

# SPECTATOR

November 2013

NEWS FOR THE RESIDENTS OF CYPRESS CREEK LAKES

Volume 2, Issue 11



## FIGHT HEART DISEASE ONE STEP AT A TIME

*JOIN THE AMERICAN HEART ASSOCIATION FOR THE 2013 GREATER LAKE HOUSTON HEART WALK*



Heart Walk  
Greater Lake Houston

**WHAT:** Fun Activities and non-competitive 3-mile walk to promote walking as a part of healthy lifestyle and raise funds to support cardiovascular research and educational programs for the American Heart Association.

**WHEN:** Saturday, November 23, 2013, 8:00 a.m.

**WHERE:** Lone Star College – Kingwood, 20000 Kingwood Dr., Kingwood, TX 77339

**WHY:** Heart disease and stroke — the nation's No. 1 and No. 4 killers — and all other cardiovascular diseases, claim more than 870,000 American lives a year. The American Heart Association's goal

is to raise \$100,000 for the 2013 Greater Lake Houston Heart Walk. Research funded by the American Heart Association has yielded or contributed to many important innovations such as CPR, life-extending drugs (including clot-busters), pacemakers, bypass surgery, the heart-lung machine and surgical techniques to repair heart defects.

**HOW:** To participate in the annual event, walkers can register online by visiting [www.greaterlakehoustonheartwalk.org](http://www.greaterlakehoustonheartwalk.org) or by calling 713-610-5000. There is no registration fee, but donations are appreciated. Walk as part of a company team or form your own team with family and friends.

## IMPORTANT NUMBERS

### EMERGENCY NUMBERS

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Fire.....	911
Ambulance.....	911
Constable .....	281-463-6666
Sheriff - Non-emergency .....	713-221-6000
- Burglary & Theft .....	713-967-5770
- Auto Theft .....	281-550-0458
- Homicide/Assault .....	713-967-5810
- Child Abuse .....	713-529-4216
- Sexual Assault/Domestic Violence.....	713-967-5743
- Runaway Unit .....	713-755-7427
Poison Control.....	800-222-1221
Traffic Light Issues .....	713-881-3210

### SCHOOLS

Cypress Fairbanks ISD Administration .....	281-897-4000
Cypress Fairbanks ISD Transportation .....	281-897-4380
Warner Elementary .....	281-213-1650
Smith Middle School .....	281-213-1010
Cy-Ranch High School .....	281-373-2300

### UTILITIES

CenterPoint Energy.....	713-659-2111
Reliant Energy.....	713-207-2222
Water - Severn Trent.....	281-646-2383
Waste Management - Trash .....	713-686-6666

### OTHER NUMBERS

Animal Control.....	281-999-3191
Cypress Fairbanks Medical Center.....	281-890-4285
Harris County Health Department .....	713-439-6260
Post Office.....	281-859-9021
Harris County Public Library.....	281-290-3210
Cy-Fair Hospital.....	281-890-4285
North Cypress Medical Center.....	832-912-3500

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Advertising.....	advertising@PEELinc.com, 1-888-687-6444

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## ARTICLE INFO

The *Tribune* is mailed monthly to all Cypress Creek Lake residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to [cypresscreeklakes@peelinc.com](mailto:cypresscreeklakes@peelinc.com). The deadline is the 9th of the month prior to the issue.



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## CY-FAIR KIWANIS CLUB

Kiwanis wants YOU! The Cy-Fair Kiwanis Club is actively seeking new members who are interested in giving service to improve our community and our world. Visit the Cy-Fair Kiwanis Club and learn about the projects in which its members participate to enrich and improve life for citizens in our community. We sponsor the Key Clubs in the Cy-Fair, Jersey Village, and Katy communities and work with them in service to the Cy-Fair area. Internationally, both Kiwanis and Key Club are participating in the ELIMINATE PROJECT aimed at the eradication of maternal/neonatal tetanus.

Businesses of the community are encouraged to support a representative for membership in Kiwanis. If you work for a business that is oriented toward involvement in community improvement and leadership, suggest to them that you would like to represent that business through membership and involvement in work with Kiwanis. We welcome business and organization representatives as well as individual memberships.

The Cy-Fair Kiwanis Club meets at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and



informative programs. For more information, call John Carroll at 281-463-0373, George Crowl at 832-467-1998 or Peggy Presnell at 281-304-7127. We invite you to be our guest at one of the meetings and enjoy the fellowship of Kiwanians from your community as you learn about our organization.

CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club sponsors nine Key Clubs and two Builders' Club in the Cy-Fair School District. If you would like to work with teens and preteens, join us and work with the outstanding youth in these organizations. We sponsor the Kids Triathlon; Girl Scout, Boy Scout, and Sea Scout troops and activities; award scholarships to outstanding Key Club members in our district; provide assistance to Cypress Assistance Ministries and Bear Creek Ministries; the Houston Food Bank; and many other nonprofit organizations.

We welcome your visit at our Club meeting and your consideration of membership in our service organization. Join Now.

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## Elisha Roberts Chapter

The wonderful ladies of the Elisha Roberts Chapter, NSDAR, extend an invitation to any female, 18 years or older, who can prove direct lineal descent from someone who either fought in or provided aid during the American Revolution. We are a family oriented group of ladies who promote patriotism, education and historic preservation. Our motto is God, Home and Country. If this sounds like you, please come and join us for a meeting. We meet the third Thursday of each month, September through May, at the Backyard Grill, located at 9453 Jones Road. Our next meeting will be on November 21, 2013 at 7:00 p.m.

For more information, please contact the chapter Regent, Cheryl Partney at cpart86@comcast.net or by phone at 832-654-0306. We look forward to meeting you.

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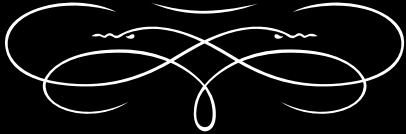
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*Houston Repertoire Ballet to Collaborate with the  
Cypress Philharmonic for its Holiday Classic*

# THE Nutcracker



*Sell-Out Performances Set for December 7 & 8*

## WHEN/WHERE:

Saturday, December 7 at 2 pm & 7 pm  
Sunday, December 8 at 1 pm & 4:30 pm  
Tomball High School Theatre  
30330 Quinn Road  
Tomball, Texas 77375

## TICKETS:

For ticket information, call 281-940-HRB1 (4721) or visit [www.hrbdance.org](http://www.hrbdance.org). Cost is \$18 for students and seniors, \$22 for all other.

## WHO:

Houston Repertoire Ballet (HRB), featuring guest artists Jared Matthews as the Cavalier and Yuriko Kajiya as the Sugar Plum Fairy, both soloists of American Ballet Theatre, as well as Glyness Lanthier, President and Music Director of Cypress Philharmonic.

## WHAT:

The premier pre-professional ballet company in Northwest Houston proudly presents its 12th annual The Nutcracker performance series, this year for the first time in collaboration with the Cypress Philharmonic. The program attracts and develops some of the finest young dancers in the greater Houston area, with many of the dancers advancing to professional ballet companies throughout the country. HRB graduates can be seen with New York City Ballet, American Ballet Theatre, Miami City Ballet, Pacific Northwest Ballet, Atlanta Ballet, Pittsburgh Ballet Theatre and other prestigious companies.

## OUTREACH:

The dancers of HRB perform excerpts from each production and make costumed appearances at various nursing homes, libraries, group events and at Arts & Education performances. Also, HRB brings two matinee performances to Tomball ISD third grade students, fulfilling the arts component of their curriculum. To schedule an outreach event for your organization, call 281-940-HRB1 (4721).

## ABOUT HRB:

The Houston Repertoire Ballet (HRB) is a non-profit 501(c)(3), founded by Victoria Vittum and Gilbert Rome, both nationally acclaimed teachers and choreographers who served as its co-artistic directors. Today, Ms. Vittum oversees training and programming with an equal eye to serving the needs of the community.

Since 1994, HRB has contributed to the cultural fabric of Harris and Montgomery Counties by providing excellent dance training to the area's young ballet stars and dance educators of tomorrow, while also presenting two high-quality productions annually at affordable prices.

The Nutcracker and a Spring Program, introduce area children and their families to the world of classical and contemporary ballet.

Today, HRB is considered to be the premier pre-professional ballet company in the Houston region, and is recognized for sharing its gifts with the community and beyond.

The Nutcracker's brilliant blend of costumes, sets and choreography creates a magical storybook world enjoyed by children and adults alike.

With a cast of more than 100 HRB dancers and area children, HRB's masterful production is the highlight of the holidays!

# Save The Date

*7<sup>th</sup> Annual Pictures with Santa*



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*10am to 3pm*



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## BSA Life Saving Award is awarded to Sammy Armstrong

### *Local scout from BSA Troop 533 saves girl's life*

Sammy Armstrong is a seventh grade student attending Salyards Middle School. He is the son of Stacey Armstrong and Kelley Armstrong, and he is a member of the BSA Good Shepherd United Methodist Troop 533.

On October 3, 2013, Sammy was awarded the Honor Medal, a National Lifesaving Award, from the Boy Scouts of America (BSA) during an award ceremony at Fairfield Baptist Church in Cypress, TX. The BSA Honor Medal is a special award, only awarded to a

scout that demonstrates courage, unusual heroism and skill or resourcefulness in saving or attempting to save a life at considerable risk to self. Only 2,354 Honor Medals have been awarded since 1923, and 52 were awarded nationwide in 2012.

While on vacation with his family, Sammy proved his outstanding and unusual heroism, scouting skills and bravery while attempting and accomplishing the mission of rescuing a young girl from drowning at McKinney Falls State Park in Austin in June of 2012.

After having finished a trip down the creek on their kayaks, Sammy, his younger brother, and father, Stacey headed for a swim at the bottom of the upper falls. In a moment of family fun as Sammy rested on a rock at the edge of the creek as his father and brother looked on from the ledge above, Sammy saw a 5-year old girl standing near her field trip group at the top of the waterfall. According to Sammy's recollection of events, the young girl was reaching for a water bottle, when she slipped and fell into the water as the current swept her over the falls. The girl's chaperones were in a panic; they could not see her. She had been rolled back



by the current and concealed from the 15 foot stone they stood on. "All you could see was the top quarter-inch of her head," Stacey recalled. "Sammy was the only person down at the bottom of the falls. He looked around and got the bearings of the situation, and then he looked at me. I was scared to death but I tried to stay extremely calm for him. I said, 'You got this. You have to get her out of there.' He jumped in and went after her." Sammy was able to pull the girl out and above the 20-foot-deep water surface and pulled her to shore. Sammy was

able to keep the girl calm even in a state of panic. Even though Sammy earned his Swimming Merit Badge with the Scouts and has proved to be a good swimmer as part of the Texas Terrapins Swim Team, Sammy's Father, Stacey feared the young girl would pull both Sammy and herself under water due to her panicked state. Sammy states, "I was afraid she might die. My dad couldn't get to her, but he told me that I could do it. So, I went in, and then when I was afraid that I might not be able to save her, I think God helped me." It is clear that Sammy was driven by his quick instincts ability to stay alert and he says that he had always been told to stay alert in the water and always know the quickest exit route and those principles he had learned from scouting and from his parents definitely played a role.

The family of the young girl is very thankful and grateful for Sammy's heroism. In the 15 months since the incident occurred, the family has been an important part in providing testimony to the BSA to help with the Honor Medal vetting process. Stacey said, "I can't tell you how many times they've said 'thank you.'"

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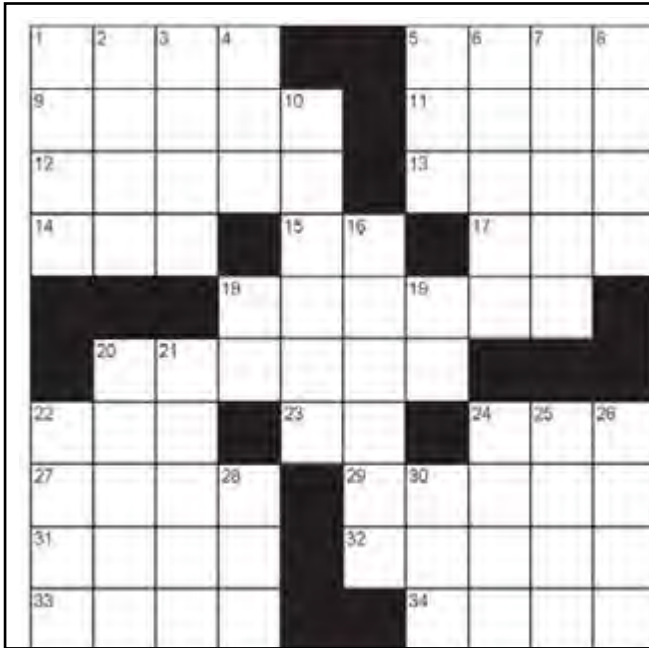


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### ACROSS

1. Swiss-like cheese
5. Black
9. Confuse
11. Dog food brand
12. Flat
13. Sticky black substances
14. Mr.
15. Advertisement
17. No
18. Make better
20. Pre-Nissan
22. Electric spark
23. Miss lang
24. Tire
27. Saloons
29. Immense
31. Shine
32. Santa's helpers
33. Madam
34. Ribald

### DOWN

1. Tides
2. Cafe
3. Far away
4. Day of wk.
5. Sup
6. Mont \_\_
7. Ms. Winfrey
8. Curious
10. City
16. Toil
18. Movie alien
19. Fashionable
20. Play
21. Smoky
22. Cain killed him
24. Skimp
25. Afresh
26. Posttraumatic stress disorder
28. Pigpen
30. Unwell

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				7				
								7
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