



NORMANDY FOREST

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Official Publication of the Normandy Forest Homeowners Association

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5 WAYS TO BULLY-PROOF YOUR KID

Did you know that 25% of public schools report that bullying among kids occurs on a daily or weekly basis? And that 1 in 5 high school students report being bullied in the past year?

The good news is that because bullying has made national headlines, schools and communities (and even celebrities) are taking a strong anti-bullying stance.

You can do your part at home, too. Here are five smart strategies to keep kids from becoming targets — and stop bullying that has already started:

1. Talk about it. Talk about bullying with your kids and have other family members share their experiences. If one of your kids opens up about being bullied, praise him or her for being brave enough to discuss it and offer unconditional support. Consult with the school to learn its policies and find out how staff and teachers can address the situation.

2. Remove the bait. If it's lunch money or gadgets that

the school bully is after, you can help neutralize the situation by encouraging your child to pack a lunch or go to school gadget-free.

3. Buddy up for safety. Two or more friends standing at their lockers are less likely to be picked on than a child who is all alone. Remind your child to use the buddy system when on the school bus, in the bathroom, or wherever bullies may lurk.

4. Keep calm and carry on. If a bully strikes, a kid's best defense may be to remain calm, ignore hurtful remarks, tell the bully to stop, and simply walk away. Bullies thrive on hurting others. A child who isn't easily ruffled has a better chance of staying off a bully's radar.

5. Don't try to fight the battle yourself. Sometimes talking to a bully's parents can be constructive, but it's generally best to do so in a setting where a school official, such as a counselor, can mediate.

My Space, Facebook, Xanga, cPixEL, You Tube KEEPING YOUR KIDS SAFE ON SOCIAL NETWORKS

- Ask your kids to see their profile page. Check to see if the privacy tab has been set for friends only! Check their blocks to see if they are including personal identifiable info such as real full name, addresses, phone numbers, school names, descriptive photos?
- Set a limit on the amount of time your child/teen can use the computer & how often, especially if your child/teen is spending hours on the internet.
- Talk to your child/teen about internet predators & questions they might ask.
- Encourage family members to sign agreements to use sites and the internet ethically.
- Most networking sites have an age limit. Generally, young children & pre-teens should not be using these. A new teen-only social network called Yfly.com has safer security standards.
- Keep computer in a family area of the house. Research & install software monitoring devices.

NORMANDY FOREST

NORMANDY FOREST COMMITTEES

THE ARCHITECTURAL COMMITTEE

Danny Rodriguez 281-528-6640
OPEN POSITION

The Association has an active Architectural Control Committee that approves or denies all construction and any improvements. You may request an ACC form by contacting Chaparral Management 281-537-0957 or the association website. Please keep in mind that the Association has thirty days (30 days) to approve or disapprove any ACC and verbal approvals or disapprovals are not given.

SECURITY COMMITTEE

In the event of an emergency please call "911" or for Precinct 4 please program your cell phone with the number below.

Precinct 4 281-376-3472
Jim Norris 281-924-5828 | jnorris@normandyforest.org

ACTIVITIES COMMITTEE

Michelle Tsatsaronis michelletsatsaronis@gmail.com

POOL MAINTENANCE & LIFEGUARDS

Jeffery King 281-655-8675

CLUBHOUSE RENTALS

Sally Rodriguez 832-788-4186

MAINTENANCE COMMITTEE

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OPEN POSITION

POOL TAG COMMITTEE

Sally Rodriguez 832-788-4186
OPEN POSITION

WEBMASTER COMMITTEE

Lindsey McPherson

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Jim Norris | Vice President 281-907-0099
Sally Rodriguez | Secretary 832-788-4186
Scott Marder | Treasurer 281-682-3056
Jon Hopkins | Director at Large

BALLPARK RESERVATIONS

John Nemece | Coordinator
.....jnemece@normandyforest.org | 281-651-8606

COMMUNITY SERVICES

Gas | Centerpoint Energy 713-659-2111
Electric | Reliant Energy 713-207-7777
Phone | AT&T www.att.com
Sewer | Harris County MUD #28 281-353-9809
Trash | Republic Waste 281-446-2030
Fire Department | Spring VFD 281-355-1266
County Commissioner | Jack Cagle 713-755-6444

MANAGEMENT COMPANY

Chaparral Management Company, AAMC
6630 Cypresswood Suite 100 | Spring, Texas 77379
281-537-0957 phone | 281-537-0312 fax
Valerie Overbeck | Association Manager
voverbeck@chaparralmanagement.com

OFFICE HOURS

9am to 5pm | closed for lunch 12:30 to 1:15 pm

NEWSLETTER INFO

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AVAILABLE
ONLINE**

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ARCHITECTURAL CONTROL/REVIEW COMMITTEE HOME IMPROVEMENT REQUEST FORM

All improvements MUST be drawn to scale on a photocopy of the survey. Please indicate how the new structure or improvement relates to the existing structure, and if possible provide a side and rear view. A sketch for mailboxes and gutters is acceptable. The original request form and one copy are required for submittal.

THE ACC REVIEW PROCESS MAY TAKE 10-30 DAYS, DEPENDING ON THE DEED RESTRICTIONS FOR YOUR COMMUNITY. THE PROCESS CAN NOT BEGIN UNTIL THE COMPLETED APPLICATION IS RECEIVED. PLEASE CAREFULLY REVIEW THE REQUIREMENTS FOR SUBMITTAL BELOW. YOU WILL RECEIVE A WRITTEN NOTIFICATION OF THE DECISION OF THE COMMITTEE, AND NO INTERIM UPDATES WILL BE GIVEN DURING THE REVIEW PROCESS.

ASSOCIATION AND/OR SUBDIVISION

OWNER'S NAME

ADDRESS

HOME PHONE

WORKPHONE

FAX

EMAIL

Please indicate the improvement(s) which you propose.

- | | |
|---|--|
| <input type="checkbox"/> Basketball Goal | <input type="checkbox"/> Patio |
| <input type="checkbox"/> Deck | <input type="checkbox"/> Pool/Spa |
| <input type="checkbox"/> Driveway Expansion | <input type="checkbox"/> Rain Barrel |
| <input type="checkbox"/> Fence | <input type="checkbox"/> Room Addition |
| <input type="checkbox"/> Flagpole | <input type="checkbox"/> Roof |
| <input type="checkbox"/> Gazebo | <input type="checkbox"/> Solar Energy |
| <input type="checkbox"/> Paint | <input type="checkbox"/> Storage Shed |
| <input type="checkbox"/> Other | |

**Please describe improvement in more detail
which you marked above (Be Specific).**

Location of improvement(s) which you propose, backyard, sideyard, ect. Be specific, showing to scale the property lines, building set back lines, easements, fences, sidewalks, patios, pools, distances from all sides of the improvement to property lines and pool equipment location. A PLAT OR SURVEY IS REQUIRED.

Materials planned for the improvement you propose.

Lumber - Type(s):

Brick - Type(s)&Color:

Screen - Type(s):

Fence - Type(s):

Shingles - Manufacturer & Color:

Other:

If you are painting or staining - YOU MUST include paint/stain sample and brand/manufacturer. Please give particular consideration for the color of the brick when making your paint selection.

Brick Color

Trim Color

House Color

Garage Door Color

Dimensions of Planned Improvement:

Width/Height/Length:

Who will work on this improvement?

Homeowner

Contractor

If Contractor, list name & phone #:

Anticipated start date

Anticipated completion date

For any room additions and storage buildings, you must obtain a construction permit from the City and/or county within (30) days of the date of approval by the Architectural Control Committee.

IN AN EFFORT TO PROVIDE AND PROTECT EACH INDIVIDUAL HOMEOWNER'S RIGHTS AND VALUES, IT IS REQUIRED THAT ANY HOMEOWNER OR GROUP OF HOMEOWNERS CONSIDERING IMPROVEMENT (EXAMPLES: EXTERIOR PAINT, PATIO COVERS, FENCES, LANDSCAPING, SIDEWALKS, DECKS, ECT.) ON THEIR DEEDED PROPERTY SUBMIT A REQUEST FOR HOME IMPROVEMENT APPROVAL TO THE ARCHITECTURAL CONTROL COMMITTEE FOR APPROVAL BY THE HOMEOWNERS ASSOCIATION PRIOR TO INITIATING WORK ON THE PLANNED IMPROVEMENTS. IF ANY CHANGE IS MADE THAT HAS NOT BEEN APPROVED, THE COMMITTEE HAS THE RIGHT TO ASK THE HOMEOWNER TO REMOVE THE IMPROVEMENT FROM HIS/HER PROPERTY.

(Continued on Page 4)

NORMANDY FOREST

ACC HOME IMPROVEMENT REQUEST FORM- (Continued from Page 3)

I UNDERSTAND THAT THE ASSOCIATION ARCHITECTURAL COMMITTEE WILL ACT UPON THIS REQUEST AS QUICKLY AS POSSIBLE AND CONTACT ME IN WRITING REGARDING THEIR DECISIONS. I UNDERSTAND NO INTERIM UPDATES AND STATUS WILL BE GIVEN ON MY APPLICATION. I UNDERSTAND NOT TO BEGIN PROPERTY IMPROVEMENT(S) UNTIL THE ARCHITECTURAL CONTROL COMMITTEE NOTIFIES ME OF THEIR DECISION.

Signature of Homeowner: _____

Date: _____

APPLICATION IS COMPLETE IF YOU HAVE COMPLETED IN DETAIL:

- Described improvements, and attached required drawings, if any.
- Attached your survey showing the exact location of the proposed improvements
- Attached a sample of the paint, if painting or staining something
- 4. Signed the application
- 5. Defined the dimensions (height, width & length) of the structure, playstructure, improvements and/or fence.

Date Recieved:	Date Submitted to ACC/ARC:	DEPOSIT \$
Comments for Committee from CMC:	<input type="checkbox"/> D/R	<input type="checkbox"/> Assessment:
Date Reviewed:	<input type="checkbox"/> Approved	<input type="checkbox"/> Denied
Comments or Contingencies from ACC/ARC:		
ACC/ARC Signatures:	Signed	Attest:

RETURN REQUEST FORM TO:

Chaparral Management Company
P.O. Box 681007
Houston, TX 77268-1007

OR

6630 Cypresswood Drive, Suite 100, Spring, TX77379
281.537.0957 (PH) | 281.537.0312 (FAX)
email: service@chaparralmanagement.com

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6640 Cypresswood Drive, Spring, Texas, 77379
(1/4 Mile East Of Stuebner Airline Rd)

Normandy Forest Reminders

PARK REMINDERS

- The park is open to residents from dawn to dusk.
- Help keep our park clean. Pick up after yourself when picnicking, and clean up after your pets.
- Keep your pet on a leash.
- The jogging trail is for walkers and joggers. Bikes are not allowed, as they create ruts in the trail. Please remind your children not to ride on the trail.
- If you see any suspicious persons or odd activity in the park or greater neighborhood, contact the constable at 281-376-3472. Add this number to your cell phone contact list for your convenience.

GOING ON VACATION?

Don't forget the Precinct 4 Constable's office offers protection for your home while you are on vacation. Go to http://www.cd4.hctx.net/online_forms.php?formID=vacation, and simply fill out the request form.

MUD BOARD MEETINGS

MUD Board Meetings are held every fourth Tuesday of the month at 4:00 PM, at 3327 La MER in Normandy Forest. The meetings are open to all residents.

HOME OWNER ASSOCIATION MEETING

The HOA Meeting are on Tuesdays at 7:00 pm, in the Normandy Forest Clubhouse. Watch for the signs throughout our neighborhood reminding you about the meeting. All residents of Normandy Forest are invited and encouraged to attend.

TRASH PICK UP

Trash is picked up twice a week, on Monday and Thursday mornings. Please remember to remove your trash can from the curb and out of the driveway by the evening on those respective days.

Heavy Trash Pick Up Day is every second Friday of the month, only once a month.

2 Simple Solutions for Small-Space Landscapes

Try these tips to maximize the impact in even the smallest landscapes.

Create Extra Interest

Sometimes the best way to deal with a small space is to make a distraction. Here, the mixture of paving materials adds enough interest to a small back yard that you hardly notice the landscape's tiny size.

Break It Up

This trick may seem contradictory, but we promise it works: Break up open areas of a small space so it feels larger. Here, a colorful bed of roses, annuals, and perennials effectively divides a small back yard landscape into attractive nooks.



PRECINT 4 Constables Update

Can you believe it, schools back in, seems like we just got out last week. Time flies when you're having fun doesn't it? Well I hope everyone had a great summer and you were able to get your to do list shortened.

With school back in it's time to start paying close attention to the school zones and all the kids. As I've begun to patrol the school zones I've noticed that there are quite a few more children walking or riding bikes to school this year.

While we need to be careful everywhere we need to pay close attention to the school zones and surrounding areas. As the neighborhoods grow the children are starting their walk or ride to school from quite a long distance away, sometimes having to cross a major thoroughfare to get to school. As you travel in and around the area, keep a close eye out for the kids in and out of the school zones. Please make sure to pay close attention to the speed limits.

One thing that I suggest if possible, is for parent's to join your kids on their walk or ride to school. If you can't, then sit down with them and make sure that they are aware of some

of the basic rules of the road. If possible, have your kids walk in a group to school. A group of kids are much easier to see than one or two.

This also brings up another safety issue. Make sure your kids are aware of other dangers such as not talking to strangers as they make their way to school. If they are approached make sure they know to immediately notify an adult such as a crossing guard, police officer, school personnel or parent. Parents, if you're making the trip to school with your kids you also need to keep an eye out for anything suspicious. If you notice anything immediately contact authorities and report it. Common sense will help keep all of us safe as we start another school year.

On another note, most of you know that National Night Out is right around the corner in October. Hopefully everyone will be able to participate this year in the various functions in the neighborhoods. I hope to see all of you as I make my way through the neighborhoods.



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Nobody Knows The Neighborhood Like A Neighbor!

If you're thinking about selling your home, you'll want to carefully choose the real estate professional you work with during the process.

You should choose a professional who specializes in residential real estate and who has the specific knowledge of the local real estate market.

You should choose me ... as a resident of Normandy Forest, I have a vested interest in keeping the neighborhood values as high as possible.

So, when you're ready to sell, call me. You'll be glad you did.



Sally Rodriguez

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Please don't hesitate to call - I'm never too busy to help you, your family or your friends!