

## AUGUST EVENTS at the Wildflower Center

*Submitted by Saralee Tiede*

### BEAT THE HEAT WITH COOL ART

*Through August 18*

Jan Heaton's "Quiet" exhibit features peaceful, soothing watercolors in the McDermott Learning Center. Jim La Paso's colorful kinetic sculptures float like flowers in the breeze in the gardens through September 2.

### WILDFLOWER SEED ONE-DAY SALE!

*Saturday, August 24*

Take 20 percent off our entire stock of grass and flower seeds in time for planting season next month. At The Store only.

### LABOR DAY WEEKEND SIDEWALK SALE

*Saturday through Monday, August 31-September 2*

The Wildflower Center is open on Labor Day. Major reductions at The Store.



## WELCOME

### *A Newsletter for Meridian residents*

The Monitor is a monthly newsletter mailed to all Meridian residents. Each newsletter is filled with valuable information about the community, local area activities, school information and more.

If you are involved with a school group, play group, scouts, sports activity, social group, etc. and would like to submit an article for the newsletter you can do so online at [www.PEELinc.com](http://www.PEELinc.com) or you can email it [meridian@peelinc.com](mailto:meridian@peelinc.com). Personal news for the Stork Report, Teenage Job Seekers, special celebrations, birthday announcements and military service are also welcome.

Our goal is to keep you informed!

## ADVERTISING INFO

Please support the advertisers that make The Monitor possible. If you would like to support the newsletter by advertising, please contact our sales office at 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com). The advertising deadline is the 9th of the month prior to the issue.

## NEWSLETTER INFO

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NOT AVAILABLE  
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## YOUR COMMUNITY, YOUR VOICE

Do you have an article or story that you would like to run in this newsletter? Send it to us and we will publish it in the next issue.

Email your document to [meridian@peelinc.com](mailto:meridian@peelinc.com).



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## PLAY FOR FUN LEARN FOR KEEPS

Records may fade, but kids who play sports hold onto the memories and benefits for a lifetime. That's why the YMCA of Austin Youth Sports programs focus on skills, healthy competition, values and teamwork.

Fall youth sports include:

- Volleyball
- Kickball
- Soccer

Registration  
Open Through  
Sept. 8!



**Southwest Family YMCA**  
6219 Oakclaire Dr.  
[AustinYMCA.org](http://AustinYMCA.org) • 512- 891-9622

# TENNIS TIPS

By USPTA/PTR Master Professional  
**Fernando Velasco**



## How To Execute The High Volley Approach Shot

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand, forehand volley, the two handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley, the overhead “smash”, the forehand service return and the backhand service return.

In this issue, I will offer you instructions on how to execute the forehand high approach shot. This shot is used when a player is caught in “no-person’s land” (around the service line area) and receives a high ball to volley. The important part of this shot is to be able to hit a deep volley to the feet of the opponents and/or to hit a deep volley close to the baseline, so the opponent is put in a defensive mode and hits a softer ball so the player can now move closer to the net for the “killer or placement volley”. In the illustrations, Kathy Smith, a player at the Grey Rock Tennis Club, shows the proper technique to execute this stroke. Photos by Charlie Palafox.

**Step 1:** The Ready Position and Split Step: When Kathy realizes that she is caught in “no-person’s land”, she takes the split step by bending the knees and staying on her toes. Her racket is in the volley position and her feet are angled toward the path of the incoming ball.

**Step 2:** The Back Swing: Once Kathy realizes that the ball has been directed to her forehand, she will turn her upper body and will take the racket slightly back. Notice that the left hand is up in front to allow her to keep her center of gravity in the center. She has loaded her weight on her right foot and will be ready to step forward to meet the ball.

**Step 3:** The Point of Contact: Kathy now is ready to step into the ball. She has kept her eye on the ball and her center of gravity now is shifted to the point of contact. Notice the left toe pointing to the ball meeting the racket. The face of the racket is open to allow her to hit behind the ball and allow maximum net height and allow her to hit the ball deep.

**Step 4:** The Follow Through: Once Kathy has made contact with the ball, she finishes the follow through with her wrist laid back. Her left arm is next to her body and her eyes have shifted toward her target.

**Step 5:** The Move for the Kill Volley: As the ball is headed toward her opponent and Kathy realizes that her shot is deep, now she moves close to the net for the put away volley. If her shot was not deep, Kathy will decide to stay close to the service line to protect the lob over her head. By the look in her eyes and her smile, she is ready to go for the “kill volley”.

*Look in the next Newsletter for: The One Hand Backhand Volley Approach Shot*



## National Night Out – October 1, 2013

*Submitted by Zainab Banks, Travis County Sheriff's Office*

National Night Out is a great opportunity for citizens and law enforcement to partner up against crime. We invite you to attend the event, meet your neighbors and commit to helping law enforcement reduce crime in your community.

### *National Night Out is designed to:*

- Heighten crime and drug prevention awareness
- Generate support and participation in crime efforts
- Strengthen neighborhood spirit and police community relations
- Let criminals know that neighborhoods are organized and fighting back

During the event, residents in neighborhoods throughout Travis County and across the Texas are asked to turn on their porch lights, lock their doors and spend the evening outside with their neighbors, police officers, firefighters and EMS paramedics. Events such as cookouts, block parties and neighborhood walks will all occur simultaneously throughout the state.

Please visit our website at <https://www.tcsheriff.org/community/events/199-national-night-out-2013> for more information and party registration forms.

OR you can scan the QR Code.



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**Austin Business Journal #6, 2013**

**#1 Top Producing Agent, 2012**

**#2 Top Producing Agent, 2011**





## Back To School

School starts in August, so now is the time for drivers to pay closer attention to the school zones in the neighborhood. We want to remind you that the speed limit in a school zone is 20mph and traffic fines double!

### Other changes to be aware of include;

- Children behaving unpredictably
- School Bus Stops
- Crossing Guards – please obey the guards! Remember, they are there for the safety of you and your children
- New areas of traffic congestion
- Be prepared for delays
- Use of cell phones in schools zones is prohibited!

Please give yourself extra time in the mornings and mid-afternoons and remember if you are traveling in a school zone to slow down.

## Time To Slow Down!

## CIRCLE C DENTAL

It's almost BACK TO SCHOOL time!

Beat the school rush and schedule an appointment for your kids!

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## SEND US YOUR *Event Pictures!!*

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to [meridian@peelinc.com](mailto:meridian@peelinc.com). Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at [www.PEELinc.com](http://www.PEELinc.com).



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**31 Customer Reviews**  
Average Rating ★★★★★

★★★★★ Excellent!  
Tara and Terr helped us get TWO contracts on our home! (Read More)  
By Tina B Austin, TX on 05/01/12

★★★★★ Absolute pleasure to...  
Austin Real Estate, and specifically Tara West, have been gr... (Read More)  
By Wayne B Austin, TX on 04/01/12

★★★★★ Absolutely amazing  
My family and I have worked with 9 realtors over the years... (Read More)  
By Shana W Austin, TX on 02/01/12

Verify on **Customer Lobby**

Meridian by Square Ft Range	6 Months Sold History (01/2013-06/2013)						Current Market	
	TOTAL	AVERAGE					TOTAL	
	Homes Sold	Square Feet	Price / Sq. Foot	Sold Price \$K	Year Built	Days On Market	Available	Pending Sale
<2500	7	2,161	\$ 136	\$ 295	2007	69	1	2
2500-2999	7	2,727	\$ 129	\$ 353	2008	32	2	2
3000-3499	9	3,254	\$ 124	\$ 403	2008	36	0	1
3500-3999	7	3,717	\$ 133	\$ 496	2010	53	4	0
4000-4500	7	4,327	\$ 136	\$ 590	2009	71	0	0
>4500	n/a	n/a	n/a	n/a	n/a	n/a	0	1
<b>Meridian Total</b>	<b>37</b>	<b>3,238</b>	<b>\$ 131</b>	<b>\$ 426</b>	<b>2008</b>	<b>51</b>	<b>7</b>	<b>6</b>
<b>% Change Mo/Mo</b>	<b>16%</b>	<b>0%</b>	<b>1%</b>	<b>0%</b>	<b>0%</b>	<b>-8%</b>	<b>75%</b>	<b>-14%</b>

Market Report data was obtained from the Austin-Multiple Listing Service (MLS). Texas License # 515586.

In some cases new construction and FSBO homes are not included in the MLS data and therefore are not represented. Data is deemed accurate but not guaranteed.