



Newsletter for the Citizens of Lakeway

Lakeway VOICE

Volume 6, Issue 2
February 2014

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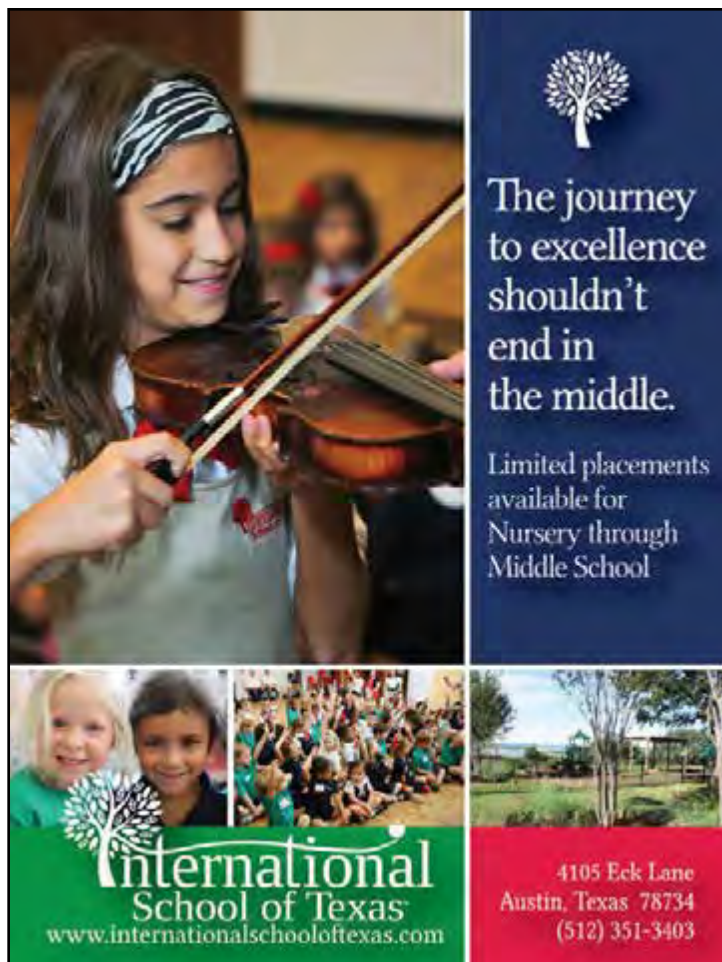
ADVERTISING INFO

Please support the advertisers that make Lakeway Voice possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The Lakeway Voice is mailed monthly to all Lakeway residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for The Lakeway Voice please email it to lakeway@peelinc.com. The deadline is the 15th of the month prior to the issue.



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Lake Travis Postal Office.....	512-263-2458
Lakeway City Hall.....	512-314-7500
City of Lakeway	www.lakeway-tx.gov

NEWSLETTER PUBLISHER

Peel, Inc.	512-263-9181
Editor.....	lakeway@peelinc.com
Advertising.....	advertising@peelinc.com

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Do you take great photos?

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Lakeway Voice. All photos submitted must represent Lakeway. Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to lakeway@peelinc.com. Portrait (vertical) photos work best.

This month's cover photo is an aerial view of The Reserve at Lake Travis property circa 2007. Current residents of The Reserve still enjoy the 3.5 miles of pristine shoreline, and lush landscape, but now take full advantage of world class amenities like a lazy river pool and spa, full service equestrian center, state-of-the-art marina and Cypress Club Lodge.

By submitting your photo you agree to allow your photo to be published in future issues of the Lakeway Voice or other Peel, Inc. publications.

Call 512-263-9181 to find out how to have your business featured on the cover of the Lakeway Voice.

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RUN FOR A PURPOSE

Run for a Purpose breaks new ground in charity runs

A Texas-based organization devoted to raising awareness and funds for lung cancer research is organizing a charity run in Lakeway on Sunday, March 2nd.

Run for a Purpose, organized by Rexanna's Foundation for Fighting Lung Cancer, is the lung cancer movement's efforts to make as much progress for lung cancer as the Race for the Cure has done for breast cancer. Run for a Purpose is the only run in the metroplex whose proceeds stay in Texas, either going to scholarships or research at M.D. Anderson Cancer Center in Houston.

Being a volunteer run foundation, over 90% of funds raised for the race will go to lung cancer research at M.D. Anderson Cancer Center and the foundation's T.E.A.M. scholarships that benefit high school students who have been personally affected by cancer. Rexanna's Foundation has raised more than \$125,000 for lung cancer research in the past two years, a groundbreaking amount for a cancer that has been largely overlooked.

The race is about more than raising money. Raising awareness about the disease is a central goal of the foundation. Although lung cancer kills more people than breast, prostate and colon cancers combined, lung cancer receives scant attention or funding for research, which is why events like the Run for a Purpose are so important.

"After learning about the devastating facts about lung cancer, there was not a doubt in my mind that something needed to be done to raise awareness and money for this deadly disease," said Lindsey

A poster for the 'Run for a Purpose' charity run. At the top, it says 'Presented by Lake Travis ISD, HOSA, FCA & Track Teams'. The main title 'Run for a Purpose' is in a large, hand-drawn font, with 'TO FIGHT LUNG CANCER' in smaller red letters below it. The poster features silhouettes of runners and a circular logo for 'REXANNA'S FOUNDATION' with the tagline 'BUDDLE UP FOR THE CURE'. Pricing is listed as '\$25 - 5K' and '\$10 - Kid's K'. The event details '5K AND KID'S K' and 'MARCH 2, 2014 LAKEWAY, TEXAS' are prominently displayed in a red and black box. At the bottom, it says 'Sign Up Today at www.runforapurpose.com'.

Vaughn, race organizer and an honorary board member of the foundation. "I am going to 'Run for a Purpose,' to run for those who cannot, to stay healthy, to raise awareness about lung cancer and to contribute financially to lung cancer research."

A major challenge to raising awareness is a sad statistic: Most people who get lung cancer die, leaving few survivors to pursue the cause. Only 15 percent of people diagnosed with lung cancer live for five years. For breast cancer, that number is 88 percent.

Former Lake Travis Middle School Athletic Director Rexanna Hawkins, 49, died in 2006 from the disease – just two months after her diagnosis. Rexanna's competitive spirit, hope and warm heart impacted everyone she met, so it was no surprise that in the two short months of her cancer fight that she inspired her doctor, Dr. Daniel Karp, at M.D. Anderson, who now serves on the foundation's board.

Run for a Purpose is chip timed. The race includes a kids race, which starts at 8 a.m. and a 5K that begins at 8:30 a.m. on

Sunday, March 2nd at the intersection of Highlands Blvd. and Trophy Drive, near the Lakeway Swim Center. For runners who register before Feb 14th, the 5K run registration is \$25, \$10 for the KidsK. After Feb 14th, the cost will be \$30. No late fee is associated with the kids run. For more information and to register, visit www.runforapurpose.com.

"We believe having a 5K event will be a great way to get the community involved, raise awareness and give back to lung cancer research as well as to student scholarships," Vaughn said.

Around Lakeway



Everyone is invited to attend a free Community Health Fair on Saturday, February 15, 10 AM-2 PM. The Fair, sponsored by Emmaus' Parish Nursing Ministry, will be held in the Parish Life Center of Emmaus Catholic Church at 1718 Lohmans Crossing in Lakeway. Attendees will have the opportunity to meet local healthcare professionals, as well as representatives from various social and community agencies. Participants will receive valuable health related education for the entire family and information about community resources. Blood pressure and blood glucose screening will be available. Activities for children will also be provided. Have a healthy 2014! See you at the Fair on Saturday, February 15!



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LAKEWAY VISITORS COMMISSION LAUNCHES **COMMUNITY SURVEY**

Lakeway Visitors Commission launched an online Community Survey today to incorporate public input into the city's Brand Lakeway Project. The free, online-only survey asks participants about Lakeway's amenities and attractions in an effort to better understand how the city is viewed in the eyes of those who live and work in the community.

The survey is only available at www.surveymonkey.com/s/LakewayCommunity through Feb. 15. It will take about 15-20 minutes to complete.

"We want to find out what residents, business owners and visitors love about Lakeway," said Sandy Cox, chairwoman of the Lakeway Visitors Commission. "It's a great opportunity for everyone to have their voice heard."

The commission is about halfway through the city's branding process that consulting firm North Star Destination Strategies is conducting. North Star has collected input from several key leaders and focus groups. Additionally, they viewed and experienced assets in and around Lakeway during trips in December 2013. Survey responses will generate more specific data to be used for the branding initiative, yet respondents will remain anonymous.

"Ultimately, this information will be used with quantitative market data to develop the brand message for Lakeway," Cox explained. "We would love participation from the whole community."

For information about the Brand Lakeway Project or the Lakeway Visitors Commission, email Cox at LVC@lakeway-tx.gov.

THE OAKS



Concept plans and artist's renderings were presented on January 8th. The Oaks at Lakeway Downtown Center site is located at on Ranch Road 620 and Glen Heather Drive. What do you think about the proposed downtown center? Email Lakeway@peelinc.com and let us know!

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Around Lakeway

Lakeway-Hills Solos

Thurs Feb 6th, Fri Feb 7th, Sat Feb 8th, Mon Feb 10th. Watch LTHS's musical production of The 25th Annual Putnam County Spelling Bee. Call Yvonne Connell and tell her which night you prefer. She'll then work out the details. This is one of the high school's fundraisers so you might consider donating a few dollars.

Mon Feb 10th. Games Mah Jong 2:00 – 5:00p @ LAC then EAT The League on 620 after. NO carpool. Call Mary Ann Griesman.

Wed Feb 12th: Lunch Bunch - TBA - Carpool - Call TBA

Thurs Feb 20th: Tour Bee Cave Sculpture Park. Carpool LAC 11:00am Eat Rosie's Tamale's on Hwy71 after tour. Call Jacquie Banks 512.638.0484

Fri Feb 21st: eat first and then Games Bridge & Dominoes @ LAC 7pm. NO carpool. Eat at Pao's (near Chair King & Tuesday Mornings), 5:15pm, Call Jo Kirk 512.261.7703 or Eat at The Grille, Rough Hollow, 5:00pm, Call Phyllis Ligon 512.261.6960

Wed Feb 26th: Dining Out Verde's Mexican Parrilla, 16018 Hamilton Pool Rd Carpool LAC 5:30 pm \$1/ea gas. Call Pam Murray.

SAVE-THE-DATES

Please RSVP early as tickets go quickly and/or plans need to be made!

Thurs Jan 9th & Feb: Brown Bag Lunch noon – 1pm free at LAC

Sun Jan 19th, Sun Feb 16th, Mar 16th: Viewpoint Speaker Series at LAC

Thurs Mar 6th 2014 Esther's Follies 6th Street Eat at Carmello's before Carpool LAC 5:15pm. Mail \$24 check payable to Esther's Follies to Mary Ann Griesman, 104 Spellbrook Lane by Feb 20th.

Thurs Mar 20th 2014 Tour San Antonio's River Walk (old part, through locks to new part) \$143 check payable SJO-PRO Tours. LAC bus departs 8:00a; Coffee in Blanco; tour McNay Museum; lunch at Menger Hotel; River Walk ends at Lone Star Brewery 4pm afternoon eats; return LAC around 5:30 Call Jacquie Banks 512.638.0484.

REMINDER

If any Solo needs a hug, card, call, or prayer call Caring Chair, Yvonne Connell.

"We may be living alone ... but we are finding friendship together"

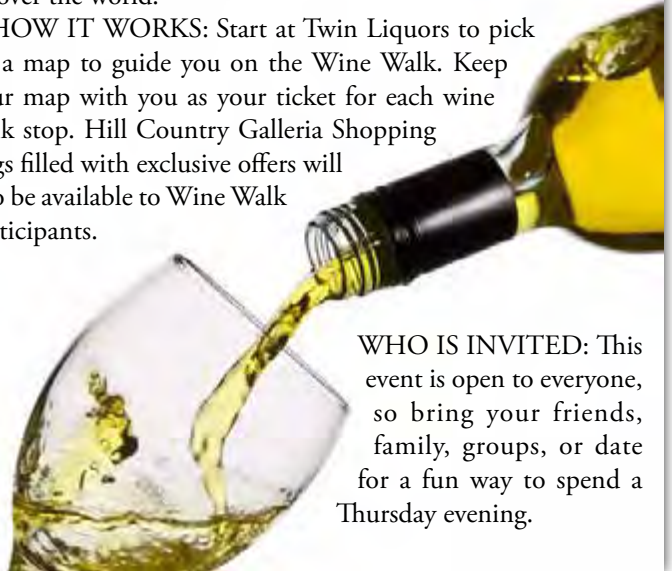
The Solos Club is a social group of about 100 single women and men living in Lakeway, its ETJ and The Hills, aged 55 and up. It was started in 1999 as The Singles Club with 10 members. The name was changed in 2002 to reflect more appropriately the identity of the group as a social gathering, not a dating gathering. Solos identify and plan activities, trips, functions, as well as support community activities. We have 4 group dinners each year and other events monthly. Dues are only \$15/year plus a membership at the Lakeway Activity Center (also \$15) is highly encouraged. Call Membership Chair, Ram Matta, 512.261.5984 for details.

HILL COUNTRY GALLERIA'S

Wine Walk

Join us for the Hill Country Galleria's Wine Walk, the 2nd Thursday of every month from 5-9pm. This is a unique wine and social gathering experience. Get to know the eclectic mix of businesses in the Galleria while discovering great wines from all over the world.

HOW IT WORKS: Start at Twin Liquors to pick up a map to guide you on the Wine Walk. Keep your map with you as your ticket for each wine walk stop. Hill Country Galleria Shopping Bags filled with exclusive offers will also be available to Wine Walk participants.



WHO IS INVITED: This event is open to everyone, so bring your friends, family, groups, or date for a fun way to spend a Thursday evening.

LTlov - PJ Party!



LTlov collected 38 pairs of new, children's pajamas for Peaceful Dreams at the January meeting held at Art Affair Lakeway. Peaceful Dreams is a local non profit organization that distributes new pajamas to children at seven children's shelters in Travis County.

From left: LTlov members Mary Kay Crouch, Kim Kahle, Arlene Uffelman and Joan Aydam. Arlene Uffelman is the founder and president of Peaceful Dreams, headquartered in The Hills of Lakeway

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Around Lakeway

Thank you, Ladies of Charity and Lakeway Thrift Shop Volunteers

In 2012, the Social Members Committee of The Hills of Lakeway Country Club collected books and funds for the Women's Storybook Project of Texas. The Committee is so grateful for another generous donation from the Ladies of Charity and Lakeway Thrift Shop Volunteers. Their gift will contribute to sustaining and strengthening the connection between children and their Mothers during the time they are separated.

For the second year, the Ladies of Charity has supported the Storybook Project which connects children with their incarcerated Mothers and promotes literacy. Storybook volunteers record Mothers reading a book and then send the tape/book to the child.

The following excerpts from letters written by Mothers and their children illustrate the difference that this project is making in their lives. A Mother writes, "My child takes the tape and book to bed with him." A child writes, "I love hearing my Mother's voice because I only get to hear her once a month."

In March 2013, the Storybook Project was selected, for the third time, to receive a prestigious Governor's Criminal Justice Volunteer Service Award. The letter states, "To be chosen is truly an honor; and the Texas Board of Criminal Justice would like to recognize you for the time and service you have so graciously shared with the Texas Department of Criminal Justice and the state of Texas."

LAKEWAY'S BROWN BAG LUNCHEON CONCERTS

The City of Lakeway's Arts Committee is continuing to produce a series of free weekly concerts through the end of February. The concerts are held at the Lakeway Activity Center, 105 Cross Creek, (telephone 261-1010) on Thursdays, beginning promptly at noon and ending at 1 p.m. They are open to everyone—no reservations or tickets. There is plenty of table seating. Here's the lineup for this month:

February 6: Ponty Bone and the Squeezetones presents a lively concert of Cajun and other popular music.

February 13: AKA Show Group, a song and dance group, will perform songs of the past and present.

February 20: Robert "Beto" Skiles Quartet always pleases their audiences.

February 27: The Second Line Jazz Band will begin your Mardi Gras celebration with some of the best traditional jazz.

Mark your calendars, pack your lunch, and prepare to be entertained.

ACCLAIMED POET TO ADDRESS WOMEN'S CLUB OF GREATER LAKEWAY

The renowned poet E.E. Cummings once said, "Well, write poetry, for God's sake. It's the only thing that matters."

William Virgil Davis seems to have taken Cummings' advice.

Davis is professor of English and writer in residence at Baylor University in Waco, but he discovered his eventual career when he delivered newspapers as a boy.

"As I went about my route, I realized that I loved to carry words to people," Davis says.

Now an award-winning poet and critic, Davis has published more than 1,200 short stories and poems, including his 2009 collection *Landscape and Journey*, which won the New Criterion Poetry Prize and the Helen C. Smith Memorial Award for Poetry.

Davis will be keynote speaker at the Women's Club of Greater Lakeway meeting on Mon., Feb. 24, at the Lakeway Resort and Spa.

"Bill's fascinating poetry takes us on a journey through time and place. He often explores themes that appeal to women. His words may bring a laugh, a tear or revive forgotten memories," says Kitty Lichty, vice president of programs.

Davis holds a Ph.D. in American literature from Ohio University and has received numerous awards and honors, including three Senior Fulbright fellowships.

In 1980, he received the Yale Series of Younger Poets Prize—the oldest American literary award given to the most promising new American poet—for his poetry collection, *One Way to Reconstruct the Scene*.

From 2008 to 2010, Davis was president of the Texas Institute of Letters. He has taught at several other U.S. universities and was visiting professor in Vienna, Wales and Copenhagen.

In 2013 the Dallas Museum of Art commissioned Davis to write and present poems inspired by "Give More Than You Take," an exhibit of works by artist Jim Hodges.

"Bill has an entertaining and engaging style, and he offers personal recollections of famous literary figures most of us know only through their works," Lichty says.

The Feb. 24 event begins at 9:30 a.m. with coffee and conversation. After a brief meeting at 10 a.m., members and guests will enjoy Davis' presentation. A luncheon follows at 11:30 a.m. by paid reservation. To reserve lunch, call Kay Beasley at 512-906-0144 by Sun., Feb. 16.

For membership in Women's Club, please contact Suzie Leggio at 512-608-0840, or see lakewaywomensclub.com.





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Around Lakeway

Lakeway-Hills Solos Donate to K-9 Corp

The Lakeway-Hills Solos presented a donation earmarked for the K-9 Corps at our Christmas Social.

From left to right, Jacquie Banks, Solos Activities Chair; Officer Wendy Kazenbach, Ben Archer, President, Lakeway Police Department Memorial and Benevolent Foundation, and Orka. Photo by Devin Monk, Communications Coordinator, City of Lakeway.



DANCING AT LAKEWAY'S BIG BAND BASH



Into its third year, the Lakeway Big Band Bash continues to be a very popular event. It is hosted by the City of Lakeway's Arts Committee in the ballroom of the Lakeway Activity Center, 105 Cross Creek, telephone 261-1010. There is no admission fee (donations to the band are encouraged). It is on the second Monday of every month (the

next one is February 10) from 8 to 10 p.m. Bring your own refreshments, as none are provided. Kent Dugan's 17-piece Republic of Texas Big Band, plus Lakeway singers David Cummings and Lisa Clark, keep the joint jumping with music of the Sinatra era. While there are many good dancers, the floor is large enough to accommodate those who are just getting into ballroom dancing. If you've been wishing that there would be a good clean place to go out at night with great live music, this is the place to be.

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LAKEWAY GAZELLES

For more than ten years Gilbert Tuhabonye – a genocide survivor from Burundi, Africa – has been helping change the lives of thousands of central Texas through his running and fitness programs. Teaching men and women of all ages how to “run with joy”, he takes on anyone whether they’re a beginner or advanced marathoner.

Since September, the Lakeway Gazelles have been meeting twice per week at the city park and the track to run with joy. Coached by local residents Wendy Gaertner and Linda Michael, the group focuses on the basics in a fun and motivating atmosphere.

Come out and try it for free to see what you’re missing by signing up at www.gilbertsgazelles.com.



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LAKEWAY 18 HOLE LADIES GROUP LAKEWAY COUNTRY CLUB

Submitted By: Melonie Mills, Publicity Chair

DECEMBER 18: BLIND PARTNER, YAUPON

1st Place: Lenora Hyche & Margaret Reese, 63

2nd Place: Sandee Phillips & Patti Lasswell, 63

Low Putts: Sarah Hohner, 28

Chip Ins: Sarah Hohner #4, Patti Lasswell #5

Birdies: Ann Wheeler #3, Patti Lasswell #5, Lenora Hyche #12

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Lakeway Regional Medical Center is pleased to announce the arrival of Dr. Robert J. Ondash, MD. Dr. Ondash is a board certified Internal Medicine physician and is now accepting new patients. He specializes in the prevention, diagnosis, and treatment of adult diseases. His new practice is located on the Lakeway Regional Medical Center campus. Most major insurances accepted.

For more information, please visit

www.lakewayregional.com

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Staying Healthy During Your Travels

Contributed By: Marina Byrum, Travel By Marina

Flee the flu: Some experts say it's a myth that the re-circulated air on airplanes spreads colds and other maladies. But it's not a myth that you need to protect yourself from the germs spread by folks sniffing and sneezing around you, especially with double threat of the seasonal flu and H1N1, or swine flu, ready to pounce. Here are a few tips to help you stay healthy while traveling:

Fill 'er up with regular: Get the regular flu shot. Now! If you don't have time to see a doctor or stop by a pharmacy or grocery store flu clinic, there are flu-shot kiosks in many airports, and even some bus and train stations.

Get some sleep: Plan on a good night's rest before you travel and try to eat right and exercise when on the road. Experts say lack of sleep and the stress of travel contribute more to getting sick than that icky airplane air.

Wash your hands: A lot. Ignore the stares and use sanitary wipes on your airplane armrests and tray table. At the hotel, wipe down telephone, the TV remote control and other germ-y surfaces.

Take your vitamins. Take plenty of Vitamin C. Many travelers I know use Emergen-C, which is a powerful powder that you can mix with water. It's packed with vitamin C and bioflavonoids.

Avoid caffeinated drinks and alcohol. Nothing causes dehydration faster than the combination of caffeine or alcohol and the dried-out air on an airplane. Stick to water and non-carbonated beverages to stay hydrated.

Following all the above tips may keep you well during your next airplane flight. Hopefully when you reach your destination, you will be well enough to enjoy yourself, instead of being confined to your hotel room with an unwanted illness.



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