

HOME *on the* RANCH

VOLUME 7 ISSUE 9

SEPTEMBER 2013



Brookside • Casitas • Champions • Creekside • Enclave
Granite Shoals • Glenfield • Greens Highlands • Landing • Morningside
Overlook • Parkside • Reserve • Waters Edge • Westchester





Hose-End Sprinklers

RESIDENTIAL		COMMERCIAL		PUBLIC SCHOOLS	
Hose-End Sprinklers BEFORE 7 A.M. or AFTER 7 P.M.	Automatic Irrigation BEFORE 5 A.M. or AFTER 7 P.M.	Hose-End Sprinklers BEFORE 7 A.M. or AFTER 7 P.M.	Automatic Irrigation BEFORE 7 A.M. or AFTER 7 P.M.	Hose-End Sprinklers BEFORE 7 A.M. or AFTER 7 P.M.	Automatic Irrigation BEFORE 7 A.M. or AFTER 7 P.M.
Even Address Sunday	Even Address Thursday	Even Address Tuesday			Monday
Odd Address Saturday	Odd Address Wednesday	Odd Address Friday			

STAGE 2 WATER RESTRICTIONS



Automatic Irrigation

Hello Neighbors!

City of Austin is still under Stage 2 Watering Restrictions. Austin Water implemented Drought Response Stage 2 Regulations last September and they remain in effect. This is in response to the combined storage in lake Travis and Buchanan reaching the 900,000 acre-foot trigger outlined in the Drought Contingency Plan.

Your assigned watering day is determined by property type, type of irrigation used, and whether the street address ends in an even or odd number.

- Hose-end irrigation may take place between midnight and 10 a.m. and between 7 p.m. and midnight on your assigned watering date.



List of our **NEW HOMES** offering **ENERGY EFFICIENT** Dual Paned, Low E glass windows, Radiant Barrier Roof Sheeting and 14 SEER Puron HVAC system:

14013 Turkey Hollow • The Sunblest

4 bedrooms, 3 Baths • 1604 sq. ft. • \$265,000 • Ready Now

11617 Faubian Way • The Balboa

3 bedrooms + Study, 2 Baths • 1775 sq. ft. • \$273,000 • Ready Now

11625 Yeadon Way • The Hillary

5 bedroom + Study, 3 Baths, Gameroom • 2568 sq. ft. • \$305,100 • Ready in January

I look forward to answering any questions you may have in regards to our NEW HOMES and don't forget about our referral rewards program!

- Automatic irrigation systems may operate between midnight and 5 a.m. and between 7p.m. and midnight on your assigned watering day.

You can still water by hand with a hand held hose or refillable watering vessel, like a bucket, at any time on any day of the week. To water trees, soaker hoses may be used under the drip-line of the tree canopy or you may use your automatic tree bubblers. Irrigating trees in this manner is exempt from the watering schedule.

This information was obtained directly from the Austin Water Utility Company. You may find additional information on Rebate & Incentive Programs by going to www.austintexas.gov. Resources: <http://austintexas.gov/departments/water-conservation>



Glenfield Sales Consultant:
Raquel Atwell • 512-218-4881
ratwell@drhorton.com


drhorton.com/austin

Prices, plans, features, options and co-broke are subject to change without notice. Additional restrictions may apply. Square footages are approximate. Rev. 080213



Avery Ranch Semi-Annual Garage Sale

It's time to clean out the garage, closets and under those beds! The Avery Ranch Semi-Annual Neighborhood Garage Sale is set for September 21st, Saturday from 7:00 a.m. until 1 p.m.

The Social Committee does all the promoting by placing ads in the Austin American Statesman, on Craig's List and other on-line venues. They will also post Garage Sale Announcement banners at the four corners of Avery Ranch Blvd & Parmer Lane to get shoppers into the neighborhood. All you have to do is set up shop on your driveway!

Stranger Danger Alert: If you plan on participating, either keep your garage door closed or keep out-of-sight items of value that you are not selling. Unscrupulous individuals use opportunities like our neighborhood sale to window shop for "five-finger specials" later.



12414 Alderbrook Drive, Suite 100
(512) 994-2662
www.nurtureobgyn.com



Nurture OBGYN & Midwifery welcomes
Dr. Blake Ofobike, MD, FACOG

From the President

The 2013 Avery Ranch Annual Home Owners Association Meeting will be held on Monday, September 16th at the Avery Ranch Golf Club Banquet Hall. Come and hear about the State of the Ranch, and learn more about your HOA.

The meeting will begin promptly at 7pm, so come early to get a good seat, meet the directors, and be prepared to vote on 6 seats that are available this year. On this issue, read the Candidate Statements of your neighbors who are running for a seat.

By now, you may have already received voting information and your annual meeting notice in the mail, so if you cannot attend, please designate your proxy and mail the form back in.

See you at the meeting!



Avery Ranch Home Owners Association Board Candidate Statement from RHIANNON PFULLMAN

Hello Neighbors, I am excited to be running for a position on the Avery Ranch Home Owners Association Board of Directors this year. My family and I are Granite Shoals residents. I am a Registered Nurse by day and a "Rutledge Rancher Momma" by night, with both of our children currently attending Rutledge Elementary School.

Professionally, I am a trusted medical staff partner that is viewed as knowledgeable and a reliable hard worker. Personally, I enjoy physical fitness and community involvement. I am looking forward to getting to know my neighborhood even better.

My primary motivation for stepping up to volunteer for the HOA is to continue to improve Avery Ranch. I love our community and am confident that my enthusiasm, experience, and talent of truly listening can represent the best interests of the community based on the community's feedback itself.

HOME ON THE RANCH

BOARD MEMBERS

PRESIDENT

Steve Roebuck..... steveroe@AveryRanchHOA.com

VICE PRESIDENT

Marc Boucher..... marcboucher@AveryRanchHOA.com

SECRETARY

Khrist Mire..... khristmire@averyranchhoa.com

TREASURER

Steven Pierce..... steven.pierce@AveryRanchHOA.com

RESIDENT BOARD MEMBER

Pat Wimberly..... PatWimberly@gmail.com

RESIDENT BOARD MEMBER

Lance Goldsmith..... b.lance.goldsmith@gmail.com

RESIDENT BOARD MEMBER

April Aguren..... april.aguren@AveryRanchHOA.com

RESIDENT BOARD MEMBER

Robert Betts..... Rbetts@AveryRanchHOA.com

RESIDENT BOARD MEMBER

Vacant Position

RESIDENT BOARD MEMBER

Vacant Position

D.R. HORTON

Tom Moody..... TEMoody@drhorton.com

AVERY RANCH HOA WEBSITE

Visit the Avery Ranch HOA website at AveryRanchHOA.com

FOR QUESTIONS OR CONCERNS

For questions or concerns in your neighborhood contact our Property Manager and HOA Board at GetHelp@AveryRanchHOA.com.

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY 911
Fire..... 911
Ambulance..... 911
Sheriff – Non-Emergency..... 512-943-1300

SCHOOLS

ROUND ROCK ISD

Patsy Sommer Elementary 704-0600
..... 16200 Avery Ranch Blvd.
Elsa England Elementary School 704-1200
..... 8801 Pearson Ranch Road
Cedar Valley Middle School..... 428-2300
..... 8139 Racine Trail
McNeil High School..... 464-6300
..... 5720 McNeil Dr.

LEANDER ISD

Rutledge Elementary..... 570-6500
..... 11501 Staked Plains Dr.
Stiles Middle School 570-0000
..... 3250 Barley Rd.
Vista Ridge High School..... 570-1800
..... 200 S. Vista Ridge Dr.

UTILITIES

City of Austin Water 512-494-9400
Perdernalles Electric..... 512-219-2602

TEXAS GAS SERVICE

Custom Service..... 1-800-700-2443
Emergencies..... 512-370-8609
Call Before You Dig..... 512-472-2822

AT&T

New Service..... 1-800-464-7928
Repair..... 1-800-246-8464
Billing..... 1-800-858-7928

TIME WARNER CABLE

Customer Service 512-485-5555
Repairs..... 512-485-5080

Solid Waste Servies..... 512-494-9400

NEWSLETTER INFO

EDITOR

Rona Quejada..... ARNEWS@AveryRanchHOA.com

PUBLISHER

Peel, Inc. 512-263-9181
Advertising..... advertising@peelinc.com

YOUR COMMUNITY, YOUR VOICE

Do you have an article or story that you would like to run in this newsletter? Send it to us for consideration in the next issue. Email your document to ARNEWS@AveryRanchHOA.com.



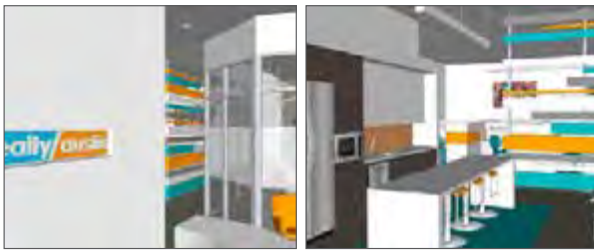
REALTY AUSTIN Grand Opening

OPENING
Oct 2013

Coming Soon to The Shops at Avery Ranch!

NORTHWEST MARKET CENTER

410526 W Parmer Ln Bldg 4, #425
Austin, TX 78717



#1 Fastest Growing Real Estate Company in Austin

When you're ready to make the move, you deserve to work with the very best! Our team of top-producing agents are tech savvy, they know this market, they average 10 years experience and they outperform the competition many times over.

To find out more about buying or selling in your neighborhood or to see how much your home is worth, call one of our Avery Ranch specialists today!



realtyaustin.com/northwest-team

HOME ON THE RANCH

Avery Ranch Home Owners Association Board Candidate Statement from BALA GOENKA

Hello my fellow friends and neighbors of Avery Ranch!

My name is Bala Goenka and I am thrilled about the opportunity to run for a board position on Avery Ranch's Home Owners Association. My wife Usha and I are new residents to the community after moving down from Michigan earlier this year. We moved down to Austin to be closer to our two grandchildren who reside in Brookside with my daughter and son-in-law.

While my tenure in Avery Ranch may be brief, my passion for community involvement and improvement is vast. I was extremely active in my previous home owner's association in Michigan holding VP, Secretary and Treasury positions for the past 5 years. Additionally, as a retired executive at Pfizer Pharmaceuticals, I am confident my energy, dedication, and business acumen will help re energize the community and a spark for even more progress in Avery Ranch.

Most importantly, I am passionate about helping people and communities having logged hundreds of volunteer hours in organizations such as Meals on Wheels, Boston Children's Hospital, and Vipassana Association (a non-profit focusing on meditation).

Avery Ranch Home Owners Association Board Candidate Statement from ERIC STRATTON

Howdy, neighbors! My name is Eric Stratton, and I live in Granite Shoals. Avery Ranch offers the best of all possible worlds: the Austin address, the Williamson County services, the exceptional schools, and most of all, the sense of community. I am running for the Board of Directors because I believe I can make a positive contribution to what makes Avery Ranch so great. I hope to improve communication between residents, the Board, property management company, and city/county/state officials, especially since we face unprecedented growth in the region.

I have 19 years of combined strategic planning and leadership experience in public policy, adult education, and health care. Prior to joining Texas State Rep. Ron Simmons as Chief of Staff, I was president of Stratton Strategies, a public policy consulting firm specializing in strategic planning and communications with experience in health care from a personal and industry perspective. I also spent five years in Washington, DC, serving as a grassroots lobbyist for the National Rural Electric Cooperative Association, educating membership and Congress on complex policy issues. I became a Registered Nurse and obtained my Masters of Science in Nursing shortly after my daughter's open heart, skull, and eye surgeries.

My wife, Jennifer, and I have been married almost 10 years and have two children, Jack (5) and Maddie (8) who attend Rutledge Elementary. I look forward to serving you and would appreciate your vote!

Avery Ranch Home Owners Association Board Candidate Statement from ROBERT BETTS

Having lived in Creekside for over 10 years, I have seen why Avery Ranch has become one of the most desirable neighborhoods in North Austin; because of its great neighbors, exceptional schools, and the large number of amenities. I want Avery Ranch to remain a highly desirable place to live. This is why I am asking for your vote. Having had the opportunity to serve one year on the Board, I have seen how the board works to find consensus, deal with conflict, rely on historic perspective and founding documents, and how we resolve homeowner issues in executive session. I feel that only now am I at a position where I can provide real measurable value to the Board and the community at large.

My number one goal while serving on the board is safety, where our community is safe from criminal activity and physical impediments (well-maintained sidewalks, common areas, trimmed trees, etc.). Another goal is to ensure that Avery Ranch continues to be a desirable place to live. This happens by promoting a sense of community and a feeling of inclusion in a way that honors our diversity. A third goal is to be financially responsible with our obligations, both short term and long term. I also have a goal to lead by example. We cannot expect to hold our community responsible for activities that we, the board, do not hold ourselves responsible to as leaders. We need to take the risk to ask how we might do things better; to ask, is our goal to generate revenue or is it to promote a sense of community. It is also critical that we reach out to the community for input and promote open dialogue.

I was raised in Montana with powerful yet simple values like hard work, being authentic, and giving back. I have lived these values by actively serving in my community. The attitude I bring to these organizations and to the AR Board is an emphasis on equity, transparency, fiscal responsibility, trust, and compassion.

Please consider participating in the annual meeting and meet the candidates. Please submit a proxy vote if you are unable to attend. You can reach me at robert.betts@averyranchhoa.com.

Avery Ranch Home Owners Association Board Candidate Statement from MARC BOUCHER

Hello Avery Ranch Residents!

My name is Marc Boucher. I've lived in Watersedge for 9 years with my wife Joan. We have been married for 36 years, and live in Watersedge on Ennis Trail along with our Greyhound rescue dog Nash. We have 2 grown children. Our son Craig is married and serving on active duty in the Army. He is currently stationed in South Korea. Our daughter Michelle is also married and works for a large software company in the Washington DC area, and is expecting our first grandchild in November.

A few years ago, we received a lucrative employment opportunity to move out of state. However, we turned it down because we really

(Continued on Page 7)

(Continued from Page 6)

enjoyed living in Austin and the Avery Ranch community. It was then when we realized we needed to give back to the community, and do whatever we could to make it an even better place to live.

Professionally, I have a Bachelor's degree in Business Science, and have worked for many years in management for multi-billion dollar companies in high tech manufacturing and financial services. During my career, I was responsible for managing multi-million dollar assets, including forecasting business financial needs routinely, while working with tight deadlines and challenging target objectives. As a board member, I find that I draw on my business background extensively in understanding, dealing and resolving important financial issues affecting our community.

I've been a board member for 6 years, including 2 years serving as Vice President and a year as Treasurer.

While on the HOA board, I've been very active and worked on many projects including:

- * Revising outdated Avery Ranch by-laws to meet the changing needs of our community.
- * Transitioning the yearly fireworks display from our developers to the HOA.
- * Replacing our newsletter publisher with a more cost effective company.

(Continued on Page 8)

\$899⁹⁹



Your Official Autumn Stimulus Package.

This One is Guaranteed to Work. Backyard grilling during the autumn is a great American pastime. That's why we put together a line of grills and accessories that gives you a true charcoal taste and the cooking flexibility that other brands just can't match.

Our 100% Natural Lump Charcoal burns hotter, longer and cleaner than briquettes or gas, and gives food a signature charcoal taste. The combination of high-fire ceramics and temperature control means you can cook as low as 225°F or up to 750°F for food that comes out tender and juicy every time. **IN STOCK AND READY TO DELIVER!**



TimberTown Austin

512-528-8112

www.timbertownaustin.com
15607 Grand St. Pflugerville, TX 78660

AUSTIN FAMILY ORTHODONTICS

AUSTIN • ROUND ROCK • LEANDER

In-network with all major insurance!



Includes records, full braces, and one set of retainers. Based on a typical 24 month case.

\$500 Down and \$199 per month!



Expires
9-1-2013

512-258-9007



Offers good for self pay new patients only.

FREE EXAM
ages 6 mo. To 3 yrs.

\$69 \$160 value

Exam, cleaning, 2
bitewing x-rays
and fluoride.

Expires 9-1-2013



AUSTIN CHILDREN'S DENTISTRY

Accepting all Major Insurance!



NW AUSTIN 512-682-5437

ROUND ROCK 512-255-1900

LEANDER 512-220-2729

Saturday Appointments Available
www.AustinChildrensDentistry.com

HOME ON THE RANCH

(Continued from Page 7)

- * Securing competitive quotes and installation of security cameras at the Main Amenity Center.

- * Assisted in drafting and obtaining board approval for our Social Committee Charter.

- * Assisting in formulating our capital and operating reserve funding plan.

- * Assisting in the preparation our yearly operating budget.

- * Preparing the commercial corner budget and securing board approval.

- * Assisting in formulating and obtaining board approval of our investment policy.

I'm a fiscal conservative, and tend to be very frugal when voting to spend our HOA funds.

I've also been a member of the social committee for many years and have served for 2 years as Chairperson and Co-Chairperson. During this time I have introduced several new events and assisted in the preparation and execution of many other events. Currently, I'm working with our committee members on new ideas to help bring our residents together and get acquainted; while participating in fun activities.

I'm running for re-election because I thoroughly enjoy working on management issues for the community, and on projects that benefit our residents. In the coming years, I'm looking forward on addressing new challenges facing our community, and new projects to make Avery Ranch a safer and better place to live.

Please help me continue improving our fantastic community by voting for me as your board member.

Thank you for your support.

Avery Ranch Home Owners Association Board Candidate Statement from APRIL AGUREN

Hi, I'm April Aguren and I would like you to consider me for a Board of Director position in the upcoming Annual Meeting election. I am a stay-at-home, homeschooling mom who works from home. I've been an online marketing and events consultant, marketing

director, a website developer, conference organizer, neighborhood champion, homeschooling matron, teacher, volunteer, martial artist, army-wife and go-to-person for finding information, lost keys, socks and sunglasses. I've lived in Morningside since June 2002 and also have a town home in the Greens since 2005.

I've served as a resident Board member for Avery Ranch Owners Association continuously since 2004. I've served as an officer on the Board as the Board Secretary from August 2004 through August 2012. I have been a Board liaison for the Avery Ranch Social Committee and the point-person for the Avery Ranch Moms Playgroups. I have also served on the Architectural Design & Review Committee for three years. Currently, I am the Chartered Organization Representative for Avery Ranch's Cub Scout Pack 371 and Boy Scout Troop 371 and chair the Partner Benefits Committee. While on the Board I championed our community's landscaping projects along Avery Ranch Blvd, for which the community has received awards, instrumental in requesting shade canopies and water fountains installed at the playgrounds. I am a founding member of Avery Ranch's Cub Scout Pack and successively the new Boy Scout Troop.

If re-elected, I would continue to lobby for our communities' interests and foster activities to help more residents be involved with their neighborhood. Thank you for considering my candidacy.



Chris Beltran

Mortgage Market Manager

NMLS ID 418640

901 S MoPac Expy Bldg 3 Suite 140

Austin Texas 78746

C 512-750-3771

chris.beltran@pncmortgage.com

pncmortgage.com/chrisbeltran

A division of PNC Bank, National Association



HOPE4JD Family Fun Fest

AND BATTLE OF THE YOUTH BANDS

Youth bands compete to raise the most money for HOPE4JD

**September 28 from 10am to 8pm
at Stunt Ranch – 13317 Fitzhugh Rd.**

www.stuntranch.com



**Join friends and family at Stunt Ranch for
great food, music, and family fun.**

**Activities include Silent Auction, Ziplining, Rock Climbing, Ropes Course,
Bungee Trampoline, High Fall Air Bag, Inflatables, Face Painting, Snow
Cones, Food Trailers, Craft Vendors, and much more...**

Featuring **Dysfunkshun Junkshun** **at 6pm**

**Admission: \$10 for Adults and \$5 for Kids. Free admission for kids under
3. Activity wristbands are \$5. Buy tickets online at HOPE4JD.org or at
the gate. Signed waivers are mandatory for participation. They are
available at hope4jd.org or at the event.**

Sponsors and volunteers needed!
Please visit www.HOPE4JD.org for more information

SPONSORED BY:



**PREMIER
FAMILY
PHYSICIANS**

**JP Harrod
Properties, Inc.**



PEEL, INC.
community newsletters

**community
IMPACT**
NEWSPAPER
LOCAL USEFUL EVERYONE GETS IT

HOPE4JD is a 501(c)(3) public charity organized to support families of children up to age 21 who suffer a hypoxic/anoxic brain injury due to a nonfatal drowning in Texas. EIN # 32-0351208

HOME ON THE RANCH

Calendar of Events

HOA MONTHLY BOARD MEETING

Next meeting - Monday, September 9th

Board Meetings are held on the 2nd Monday of each month at 7pm, except for holidays. Board members will meet on these dates to discuss issues related to Avery Ranch. Agenda can be found on the Avery Ranch Website in the discussion forums section no later than Friday prior to the meeting. If you have an item you would like discussed during one of these meetings, please contact Alliance Association Management, Inc. at 347-2888. The location for meetings is at the Morningside Amenity Center.

ANNUAL HOME OWNERS ASSOCIATION MEETING AND BOARD ELECTIONS

September 16th, Monday at 7 p.m.

Avery Ranch Golf Club Banquet Hall

UPCOMING AVERY RANCH EVENTS:

Neighborhood Garage Sale

September 21st, Saturday from 7a.m. to 1p.m.

Movie in the Park by Austin Realty
Evening of October 19th, Saturday

Harvest Hayride
October 26th, Saturday

Bazaar! Bazaar!
Daytime of November 9th, Saturday
Main Amenity Center (Morningside)

Movie in the Park
Evening of November 9th, Saturday
Amphitheater of the Main Amenity Center (Morningside)

Holiday Sleigh ride
December 14th, Saturday

MOVIE in The Park

PRESENTED BY



Saturday, October 19, 2013 after sunset
(around 7:30 p.m.)

At the outdoor Amphitheater,
Avery Ranch Main Amenity Center
(Morningside)

Admission is FREE

Realty Austin is excited to join the Avery Ranch community with a new location in the Shops at Avery Ranch. Avery Ranch residents are invited to join the Grand Opening celebration with a MOVIE IN THE PARK on Saturday, October 19th sponsored by Realty Austin.

Bring your blankets and chairs and come enjoy this free family event! Be sure to get there early for raffles, prizes, and refreshments!



FINE EYEWEAR

An uncommon union of personal eyecare and fine optical boutique



Sunglasses
Unique Eyewear
Precision Optics
Advanced Eyecare



2800 East Whitestone Blvd Suite 210

512.260.9779

www.FineEyewear.net

HOME ON THE RANCH

the Social Committee

Do you enjoy the events organized by the Avery Ranch Social Committee?

Did you know that ARSC is an all-volunteer organization made up of your neighbors? Funded by the Avery Ranch Owners Association and volunteer donors, the ARSC puts on the annual Mardi Gras, Easter Egg Hunt, Halloween Hay Ride, Movies in the Park, Holiday Sleigh Ride and many more activities. Please consider a donation that will stay in the community and help fund events that we all enjoy. To donate using PayPal, Navigate to www.AveryRanchHOA.com, click on payments, then click on Donate.



The Avery Ranch Homeowners Association are giving a shout out to the Avery Ranch Social Committee and to our community event sponsors ISS Grounds control (our landscapers), Lifeline Aquatics (our pool company),

Rudy's Country Store, Randolph Brooks Federal Credit Union, Mighty Fine Burgers, G's Dental Studio, Peace Frog Carpet & Tile Cleaning, Campbell Dental and Hang Ups Framing in Cedar Park!

They continue to make our neighborhood activities possible!



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WE ARE FAMILY

Fall
Youth Sports
registration opens
Sept. 7!

The Northwest Family YMCA offers a variety of programs that encourage families to become more active and live healthier lives.

We make it easy for you to feel at home and will make sure all your needs are met. Our goal is to provide the resources you need in order to maintain your fitness and live a happier life!



Northwest Family YMCA
5807 McNeil Dr.
AustinYMCA.org • 512-335-9622



Brushy Creek Montessori
3017 Polar Lane, Cedar Park, Texas
512/259-3333

Cypress Creek Montessori
2004 Sun Chase Blvd, Cedar Park, Texas
512/250-3000

Peaceful classrooms where your child can concentrate
and their academic potential flourishes



Register Now
For The 2013 - 2014 School Year

*Tactile
concrete
learning
experiences for
easy transition
to abstract
thinking*

Infants 8 weeks
through 12 years old

Give your child the gift of a private Montessori education.
A gift of academic success will last a lifetime!
For a limited time only: No Registration Fee

HOME ON THE RANCH

SAVE THE DATE!

*Saturday, November 9, 2013 for the
Holiday Bazaar! Bazaar! at Avery Ranch*

Although we are in the dog days of summer, the Fall season and the holidays are just around the corner. The AR social committee is planning a fun-filled day that will include food truck vendors, merchandise, crafters, non-profits, business information booths and more!! You will not want to miss this event!!

We just kicked off with the planning stage but we've already identified that we are in need of many volunteers to help make this event a success. There are several specific roles that need to be filled. So, if you are an experienced event organizer or simply enjoy planning and organizing large events/parties, recruiting people to help or just like helping out your community...



WE WANT YOU!

•Entertainment Chair – responsibilities include organizing the entertainment, i.e. bands, dance teams, cheer teams, etc...

•Family Activity Chair – responsibilities include obtaining and organizing kid/family activities, i.e. inflatables, face painting, clowns, balloons, photo booth, etc...

•Marketing and Communications – work with the Marketing and Communications Chair to help market the event via flyers, social media, as well as, city and local advertising.

•Silent Auction Chair – overall creation and management of the auction will include collecting, organizing and presenting donated items to be sold via a silent auction during the event.

•General Volunteers – these volunteers will be available for a variety of roles before, during and after the event.

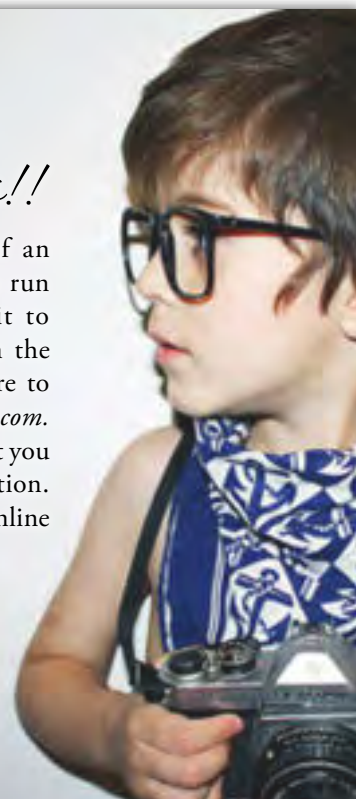
•Bazaar! Bazaar! Sponsors – we are actively seeking sponsors for this event.

•Bazaar! Bazaar! Committee – Everyone is welcome and encouraged to attend our meetings and help us put on this great community event.

To contact the Bazaar! Bazaar! Committee, please email bazaar@AveryRanchHOA.com. If you would like to talk to someone by telephone, please email your contact information and a committee member will return your call.

SEND US YOUR Event Pictures!!

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to ARNEWS@AveryRanchHOA.com. Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www.PEELinc.com.



**CEDAR PARK
EYE CARE**

cedarparkeyecare.com

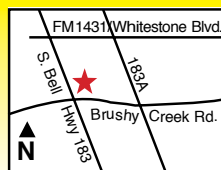
Book online through our website!

Dr. Dennis R. McCarty
Therapeutic Optometrist

*It's National Children's
Vision & Learning Month*

- Diabetic Eye Exams
- Blade-Free Custom iLASIK comanagement
- Routine Eye Exams
- Dry Eye Treatment & Management
- New Bifocal Contact Lenses
- Designer Eyewear
- Eye Infections & Minor Injuries
- Financing for products and iLASIK available through Care Credit.
- EyeScreen allows us to examine your retina without dilation drops for all ages!

**20% Off
all sunglasses
in stock***
*excludes Maui Jim



Cedar Park Eye Care

302 S. Bell - (Just N. of Buttercup
Creek Blvd; Behind Dominos)

512.249.0808



15111 Avery Ranch Blvd
Austin, Texas 78717
(512) 218-9669
www.krkaustin.com

Kids 'R' Kids gives to Charity in celebration of 9th Anniversary

The children and staff at Kids 'R' Kids North Austin have a reason to smile and it's not because of the warmer weather. Nine years of excellence in education was celebrated at Kids 'R' Kids North Austin on August 9th. Their ninth anniversary was a testament to the dedication and devotion of their highly-qualified teachers.

Infants who started out at Kids 'R' Kids North Austin and graduated from the school as pre-kindergartners and after-school students are now leaders in the community. The school which was founded in 2004 now has a long waiting list and provides high-quality NAEYC accredited services to its children and families. The school now includes a private kindergarten classroom in addition to their infant, toddler, pre-school and after-school program.

Recognized as a model school by the International headquarters, Kids 'R' Kids North Austin mentors other schools in the Austin area and demonstrates a commitment to innovation which prepares students to be 21st century learners. A global leader in education, Kids 'R' Kids North Austin has a strong history of educational success, community involvement and successful child advocacy.

To celebrate their ninth anniversary, Kids 'R' Kids North Austin organized a silent auction for gift baskets. The money raised was donated to the West, Texas Relief Fund. Also, throughout the year, the preschool reaches out to the community to find other ways to make a difference. With the help of their generous and supportive families, Kids 'R' Kids North Austin has hosted food and clothing drives, as well as raised funds for Leukemia Society and The Make A Wish foundation to name a few. Kids 'R' Kids North Austin involves the children in their fundraising efforts to teach them valuable lessons in compassion, generosity, and community service. Community involvement does great things for the children at Kids 'R' Kids North Austin — they learn lessons about the joy of giving and caring that will last a lifetime.

At Kids 'R' Kids North Austin, we believe that children who are well prepared both intellectually and emotionally as they enter school progress faster, they are best equipped to learn new material, make friends, and take advantage of opportunities as they grow and develop. We recognize that 80% of learning and brain development occurs before the age of five. At Kids 'R' Kids North Austin, parents feel like they are leaving their children with a family member. They have, in fact, become an extended family in the North Austin community.

Kids'R'Kids Learning Academy

Open Monday thru Friday – 6:30 am to 6:30 pm

Nationally Accredited preschool

Kids'R'Kids is proud to have degreed teachers in Early Childhood Education thru Kindergarten, fresh hot meals prepared daily, large spacious playgrounds, and internet viewing for parents. Stop by today to learn more about our educational environment.



INJURY PREVENTION IN ~~young~~ athletes

By Mike McTague

As another fall sports season approaches, a major goal of the coaches, trainers, and parents is keeping the athletes healthy and contributing to their respective sports. However, injury is inevitable and part of the game. Pediatric athletes present with a variety of injuries, the most common being the overuse type like Osgood-Schlatter disease and stress fractures. These injuries occur due to excessive stress placed on bone, muscle and tendon tissue that are constantly growing and not always at the same rate. Risk factors for these injuries include asymmetry in joint flexibility/mobility and muscle strength, impaired balance, training and recovery errors, and previous injury. There is potential for many overuse injuries to be prevented by knowing and following a few simple principles.

Pre-participation physical exams can be helpful for identifying many of the risk factors mentioned previously. It is recommended that these exams should include at minimum an assessment of joint mobility and flexibility and muscle strength and flexibility, as well as a thorough review of the past medical history to determine if the student is even appropriate for athletics. Recently, functional screening tools have been developed to reveal asymmetries and imbalances during basic movement patterns that are the foundation for many of the movements required during sport.

Training and conditioning play a major role in injury prevention as well. The term “cultural deconditioning” has been coined recently to describe the decrease in physical activity in our youth that has coincided with an increase in video game and computer use. So when the offseason ends and it's time

to get out and enjoy the 105 degree Texas heat, the body is not ready to stand up to the stresses suddenly placed on the body. A way to combat this is to promote an active, healthy lifestyle by putting down the Xbox controller and spending more time outside, taking part in offseason conditioning camps, or participating in local fitness classes.

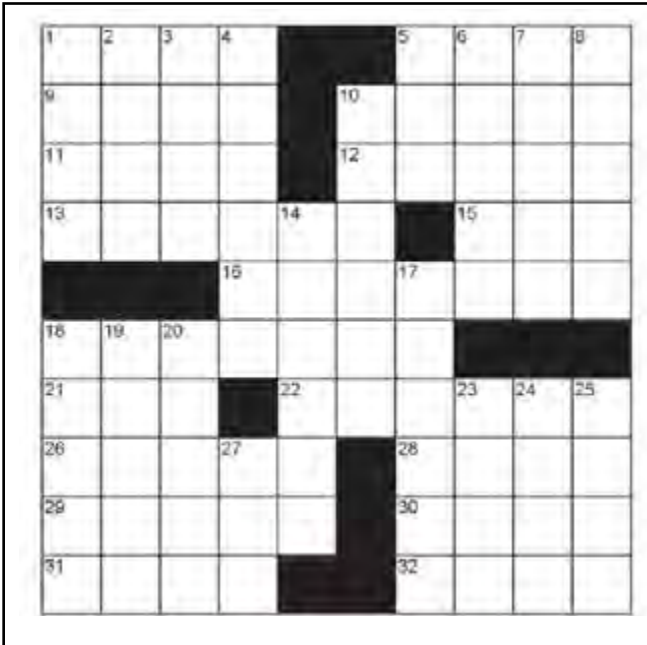
A guideline known as the “10% rule” has also been developed to allow student athletes to transition back into sports activities. The idea is that the amount of training time, distance, repetitions, or load should not be increased by greater than 10% per week. For example, if a student is running 10 miles per week, they should not run more than 11 miles in the following week.

Knowing the signs and symptoms of overuse injuries is paramount. They are all too often written off as “growing pains” and are allowed to increase in severity, resulting in extensive time away from sport during the recovery process. Common signs and symptoms include pain that is persistent in nature, takes longer than usual to resolve, visible swelling, tenderness that can be localized to one area, and/or require interruption of normal athletic activities.

Finally, having an open-line of communication between the coaches, trainers, other health care professionals, parents, and athletes is imperative in injury prevention. Lack of or inconsistencies in the transfer of information between any of these parties can result in delayed access to proper prevention or treatment techniques and keep the athlete from performing at the highest possible level.



CROSSWORD PUZZLE



ACROSS

1. Blow
5. Green Gables dweller
9. Not there
10. Ask for legally
11. Smooth
12. Island nation
13. Fertilized cell
15. Ex-serviceman
16. Rovers
18. Covered in coarse hair
21. Single
22. Sacred songs
26. Scrimmage
28. Prophet who built the arc
29. Remove
30. Canal
31. Eye infection
32. Tear

DOWN

1. Virtuoso
2. Airy
3. "Ribbit" animal
4. Singing voices
5. Wing
6. Innocent
7. Meat curing ingredient
8. Gives off
10. Sharks
14. Man's wig
17. Less nice
18. Houses
19. Sluggish
20. Electrical device
23. Tenet
24. Water pipe
25. Cote
27. East southeast

View answers online at www.peelinc.com

© 2006. Feature Exchange



AVERY RANCH EYE CARE

512.255.7070

averyrancheyecare.com

BACK TO SCHOOL!

- Comprehensive Eye Exams for the Entire Family
- Designer Eyewear and Sunglasses
- Dry Eye Treatment and Management
- Diabetic and Cataract Exams
- Ocular Disease Diagnosis and Management
- LASIK Consultations and Co-Management
- Latest in Contact Lenses
- Evening and Weekend Appointments
- Emergency Eye Care



15004 Avery Ranch Blvd., Suite 103, Austin 78717

(Next to Walgreens at Avery Ranch Blvd & Parmer Lane)

Proud to be the Official Eye Care Provider of the Austin Toros.

Confidence
is the ultimate
school supply.

Whether your child is at the head of the class or needs a little help, Kumon provides the perfect foundation for the coming school year.

Schedule a free placement test now at

Kumon of Cedar Park - Breakaway Park

12920 West Parmer Lane, #103

Cedar Park, TX 78613

512.813.5775

kumon.com/cedar-park-breakaway-park



KUMON

MATH. READING. SUCCESS.

kumon.com 1-800-ABC-MATH

HOME ON THE RANCH

A FOCUS ON BACKPACK SAFETY TIPS

By: Concentra Urgent Care

WEAR BOTH STRAPS

The use of one strap causes one side of the body to bear the weight of the backpack. By using two shoulder straps, the weight of the backpack is evenly distributed.

WEAR OVER STRONGEST MID-BACK MUSCLES

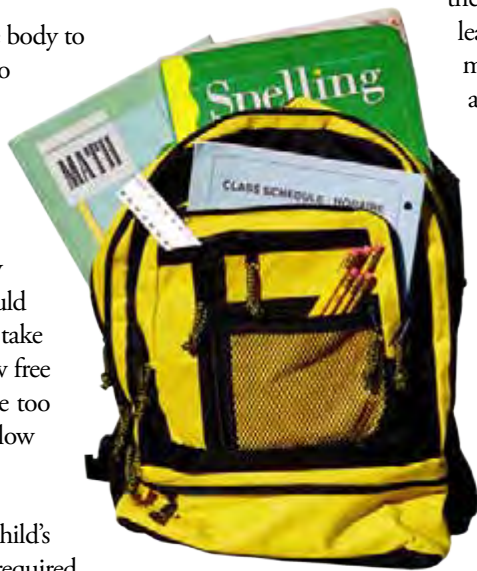
Pay close attention to the way the backpack is positioned on the back. It should rest evenly in the middle of the back. Shoulder straps should be adjusted to allow the child to put on and take off the backpack without difficulty and allow free movement of the arms. Straps should not be too loose, and the backpack should not extend below the low back.

LIGHTEN THE LOAD

Keep the load at 10%-15% or less of the child's body weight. Carry only those items that are required for the day. Organize the contents of the backpack by placing the heaviest items closest to the back. Some students have two sets of books, so as not to have to carry the heavy books to and from school.

PROPER BACKPACK USAGE

While a backpack is still one of the best ways to tote homework, an overloaded or improperly worn backpack gets a failing grade, according to the American Physical Therapy Association (APTA). Improper backpack use can cause injury, especially to children with young, growing muscles and joints. Injury can occur when a child, in trying to adapt to a heavy load, uses harmful postures such as arching the back, leaning forward or, if only one strap is used, leaning to one side. According to physical therapists, these postural adaptations can cause spinal compression and/or improper alignment, and may hamper the proper functioning of the disks between the vertebrae that provide a shock absorption. A too-heavy load also causes muscles and soft tissues of



the back to work harder, leading to strain and fatigue. This leaves the back more vulnerable to injury. A heavy load may also cause stress or compression to the shoulders and arms. When nerves are compressed, the child may experience tingling or numbness in the arms.

WHAT TO LOOK FOR IN A BACKPACK

Physical therapists recommend the following features when selecting a backpack:

- A padded back to reduce pressure on the back and prevent the pack's contents from digging into the child's back
- A waist belt to help distribute some of the load to the pelvis
- Compression straps on the sides or bottom of the backpack that, when tightened, compress the contents of the backpack and stabilize the articles
- Reflective material so that the child is visible to drivers at night

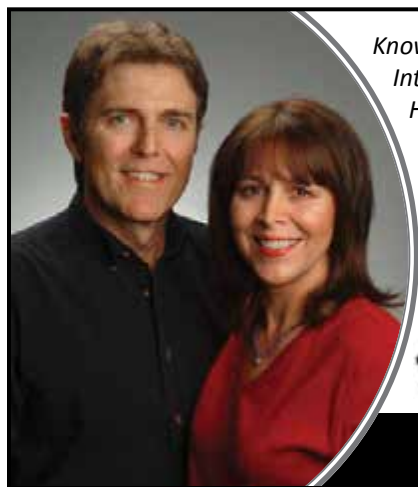
THE RESULTS

Worn correctly and not overloaded, a backpack is supported by some of the strongest muscles in the body: the back and abdominal muscles. These muscle groups work together to stabilize the trunk and hold the body in proper postural alignment.

HOW A PHYSICAL THERAPIST CAN HELP

A physical therapist can help you choose a proper backpack and fit it specifically to your child. Children come in all shapes and sizes, and some have physical limitations that require special adaptations. Additionally, a physical therapist can help improve posture problems, correct muscle imbalances, and treat pain that can result from improper backpack use. Physical therapists can also design individualized fitness programs to help children get strong and stay strong – and carry their own loads.

For more information on backpack safety, visit the American Physical Therapy Association at www.apta.org.



Knowledge,
Integrity, &
Hard Work.

Paul & Jan Gillia



Do Not Pay 6% To Sell Your Home!

Our full service listings are now **4.5%**. We Also Do Leasing.

Call or Email Before You List!

512-388-5454 • pgillia@austin.rr.com

www.homeselect360.com



The Home Select Team Makes All the Difference!



NOW OPEN!

16 FLAVORS. ENDLESS TOPPINGS. PREPARE YOURSELVES.



HOW TO Orange Leaf



10526 W PARMER LANE, SUITE 506 IN AUSTIN
SOUTHEAST CORNER OF W PARMER LANE AND
AVERY RANCH BLVD NEXT TO TONY C'S
ORANGELEAFYOGURT.COM

WANT SOME DELICIOUS FROYO FOR FREE? BRING THIS AD IN DURING
THE MONTH OF SEPTEMBER AND GET YOUR FIRST 4 OUNCES FREE

FIND US ON FACEBOOK: **FACEBOOK.COM/ORANGELEAFATX**

Managing Food Allergies

Food packages often come with the caution, "Warning: may contain peanuts," and for good reason. It's estimated that more than 1 million

Americans suffer from peanut allergies and their reaction if exposed can be life-threatening.

Other common food allergies are to cow's milk, tree nuts, fish and shell fish, egg and even some fruits and veggies, said Dr. Celine Hanson, professor of pediatrics at Baylor College of Medicine in Houston and chief of the allergy/immunology clinic at Texas Children's Hospital.

Symptoms of food allergies can range from mild to severe and can affect various parts of the body, including the digestive system, the respiratory system and the skin. Hanson offers several ways that patients can manage their food allergies. The best tactic is to avoid foods that cause allergies altogether, Hanson said. But in addition, medications such as antihistamines and corticosteroids are available to help manage symptoms. Patients who suffer severe reactions should keep a device such as an EpiPenR on hand so that they can administer an epinephrine shot.

Allergy sufferers should wear a medical bracelet or necklace with information about their allergy, and schools, caregivers and even the parents of children's friends should be notified of food allergies.



Jennifer L. Kiening, D.D.S.

Little Smiles is a Contracted Provider of:

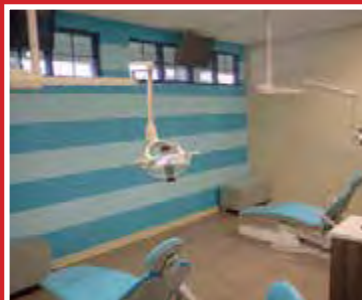
**Metlife
Humana
Aetna
Ameritas
Principal
Guardian**

We Honor All Other Dental PPO Plans

**Call us today to set up an
appointment!**

New Location Now Open!

Parents Welcomed In Our Treatment Rooms
Emergencies Seen on Same Day
State-of-the-Art Office with TV's at Every Chair



205 Denali Pass Suite A, Cedar Park, TX 78613 | 512.218.1500 | www.DrJennySmiles.com

Texas Physical Therapy Specialists Opens New Clinic!

We are pleased to announce our new Avery Ranch location at the corner of Parmer and Avery Ranch, behind the CVS.

Mike McTague will be the Clinic Director at our new facility! He is a Doctor of Physical Therapy and an Orthopedic Certified Specialist.

512-900-3302

Call for an appointment today



Mike and his team of friendly and skilled physical therapists are dedicated to serving this great community. Texas Physical Therapy Specialists is built on Evidence Based Practice. "We always stay current with the **NEWEST RESEARCH** and implement those treatments in our practice. This translates to you having **FEWER VISITS** and **BETTER RESULTS!** We will get you back on your feet so you can continue living your life and not miss a beat."

We specialize in the following treatments:
manual physical therapy, spine care, orthopaedics, sports medicine, and wellness.

**THE BEST
FIRST CHOICE!**



www.TexPTS.com

10526 W. Parmer Lane Suite 403 Austin, TX 78717

HOME ON THE RANCH



“The Texas Classic” plates now being issued at Travis County Tax Office

The Travis County Tax Office is issuing “The Texas Classic,” the new general-issue license plate from the Texas Department of Motor Vehicles (TXDMV) for passenger vehicles.

“The old multi-colored, general-issue license plates have run out and we are now distributing the new black and white classic plates for cars,” said Travis County Tax Assessor-Collector and Voter Registrar Tina Morton. “Truck owners will be able to get the new classic plates in the spring of 2013.”

THE TEXAS CLASSIC INCLUDES:

- Two new, high-visibility security threads join the existing security features embedded in the plate sheeting. Texas is the first state in the country to provide dual security threads, making it easier for law enforcement to spot legitimate plates.
- Bigger plate numbers. The plate letters and numbers area full inch wide and just over 2 1/2 - inch tall.
- A new license plate pattern. The plates are issued with three letters followed by four numbers. By keeping the letters and numbers separate in the alpha-numeric pattern, the seven-character license plate number is easier to remember. This is convenient for plate owners, and also provides better recall for law enforcement and citizen witnesses.

“The general-issue license plate is part of your registration,” Morton said. “Anyone who buys a new passenger vehicle or needs replacement plates receives a set of general-issue plates. License plates are replaced every seven years due to a loss in reflectivity”

The Texas Classic also ushers in a new era for truck owners. “We will no longer be issuing separate license plates for trucks,” Morton said. In September 2011, truck and passenger vehicle owners began paying the same fixed rate for registration, which eliminated the need for two different types of general-issue plates. “What’s good about this change is that the state name will be as large on the pickup truck plates as cars,” Morton said.

WHAT IF YOU DON’T LIKE THE TEXAS CLASSIC?

“The state offers all kinds of specialty plates,” Morton said. “You can access the specialty plate designs and learn more about The Texas Classic on the TxDMV website (www.TxDmv.gov).”

Call (512) 854-9473 between the hours of 7:30 AM and 5:30 PM weekdays for assistance.

ADVERTISE
Your Business Here
Call 512.263.9181
for details.
www.peelinc.com

**GO GREEN
GO PAPERLESS**

Sign up to
get this
newsletter
in your
inbox! Visit
peelinc.com
for details.

Soccer Shots

Introducing Your
Child to the World's
Greatest Game!
Ages 2-8

**Come Kick it in
Avery Ranch!**

Contact:
Eddie@soccershots.org
512-420-9450
www.soccershots.org



Avery Ranch Residents Interested In Playing Bridge?

Let's start a Ladies group and a Couples bridge group!
If interested, please e-mail Manorama Khinduka at
manokhinduka@yahoo.com

SUDOKU

View answers online at www.peelinc.com

								6
5	7					9		
4					6		7	
3			7					8
					9			5
				2		3		9
	2			6				
8				3		1		2
			9				4	

© 2006, Feature Exchange

The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

Why choose Primrose®? Just ask a mom.

"My children are learning things I never imagined they could learn at this point in their lives. My preschooler can write his name and recite his alphabet and numbers. I also have a 15-month old who is learning his shapes and colors. It's just amazing how much Primrose is teaching my children."

— Jude & Ethan's Mom, Primrose Parent

Primrose School of Round Rock

15925 Great Oaks Drive
Round Rock, TX 78681

512.733.2020

www.primroseroundrock.com

Educational Child Care for Infants through
Private Kindergarten and After School



Each Primrose School is a privately owned and operated franchise. Primrose, Primrose Schools, and The Leader in Educational Child Care are trademarks of Primrose School Franchising Company. ©2011 Primrose School Franchising Company. All rights reserved.

**Enroll today and receive
two weeks tuition credit!**



Primrose Schools®
The Leader in Educational Child Care®

NOT AVAILABLE ONLINE

At no time will any source be allowed to use the Home on The Ranch Newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc. and the Avery Ranch Homeowners Association.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

BUSINESS CLASSIFIEDS

NO TIME FOR HOUSE CLEANING? Paying too much for house cleaning? Call Natalie's Maid Service for a free estimate at 512-771-3060. Affordable prices * Quality Work *Supplies Furnished * Bonded * Call now for a free estimate and \$15.00 off your first clean. www.nataliesmaids.com.

BUSINESS CLASSIFIEDS (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or advertising@PEELinc.com.

Get Paid to Shop!

Get 10¢ cash back on every debit card purchase.



FREE Cash Back Checking
Join today - rbfcu.org

Austin
512-833-3300

Toll-free
1-800-580-3300



Program subject to change. Federally insured by NCUA.

Meet ADC's New Specialists



Scott Boruchow, MD, Neurologist
Appointments: 512-901-4061

Dr. Boruchow received his degree from Albert Einstein College of Medicine of the Yeshiva University in Bronx, NY. He completed his internship and residency training for Internal Medicine at Mount Auburn Hospital in Cambridge, MA. After that, he went through training in neurology at Beth Israel Deaconess Medical Center in Boston where he also completed a fellowship in Clinical Neurophysiology and Neuromuscular Disease. Dr. Boruchow is board certified by the American Board of Psychiatry and Neurology. He sees patients at ADC's Main Clinic in North Austin.



Brock Harper, MD, Rheumatologist
Appointments: 512-901-4068

Dr. Harper received his medical degree from the University of Texas Medical Branch in Galveston. He completed his internship and residency at Medical University of South Carolina and his fellowship in rheumatology at the University of Texas Health Science Center in Houston. Dr. Harper is board certified by the American Board of Internal Medicine in Rheumatology and is accepting new patients.



Greg Thaera, MD, Neurologist
Appointments: 512-901-4061

Dr. Greg Thaera comes to ADC most recently from Arizona where he had two fellowships at Mayo Clinic Arizona, first in Neurophysiology and then in Multiple Sclerosis. He also completed his internship and residency at Mayo Clinic Arizona in Neurology. Dr. Thaera earned his medical degree from Indiana University School of Medicine. He is board certified by the American Board of Psychiatry and Neurology. He sees patients at ADC's Main Clinic in North Austin.



The Austin Diagnostic Clinic
Neurology and Rheumatology
12221 Mopac Expwy. North
512-901-1111 • ADClinic.com
My Health, My Doctor, My ADC



PEEL, INC.

308 Meadowlark St.
Lakeway, TX 78734-4717

PRSR STD
U.S. POSTAGE
PAID
PEEL, INC.

AR

Avery Ranch Real Estate Group

Your Avery Ranch experts and neighbors.



Call or email us today to schedule a free consultation!



Ask us about our
move-up program.

512.887.4849

averyranchteam@realtyaustin.com

PREPARING TO HOUSE HUNT?

Call us *before* you begin, so you can shop with confidence.

We arm you with info and a pre-qualification, so you've got what you need to make an offer when you find "the one."

Then we hunt down the best rates and programs for you, our client, with Texas tenacity.

EXPERIENCE THE DIFFERENCE.

Everett Financial Inc. dba Supreme Lending strives for compliance with all applicable state and federal regulations pertaining to mortgage lending, advertising, and marketing including but not limited to all federal regulations set forth in title 12 of the Code of Federal Regulations, and the guidelines promulgated and/or enforced by the U.S. Department of Housing and Urban Development, The Consumer Financial Protection Bureau, and the Federal Trade Commission. Supreme Lending is not affiliated with any government agency. All applications are subject to underwriting guidelines and approval. This does not constitute an offer to lend. Not all applicants will qualify for all loan products offered. All loan programs, terms and interest rates are subject to change without notice. All fees are subject to state and federal high cost thresholds. ©2013 Everett Financial, Inc. dba Supreme Lending (NMLS ID #2129) at 14801 Quorum Dr. #300, Dallas, TX 75254. All rights reserved. For all licenses, visit nmlsconsumeraccess.org. Texas - SML Mortgage Banker Registration NA - Texas OCC #43044.



THE TEXAS TEAM

AT SUPREME LENDING

Making home loans happen across Texas

STEPHEN STEAKLEY

512-329-8914 PH

stephen.steakley@supremelending.com

NMLS #274124

WES WEHMAN

512-329-8914 PH

wes.wehman@supremelending.com

NMLS #268243



8800 Business Park Dr, Ste 200 • Austin, TX 78759