

gacy of Giving a

A Legacy of Giving, a local nonprofit that teaches children the value of philanthropy as part of their school curriculum, announced the results of this year's Day of Service food and clothing donation drive. A Legacy of Giving students from 36 Austin-area schools raised more than 47,496 pounds of food and more than 3,700 coats for Central Texas charities.







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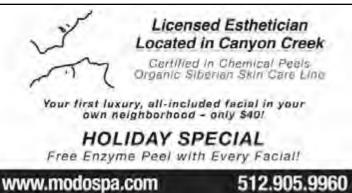
(clockwise from top) Students from 36 Austin-area schools participated in a food and clothing drive to raise donations for Capital Area Food Bank and Coats for Kids this season. A Legacy of Giving is a local nonprofit that teaches children the value of philanthropy as part of their school curriculum.

Central Texas students raised more than 47,400 pounds of food and 3,700 coats for the Capital Area Food Bank and Coats for Kids. The donation drive was student-led through participation in A Legacy of Giving.

Austin-area students from the Legacy of Giving program cheer for philanthropy during the Day of Service celebration last week.







WOW, What's Happening With My Home?

Submitted by Bryan Webb

You probably know someone in your neighborhood that sold their home in 2013. You might be asking yourself, what is happening in the real estate market and what can I expect for the future? Overall, the news is going to be a positive message that you will want to hear. The interesting part is why it's happening and is it going to continue?

This past week, I attended the annual economic forecast produced by the Angelou Economics Group here in Austin. For 29 years, Angelos Angelou has been analyzing a number of key metrics, talking to city leaders and reporting the results each year, which can directly track to 'what's happening in Austin'.

If you talk to people around the country, many of them either wants to move to Austin or visit Austin. We are known as a great place to live, have lots of entertainment, and still are an affordable place to live. We are becoming an 'Entertainment Hub' with events that have an incredible impact on our economy. Here are a few of the key events:

• Austin City Limits - economic impact of \$105M

• South by Southwest - economic impact of \$218M

 \bullet Formula 1 and Moto GP - economic impact of 400M-5500M

The total of these three events is considered the equivalent to about one third of the economic impact of the Super Bowl. Austin will also be hosting the X Games beginning in 2014.

First and foremost, Austin is one of the shining stars in the US Economy for many reasons. Here are a few key reasons:

• Job Growth: Austin added 27,200 jobs in 2013, the forecast for 2014 is 28,900 and 2015 is 30,400. Many of these jobs are in high paying areas such as Professional Services.

• Population Growth: Austin population grew by 54,000 in 2013 and is estimated to increase by 57,000 in each of the next two years.

• New Business Formation: This is a leading indicator of job and population growth in future years. In 2013, over 1,000 new businesses were started in Austin.

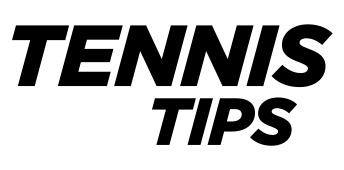
No review of the city would be complete without the mention of Google Fiber coming to Austin. With Internet speeds topping 1GB, download speeds will be increased by 100X and upload speeds will be increased by 500X. It isn't even known which types of industries and applications may be created from this incredible improvement to Internet performance. While the impact can't be forecasted, it is clear that Austin Entrepreneurs will capitalize on the capabilities with the creativity that has always been at the heart of the Austin Technology Sector.

Were there any concerns about the future of Austin? The two primary concerns addressed were the local traffic issues and congestion and a more national view of issues facing our country. However, the positive things in Austin far outweigh these concerns. If you have any questions about your home or the real estate market, always reach out to a local real estate professional for guidance.



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CANYON CHRONICLE



By USPTA/PTR Master Professional Fernando Velasco





How to execute The Two Handed Backhand Lob

In previous newsletters, I offered tips on how to hit the forehand groundstroke, the two-handed backhand, the one-handed backhand, the forehand volley, the two handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley, the overhead "smash", the forehand service return, the backhand service return, the forehand high volley approach shot, the two handed high volley approach shot. the one-handed high volley approach shot, and the forehand lob.

In this issue, I will offer instructions on how to execute the Two Handed Backhand Lob. This shot is used when a player is forced to retrieve a ball that is hit deep to the backhand side of the player, and the opponent is either charging to the net or staying far back. The player hitting the lob is looking for "air time" to regain balance and court space. This ball should be hit high enough so the players at the net cannot reach and "slam" the ball down, or force the opponent at the base line to retrieve back. In the illustrations, Marimel Ansdell, a Member of the Grey Rock Tennis Club, shows the proper technique to execute this stroke.

Step 1: The Back Swing: When Marimel is forced deep into the backhand side and realizes that she has to hit a defensive lob, she pivots to the left and gets her racket back early. Notice that the head of the

racket is low and her left hand is on the handle of the racket. Her eyes are focused on the path of the ball and her weight is on her left foot.

Step 2: The Point of Contact: Marimel is now ready to hit the ball. Her eyes are now focused on the point of contact and the face of the racket is tilted at a 45 degree angle in order to create height and depth on her lob. Her goal is to keep her head still and not start looking up to her opponent or to the other side of the court.

Step 3: The Follow Through: The success of a deep lob is the follow through. Marimel's left wrist is still "laid back" and her shoulder is lifting the racket above her head. Her right hand is holding the racket slightly, but still in control of the racket.

Step 4: The Finish: In order to create a natural top spin on the lob, Marimel is now finishing her stroke with the racket behind her right ear. This will make the ball bounce higher and/or force the opponent to hit a tennis ball that is still rotating on the air.

Step 5: The Shuffle Back: Once Marimel finishes the stroke, her goal is to either move forward toward the net top to hit an overhead, or to shuffle back to the middle of the court in order to drive the next ball back to the opponent. In this caption, she moved back to the center of the court waiting for the opponent's shot to come back.

Look in the next Newsletter for: How to execute "The One-Handed Backhand Lob"





Monday, April 28, 2014 Grey Rock Golf Club 7401 Hwy 45; Austin, TX 78739

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Tell Your Family's Story with Thoughtful Home Decorating

Submitted by Gary Gentry

Have you ever walked into a home, looked at something that caught your eye, and thought, "Wow, that is so cool"? After you noticed some unique piece of art, a wall of photos or a travel keepsake, you probably turned to the owner of the home and said, "Tell me the story behind that". Decorating by focusing on your family's interests and unique style will not only create a warmer, more comfortable place to come home to, but also invite visitors to ask questions and get to know you a little better.

For the creative type, this may come easily. My friend's daughter recently took an old window from her shed, refinished it, added hooks and hung it on the wall as a coat rack. When someone asks her about it, she tells them, not only about the window, but also the history of the shed that she removed and replaced with a newly constructed garage.

Even if you don't have the time or patience for more in-depth craft projects, you probably do have time for some basic but unique design projects. Everyone has a stack of photos that are stored away in a closet, never to be looked at again. Why not choose 10 or 15 of your favorite photos, pick up matching black 8x10 frames and hang the photos staggered on a wall that guests will notice when they come over. It creates an instant conversation starter and invites storytelling on both sides.

The next time you are on a trip, instead of buying the t-shirt souvenir, look for something more unique. In foreign countries this might be a small statue, a wall-hanging, or a beautiful piece of pottery. If you're on a beach vacation, maybe you take a collection of beach findings and place them in a pretty glass jar. When you finish a bottle of your favorite wine, consider repurposing it into a lamp by putting string lights in the bottle and using it as a nightlight in the bathroom or hall.

Decorating should be stylish, tasteful & functional, but it should also include an element of you and your family. Let your home tell a story by choosing decorative items that have meaning, bring warmth and invite conversation.



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CANYON CHRONICLE

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