

WALDEN Tennis & Fitness NEWS

Walden Family:

Please welcome our newest Tennis Professional to the club, Michael Beatty.

We are excited to add Michael to our excellent team, and look forward to great things from him.

Michael goes by Mike. He is a graduate of Texas A&M



University where he played for the Aggies his final 3 years after transferring from Arizona State. He is from Ohio, but has married a local girl whom he met at A&M. His wife now teaches at AHS, and his mother-in-law is the Pastor at the local United Methodist Church. Mike will be transitioning from the Bryan-College Station area to here. He will initially be working here at Walden every Monday-Friday, plus

continuing to run his High Performance Academy in the BCS area on the weekends. At least once every other month, Mike will be bringing down his Bryan-College Station Academy to take on the Walden Tennis Academy, and we will travel to tournaments together.

Mike's tennis background, credentials, and certifications are strong. He was ranked as high as #13 in NCAA Division 1 Doubles during his play with the Aggies. He is now 27 and after 4 hip surgeries, the last one being at the Mayo Clinic last year,

he is feeling healthier than ever and still looking to play several professional satellites per year. Last year, he played in the US Open Master Series Qualifying Event in Cincinnati. However, his passion and focus have been developing high performance juniors, as well as, hitting and playing with them, and developing the 10 & Under Red, Orange, & Green Ballers who want to become outstanding players early. Mike is involved with both the USPTA & USTA.

Due to our expanding team, we LAUNCHED new programming November 1. We are also excited to announce the launching of an umbrella academy to disseminate training information, coordinate challenge matches, and coordinate a travel team for JTT, Champs Major Zones, and Super Major Zones. This umbrella will be the Competitive Edge Tennis Academy and will Stop by the shop for more details on how our team launches into a new era of personal and program growth here at Walden.

Mike's Intro Lesson & Evaluation Offers:

(1) Call to get a Free 20 minute evaluation from Mike.

(2) Mike's Introductory Lesson Special: Get your first Lesson with Mike at half price... yes that's 50% off. So, instead of \$63 for the hour, it's \$31.50 for a Limited Time Only!! Don't Miss Out!!

h Mike at half is 50% off. So, for the hour, Limited Time liss Out!!

Out Our New ered this week.

Come Check Out Our New Treadmills delivered this week.

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WALDEN MEMBER OF THE MONTH

By Carol Haefling

NOVEMBER MEMBERS OF THE MONTH BILL & CAROL HAEFLING

Bill and I have been residents of Walden since 1986 and golf members since 1993. We enjoy golfing with friends, both new and old. We have seen many changes to the country club and golf course over the past 27 years. A lot of positive things have happened at Walden in the past few years as our Membership has grown and more funds have become available. We are hopeful the best is yet to come.

FROM THE PRO SHOP

Remember to do your holiday shopping at the Walden Pro Shop! All pro shop credit MUST be used before the end of the year!

HOLE IN ONE

Helen Fuelberg had her first Holein-one at Kingwood Country Club, Marsh Course on Hole #5 during Inter Club on October 17.

Thanks Charlie Rudd, Head Golf Professional



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Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 888-687-6444 or *advertising@PEELinc.com*.

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---- a very ----

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New menu in the 19th hole!

Just a few new items include:

Fish Tacos

3 blackened catfish tacos topped with a house made pico de gallo and cilantro slaw

Grilled Chicken Tacos

3 chicken tacos with pico de gallo, cheddar jack cheese, lettuce and guacamole

Pulled Pork Tacos

3 braised pork tacos with pico de gallo and cilantro slaw

Mulligan Burger

Grilled 8 oz. patty topped with shaved prime rib, sautéed mushrooms and onions, swiss cheese, lettuce and tomato on a sweet sourdough roll

Texican Burger

Blackened 8 oz. patty with pico de gallo, queso, lettuce and guacamole on a jalapeno cheddar bun

Buffalo Blue BurgerGrilled 8 oz. patty glazed in franks red hot sauce with blue cheese, lettuce tomato, onion nad blue cheese dressing on a sweet sourdough bun

Come in and see the new menu!

25% off all sandwiches and burgers on Saturdays and great daily specials during the week

Wine dinners, Beer dinners, Tastings contact Tim Canavan - tcanavan@waldencc.com

Fine Dining Fridays - RSVP -menu changes weekly check Facebook for menu on Thursdays

Thursday Prime Rib night - RSVP

New-Year's Eve Early Seating - 5:00 - 7:00 4 course meal prepared by Chef John Quinn with a glass of champagne included- 39.95 per person RSVP only -

New Years Eve Ball - 9:30 - 1:00

50.00 per person inclusive - Heavy Hors D'ourves, two drink tickets, dancing, champagne toast and more RSVP and semi formal attire required



Walden Holiday Hours & Special Events

DECEMBER

22nd Breakfast with Santa – 10:00AM 1:00PM
23th Club will be open but the Kitchen closes @ 4:00PM
24th Club will be open until 2:00PM
25th Club Closed
29th Sunday Brunch 10:00AM – 1:00PM
31st New-year's eve party 8:00pm – 1:00AM

DECEMBER MEETING

The Lake Houston Ladies Club will have their luncheon and meeting on Tuesday, December 17, 2013 beginning at 10:00 a.m. at the Walden Country Club, 18100 Walden Forest, Humble TX 77346. This month we will be serenaded by the Richmond Carolers who will get us into the holiday spirit with their Victorian Christmas Presentation. The Lake Houston Ladies Club is a social organization that welcomes new members from all surrounding areas to join and offers several avenues for individual interest. They include: Readers Choice, Bridge, Bunco, Mah Jongg, Lunch and Look, Movie Group, Supper Club. Please join us. New members are always welcome. Please call Carol at 832-671-4475 for more information and for reservations call by Friday, December 13, 2013 by 5:00 p.m.



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Won't You be my Nextdoor.com Neighbor?

By David Smith

Is this just another social network? Nextdoor, which went live October 26, 2011, helps citizens strengthen local ties and enhance neighbor-to-neighbor communication.

Weird right? Yes, a way to interact with your ACTUAL, geographic, humanoid neighbors.

Think of what you're used to in your local neighborhood community. Signs posted around a community with contact information, perhaps fliers to notify residents of issues and concerns. Until now, it has been mostly low-tech stuff.

Nextdoor, a private and free social network aimed at connecting people in neighborhoods, has a different take. The company, in addition to their Nextdoor.com website, has unveiled a mobile app for iPhone and Android, essentially a way for residents of communities to stay in close, constant communication on issues specific to their homes, directly from their smartphones.

Unlike existing networks, however, Nextdoor isn't about sharing things like what new band you listened to, or what type of omelet you had for breakfast. It prioritizes utility over recreation. So, in a typical Nextdoor stream, you'll likely see posts about local garage sales, want ads for babysitters or rooms for rent. And each node of shared information is relegated strictly to the confines of your specifically drawn neighborhood or surrounding neighborhoods, so, in theory, you're only in contact with people that would actually find this information useful.

Before registering an account, prospective users verify their home address. Verification methods include confirming a code mailed or phoned to the prospective user, as well as other options. Simply put, I was won over by the verification process. After going through the account activation process which includes a combination of identity checks, I am fairly certain that people

are who they say they are and live where they say they live. Of course, there is always a chance that this kind of info can be abused, but after using it for a while, this concern has been alleviated for me.

What are some of the type of information you may see in Nextdoor?

- EVENTS Residents can use Nextdoor to coordinate garage sales and other community events. People can also use it for announcements about neighborhood meetings, block parties, service referrals, etc.
- SAFETY Every community will have people who are a little too eager to get up into people's business, but when it comes to safety issues and crime, I have found the posts very helpful. I have been alerted to waves of home break-ins, crime locations, etc. I have found them in no way alarmist, but shared as general info to factor in as we live and move in our neighborhood.
- PETS I know this one seems a little less important to some, but each time I see a "Have you seen my lost X?" post, I watch out a little more, and I'm sure others would as well, if they were alerted to it. There is always room for reporting found animals as well.
- COMMUNITY Overall, the best thing about Nextdoor has been that I have felt a little more connected to my local community. Meeting folks via Nextdoor and then eventually in person has further connected me with the actual people who live right around us.

In the end, I believe Nextdoor can be a catalyst for our neighborhood to begin acting like an actual . . . neighborhood. If you decide to join, I think that you too will find it as useful as I have.



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TENNIS TIPS

By USPTA/PTR Master Professional Fernando Velasco













How to execute The Two Handed Backhand Lob

In previous newsletters, I offered tips on how to hit the forehand groundstroke, the two-handed backhand, the one-handed backhand, the forehand volley, the two handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley, the overhead "smash", the forehand service return, the backhand service return, the forehand high volley approach shot, the two handed high volley approach shot, and the forehand lob.

In this issue, I will offer instructions on how to execute the Two Handed Backhand Lob. This shot is used when a player is forced to retrieve a ball that is hit deep to the backhand side of the player, and the opponent is either charging to the net or staying far back. The player hitting the lob is looking for "air time" to regain balance and court space. This ball should be hit high enough so the players at the net cannot reach and "slam" the ball down, or force the opponent at the base line to retrieve back. In the illustrations, Marimel Ansdell, a Member of the Grey Rock Tennis Club, shows the proper technique to execute this stroke.

Step 1: The Back Swing: When Marimel is forced deep into the backhand side and realizes that she has to hit a defensive lob, she pivots to the left and gets her racket back early. Notice that the head of the

racket is low and her left hand is on the handle of the racket. Her eyes are focused on the path of the ball and her weight is on her left foot.

Step 2: The Point of Contact: Marimel is now ready to hit the ball. Her eyes are now focused on the point of contact and the face of the racket is tilted at a 45 degree angle in order to create height and depth on her lob. Her goal is to keep her head still and not start looking up to her opponent or to the other side of the court.

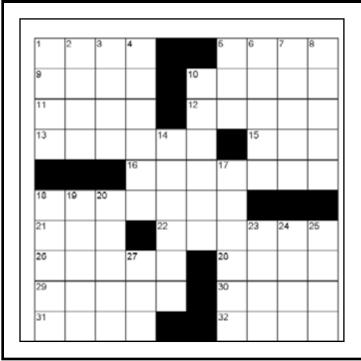
Step 3: The Follow Through: The success of a deep lob is the follow through. Marimel's left wrist is still "laid back" and her shoulder is lifting the racket above her head. Her right hand is holding the racket slightly, but still in control of the racket.

Step 4: The Finish: In order to create a natural top spin on the lob, Marimel is now finishing her stroke with the racket behind her right ear. This will make the ball bounce higher and/or force the opponent to hit a tennis ball that is still rotating on the air.

Step 5: The Shuffle Back: Once Marimel finishes the stroke, her goal is to either move forward toward the net top to hit an overhead, or to shuffle back to the middle of the court in order to drive the next ball back to the opponent. In this caption, she moved back to the center of the court waiting for the opponent's shot to come back.

Look in the next Newsletter for: How to execute "The One-Handed Backhand Lob"

CROSSWORD PUZZLE



ACROSS

- 1. Charge
- 5. Syrian bishop
- 9. Against
- 10. Landing
- 11. Leaves
- 12. Boom box
- 13. Allure
- 15. African antelope
- 16. Polite
- 18. Leafy green
- 21. Marry
- 22. Esophagus
- 26. Woken
- 28. Goad
- 29. Type of tooth
- 30. Refer
- 31. Posttraumatic stress disorder
- 32. Sieve

DOWN

- 1. Nativity scene piece
- 2. Competition at the Greek games
- 3. Capital of the Ukraine
- 4. Symbol
- 5. Expression of surprise
- 6. Emblem
- 7. Pickle juice
- 8. A ball out of bounds (2 wds.)
- 10. Twist violently
- 14. Ripper
- 17. Strums
- 18. Slough
- 19. Ross , philanthropist
- 20. Gods
- 23. Brand of sandwich cookie
- 24. Seaweed substance
- 25. Cabana
- 27. Blue

View answers online at www.peelinc.com

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TOP FIVE MISTAKES TO AVOID IN DONATING TO TYPHOON HAIYAN RELIEF

BBB WISE GIVING ALLIANCE OFFERS CONTRIBUTION CAUTIONS FOR DONORS

As the public's attention and hearts are focused on the devastation caused by Typhoon Haiyan, BBB Wise Giving Alliance advises donors to take steps to avoid being taken by questionable solicitors or wasting their money on poorly managed relief efforts. The typhoon that hit the Philippines over the weekend, described as the most powerful in the world this year, has destroyed an entire town. More than 10,000 are feared dead.

"When we see the horrific results of a natural disaster, we want to help quickly," notes H. Art Taylor, president and CEO of the BBB Wise Giving Alliance. "But donors sometimes forget to follow common sense. As with all charitable giving, we are advising donors to do some research first. Find out what individual charities are doing and the time frame of their work. Donors who know what to expect from the charities they support are less likely to question the benefit of their gifts."

BBB Wise Giving Alliance cautions donors to avoid the following five giving mistakes when making disaster relief donations:

MISTAKE 1: MAKING A DONATION DECISION BASED SOLELY ON CHARITY'S NAME.

Charities ranging from well-known emergency relief organizations to organizations experienced in reconstruction will likely be soliciting for various relief assistance efforts. Make sure the appeal specifies how the charity will help. If it does not, visit the charity's website. Also, watch out for charity names that include the name of the disaster – it could be a start-up group with little experience or a questionable effort seeking to gain confidence through its title.

MISTAKE 2: COLLECT CLOTHING AND GOODS WITHOUT VERIFYING THAT ITEMS CAN BE USED.

Unless you have verified that a charity is in need of specific items and has a distribution plan in place, collecting clothing, food and other goods may end up being a wasted effort. Relief organizations often prefer to purchase goods near the location of the disaster to help speed delivery and avoid expensive long distance freight costs. Also, sending non-essential items may actually slow down the charity's ability to address urgent needs.

MISTAKE 3: SENDING DONATIONS TO INEXPERIENCED RELIEF EFFORTS

Good intentions alone are not enough to carry out relief activities effectively. If the charity has not previously been involved in disaster relief, or does not have experience in assisting the overseas nation(s) that have been impacted, this likely will hamper their ability to work well in the affected areas.

MISTAKE 4: RESPONDING TO ONLINE & SOCIAL MEDIA APPEALS WITHOUT CHECKING

Don't let your guard down just because the appeal is online. Don't assume that since a third-party blog, website or friend recommended a relief charity that it has been thoroughly vetted. Check out the charity's website on your own.

MISTAKE 5: DONATING WITHOUT DOING YOUR HOMEWORK

Find out if a charity meets recognized accountability standards. If you want assurance that the charity is transparent, accountable, and well managed, see if it meets the BBB Wise Giving Alliance's 20 "Standards for Charity Accountability" by visiting give.org. The following 25 organizations are BBB Accredited Charities (i.e., meet all 20 BBB Standards for Charity Accountability) that have announced on their website that they are accepting donations for typhoon relief activities. Donors are encouraged to visit the charities' websites to find out more about the nature of the assistance they are providing. Some are engaged in immediate relief while others are focused on longer term recovery efforts. This list does not include all of the charities involved in typhoon relief. Visit give.org if the organization you are considering is not on this list.

Adventist Development and Relief Agency International AmeriCares Foundation

American Jewish Joint Distribution Committee

American Red Cross

Catholic Relief Services

ChildFund International

Children International

Direct Relief International

Episcopal Relief and Development

Feed The Children

GlobalGiving Foundation

Habitat for Humanity International

Heifer International

International Medical Corps

Lutheran World Relief

MAP International

Mercy Corps

Operation USA

Oxfam America

Plan International USA

Save the Children Federation

The Salvation Army

United States Fund for UNICEF

World Food Program USA

World Vision

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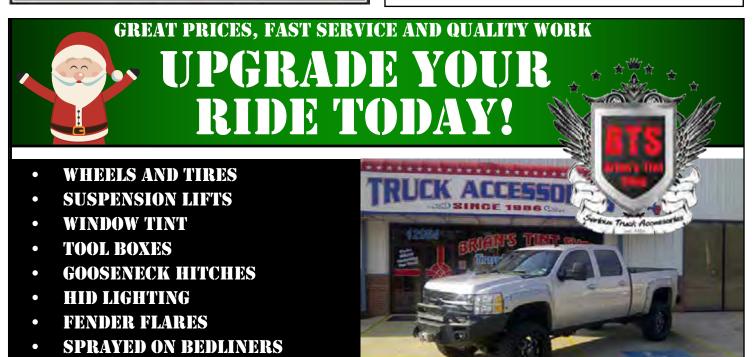




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WAI

11 Reasons to List During the Holidays

- 1. People who look for a home during the Holidays are more serious buyers!
- 2. Serious buyers have fewer houses to choose from during the Holidays and less competition means more money for you!
- 3. Since the supply of listings will dramatically increase in January, there will be less demand for your particular home! Less demand means less money for you!
- 4. Houses show better when decorated for the Holidays!
- 5. Buyers are more emotional during the Holidays, so they are more likely to pay your price!
- 6. Buyers have more time to look for a home during the Holidays than they do during a working week!
- 7. Some people must buy before the end of the year for tax reasons!
- 8. January is traditionally the month for employees to begin new jobs. Since transferees cannot wait until Spring to buy, you must be on the market now to capture that market!
- 9. You can still be on the market, but you have the option to restrict showings during the six or seven days during the Holidays!
- 10. You can sell now for more money and we will provide for a delayed closing or extended occupancy until early next year!
- 11. By selling now, you may have an opportunity to be a non-contingent buyer during the Spring, when many more houses are on the market for less money! This will allow you to sell high and buy low!

THE Tracy Wontgomery TEAM



Sandy Beatte Cell: 713.503.8110 **Tracy Montgomery** Cell: 713.825.5905

Denise Hernandez Cell: 832.788.2265

If you know of someone who would appreciate the level of service my Team provide, please call me with their name and business number. I'll be happy to follow up and take great care of them.

KELLER WILLIAMS. NORTHEAST

Your Neighborhood Realtors

281.812.8265 www.tracysoldit.com tracy@tracysoldit.com 20665 W Lake Houston Parkway Humble, TX 77346

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