

# Canyon Creek CHRONICLE

FEBRUARY 2014

VOLUME 8 ISSUE 2

## BIRDIES FOR BIKES Junior Charity Golf Tournament

River Place Country Club was the site in November of the third annual Birdies for Bikes Junior Charity Golf Tournament, a tournament for young golfers ranging in age from six through seventeen years. The tournament drew junior golfers from San Antonio in the south to Round Rock in the north and Pflugerville in the east to Bee Cave and Marble Falls in the west. The Birdies for Bikes tournament works in conjunction with the Mix 94.7 Bikes for Kids charity. In its short three year history, Birdies for Bikes has raised more than \$22,000 to help fund bicycles, helmets and bike locks as Christmas or Hanukkah gifts for underprivileged children of Central Texas.

The young Birdies for Bikes golfers solicit donations and pledges from family, friends and neighbors for the birdies and pars that they make during tournament play. This year the tournament raised \$10,759.

Tournament founder Hailey Derrickson solicited donations from local businesses. Supporters of the tournament with cash donations as hole sponsors included Financial Solutions (Life Insurance, Retirement and Estate Planning), Field Photography, Jill Briley of Private Label



**Hailey Derrickson presenting check to Alex Franco and Sarah Osburn of Mix 94.7.**

Realty, NFP (Benefits, Insurance and Wealth Management), Paula Kaisner of CruiseOne Dream Vacations and several individual families. Many businesses donated prizes for the junior golfers that collected the most money for the charity, for closest-to-the-pin competitions and for raffle drawings. These donors included Strait Music with a guitar which was later autographed by The Plain White T's band, Alamo Drafthouse, Austin Park, Biejo Bags, Big Frog Custom T-Shirts, Brighton Collectibles (Lakeline Mall), Chili's Restaurant, Cinemark Theatres, Crowned Chick Designs, Cups and Cones, Flores Restaurant, Lake Travis Zipline Adventures, Main Event, Menchie's, Moviehouse &

Eatery, Oasis Restaurant, Papa Murphy's, P. Terry's, Round Rock Express, San Antonio Spurs, Subway Restaurants of Four Points and Lakeway, Target of Four Points, Texas Junior Golf Tour, Texas Stars hockey, The League Kitchen & Tavern, Top Golf, Volente Beach Waterpark and Zack's American Bistro. Many thanks to these very community oriented businesses that helped the young Birdies for Bikes golfers prove that kids can help other kids less fortunate than themselves.

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Hudson Bend Fire and EMS

### SCHOOLS

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### UTILITIES

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Emergencies.....512-370-8609  
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New Service.....1-800-464-7928  
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Time Warner Cable  
Customer Service.....512-485-5555  
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### OTHER NUMBERS

Balcones Postal Office .....512-331-9802

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## DON'T WANT TO WAIT FOR THE MAIL?

View the current issue of *The Canyon Chronicle* on the 1st day of each month at [www.peelinc.com](http://www.peelinc.com)



## Bartlett Real Estate Group Coordinates 4th Annual Blood Drive

February is Heart Month and The Bartlett Real Estate Group is calling on their community to help replenish The Blood and Tissue Center of Central Texas. The Blood Center of Central Texas will have a Bloodmobile bus in The Bartlett Real Estate Group parking lot Saturday February 22th from 10:00am – 12:30 pm. Their office is conveniently located in the Four Points area next to the Boathouse Grill at 6816 RR 620 N. Refreshments will be provided by their Corporate Sponsor Four Points Chamber of Commerce.

The Bartlett Real Estate Group and the Chamber encourages you to come and donate to this very worthwhile cause. It only takes a few minutes to donate blood and help save many lives. According to the Blood and Tissue Center, those who donate quarterly could potentially save as many as 8 lives per year. Every drop counts.

The Bartlett Real Estate Group of Keller Williams is one of the most successful real estate groups in Austin and is a partnership of top producing agents who are dedicated to community involvement.

For more information please contact Shannon Kramer at 512.658.0720.

## Explore the World Without Leaving Home!

*Host an international exchange student through Ayusa. Learn the true heart and soul of a culture!*

Ayusa is a non-profit high school foreign exchange student organization. We welcome teenagers from over 60 countries worldwide and provide host family placement and ongoing supervision for 5 and 10 month academic programs. These exceptional young people look forward to a warm bond of friendship with your family and a rewarding cultural exchange. Host families are asked to

- provide meals
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Ayusa is currently accepting applications for the 2013/2014 program year. Visit our website to fill out your online application – the schools in our area have limited spots available for exchange students, so act now! All across the world, Ayusa students are eagerly awaiting their host family placement. Please call today and begin the adventure of a lifetime!

Visit our website at [www.ayusa.org](http://www.ayusa.org) or call us at (888) 552-9872. You can also contact our local representative Vicki Odom at [vodom@ayusa.org](mailto:vodom@ayusa.org) or call 832-455-7881 for more information as well.





# - Kids Stuff -

Section for Kids with news, puzzles, games and more!



## The Story on Scars

Holly loved nothing more than riding her bike. But one day, she missed a curb and hit the pavement - splat! Now her knee was scraped and her elbow was cut. Her brother Darren helped Holly up and used his T-shirt to dab at the blood on her elbow. "Wow," he said, "You're probably going to have a huge scar."

### WHAT EXACTLY IS A SCAR?

A scar is the pale pink, brown, or silvery patch of skin that grows in the place where you once had a cut, scrape, or sore. A scar is your skin's way of repairing itself from injury. Look at your skin. You probably have one or two scars already. Most people do. Why? Because a lot of things leave behind scars - from falls, like the one Holly had, to surgeries.

Scars are part of life and they show what you've been through. For some people, scars are special. A kid in your class might have a scar on his chest because he had heart surgery as a baby. Or you might have a scar from the chicken pox. Centuries ago, warriors showed off their scars as symbols of their bravery and to impress their friends with the exciting tales about how each one happened. Do any of your scars have a story?

### HOW DO I GET A SCAR?

No matter what caused your scar, here's how your skin repaired the open wound. The skin sent a bunch of collagen (say: ka-leh-jen) - tough, white protein fibers that act like bridges - to reconnect the broken tissue. As the body did its healing work, a dry, temporary crust formed over the wound. This crust is called a scab.

The scab's job is to protect the wound as the damaged skin heals underneath. Eventually, a scab dries up and falls off on its own, leaving behind the repaired skin and, often, a scar.

A scar isn't always a sure thing, though. "It's not so much how deep or severe a wound is that determines whether a scar will form, but rather the location of the wound and that person's genetic [inherited] tendency to form scars," says Brian Flyer, a doctor from California.

In other words, certain people tend to get scars more easily, and scars are more likely to form after wounds on certain parts of the body.

### HOW DO I PREVENT A SCAR?

Of course, the best way to prevent scars is to prevent wounds! You can reduce your chances of getting hurt by wearing kneepads, helmets, and other protective gear when you play sports, ride your bike, or go in-line skating. But even with protective gear, a person can still get hurt once in a while. If this happens, you can take steps to prevent or reduce scarring. You can help your skin heal itself by treating it well during the healing process.

How do you do that? Keep the wound covered as it heals so you can keep out bacteria and germs. Avoid picking at the scab because it tears at the collagen and could introduce germs into the wound. Some doctors say vitamin C (found in oranges and other citrus fruits) helps by speeding up the creation of new skin cells and the shedding of old ones. Also, some people believe rubbing vitamin E on the wound after the scab begins forming can aid the healing process. Your parent can talk to your doctor about whether you should try this.

### SO LONG, SCARS!

Some scars fade over time. If yours doesn't and it bothers you, there are treatments that can make a scar less noticeable, such as skin-smoothing medicated creams, waterproof makeup, or even minor surgery. Talk to your parent and doctor to find out if any of these treatments would be right for you.

Sometimes the best medicine might just be to talk. Tell your parent or doctor what's bothering you about your scar and how you feel on the inside. Because when the inside feels good, the outside always seems to look better!

Updated and reviewed by: Patrice Hyde, MD • Date reviewed: January 2007

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit [www.KidsHealth.org](http://www.KidsHealth.org) or [www.TeensHealth.org](http://www.TeensHealth.org). ©1995-2006. The Nemours Foundation



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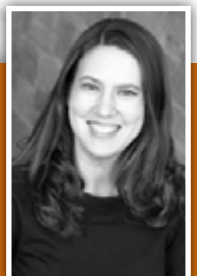
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