

# THE BULLETIN

*Belterra Community News*

December 2013 Volume 7, Issue 12

News for the Residents of Belterra

## DECEMBER EVENTS *at the Wildflower Center*

*Submitted by Saralee Tiede*

### WILD IDEAS SHOPPING EVENT DECEMBER 6-8, 9 A.M. TO 5 P.M.

Featuring free admission, local artists wares in the Visitors Gallery Saturday and Sunday, Early Bird Specials Friday and Sunday morning, book signings and other offerings in The Store, and lots of opportunities to find beautiful scarves, nature images, glassware, soaps and other holiday gift options.

### LUMINATIONS DEC. 14 AND 15, 6 TO 9 P.M.

Hundreds of luminarias light our garden paths, and twinkly lights light the trees as we celebrate the holidays with two free nights of music and festivities, including a visit from Frosty the Snowman. Bring two canned goods for the Capital Area Food Bank as entry fee.

### CLOSED FOR THE WINTER BREAK DEC. 23 THROUGH JANUARY 1, 2014

The Wildflower Center will be open Tuesday through Sunday in December through Sunday, December 22. Hours are listed at [www.wildflower.org/visit](http://www.wildflower.org/visit).



More information at [www.wildflower.org](http://www.wildflower.org)

## IMPORTANT NUMBERS

### EMERGENCY NUMBERS

EMERGENCY ..... 911  
Ambulance / Fire..... 911

### SCHOOLS

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Dripping Springs Elementary..... 512-858-3700  
Walnut Springs Elementary..... 512-858-3800  
Rooster Springs Elementary..... 512-465-6200  
Dripping Springs Middle School..... 512-858-3400  
Dripping Springs High School ..... 512-858-3100

### UTILITIES

Water – WCID # 1 & 2 ..... 512-246-0498  
Trash – Texas Disposal..... 512-246-0498  
Gas – Texas Community Propane..... 512-272-5503  
Electricity – Pedernales Electric ..... 512-858-5611

### OTHER

Oak Hill Post Office ..... 512-892-2794  
Animal Control..... 512-393-7896

### NEWSLETTER PUBLISHER

Peel, Inc. .... 512-263-9181  
Article Submissions ..... [belterra@peelinc.com](mailto:belterra@peelinc.com)  
Advertising..... [advertising@peelinc.com](mailto:advertising@peelinc.com)

## SEND US YOUR Event Pictures!!

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to [belterra@peelinc.com](mailto:belterra@peelinc.com). Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at [www.PEELinc.com](http://www.PEELinc.com).



## JUMPSTART YOUR RESOLUTIONS

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The New Year is a time for new beginnings and an opportunity to set goals that will strengthen your spirit, mind and body. Reach your new resolutions with us at the Y starting today!

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NOT AVAILABLE ONLINE

# TENNIS TIPS

By USPTA/PTR Master Professional  
Fernando Velasco



## How to execute The Two Handed Backhand Lob

In previous newsletters, I offered tips on how to hit the forehand groundstroke, the two-handed backhand, the one-handed backhand, the forehand volley, the two handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley, the overhead “smash”, the forehand service return, the backhand service return, the forehand high volley approach shot, the two handed high volley approach shot, the one-handed high volley approach shot, and the forehand lob.

In this issue, I will offer instructions on how to execute the Two Handed Backhand Lob. This shot is used when a player is forced to retrieve a ball that is hit deep to the backhand side of the player, and the opponent is either charging to the net or staying far back. The player hitting the lob is looking for “air time” to regain balance and court space. This ball should be hit high enough so the players at the net cannot reach and “slam” the ball down, or force the opponent at the base line to retrieve back. In the illustrations, Marimel Ansdell, a Member of the Grey Rock Tennis Club, shows the proper technique to execute this stroke.

**Step 1:** The Back Swing: When Marimel is forced deep into the backhand side and realizes that she has to hit a defensive lob, she pivots to the left and gets her racket back early. Notice that the head of the

racket is low and her left hand is on the handle of the racket. Her eyes are focused on the path of the ball and her weight is on her left foot.

**Step 2:** The Point of Contact: Marimel is now ready to hit the ball. Her eyes are now focused on the point of contact and the face of the racket is tilted at a 45 degree angle in order to create height and depth on her lob. Her goal is to keep her head still and not start looking up to her opponent or to the other side of the court.

**Step 3:** The Follow Through: The success of a deep lob is the follow through. Marimel’s left wrist is still “laid back” and her shoulder is lifting the racket above her head. Her right hand is holding the racket slightly, but still in control of the racket.

**Step 4:** The Finish: In order to create a natural top spin on the lob, Marimel is now finishing her stroke with the racket behind her right ear. This will make the ball bounce higher and/or force the opponent to hit a tennis ball that is still rotating on the air.

**Step 5:** The Shuffle Back: Once Marimel finishes the stroke, her goal is to either move forward toward the net to hit an overhead, or to shuffle back to the middle of the court in order to drive the next ball back to the opponent. In this caption, she moved back to the center of the court waiting for the opponent’s shot to come back.

*Look in the next Newsletter for: How to execute “The One-Handed Backhand Lob”*



## TRAVELING WITH YOUR PET OVER THE HOLIDAYS?

Here are some tips that will help make  
your drive smooth sailing.



1. Take your pet on short trips prior to the big day to let him get used to traveling by car.
2. Keep your pet safe in a secured, well-ventilated crate or carrier. It should be large enough for your pet to stand, sit, lie down and turn around. Letting him have free range in the car not only puts him at risk, but it also poses a risk to your family if you were to stop suddenly.
3. Never let your dog travel in the bed of a truck. Even if he is secured on a short line to prevent him falling or jumping out, your pet can experience discomfort from the weather and wind or sustain injury from debris.
4. Feed your pet three or four hours prior to departure and avoid giving him any food or treats in the car.
5. Never leave your pet in a parked vehicle, which can quickly become a furnace and cause heatstroke, even with open windows. In cold weather, the car holds the temperature like a refrigerator.
6. Your pet's microchip should be up-to-date and he should be wearing a flat collar and ID at all times.
7. Bring a bowl and extra water in case you get stuck in the inevitable holiday traffic jam!
8. Take lots of breaks to let your pet stretch his legs and relieve himself. It's a great excuse to do some sight-seeing or pick up a fun treat for yourself!

# Make an impact.

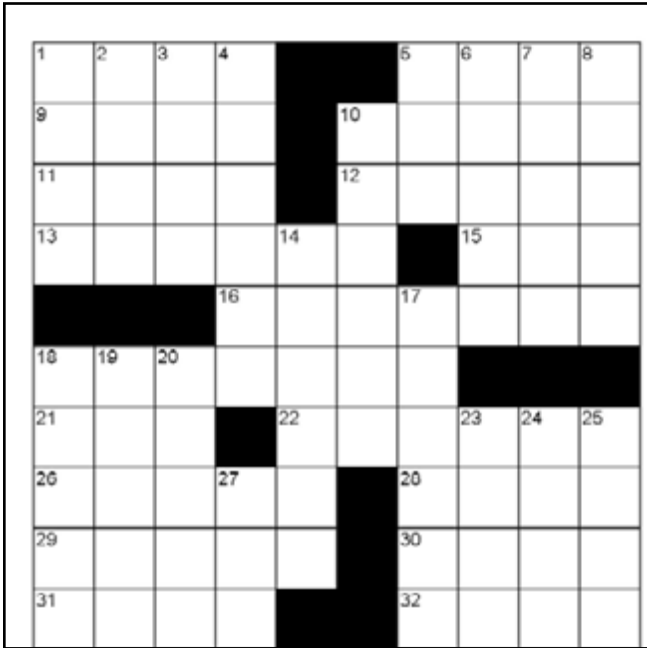
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CROSSWORD PUZZLE



ACROSS

- 1. Charge
- 5. Syrian bishop
- 9. Against
- 10. Landing
- 11. Leaves
- 12. Boom box
- 13. Allure
- 15. African antelope
- 16. Polite
- 18. Leafy green
- 21. Marry
- 22. Esophagus
- 26. Woken
- 28. Goad
- 29. Type of tooth
- 30. Refer
- 31. Posttraumatic stress disorder
- 32. Sieve

DOWN

- 1. Nativity scene piece
- 2. Competition at the Greek games
- 3. Capital of the Ukraine
- 4. Symbol
- 5. Expression of surprise
- 6. Emblem
- 7. Pickle juice
- 8. A ball out of bounds (2 wds.)
- 10. Twist violently
- 14. Ripper
- 17. Strums
- 18. Slough
- 19. Ross \_\_\_\_, philanthropist
- 20. Gods
- 23. Brand of sandwich cookie
- 24. Seaweed substance
- 25. Cabana
- 27. Blue

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## SUDOKU

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	2	1			8			

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The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

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# Don't Let the Flu Stop You

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