

OCTOBER 2013 VOLUME 7 ISSUE 10



Pruning Guidelines for Prevention of Oak Wilt in Texas

NOW IS THE TIME TO PRUNE YOUR OAKS TREES

Oak wilt, caused by the fungus Ceratocystis fagacearum, is the most destructive disease affecting live oaks and red oaks in Central Texas. Most of the tree mortality results from treeto-tree spread of the pathogen through interconnected or grafted root systems, once an oak wilt center becomes established. New infection centers begin when beetles carry oak wilt fungal spores from infected red oaks to fresh, open wounds on healthy oaks. Wounds include any damage caused by wind, hail, vehicles, construction, squirrels, birds or pruning. Research has shown that both oak wilt fungal mats on infected red oaks and insects that carry oak wilt spores are most prevalent in the spring. Below is a brief description of how you can reduce the risk of fungal spread when pruning.

- Always paint fresh wounds on oaks, including pruning cuts and stumps, with wound dressing or latex paint immediately after pruning or live tree removal at all times of the year.
- Clean all pruning tools with 10% bleach solution or Lysol™ between sites and/or trees.
- If possible avoid pruning or wounding of oaks during the spring (currently defined as February1 through June 30). Reasons to prune in the spring include:
- To accommodate public safety concerns such as hazardous limbs, traffic visibility or emergency utility line clearance.

- To repair damaged limbs (from storms or other anomalies)
- To remove limbs rubbing on a building or rubbing on other branches, and to raise low limbs over a street.
- On sites where construction schedules take precedence, pruning any live tissue should only be done to accommodate required clearance.
- Dead branch removal where live tissue is not exposed.

Pruning for other reasons (general tree health, non-safety related clearance or thinning, etc.) should be conducted before February 1 or after June 30. Debris from diseased red oaks should be immediately chipped, burned or buried. Regardless of the reasons or time of year, proper pruning techniques should be used. These techniques include making proper pruning cuts and avoiding injurious practices such as topping or excessive crown thinning. If you are uncertain about any of this information, you should consult with a Texas Oak Wilt Certified arborist, ISA Certified Arborist, or an oak wilt specialist from a city, county or state government agency such as the Texas Forest Service or Texas AgriLife Extension Service.

References available at http://www.TexasOakWilt.org.



IMPORTANT NUMBERS

EMERGENCY NUMBERS EMERGENCY......911 Sheriff – Non-Emergency......512-974-5556 Hudson Bend Fire and EMS **SCHOOLS** Canyon Creek Elementary......512-428-2800 Grisham Middle School......512-428-2650 Westwood High School512-464-4000 **UTILITIES** Pedernales Electric 512-219-2602 Texas Gas Service Custom Service......1-800-700-2443 Emergencies.......512-370-8609 Call Before You Dig...... 512-472-2822 AT&T New Service......1-800-464-7928 Repair.....1-800-246-8464 Billing.....1-800-858-7928 Time Warner Cable Customer Service.......512-485-5555 Repairs......512-485-5080 **OTHER NUMBERS NEWSLETTER PUBLISHER**

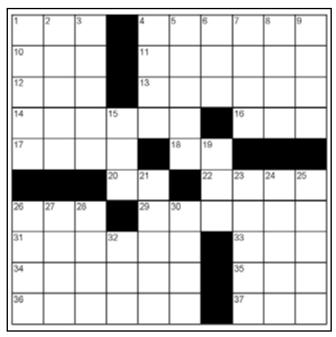
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CROSSWORD PUZZLE



ACROSS

1. Owns

4. Short people

10. Grain

11. In the air

12. Single

13. Nun's headwear

14. Musician (3 wds.)

16. Homesick

17. Booty

18. Horsepower (abbr.)

20. Cincinnati locale

22. Hasten

26. Mountain Standard Time 23. Pimpled

29. Eras

31. Cover

33. Eccentric

34. Beaches

35. Vane direction

36. Hug upon greeting

37. Danish krone (abbr.)

DOWN

- 1. Coat hangers
- 2. Root beer brand (3 wds.)
- 3. Stone
- 4. Aurora
- 5. Ponder
- 6. Build up
- 7. Holes
- 8. Syllables used in songs (2 wds.)
- 9. Sledge
- 15. Gone by
- 19. Not against
- 21. Cycles per second

- 24. Glob
- 25. Organic compound
- 26. Soft mineral
- 27. Prig
- 28. Tyrant
- 30. Mexican money
- 32. North American country

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CRIME PREVIEWION TIPS

- LOCK YOUR CARS!!!!
- Get to know your neighbors! Report suspicious activity immediately!
- Secure your vehicles, homes, garage doors at all times. (If you have an alarm, use it!) Remover garage door openers from your vehicle at night and when you are out of town.
- Utilize timers for lights, radios, and televisions to give the appearance that someone is home when you are out of town.
- Secure patio doors with a rod.
- Keep the perimeter of your home well lit.
- Take pictures of valuables and keep them stored in a secure location.
- Keep an inventory of all serial numbers for valuable items that can be given to Law Enforcement to track your items if stolen.
- Never leave a vacation message on your answering machine.
- Have a friend or family member pick up newspaper and mail, or stop delivery until you return.

- Keep shrubbery trimmed, to prevent hiding places.
- Park in well-lit areas at night.
- Do not leave valuables in plain sight. Lock them in the trunk or take them inside.
- Organize a community watch program in your neighborhood.
- Secure all windows and doors at all times.



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Asthma can be controlled, not cured

Medications and lifestyle changes help manage asthma, but they will not actually cure it

"You still have airway inflammation that needs to be treated," said Dr. Nicola Hanania, associate professor of medicine at BCM.

Asthma has a higher prevalence in the inner city population. Treatment incorporates anti-inflammatory medications and lifestyle changes.

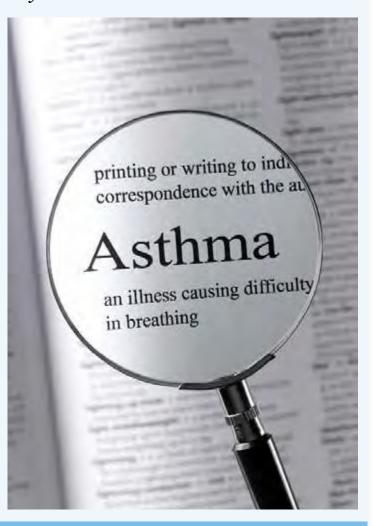
Hanania stresses controlling indoor allergens such as dust mites and mold, as well as controlling exposure to second hand smoke.

Although asthma symptoms may not be as apparent when medication and lifestyle changes are incorporated, asthma is not actually cured. If medication or lifestyle changes are stopped, signs of poor control, such as exacerbations and an increased use of an inhaler, will appear and can lead to emergency room visits, hospitalizations and sometimes even death.

Hanania suggests proper education about asthma and having an action plan and knowing when to get help or when to go to the emergency room.

It is possible for adults to develop asthma even though it was not present previously.











Kids Stuff-



From the candy to the costumes, Halloween is a fun-filled time for kids and parents alike. But it's also a holiday that can pose dangers to young revelers. To help make this year's festivity a trick-free treat, follow these simple safety tips:

Adorning Your Little Ghouls

- and back of the costume so your kids can be easily seen.
- Don't buy a costume unless it's labeled "flame-retardant." This means case they get lost. the material won't burn.
- Make sure wigs and beards don't cover your kids' eyes, noses, or mouths.
- Don't let your children wear masks they can make it difficult for kids home. Also be sure that they: to see and breathe. Instead, use nontoxic face paint or makeup. Have younger children draw pictures of what they want to look like. Older kids will have fun putting the makeup on themselves.
- Put a name tag with your phone number on your children's
- Avoid oversized and high-heeled shoes that could cause kids to trip.
- Avoid long or baggy skirts, pants, or shirtsleeves that could catch on something and cause falls.
- Make sure that any props your kids carry, such as wands or swords, are flexible.

Pumpkin-Carving Precautions

- Don't let kids handle knives. Have them draw their designs on the face of the pumpkin with a black marker — then you do the carving. And make sure you're using a sharp knife or a mini-saw that's pointed away from your body.
- Keep kids at a safe distance while you're carving the pumpkin so that choking. they don't distract you or get in the way of sharp objects.
- Remove pumpkin guts safely. If your children beg to remove the guts of the pumpkin — as many kids do — don't hand over a knife to do it. Instead, let your little ones get messy by scooping out pumpkin flesh with their hands or an ice cream scoop.
- Clean up your mess. Pumpkin flesh is slippery and can cause falls and injuries when dropped on the floor. Layer newspaper or old cloths goblins have a hauntingly happy and safe Halloween. under your carving workspace and clean up spills right away so no one slips or trips.

Skip the candles. A burning candle in a pumpkin may become a blazing fire if left unattended. Instead, use a glow stick (available in many colors) to safely illuminate your jack-o'-lantern.

Trouble-Free Trick-or-Treating

Accompany young children (under age 10) on their rounds. But make sure Choose a light-colored costume or add glow-in-the-dark tape to the front they know their home phone number, the cell phone numbers of parents and any other trusted adult who's supervising, and how to call 9-1-1 in

> For older kids who are trick-or-treating on their own, make sure you approve of the route they'll be taking and know when they'll be coming

- carry a cell phone, if possible
- go in a group and stay together
- only go to houses with porch lights on and walk on sidewalks on lit streets (never walk through alleys or across lawns)
- know to never go into strangers' homes or cars
- cross the street at crosswalks and never assume that vehicles will stop
- Give kids flashlights with new batteries.
- Limit trick-or-treating to your neighborhood and the homes of people you and your children know.

When your kids get home, check all treats to make sure they're safely sealed and there are no signs of tampering, such as small pinholes, loose or torn packages, and packages that appear to have been taped or glued back together. Throw out loose candy, spoiled items, and any homemade treats that haven't been made by someone you know.

Don't allow young children to have hard candy or gum that could cause

Make sure trick-or-treaters will be safe when visiting your home, too. Remove lawn decorations, sprinklers, toys, bicycles, wet leaves, or anything that might obstruct your walkway. Provide a well-lit outside entrance to your home. Keep family pets away from trick-or-treaters, even if they seem harmless to you.

Take these quick and easy precautions to help your little ghosts and

Reviewed by: Mary Gavin, MD Date reviewed: October 2007

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