Record possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or [advertising@peelinc.com](mailto:advertising@peelinc.com). The advertising deadline is the 8th of the month prior to the issue.

## ARTICLE INFO

The Ranch Record is mailed monthly to all Steiner Ranch residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to [steinerranch@peelinc.com](mailto:steinerranch@peelinc.com). The deadline is the 8th of the month prior to the issue.

## COVER PHOTO

Thank you to all the residents who submitted photo's for our July cover. The submissions for the cover are making it more and more difficult to choose! This month's cover photo was taken by Iris Perez at last year's 4th of July Parade of her children, Nicholas and Noah. We hope to see even more patriotic kids at this year's parade on July 4th at the John Simpson Park.

### *Do you take great photos?*

*Would you like to see your photo published?  
We are looking for great cover photos for upcoming August issue of the Ranch Record.*

### REQUIREMENTS FOR SUBMISSION:

- Must have been taken in Steiner Ranch (some exceptions)
- Be of High Resolution (240 dpi or higher)
- Prefer "portrait" orientation

We'd love to have something that pertains to this time of the year in some way, so be creative and give it a try. Our August 2013 issue submittal deadline is July 8th and photos should be submitted electronically by the deadline date to Sharon Adams at [sharon@steinerranchhoa.org](mailto:sharon@steinerranchhoa.org).

By submitting your photo you agree to allow your photo to be published in future issues of the Ranch Record or other Steiner Ranch publications.

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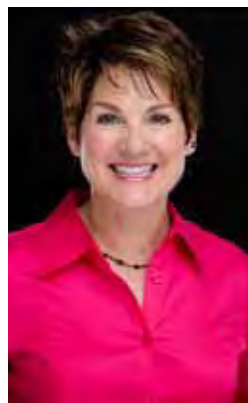
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### 2013 Steiner Ranch Social Committee Events

**JUL 4**

4th of July Parade

**JULY 20**

Movies in the Park

**AUG 3**

Movies in the Park

**AUG 17**

Concert in the Park

**SEPT 28**

Ladies Night Out

**OCT 5**

Fall Community Wide Garage Sale

**OCT 20**

Pumpkin Patch

**OCT 27**

Halloween Trunk or Treat

**NOV 2**

Camping on the Ranch

**NOV 8-10**

Fall Scrap-a-Thon

**NOV 16**

Holiday Sales Event & Santa Photos

All Events are tentative and subject to change or cancel, so please check monthly issues of the Ranch Record, the Steiner Ranch website at [www.steinerranchhoa.org](http://www.steinerranchhoa.org) and Facebook (Steiner Ranch Social Committee) for updates.





# SHANNON KRAMER

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# Around Steiner

## WHY JOIN THE SOCIAL COMMITTEE?

*By: Myrta McGugan-Mogen  
Volunteer, Steiner Ranch Social Committee*

Many of you do not realize that most of the "Free to you" Events that Steiner Ranch has to offer are funded through the Steiner Ranch Social Committee. Our events such as The Easter Egg Hunt (at year 15), Chile Cook Off (at year 7), Casino Night (at year 7), Concert in the Park (at year 7), Fourth of July Parade (at year 15), Ladies Night Out for Safe Place (at year 3), and our New Steiner Ranch Ladies Group are fundraising opportunities for local charities.

The SRSC also keeps you informed through Volunteers who verify and post on our FaceBook page. This page was created by our volunteers for the sole purpose of keeping you informed in case of emergency and Social Events in Steiner Ranch. Our group is made up of 100% of people who volunteer their time. Even during the September 2011 fire our volunteers stayed up all night keeping in contact with the authorities to keep you accurately informed.

Feel free to join us at Cups and Cones the second Tuesday of every month at 9:30 am.



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## ANNUAL 4<sup>TH</sup> OF JULY PARADE

The  
Annual Steiner Ranch  
4th of July Children's Parade will be  
held on Thursday morning, July 4th at 9:00am  
at the John Simpson Community Center, 3506 John  
Simpson Trail, hosted by the Steiner Ranch Mom's & Tot's  
Group, and sponsored by the Steiner Ranch Social Committee.

All neighborhood children are invited to decorate their bikes, wagons, scooters, and other modes of transportation in a patriotic theme to celebrate this nation's Independence Day. The Parade will start and end at the John Simpson Park. We will be providing a DJ, fun games, local vendor displays, a watery slide and a bouncy house, Face Painting and serving Ice Cream provided by Cups and Cones at the end of the Parade. So be sure to be prepared to get WET! All participants are welcome to stay after the event for swimming at the JS pool and toddler splash pad.

Want to get together to decorate your ride of choice???  
Get Ready For the 4th--sponsored by Steiner Moms & Tots  
Wednesday, July 3rd , 4:00 PM  
John Simpson Park

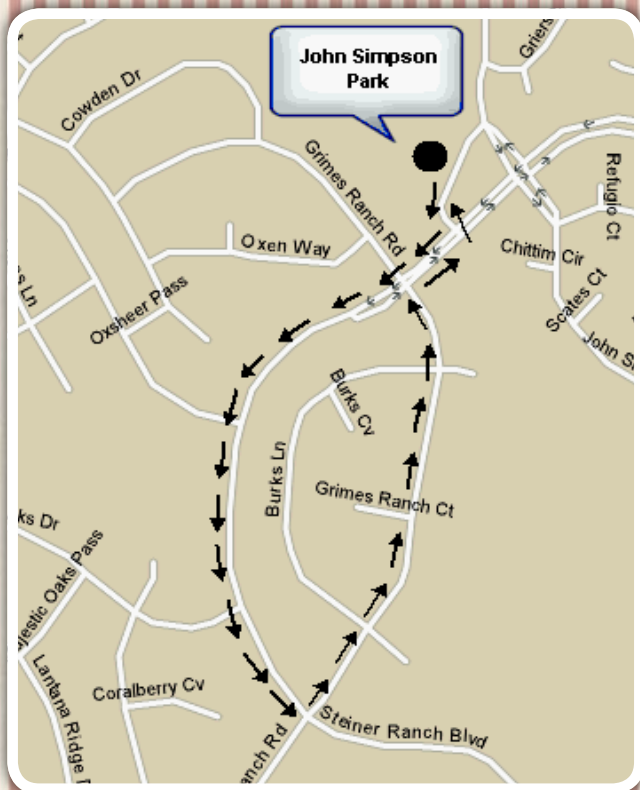
Come decorate your bikes, wagons, and strollers for the 4th of July parade. We'll have streamers, stickers and other decor as well as a patriotic snack and drinks for the kids. Please bring your "parade wheels" and any other supplies and decor that will make them pretty and patriotic! Some good options include pinwheels, string and metal cans, streamers and balloons.

Register for the decorating event at:

***<http://decoratetheparade2013.eventbrite.com>***

Anyone interested in Sponsoring can contact Sharon  
Adams, Community Coordinator at [sharon@steinerranchhoa.org](mailto:sharon@steinerranchhoa.org) or 512-266-7553.

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# 2013 MOVIES IN THE PARK

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**JULY 20TH**  
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# STEINER RANCH MOVIES IN THE PARK

The show must go on!!! The Steiner Ranch Movies in the Park first movie of the season, The Incredibles, that was to be shown on June 1st at Towne Square Community Center was cancelled earlier this month due to the threat of lighting, rain, and high winds. The new date for The Incredibles is now being scheduled for September 7th at the Bella Mar Community Center. As for the 2nd Annual Steiner Ranch Movies in the Park, the shows must go on! The sponsors, Brandy Finnessey of RE/MAX1, School in the Hills-Montessori in Steiner Ranch, Gerald McChesney of Mortgage Mentors, Steiner Ranch Orthodontics, TLC Home Inspections, Square Cow Movers and Reel Big Screens Outdoor Entertainment sincerely apologize for any inconvenience that the cancellation may have caused any Steiner Ranch Families.

The current 2013 Movies in the Park continues on July 20th at 8:30pm at Towne Square. This movie will be the People's Choice movie in which you can still vote for your favorite movie at: [www.SteinerRanchMoviesInThePark.com](http://www.SteinerRanchMoviesInThePark.com)

On August 3rd "RV" starring Robin Williams, will show on Reel Big Screen's 2 story-outdoor movie screen under the Steiner

Ranch stars! Reel Big Screens runs HD projection and Bose sound for an incredible outdoor movie experience (Don't worry all of this year's movies will show on this screen with this system). A rain date of August 24th had been set aside, should any of the showings needed to be cancelled, but due to open air licensing restrictions with Disney Films, a September date has been chosen for the Make-up.

Expect the best spots to go early, as movie attendees who enter the drawing are eligible to win a FREE iPad. Yes, at each one of this summer's movies; the sponsors will be proudly giving away a FREE iPad! There is No Purchase Necessary! Last year, many families, took the opportunity of the preshow time in the park to play a game of catch, catch up with neighbors and friends, and even try their hand at flying kites! Feel free to come early & truly make it a family event.

Also this year, the Lady Vipers Lacrosse Team will be selling drinks and snacks. All proceeds will be going towards the Viper Lacrosse Association, a 501c3, to help pay for fields, equipment, referees, coaching and scholarships. Please come out and support your local Vandegrift Vipers & enjoy the 2nd Annual Steiner Ranch Movies in the Park!

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## Young at Heart Events

[steinerranchyoungatheart@gmail.com](mailto:steinerranchyoungatheart@gmail.com)



*Young at Heart is a group that plans various activities for Steiner Ranch residents in the 50+ age group to provide opportunities for people to meet others with similar interests. Since so many people travel or are away from home for extended periods of time, activities are planned to be enjoyed as frequently as members want. Whenever possible, these events take place in Steiner Ranch or close by. Residents who are on the Young at Heart contact list receive emails announcing upcoming activities. If you would like to receive announcements and invitations from Young at Heart, just send your name, phone number and email address to [steinerranchyoungatheart@gmail.com](mailto:steinerranchyoungatheart@gmail.com). If you have questions or would like more information, please contact Dottie Thoms at [dottie.thoms@gmail.com](mailto:dottie.thoms@gmail.com) or at 512-531-9360. Activities take place weekly, monthly or occasionally. Dates, times and places are included in the monthly emails.*

### YOUNG AT HEART'S CLASSICAL GUITAR EVENING

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Information: [Carolina Diaz/Richard Maastricht at caroadiaz@yahoo.com](mailto:Carolina Diaz/Richard Maastricht at caroadiaz@yahoo.com)

Young at Heart plans various activities for Steiner Ranch residents in the 50+ age group to provide opportunities for people to meet others with similar interests. Since so many people travel or are away from their Steiner Ranch homes for extended periods of time, activities are planned to be enjoyed as frequently as members would like to participate. Whenever possible, events take place in Steiner Ranch or close by. Most are held at the homes of members.

Some groups meet regularly at set dates and times. These include:

Walking Group on every Thursday at 8:30 AM

Mexican Train (Dominoes) on the first Monday at 1 PM

ROMEO (Men's Lunch Group) on the second Tuesday at 11:30 AM

Book Club on the second Tuesday at 12:30 PM

Ladies Social Bridge on the second and fourth Wednesdays at 12:30 PM

Ladies Lunching Out on the third Tuesday at 11:30 AM

BUNKO on the third Thursday at 7 PM (at capacity - substitute list)

Wine Socials and Happy Hours take place in alternate months. Those attending Wine Socials bring a bottle of wine or their beverage of choice and an appetizer to share. Happy Hours are held at various restaurants in the area. The dates and times vary.

Among the other activities that take place monthly (or more often) on dates and times selected by the group's members are Canasta, Concerts and Plays, Couples Game Night, Dinner Groups, Epicureans, Exploring Austin, Garden Club, Hiking, Men's Poker, Movie Club, Scrabble and Technology Group. New groups are regularly being formed.

The Second Annual Young at Heart Cruise will take place from January 25th to February 1st with Ports of Call including San Juan, St Thomas and St Maarten.

If you are interested in being part of the Young at Heart group, please email your contact information to [steinerranchyoungatheart@gmail.com](mailto:steinerranchyoungatheart@gmail.com) or call Dottie Thoms at 512-531-9360.

# *Save the Date for the Annual Steiner Ranch* **CONCERT IN THE PARK** *Saturday, August 17th*

The Steiner Ranch Summer Concert in the Park series returns on Saturday, August 17th with a great music line up! You'll hear opening acts from Steiner's own "Shoulda Turned Left", as well as the kid sensations, "Taco and the Enchilladas", followed by the main act and very popular "Luv Handle".

The event will be hosted by businesses and organizations in the immediate Steiner Ranch and Four Points areas. Games and activities for the entire family will include inflatables,

interactive games, video games, face painting, a foam pit and much more.

Food and beverages from local restaurants will be available for purchase, with the exception of alcohol, and attendees are welcome to bring their own refreshments. It's also recommended to bring lawn chairs and blankets or anything else suitable for an afternoon in the park. Join your neighbors and friends for a great time of music, dancing and family fun.



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[jannab@austinbaptistchurch.com](mailto:jannab@austinbaptistchurch.com)

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## NEW! Steiner Ranch Ladies Group

We invite you to join the Steiner Ranch Ladies Group at <http://www.meetup.com/Steiner-Ranch-Ladies-Group/>. This is a group for anyone interested in affordable activities in our neighborhood, like Concert in the Park, Ladies Night Out for Safe Place, Book Club, Movies, Ladies Lunch, Ladies Dinner, Cooking Classes and Fundraising. We are a Steiner Ranch Social Committee sponsored Group and as such have access to many of the special events and facilities our neighborhood has to offer.

The Steiner Ranch Ladies Group will be sponsored by the Ladies who join the site and vendors who sponsor the site. These funds will be used toward our group events. Please join us for Free until Jan 2014, the cost of membership after that time will be \$10.00, a small amount. We look forward to meeting you at any of the already organized many free events we currently have to offer Yoga, Akido, Concert in the Park on August 17, 2013, Running, Bike Riding, Walking Groups, Book Club, more to come in the upcoming months.

We look forward to meeting you at one of our many "Free to you" Events or at one of our meetings.

*Sincerely,  
Myrta McGugan-Mogen  
Volunteer, Steiner Ranch Social Committee*



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## Ladies Night Out 4 Safe Place, a Domestic Violence Shelter

*September 28, 2013 - 7-11 pm - Towne Square  
Community Center. 12550 Country Trails Lane*

You are invited to Steiner Ranch Social Committee 3rd annual Fundraiser for Safe Place, Ladies Night Out 2013, is a fun event with Friends, Food, Fun, Music, and a Raffle. Each of our Vendors has provided a gift for the raffle. Winning raffle ticket numbers will be posted on the Social Committee's Facebook page.

### WHAT IS DOMESTIC VIOLENCE?

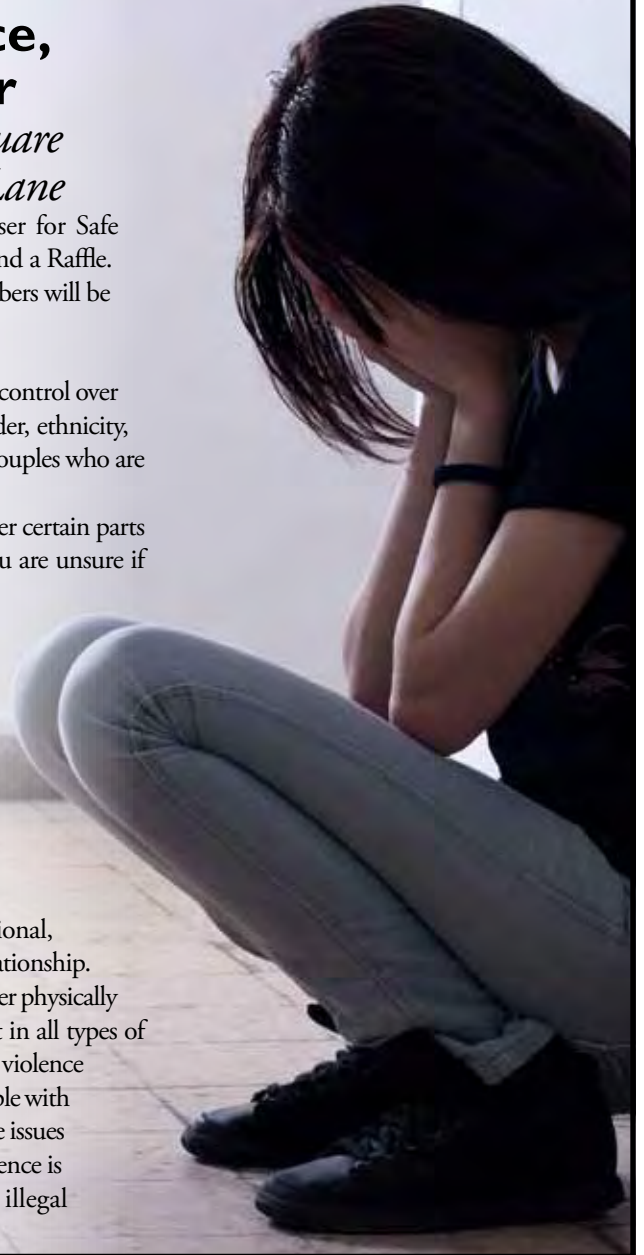
Domestic violence is a pattern of behavior used to gain or maintain power and control over an intimate partner. Domestic violence can happen to anyone regardless of gender, ethnicity, age, education, religion, disability status, or sexual orientation. It can happen to couples who are married, living together or in a dating relationship.

Abuse can take many forms and often begins by the abuser exerting control over certain parts of their partner's life; the abuse then progresses in frequency and intensity. If you are unsure if you or someone you know is in a violent or controlling relationship, read the red flags or call the hotline.

Forms of abuse include:

- Physical (Any forceful or violent behavior),
- Emotional (Any abuse that attacks someone's self-esteem and definitions of who they are),
- Economic (The use of finances where financial equality is not the goal, rather it is the financial control of one person over another),
- Psychological (Any abuse with the threat of violence. Psychological abuse involves fear, hurt, and degradation).

Many survivors and families realize after physical abuse begins that emotional, economic or psychological abuse were present during the early stages of the relationship. Most people relate to domestic violence as the physical act of a male spouse or partner physically harming a wife or girlfriend. Actually, the power and control issues are prevalent in all types of relationships and can include female abuse of a partner. Teen Dating Violence, violence within gay, lesbian, bisexual and transgender relationships and violence against people with disabilities or who are deaf are often overlooked. Within the last several years, these issues have been well studied and better understood; therefore, the term Domestic Violence is often referred to as "Intimate Partner Violence." All intimate partner violence is illegal and traumatic.



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# DON'T GET BURNED!

By Stacie Saenz LaMothe, ICU R.N. & Nutritional Coach

According to our calendars the first day of summer is just around the corner. You know what this means! Time to don those sunglasses and cute hats, put on your flip-flops and stock up on some sunscreen. I am here to tell you though that not all sunscreens are created equal. It's hard enough to choose a good sunscreen due to all the misleading and confusing labels, but most sunscreens also contain a hodgepodge of harmful and dangerous chemicals that should always be avoided. Our skin is our largest organ and most abused in my opinion. We slather on layer after layer of toxic ingredients. I shake my head at disbelief that the FDA approves so many of these ingredients, especially when it comes to sunscreen that we use on our children and infants! Children are the most vulnerable to these toxins and chemicals and their skin acts like a permeable membrane as well, so whatever you put on them gets into them!

So what to do? It gets complicated; like all my fellow ladies I want to avoid wrinkles at all cost and I don't want to turn into a red lobster when I get out in the sun. OUCH! I want to be protected. Most importantly, I want to have all the protection I can get against UV radiation and skin cancer, but not increase my risk from the sun protection lotion causing more harm than the sun itself! Experts even say, "Some sunscreens may actually promote the development of cancer because they contain chemicals that lead to increased free radicals". Free radicals are those little chemicals that are highly charged and can cause DNA damage in replication and regeneration of your tissue – yikes! I eat a high organic plant based diet for this reason alone since it reduces them. Here are the brands to watch out for:

- Banana Boat
- Neutrogena
- Bull Frog
- Coppertone
- Aveeno
- Australian Gold
- Hawaiian Tropic

These and nearly all store brands (CVS, Walgreens, etc.) are some of the worst offenders. All these brands contain many of the following dangerous ingredients:

- Octyl methoxycinnamate (octinoxate)
- Octisalate
- Retinyl Palmitate (a form of vitamin A)
- Avobenzene
- Oxybenzone
- Fragrance
- Homosalate
- Octinoxate
- Parabens

## WHY YOU NEED TO AVOID THEM

**Oxybenzone** - is the most problematic chemical used in sunscreen in the USA and found in 80 percent of chemical sunscreens. EWG (Environmental Working Group) recommends that consumers avoid oxybenzone because it can penetrate skin, causing allergic skin reactions and may disrupt the endocrine system and hormone function in the body. This chemical only blocks UVB rays, in other words, it blocks all our beneficial Vitamin D that we need! Links have also been found with increased risk of endometriosis and lower birth weights in female newborns.

**Retinyl Palmitate** (a form of vitamin A) - A study by U.S. government scientists in 2009 found that when retinyl palmitate was applied to the skin in the presence of sunlight it actually speed the development of skin tumors and lesions. It can also form free radicals that damage DNA.

**Octinoxate** - is an endocrine disruptor, estrogen mimicker, a penetration

enhancer, and produces damaging reactive oxygen species upon exposure to sunlight.

**Octocrylene** - is a free-radical forming chemical.

**Parabens** - are suspected endocrine disrupters, mimicking estrogen, the primary female sex hormone and may interfere with male reproductive functions. Parabens are also found in our shampoos, lotions and makeup.

**Fragrance** - Sure fragrance smells nice but fragrance is usually an undisclosed mixture of ingredients that have been associated with allergies, dermatitis, respiratory distress, and organ system toxicity.

Also, avoid sunscreen with higher SPF. Many studies have found that people are misled by claims on high-SPF sunscreen. They are most likely to stay out in the sun longer without redness due to the UVA protection, but are exposing their skin to aging, wrinkling and cancer causing UVB rays for longer than another person that uses a lesser SPF sunscreen, you get red for a reason! It's your body's way of saying get out of the sun! Higher SPF protection has never been proven to be more effective. When used correctly, sunscreen with SPF values in the range of 30 to 50 will offer strong sunburn protection, even for people most sensitive to sunburn.

Finally, avoid aerosol sprays. Aerosol sprays are only more convenient and great for squirmy kids but according to EWG, the zinc oxide particles contained in aerosol bottles could cause lung inflammation if inhaled. The International Agency for Research on Carcinogens has classified titanium dioxide as a "possible carcinogen" when inhaled in high doses. They also make it too easy to miss a spot, leaving bare skin exposed. These can also contain further dangerous additives for performance purposes.

## TIPS FOR SAFER SUNSCREENS

- Zinc oxide and titanium dioxide provide strong sun protection with few health concerns. They offer good protection from UVA rays and better than other active ingredients listed above. NON-nano particle size titanium dioxide and zinc oxide is an even better option given you both UVA and UVB protection.
- Look for broad spectrum sunscreen. These protect from both UVA and UVB rays.
- Look for unscented sunscreens to avoid fragrance or choose sunscreens that contain safe essential oils for a nice natural scent like vanilla.
- Look for water resistant sunscreens.
- Reapplying frequently is essential.

Refer to [www.ewg.org/2013sunscreen/](http://www.ewg.org/2013sunscreen/) for more information on safer ingredients.

## SO, WHICH SUNSCREENS ARE SAFE?

- Aubrey Organics Natural Unscented Sensitive Skin/Children Sunscreen SPF30.
- California Baby, Super Sensitive (No Fragrance) Broad Spectrum SPF 30+.
- Badger Chamomile and Calendula Broad Spectrum Sunscreen, SPF 34.
- Adorable Baby Sunscreen Non-Nano Zinc Oxide UVA/UVB, SPF 30.
- Goddess Garden Sunny Baby Natural Sunscreen, Broad Spectrum SPF 30.

Well, I hope that this article opened your eyes a little and I will see you at Bella Mar Pool!

## PETS IN THE PARK EVENT

# A HUGE SUCCESS!!!

Pets in the Park was a huge success! The event offered the Steiner Ranch community an opportunity to enjoy an afternoon outdoors while spending time with furry loved ones! Twenty four local businesses participated in Pets in the Park on June 2nd which included a wide variety of fun activities for kids, adults and their four-legged friends alike. Live music, pizza, frozen treats, and a scavenger hunt were among the amenities for the two legged community members. An obstacle course, ice pool, treats, and lots of water dishes were out for the canines in attendance.

One of the primary goals of the event was to raise awareness of the mission of the Austin Animal Center while raising funds to support these efforts. During the event individuals generously offered pet supplies and monetary donations, while local businesses and non-profit organizations supplied gift baskets that were auctioned off to raise money for the center. The event raised over \$1200, directly benefiting the Austin Animal Center! Kimberly Hart of the Austin Animal Center was "amazed and highly impressed". She stated, "What these young fifth graders have done has never been done for us by anyone!"

The event was conceived, organized and hosted by Girl Scout Troop 2375. The Scout Troop members Madelyn Howe, Ashley Levy, Maggie McElmurry and Jonna Poursepanj earned the highly regarded Girl Scout Bronze Star Award for generating this community service. Lake Austin Service Unit Director Sarah Doolittle presided at the ceremony with words of praise for these future leaders.

By day's end, numerous community members and businesses were eager to sign up for the next event. Truly a good time was had by all – and for a great cause!!

*Donna Poursepanj, Troop 2375 Bronze Star Award Project Leader*



*From Left to Right: Jonna Poursepanj, Madelyn Howe, Kimberly Hart (AAC Program Manager), Maggie McElmurry, and Ashley Levy*





Did you wait to late? It may be too late to get in the camp you want!! Look for registration forms and current information on-line at [www.steinerranchhoa.org](http://www.steinerranchhoa.org). Here are the summer camps we are offering:

- Sportball
- Cooking
- Arbrakadoodle Art
- Kidventure
- Steiner Tennis
- Score 1 Sports
- Ultimate Frisbee
- Lego Robotics
- Lone Star Soccer
- Browns Gymnastics
- Theater Action Project
- Cheer Bliss
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- Drawing Realistic Animals Camp

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## Home Ignition Zone (HIZ) Assessors Needed

The Firewise Committee is putting together a team of HIZ Assessors to conduct individual assessments (on request) for residents in Steiner Ranch. With only a couple of people trained to do assessments, we are falling behind in getting these done. If you are interested in learning more about what you can do to protect your home and have time to meet with other residents to assist them, this is your chance to take advantage of professional training and help make Steiner Firewise! There is a class forming in July, and there will be another opportunity available this fall. Please contact us at [SRFirewise@gmail.com](mailto:SRFirewise@gmail.com) if you are interested.

The Firewise Committee meets the 3rd Monday of the month at 7:00 at Bella Mar. All are welcome to attend.

# got eyes?

**Protect them from the harmful sun!**



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## SADDLE UP AND RIDE!

The Steiner Ranch Cycling Club is a group of fun loving cyclist that enjoy getting outside, burning calories, and meeting new people. Cycling is easy on your body, good for your health and a great way to build community.

### SATURDAY RIDES

We meet every Saturday at Cups & Cones at 7:30am for a 45+ mile bike ride. There is no cost to ride with our group. Our Saturday rides are designated for intermediate to advanced riders. We have two groups with Group A averaging 17-20 mph and a Group B that averages between 15-16 mph.

We have several routes that we rotate between. You can see what the ride for the week is going to be by going to the club website at [www.steinerranchcycling.com](http://www.steinerranchcycling.com)

While we try to keep the group together if you can keep up with Group B then you will get left behind. We do provide cue sheets at the beginning of the ride and you can also find the route map and cue sheet on the website.

### SUNDAY RIDES

We meet every Sunday at Cups & Cones at 7:30am for the Tour de Steiner Ranch which is a 23 mile ride around Steiner Ranch. While this is a NO DROP ride you should be able to average at least 12 mph for this ride.

Please visit our website at [www.steinerranchcycling.com](http://www.steinerranchcycling.com) for

details regarding the current week's rides. You should also note that on the Final Sunday of each month we meet up at the Steiner Ranch Steakhouse at 8:30am for the Jack & Adams ride instead of starting from Cups & Cones.

After the ride the Steakhouse has generously provided for ½ price breakfast and live music. There are typically 100 – 200 riders for this event.

### SPECIAL RIDES

Sunday July 7, 2013 – DLA Piper Sorta Social Ride (FREE)

This first Sunday of the month ride will start from Mellow Johnny's at 9:00am and will average 16 mph over 35 miles and then finish at Mellow Johnny's. DLA Piper sponsors a SAG vehicle and tacos after the ride.

Saturday July 20, 2013 – Triple Crown

Bicycle Sport Shop will be hosting this really fun ride. Whether you're chasing the polka dot jersey or the lantern rouge, The Bicycle Sport Shop will have you covered! There will be a ride from every store location.

### SAFETY TIPS OF THE MONTH

For Cyclists: Please try to make yourself as visible as possible when riding. That means take your position in the lane, wear bright cloths and put flashy lights on your bike.

For Motorists: Please DON'T TEXT & DRIVE. Distracted driving is the # 1 cause of motor vehicular accidents. We cyclist see an unbelievable amount of people with their heads down texting while on the road.

Please join Steiner Ranch Cycling in thanking the following sponsors for supporting cycling in our community:

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- Texas Beef Council

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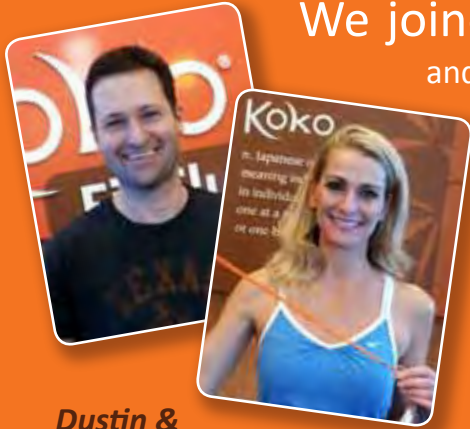
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- Cups & Cones
- Independent Investment Bankers Corp.
- Lake Travis Eye and Laser
- Microventures
- Mogen Consulting Financial & Training
- Moreland Properties
- Munsch Hardt Kopf & Harr
- Pinnacle Sports Performance and Rehabilitation
- PMB Helin Donovan
- RoadBikeGear.com
- Sendero Homes
- South Oaks Family Medicine
- Wild Basin Fitness

*RIDE DISCLAIMER: Each rider is responsible for his or her own safety on our rides. Please join us at your own risk. Our weekly rides are open to public participation but ride leaders do NOT assume any liability for your participation. We will ask that all participants follow traffic laws and wear a helmet while on our rides. For comments or questions feel free to reach us via our website at [www.steinerranchcycling.com](http://www.steinerranchcycling.com) or email Dante Fichera at [dantefichera@gmail.com](mailto:dantefichera@gmail.com)*





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# Around Steiner

## REGISTRATION IS OPEN 2013 FALL PROGRAMS

### FOR ADULTS & CHILDREN

Registration for the Fall 2013 Program season begins for Residents Only on July 1st – July 15th. Open Registration begins July 16th

The Steiner Ranch Fall Program for 2013 will begin in late August/early September. Most of the programs were offered last spring, but we also have a few new ones that have been added to ever grown list of Programs. The Fall Program Guide and registration information can be downloaded from our website at [www.steinerranchhoa.org](http://www.steinerranchhoa.org). Classes being offered this Fall are:

#### CHILDREN'S PROGRAMS

- Sportball
- Tap/Ballet/Hip Hop
- Gymnastics
- Karate
- Tennis
- Art
- Soccer
- Flag Football
- Abacus Brain Study
- Music
- Soccer/Flag Football
- Culinary Cooking Classes
- Tot Football
- Wrestling

#### TEEN/ADULT PROGRAMS

- Yoga for Seniors
- Karate
- Tennis
- Master's Swimming
- Zumba
- Stroller Strides
- Walk Live
- Akidio

For questions or to obtain more information, please contact Sharon Adams at 512-266-7553 or [sharon@steinerranchhoa.org](mailto:sharon@steinerranchhoa.org).



## American Red Cross Babysitter Training Course

9:00am – 4:00pm | \$50 per person

Towne Square Community Center, 12550 Country Trails Lane

*This is a very popular class, so sign up early for any of the dates below!*

July 27 | Oct. 19 | Dec. 7

If you're 11 to 15 years old, you can get the knowledge, skills and confidence to care for infants and school-age children. Combining video, a participant's handbook, activities, hands on skills training and discussion for a complete learning experience, this course shows you how to:

- Respond to emergencies and illnesses with first aid, rescue breathing and other appropriate care
- Make decisions under pressure
- Communicate with parents to learn household rules
- Recognize safety and hygiene issues
- Manage young children
- Feed, diaper and care for infants

Bring a sack lunch! Space is limited. Prior registration is required and the 2011 Program Registration form is available at [www.steinerranchhoa.org](http://www.steinerranchhoa.org).

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*"I am a Steiner Ranch resident. I'd love to help you plan your next dream vacation."*

#### Feature of the Month

Special reserved rates for Celebrity's newest ship, **Reflection**. Join Steiner friends on a cruise out of Miami, January 25—Feb 1, 2014

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Reservations must be confirmed and traveled by July 31, 2013. Discounted rates are subject to availability. Valid for new reservations only. Black-out dates apply. Use Promotion Code Cabin1 for weekday reservations and Cabin2 for weekends (minimum two-night stay required for weekends). Call 877.369.2045 or e-mail [reservations@reserveatlaketravis.com](mailto:reservations@reserveatlaketravis.com). There are amazing ownership opportunities at Lake Travis, as well, including homesites, cottages and villas. Just ask!

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# Pool & Swimming News

## Stars Divisional Championship Meets – July 6<sup>th</sup>

As we near completion of another terrific year of Steiner Stars swimming, here are some highlights from the season:

Over 500 swimmers participated in the Steiner Stars Red and Blue Teams this summer.

As of print of this article, 78 swimmers earned event times that qualified them to compete in the Northwest Swim Circuit Invitation Meet, being held at the University of Texas on July 7th. We anticipate that we will have approximately 150 swimmers that will qualify before the season is over.

On July 6th, both teams will compete in a championship meet within their respective divisions in the Northwest Swim Circuit, with the Stars Red team traveling to Round Rock for their Divisional meet, and Stars Blue traveling to Brushy Creek.

### SHOOTING STARS BEGINS JULY 9<sup>TH</sup> AT JOHN SIMPSON POOL

Coach Hollie and the Shooting Stars coaching team are back for another summer of developmental swim instruction. There will be over 150 swimmers registered for the Shooting Stars developmental program. This program begins on July 9th and runs through August 1st. Practices days are Tuesday, Wednesday and Thursday mornings from 7:30am to 12:30pm at John Simpson Pool.

#### AGE GROUP PRACTICE TIMES:

- 7:30am – 8:30am: 5 year-olds
- 8:30am – 9:30am: 6 year-olds
- 9:30am – 10:30am: 7 year-olds
- 10:30am – 11:30am: 8 year-olds
- 11:30am – 12:30pm: 9+ year olds



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7y 1mo, Severe Overjet, Retruded lower jaw

9y 8mo, After Early Treatment

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# July 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 6:30pm - FREE Yoga (TSCC) 8:30pm - FREE Aikido (BMCC) Register for Fall Programs	<b>2</b> 6:30 pm - Facilities Committee Meeting (TSCC)	<b>3</b> 8:30pm - FREE Aikido (BMCC) 4:00pm - Decorate Your Ride (JS Park)	<b>4</b> 9:00am - 4th of July Parade (JS Park)	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b> 6:30pm - FREE Yoga (TSCC) 8:30pm - FREE Aikido (BMCC)	<b>9</b> 7:30am - 12:30pm - Shooting Stars Practice Begins (JS Lap Pool) 9:30am - Social Committee Meeting (Cups & Cones)	<b>10</b> 8:30pm - FREE Aikido (BMCC)	<b>11</b> 8:30 am - YAH Walking Group	<b>12</b>	<b>13</b>
 <b>14</b>	<b>15</b> 6:30pm - FREE Yoga (TSCC) 8:30pm - FREE Aikido (BMCC)	<b>16</b> 7:00pm - Solar Workshop (TSCC)	<b>17</b> 8:30pm - FREE Aikido (BMCC)	<b>18</b> 8:30am - YAH Walking Group	<b>19</b>	<b>20</b> Movies in the Park at dusk (TS Fields)
	<b>Viper Swim Camp 8am-10am at BM Lap Pool</b>					
<b>21</b>	<b>22</b> 6:30pm - FREE Yoga (TSCC) 8:30pm - FREE Aikido (BMCC)	<b>23</b>	<b>24</b> 8:30pm - FREE Aikido (BMCC)	<b>25</b> 8:30am - YAH Walking Group  6:00pm - SRROA Board of Directors Meeting (TSCC)	<b>26</b>	<b>27</b> 9:00am - 4:00pm - Red Cross Babysitting Class (TSCC)
 <b>28</b>	<b>29</b> 6:30pm - FREE Yoga (TSCC) 8:30pm - FREE Aikido (BMCC)	<b>30</b>	<b>31</b> 4:30pm - SRMA Board of Directors Meeting (TSCC)  8:30pm - FREE Aikido (BMCC)	<div> <b>YAH - Young At Heart</b>   <b>SMAT - Steiner Moms and Tots</b> </div>		

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# August 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:30 am - YAH Walking Group 6:30pm - New Resident Orientation	2	3
4	5 6:30pm - FREE Yoga (TSCC) 8:30pm - FREE Aikido (BMCC)	6 6:30pm - Facilities Committee Meeting (TSCC)	7 8:30pm - FREE Aikido (BMCC)	8 8:30 am - YAH Walking Group	9	10
11 	12 6:30pm - FREE Yoga (TSCC) 8:30pm - FREE Aikido (BMCC)	13 9:30am - Social Committee Meeting (Cups & Cones)	14 8:30pm - FREE Aikido (BMCC)	15 8:30am - YAH Walking Group	16	17 6:00pm - Concert in the Park (TS Fields)
18	19 6:30pm - FREE Yoga (TSCC) 8:30pm - FREE Aikido (BMCC)	20	21 8:30pm - FREE Aikido (BMCC)	22 8:30 am - YAH Walking Group	23	24 Movies in the Park (TS Fields)
25 	26 6:30pm - FREE Yoga (TSCC) 8:30pm - FREE Aikido (BMCC) First Day of LISD School!	27	28 3:30pm - SRMA Board of Directors Meeting (TSCC) 8:30pm - FREE Aikido (BMCC)	29 8:30 am - YAH Walking Group 6:00pm - SRROA Board of Directors Meeting (TSCC)	30	31

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## NO DIAPERS ALLOWED

As the swim season gears up, please be aware of the pool policy regarding children who are not potty-trained:

***Children who are not potty-trained and who use swim diapers are not allowed in the Bella Mar Lap Pool.***

### **ALL OTHER COMMUNITY POOLS**

Double diapers (swim diaper + plastic pants) must be worn by children who have not been completely toilet trained. This policy is in place to help keep accidents from happening and reducing the need to close pools due to contamination.



## Viper Swim Camp (Boys and Girls)

The Vandegrift Swim Team already has numerous traditions and success, so come get to know the Vandegrift Swim coaches while gaining more swimming experience. All swimmers must already know all 4 strokes legally to attend. This camp will take each swimmer through each stroke and finesse their technique. At the same time, the swimmer will get to experience why swimming for Vandegrift is fun, motivating and filled with pride. Spots are limited so act fast to be a part of a great VIPER experience!

### **BELLA MAR IN STEINER RANCH**

- Requirements - Bring water, a towel, swimsuit, goggles and a cap. Swim equipment will be provided
- \$90
- July 9th – 12th from 8am – 10am
- Grades: Middle School – 9th Grade

---

*Register at [www.leanderisd.org](http://www.leanderisd.org)*

*Contact - Holly Raffaeli*

*[holly.raffaeli@leanderisd.org](mailto:holly.raffaeli@leanderisd.org) - 512-944-5531*

---

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- 2013 Texas Dental Association New Dentist Leadership Award

And she will continue to be a positive impact to the Austin community as she steps into her new role as the 2013 President of the Capital Area Dental Society.

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## Planning a Pool Party?

The Steiner Ranch pools are a great place to have a party! They are fun, clean and safe for you and your guest. The main goal for the HOA and Lifeline Aquatics is to keep it that way. If you are renting a facility (Pavilion, Community Room, etc.) and plan on using the pool with more than 40 guests, you will be required to hire additional lifeguards, at your expense, to help protect all of the patrons at the pools.

To hire lifeguards, please contact the Lifeguard Company directly at 1-877-354-1313 or [admin@lifelineaquatics.com](mailto:admin@lifelineaquatics.com).

## Swim Lessons offered in Steiner Ranch

**Beginners:** Instructors teach basic water safety fundamentals and stroke techniques to children ages 3 to 6. The emphasis of the class is to increase the students' level of comfort while in and around the water to create a safe, fun experience for all. No previous swimming experience is required. Safety and fun go hand in hand with these new learners!

**Intermediate:** Instructors work with swimmers who have previous swimming experience to further develop, improve upon, and refine their strokes. Designed to allow students to become 100% comfortable and safe around the water!

**Advanced:** Instructors teach advanced stroke techniques, turns and starts, and lap swimming strategies, with a focus on preparing swimmers for swim team and other competitive aquatic events. Students will also learn to utilize aquatics equipment to improve their strokes on their own, and become better swimmers all around!

Each session is 2 weeks (8 classes) long for a cost of \$75.00. For information and registration go to [www.steiterranchhoa.org](http://www.steiterranchhoa.org).

*NOTE\*\* If you wish to hire someone to teach a private lesson (other than the vendor provided by the HOA), the instructor must provide the HOA with General Liability coverage prior to any lessons being conducted. Question? Call Sharon Adams at 266-7553.*

# SUMMERFEST

— community party —

**FREE ADMISSION**

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# Pool & Swimming News

## Year Round Swimming Program for Adults

Come join the Masters Swim Program! The workouts are adjusted for everyone from beginners all the way to advanced -- no swim experience needed! No intimidation allowed! If you can swim one length of the pool, then you are ready to join in on the fun. Currently, we have "newbies" who haven't ever participated in organized adult swim classes, new and experienced triathletes who want to improve the swim part of their triathlons, and experienced master's swimmers looking to enjoy an organized swim workout. Regardless of your skill level, you will find a lane with swimmers who match your ability and enthusiasm.

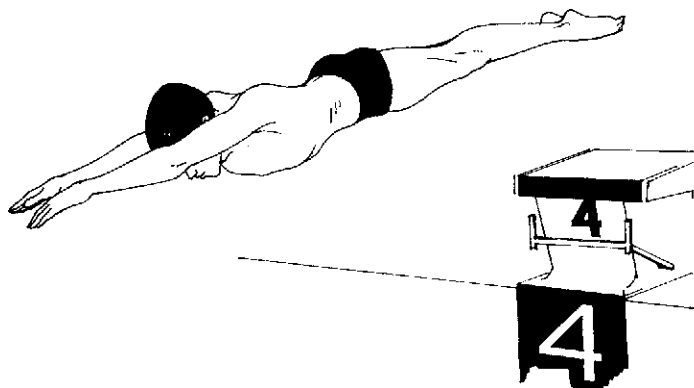
### Our swim schedule is as follows:

Wed - Fri 5:30 a.m. - 6:45 a.m. | Sun 6:30 a.m. - 7:45 a.m.

\$45 per month for Residents | Come on and give it a try! It's easy to sign up | You must be 18 yrs. and older.

Join U. S. Masters Swimming! To be eligible to compete in masters' meets, to get a great magazine, and for HOA insurance purposes, go to the United States Masters swimming website, [www.usms.org/reg](http://www.usms.org/reg) and join our team Red Giants Masters swimming. You can print your card immediately and take a copy to the HOA office. Fill out the Program Registration form at the HOA office, provide a copy your USMS card and submit payment! As this is a Year Round Program, it's a great way to meet new friends and be a part of a fun community of swimmers and neighbors!

## DIVE BLOCKS AT THE BELLA MAR POOL ARE FOR SWIM TEAM USE ONLY.



Dive Blocks at the Bella Mar Pool are for Swim Team Use only. You must be a Coach on the Steiner Stars or other Club team in order to use them. Please do not allow your children to use or take off covers at any time!

*Thank you!*

## DIRECTV is rolling out the RED CARPET

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and the Metzler Family*

## POOL PROCEDURES

Due to the high demand and use of the Steiner Ranch pools, for the 2nd year you will see gate monitors during various times and days at the Bella Mar pool. Their job will be to check that only HOA members in good standing and no more than four of their guest are entering the gates of the pool. If you have reserved a room or pavilion, they will check in your guest and give them a wristband. This will help the gate monitors and the guards identify your guest.

### WHAT DOES THIS MEAN TO YOU?

- Make sure you take your key fob with you to the pool. Gate monitors will not allow you to enter the pool without it.
- Make sure you are in good standing with the HOA. Good standing means you have no outstanding HOA fees, no outstanding violations and, if you are a tenant, you are registered.

- Do not bring more than four guests to the pool. (Unless you have a reservation)
- No one under 14 will be allowed to enter without an adult 18 years old or older.

### WHY GATE MONITORS?

- Our main reason for the gate monitors is for the safety of our patrons. Too many people that are not residents of Steiner Ranch have had easy access to the pools when gates are left open.
- To help prevent "accidents" in the pools. Contamination of the pools cost thousands of dollars each year. Gate monitors will be able to inform parents of young children the rules regarding diapers.

We hope that the addition of the gate monitors will help provide a safe and fun environment for you when enjoying the Steiner Ranch Pools.

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## WATER AEROBIC

If you want to get into an exercise program, but cannot get motivated, or the pavement plays havoc on your knees, legs or hips, or you just don't want to exercise in the workout room by yourself, try WATER AEROBICS. Water aerobic classes will again be offered this Spring/Summer @ Towne Square Pool in Steiner Ranch. Classes will begin May 1st. The schedule will be as follows:

***Mon/Wed @ 6:45 pm***

***Tues/Thurs @ 9:00 am***

16 classes/month @ \$75

8 classes/month @ \$45

4 classes/month @ \$25

*(plus \$5.00 for non-residents of Steiner Ranch)*

Classes are 50 minutes long & will incorporate a full body workout in the water. Classes are lead by a certified water aerobics instructor.

***Some of the benefits of water aerobics fitness program are:***

- strengthen & improve muscle tone
- enhances muscular flexibility
- increases range of motion
- improves posture & physical appearance
- relieves tension & stress
- increases energy levels & stamina
- burns up calories
- strengthens the cardiorespiratory system (heart, muscles, & brain)

These classes are a great way to start the morning or end a "trying" day at the office or work. Come join us for lots of fun & great workouts to music. It's an opportunity to meet your neighbors & make new friends. These classes are for both adult men & women.

For more information, call Ann @ 266-4780 or email [askennedy@austin.rr.com](mailto:askennedy@austin.rr.com). Sign up will take place prior to the first class of every month @ Towne Square Pool.



# SUMMER POOL HOURS

The following hours will apply:

## BELLA MAR

Monday 2:00pm – 10:00pm

Tue- Sun 7:00am – 10:00pm

*The following programs will be using the lap pool:*

*Master's Swim Program* – Wednesday & Friday 5:30am – 6:45am;

Sunday 6:30am – 7:45am

*Vipers Swim Camp* – July 15th – July 18th 8:00am – 10:00am

*Austin Elite Swimming* – Mon-Wed-Fri 3:30pm – 4:15pm

## TOWNE SQUARE

Closed Monday until 12:00pm

Open Tuesday – Sunday 8:00am – 10:00pm

*The following programs will be using the Towne Square pool:*

Towne Square - Water Aerobics Mon/Wed at 6:45pm and Tue/Thur at 9:00am.

## JOHN SIMPSON

Closed Monday until 2:00pm (Note new pool closing hours)

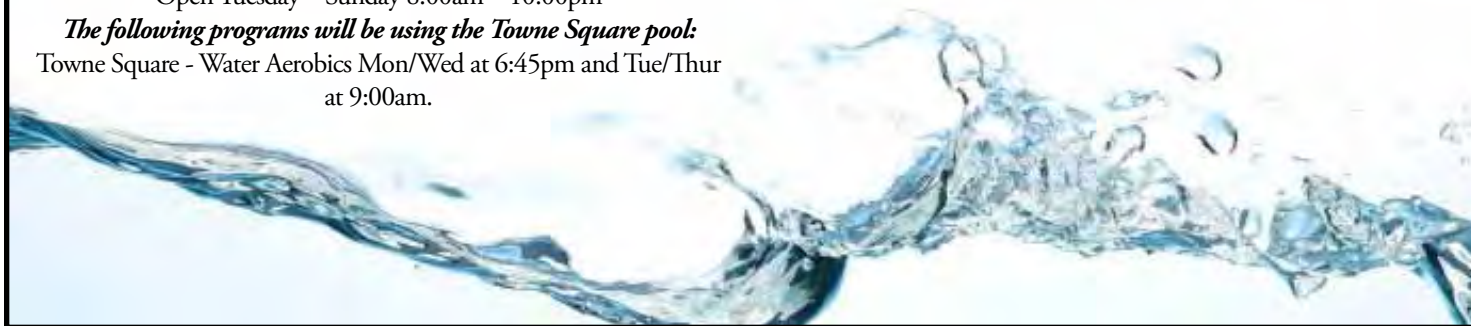
Open Tuesday – Sunday 8:00am – 10:00pm

*The following programs will be using the lap pool:*

John Simpson – Shooting Stars – Tuesday – Thursday 7:30am –

12:30pm, July 9th – August 1st

*Please note\*\*Lifeguard will be on duty at Bella Mar & Towne Square 7 days a week from noon – 8pm and at John Simpson Fri-Sun noon – 8pm. Swim at your own risk.*



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\*Delivery Fee May Apply

## ..... 100 KILOMETERS OF STEINER RANCH ..... ●●●●●

*by Tom Forshee*

On Sunday June 2nd I completed and won the 6th Annual 100 km of Nowhere race which was held in Steiner Ranch. What you say you didn't know anything about it? Nor did you see hundreds of lycra clad bicyclists racing around the neighborhood with police escorts and closed roads? Well that's because the 100 km of Nowhere is a race without a place. It's an event in which hundreds of people participate . . . all by ourselves anywhere in the world you choose whenever you choose to do it.

The origin of the 100 MON is when Eldon Nelson (aka the "Fat Cyclist") wife Susan was battling cancer he rode 100 miles on a set of rollers in his basement in UT. As a well followed blogger many picked up on this and the event was born and starting in 2008 it has become a public event.

For me this was my 3rd event In 2011 I rode (16) 6.25 mile laps through Plateau, The Hills at Westridge, Majestic Oaks, Eastridge Valley, Mesa North, Chaparral, Rocky Ridge and then started over. In 2012 I had signed up for the event but after an injury I was unable to ride. This year I picked a slightly different

route by inserting the Fairways at Steiner Ranch and to end of the UT Golf Club area at Shadestone Terrace to make it an 11 mile route. I also was unable to complete the 100 miles this year so I cut it short at 100 Kilometers (62 miles).

For those of you who ride a bike inside Steiner you should know that there is very little area where the roads are flat for very long- what goes down you must come up. In 2011 over the 100 mile ride I also rode ~6700' in elevation gain, in 2013 the 62 mile ride I picked up ~3500'. Its also quite entertaining to see our neighbors who are out doing their normal routines- Jogging, Yard Work, Family time look at me as I ride by again and again wondering just what this crazy cyclist is doing for hours on end.

Finally I must thank my family for their support during each of these rides. From the Cowbells and the Posters to acting as a pit stop at every loop with a new water bottle, a power bar or even a sandwich.

Most importantly "Fight Like Susan" and do your part to beat cancer in a way that best suits you.

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## Vandegrift XC Coin Drive to Benefit Moore, OK

Current, incoming and past runners of the Vandegrift Cross Country Team recently held a coin drive to benefit the American Red Cross to raise money for the Moore, OK victims. They set out to raise \$600 and surpassed their goal by raising a total of \$1,004.20.

Caleb Stubbs and Chris Hardy and the rest of the runners drove this effort to raise money for the Moore, OK victims. After starting the coin drive, they learned their Cross County Coach, Kevin Helm, was an assistant football coach at Highland East Jr. High in Moore. Coach Helm reached out to Coach Gerald Washington (Highland East Jr High) and learned that, unfortunately, the old basketball gym was completely gone after the tornado struck. Coach Helm stated he is very proud to be a part of such a caring team and community! Thanks to everyone for donating!!



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# From the Association Office

## *Congratulations to Sharon Adams*

*Scott Selman, Executive Director  
Steiner Ranch Community Associations*

If you have spent any time working with the HOA on programs, events, the newsletter, or the website, I'm sure you have had the pleasure of working with Sharon. In fact, if you have had any interaction with the association offices at all, you have probably had some interaction with her, as her involvement over the last ten years in providing a positive impact on virtually every aspect of the Steiner Ranch HOA cannot be overlooked.

In order to maintain her high level of professionalism, Sharon has recently received a designation of PCAM (Professional Community Association Manager), the highest level of recognition for managers provided by Community Associations Institute (CAI). Through advanced training and education, the PCAM designation helps ensure that the manager has the knowledge, experience, and integrity to provide the best possible service to your association. PCAM designees have made a commitment to continuing education and must adhere to a professional code of ethics. They have passed courses on reserves, maintenance, insurance, budgeting, community governance, contracts, and rules. PCAM's continually update their base of expertise by participating in professional development seminars.

At the time of her designation Sharon became one of only roughly 2300 community managers in the country that has earned this prestigious designation. I would like to personally congratulate her on both this wonderful accomplishment as well as the dedication to Steiner Ranch she has shown over the years. If you see her around the Ranch, make sure to say thank you and congrats!



## STEINER RANCH STEAKHOUSE

Happy Hour is from 4:00 - 6:30 pm  
Every Day of the Week

**Specialty Cocktails - \$5**

**Well Drinks - \$5**

**Select House Wine - \$5/glass**

**Draft Beer - \$3**

**All Bottled Beers - \$1 Off Regular Price**

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# From the Association Office

## **FIREWORKS/FIRECRACKERS PROHIBITED**

### **STEINER RANCH FIREWORKS POLICY**

The Steiner Ranch Master Association (SRMA) and the Steiner Ranch Residential Owners Association (SRROA) have heard from an increasing number of homeowners concerning fireworks and firecrackers in Steiner Ranch. All homeowners are reminded that Section 2.14 of the Steiner Ranch Master Association Development Area Declaration and Section 3.13 of the Steiner Ranch Residential Owners Association Covenants, Conditions & Restrictions (CC&R's) titled Hazardous Activities SPECIFICALLY forbid fireworks within Steiner Ranch, unless prior written board approval has been granted for professional pyrotechnic shows meeting all mandated safety requirements.

#### **THERE ARE A NUMBER OF REASONS FOR THIS PROHIBITION:**

- The usage of increasingly powerful fireworks places homes at serious risk of fire.
- The topography and green space of Steiner Ranch is conducive to major fires.
- Federal rules regarding management of the BCCP (which borders Steiner Ranch) impose significant restrictions on activities that may affect the wildlife therein. Serious penalties for their violation can be

imposed by federal officials.

- Homeowners are entitled to the peaceable enjoyment of their property.

Fireworks and firecrackers are and will remain prohibited in Steiner Ranch for the reasons above. Your Board has authorized a warning for the first violation and a \$250 fine for the second violation of Section 2.14 and/or Section 3.13. Violations, once finalized after appeal, are permanent; repeat violations are subject to a \$500 fine. Professional patrols are in place to assist with the implementation of this policy.

Your Board reminds all homeowners that each of us has the ability and the responsibility to enforce the CC&Rs of Steiner Ranch whenever we feel that a violation is occurring. In the matter of fireworks and firecrackers, please contact the Association Office, at (512) 266-7553 as soon as possible during or immediately following an occurrence. Physical and/or photographic evidence is very helpful in substantiating a violation.

***Should you have any questions or comments on this policy, please contact the Compliance Coordinator at the Association Office at (512) 266-7553.***



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# ASSOCIATION ASSESSMENT PAYMENTS DUE

Semi-annual assessments for July - December are due on July 1, 2013. Statements were mailed to each homeowner at the mailing address on file in mid-June. If you do not receive a statement, please contact the Community Associations Office at 512-266-7553.

You are not exempt from paying assessments or late fees even if you do not receive a statement. Payments received after July 31, 2013 for any reason are subject to an initial \$25.00 late fee per association and a \$25.00 late fee for each additional month that the assessment remains unpaid. Please note that the assessment must be received by July 31st, not simply postmarked by July 31st. Your escrow account does not pay your assessments.

Online Assessment payments can be made at [www.steinerranchhoa.org](http://www.steinerranchhoa.org), by clicking on the "Online Assessment Payments" link. You can also sign up to receive your statements online.

You can still mail in your payments at the address listed on your statement, or bring them to the Association office at 12550 Country Trails Lane to avoid an On-line fee.

*\*\*\*Please note, you may lose resident privileges such as pool access, facility rental, and attendance at, or registration for, social functions and programs, if you have delinquent assessment.\*\*\**



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[www.mathnasium.com/northaustin](http://www.mathnasium.com/northaustin)

## LIBRARY CONTINUES IN JULY *at River Ridge Elementary and Four Points Middle School*

River Ridge Elementary and Four Points Middle School libraries continue to offer access to library books and programming during July, thanks to Leander ISD and the Hill Country Education Foundation. Librarians are available to provide technical support and assistance for students wanting to learn more about checking out e-books from Leander ISD's new virtual library called Overdrive.

### **RIVER RIDGE ELEMENTARY**

**Mondays and Wednesdays 9 am to noon**

July 8-storytime, 10:00 am  
July 10-storytime, 10:00 am  
July 15-storytime, 10:00 am  
July 17-storytime, 10:00 am  
July 22-storytime, 10:00 am  
July 24-storytime, 10:00 am  
July 29-storytime, 10:00 am  
July 31 – Joe McDermott, children's music recording artist, at 10:00 a.m. All books due.

### **FOUR POINTS MIDDLE SCHOOL**

**Tuesdays noon to 3 pm**

July 9-booktalks, 1:00  
July 16-booktalks, 1:00  
July 23-booktalks, 1:00  
July 30-All library books due.

Please note that there will be no restrooms available at the library. Non-registered LISD students will be unable to check out books. Kindergarten students registered for the 2013-2014 school year will be able to check out books.



River Ridge Info:



Overdrive Library:



FPMS Info:



# Brandy Finnessey

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-- Bobby Bones, National Radio Host based in Austin Texas

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## CHAMBER NOW ACCEPTING LEADERSHIP LAKE TRAVIS CLASS 005 APPLICATIONS

Leadership Lake Travis sponsored by the Lake Travis Chamber of Commerce provides a hands-on, interactive experience where leaders and emerging leaders will have the opportunity to enhance their personal and professional skills, gain a deeper understanding of community dynamics, and build a network of colleagues and associates throughout the south Lake Travis area.

Throughout the year, participants will travel to various sites, meeting the policy makers and trend setters in our community. They will interact with elected officials, city executives, business leaders, non-profit organization leaders and others who make our community work. Sessions have been designed to provide a solid foundation in the concepts and principles of leadership that will be addressed throughout the program as the participants are confronted with the daily issues that face our community.

It is hoped that graduates will use the insights and contacts they develop through this program to enhance performance in their current jobs and endeavors and enrich the community by involvement with local civic, government, business, religious and/or non-profit groups.

"Leadership Lake Travis encompasses the ability to effectively communicate the vision of our area while encouraging and nurturing business owners, leaders, and community members. I "thank" the chamber for finding a way to give us serious leadership lessons in a memorable way that we can apply immediately. The program has solid substance and can transform leaders in the

Lake Travis area" says Karen Reich, LTHS Assistant Principal.

"Each month, I was fortunate enough to connect with local business leaders, elected officials and administrators to learn how they interact with the community and confront issues that affect the people they serve and do business with.

The knowledge that each of us gained about the community, its history and its' leaders was invaluable" says Phyllis Campos, Community Impact Newspaper.

The commitment to the Leadership program is one day per month from September through May.

During the course of the program, participants experience an inside look at their community from various points of view such as local government, law enforcement, retail and economic development, real estate, tourism, education, non-profit and medical services day.

The Chamber is now accepting applications for Leadership Lake Travis Class 005. There are only 35 slots available for the class and interested applicants are encouraged to apply right away. The class selection will be made in August and the new group will be introduced at a reception later that month.

For more information about Leadership Lake Travis contact the Chamber at [info@LakeTravischamber.com](mailto:info@LakeTravischamber.com), 512.263.5833 or visit the website at [LeadershipLakeTravis.com](http://LeadershipLakeTravis.com) for an application.

The mission of the Lake Travis Chamber of Commerce is to promote sound economic growth, assist members with business development and create awareness related to the unique characteristics of the South Lake Travis Community.



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# Business Section

## Seven Business Networking Groups in the Area

### ARE YOU LOOKING TO GROW YOUR BUSINESS IN 2013?

*If so, you might be interested in a few of the business networking groups in the area. These are a few to choose from:*

#### STEINER RANCH REFERRALS BNI GROUP

Meetings are on Tuesday mornings from 8:00am to 9:30am at the Oasis. Visitors are welcome! If you are interested please contact Michael Bennett at [michael@bennett-tech.net](mailto:michael@bennett-tech.net) for more information or visit [www.BNIAustin.com](http://www.BNIAustin.com).

#### FOUR POINTS CHAMBER OF COMMERCE

The Four Points Chamber of Commerce provides networking opportunities at social gatherings, luncheons with guest speakers and activities. The Chamber brings businesses together along highway 620 from Hudson Bend to Anderson Mill and Ranch Road 2222 from Jester to Volente. Four Points Chamber supports business growth in the community where we live, work and play. In less than 6 months Four Points Chamber of Commerce exceeded its first year membership goals and continues to grow! For information about participating in upcoming events or membership benefits visit [www.fourpointschamber.com](http://www.fourpointschamber.com) or call (512) 551-0390. Membership inquiries may also be sent directly to [membership@FourPointsChamber.com](mailto:membership@FourPointsChamber.com).

#### NETWORKING NORTHWEST AUSTIN

Networking Northwest Austin is expanding its member base of businesses in our area. We believe in business by referrals and having a limited member base. We have a caring, positive, involved group of people who wish to build their businesses using the strength business referrals. No fees. Business education and speakers. Networking Northwest Austin meets on the second and fourth Mondays at 11:30 at Cheddars HWY 183 and Anderson Mill Rd. Visit <http://www.meetup.com/NetWorking-NorthWest-Austin/>

#### STEINER RANCH MARKETERS MEETUP GROUP

Join other marketers who live in Steiner Ranch and work in online marketing, search engine optimization, affiliate marketing,

search engine marketing, social media optimization, social media marketing, pay-per-click advertising, email marketing, and other areas of Internet marketing. Informal get-togethers in the community to learn and share things, as well as make connections with others. The group is open to anybody who lives in Steiner Ranch and is interested in Internet marketing: entrepreneurs, freelancers, 9-to-5ers, business owners and aspiring marketers alike. More details at [SteinerRanchMarketers.com](http://SteinerRanchMarketers.com)

#### YOUR LOCAL CITY

Steiner Ranch has a new business networking group. Your Local City is a positive, membership based, business networking organization with 17 groups meeting all over the Austin area. The Steiner Ranch group meets every Friday at 8:00 am at Lakeside Pizza and Grill located in the Shops at Steiner Ranch at Steiner Ranch Blvd. and Quinlan. Come join us to grow your business.

#### LAKEWAY NETWORKING, INC.

We are a diverse group of business professionals in the Lake Travis area, helping our members grow their businesses through qualified referrals. We meet every Thursday at 8AM at Santa Catarina, 1310 RR 620 South, in Lakeway. Come visit us and see how your business can benefit by being a member of Lakeway Networking. For more information, please contact Kelly Connor at [kellyconnor@austin.rr.com](mailto:kellyconnor@austin.rr.com) or 512-736-2495.5.

#### A+ REFERRALS BY THE LAKE BNI (LAKEWAY)

BNI is a professional business networking group that helps you build a team of partners to market your business. Come join us on Mondays from 11:30-1:00pm at Fore in Lakeway. Lunch is \$10 and visitors are welcome. Please feel free to contact Kimberly McLaughlin at [kimberly@LaHaPro.com](mailto:kimberly@LaHaPro.com) or visit [www.BNIAustin.com](http://www.BNIAustin.com) for more information.

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## Teenage Job Seekers

Name	Age	Baby Sit	Pet Sit	House Sit	Yard Work	Phone
Jenni Abbarno.....	16.....	•	•	•	•	266-8940
Katherine Nissen+ .....	12.....	•	•	•	•	266-7044
Lianna Cook .....	17.....	•	•	•	•	408-598-6954
Jonathon Broughton.....	16.....	•	•	•	•	699-9051
Savannah Broughton .....	14.....	•	•	•	•	826-6276
Sierra Bassett*^.....	15.....	•	•	•	•	382-9157
Spencer Bassett^ .....	12.....	•	•	•	•	382-9157
Elise Battisti+ .....	14.....	•	•	•	•	•
Rachel Hill*^.....	14.....	•	•	•	•	529-9442
Temple Davies*+ .....	14.....	•	•	•	•	512-584-9316
Molly Jones^ .....	19.....	•	•	•	•	512-266-8154
Gracie Jones ^ .....	17.....	•	•	•	•	512-266-8154
Susie Jones^.....	13.....	•	•	•	•	512-266-8154
Ben Jones .....	11.....	•	•	•	•	512-266-8154
Brian Talbot*+^.....	18.....	•	•	•	•	692-6206
Joe Talbot*+^.....	15.....	•	•	•	•	692-6206
Maggie Talbot*+^.....	16.....	•	•	•	•	692-6206
Colin Evans.....	14.....	•	•	•	•	512-736-2774
Forrest Keith* .....	16.....	•	•	•	•	512-266-7826
Natalie Krause*+ .....	15.....	•	•	•	•	512-705-4749
Emily Krause*+ .....	16.....	•	•	•	•	512-547-0222
Nicole Kenney*+.....	14.....	•	•	•	•	512-382-9813
Sarah Bearner*+.....	12.....	•	•	•	•	296-7434
Amy Sherman*+^.....	15.....	•	•	•	•	512-920-4834
Meredith Deering*+ .....	16.....	•	•	•	•	512-705-6799
Rachael Klein .....	18.....	•	•	•	•	512-810-9003
Hannah Breeden*+.....	14.....	•	•	•	•	512-809-3422
Chrissy Hooker*+^.....	14.....	•	•	•	•	636-5151
Max Heidger .....	13.....	•	•	•	•	994-9819
Ben Snyder.....	13.....	•	•	•	•	832-538-9809
Margaux Helmholtz*+.....	13.....	•	•	•	•	512-971-8846
Kiersten Dyke*+.....	12.....	•	•	•	•	512-680-8654
Emily Wisenbaker*+.....	19.....	•	•	•	•	512-698-4941
Adaline Wisenbaker.....	17.....	•	•	•	•	512-970-8807
Melanie Wisenbaker*+ ..	15.....	•	•	•	•	512-659-1602

\* - CPR Training                      + - Red Cross Certified  
    ^First Aid

### Attention Teenagers

The **Teenage Job Seekers** listing service is offered free of charge to all Steiner Ranch teenagers seeking work. Submit your name and information to [steinerranch@peelinc.com](mailto:steinerranch@peelinc.com) by the 9<sup>th</sup> of the month!

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# Pruning Guidelines

## for Prevention of Oak Wilt in Texas

Oak wilt, caused by the fungus *Ceratocystis fagacearum*, is the most destructive disease affecting live oaks and red oaks in Central Texas. Most of the tree mortality results from tree-to-tree spread of the pathogen through interconnected or grafted root systems, once an oak wilt center becomes established. New infection centers begin when beetles carry oak wilt fungal spores from infected red oaks to fresh, open wounds on healthy oaks. Wounds include any damage caused by wind, hail, vehicles, construction, squirrels, birds or pruning. Research has shown that both oak wilt fungal mats on infected red oaks and insects that carry oak wilt spores are most prevalent in the spring. Below is a brief description of how you can reduce the risk of fungal spread when pruning.

- Always paint fresh wounds on oaks, including pruning cuts and stumps, with wound dressing or latex paint immediately after pruning or live tree removal at all times of the year.
- Clean all pruning tools with 10% bleach solution or Lysol™ between sites and/or trees.
- If possible avoid pruning or wounding of oaks during the spring (currently defined as February 1 through June 30). Reasons to prune in the spring include:
  - To accommodate public safety concerns such as hazardous limbs, traffic visibility or emergency utility line clearance.
  - To repair damaged limbs (from storms or other anomalies)
  - To remove limbs rubbing on a building or rubbing on other branches, and to raise low limbs over a street.
- On sites where construction schedules take precedence, pruning any live tissue should only be done to accommodate required clearance.
- Dead branch removal where live tissue is not exposed.

Pruning for other reasons (general tree health, non-safety related clearance or thinning, etc.) should be conducted before February 1 or after June 30.

Debris from diseased red oaks should be immediately chipped, burned or buried. Regardless of the reasons or time of year, proper pruning techniques should be used. These techniques include making proper pruning cuts and avoiding injurious practices such as topping or excessive crown thinning. If you are uncertain about any of this information, you should consult with a Texas Oak Wilt Certified arborist, ISA Certified Arborist, or an oak wilt specialist from a city, county or state government agency such as the Texas Forest Service or Texas AgriLife Extension Service.

*References (available at <http://www.TexasOakWilt.org>):*

*Appel, D.N., and R.F. Billings (eds.). 1995. Oak wilt perspectives: Proceedings of the Nation Oak Wilt Symposium, June 22-25, 1992. Austin, TX. Information Development, Houston, TX. 217 p.*

*Billings, R.F., and D.N. Appel (eds.). 2009. Proceedings of the National Oak Wilt Symposium. June 4-7, 2007, Austin, TX. Texas Forest Service Publication 166. 267p.*

*Prepared January 12th, 2011 in cooperation between Texas Forest Service, Texas AgriLife Extension Service and International Society of Arboriculture Texas Chapter.*

# The Real Estate Deal (RED)

## IN STEINER RANCH

Steiner Ranch Market Data - May 2013										
List Price Range	Homes Active for Sale			Homes Pending Sale			Homes Sold in the last 90 days			
	# of Homes	Avg List \$/SqFt	Avg Days on Market	# of Homes	Avg List \$/SqFt	Avg Days on Market	# of Homes	Avg Sold \$/SqFt	Avg % of LP	Avg Days on Market
Up to 300K	2	\$ 135.69	16	9	\$ 130.37	12	10	\$ 124.74	99.94%	55
301K-400K	13	\$ 126.74	42	22	\$ 131.02	13	38	\$ 121.32	98.48%	38
401K-500K	19	\$ 147.04	17	23	\$ 137.93	24	16	\$ 136.13	96.57%	79
501K-600K	7	\$ 148.06	22	12	\$ 146.80	43	10	\$ 150.17	97.18%	43
601K-700K	9	\$ 169.13	48	7	\$ 162.14	57	8	\$ 151.97	98.15%	71
701K - 999K	13	\$ 174.10	24	10	\$ 166.46	88	2	\$ 175.29	100.00%	158
1M and up	3	\$ 249.29	92	2	\$ 332.69	49	1	Not Enough Data		
<b>Total</b>	<b>66</b>			<b>85</b>			<b>85</b>			

*\*This data was pulled from the Multiple Listing Service provide by the Austin Board of Realtors on Jun 3, 2013.*

The first question I always get asked when running around Steiner Ranch is .... So how is real estate in Steiner? My intention with this article will be to answer the overall question about real estate in Steiner Ranch and then show you some cool things some of your neighbors have done in their homes. I will also try and address "hot topics" in real estate if they impact Steiner Ranch real estate. This week's hot topic is about appraisals.

Real estate is thriving in Steiner Ranch and Austin in general. The average time for a home to sale in Steiner Ranch is shrinking and inventory (number of homes currently on the market for sale) is at an all-time low. Believe it or not, in May 2010 there were 149 homes for sale which has been slowly declining year over year to the low of 66 in May 2013. Prices are rising, largely due to the high demand from relocations and pent up seller desire, but are much slower than people think due to the appraisal process.

Getting a home under contract in this market, as long as it is priced right for the condition, is no longer the difficult part of a sale transaction. Getting a home sale from contract to the closing table is the tricky part. One of the biggest issues impacting sales today are the appraisals. If a buyer is leveraging a mortgage

to purchase a property then they will be required to have an appraisal. Appraisals always lag the market no matter which direction it is moving. Appraisers have to use the most recent sold comparable data in the area with the closest specifications. When home prices are rising, buyer's offers drive the prices of the home sales up unfortunately, appraisals show where the market has been. This typically results in a home that will appraise for less than what a buyer in the current market is willing and able to pay. The lender will only procure a mortgage up to the price of the appraisal and if it is less than the price a buyer and seller have agreed to then something has to bridge the gap.

In this situation, the seller can reduce the sales price or the buyer can bring more money to the table or some combination of the two to make the purchase transaction move forward. Home prices rise more the "appraised market value" will begin to actually raise the overall price of similar homes in the area.

Don't be alarmed by this phenomenon. This is very typical of a rising market. The best way to mitigate your risks is to hire a good, well informed real estate agent that can ensure you are aware of and can migrate all of the obstacles in a real estate transaction and protect your asset and earnest money.

## Neighbor Spotlight

by Kimberly McLaughlin

I am so excited about my debut "Neighbor Spotlight". This home owner has turned an already beautiful home into a spectacular one! Check this out.

This particular home owner's back yard was a full story below the main level of their home. Instead of digging out a pool that they would have had to walk down a full flight of stairs to get to, they raised the level of the patio and pool access to extend the outdoor living space at the same level as the first floor of their home. They added an amazing salt water pool with hot tub and fire bowls, outdoor shower, outdoor fireplace, outdoor kitchen that is fully equipped with a grill, sink and wine refrigerator. The construction of the structure is also amazing. The builder used commercial steel in order to lay the flagstone patio that surrounds the pool and extends the deck from the home. This also created storage space below the patio (similar to a basement) where the pool equipment is stored with tons of extra space for all those off season outdoor toys. Also notice the built in heaters on their patio above the outdoor kitchen for those chilly Austin evenings and my FAVORITE part.... They knocked out the wall in their family room and added a "wall of windows", that opens like an accordion, to seamlessly connect their indoor living quarters with their amazing outdoor living space. Put these upgrades together with the view and I didn't want to leave after the photo shoot!



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# - Kids Stuff -



If you've ever played outside, chances are you've been bugged by insects or other crawly creatures. Maybe unwelcome ants joined you at a picnic in the park or a bee buzzed around your head while you were playing catch.

None of this may have bothered you — unless you were bitten or stung. Ouch! It's enough to make you stay indoors. But the outdoors can still be a great place to play if you know a little bit more about insects.

## WHY DO BUGS BITE OR STING?

Insects like bees, wasps, and hornets and other creatures like spiders and scorpions usually attack when they feel like they're in danger. Sometimes they are protecting their territory, web, or nest. Other insects, such as mosquitoes and ticks, suck blood in order to survive. The female mosquito needs blood so that she can lay her eggs. (The male mosquito does not bite at all!) Ticks are parasites, which means they live on other animals and need to suck blood to live.

## WHAT ARE BUG BITES AND STINGS?

Insects and other bugs can inject venom (say: veh-num) into your skin when they bite or sting you. Usually, venom is like soap in your eyes — it doesn't really hurt you, but it's not very comfortable. It will make a small, itchy bump no bigger than a pea form on your skin. When you scratch, your skin becomes red and more itchy. A tick bite can cause a red rash that looks a little like a bull's-eye (this may take as long as a week, or even more). In the case of bee stings, the area becomes swollen and a stinger might be left in the skin.

## DOES IT HURT?

In most cases bug bites are not serious and only hurt for a little while. The itching is the most irritating part of most bites and stings. Some bites or stings, such as a bite from a scorpion or a black widow spider, may require a trip to the emergency department. But this doesn't happen very often. An adult will know whether this trip is necessary.

## WHAT SHOULD YOU DO?

If anything bites or stings you, make sure you let an adult know. He or she will look at the bite or sting to see what needs to be done. If a mosquito bites you, try not to scratch. It's hard sometimes, but scratching will make the itch worse and can cause the bite to swell, bleed, or get infected. If you are stung by a bee, an adult can help you get the stinger out quickly. Have an adult wash the area with soap and water, and apply ice to the sting on

and off for the first 24 hours. An antihistamine, which is a type of medicine, can help stop the itching, pain, and swelling. Acetaminophen can also help stop the sting from hurting. Hydrocortisone creams and calamine lotions can be helpful to take away the itch. An adult will decide what medicine is best for you.

## TICK TALK

If you find a tick on you, don't try to remove it yourself. Get an adult to help you. He or she will grab the tick with tweezers as close to your skin as possible and pull it off in one smooth motion. Once the tick is removed, save it by storing it in a small container or a sealable plastic bag. Don't try to crush it in your hands. Your doctor may want to see this tick later.

## WHEN TO GET HELP

Some people have an allergic (say: uh-ler-jik) reaction to the venom that certain insects, such as bees, inject. If you have trouble breathing, break out in hives (hives are red bumps that show up on your skin), or feel like you are going to throw up after a bee or wasp has stung you, you could be having an allergic reaction. Tell an adult right away so that you can go the emergency department. Once you know you are allergic to bee stings, your doctor will provide you with a special kit. The kit is called an epinephrine kit and will contain a shot of epinephrine (say: eh-pih-neh-frin). You will need this shot if a bee stings you. You should keep this kit with you at all times, especially when you are outside. Make sure an adult is close by to give you the shot if you need it.

## STOPPING THE STINGING

You can keep from getting stung by staying away from bee or wasp nests. Keep sweet-smelling food or drink covered when you are eating outdoors. And don't swat at flying insects — it just makes them angry, causing them to bite or sting. If you go hiking, wear a long-sleeved shirt and pants tucked into your socks and shoes to avoid ticks. And always have an adult check you for ticks if you've been playing in the woods. The best way to avoid being bitten by spiders or scorpions is to avoid places where they like to make their homes, like woodpiles. Playing outside is a lot of fun — bugs or no bugs. With a little bit of care, you can have fun even when the insects come marching in!

Reviewed by: Elana Pearl Ben-Joseph, MD Date reviewed: September 2010

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit [www.KidsHealth.org](http://www.KidsHealth.org) or [www.TeensHealth.org](http://www.TeensHealth.org). ©1995-2006. The Nemours Foundation

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