



# CYPRESS MILL *Chronicle*

NEWS FOR THE RESIDENTS OF CYPRESS MILL

September 2013

Volume 13, Issue 9

## A FOCUS ON BACKPACK SAFETY TIPS

*By: Concentra Urgent Care*

### **WEAR BOTH STRAPS**

The use of one strap causes one side of the body to bear the weight of the backpack. By using two shoulder straps, the weight of the backpack is evenly distributed.

### **WEAR OVER STRONGEST MID-BACK MUSCLES**

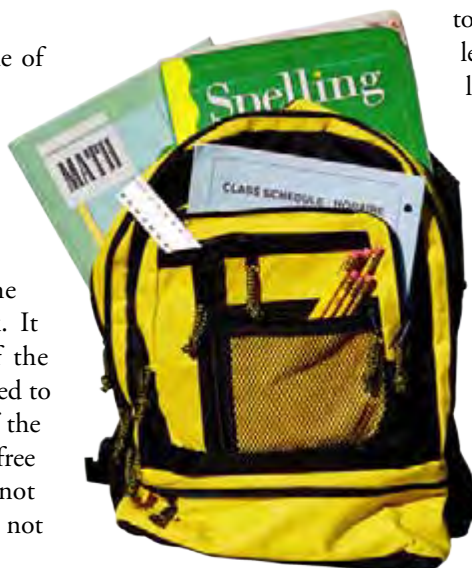
Pay close attention to the way the backpack is positioned on the back. It should rest evenly in the middle of the back. Shoulder straps should be adjusted to allow the child to put on and take off the backpack without difficulty and allow free movement of the arms. Straps should not be too loose, and the backpack should not extend below the low back.

### **LIGHTEN THE LOAD**

Keep the load at 10%-15% or less of the child's body weight. Carry only those items that are required for the day. Organize the contents of the backpack by placing the heaviest items closest to the back. Some students have two sets of books, so as not to have to carry the heavy books to and from school.

### **PROPER BACKPACK USAGE**

While a backpack is still one of the best ways to tote homework, an overloaded or improperly worn backpack gets a failing grade, according to the American Physical Therapy Association (APTA). Improper backpack use can cause injury, especially to children with young, growing muscles and joints. Injury can occur when a child, in trying to adapt to a heavy load, uses harmful postures such as arching the back, leaning forward or, if only one strap is used, leaning to one side. According to physical therapists, these postural adaptations can cause spinal compression and/or improper alignment, and may hamper the proper functioning of the disks between the vertebrae that provide a shock absorption. A too-heavy load also causes muscles and soft tissues of the back



to work harder, leading to strain and fatigue. This leaves the back more vulnerable to injury. A heavy load may also cause stress or compression to the shoulders and arms. When nerves are compressed, the child may experience tingling or numbness in the arms.

### **WHAT TO LOOK FOR IN A BACKPACK**

Physical therapists recommend the following features when selecting a backpack:

- A padded back to reduce pressure on the back and prevent the pack's contents from digging into the child's back
- A waist belt to help distribute some of the load to the pelvis
- Compression straps on the sides or bottom of the backpack that, when tightened, compress the contents of the backpack and stabilize the articles

- Reflective material so that the child is visible to drivers at night

### **THE RESULTS**

Worn correctly and not overloaded, a backpack is supported by some of the strongest muscles in the body: the back and abdominal muscles. These muscle groups work together to stabilize the trunk and hold the body in proper postural alignment.

### **HOW A PHYSICAL THERAPIST CAN HELP**

A physical therapist can help you choose a proper backpack and fit it specifically to your child. Children come in all shapes and sizes, and some have physical limitations that require special adaptations. Additionally, a physical therapist can help improve posture problems, correct muscle imbalances, and treat pain that can result from improper backpack use. Physical therapists can also design individualized fitness programs to help children get strong and stay strong – and carry their own loads.

For more information on backpack safety, visit the American Physical Therapy Association at [www.apta.org](http://www.apta.org).

# CYPRESS MILL

## Important Numbers

Cy-Fair High School .....	281-897-4600
Cy-Woods High School.....	281-213-1919
Cypress Lakes Golf Club .....	281-304-8515
Cypress Mill M.U.D. #1, (24 Hour Emergency)	281-374-8989
Constable Ron Hickman, (24 Hour Emergency)	281-376-3472
DPS Sex Offenders website .....	<a href="http://records.txdps.state.tx.us/">http://records.txdps.state.tx.us/</a>
Centerpoint Energy Gas.....	713-659-2111
Centerpoint Energy Gas-Emergency Gas Leaks.	713-659-3552
CenterPoint Energy.....	713-207-2222
Irrigation Leaks/Common Area Repairs - Principal Management	
Poison Control Center .....	800-764-7661
Principal Management .....	713-329-7100
Robison Elementary .....	281-213-1700
AT&T Repair Center .....	800-246-8464
Spillane Middle School.....	281-213-1645
Street Light Outages.....	713-207-2222
Comcast Cable.....	713-341-1000
Waste Corporation of America (WCA) Recycling.....	281-368-8397

**Pipeline Company – Exxon Mobil.....**  
281-925-3816

*Mowing of Pipeline easement; Standing water; Smells or leaks*

**Street Lights – Center Point Energy .....**  
713-207-2222

*Damaged or Burned Out Street Lights*

*\*\*They will need 6-digit pole number when calling\*\**

**Constable Ron Hickman (24 Hour Emergency) .....**  
281-376-3472

**Harris County Road and Bridge .....**  
281-463-6300

*To request street signs and to report street damage, curb damage, street flooding, or missing/damaged street signs.*

Newsletter Publisher

Articles..... [cypressmill@peelinc.com](mailto:cypressmill@peelinc.com)  
Peel, Inc. .... [advertising@PEELinc.com](mailto:advertising@PEELinc.com), 888-687-6444

## Newsletter Deadline

The deadline for the newsletters is the 9<sup>th</sup> of each month.

Please email articles to: [cypressmill@peelinc.com](mailto:cypressmill@peelinc.com)

**Remember: The Speed Limit  
throughout Cypress Mill is 30 MPH!**

## Advertising Information

Please support the businesses that advertise in the Messenger. Their advertising dollars make it possible for all Cypress Mill residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact Peel, Inc. Sales Office at 888-687-6444, [advertising@PEELinc.com](mailto:advertising@PEELinc.com)

## MUD Board of Directors

The District is governed by the Board of Directors, consisting of five directors, who have control over and management supervision of all affairs of the District. All of the Directors reside in the District.

Mr. Ronald S. ("Ronnie") Koehn, President

Mr. Bob Henry, Vice President

Mr. Tim Halloran, Secretary

Ms. Angell Swedlund, Treasurer

Mr. Jerry Bryant, Assistant Secretary

<http://www.cypresshillmud1.com/contact/index.html>

Are you *paying too much* for your storage?

**Check us out!**



### Prices

10x10 \$70  
10x30 \$160



**Creekside Storage**  
14660 Spring Cypress Road  
Cypress, TX 77429

**281.251.3266**

Hours: M, Th, F: 9-6 • Tues, Wed: 8-7 • Sat: 9-3

17445 Spring Cypress @ 290  
Suite G (Next to Kroger)

**STRONG Vision Center**

• 2 Full-Time Doctors •

• Eye Exams • Glasses  
• Contacts  
• Lasik Co-Management



**Dr. Jane Strong** **Dr. Cassandra Knight**  
Therapeutic Optometrist Therapeutic Optometrist  
Cypress Resident

**281-373-3063**  
[www.strongvisionctr.com](http://www.strongvisionctr.com)



Like us on

[www.facebook.com/strongvision](https://www.facebook.com/strongvision)



get **free** teeth  
whitening  
for **life!**

with initial exam, necessary  
cleaning and x-rays.\*

## There's a new way of caring for you and your teeth.

Come in for your initial exam, cleaning and x-rays (services covered by most insurance companies) and you'll get **FREE custom take-home whitening trays and gel** (\$399 value). As long as you keep up with your recommended cleaning visits, you'll get 2 FREE tubes of whitening gel, twice per year, for the rest of your life.

We're also proud to provide:

- The latest dental techniques and state-of-the-art technology, including our fast, painless, affordable oral cancer screening
- Open acceptance of most insurance plans
- Flexible financing options
- Convenient early morning and evening hours
- Exceptional patient care and service in a friendly setting

\*Subject to exam results and doctor approval.



**\$400 off** any full  
orthodontic **treatment**

Limited time offer. Offer cannot be combined with Dental HMO, PPO or other discounts. Full upper and lower arch treatment to new orthodontic patients only. General dentist practicing orthodontics. Financing available with approved credit. The single largest discount will be applied.

**FAIRFIELD**  
DENTAL CARE  
& ORTHODONTICS

YOUR  
**DentalWorks**  
DENTIST

dentures | partials | crowns | bridges | restorative | cosmetic | preventive | braces

**281-256-6190**  
**dentalworks.com**

Fairfield Dental Care & Orthodontics  
Amy Mohr, DDS | Michael Paul Muckler, DDS  
15040 Fairfield Village Drive, Suite 240  
Cypress, TX 77433



# CYPRESS MILL

## VIPS & CY-FAIR ISD

VIPS is an acronym for Volunteers in Public Schools. VIPS in Cy-Fair ISD center the attention of their service on supporting students and staff and making a significant contribution to the education of children. Our volunteers give freely of their time and resources and impact the academic and personal development of Cy-Fair ISD students.

If you are interested in being involved in Cy-Fair schools as a volunteer, please contact Pam Scott, Partners in Education Director at 281-894-3950.

### CY-FAIR ISD & VOLUNTEERS IN PUBLIC SCHOOLS SEPTEMBER 2013 EVENTS

**September 5** - VIPS General Meeting – 9:30 a.m. to 12:00 p.m., Berry Center - Open to all CFISD school staff, volunteers, parents and community members. Get the latest information on what is happening in CFISD.

**September 10** - Vision Certification Training – 9:30 a.m. to 1:30 p.m., Berry Center - Become a state certified trained volunteer to assist a CFISD school nurse in vision testing for the students. Please RSVP to the school nurse by September 3.

**September 11** - Hearing Certification Training – 9:30 a.m. to 1:30 p.m., Berry Center - Become a state certified trained volunteer to assist a CFISD school nurse in hearing testing for the students. Please RSVP to the school nurse by September 4.

**September 17** - PIE Mentor Training – 6:00 p.m. to 8:00 p.m., Berry Center - Training for individuals committed to serve as a role model and friend to a CFISD student.

**September 19** - PIE Mentor Training – 9:30 a.m. to 11:30 a.m., Berry Center - Training for individuals committed to serve as a role model and friend to a CFISD student.

**September 24** - VIPS Math Training – 9:30 a.m. to 11:30 a.m., Berry Center - Participants will learn the approach to the process and actions used in elementary math. This class will be presented by the CFISD math coordinator.

**September 25** - Junior Achievement Coordinator Training – 8:30 a.m. to 9:30 a.m., Berry Center - Specifically for those who will take responsibility for implementing the JA program for their campus.

**September 25** - Junior Achievement Volunteer Training – 9:30 a.m. to 11:30 a.m., Berry Center - The purpose of Junior Achievement is to educate and inspire young people to value free enterprise, understand business and economics, and be workforce ready.

### HOW TO REGISTER FOR TRAINING

With the exception of Hearing and Vision Certification, register for training by emailing the PIE office at [vipsrsvp@cfisd.net](mailto:vipsrsvp@cfisd.net). Provide your name and the name and date of the training you wish to attend. Registration is required to guarantee a seat and training materials.

Adults only.

## NORTHWEST HARRIS COUNTY AGGIE MOM'S CLUB

[nwhcaggiemoms.org](http://nwhcaggiemoms.org)

### GOT A STORY FOR YA AGS!

The Northwest Harris Aggie Moms Club will host Texas A&M University's former Yell Leaders on Tuesday, September 10, 2013 at 7:00 p.m. at the Houston Distributing Company, 7100 High Life Drive, conveniently located near Willowbrook Mall at the intersection of High Life Drive and Cutten Road. Be prepared to be entertained as the yell leaders teach us the Aggie yells and traditions! Enjoy light refreshments while you shop our Boutique for that one-of-a-kind hand-crafted Aggie treasure or our new Tradition Beads!

Aggie Moms as an organization, encourages parents to become familiar with A&M during their student's freshman year. Aggie Moms has been here for 25 years and we're committed to helping your student and you enjoy the TAMU experience through graduation.

### COMING SOON!

**Shop Till You Drop**, September 14 from 9-5 at the Berry Center. Check out the NWHC Aggie Mom's Club booth for one-of-a-kind Aggie gifts and jewelry.

**Hullabaloo Huddle**, October 12, Bareback Bar and Ice House, 19940 Kuykendahl, Spring, Texas 77379. NWHC Aggie Mom's Watch Party-Texas A&M vs. Ole Miss. Tickets are \$12 each /No one under 21/Cash Bar/Food Trucks

The Northwest Harris County Aggie Mom's Club meets August thru May on the second Tuesday of every month at 7:00 pm at 7100 High Life Drive. All meetings are open to Aggies, future, present or past. You will enjoy hearing from dynamic speakers throughout the year! For more information on monthly speakers or upcoming events visit our website at [www.nwhcaggiemoms.org](http://www.nwhcaggiemoms.org) or contact Shannon Eberle, Club President at [clubpres2012@gmail.com](mailto:clubpres2012@gmail.com). We are looking forward to meeting all our Aggie Moms!



TEXAS A&M  
UNIVERSITY

GO GREEN  
GO PAPERLESS



Sign up to  
get this  
newsletter  
in your  
inbox! Visit  
[peelinc.com](http://peelinc.com)  
for details.

# The David Flory Team



We do our homework  
to deliver A+ results!

With over 30 years of experience, you can place  
your trust in us to meet your real estate goals.

**The David Flory Team currently ranks in  
the top 3 real estate teams in Houston**  
*Houston Business Journal, 2012*

Contact us for questions or to schedule an  
appointment with one of our highly  
qualified REALTORS®!

**281.477.0345**  
**info@floryteam.com**



[www.facebook.com/TheDavidFloryTeam](http://www.facebook.com/TheDavidFloryTeam)

RE/MAX Professional Group 832.478.120  
Each office is independently owned & operated

# CYPRESS MILL

## HEART OF TEXAS



### GIRL SCOUTS COMMUNITY SIGN-UP RALLY

#### Rally Date:

Saturday September 7th, 2013 – 10:00AM – 2:00PM

#### Rally Location:

Good Shepherd UMC, 20155 Cypresswood Dr., Cypress, 77433

#### Rally Contacts:

Jackie Morris (JF4Morris@gmail.com)

Susan Lawyer (hotcommunityscouter@gmail.com)

San Jacinto Council Website: [www.gssjc.org](http://www.gssjc.org)

GIRLS IN KINDERGARTEN – 12TH GRADE MAY JOIN!

*We also need caring adults (age 18 and older) to share your time/ talents and help girls achieve their potential.*

## KIDS' CROSS-COUNTRY TEAM'S SEASON STARTS SEPTEMBER 10TH

The Northwest Flyers Track Club Youth Cross-Country Team kicks off the fall season with registration and a mandatory orientation for parents and athletes on Tuesday, September 10, 2013, at 7:00 p.m. Registration will be held at Cypress Creek High School, 9815 Grant Rd., Houston, TX. The first practice will be held at the Cypress Creek YMCA on Thursday, September 12. The Northwest Flyers Track Club is a member program of USA Track and Field (USATF), the national governing body for track and cross country. The club is in its 26th year in the northwest Houston area. Ages 6 - 18 may participate in the team, and both beginners and experienced runners are welcome. Middle school and high school cross country athletes can also register, but should compete after their cross country season is over.

Contact Coach Eric Wentworth at [emw1105@gmail.com](mailto:emw1105@gmail.com), 281-961-6603, or Coach Donnell Carter at [dcarter.nwflyers@yahoo.com](mailto:dcarter.nwflyers@yahoo.com), 281-467-4727, for more information. Email Coach Carter to get on the email list and you will receive a free running training video. Visit [www.northwestflyers.org](http://www.northwestflyers.org) to get updates and learn more about the team.

## Bashans Painting & Home Repair

Commercial/Residential  
Free Estimates

**281-347-6702**



**281-731-3383 cell**



- Interior & Exterior Painting
- Hardi Plank Installation
- Wood Replacement
- Sheetrock Repair
- Interior Carpentry
- Cabinet Painting
- Wallpaper Removal and Texturizing
- Pressure Washing
- Fence Repair/Replacement
- Garage Floor Epoxy
- Custom Staining
- Roofing
- Gutter Repair/Replacement
- Faux Painting
- Door Refinishing
- Window Installation
- Trash Removal
- Ceiling Fan/Light Fixtures

**References Available • Fully Insured**  
**NO PAYMENT UNTIL COMPLETION**  
[bashanspainting@earthlink.net](mailto:bashanspainting@earthlink.net)



## FAIRFIELD

### ANIMAL HOSPITAL

**Mike Hicks, DVM**

**Sandra Harris, DVM**

15040 Fairfield Vlg. Sq. Dr. #100  
Cypress Tx 77433 • 281.256.3150  
[www.myfairfieldvet.com](http://www.myfairfieldvet.com)

#### Office Hours:

Mon-Fri 7am-6pm

Close Sat & Sun

#### Early Morning Drop Off

Mon-Fri 7am

Call 281.256.3150  
for Appointments



• Compassionate,  
Quality Care for your  
Pet Family Member

• A Full Service  
Veterinary Hospital

• Friendly, Caring,  
Professional Staff

WE PROUDLY OFFER:



**HomeAgain**  
A lost pet's best chance



# TENNIS TIPS

By USPTA/PTR Master Professional  
Fernando Velasco



## How To Execute The Two-Handed High Backhand Volley Approach Shot

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand, forehand volley, the two handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley, the overhead “smash”, the forehand service return, the backhand service return, and the forehand high volley approach shot.

In this issue, I will offer you instructions on how to execute the two-handed backhand high approach shot. This shot is used when a player is caught in “no-person’s land” (around the service line area) and receives a high ball to volley. The important part of this shot is to be able to hit a deep volley to the feet of the opponents and/or to hit a deep volley close to the baseline, so the opponent is put in a defensive mode and hits a softer ball so the player can now move closer to the net for the “killer or placement volley”. In the illustrations, Linda Henson, a player at the Grey Rock Tennis Club, shows the proper technique to execute this stroke.

**Step 1:** The Ready Position and Split Step: When Linda realizes that she is caught in “no-person’s land”, she takes the split step by bending the knees and staying on her toes. Her racket is in the volley position and her feet are angled toward the path of the incoming ball.

**Step 2:** The Back Swing: Once Linda realizes that the ball has been directed to her backhand, she will turn her upper body and will take the racket slightly back. Notice that the left hand next to the right

hand to allow her to keep her center of gravity in the center. She has loaded her weight on her left foot and will be ready to step forward to meet the ball. She will make a slight change toward the continental grip on both hands.

**Step 3:** The Point of Contact: Linda now is ready to step into the ball. She has kept her eye on the ball and her center of gravity now is shifted toward the point of contact. Notice the right toe pointing to the ball meeting the racket. The face of the racket is open to allow her to hit behind the ball and allow maximum net height and allow her to hit the ball deep. The control of the ball will be made with the left hand, which is holding the racket tighter. The right hand is more relaxed and helps keep the face of the racket in a 45 degree angle at the point of contact.

**Step 4:** The Follow Through: Once Linda has made contact with the ball, she finishes the follow through with her wrist laid back. Her right arm is next to her body and her eyes have shifted toward her target.

**Step 5:** The Move for the Kill Volley: As the ball is headed toward her opponent and Linda realizes that her shot is deep, now she moves close to the net for the put away volley. If her shot was not deep, Linda will decide to stay close to the service line to protect the lob over her head. By the look in her eyes and her smile, she is ready to go for the “kill volley”.

*Look in the next Newsletter for: The One-Handed Backhand Volley Approach Shot*



Houston Metro Go Texan  
Cypress/Fairbanks Committee  
*Presents*



# Cowboys & Angels Dance

★ Band: ★ Live ★ Silent  
Driftwood Auction Auction

Saturday October 26, 2013

7 p.m. - Midnight

Cypress Fairbanks VFW Hall

21902 Northwest Frwy. Cypress, TX 77429

\$20 Tickets (FMV= \$15)

Credit Cards Accepted



For More Information please contact:

Tammy Faber 713.899.7975 or Holly Grajales 713.412.8412  
[metrogotexancyfair@gmail.com](mailto:metrogotexancyfair@gmail.com)



**HOUSTON** Livestock  
Show and Rodeo

Please Make Checks Payable to Houston Livestock Show and Rodeo™

The Houston Livestock Show and Rodeo is a Section 501(c)(3) charitable organization. The amount of the contribution that may be deductible for federal income tax purposes is the excess value contributed by the donor over the value of goods or services received. Consult your tax professional for more information/eligibility.



## JOIN YOUR FRIENDS ON THE GOLF COURSE FOR A GREAT CAUSE!

*Announcing the 9th Annual American Cancer Society Relay For Life of Cy-Fair Golf Tournament*

Grab your clubs and join with friends and sponsors to have some fun for a great cause. The 9th Annual Relay For Life of Cy-Fair Golf Tournament benefiting the American Cancer Society is on for Thursday, October 3, 2013 with a 1:00 pm Shotgun Start at Windrose Golf Club located in Spring, Texas ([www.windrosegolfclub.com](http://www.windrosegolfclub.com)). The tournament format is a 4-Person Scramble.

Registration is quick and easy online at <http://www.hprelayforlife.com>. Golfers can play as a team or as an individual. Registration Fee is \$440 per foursome and includes greens fee, cart, range balls, and 4-drink tickets. Lunch and dinner are provided. Silent Auction winners and tournament awards and prizes are announced at dinner following the tournament.

"This is a great opportunity for golfers to have some fun and also contribute to the American Cancer Society," said Stacie Hemann, event founder and organizer. "It is also the perfect time for local companies and organizations to become sponsors and join some of the great charitable sponsors we already have who will offer fun activities on almost every hole along with contests and giveaways. For 2013, our main event Platinum Sponsor is North Cypress Medical Center; Rudy's BBQ is Lunch Sponsor; and Lupe Tortilla's is Dinner Sponsor."

Golfers interested in participating and any businesses and individuals interested in sponsoring this event can contact Stacie Hemann at 512.319.0929 or [hprelayforlife@gmail.com](mailto:hprelayforlife@gmail.com).

*PROCEEDS BENEFIT THE AMERICAN CANCER SOCIETY*



**Full Service Hospital  
with Boarding and Grooming**

**Dr. Matt Hennessey 281-256-8085**

..... 15820 Mueschke Cypress 77433 .....

[www.cypressfairhavenvet.com](http://www.cypressfairhavenvet.com)



**HIGH QUALITY,  
COMPASSIONATE  
MEDICINE WITH  
EXCEPTIONAL  
CLIENT SERVICE**

**\*Low cost Spay and  
Neuter Wednesdays**

**Free Vaccinations**

with exam (\$46.00)

Dogs= Rabies, DHPP

Cats= Rabies, FVRCP

# CYPRESS MILL

## SHALOM

*Hi Jewish Community!*

Let's get connected! To share...

- Shabbat dinners
- Chanukah parties
- Passover Seders
- or simply get together!

### INTERESTED?

E-mail us at  
[info@shalomcypress.org](mailto:info@shalomcypress.org).  
Or visit our website at  
[www.shalomcypress.org](http://www.shalomcypress.org)



## CONVENIENT Mammograms Right in Your Neighborhood!

Evenings and weekends available by appointment.



### Four convenient locations

- 11307 FM 1960 West at Steepletop, Suite 340  
Houston, Texas 77065
- 14044 Spring Cypress at Grant  
Cypress, Texas 77429
- 27126 Highway 290 at Mueschke  
Cypress, Texas 77433
- 7015 Barker Cypress Rd at 529  
Cypress, Texas 77433



\*According to the U.S. Preventive Services Task Force and the Affordable Care Act, routine screening mammography is a preventive service now covered 100% by health insurance plans for women aged 40 and older every 1 to 2 years.

**Schedule now 281.897.3121 • [www.CyFairWomensImaging.com](http://www.CyFairWomensImaging.com)**



## CY-FAIR KIWANIS CLUB

The Cy-Fair Kiwanis Club is actively seeking new members who are interested in giving service to improve our community and our world. Visit the Cy-Fair Kiwanis Club and learn about the projects in which its members participate to enrich and improve life for citizens in our community. We sponsor the Key Clubs in the Cy-Fair, Jersey Village, and Katy communities and work with them in service to the Cy-Fair area. Internationally, both Kiwanis and Key Club are participating in the ELIMINATE PROJECT aimed at the eradication of maternal/neonatal tetanus.

The Cy-Fair Kiwanis Club meets at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call John Carroll at 281-463-0373, George Crowl at 832-467-1998 or Peggy Presnell at 281-304-7127. We invite you to be our guest at one of the meetings and enjoy the fellowship of Kiwanians from your



community as you learn about our organization.

Businesses of the community are encouraged to support a representative for membership in Kiwanis. If you work for a business that is oriented toward involvement in community improvement and leadership, suggest to them that you would like to represent that business through membership and involvement in work with Kiwanis. We welcome business and organization as well as individual memberships.

CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club sponsors nine Key Clubs and one Builders' Club in the Cy-Fair School District; sponsors the Kids Triathlon; Girl Scout, Boy Scout, and Sea Scout troops and activities; awards scholarships to outstanding Key Club members in our district; provides assistance to Cypress Assistance Ministries and Bear Creek Ministries; the Houston Food Bank; and many other nonprofit organizations.

We look forward to welcoming you to our meetings.

## Tim's Painting

*Making Homes Beautiful Since 1972*

**For Free Estimate**  
**Call: 281-620-9077**  
**Tim Thackeray**

Interior Painting	Wood Fences
Exterior Painting	Crown Molding
Pressure Washing	Drywall Repair
Door Refinishing	Texture Matching
Siding Replacement	Carpentry Repairs



Brilliant Energy Texas OUC #10140

# BRILLIANT ENERGY

**Easy Online Sign-Up at**  
**BrilliantElectricity.com**

**USE "NEIGHBORHOOD NEWSLETTER" AS REFERRAL**

**BRILLIANT ENERGY = SERIOUSLY LOW RATES**  
**BRILLIANT ENERGY'S ELECTRICITY RATES CHALLENGE**  
**THE RATES OF EVERY OTHER PROVIDER IN TEXAS!**  
**LOCK-IN A LOW ELECTRICITY RATE FOR**  
**UP TO 3 YEARS**

**BRILLIANT ENERGY IS RECOMMENDED BY TEXAS ENERGY**  
**ANALYST, ALAN LAMMEY THE HOST OF THE "ENERGY**  
**WEEK" RADIO SHOW ON NEWSTALK 1070 KNTH!**

**Ask the "Energy Analyst"**  
**281.658.0395**

**GREAT BUSINESS RATES TOO!**





## Back To School

School started in August, so now is the time for drivers to pay closer attention to the school zones in the neighborhood. We want to remind you that the speed limit in a school zone is 20mph and traffic fines double!

### Other changes to be aware of include;

- Children behaving unpredictably
- School Bus Stops
- Crossing Guards – please obey the guards! Remember, they are there for the safety of you and your children
- New areas of traffic congestion
- Be prepared for delays
- Use of cell phones in schools zones is prohibited!

Please give yourself extra time in the mornings and mid-afternoons and remember if you are traveling in a school zone to slow down.

## Time To Slow Down!



## WANT A GREAT RIDE?

## SELL US YOUR CAR!



## TEXASDIRECTAUTO.COM

*We make buying and selling fun!*



Scan and sell us your car or search our inventory



## Cypress Philharmonic

The Cypress Philharmonic proudly launches its second season with a Four Seasons theme. On September 22, the first concert, "Stirrings of Autumn," evokes a fall mood with Peggy Stuart Coolidge's two-movement "New England Autumn" and Kirt Mosier's "Overture to the Wind." The program features Antonín Dvořák's powerful "New World" Symphony (No. 9) and the world premiere of Houston artist Joe LoCascio's sneaky "Gently Criminal" for strings. Rounding it all out is Mexican composer Arturo Márquez's lively "Danzón No. 2" just in time to kick off Hispanic Heritage Month.

This year, the CyPhil adds a special event, collaborating with the Houston Repertoire Ballet to create a "Winter Wonderland" with a full production of Pyotr Tchaikovsky's *The Nutcracker*. Houston Repertoire Ballet, founded by Gilbert Rome and under the direction of Victoria Vittum, has mounted a production of *The Nutcracker* annually since 2001, but now will feature live music from the Cypress Philharmonic. Performances will be held on Saturday, December 7 at 2 p.m. and 7 p.m. and Sunday, December 8 at 1 p.m. and 4:30 p.m. in the Tomball High School auditorium with reserved seating. Ticket information is at [www.hrbdance.org](http://www.hrbdance.org) and 281-940-4721. Major funding for the project is provided by Houston Endowment and ConocoPhillips Company. *The Nutcracker* is also funded in part by

grants from Harris County and Texas Commission on the Arts through the Houston Arts Alliance.

On March 23, 2014, "Spring Fever" highlights the passion of romance with music from Georges Bizet's *Carmen Suites No. 1 and 2* and Aaron Copland's "Appalachian Spring." Themes of rebirth and renewal are visited in music from Linda Tutas Haugen's *Transformations of Darkness and Light* and Nikolai Rimsky-Korsakov's *Russian Easter Overture*.

The annual pops concert will be held on June 28, 2014. Information about this "Summertime" concert will be made available through the website and print and social media.

The Cypress Philharmonic is a 50+ member ensemble made up of music educators and professional musicians in and around the Cypress area. Founded by Music Director Glynneth Lanthier in 2012, the CyPhil presents classical favorites alongside new and recent works by a diverse group of composers. We welcome inquiries from musicians, community members and prospective board members. To find out more about the CyPhil, visit the website or e-mail at [admin@cyphil.org](mailto:admin@cyphil.org). The Cypress Philharmonic performs in the Berry Center on 8877 Barker Cypress in Cypress, Texas. Tickets and performance information are available online or by leaving a message at 713-939-9493.

# Ten Tiny Toes... 100 Billion Reasons

With 100 billion neurons still forming connections, your child's brain is remarkably unfinished at birth. Research has found that significant connections are either developed or lost by the age of five.

At Kids 'R' Kids Learning Academies, we use our **Brain Waves™** curriculum designed with activities to support healthy brain development during your child's most critical years – maximizing their mental capacity for educational success.



**Exclusive Curriculum focused on Brain Development**








Brain Development Videos



- Nationally Accredited Program
- Ages Six Weeks – 12 Years Old
- Preschool Programs
- Before and After School Programs with transportation

- Interactive Technology
- Internet Cameras
- Private Kindergarten

OPEN HOUSE SEPTEMBER 7<sup>th</sup> 10:00-2:00

10740 Barker Cypress • Cypress, Texas 77433 • 281-304-6004 • [www.krkbarkercypress.com](http://www.krkbarkercypress.com)

# CYPRESS MILL

*The Cypress Symphony Orchestra is Proud to Present its*

## 2013-2014 World Premiere Season!

The Cypress Symphony and Maestro Zachary Carrettin explore passion through performance in three one-time-only concerts at The Centrum!

### INAUGURAL CONCERT

**Sept. 21 - 7PM** Barber's Adagio for Strings and Pianist Richard Dowling performing Chopin's Piano Concerto No. 2

### VIRTUOSI OF VENICE

**Jan. 18 - 7PM** A team of virtuosi tackle rediscovered string works by Giuseppe Capuzzi and Vivaldi Classics

### LA PASSIONE!

**May 10 - 7PM** Haydn's Symphony #49 in F Minor "La Passione" and Mozart's Piano Concerto K. 414 played by Mina Gajic

*Tickets can be purchased at [cypresssymphony.org](http://cypresssymphony.org)*



## DROWNING IS PREVENTABLE



Volunteer - Donate  
[COLINSHOPE.ORG](http://COLINSHOPE.ORG)



**Ongoing:** Colin's Hope Athlete Ambassadors of all ages needed! [www.tinych.org/signup](http://www.tinych.org/signup)  
**September 8:** 5th annual Colin's Hope Kids Tri, and All Star Burger Fundraiser (10% of sales donated).  
**October 19:** Sharkfest Austin Swim benefiting Colin's Hope. Volunteers needed.  
**November:** Underwater Holiday Photos (multiple locations and dates).  
**February 16:** Austin Marathon. Runners, walkers, and water stop volunteers needed.

Be a Water Guardian and Watch Kids around Water. Drowning is preventable!

Thank you to all who supported our efforts this year to raise water safety awareness to prevent children from drowning!

### LAYERS OF PROTECTION



CONSTANT  
VISUAL  
SUPERVISION



LEARN  
TO  
SWIM



WEAR  
LIFE  
JACKETS



MULTIPLE  
BARRIERS ON  
POOLS & HOTTUBS



KEEP BACKYARDS  
& BATHROOMS  
SAFE



LEARN  
CPR



CHECK POOLS  
& HOTTUBS 1ST  
FOR MISSING CHILDREN



VISIT  
US  
ONLINE



## Not Available Online

**DISCLAIMER:** Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

\* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

\* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

\* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

The Cypress Mill Chronicle is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use The Cypress Mill Chronicle contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc.



## UNIVERSITY of HOUSTON

NORTHWEST CAMPUS

### DID YOU KNOW...

University of Houston is the **ONLY** Tier One  
Public Research University  
in the Greater Houston Area?

Complete Your Degree In:  
Communications (B.A.)  
Mechanical Engineering Technology (B.S.)  
Organizational Leadership & Supervision (B.S.)  
Psychology (B.A., B.S.)  
Retailing & Consumer Science (B.S.)  
Supply Chain & Logistics (B.S.)  
Global Business (Minor)

832-842-5700 UH.EDU/NORTHWEST NORTHWEST@UH.EDU  
FACEBOOK.COM/UHNORTHWEST @UHNORTHWEST



**PEEL, INC.**

308 Meadowlark St. South  
Lakeway, TX 78734

PRSR STD  
U.S. POSTAGE  
PAID  
PEEL, INC.

CM



## Selling Your Home In Cypress Mill?

*Put the Mike Schroeder Team  
to work for you!!*



- Marketing on multiple websites for 24/7 exposure of your home.
- The Mike Schroeder Team has over 30 years of combined real estate experience.
- The market is HOT, homes are selling at a record pace and we would be honored to sell your home.
- Flexible commission plans

### Cypress Mill Year-to-Date Sales Report

	Oct '12	Nov '12	Dec '12	Jan '13	Feb '13	Mar '13	Apr '13	May '13	June '13	July '13
\$201,000 and above	0	1	0	0	0	0	1	0	2	2
\$176,000--\$200,999	0	0	0	0	0	0	1	0	2	1
\$151,000--\$175,999	2	0	0	2	1	0	3	3	0	2
\$141,000--\$150,999	3	1	2	0	1	0	2	3	1	4
\$121,000--\$140,999	0	4	4	1	1	2	2	3	2	3
\$101,000--\$120,999	1	0	0	1	1	0	0	1	0	0
\$100,000 and below	0	0	0	0	0	0	0	1	0	0
<b>Total</b>	<b>6</b>	<b>6</b>	<b>6</b>	<b>4</b>	<b>4</b>	<b>2</b>	<b>9</b>	<b>11</b>	<b>7</b>	<b>12</b>
Highest \$/sq ft	\$75.72	\$82.36	\$81.79	\$73.77	\$79.82	\$82.55	\$83.00	\$84.10	\$82.51	\$85.91

**Looking for a Career in Real Estate with the #1 Brand in Real Estate?  
Call Mike for a Confidential Interview with RE/MAX Preferred Homes.**

**Mike Schroeder, ABR, CDPE**  
Broker-Owner - RE/MAX Preferred Homes  
**Fightin' Texas Aggie Class of 1989**  
281-373-4300 (office)  
281-373-4345 (fax)  
281-705-6385 (cell)  
[www.mikeschroederteam.com](http://www.mikeschroederteam.com)

***“Celebrating 20 years of  
selling homes in Cypress”***