

VOLUME 20, NUMBER 9

SEPTEMBER 2013

FAIRFIELD

Community Gazette

OFFICIAL FAIRFIELD COMMUNITY ASSOCIATION NEWSLETTER



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Sheriff's Department	911

NON-EMERGENCY NUMBERS

Ambulance.....	713-466-4073
Cy-Fair Medical Clinic (24 hr).....	281-890-4285
FBI	713-693-5000
Fire	713-466-4073
Harris County Animal Control.....	281-999-3191
Harris County Precinct 4	281-376-3472
Vacation Watch	281-290-2100

MISCELLANEOUS NUMBERS

First Service Residential (deed restrictions, etc.)	713-932-1122
Fairfield Village Onsite Manager	713-332-4760
Cy-Fair College.....	281-290-3200
Cypress Area Home Schoolers.....	281-890-3792
Fairfield Athletic Club (FAC).....	281-373-0834
Fairfield Information Center	281-373-1177
Friendswood Development	281-875-1552
Harris Co. Library (Northwest)	281-890-2665
Harris Co. Animal Control	281-999-3191
Harris County Mosquito Control	713-440-4800
Harris County Hazardous Waste Facility.....	281-560-6200

UTILITY NUMBERS

ENTEX (gas).....	713-659-2111
Centerpoint Energy (Electricity)	800-332-7143
Southwestern Bell (phone)	713-638-7000
ST Environmental (Sewer/water)	281-398-8211
Comcast Cable/High Speed Internet.....	713-341-1000
Waste Management (trash)	713-686-6666

COMMITTEE NUMBERS

Fairfield Area Swim Team: Shalle Hovorka.....	shovorka98@yahoo.com
Fairfield Women's Club: Charlotte Byrne	fairfieldwomensclub@gmail.com
Security Coordinator: Mark Montgomery.....	mark@markmontgomerylawfirm.com

FAIRFIELD VILLAGE COMMUNITY ASSOCIATION

Resident Board Members: *Please remember that the resident Board Members are volunteers with families. As a courtesy please communicate with them during reasonable hours.*

Ed Hofer (Fairfield Central, FF Village Community Assoc.).....	bradford.neighbor@hotmail.com
Jan Bertoli (Fairfield Central)	JLB8848@gmail.com
Tami Ehler (Fairfield Central)	fairfield-bradford@sbcglobal.net
John White (Fairfield Central)	281-373-1223
Louis Iselin (Fairfield Central)	281-256-1874
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Alison McGahan (Inwood Park)	afflora@comcast.net
Ronnie White (Fairfield South)	ronniewhite66@sbcglobal.net
Craig Jackson (Inwood Park)	craig.r.jackson@gmail.com



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Billy Sutton (Inwood Park, FF Village Community Assoc.).....	281-304-9419
Mark Newman (Inwood Park)	marcnewman1957@comcast.net
Patrick Wong (Lakes of Fairfield)	pcwong1@earthlink.net
Jeanie Stahl (Lakes of Fairfield)	jeanie.stahl@sbcglobal.net
Candace Buenger (Trails of Fairfield)	candacebuenger@yahoo.com
Brian Roberts (Trails of Fairfield)	brian.roberts53@att.net

Friendswood Development:

Tim Fitzpatrick (Lakes, Trails, FF South, Fairfield Village Community Assoc.)	281-875-1552
Tommy Weaver (Lakes, Trails, FF South, Fairfield Village Community Assoc.)	281-875-1552
Nan Peavey (FF South, Fairfield Village Community Assoc.)	281-875-1552

NEWSLETTER PUBLISHER

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GOVERNMENT/STATE NUMBERS

Courthouse Annex.....	281-859-0685
Driver's License.....	713-681-6187
Post Office	281-373-9125
Voter Registration	713-224-1919

SCHOOL NUMBERS

Bus Information.....	281-897-4380
Cy-Fair Administration	281-897-4000
Cy-Ranch High School.....	281-373-2300
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Please support the advertisers that make The Fairfield Community Gazette possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The Fairfield Community Gazette is mailed monthly to all Fairfield residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to fairfieldgazette@peelinc.com. The deadline is the 9th of the month prior to the issue.

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Fairfield Women's Club Presents

MADAGASCAR 3

EUROPE'S MOST WANTED

Submitted by Donna Croswell

Saturday Sept 21st or 28th

Movie starts at 6:00pm

The Fairfield Women's Club will be serving free popcorn and giving away glow necklaces for the kids.

Pizza, drinks, candy and homemade cookies will be for sale.

Look for a rock climbing wall, bounce house, snake animal expert, and video game truck!

Come to this Family Fun Filled evening of entertainment, dinner, and a movie in your own neighborhood.



Fairfield Women's Club

SCARECROW CONTEST

Submitted by Donna Croswell

*Judging deadline will be October 21st.
Get your Scarecrows ready!*

COVER PHOTO

Do you take great photos?

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Fairfield Gazette. Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to fairfield@peelinc.com. Portrait (vertical) photos work best. Photo's taken with digital cameras work best. Photos taken with iPhones may not be high enough quality.

To view other photos submitted please visit www.PEELinc.com/Fairfield, and view any of the past newsletters.

By submitting your photo you agree to allow your photo to be published in future issues of the Fairfield Gazette or other Peel, Inc. publications.

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Fairfield Women's Club

Wine Tasting Event

Submitted by Donna Croswell

Wine Tasting is the FFWC Sept event and will be hosted at the Frontier Model Home, for September 17th from 5:30p-9pm, address is 21602 Amber Grain Lane, Cypress, TX 77433.



HEART OF TEXAS



GIRL SCOUTS COMMUNITY SIGN-UP RALLY

Rally Date:

Saturday September 7th, 2013 – 10:00AM – 2:00PM

Rally Location:

Good Shepherd UMC, 20155 Cypresswood Dr., Cypress, 77433

Rally Contacts:

Jackie Morris (JF4Morris@gmail.com)

Susan Lawyer (hotcommunityscouter@gmail.com)

San Jacinto Council Website: www.gssjc.org

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Fairfield's Fifty Plus Fun-Loving Group

The Fairfield Seniors



The Seniors of Fairfield are an active, fifty plus, fun-loving group of couples and singles who enjoy fellowship, monthly trips, and various activities together. If you or your spouse is fifty or older, a newcomer to Fairfield Village or have lived here in Fairfield for some time but have never attended one of our functions, you are cordially invited. Come and be a part of our fun-loving group. We're sure you will enjoy it.

OUR HISTORY: Over these past ten plus years we've taken over a hundred trips. The Fairfield Gazette's web-site has back issues available from September, 2004. In order to go back to our beginning, we must thank Kelly Peel of Peel Inc. for locating all our articles from their archives and sending them to us. We now have every article submitted, which enabled us to put together Our History, and a complete listing of all our trips. Just go to Our History in our weekly email to read about our beginning and all the trips we've taken. You can get the complete listing at <http://home.comcast.net/~seniorgroup/History.htm>

OUR SEPTEMBER BUSTRIIP PLANS ARE FOR: Sept. 21st a theater trip. Join us for an evening of entertainment as we attend the Play, "The Nerd" at the Texas Repertory Theatre. Storyline: Willum Cubbert has it all! He has a promising career as an architect, devoted friends, and a serious girlfriend. He has often told his friends about the debt he owes to Rick Steadman, a fellow ex-GI whom he has never met but who saved his life. Willum's peaceful life is shattered when Rick arrives unannounced on his doorstep. Rick is a hopeless "nerd" – a bumbling oaf with no social sense, little intelligence and less tact. He stays on and on and this leads to one uproarious incident after another until the hysterical surprise ending. The cost of this trip is \$32 per person plus the cost of your dinner, which we will have first at Snapper Jack's and then off to enjoy the play. Checks are to be made out to: Fairfield 50 Plus. Checks can be given to Jackie Wurth or Mary Lou Cook, and can also be mailed Jackie Wurth at 21119 North Yellow Bud Court, Cypress, Texas 77433. We will depart from Fairfield Village Parking Lot promptly at 5:15 p.m. Please be there by 5 p.m.

OUR OCTOBER BUSTRIIP PLANS ARE FOR: Oct. 8th a trip to Galveston, Texas. This trip will take us to Galveston, Texas to visit the post-Ike improved Rainforest Pyramid at Moody Gardens. We will be wandering through the rainforests of Asia, Africa and

South America. Walkways, both elevated above the tree canopy and on the ground level, weave through the various rainforests of the world, introducing visitors to some 1,000 species of plant and animal life. We will have lunch at the Shrimp n' Stuff which is the second oldest seafood restaurant in Galveston. After lunch we will have some free time to wander around, shop and maybe even stop at one of the ice cream parlors along the Strand which is a National Historic Landmark District. The cost of this trip is only \$8, plus the cost of your lunch, at Shrimp n' Stuff. All checks are due no later than Oct. 1st. To get your name on the list for this trip call: Andy or Mary Lawrence at 281-256-2831. Checks are to be made out to: Fairfield 50 Plus. Checks can be given to: Andy or Mary Lawrence, Kay Wheeler or Mary Lou Cook they can also be mailed to Mary Lawrence at: 16618 Shimmering Lake Drive, Cypress, Texas 77433. We will depart from the Fairfield Village Parking Lot promptly at 8:30 a.m. Please be there by 8:15 a.m.

OUR SEPTEMBER ACTIVITIES PLANS: Sept. 12: The Monthly Planning Committee meeting is at 1 p.m. at the Lakeside Trails Club House. Everyone is invited to attend these meetings and participate in our upcoming trip plans. We really need to see more participation, especially from those that are taking trips. Then later, around 6:30 p.m. that evening, we have our Monthly Pot Luck. It is also at the Lakeside Trails Club House. However, plan on being there early. Doors open around 6 p.m. for socializing and fellowship. Then plan on staying and join many of our members that stay to play games or socializing after the meal and to finish up the desserts. **Sept. 17:** Game Night at the Cooks' House. It starts around 6:30 p.m. Just bring a little snack and a healthy appetite. This is always a fun evening with great fellowship. The directions are in the Activity page on our website and will also be in our Sept. 15 weekly newsletter. **Sept. 26:** Game Night at Lakeside Trails Club House. It starts around 6:30 p.m., and we have plenty of room at the club house. We would like to see you there to enjoy an evening of games and fellowship with us. Just bring a little snack and plan on having lots of fun. There are some card games, some games that the members bring and of course dominoes.

For additional information on activities other than trips: Call Mary Lou Cook @ 281-304-8359. We recommend that you check our website regularly. Things do change occasionally from the time this article was submitted, and it is possible that some of the information in this article has changed.

<http://home.comcast.net/~seniorgroup/>

Special Notice: Deb DeJarnette has agreed to take over the trip coordinator position starting in October. She will need several trip hosts. Deb DeJarnette and Jackie Wurth have a list of trips that will make excellent trip outings for our group. Contact Deb DeJarnette @ 832-220-6155 or email her at: debslib@hotmail.com if you are willing to host a future trip.

Note: If we do not get people to host a few of these trips. There just may be months that we may have a bus available; but no host and therefore no trip that month.



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Good Shepard United Methodist Boy Scouts Troop 533

The Good Shepard United Methodist Boy Scouts Troop 533 attended summer camp the first week of June at Camp Alexander which is located in the beautiful Eleven mile Canyon in the Pike National Forest approximately 45 miles west of Colorado Springs, and two miles south of Lake George, in Park County, Colorado. Camp Alexander is between 8200 and 8600 feet elevation. The camp area consists of hills, low mountains, and valleys covered by a mix of Ponderosa pine forests, high-altitude grasslands, and wetland vegetation along the lake and stream. There is abundant wildlife including black bears, raccoons, skunks, rabbits, squirrels, deer, elk, coyotes, snakes, and bald eagles.

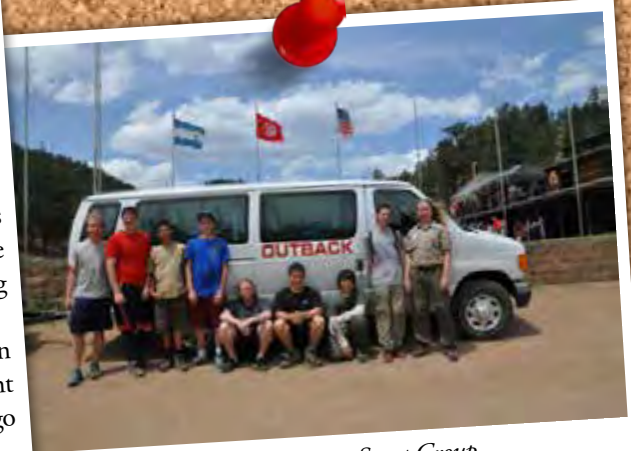
Summer Camp is a weeklong adventure in which the scouts spend the week away from home and partake in a whole range of activities including water sports, outdoor activities, handicrafts, shooting sports, white water rafting, and more. Summer camp is one of the primary places that scouts can work on both rank advancement and merit badges, but this experience served to be much more than that, it served as a journey of self-learning and character building along with leadership. Summer Camp is not a requirement, but most of the scouts look forward to it, and they work really hard throughout the year to raise funds to cover the cost and expenses associated with the travel and equipment for the trip. For some scouts, this journey was a first time away from home. That being said, the experience itself propelled the scouts into becoming more independent and developing as individuals.

The High Adventure scout group was able to tour the mountains on an adventure hike taking them up to an altitude of 14,111 ft high. They night repelled off of a 100 ft cliff, and along with the whole troop were able to go on a white water rafting trip that tagged the Arkansas river.

Most of the scouts returned home from camp having completed the requirements to move up in rank, and others came home with various merit badges, but the most important take away was the experience.



Good Shepard United Methodist Boy Scouts Troop 533



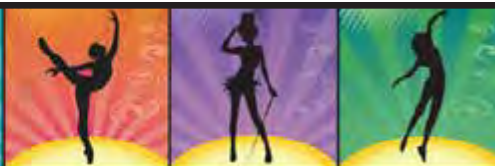
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MOMS Club® is a place to find lasting friendships, Motherhood support & playmates for your children!

Summer is drawing to an end, and our children are returning to school. Their younger brothers and sisters are going to miss them, so let's make an effort to get together and allow our younger children some playtime. Come join other moms and kids in some outdoor and indoor FUN Activities! Are you looking for park or pool days, craft projects, cooking group, scrapbooking events, lunch outings, age based playgroups, or someone to share dinner with when your husband is traveling or working late? We also find the time to meet once a month for a Mom's Night Out for a great time to unwind. Or are you interested in helping within the community with service projects?

Our club has all that and a whole lot more to offer for every Mom and her kids to enjoy!

Are you new to the area or a new mom and need a friend or support; we are here for you. Don't let yourself feel isolated being a stay at home mom! We invite you to attend two public events to decide if this is the right club for you and your children. Our membership fee is \$20 a year. This MOMS Club is a great opportunity for you and your kids to make new friends in your area. There is a lot of fun and support just waiting for you! Come visit us at our next Meet N' Greet and see for yourself! We meet on the second Tuesday of every month. As always, children welcomed!

For membership inquiries, please contact Stacey M., Membership VP at 281-725-2405, sjmetts22@gmail.com or Erica M., President at 281-755-7610, ericamill@gmail.com, so we can send you our club information and some upcoming public events for you to attend. You can also visit us on the web at www.meetup.com/MOMS-Club-Cypress-NW-Fairfield We look forward to hearing from you!



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4TH ANNUAL FAIRFIELD TRIATHLON

300 METER POOL SWIM, 10 MILE BIKE, 3.1 MILE RUN

SUNDAY, OCTOBER 13, 2013

Benefitting Morning Glory Ranch, Phred's Place, Team Tiara, OMS Life & Lupus Foundation

FAIRFIELD WOMEN'S CLUB IS HOSTING A
RED CARPET EVENT!

LOCATION:

Fairfield Athletic Club, 16055 Mason Road, 290/Mason Road

TIME:

Check-In Time: 7am, Refreshments at 9am & Awards/Prize
Drawings at 10:45am

COST:

REGISTER EARLY & SAVE!

Individual: \$60-until 7/31, After 7/31-\$75. Relays: \$100 per team
http://www.active.com/event_detail.cfm?event_id=2104500

DIVISIONS:

Individual Divisions by Age and Relay Team Entries (Men,
Women & Youth)

REGISTER:

To Register or to view bike & run routes, Fairfieldtriathlon.org

SWIM CLINIC, BIKE CLINIC & TRI CLINIC

all available for \$10 each
or all 3 clinics for \$25

Triathlon Training Group, Begins Sept. 10 – Oct. 6, Swim,
Speed, Conditioning, Additional Runs and Biking Days
PLUS all 3 Clinics, Register early \$99, Pay \$159 day of

RSVP for Clinics or Training
Group to reserve your spot,
mbyrne9961@aol.com

FALL WOMEN'S BIBLE STUDY

Missing Pieces by Jennifer Rothchild - *Real hope when life doesn't make sense*

Wednesdays, Sept 18 - Nov 13 at 9:30 - 11:30 am and 6:30 - 8:30 pm

Childcare provided with pre-registration.

MEN'S MINISTRY

Bible Study, *James - Faith That Works*

Wednesdays at 6:00 am and 6:30 pm

FINANCIAL PEACE UNIVERSITY

Dave Ramsey 9 week video series, Sept 8 - Nov 10 at 9:30 - 10:35 am
information at www.fairfieldfpu.com.

Visit FAIRFIELDBAPTIST.COM for more information
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Mark your calendars for Saturday, October 19th! We are revamping Project Pink 2013 with a new look, new feel, and new information! All proceeds from the event benefit the Komen Houston Affiliate to help aid in breast cancer research and early screenings.

Join us for the latest breast cancer information, a sensational auction with lots of new items, and a fun and funky fashion show (almost like NYC!). Scrumptious hors d'oeuvres and drinks from Merche!



For more information on Project Pink, including tickets & sponsorship opportunities:

CALL 832-912-3692

FIND US ON Facebook

OR VISIT NCMC-ProjectPink.com

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VIP attendees will receive free valet parking, seating in exclusive VIP lounge, Champagne and upgraded swag bags.

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1ST ANNUAL FAIRFIELD



BENEFITTING: FAIRFIELD COMMUNITY & CYPRESS CHARITIES

BENEFITTING MORNING GLORY RANCH, PHRED'S PLACE, TEAM TIARA, OMS LIFE & LUPUS FOUNDATION

Saturday, Oct. 12

FAIRFIELD WOMEN'S CLUB ROLLING OUT THE RED CARPET WITH SERVICE AND HOSPITALITY!

Location:

Fairfield Athletic Club, 16055 Mason Road, 290/Mason

Time:

Check-In Time: 7am, Refreshments at 9am & Awards/Prize Drawings at 10:45am

Cost:

Individual \$30-until 7/12, After 7/12-\$35

Age:

Individual Divisions by Age (5 yrs. -14 yrs)
USAT Age as of 12/31/13

Register:

To Register or to view bike & run routes:
Fairfieldkidstriathlon.org

1st, 2nd & 3rd Place Awards Given for All Ages 5-14 yrs

AGES	SWIM	BIKE	RUN
5 – 6 yrs	25 meters	1 mile	½ mile
7 - 11 yrs	50 meters	2 miles	¾ mile
12 – 14 yrs	100 meters	3 miles	1 mile

**PLEASE DRIVE WITH CAUTION
ON RACE MORNING
EXPECT SOME DELAYS**

NORTHWEST HARRIS COUNTY AGGIE MOM'S CLUB

nwhcaggie moms.org

GOT A STORY FOR YA AGS!

The Northwest Harris Aggie Moms Club will host Texas A&M University's former Yell Leaders on Tuesday, September 10, 2013 at 7:00 p.m. at the Houston Distributing Company, 7100 High Life Drive, conveniently located near Willowbrook Mall at the intersection of High Life Drive and Cutten Road. Be prepared to be entertained as the yell leaders teach us the Aggie yells and traditions! Enjoy light refreshments while you shop our Boutique for that one-of-a-kind hand-crafted Aggie treasure or our new Tradition Beads!

Aggie Moms as an organization, encourages parents to become familiar with A&M during their student's freshman year. Aggie Moms has been here for 25 years and we're committed to helping your student and you enjoy the TAMU experience through graduation.

COMING SOON!

Shop Till You Drop, September 14 from 9-5 at the Berry Center. Check out the NWHC Aggie Mom's Club booth for one-of-a-kind Aggie gifts and jewelry.

Hullabaloo Huddle, October 12, Bareback Bar and Ice House, 19940 Kuykendahl, Spring, Texas 77379. NWHC Aggie Mom's Watch Party-Texas A&M vs. Ole Miss. Tickets are \$12 each /No one under 21/Cash Bar/Food Trucks

The Northwest Harris County Aggie Mom's Club meets August thru May on the second Tuesday of every month at 7:00 pm at 7100 High Life Drive. All meetings are open to Aggies, future, present or past. You will enjoy hearing from dynamic speakers throughout the year! For more information on monthly speakers or upcoming events visit our website at www.nwhcaggie moms.org or contact Shannon Eberle, Club President at clubpres2012@gmail.com. We are looking forward to meeting all our Aggie Moms!



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TYLER QUIGLEY

EAGLE SCOUT PROJECT

Most runners in the community go out and hit the trails with their headphone, iPod, iPhone, water and of course their GPS app or Garmin, but what happens when you are out and about just enjoying the trails with no other technology or fancy apps. Tyler Quigley, a cross country runner at Cy-Ranch High School, and life scout member of the Good Shepard Methodist boy scouts troop 533, saw a need for the postings of the trails in Fairfield. He recently undertook the task to measure and post the distance to several trails in Fairfield as part of his Eagle Scout Project.

He first met with his scout leader, Brian Roberts, to discuss options for his project, and when Mr. Roberts mentioned marking the trail, it was a natural fit for Tyler. He obtained maps of the lakes and went out with a GPS unit to measure the distances around each lake. He chose to start each lake's loop with a map and using 4x4 posts the Scouts put in a marker every ¼ mile. The first step was to build and paint the posts to hold the markers, 8 foot 4x4s were cut in half with a 45 degree angle cut. 5 inch squares were cut from 1X6 boards as backing to the metal markers and screwed on the 45 degree cut. The posts were then painted Ivy green to match the existing wooden signs. At the lakes, they started by making the holes, this was the first loop around both lakes. The next loop was setting the posts and pouring the cement making sure the post was level and square; this was the second loop around both lakes. The third and final loop was to return the dirt and sod around the hardened cement, such that the leave no trace rule was followed. After all that work, alas, 3 loops down, just under 7 miles covered, along with digging, hauling cement, wood, etc. During the installation several people out for walks and runs commented on what a great idea this was. It helped to motivate Tyler and his crew. Tyler was pleased to find some comments in a previous newsletter in which the posts had been acknowledged by some runners. Hopefully Tyler's example will motivate other young boys to go out and take an active role in their community.



Pictured here are some of the labor and intense efforts by Tyler and his crew at work.

Around Fairfield

Nine Scouts from GSUMC - Troop 533 Hike at Philmont Scout Ranch on its 75th Anniversary

Philmont Scout Ranch, in Cimarron, NM is the Boy Scouts of America's Premier High Adventure Camp. It is the largest youth camp in the world serving nearly one million participants since 1938. They are celebrating their 75th year of service this year. Philmont offers a unique High-Adventure Expedition opportunity to scouts who are fortunate enough to have their troop name drawn in a lottery TWO years before a trek actually takes place. A troop can only register once every two years so, not all scouts get to hike at Philmont. Needless to say, it is truly an honor to be chosen.

This year, nine scouts from Good Shepherd's Troop 533 had the privilege of hiking at Philmont. During their trek, Boy Scout Troop 533/Crew 726J chose Strenuous Expedition #28, which ended up (including side trips) taking them on a 93 mile, 12 day trek through the Sangre de Cristo Mountains. Philmont covers 214 square miles of vast wilderness with trails that climb from 6,500 feet to as high



as 12,441 feet.

Along the trek, Scouts endured tough challenges including backpacking in bear and mountain lion territory, steep climbs, and often-inclement weather. They participated in backcountry programs along the way including a challenge course, black powder shooting and spar pole climbing. The trek also included a conservation project where the Scouts learned and participated in the upkeep of Philmont's ecosystem.

Collin Harlan, Trek Leader, lead the following group of scouts:

*Jared Cisne
Riley Hickerson
Kyle Jackson
Trevor Koch*

*Ethan Schultz
Andrew Silverman
Phillip Silverman
CJ Warren*

Adult Leaders were Alan Silverman, Terry Schultz, and Tim Koch. Philmont Scout Ranch was truly the adventure of a lifetime for every scout and leader!

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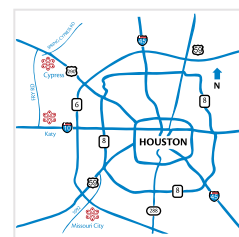
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FAIRFIELD LOST PETS

Ways to Report a Lost and Found Pets:

Fairfield Pets Lost and Found Yahoo group (an email group). In order to send and receive emails from the group, please join/subscribe.

To Subscribe: fairfieldpets-subscribe@yahoogroups.com.

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Around Fairfield

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VIRTUOSI OF VENICE

Jan. 18 - 7PM A team of virtuosos tackle rediscovered string works by Giuseppe Capuzzi and Vivaldi Classics

LA PASSIONE!

May 10 - 7PM Haydn's Symphony #49 in F Minor "La Passione" and Mozart's Piano Concerto K. 414 played by Mina Gajic

Tickets can be purchased at cypresssymphony.org



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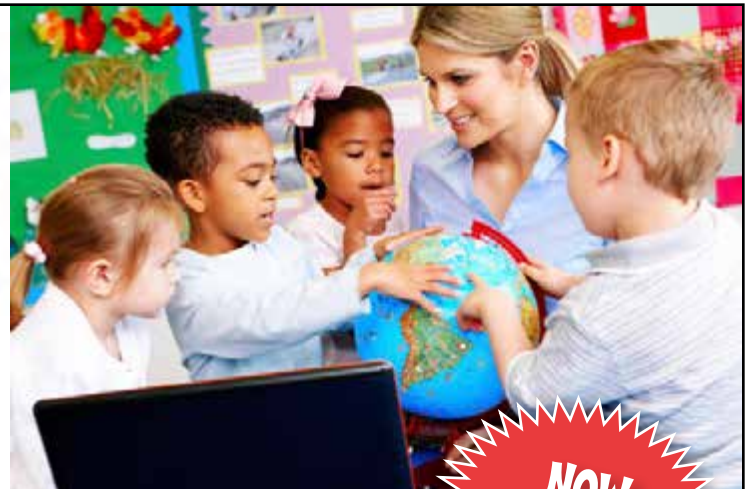
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HOUSTON F-BODY CLUB

The Houston-F-Body.org Car Club continues to enjoy its time change to 5pm - 8pm. We made the move to beat the heat and also to capture attendance from people who have expressed interest but were unable to make it to our previous meets. Our next meet is on Saturday September 21st at Texadelphia on 6025 Westheimer Road. Your F-Body doesn't necessarily need to be running. Come join us anyway and see what you've been missing!

www.houston-f-body.org



YOUR COMMUNITY, YOUR VOICE

Do you have an article or story that you would like to run in this newsletter? Send it to us and we will publish it in the next issue.

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Sports Section

Congratulations

PROWAY COLT 45S 16U BASEBALL TEAM

Congratulation to the Proway Colt 45s 16U baseball team. Runners up in the Houston 5A baseball tournament held at the CFSA Schiel Road fields the weekend of August 9-10.



From left to right: Coach Scipio Spinks, Joey Valadez, Kyle Gruller, Henry Jones, Nick Flores, Chase Coleman, DJ Young, Kyle Rosas, Johnny Williams, Michael Bartling, Cole Triplett, Korey Holland, Coach Sid Holland

KIDS' CROSS-COUNTRY TEAM'S SEASON STARTS SEPTEMBER 10TH

The Northwest Flyers Track Club Youth Cross-Country Team kicks off the fall season with registration and a mandatory orientation for parents and athletes on Tuesday, September 10, 2013, at 7:00 p.m. Registration will be held at Cypress Creek High School, 9815 Grant Rd., Houston, TX. The first practice will be held at the Cypress Creek YMCA on Thursday, September 12. The Northwest Flyers Track Club is a member program of USA Track and Field (USATF), the national governing body for track and cross country. The club is in its 26th year in the northwest Houston area. Ages 6 - 18 may participate in the team, and both beginners and experienced runners are welcome. Middle school and high school cross country athletes can also register, but should compete after their cross country season is over.

Contact Coach Eric Wentworth at emw1105@gmail.com, 281-961-6603, or Coach Donnell Carter at dcarter.nwflyers@yahoo.com, 281-467-4727, for more information. Email Coach Carter to get on the email list and you will receive a free running training video. Visit www.northwestflyers.org to get updates and learn more about the team.



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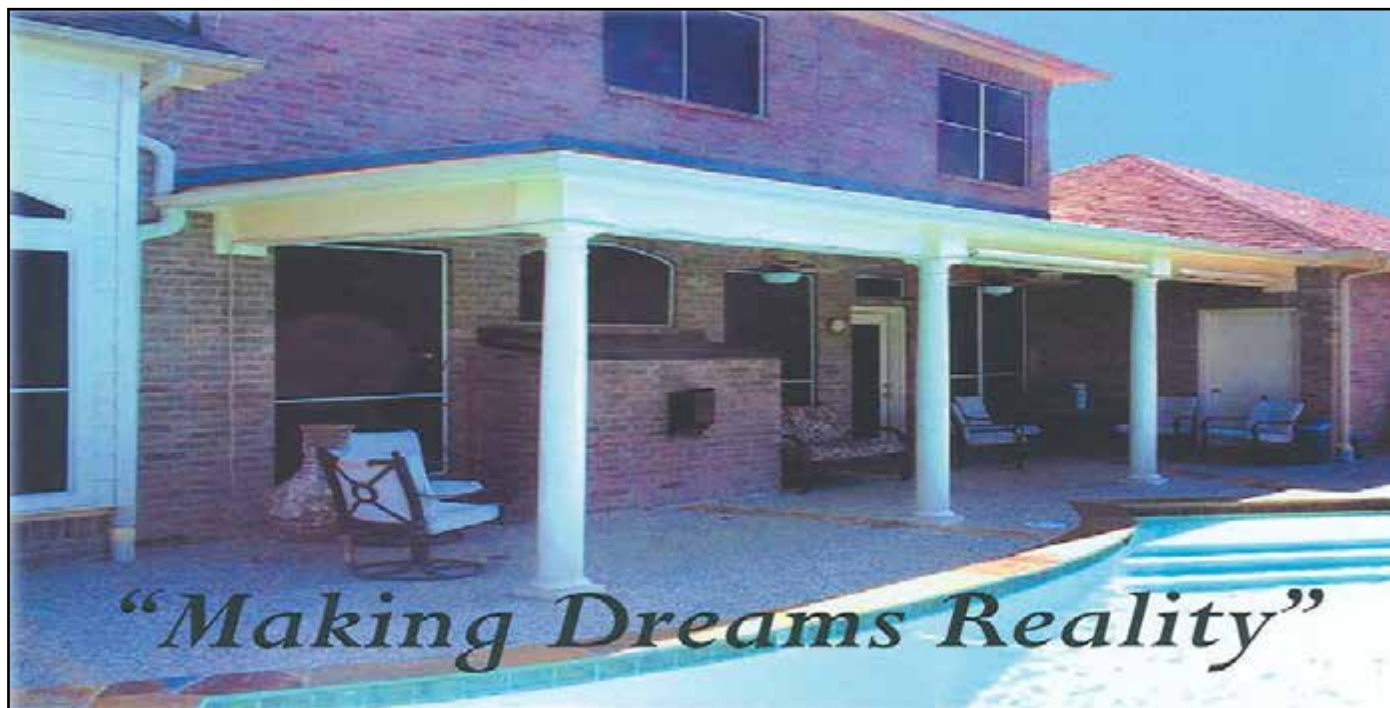
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Sports Section

CONGRATULATIONS TEXAS BANDITS BLUE 10U SELECT TEAM

Texas Bandits Blue 10U Select Team won the 10U Select National Championship during the week of June 30 - July 6, 2013! We are so proud of our players!

TEXAS BANDITS BLUE 10U SELECT WINS NATIONAL CHAMPIONSHIP!!

We would like to thank, if possible, our sponsors for this wonderful year that they helped make possible! The Liquor Shoppe, Las Mananitas, Northwest Dodge, LoneStar Chevrolet, The Pool Man, Visions Pools, Kormex, Inc. (Taco Bell Cypress), Triton Pools, Beast Consulting, Complete Remodeling of Houston, Horizons Landscaping, Cornerstone Carpenter, AMS Remodeling, and Fairfield Pharmacy/Compounding.



Front Row (Sitting): Connor Mlcak, **Second Row** (L-R Standing): Jarrod Hastings, Andrew Beard, Rush Overby, **Third Row** (L-R Standing): Zach Griffin, Finn Nicholson, Caden Robertson, Cole Walther, Jack Van Ryan, **Back Row** (Coaches): Scott Beard, Rich Robertson, Jason Hastings. **Not Pictured:** Conner Motsinger, Jack Stanko.

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JOIN YOUR FRIENDS ON THE GOLF COURSE FOR A GREAT CAUSE!

Announcing the 9th Annual American Cancer Society Relay For Life of Cy-Fair Golf Tournament

Grab your clubs and join with friends and sponsors to have some fun for a great cause. The 9th Annual Relay For Life of Cy-Fair Golf Tournament benefiting the American Cancer Society is on for Thursday, October 3, 2013 with a 1:00 pm Shotgun Start at Windrose Golf Club located in Spring, Texas (www.windrosegolfclub.com). The tournament format is a 4-Person Scramble.

Registration is quick and easy online at <http://www.hprelayforlife.com>. Golfers can play as a team or as an individual. Registration Fee is \$440 per foursome and includes greens fee, cart, range balls, and 4-drink tickets. Lunch and dinner are provided. Silent Auction winners and tournament awards and prizes are announced at dinner following the tournament.

"This is a great opportunity for golfers to have some fun and also contribute to the American Cancer Society," said Stacie Hemann, event founder and organizer. "It is also the perfect time for local companies and organizations to become sponsors and join some of the great charitable sponsors we already have who will offer fun activities on almost every hole along with contests and giveaways. For 2013, our main event Platinum Sponsor is North Cypress Medical Center; Rudy's BBQ is Lunch Sponsor; and Lupe Tortilla's is Dinner Sponsor."

Golfers interested in participating and any businesses and individuals interested in sponsoring this event can contact Stacie Hemann at 512.319.0929 or hprelayforlife@gmail.com.

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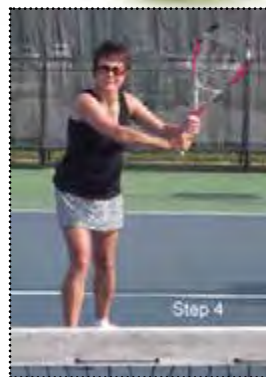
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TENNIS TIPS



By USPTA/PTR Master Professional
Fernando Velasco



How To Execute The Two-Handed High Backhand Volley Approach Shot

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand, forehand volley, the two handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley, the overhead “smash”, the forehand service return, the backhand service return, and the forehand high volley approach shot.

In this issue, I will offer you instructions on how to execute the two-handed backhand high approach shot. This shot is used when a player is caught in “no-person’s land” (around the service line area) and receives a high ball to volley. The important part of this shot is to be able to hit a deep volley to the feet of the opponents and/or to hit a deep volley close to the baseline, so the opponent is put in a defensive mode and hits a softer ball so the player can now move closer to the net for the “killer or placement volley”. In the illustrations, Linda Henson, a player at the Grey Rock Tennis Club, shows the proper technique to execute this stroke.

Step 1: The Ready Position and Split Step: When Linda realizes that she is caught in “no-person’s land”, she takes the split step by bending the knees and staying on her toes. Her racket is in the volley position and her feet are angled toward the path of the incoming ball.

Step 2: The Back Swing: Once Linda realizes that the ball has been directed to her backhand, she will turn her upper body and will take the racket slightly back. Notice that the left hand next to the right

hand to allow her to keep her center of gravity in the center. She has loaded her weight on her left foot and will be ready to step forward to meet the ball. She will make a slight change toward the continental grip on both hands.

Step 3: The Point of Contact: Linda now is ready to step into the ball. She has kept her eye on the ball and her center of gravity now is shifted toward the point of contact. Notice the right toe pointing to the ball meeting the racket. The face of the racket is open to allow her to hit behind the ball and allow maximum net height and allow her to hit the ball deep. The control of the ball will be made with the left hand, which is holding the racket tighter. The right hand is more relaxed and helps keep the face of the racket in a 45 degree angle at the point of contact.

Step 4: The Follow Through: Once Linda has made contact with the ball, she finishes the follow through with her wrist laid back. Her right arm is next to her body and her eyes have shifted toward her target.

Step 5: The Move for the Kill Volley: As the ball is headed toward her opponent and Linda realizes that her shot is deep, now she moves close to the net for the put away volley. If her shot was not deep, Linda will decide to stay close to the service line to protect the lob over her head. By the look in her eyes and her smile, she is ready to go for the “kill volley”.

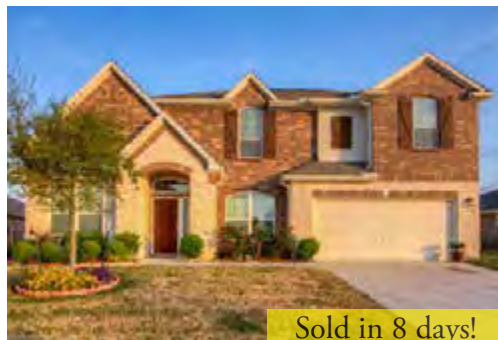
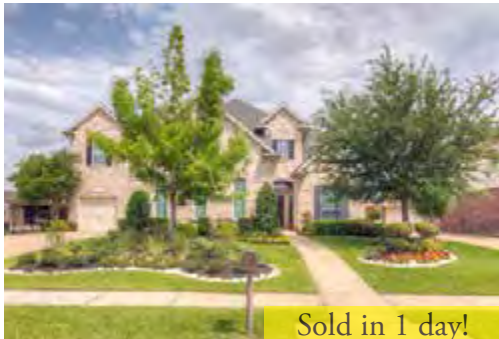
Look in the next Newsletter for: The One-Handed Backhand Volley Approach Shot



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Robbery	1
Assault	0
Sexual Assault	0
Criminal Mischief	4
Disturbance Family	3
Disturbance Juvenile	5
Disturbance Other	43
Alarms	77
Suspicious Vehicles	26
Suspicious Persons	30
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Back To School

School started in August, so now is the time for drivers to pay closer attention to the school zones in the neighborhood. We want to remind you that the speed limit in a school zone is 20mph and traffic fines double!

Other changes to be aware of include;

- Children behaving unpredictably
- School Bus Stops
- Crossing Guards – please obey the guards! Remember, they are there for the safety of you and your children
- New areas of traffic congestion
- Be prepared for delays
- Use of cell phones in schools zones is prohibited!

Please give yourself extra time in the mornings and mid-afternoons and remember if you are traveling in a school zone to slow down.

Time To Slow Down!

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Virtually Invisible

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Across From Kroger Signature

VIPS & CY-FAIR ISD

VIPS is an acronym for Volunteers in Public Schools. VIPS in Cy-Fair ISD center the attention of their service on supporting students and staff and making a significant contribution to the education of children. Our volunteers give freely of their time and resources and impact the academic and personal development of Cy-Fair ISD students.

If you are interested in being involved in Cy-Fair schools as a volunteer, please contact Pam Scott, Partners in Education Director at 281-894-3950.

CY-FAIR ISD & VOLUNTEERS IN PUBLIC SCHOOLS SEPTEMBER 2013 EVENTS

September 5 - VIPS General Meeting – 9:30 a.m. to 12:00 p.m., Berry Center - Open to all CFISD school staff, volunteers, parents and community members. Get the latest information on what is happening in CFISD.

September 10 - Vision Certification Training – 9:30 a.m. to 1:30 p.m., Berry Center - Become a state certified trained volunteer to assist a CFISD school nurse in vision testing for the students. Please RSVP to the school nurse by September 3.

September 11 - Hearing Certification Training – 9:30 a.m. to 1:30 p.m., Berry Center - Become a state certified trained volunteer to assist a CFISD school nurse in hearing testing for the students. Please RSVP to the school nurse by September 4.

September 17 - PIE Mentor Training – 6:00 p.m. to 8:00 p.m., Berry Center - Training for individuals committed to serve as a role model and friend to a CFISD student.

September 19 - PIE Mentor Training – 9:30 a.m. to 11:30 a.m., Berry Center - Training for individuals committed to serve as a role model and friend to a CFISD student.

September 24 - VIPS Math Training – 9:30 a.m. to 11:30 a.m., Berry Center - Participants will learn the approach to the process and actions used in elementary math. This class will be presented by the CFISD math coordinator.

September 25 - Junior Achievement Coordinator Training – 8:30 a.m. to 9:30 a.m., Berry Center - Specifically for those who will take responsibility for implementing the JA program for their campus.

September 25 - Junior Achievement Volunteer Training – 9:30 a.m. to 11:30 a.m., Berry Center - The purpose of Junior Achievement is to educate and inspire young people to value free enterprise, understand business and economics, and be workforce ready.

HOW TO REGISTER FOR TRAINING

With the exception of Hearing and Vision Certification, register for training by emailing the PIE office at vipsrsvp@cfisd.net. Provide your name and the name and date of the training you wish to attend. Registration is required to guarantee a seat and training materials.

Adults only.

WILL YOU HELP US PLAN AND PACK OUR SUITCASE SO WE CAN EXPERIENCE THE WORLD?

CY-FAIR ISD SEEKING COMMUNITY MENTORS

for Salyards Middle School

As part of the Cy-Fair ISD Partners in Education community mentoring program, Salyards Middle School is seeking community mentors to serve as positive role models for our students. Being a community mentor is extremely rewarding and only takes a commitment of 30 minutes to an hour a week to mentor/meet with one of our 6th, 7th, or 8th grade students. Mentors must attend a one-time district orientation before they begin mentoring at the school. Then, it just takes 30 minutes a week to truly make a difference in the life of a child. Once you have completed the training and background check, an administrator at Salyards will work with you to match you with a student who would be the best fit for you. If you enjoy working with children and making a true difference in people's lives, the mentor program at Salyards Middle School is just for you!!

The next three Cy-Fair district mentor training dates are:

Tuesday, Sept. 17 – 6:00p to 8:00p Thursday, Sept. 19 – 9:30a to 11:30a Thursday, Oct. 10 – 9:30a to 11:30a

The training will take place at the Berry Center. Email vipsrsvp@cfsd.net to reserve your training spot today! Please contact Jennifer Bell, Mentor Program Coordinator, at (281) 373 - 2400 or by e-mail at jennifer.bell@cfsd.net for more information. Thank you!

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Evenings and weekends available by appointment.

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Houston, Texas 77065
- 14044 Spring Cypress at Grant
Cypress, Texas 77429
- 27126 Highway 290 at Mueschke
Cypress, Texas 77433
- 7015 Barker Cypress Rd at 529
Cypress, Texas 77433



*According to the U.S. Preventive Services Task Force and the Affordable Care Act, routine screening mammography is a preventive service now covered 100% by health insurance plans for women aged 40 and older every 1 to 2 years.

Schedule now 281.897.3121 • www.CyFairWomensImaging.com

Cypress-Fairbanks ISD

2013-2014

2013

July

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Important Dates

Aug. 14-15.....New Staff Orientation
 Aug. 16, 19-23.....Professional Days
 Aug. 26.....1st Day of School
 Sept. 2.....Student/Staff Holiday
 Oct. 14.....Professional Day /
 Elem. Parent Conferences
 Nov. 25-29.....Student/Staff Holidays
 Dec. 23-27, 30-31.....Student/Staff Holidays
 Jan. 1-3.....Student/Staff Holidays
 Jan. 6.....Professional Day
 Jan. 20.....Student/Staff Holiday
 Feb. 17.....Professional Day /
 Inclement Weather Day
 March 17-21.....Student/Staff Holidays
 April 18.....Student/Staff Holiday
 May 26.....Student/Staff Holiday
 June 5.....Last Day of School
 June 6.....Professional Day /
 Inclement Weather Day

Grading Periods

Elementary Schools

1st: Aug. 26 - Oct. 25
 2nd: Oct. 28 - Jan. 17
 3rd: Jan. 21 - March 28
 4th: March 31 - June 5

Secondary Schools






1st Semester

1st: Aug. 26 - Oct. 4
 2nd: Oct. 7 - Nov. 8
 3rd: Nov. 11 - Dec. 20

2nd Semester

4th: Jan. 7 - Feb. 21
 5th: Feb. 24 - April 11
 6th: April 14 - June 5

Legend

-  Student/staff holiday
-  Professional day (student holiday)
-  First and last day of school
-  Parent conferences
 Holiday for all students
 Professional day
-  Inclement weather day

2014

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CY-FAIR KIWANIS CLUB

The Cy-Fair Kiwanis Club is actively seeking new members who are interested in giving service to improve our community and our world. Visit the Cy-Fair Kiwanis Club and learn about the projects in which its members participate to enrich and improve life for citizens in our community. We sponsor the Key Clubs in the Cy-Fair, Jersey Village, and Katy communities and work with them in service to the Cy-Fair area. Internationally, both Kiwanis and Key Club are participating in the ELIMINATE PROJECT aimed at the eradication of maternal/neonatal tetanus.

The Cy-Fair Kiwanis Club meets at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call John Carroll at 281-463-0373, George Crowl at 832-467-1998 or Peggy Presnell at 281-304-7127. We invite you to be our guest at one of the meetings and enjoy the fellowship of Kiwanians from your



community as you learn about our organization.

Businesses of the community are encouraged to support a representative for membership in Kiwanis. If you work for a business that is oriented toward involvement in community improvement and leadership, suggest to them that you would like to represent that business through membership and involvement in work with Kiwanis. We welcome business and organization as well as individual memberships.

CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club sponsors nine Key Clubs and one Builders' Club in the Cy-Fair School District; sponsors the Kids Triathlon; Girl Scout, Boy Scout, and Sea Scout troops and activities; awards scholarships to outstanding Key Club members in our district; provides assistance to Cypress Assistance Ministries and Bear Creek Ministries; the Houston Food Bank; and many other nonprofit organizations.

We look forward to welcoming you to our meetings.



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At Salyards Middle School

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4:30 - Family Friendly Activities

5:30 - Family Friendly Worship

6:30 - A light meal

Crafts • Skits • Puppets • Games



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Cypress, Texas Alumnae Chapter

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OCTOBER 26, 2013

STERLING COUNTRY CLUB ~ 7:00 P.M.

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Business Section



Elisha Roberts Chapter

The wonderful ladies of the Elisha Roberts Chapter, NSDAR, extend an invitation to any female, 18 years or older, who can prove direct lineal descent from someone who either fought in or provided aid during the American Revolution. We are a family oriented group of ladies who promote patriotism, education and historic preservation. Our motto is God, Home and Country. If this sounds like you, please come and join us for a meeting. We meet the third Thursday of each month, September through May, at the Backyard Grill, located at 9453 Jones Road. Our next meeting will be on September 19, 2013 at 7:00 p.m. For more information, please contact the chapter Regent, Cheryl Partney at cpart86@comcast.net or by phone at 832-654-0306.

We look forward to meeting you.

Fairfield Village *Online!*



The Fairfield Village website has gone digital!

If you are already registered on the website, you can use your current user name and password to log on. If you have not registered, go to www.fairfieldvillage.org and enter the information requested.

You can find your Governing Documents, calendars of events, clubhouse rental information, FAC programs, pool schedules and much more. You can also contact AMI via the website and even send a Service Request.

The website is a great way to find out more about your community.

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Business classifieds (offering a service or product line for profit) are \$75, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or advertising@PEELinc.com.

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Fairfield residents, limit 30 words, please e-mail fairfieldgazette@peelinc.com.

PERSONAL CLASSIFIEDS

FOR SALE: Star Wars Millennium Falcon Vehicle has more action features than any Star Wars toy vehicle ever made. The Falcons features includes: electronic lights and sounds, firing rockets, secret smuggling compartments, medical bay, light-up dejarik table, lightsaber training probe, and a bonus mini fighter. Like new and rarely played with. Retail new between \$350 to \$599...only asking for \$150.

FOR SALE: Star Wars Millennium Falcon Vehicle (2.5 Feet) . Like new and rarely played with. Retail new between \$350 to \$599... asking \$150. Pictures available upon request, contact at jorgeroman111@att.net.

FOR SALE: 65 inch Mitsubishi HD TV. \$250 obo. A few minor marks on the screen; doesn't affect picture. Only noticeable when looking at an angle when tv is turned off. Paid \$3000 new. Must be able to pick up in Fairfield (no delivery) but husband can help load. Has wheels to roll. Great for gameroom or mancave. Contact wilson.stacie@att.net with questions or picture request.

FOR SALE: 4 Nerf Guns \$25. Selling for my 12 year old son. Contact wilson.stacie@att.net with questions or picture request.

FOR SALE: Club Car Golf Cart-Camouflage body, upgraded controller for more speed, oversized tires, flip up rear seat. Comes with charger, front rack and removable gun rack. \$3900.00.

FOR SALE: 2004 Nissan Murano SL, fully loaded, All Leather Interior, 86,000 miles. \$12,000. If interested please call 713-213-5953 or 832-593-2366.

FOR SALE: Brand New Classic Sports Foosball table. Mint condition. Its been used twice. \$300 (paid \$500). Can send pics. 832 541 6304.

FOR SALE: Entertainment Center, solid wood, cherry finish, good storage. Holds working 27" TV [included], 2 pocket doors, 2 large drawers, plus enclosed shelves. 58" wide x 59" high. \$300. Very good condition. Photos available. Call Betty at 281-213-2428 or bgloeckl@comcast.

FOR SALE: 2007 FORD F150 Lariat 5.4L FFV V-8, ONLY 22,500 miles 4X2 Super Crew cab, tow package, two tone white w/gold accent, 4-spd auto O/D, 20" Aluminum wheels, 6-Disc CD W/MP3 & satellite radio, leather interior w/wood grain, power moon roof & sliding rear window, garage kept, original owner, \$26,400.00 call 832-969-5250 evenings, clear title.

FOR SALE: Moving sale - LOTS for sale: king sized bedroom suite, kitchen dining set with matching baker's rack, kitchen appliance - white - dishwasher, double oven, microwave; lots more - everything negotiable!! 281-620-4626 photos available.

WANTED: A stall to rent for two show goats for a 4H/FFA project. Also, looking for a home for a

retired show goat. Call Vivian @ (713) 907-6004.

FOR SALE: Rolltop desk \$200. Wedding dress \$200. White bookcase \$60. Call (832)857-5100 if interested.

FOR SALE: 2 Kindle Fire HD's. Cases, used once. \$140 each. Please call (832) 857-5100 If interested.

FOR SALE: Graco highchair. Pretty pink coloring for a little girl. Also has 2nd cover in pink. \$45.00. Delt-vail 3 in 1 fixed side convertible crib, espresso. Changes from crib to toddler bed as your little one grows. \$80.00. Call Amy at 832-312-8025.

FOR SALE: Ridgid 14" Band Saw on stand. Very good condition. \$200. Fender Speaker Cabinet, Bassman 100, 4x12. \$500 - OBO. Call: 281-213-9596.

FOR SALE: Boy clothes 0-9m. Girl clothes 24m/2T. Baby essentials (towels, spoons, bowls, crib sheets). Toddler toys. Pre-K toys. Arts & Crafts. Bath toys. Dora toys. Crib toys. Kids' VHS tapes. Email wishingstar12@att.net with questions & requests for pictures/prices.

FOR SALE: Gold 2010 Haro F3 BMX bike; 20-inch wheels; good condition (front brakes were removed); retailed for \$380, asking \$200 OBO; call or text 832-459-3641 for photos or information.

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Houston Metro Go Texan
Cypress-Fairbanks Subcommittee

Septemberfest

at Trader's Village

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**Join us at our
booth for great
BBQ!**

September 22, 2013

11 a.m. – 5 p.m.

Visit the Houston Metro Go Texan Cypress-Fairbanks BBQ Booth at the event. The booth is located under the big red pavilion. Proceeds from the sale of the food benefit the Houston Livestock Show and Rodeo™



The Houston Livestock Show and Rodeo is a Section 501(c)(3) charitable organization. The amount of the contribution that may be deductible for federal income tax purposes is the excess value contributed by the donor over the value of goods or services received. Consult your tax professional for more information/eligibility.



Houston Metro Go Texan
Cypress - Fairbanks

Underwriter Programs Available

Cowboys & Angels Dance and Auction on October 26, 2013 from 7 p.m. - midnight

The dance and auction will be held at the Cypress VFW Hall located at
21902 Northwest Freeway, Cypress, Texas 77429.

The dance features local band "Driftwood"

BYOB - Setups and beer available



The Houston Livestock Show and Rodeo is a Section 501(c)(3) charitable organization. The amount of the contribution that may be deductible for federal income tax purposes is the excess value contributed by the donor over the value of goods or services received. Consult your tax professional for more information/eligibility.

Gold	\$1,000 (FMV \$400) - Table for eight people - Underwriter Recognition
Silver	\$500 (FMV \$155) - 6 Event Tickets - Underwriter Recognition
Bronze	\$250 (FMV \$110) - 4 Event Tickets - Underwriter Recognition

For More Information please contact:
Tammy Faber at 713.899.7975 or Holly Grajales 713.412.8412
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\$20 Tickets (FMV= \$15)

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News You Can Use

SOCIAL MEDIA ENHANCES FAMILY HISTORY RESEARCH

Local Family History Center offers Cypress-area residents instruction on how to use new sharable photo and story options at FamilySearch.org

New advancements in digital technologies are transforming genealogy research by making it easier, more accessible and increasingly more personal. A case in point is the incorporation of social media features in the recent redesign of FamilySearch.org, a free family history website produced by FamilySearch International. FamilySearch is the world's largest genealogy organization and a nonprofit sponsored by The Church of Jesus Christ of Latter-day Saints.

The website's new social-media-compatible features include photo and story sharing capabilities, which encourage collaboration between individuals in building family trees and sharing personal and family histories.

Utilizing social media platforms to disseminate genealogical data and pictures speeds up the research process while encouraging real time family connections.

Judy Frazier, director of The Church of Jesus Christ of Latter-day Saints' Family History Center in Tomball, said, "The new Photo and Stories feature adds a fresh dimension to typical genealogy research. When I investigated a new photo of one of my ancestors posted online at FamilySearch.org, I discovered three stories I had never heard." Excited by the discovery, she quickly copied them over into her personal files. "These new stories invigorated my desire to upload my own collection of family photos and mementos," said Frazier.

Also new to FamilySearch.org is Family Tree, a simple, online application where users begin with their own personal information, building outwards through searchable records of 900 million existing entries to create and expand their family tree. Alongside Family Tree, the new Photos and Stories application allows for photos and stories to be uploaded and tagged, allotting up to 5,000 photos per user. These images and text can then be shared through social media sites and can be made available to other FamilySearch users.



Jeff Kirk accesses the FamilySearch.org portal to research his family history.

"FamilySearch.org is a great tool for collaboration with others who may be working on the same family lines," said Jeff Kirk, a Northwest Houston resident who used the new application to find a photo of the two-room house where his mother grew up. The image had been posted by a distant relative who located Kirk through the FamilySearch website.

While FamilySearch boasts LiveHelp, a service providing product help, research assistance by phone and web chat 24/7, there is also face-to-face help available locally. FamilySearch has 4,600 facilities in 126 countries where anyone can access genealogical records and receive personal assistance with

their family history. These facilities include the world-famous Family History Library in Salt Lake City, which houses the largest collection of genealogical information in the world. In addition, there are smaller Family History Centers that are usually found inside Latter-day Saint meetinghouses, including one in Tomball serving the Cypress, Waller and Tomball areas.

Family History Centers are free, open to the public, staffed by knowledgeable volunteers and offer both beginners and experienced researchers the tools and resources they need to learn about their ancestors. At the Tomball location, visitors can receive training in how to use the latest FamilySearch online resources, as well as gain free access to subscription genealogical websites. For a small fee, patrons can also access the vast circulating collection of The Church of Jesus Christ of Latter-day Saints, which includes 2.5 million microfilms from over 100 countries.

The Tomball Family History Center is located at 12310 New Hampton Drive, Tomball, Texas. Hours of operation are Tuesday, 9-1; Wednesday 6-9; Thursday 9-1; Saturday 9-1; and by appointment. Contact Judy Frazier at 281-635-0325 or at Tx_Tomball@ldsmail.net for more information.



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Cypress Philharmonic

The Cypress Philharmonic proudly launches its second season with a Four Seasons theme. On September 22, the first concert, "Stirrings of Autumn," evokes a fall mood with Peggy Stuart Coolidge's two-movement "New England Autumn" and Kirt Mosier's "Overture to the Wind." The program features Antonín Dvořák's powerful "New World" Symphony (No. 9) and the world premiere of Houston artist Joe LoCascio's sneaky "Gently Criminal" for strings. Rounding it all out is Mexican composer Arturo Márquez's lively "Danzón No. 2" just in time to kick off Hispanic Heritage Month.

This year, the CyPhil adds a special event, collaborating with the Houston Repertoire Ballet to create a "Winter Wonderland" with a full production of Pyotr Tchaikovsky's *The Nutcracker*. Houston Repertoire Ballet, founded by Gilbert Rome and under the direction of Victoria Vittum, has mounted a production of *The Nutcracker* annually since 2001, but now will feature live music from the Cypress Philharmonic. Performances will be held on Saturday, December 7 at 2 p.m. and 7 p.m. and Sunday, December 8 at 1 p.m. and 4:30 p.m. in the Tomball High School auditorium with reserved seating. Ticket information is at www.hrbdance.org and 281-940-4721. Major funding for the project is provided by Houston Endowment and ConocoPhillips Company. *The Nutcracker* is also funded in part by

grants from Harris County and Texas Commission on the Arts through the Houston Arts Alliance.

On March 23, 2014, "Spring Fever" highlights the passion of romance with music from Georges Bizet's *Carmen Suites No. 1 and 2* and Aaron Copland's "Appalachian Spring." Themes of rebirth and renewal are visited in music from Linda Tutas Haugen's *Transformations of Darkness and Light* and Nikolai Rimsky-Korsakov's *Russian Easter Overture*.

The annual pops concert will be held on June 28, 2014. Information about this "Summertime" concert will be made available through the website and print and social media.

The Cypress Philharmonic is a 50+ member ensemble made up of music educators and professional musicians in and around the Cypress area. Founded by Music Director Glynnes Lanthier in 2012, the CyPhil presents classical favorites alongside new and recent works by a diverse group of composers. We welcome inquiries from musicians, community members and prospective board members. To find out more about the CyPhil, visit the website or e-mail at admin@cyphil.org. The Cypress Philharmonic performs in the Berry Center on 8877 Barker Cypress in Cypress, Texas. Tickets and performance information are available online or by leaving a message at 713-939-9493.



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A FOCUS ON BACKPACK SAFETY TIPS

By: Concentra Urgent Care

WEAR BOTH STRAPS

The use of one strap causes one side of the body to bear the weight of the backpack. By using two shoulder straps, the weight of the backpack is evenly distributed.

WEAR OVER STRONGEST MID-BACK MUSCLES

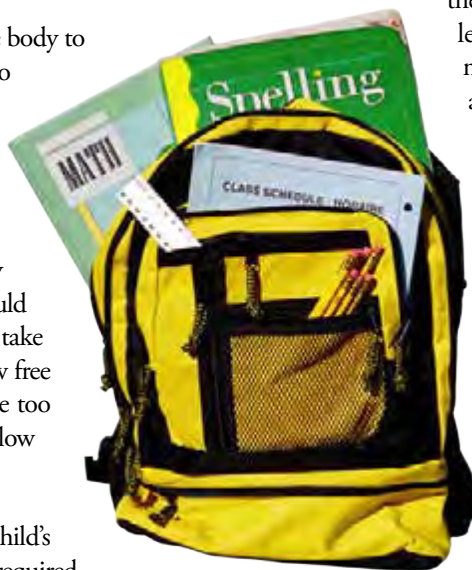
Pay close attention to the way the backpack is positioned on the back. It should rest evenly in the middle of the back. Shoulder straps should be adjusted to allow the child to put on and take off the backpack without difficulty and allow free movement of the arms. Straps should not be too loose, and the backpack should not extend below the low back.

LIGHTEN THE LOAD

Keep the load at 10%-15% or less of the child's body weight. Carry only those items that are required for the day. Organize the contents of the backpack by placing the heaviest items closest to the back. Some students have two sets of books, so as not to have to carry the heavy books to and from school.

PROPER BACKPACK USAGE

While a backpack is still one of the best ways to tote homework, an overloaded or improperly worn backpack gets a failing grade, according to the American Physical Therapy Association (APTA). Improper backpack use can cause injury, especially to children with young, growing muscles and joints. Injury can occur when a child, in trying to adapt to a heavy load, uses harmful postures such as arching the back, leaning forward or, if only one strap is used, leaning to one side. According to physical therapists, these postural adaptations can cause spinal compression and/or improper alignment, and may hamper the proper functioning of the disks between the vertebrae that provide a shock absorption. A too-heavy load also causes muscles and soft tissues of



the back to work harder, leading to strain and fatigue. This leaves the back more vulnerable to injury. A heavy load may also cause stress or compression to the shoulders and arms. When nerves are compressed, the child may experience tingling or numbness in the arms.

WHAT TO LOOK FOR IN A BACKPACK

Physical therapists recommend the following features when selecting a backpack:

- A padded back to reduce pressure on the back and prevent the pack's contents from digging into the child's back
- A waist belt to help distribute some of the load to the pelvis
- Compression straps on the sides or bottom of the backpack that, when tightened, compress the contents of the backpack and stabilize the articles
- Reflective material so that the child is visible to drivers at night

THE RESULTS

Worn correctly and not overloaded, a backpack is supported by some of the strongest muscles in the body: the back and abdominal muscles. These muscle groups work together to stabilize the trunk and hold the body in proper postural alignment.

HOW A PHYSICAL THERAPIST CAN HELP

A physical therapist can help you choose a proper backpack and fit it specifically to your child. Children come in all shapes and sizes, and some have physical limitations that require special adaptations. Additionally, a physical therapist can help improve posture problems, correct muscle imbalances, and treat pain that can result from improper backpack use. Physical therapists can also design individualized fitness programs to help children get strong and stay strong – and carry their own loads.

For more information on backpack safety, visit the American Physical Therapy Association at www.apta.org.



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BE LICE-FREE FOR BACK-TO-SCHOOL

By Stacey Pomerantz

Back-to-school means lots of new things: new clothes, new backpacks and new supplies. It's a time to navigate a new class schedule and meet new teachers. Yet, it needn't be a time to worry about head lice. We often hear about lice during back-to-school season because kids return to a tighter environment after a summer of being outdoors. Lice are transmitted via direct head-to-head contact 95% of the time. The ideal scenario for lice transmission is when kids talk, hug or sit with heads touching. Keep in mind that lice don't jump or fly. They also die relatively quickly (24-36 hours) if they're not directly on your scalp. Lice are easier to avoid and get rid of than you might imagine. Since lice do not carry or spread disease, there is no formal exclusion policy in Texas schools. Head lice doesn't mean a child is dirty or should be shunned. Mostly, lice are inconvenient due to the time necessary to eliminate them. Here are some easy tips to stay lice-free this school year:

1. Each child should have his/her own set of brushes and combs. Store them in separate drawers or baskets at home. Label them accordingly and make sure each child knows whose is whose and keep your own separate.

2. Use lice deterrent spray every day. There are a few varieties of combination detangler/lice repellent sprays on the market. These sprays contain scents that lice find offensive, such as mint or tea tree oil. When used daily, these scents repel a louse and cause it to nest elsewhere (in another scalp). It can be most effective when applied every day, including before

sleepovers, play dates and school.

3. This is a biggie: teach your kids to avoid direct head-to-head contact when playing with friends. Show your little ones a photo of children using the iPad or reading books in very close proximity. Help them learn how to play with other kids elbow-to-elbow, not head-to-head!

4. If school reports a lice outbreak – though they are not required to – or you suspect your child has lice, do not panic! Instead, make sure you have a good quality nit comb (normal combs do not trap lice or nits). Most parents say that it is hard to see evidence of lice. Use the comb as your eyes via daily comb-outs. Catching lice early can often prevent a household contraction. If you're not sure how to do a proper comb-out, look online where many 'how to' videos exist.

5. Finally remember the rule of "once a week, take a peek." While your kids are de-compressing after a long day of learning, run your nit comb through their hair at the base of their necks and behind their ears. Nits can be many colors from a cream color to amber. They glisten in dry hair and are the shape of a sesame seed that clings to one side of the hair shaft, often close to the scalp.

If you think you see lice and want to outsource removal, there are several options in Austin who will come to your home for treatment. At the end of the (school) day, you'll be happy to have these tips in your back pocket.

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New GreatNonprofits.org Award is Based on Positive Online Reviews

The Cy-Fair Educational Foundation announced today that it has been honored with a prestigious 2013 Top-Rated Award by GreatNonprofits, the leading provider of user reviews about nonprofit organizations.

"We are excited to be named a Top-Rated 2013 Nonprofit," says Marie Holmes, Executive Director, Cy-Fair Educational Foundation. We are proud of our accomplishments, we have awarded over 5 million dollars in student scholarships since inception.

The Top-Rated Nonprofit award was based on the large number of positive reviews that the Cy-Fair Educational Foundation received – reviews written by volunteers, donors, trustees and scholarship recipients. People posted their personal experience with the nonprofit. For example, one person wrote, "This foundation has given me a chance to fulfill my dreams of going to college".

While the Top-Rated Awards run through the end of October, the Cy-Fair Educational Foundation was part of the inaugural group to qualify for the year.

"Savvy donors want to see the impact of their donations more than ever," said Perla Ni, CEO of GreatNonprofits, "People with direct experience

with the Cy-Fair Educational Foundation have voted that the organization is making a real difference."

Being on the Top-Rated list gives donors and volunteers more confidence that this is a credible organization. The reviews by volunteers, clients and other donors show the on-the-ground results of this nonprofit. This award is a form of recognition by the community.

OUR VISION

The Foundation provides college financial support to capable and motivated CFISD student leaders with significant financial need. Our Trustees are passionate community and business leaders committed to raising funds for student scholarships and staff development grants. The Foundation and its Trustees work closely with CFISD and the Lone Star College-CyFair to impact quality of life in our community and improve access to college.

ABOUT GREATNONPROFITS

GreatNonprofits is the leading site for donors and volunteers to find reviews and ratings of nonprofits. Reviews on the site influence 30 million donation decisions a year. www.greatnonprofits.org



**Jennifer
Kwak, M.D.**



**Parul Patel,
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News You Can Use

A Friendly Reminder ...

Friendly reminder to keep dogs on a leash and out of the lakes around Fairfield. Not all homeowners are comfortable with loose dogs or cats. Please be courteous to your neighbors and follow the leash law.



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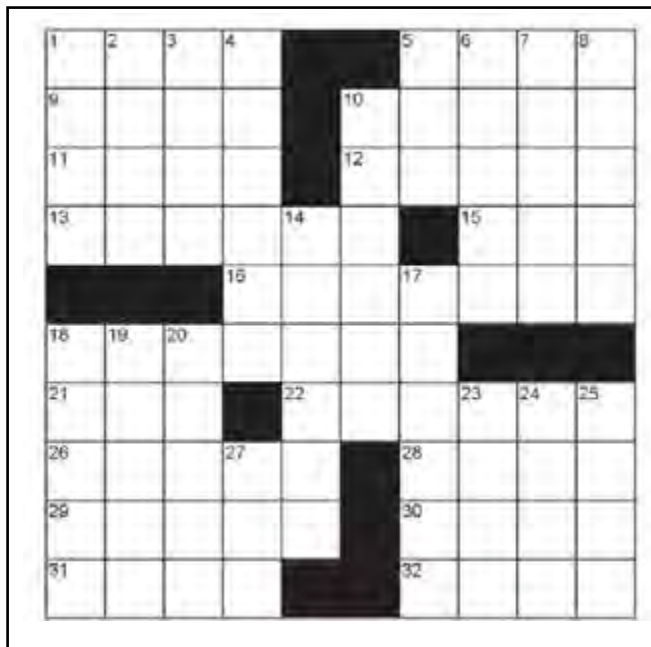
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10. Ask for legally
11. Smooth
12. Island nation
13. Fertilized cell
15. Ex-serviceman
16. Rovers
18. Covered in coarse hair
21. Single
22. Sacred songs
26. Scrimmage
28. Prophet who built the arc
29. Remove
30. Canal
31. Eye infection
32. Tear

DOWN

1. Virtuoso
2. Airy
3. "Ribbit" animal
4. Singing voices
5. Wing
6. Innocent
7. Meat curing ingredient
8. Gives off
10. Sharks
14. Man's wig
17. Less nice
18. Houses
19. Sluggish
20. Electrical device
23. Tenet
24. Water pipe
25. Cote
27. East southeast

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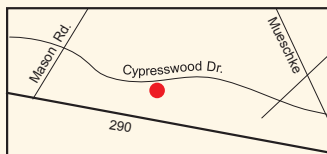


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Playgrounds



Do you have a favorite playground? Maybe it's a new wooden one that has lots of tall towers and passageways. Or maybe your favorite is an old-fashioned playground with swings and a seesaw. Playgrounds are fun places for kids because there's so much to do and other kids to have fun with. But sometimes kids get hurt at playgrounds. That's no fun, so here are 10 ways to keep safe:

Take a grown-up. As kids get bigger, they like doing things on their own. Going to the playground shouldn't be one of them, though. Grown-ups come in handy because they might spot problems at the playground, they can help you down if you get in a tight spot, and they can help if you happen to get hurt.

Take a good look around. If the playground has lots of trash, such as broken glass, or the equipment looks broken, don't play there.

Keep your size in mind. Many playgrounds have some equipment that's for little kids (like 2- to 5-year-olds) and other equipment that's meant for older kids. Use the equipment that's right for your age. If you squeeze yourself onto a swing for toddlers, you might get stuck. Likewise, if your little brother or sister starts climbing something meant for older kids, guide him or her to the little kid stuff.

Don't go too high. Many playgrounds have tall stuff to play on, such as towers or open passageways between equipment. Don't climb higher than you feel comfortable, and feel free to ask your grown-up if you need help getting down. Never climb up the outside of equipment, or hoist yourself up on the roof. The view might be cool, but it's a long way down.

Look out below. The best playgrounds put down special



What's a Sprayground?

More and more cities are opening spraygrounds, which are water playgrounds. At a sprayground, kids can shoot each other with water cannons and get sprayed by dozens of water jets that squirt from different colored nozzles and hoses.



surfacing material, such as mulch, wood chips, sand, gravel, or rubber matting. These surfaces can help soften a fall, but that doesn't mean you won't get hurt, especially if you tumble from a high spot.

Swing safely. Kids often get hurt at the playground because they get hit by someone on a swing. If you're swinging, watch out for people who might be getting too close. And if you're walking around the playground, don't get too close to the swingers.

Use your head. Sometimes you'll see kids going headfirst down the slide or maybe two or three kids will get on a piece of equipment that's only meant for one. Or some kids might start goofing around and trying to push each other off a swing or off of a high spot. If your grown-up sees you

doing this, he or she will probably say, "Knock it off. Someone's going to get hurt." It's true, so try to use the playground equipment properly. And if you get stuck, or don't know how to get down from something, call your grown-up over so he or she can help you down.

Report problems. If you see graffiti (when people write or paint on stuff), a broken swing, or find any other problems while you're playing, tell your grown-up. He or she can report the problem so it can be fixed.

Clean up. If you bring a drink or snack to the playground, clean up your trash before you leave. When you do, the park will look nice when the next kid comes along to play and you will have shown that you're a good playground citizen.

Have a great time! How can you make a good time at the playground even better? Bring a friend and only complain a little when it's time to leave.

Reviewed by: Steven Dowshen, MD

Date reviewed: May 2008

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit www.KidsHealth.org or www.TeensHealth.org. ©1995-2006. The Nemours Foundation

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Chappell Ridge	1	\$53.66	55
Cottage Glen	2	\$71.04	6
The Estates	2	\$95.29	52
Garden Grove	4	\$70.14	50
Glen	2	\$79.96	137
Inwood Glen	4	\$73.14	7
Inwood Park	4	\$66.93	29
Lake Crest	1	\$75.62	123
Lakes/Lake Point	5	\$82.10	70
Crossing/Landing/Reserve	3	\$64.65	71
Meadows/Park/Retreat	3	\$75.16	13
Oaks/Trails	2	\$72.68	128
Pines	1	\$69.31	62
Summer Crossing	5	\$72.03	55
Summer Gate	1	\$76.38	26
Summer Ridge	5	\$72.95	50

These numbers for resale homes were obtained from the Houston Multiple Listing Service. While we have no reason to doubt the accuracy of this information, we cannot guarantee it. This is not a solicitation of currently listed properties.