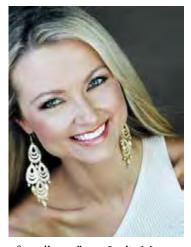


Miss Cy-Fair Houston & Princess Pageant

Cypress, Tx, October 14, 2013– Miss Cy-Fair Houston is ready for its 5th anniversary in February 2014 with new leadership. The Cy-Fair Chamber of Commerce began the pageant in 2010 as a family-friendly event aimed at raising scholarships and empowering young women and girls to achieve their goals. Over the last few years, the pageant has continued to grow and gain support. The Cy-Fair Chamber of Commerce is proud to announce that the Miss Cy-Fair Houston Pageant will continue to be a great community event under the direction of the newly formed Miss Cy-Fair Houston Organization with the leadership of Blaire Pancake and Tiffanie Vaughan.

"The chamber has great confidence that with Blaire and Tiffanies' guidance and past involvement with the Miss Cy-Fair Houston Pageant that the pageant will continue to grow and flourish with the same level





of excellence," says Leslie Martone, president of the Cy-Fair Chamber of Commerce. "We are so pleased they will continue to produce the pageant for our community."

Blaire Pancake has been the involved with the Miss Cy-Fair Houston Pageant since its inception in 2010 and was the pageant chair and co-director this past year. She is also a former Miss Tennessee and brings a wealth of knowledge, experience, and expertise to the pageant.

Tiffanie Vaughan will be leading the princess pageant. She has



served as a judge and been actively involved in the local community and pageantry for several years. Tiffanie and her husband live in the Cypress area with their 4 children.

"We are honored to be asked by the chamber to continue their

(Continued on Page 2)

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IMPORTANT NUMBERS

EMERGENCY NUMBERS EMERGENCY911 Ambulance 911 Cy-Fair Volunteer Fire Dept. Bus. Office281-550-6663 AREA HOSPITALS Cy-Fair Medical Center...... 281-897-3300 **SCHOOLS** Cypress Ranch High School 281-373-2300 **PUBLIC SERVICES** Cypress Post Office281-373-9125 Harris County Tax713-224-1919 NEWSLETTER PUBLISHER Article Submissionsblackhorse@peelinc.com

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Miss Cy-Fair Houston - (Continued from Cover)

legacy with the Miss Cy-Fair Houston and Princess Pageant. This is such a fun event and a great way to raise scholarships for some outstanding young women and show the rest of Texas just how talented and outstanding the young women in our area truly are," says Blaire Pancake.

This year's pageant will take place on February 15-16, 2014 at the Cypress Academy of the Performing Arts. The Miss division will continue to be a preliminary for the Miss America Organization, with Miss Cy-Fair representing the area at the Miss Texas Pageant in July 2014. The Miss (18-24yrs) and Teen (15-17yrs) will compete on Saturday the 15th, and the Miss Houston Princesses will compete on Sunday the 16th.

Last year was our first year as a prelim, and Elizabeth Medina, Miss Cy-Fair Houston 2013, represented Cy-Fair at the Miss Texas Pageant, winning non-finalist talent and the instrumental talent award for her piano rendition of the theme song from the Magnificent Seven. "I was so proud of her hard work and dedication. She has represented us well on and off the stage, and now is studying pre-med at the University of Texas. She has really set a high standard for future titleholders," says Pancake.

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(Continued from Page 2)

While the Princesses do not compete at the state level, they certainly do several appearances around the community and have a lot of fun! "This is not toddlers and tiaras. The whole purpose of this event is for it to be a great event for the girls and their families. It is about having fun and encouraging self-confidence in our youth. We want every little girl, whether she wins the title or not, to feel like a princess," says Tiffanie Vaughan, director of the Miss Cy-Fair Houston Princess Pageant.

Miss Cy-Fair Houston Miss Division Requirements

- · No entry fee: Just need to raise \$100 for the Children's Miracle Network through the Miss America website prior to the pageant
 - · Age Requirements Between the ages of 17 & 24 years of age.
- · Must be 17 of age and a High School Senior by the time of their first appearance in the preliminary round of the local or state competition.
- · Must be no older than twenty-four (24) years of age on December 31, 2013.
 - · Must attend school and be in good academic standing Phases of Competition
 - o Private interview with a personal platform 10 minutes in Length
 - o Physical fitness in swimsuit
 - o Talent up to 90 seconds in length

- o Evening wear in gown of choice
- o On stage question

Miss Cy-Fair Houston Teen Division Requirements

(Note: Not a Prelim to Miss Texas)

- · Cost \$250
- · Age Requirements Between the ages of 15 & 17.
- · Interview, Evening gown, and On Stage Questions
- · Winner, 1, 2, 3, Most Photogenic and Miss Congeniality
- · Winner receives \$1,000 Scholarship, crown, sash
- · Deadline for applications: March 11, 2013

Pre-Teen Princess Division Requirements

(Note: Not a Prelim to Miss Texas)

- · Cost \$150
- · Party dress, no glitz
- · Age requirements: 13-14
- · Contestants will pose and state name and what they would like to be at microphone on stage.
 - · Winner receives: crown, sash and VIP goody bag

Junior Princess Division Requirements

(Note: Not a Prelim to Miss Texas)

- · Cost \$150
- · Party dress, no glitz

(Continued on Page 4)



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(Continued from Page 3)

· Age requirements: 10-12

· Contestants will pose and state name and what they would like to be at microphone on stage.

· Winner receives: crown, sash and VIP goody bag

Little Princess Division Requirements

(Note: Not a Prelim to Miss Texas)

- · Cost \$150
- · Party dress, no glitz
- · Age requirements: 7-9
- · Contestants will pose and state name and what they would like to be at microphone on stage.
 - · Winner receives: crown, sash and VIP goody bag

Tiny Princess Division Requirements

(Note: Not a Prelim to Miss Texas)

- · Cost \$150
- · Party dress, no glitz
- · Age requirements: 4-6
- · Contestants will pose and state name and what they would like to be at microphone on stage.
 - · Winner receives: crown, sash and VIP goody bag

Sponsorships available for 2014 Pageant

We have sponsorships available. Currently, the Miss Cy-Fair Houston Pageant is proud to have Cypress Academy of Performing Arts as the venue sponsor as well as Kids R Kids Barker Cypress, Autumn Leaves Florist and Gifts, Mary Kay Cosmetics, and Monarch Civil Constructors, LLC as pageant sponsors. Tangible donations for contestant goody bags and contestant sponsors are also needed for the pageant. Advertising space is available in the pageant programs.

Pageant Specifics:

- · 2014 Cy-Fair Houston Pageant Miss/Miss Teen Divisions, Saturday February 15 at 6pm
- · 2014 Cy-Fair Houston Princess Divisions, Sunday February 16th at 2pm.

Both Pageants will be held at the Cypress Academy of Performing Arts, 11707 Huffmeister Rd Houston, TX 77065 Pageant website:

www.MissCyFairHouston.com

***Note: Only Miss Division is a Prelim to Miss Texas.

For more information on the Miss Cy-Fair Houston Organization, please visit www.misscyfairhouston.com or its facebook page www. facebook.com/misscyfairhouston

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NWHCAGGIEMOMS.ORG NORTHWEST HARRIS COUNTY AGGIE MOM'S CLUB

Hosts Annual Aggie Ornament Exchange

SCHOLARSHIP APPLICATION - The Northwest Harris County Aggie Mom's Club raises money throughout the year to fund scholarships to students from our area. Last year, we awarded 15 scholarships to Aggie students from our local community and donated over \$34,000 to a variety of Texas A&M student organizations. Eligible students should download the scholarship application form at www.nwhcaggiemoms.org. Deadline to apply is February 4, 2014.

SAVE THE DATE - Don't miss the Annual China Luncheon and Style Show on Saturday, February 8, 2014 from 10:30 a.m. - 1:30 p.m. at Shirley Acres located at 217 Woerner Rd., Spring, Texas. We are looking for talented ladies to decorate one of our themed tables. Individual tickets are \$30. Get your ticket at one of our monthly meetings or visit our website. The Northwest Harris County Aggie Mom's Club meets August thru May on the second Tuesday of every month at 7:00 pm at 7100 High Life Drive. For more information on monthly speakers or upcoming events visit our website at www.nwhcaggiemoms.org or contact Shannon Eberle, Club President at clubpres2012@gmail.com.

"Cypress Serenades" ypress Symphony Presents Sec

Cypress Symphony Presents Second Concert of their Inaugural Season

The Cypress Symphony invites you to celebrate our historical inaugural season at our second concert in January! Join us as we explore some of the earliest orchestral writing by the lighthearted CPE Bach and journey through history to the romantic and passionate Mendelssohn and Tchaikovsky. We are pleased to welcome our talented guest conductor Mark Dupere, as he leads the Cypress Symphony through a musical odyssey! We look forward to seeing you on this magical evening!

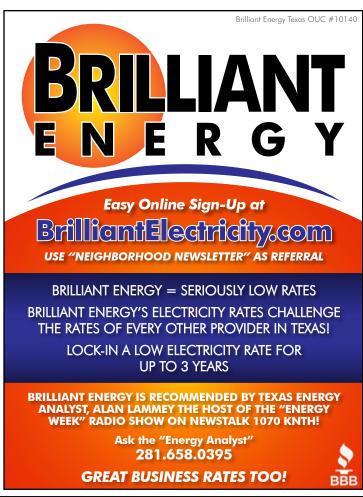
Saturday January 18th, 2014 7pm at the Centrum

Mark Dupere, guest conductor

PROGRAM:

C.P.E Bach Symphony for Strings in B-flat Mendelssohn String Symphony No. 7 in D minor Tchaikovsky Serenade for Strings Op. 48 Tickets can be purchased at cypresssymphony.org Student admission is free.





TENNIS TIPS

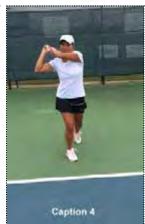
By USPTA/PTR Master Professional Fernando Velasco













How to execute The Two Handed Backhand Lob

In previous newsletters, I offered tips on how to hit the forehand groundstroke, the two-handed backhand, the one-handed backhand, the forehand volley, the two handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley, the overhead "smash", the forehand service return, the backhand service return, the forehand high volley approach shot, the two handed high volley approach shot, and the forehand lob.

In this issue, I will offer instructions on how to execute the Two Handed Backhand Lob. This shot is used when a player is forced to retrieve a ball that is hit deep to the backhand side of the player, and the opponent is either charging to the net or staying far back. The player hitting the lob is looking for "air time" to regain balance and court space. This ball should be hit high enough so the players at the net cannot reach and "slam" the ball down, or force the opponent at the base line to retrieve back. In the illustrations, Marimel Ansdell, a Member of the Grey Rock Tennis Club, shows the proper technique to execute this stroke.

Step 1: The Back Swing: When Marimel is forced deep into the backhand side and realizes that she has to hit a defensive lob, she pivots to the left and gets her racket back early. Notice that the head of the racket is low and her left hand is on the handle of the racket. Her eyes are focused on the path of the ball and her weight is on her left foot. Step 2: The Point of Contact: Marimel is now ready to hit the ball. Her eyes are now focused on the point of contact and the face of the racket is tilted at a 45 degree angle in order to create height and depth on her lob. Her goal is to keep her head still and not start looking up to her opponent or to the other side of the court.

Step 3: The Follow Through: The success of a deep lob is the follow through. Marimel's left wrist is still "laid back" and her shoulder is lifting the racket above her head. Her right hand is holding the racket slightly, but still in control of the racket.

Step 4: The Finish: In order to create a natural top spin on the lob, Marimel is now finishing her stroke with the racket behind her right ear. This will make the ball bounce higher and/or force the opponent to hit a tennis ball that is still rotating on the air.

Step 5: The Shuffle Back: Once Marimel finishes the stroke, her goal is to either move forward toward the net top to hit an overhead, or to shuffle back to the middle of the court in order to drive the next ball back to the opponent. In this caption, she moved back to the center of the court waiting for the opponent's shot to come back.

Look in the next Newsletter for: How to execute "The One-Handed Backhand Lob"

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