



# BEE CAVE *Messenger*

VOLUME 5, ISSUE 3

MARCH 2014

NEWSLETTER FOR THE RESIDENTS OF THE BEE CAVE AREA



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## ARTICLE INFO

The Bee Cave Messenger is mailed monthly to all Bee Cave area residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for the Bee Cave Messenger please email it to [beecave@peelinc.com](mailto:beecave@peelinc.com). The deadline is the 15th of the month prior to the issue.

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### NEWSLETTER PUBLISHER

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## COVER PHOTO

*Do you take great photos?*

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Bee Cave Messenger. Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to [beecave@peelinc.com](mailto:beecave@peelinc.com). Portrait (vertical) photos work best.

This month's photo was provide by Karly Tuckness, taken at her family ranch on Hamilton Pool Road. Karly's parents own the Primrose School of Bee Cave. See their ad on page 13.

To view other photos submitted please visit [www.PEELinc.com/BeeCave](http://www.PEELinc.com/BeeCave), and view any of the past newsletters.

By submitting your photo you agree to allow your photo to be published in future issues of the Bee Cave Messenger or other Peel, Inc. publications.

Call 512-263-9181 to find out how to have your business featured on the cover of the Bee Cave Messenger.



# Bee Cave Arts Foundation

## Announces Upcoming Opportunities

*for Students and Community Members*

Since the November opening of the Bee Cave Sculpture Park, the Foundation has been making plans to once again enhance their community. Scheduled projects for the spring and summer of 2014 to be held at this park provide the chance for citizens of all ages to participate in the creative process.

On Saturday, April 12, from 9AM-NOON, volunteers are needed to help the local girl scouts and Foundation members create permanent identification markers for the native plant species found in the park. Contact [kara@beecavearts.org](mailto:kara@beecavearts.org) to volunteer.

Registration for the 4th Annual Kids Summer Art Camp being held June 9-13 and June 16-20 for ages 5-12 is now in progress; forms are available at [beecavearts.org](http://beecavearts.org). Area volunteers, high school age and up, willing to aid camp art teachers are being sought. An exhibit featuring student artwork created during camp sessions will be open to the public in June.

A chance for generous donors to sponsor a bronze bee, part of The Beehive sculpture found in the center of the park, is available for a limited time. Contributor's names will be displayed there on a permanent plaque. Volunteers and new members are welcome to join the organization with the goal of improving the quality of life for community residents and visitors through art experiences.

Bee Cave Arts Foundation is a non-profit organization. All proceeds from the Kids Summer Art Camp will be used to fund its community projects such as the LTISD Student Art Shows, Benches of Bee Cave, the Bee Cave Sculpture Park and future phases of it including: creating a community performance and education pavilion, children's play area, deck over the park pond, additional sculpture areas, and continuation of walking paths nearby. Further information can be found at [beecavearts.org](http://beecavearts.org).



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## RETIRE BETTER A LIFETIME OF INCOME

WITH JOSH STIVERS

**Q:** *What is the best way to use my 401k for income when I retire? - Tom, Lakeway*

**A:** This question is in the forefront of most everyone's mind as they enter into retirement. In order to understand the answer to this question, we need to gain some perspective on the situation causing this question to exist.

For many years, people were able to participate in company sponsored pension plans. When they retired, they were able to take this guaranteed pension without concerning themselves with how to actually invest the pension funds. This was done by the pension fund managers that were employed by the company you worked for. As you might guess, this was a costly system for employers to maintain. As a result, over the past couple of decades many employers began to replace pension plans with defined contribution plans ... 401k, 403b, TSA, etc. Many workers didn't realize the implications of this shift until many years later when they began to near retirement.

The burden of retirement income planning shifted to the individual and was no longer the responsibility of the company. Over the past 5 years, we watched this shift become a very harsh reality for many people who assumed they were planning for their retirement simply by making contributions to these plans. Reaching retirement with a large sum of money in your 401k does not mean that you have a retirement income plan ... it means you now have a responsibility to create a plan and you are on your own to determine the best way to guarantee you won't run out of money.

This leads us back to the question of how to position 401k assets to create a lifetime of security through a lifetime of income. Retirement income is a 3-legged stool consisting of social security, pensions, and retirement savings. Due to the demise of the company sponsored pension, this 3rd leg of the stool has been replaced by income

producing investments.

The first step in the retirement income planning process is to determine how to best maximize Social Security benefits. This is a lengthy discussion and will have to be covered separately. Assuming the best strategy for Social Security is implemented, you will then be able to see how much additional income is necessary to meet your desired level of income.

This leads to the next step which is structuring income producing assets to cover the gap in income. It is important to create this supplemental income using the least amount of retirement assets possible. By doing so, you have the opportunity to use your remaining funds for the purposes of accumulation, inflation hedging, healthcare costs, etc. While there are many different types of income investments, we are going to simplify the discussion down to two types ... guaranteed and non-guaranteed. Just like they sound, guaranteed income vehicles offer the security of income that will last a lifetime, much like the company pension. Non-guaranteed assets provide for dividend or interest income, but may not last for life, if market volatility and withdrawals reduce the account value to zero. The mix of guaranteed and non-guaranteed assets is going to be based on your individual risk tolerance and overall objectives.

As you can see there are many factors to take into consideration. It is of utmost importance that you structure your retirement income plan to provide income that will last a lifetime. This is possible, but requires a substantial level of diligence and advanced planning.

*If you would like further information on this topic or to receive a copy of our report on retirement income planning, please send your requests to the email below. As always, we are here to answer your pressing questions and concerns regarding retirement investment planning. Send your questions and information requests to [retirebetter@platinumwealthadvisory.com](mailto:retirebetter@platinumwealthadvisory.com).*

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# Around Bee Cave



## LAKEWAY COMMUNITY BLOOD DRIVE

Our next Lakeway Community Blood Drive will be held at the Lakeway Activity Center on Saturday, March 15, from 8:00 AM until 12:00 AM. All donors will get a Tee Shirt. At the January drive, 97 donors came in and we got 92 units of blood.

Donors must be at least 17 years of age, weighing at least 115 lbs, and be in generally good health. Donors should know their social security number and bring a photo ID. The process takes about 45 minutes.

To make an appointment, please call Searcy Willis at (h) 512 261-9055 or (c) 512 799-5714. Walk-ins are welcome if there are slots available, but may take longer, as appointments are honored. You can call the day of the drive to the cell number above to check on the availability of slots.

For more information about blood donation, please call (512) 206-1266, or visit the Center's Web site at [www.inyourhands.org](http://www.inyourhands.org).

## 5<sup>th</sup> Annual Cars for Parkinson's and Dystonia

*Saturday, April 26 at 10:00am -1pm  
The Oasis on Lake Travis, 6550 Comanche Trail*

April is Parkinson's Awareness Month. Come out to see great cars and help raise money for The Capital Area Parkinson's Society's "Power For Parkinson's," a free and fun fitness program for those with Parkinson's disease. This year's event will feature over 150 cars in various categories. Attendees can vote for their favorites in American pre '63 Original & Customs, American Post '63 Originals, Foreign and American Exotics, Foreign classics, Trucks, Electric/Hybrid and Best Car Cub. There will also be live music, raffles, a silent auction and games. Tickets to attend cost \$7 per person (kids under 10 are free). Car registration is \$25, \$30 on day of the show. For more information, please visit [www.cars4research.org](http://www.cars4research.org).

## 16<sup>TH</sup> ANNUAL WILDERNESS RUN & WALK

FRIENDS OF THE PARKS OF LAKEWAY

**Saturday, April 26**  
**Hamilton Green belt I in Lakeway**  
**Registration: 8:00 AM**  
**Event: 9:00 AM**

The members of the Friends of the Parks of Lakeway invite you to the 16th Annual Wilderness Run/Walk. Enjoy a morning at the park and explore the beautiful trails of Lakeway! This FREE noncompetitive run and walk will begin at 9:00 AM with refreshments following the race. Participants may choose to run or walk either 3 miles or 5 miles through the scenic trail system of the Hamilton Greenbelt 1, located across from the Lakeway Justice Center. The course winds along canyon walls and high cliffs, across fern covered creeks, and through tall native tree forests.

Registration is now available online by visiting [www.lakewayfop.org](http://www.lakewayfop.org) or by picking up an entry application at the Lakeway Activity Center and at the registration boxes at the entrances to City Park, The Canyonlands, Hamilton Greenbelt I and Hamilton Greenbelt II. Or register on event day between 8:00AM to 9:00AM. Commemorative T-Shirts will be available for \$15 with all proceeds from donations and sales going to the maintenance of the trail systems in Lakeway.

This is a great opportunity for runners and walkers, as well as families with children in strollers and dogs on leashes to enjoy an outing and meet other outdoor enthusiasts. For more information regarding Friends of the Parks or the Wilderness Run & Walk, please contact director & co-chair Sheryl Kelly at 512 997 8880. Hope to see you there!





2014

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# Around Bee Cave

## “The Red Velvet Cake War”

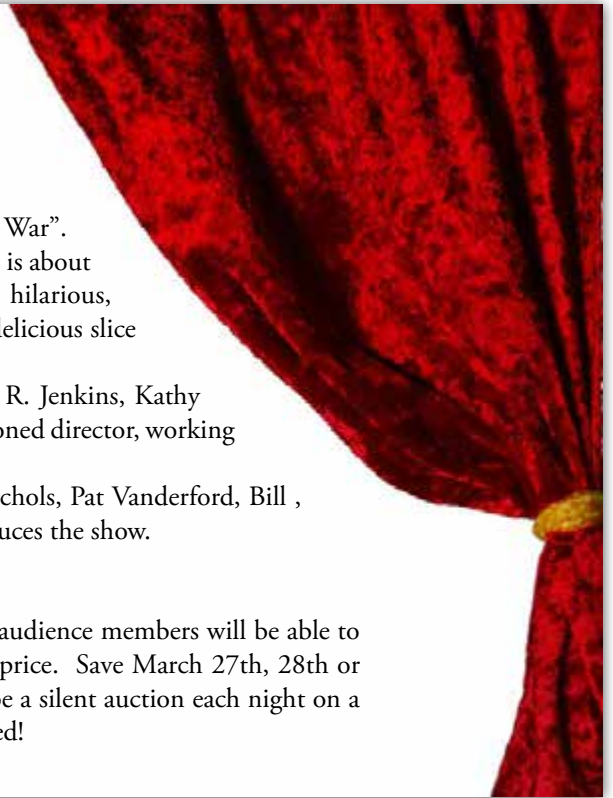
### CASTING NOTICE

The Lakeway Players have cast their spring show, “The Red Velvet Cake War”. However you slice it, the battle lines are drawn and “The Red Velvet Cake War” is about to erupt in an outburst of riotously, uncontrollable, family mayhem. This hilarious, Southern-fried, madcap comedy, is humor at its very best; serving up a large delicious slice of fun for everyone.

Actors new to the Lakeway Players’ stage include Joyce Christian, Mallory R. Jenkins, Kathy Newell, Danielle Romanishin, and Christopher Ruiz. Pamela Mitchell is a seasoned director, working with the Lakeway Players in this capacity for the first time.

Audiences always enjoy the return of veteran actors and they are: Austin Nichols, Pat Vanderford, Bill , Kim Wood and Tom Wood. Veteran Lakeway Player Barbara Calderaro produces the show.

Tickets will be on sale at the Lakeway Activity Center in March. As usual, audience members will be able to BYOB and food, while set ups and snacks will be included in the \$15 ticket price. Save March 27th, 28th or 29th on your calendars to come see the show. As an added “treat” there will be a silent auction each night on a Red Velvet Cake for the highest bidder. Have your cake and eat it too....indeed!



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# First Friday SOUL FOOD

First Friday Soul Food is held the first Friday of each month, 12-1 PM, in the Great Hall of the Emmaus Parish Life Center, 1718 Lohmans Crossing in Lakeway. Each month's event features a light lunch and an inspiring guest speaker on topics of Catholic spirituality. A modest donation of \$20 per person is suggested to cover the cost of the lunch and guest speaker. Any additional proceeds will benefit Emmaus' Bright Horizons ministry for adults and their caregivers affected by dementia. Advance reservations are requested so sufficient food may be ordered. Open to anyone, Catholic or not, so invite a friend, neighbor, or family member! To register and for information on presenters and topics, visit [www.emmauslakeway.com/firstfriday](http://www.emmauslakeway.com/firstfriday).



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# School News

## LTHS CVALETTES TO HOST JUNIOR CVALETTE DANCE CLINIC



The LTHS Cavalettes are well known in our community for their award winning half time performances and their annual Spring Show. They can also be seen around town as they volunteer on community service projects, participate in local parades adding LTHS spirit and make special appearances at community events.

The Cavalettes are now preparing to host their annual spring Junior Cavalette Dance Clinic. This clinic is an opportunity for kids from Kindergarten to 5th grade to have fun while learning a dance routine with the Cavalettes. The kids who participate in the clinic are also

invited to join the Cavalettes to perform on the BIG STAGE at their annual Spring Show!

This fundraising event is a wonderful opportunity for kids who love the Cavalettes and love to DANCE! The proceeds from this event go directly to support the Cavalettes and the Cavalette Senior Scholarship Fund.

This year the Junior Cavalette Dance Clinic will be held on Saturday April 12th from 9-noon. The cost is \$45 with advance registration and \$50 at the door. Learn more at [www.laketraviscavalettes.com](http://www.laketraviscavalettes.com) or register online at: [www.cavalettespringclinic2014.eventbrite.com](http://www.cavalettespringclinic2014.eventbrite.com)



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# News You Can Use

## 7 Steps to Maintaining Your Wood Fence

A wood fence is a popular landscape feature in many homes. This is partly because of its warm and natural aesthetic appeal. Wood is also a highly versatile material that allows a wide range of fence design options. When well maintained, a fence enhances the appearance of your home. It isn't difficult to keep your wood fence in good condition. Below are 7 steps that will help you to maintain your fence.

**1. Staining** - It is a good idea to stain your wood fence soon after installation. This will help protect the fence from dry and wet rot. Loss of protective oils causes the wood to become dry and brittle. This results in dry rot. Wet rot is caused by constant exposure to moisture. For best results, use a linseed based oil stain. This helps to restore the natural protective oils. After the initial application, you can stain your wood fence once a year.

**2. Cleaning** - Clear all leaves and debris from your fence whenever you spot them. This prevents accumulation of dirt and moisture entrapment which can lead to wet rot, mold and mildew. Use a pressure washer to wash your fence. It helps if you use white vinegar to clear stubborn dirt and stains. Make a solution of 1 cup of vinegar and a gallon of water. Apply on the fence with a sprayer and allow 10 minutes for the solution to work. You can then wash the fence with a power washer.

**3. Mold and Mildew** - Even well kept fences may develop mold and mildew at times. It helps if you inspect your fence regularly. This will enable you to spot mold and mildew early enough. It is easier to deal with mold and mildew before it develops extensively. Wash the fence with soap and water then follow with mildew cleaner. Rinse the fence well to clear all traces of cleaner.

**4. Painting** - A well painted fence should last several years. However, you may want to repaint the entire fence every 3 to 4 years. This helps to protect the fence and also enhances its appearance. It is normal for paint to peel and chip in some areas. You only need to touch up the affected spots. Scrape away the old paint, sand the area and follow with a new coat of paint. For best results, use a paint that contains a primer.

**5. Resealing** - This can be done once or twice a year. It is best to reseal after you paint. A paint spraying unit can help you reseal comfortably and effectively.

**6. Repairs** - Nails and fasteners on your fence will become loose with time. This is due to constant expansion and contraction. Drive all loose nails in so that they do not snag anyone. Replace any missing nails. Replace any sections of the fence that may have split, warped or rotted.

**7. Pests** - Clear away bird nests if you find any. If you spot any termites, you can use borax which is an effective natural insecticide. For extreme cases, it is best to seek professional services. It is easier to manage pests as soon as you spot them. If left to develop, pest control can cost you several hundred dollars. It helps if you clear leaves and debris regularly from your fence to prevent termites. Lastly if you need to replace your fence, be sure that the contractor knows where your property line is. You'll probably want to talk to your neighbors and inform them about your wood fence. Play your cards right, and there's a good chance you can even get your neighbors to pitch in for the cost of the fence that borders their property.

## WCID 17 NEWS



## GETTING SPRING FEVER?

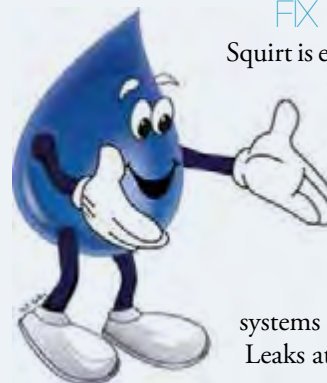
TRANSFORM YOUR YARD INTO AN  
ALWAYS WATER SMART LANDSCAPE

Trees blooming, birds singing, warmer weather... and you as a Travis County Water Control and Improvement District No. 17 (WCID 17) treated-water customer, are doing a great job of saving water. While you may be tempted to start your spring planting and watering, a steadfast commitment to water conservation is still needed.

Texas is still in a drought and no one can predict when it will end. Remember, the smart way to landscape is to use native water-efficient plants that come with lots of texture and colors. These native plants have less maintenance, use little water and don't need soil preparation or fertilizing.

If you've already set your irrigation to the one-day, one-time limit between 12:01 a.m. and 10:00 a.m., only on your one day, thank you. To help everyone stay on track for our conservation goals, WCID 17 is here to help you with any questions you may have. To locate our current Stage 3 Outdoor Watering Schedule, please visit [www.wcid17.org](http://www.wcid17.org).

### FIX A LEAK MONTH



Squirt is encouraging customers to fix their water leaks during the month of March. March is the U.S. Environmental Protection Agency's WaterSense® program month to remind Americans to check their household fixtures and irrigation systems for leaks. Learn more Facts on Leaks at [www.wcid17.org](http://www.wcid17.org).



# The Reserve AT LAKE TRAVIS

RESORT COMMUNITY & PRIVATE CLUB

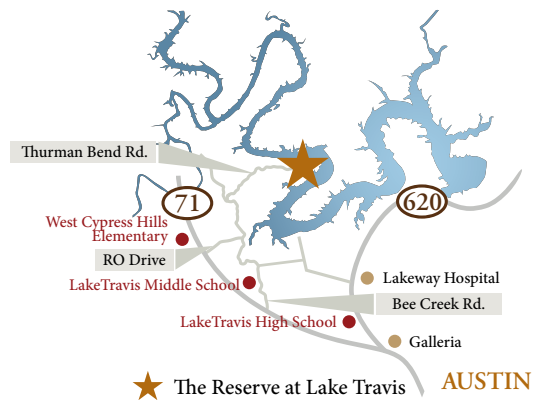
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Artist renderings and plans for The Reserve at Lake Travis are under development. Hal Jones Development reserves the right to make changes without notice. No guarantee is made that the proposed features will be constructed, or that if constructed, will be of the number and type described. These materials shall not constitute an offer in any state where prior registration is required. Void where prohibited by law. For unimproved lots at The Reserve at Lake Travis, obtain the property report required by federal law and read it before signing anything. No federal agency has judged the merits or value, if any, of these properties. WARNING: THE CALIFORNIA DEPARTMENT OF REAL ESTATE HAS NOT INSPECTED, EXAMINED, OR QUALIFIED THIS OFFERING.

# News You Can Use



## BIG LOVE CANCER CARE

Please help B.I.G. Love collect toys for the cancer clinic at Dell Children's Medical Center. We are so excited to partner with Peel, Inc who have graciously opened their doors to help collect toys. Below is the address for the drop off location and if you have any questions please email Sunshine at: [sunshinecitko@biglovecancercare.org](mailto:sunshinecitko@biglovecancercare.org)

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## WANT YOUR SKIN TO GLOW?

"All Natural" Might Not Be The Way To Go

If you want your skin to glow, experts at Baylor College of Medicine say all natural products might not be the answer.

"Some people think that by going all natural with their skin care, that it will automatically be safer for their skin. That's not necessarily the case," said Dr. Rajani Katta, professor of dermatology at Baylor.

Whether it is cleansers or moisturizers, you can still have allergic reactions to the ingredients even if they are all natural or organic. Many natural ingredients, such as lavender extract or sandalwood oil, are actually types of fragrance additives. Even though these are natural fragrances, they can still cause the same type of allergic reactions. Other natural ingredients, such as tea tree oil, can also trigger allergic reactions.

Since it may be hard to pinpoint exactly what is causing irritation or allergic reactions just by reading labels, Katta suggests consulting a dermatologist.



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Lakeway Regional Medical Center is pleased to announce the arrival of Dr. Robert J. Ondash, MD. Dr. Ondash is a board certified Internal Medicine physician and is now accepting new patients. He specializes in the prevention, diagnosis, and treatment of adult diseases. His new practice is located on the Lakeway Regional Medical Center campus. Most major insurances accepted.

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Dr. Robert J. Ondash, M.D.



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11:00 am Registration - 1:00 pm Start

**LOCATION:** Flintrock Falls Country Club

**FORMAT:** 4-person scramble

**COST:** \$165 per golfer\*

\*Includes lunch, dinner and lots of swag

Register online at:  
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Questions about the event?  
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or Tracie Garvens**  
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