

# RANCH RECORD

*News For The Residents of  
Blackhorse Ranch*

## LOCAL ORGANIZERS OF THE DONT MESS WITH TEXAS TRASHOFF SEEK COMMUNITY VOLUNTEERS



NW Houston/Cy-Fair,  
April 5, 2014 - Tired of  
looking at the growing  
piles of litter in public  
areas in our communities?  
We can do something  
about it! Calling all  
Texans to turn out on  
April 5th and join in

the statewide initiative to remove litter and debris from our  
parks and roadways. Participants receive trash bags, volunteer  
giveaways, promotional items, and more to assist in facilitating  
our cleanup efforts.

Don't mess with Texas is a Texas Department of Transportation  
initiative that began in 1985 to keep trash off Texas Highways.  
The Trash-Off, which is a partnership between the DOT and  
Keep Texas Beautiful, is organized locally by Anna Harrison,  
Amanda Mims and Judy Bodnar, Realtors on the Bodnar Team  
at the Better Homes and Gardens/Gary Greene Real Estate office  
on Barker Cypress Road.

The Bodnar Team encourages participation and says, "We are  
proud to carry out this community service and carry on with the  
Don't mess with Texas tradition because the presence of litter  
in a community takes a toll on quality of life, property values  
and housing prices."

Since litter begets litter, people are inclined to add to existing  
piles. Turn out to help bag it up and see what a difference a day  
can make!

For more information or to volunteer please email Amanda  
[atvolunteer2014tx@outlook.com](mailto:atvolunteer2014tx@outlook.com)



# RANCH RECORD

## IMPORTANT NUMBERS

### EMERGENCY NUMBERS

|  |              |
|--|--------------|
| EMERGENCY .....                                | 911          |
| Fire .....                                     | 911          |
| Ambulance .....                                | 911          |
| Harris County Sheriff .....                    | 713-221-6000 |
| Cy-Fair Volunteer Fire Dept. Bus. Office ..... | 281-550-6663 |

### AREA HOSPITALS

|                                    |              |
|------------------------------------|--------------|
| Cy-Fair Medical Center .....       | 281-897-3300 |
| North Cypress Medical Center ..... | 281-477-0830 |
| Willowbrook Methodist .....        | 281-477-1000 |

### SCHOOLS

|                                 |              |
|---------------------------------|--------------|
| Cy-Fair ISD .....               | 281-897-4000 |
| Warner Elementary School .....  | 281-213-1645 |
| Spillane Middle School .....    | 281-213-1645 |
| Cy Woods High School .....      | 281-213-1727 |
| Cy Fair High School .....       | 281-897-4600 |
| Cypress Ranch High School ..... | 281-373-2300 |

### PUBLIC SERVICES

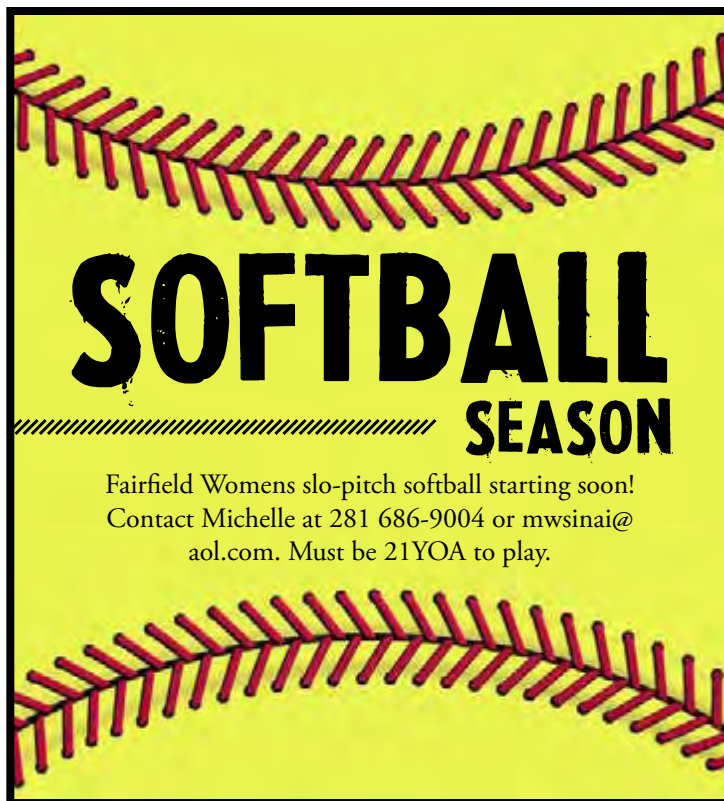
|                            |              |
|----------------------------|--------------|
| Cypress Post Office .....  | 281-373-9125 |
| Drivers License Info. .... | 281-955-1100 |
| Harris County Tax .....    | 713-224-1919 |

### NEWSLETTER PUBLISHER

|                           |  |
|---------------------------|--|
| Peel, Inc. ....           | 888-687-6444   |
| Article Submissions ..... | <a href="mailto:blackhorse@peelinc.com">blackhorse@peelinc.com</a>   |
| Advertising .....         | <a href="mailto:advertising@peelinc.com">advertising@peelinc.com</a> |

***Don't want to wait for the mail?***

View the current issue of the  
Ranch Record on the 1st day  
of each month at [www.PEELinc.com](http://www.PEELinc.com)



# SOFTBALL SEASON

Fairfield Womens slo-pitch softball starting soon!  
Contact Michelle at 281 686-9004 or [mwsinai@aol.com](mailto:mwsinai@aol.com). Must be 21YOA to play.



Now Booking  
for  
**SPRING BREAK!** **SALONS**  
at **STONE GATE**

*Come In And See The New Expansion!!!*

**281-256-2204**

Book your next appointment online  
[www.salonsatstonegate.com](http://www.salonsatstonegate.com)

**Salons at Stone Gate**

11734 Barker Cypress  
(One block south of Hwy 290)

Tues-Thurs 9AM - 7PM

Fri 9AM - 5PM

Sat 9AM - 4PM



**Come grow with us!**  
St. Elizabeth Ann Seton  
Catholic School

**Now Registering  
2014-2015  
School year**

*"Living, loving, and learning in  
Christ and the Church."*  
6646 Addicks Satsuma Rd.  
Houston, TX 77084  
281-463-1444  
[www.seasc.org](http://www.seasc.org)

EXCELLENT CURRICULUM • ATHLETICS  
COMPUTER & SCIENCE LABS  
BEFORE & AFTER SCHOOL PROGRAMS

# Successful Business Training

*Keynote speaker shares tips at the March 27, 2014 CYFEN meeting*

Come to the Cy-Fair Express Network (CYFEN) luncheon March 27 and get tips on being successful in your business.

The keynote speaker is Chuck Douglas with Proaction International. Chuck is a graduate of the Georgia State University in Atlanta (don't hold that against him), and has delivered more than 5,000 presentations and training programs throughout the world, including extensive tours with Tony Robbins, Bob Proctor, Les Brown, Mark Victor Hanson and Brian Tracy.

Chuck will share some ideas designed to "Create Immediate & Lasting Results" for your personal and professional effectiveness.

All are welcome to attend the monthly meetings of CYFEN, which are held the fourth Thursdays at the Sterling Country Club, 16500 Houston National Blvd. This month's meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program.

Bring business cards for networking. The meeting cost is \$25 with advanced reservations made by the Thursday prior to the meeting and \$30 at the door.

For information on CYFEN, which is part of the American

Business Women's Association, go to [www.CYFEN.org](http://www.CYFEN.org).

## SAVE THE DATE

*April 24, 2014*

### CY-FEN EXPRESS ANNUAL WOMEN'S EXPO

Bring a friend to this event showcasing and supporting more than 75 Cy-Fair area businesses. For information, contact [expovendor@cyfen.org](mailto:expovendor@cyfen.org)

### ABOUT CY-FAIR EXPRESS NETWORK (CYFEN)

The Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition.

### ABOUT AMERICAN BUSINESS WOMEN'S ASSOCIATION

ABWA's mission is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.

# WE CALL IT THE BATH-WILL-SHINE-LIKE-NEW-ROOM\*

**\$25 OFF**  
on your  
first clean.

Call to receive your free estimate

**832-593-7500**

Serving the West Houston, Katy, Copperfield, Cypress,  
Magnolia and Spring areas.

New customers only. Not valid with other offers.

Get the kind of clean that only comes from a team of specialists.

Visit [Maids.com](http://Maids.com) to learn about our unique 22-step deep cleaning system.



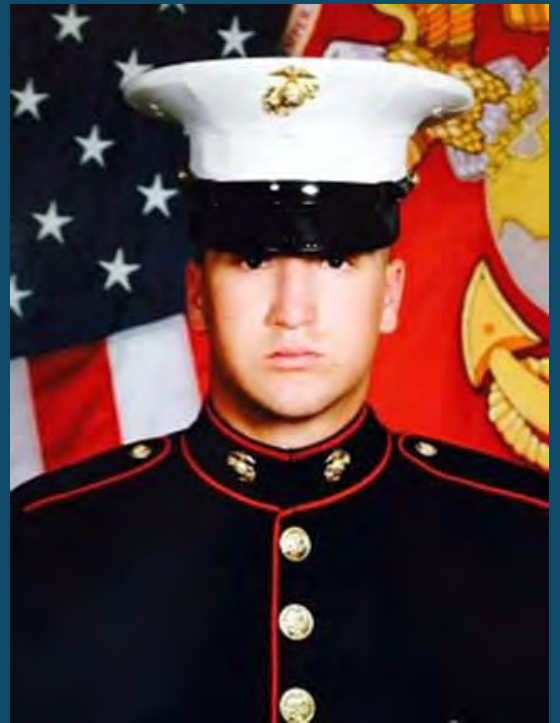
# The Maids

Referred for a reason.



## FORMER CYPRESS RANCH CLASS OF 2012 GRADUATE - GRADUATES UNITED STATES MARINE CORPS BOOT CAMP

PVT Cody Henson Jones, 19, of Cypress graduated from United States Marine Corps boot camp at Marine Corps Recruit Depot San Diego on 10 January 2014. Pvt. Jones successfully completed 13 weeks of intensive basic training at MCRD San Diego as one of 480 recruits in Training Platoon 2147. While in recruit training Pvt. Jones accomplished/achieved the following: Honor Platoon. Following ten days home on leave he will report to Camp Pendleton for one month at Military Combat Training then Military Occupation Specialty school.



## FULL SERVICE LANDSCAPE COMPANY



**281-373-0378**

*Proudly serving northwest Houston since 1997*



### Lawn Service

Commercial \* Residential

### Landscaping

Landscape Design \* Installation \*

Seasonal Flowers \* Drainage \* Lighting

### Patios & Walkways

Pavestone \* Concrete \* Flagstone

### Tree Service

Tree Trimming \* Removal \* Installation

### Sprinkler Systems

Design \* Installation \* Repairs

Proper Coverage \* Warranty

### Fertilization & Pesticide

Spraying & Feeding for Lawn, Shrubs & Trees

Fire Ant Control \* Tree Deep Root Feed \*



[www.horizon-landscape.com](http://www.horizon-landscape.com)

## Touchdown Club of Houston



From among all 3/A public schools and all private schools in the greater Houston area, the Touchdown Club of Houston awarded Rosehill Christian School the 2014 - 3A/Private School Sportsmanship Trophy.

This prestigious award was selected by the Texas Association of Sports Officials (TASO), Houston football chapter, who are the refs covering the high school games in the greater Houston area. The award was based on six criteria: 1) Actions of the team, 2) Action of the coaches, 3) Actions of the support groups at games, such as parents,

band and cheer squad, 4) Respect for the American flag, 5) a score based on the number of personal fouls incurred during the game, 6) a score based on the number of unsportsmanlike conduct fouls.

Coach Ryan Anthony summed up the award by thanking those on the team and all others associated with Rosehill Christian School. "I am particularly thrilled to be the coach of such fine young men who represent the Lord on and off the field. This award epitomizes the Rosehill journey and how it affects every aspect of the school."

# JAY'S IRON WORKS & IRON FENCE PAINTING



- Iron fence and gate painting
- Paint applied by hand to ensure proper thickness and durability
- 3yr warranty in all painted surfaces
  - Iron fence/gate repair
  - New install of fence/gates
- Access gate repair and install
- Million dollar insured

832.344.7510 · [WWW.JAYSIRONWORKS.COM](http://WWW.JAYSIRONWORKS.COM) · [facebook](#) · You 

## WANT YOUR SKIN TO GLOW?

"All Natural" Might Not Be The Way To Go

If you want your skin to glow, experts at Baylor College of Medicine say all natural products might not be the answer.

"Some people think that by going all natural with their skin care, that it will automatically be safer for their skin. That's not necessarily the case," said Dr. Rajani Katta, professor of dermatology at Baylor.

Whether it is cleansers or moisturizers, you can still have allergic reactions to the ingredients even if they are all natural or organic. Many natural ingredients, such as lavender extract or sandalwood oil, are actually types of fragrance additives. Even though these are natural fragrances, they can still cause the same type of allergic reactions. Other natural ingredients, such as tea tree oil, can also trigger allergic reactions.

Since it may be hard to pinpoint exactly what is causing irritation or allergic reactions just by reading labels, Katta suggests consulting a dermatologist.



## Cy-Fair Hospital now has a new location in your neighborhood to serve your Emergency and Urgent Care needs.

Visit our newest location: 8470 Highway 6 North  
(at West Road) • Houston, Tx 77095 • 281.949.3799

### Emergency Care Locations



10655  
Steepletop  
Drive  
F.M. 1960 near  
Jones Road



27126  
Hwy. 290 at  
Mueschke  
Road



7015 Barker  
Cypress  
at F.M. 529



8470 Hwy. 6  
North  
at West Road

Cypress Fairbanks  
Medical Center Hospital



A PART OF  
CY-FAIR REGIONAL HEALTH NETWORK

CyFairERandUrgentCare.com



### Urgent Care Locations



9110 Barker Cypress  
at West Road



14044 Spring Cypress  
at Grant Road





## Kidney Walk

The National Kidney Foundation is the leading organization in the U.S. dedicated to the awareness, prevention and treatment of kidney disease for hundreds of thousands of healthcare professionals, millions of patients and their families, and tens of millions of Americans at risk

Nearly six of ten Americans will develop kidney disease in their lifetime, according to a new analysis published in the American Journal of Kidney Disease. In comparison, lifetime risk of diabetes, heart attack and invasive cancer is approximately four in ten.

The Kidney Walk is the nation's largest walk to fight kidney disease and is held to raise awareness of, and support those who are battling this disease. Held in nearly 100 communities, the event raises awareness and funds lifesaving programs that educate and support patients, their families and those at risk. Take a lifesaving step today and sign up for a walk below. The Houston Walk will be held on May 4th at 7:30am at Discovery Green Park Downtown. Registration at [www.donate.kidney.org](http://www.donate.kidney.org).

For more information on forming teams or sponsorship, please call 713-964-2644.

# LIBERTY TAX<sup>®</sup>

**Certified Preparers • Accuracy Guarantee • Reasonable Rates  
Personal and Business Returns • Year-around Support**

**If you own a business or thinking of starting one, let us help you understand...**

- Your Opportunities
- Liabilities
- Reporting Responsibilities
- State Required Reporting
- HCAD Business Reporting



26281 NW Freeway, Ste. 650  
Cypress, TX 77429  
(281)304-7300

9260 FM 1960 W  
Houston, TX 77070  
(281)894-5888

  **LIBERTY TAX** 866-871-1040 [LibertyTax.com](http://LibertyTax.com)



# RANCH RECORD

## CY-FAIR KIWANIS CLUB

Kiwanis wants YOU! The Cy-Fair Kiwanis Club is actively seeking new members who are interested in giving service to improve our community and our world. Visit the Cy-Fair Kiwanis Club and learn more about community needs. In March, we have the following programs scheduled:

March 4—Mary Jane Williams from the Families to Families Network will discuss that organization's work for Children with disabilities.

March 11—Dr. Ronald B. Rea of the Chriss Cole Children's Fund will talk about the operation of the children's rehabilitation center. Their mission is to help children and families with resources not available from other community agencies.

March 18—Ray Wooten, executive director of Shield Bearer will address how this organization helps heal the hearts of children who fall between the cracks of most recognized community agencies. These children are victims of abuse, neglect and child trafficking.

Kiwanis will provide donations and service whenever possible. Children: Priority One is the motto of Kiwanis worldwide. Join us in these endeavors and reap the rewards of satisfaction in the results achieved.



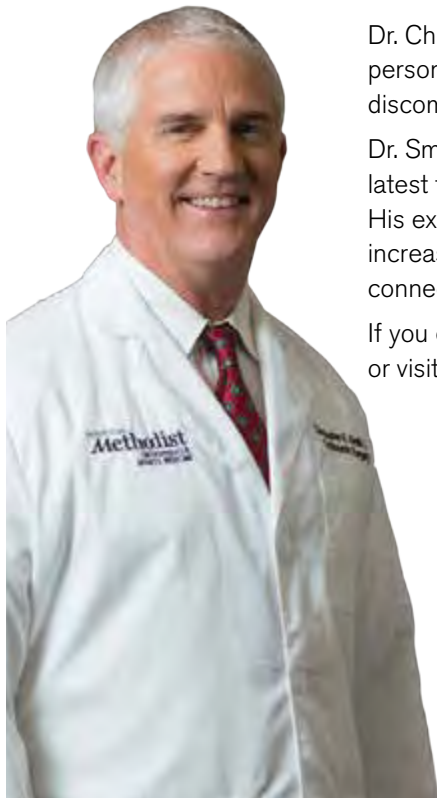
Additionally, we sponsor Key Clubs and Builder's Clubs in the high schools and middle schools in the Cy-Fair District.

Businesses of the community are encouraged to support a representative for membership in Kiwanis. If you work for a business that is oriented toward involvement in community improvement and leadership, suggest to them that you would like to represent that business through membership and involvement in work with Kiwanis. We welcome business and organization representatives as well as individual memberships.

The Cy-Fair Kiwanis Club meets at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call John Carroll at 281-463-0373, George Crowl at 832-467-1998 or Peggy Presnell at 281-304-7127. We invite you to be our guest at one of the meetings and enjoy the fellowship of Kiwanians from your community as you learn about our organization.

We welcome your visit at our Club meeting and your consideration of membership in our service organization.

## RESTORING JOINT MOBILITY WITHOUT PAIN, UNIQUELY FOR YOU. THE DIFFERENCE BETWEEN PRACTICING MEDICINE AND LEADING IT.



Dr. Christopher K. Smith, board certified orthopedic surgeon, provides his patients advanced, personalized care for the treatment of chronic pain from arthritis and other types of joint discomfort or injury.

Dr. Smith specializes in adult joint reconstruction, including knee, hip and shoulder, using the latest technology to individualize replacement based on each patient's anatomy and needs. His expertise leads to faster recovery and pain elimination, improved joint performance, increased strength and stability, and extended joint longevity, while preserving bone and connecting tissues.

If you experience chronic joint pain and limited mobility, call **832.522.BONE (2663)** or visit [houstonmethodist.org/orthopedics](http://houstonmethodist.org/orthopedics).

HOUSTON  
**Methodist**  
WEST HOSPITAL

18400 Katy Freeway, Suite 200  
Houston, Texas 77094





## Cypress Texas Tea Party

The Cypress Texas Tea Party meets every three weeks on Saturday

Noon until 2:00 PM at:  
Spring Creek BBQ  
25831 Northwest Freeway  
Cypress, Texas 77429

### MARCH MEETINGS:

Saturday, March 8, 2014 12:00 PM - 2:00 PM  
Saturday, March 29, 2014 12:00 PM - 2:00 PM  
(Note NEW time)

A schedule of other meetings and confirmed speakers can be found at our website, [www.cypresstexasteaparty.org](http://www.cypresstexasteaparty.org)



## Elisha Roberts Chapter

The wonderful ladies of the Elisha Roberts Chapter, NSDAR, extend an invitation to any female, 18 years or older, who can prove direct lineal descent from someone who either fought in or provided aid during the American Revolution. We are a family oriented group of ladies who promote patriotism, education and historic preservation. Our motto is God, Home and Country. If this sounds like you, please come and join us for a meeting. We meet the third Thursday of each month, September through May, at the Backyard Grill, located at 9453 Jones Road. Our next meeting will be on March 20, 2014 at 7:00 p.m.

For more information, please contact the chapter Regent, Cheryl Partney at [cpart86@comcast.net](mailto:cpart86@comcast.net) or by phone at 832-654-0306. We look forward to meeting you.

Brilliant Energy Texas OUC #10140

# BRILLIANT ENERGY

Easy Online Sign-Up at  
**BrilliantElectricity.com**  
USE "NEIGHBORHOOD NEWSLETTER" AS REFERRAL

BRILLIANT ENERGY = SERIOUSLY LOW RATES  
BRILLIANT ENERGY'S ELECTRICITY RATES CHALLENGE  
THE RATES OF EVERY OTHER PROVIDER IN TEXAS!  
LOCK-IN A LOW ELECTRICITY RATE FOR  
UP TO 3 YEARS

BRILLIANT ENERGY IS RECOMMENDED BY TEXAS ENERGY  
ANALYST, ALAN LAMMEY THE HOST OF THE "ENERGY  
WEEK" RADIO SHOW ON NEWSTALK 1070 KNTH!

Ask the "Energy Analyst"  
281.658.0395

**GREAT BUSINESS RATES TOO!**



## Full Service Hospital with Boarding and Grooming

CYPRESS FAIRHAVEN  
ANIMAL HOSPITAL



HIGH QUALITY, COMPASSIONATE  
MEDICINE WITH EXCEPTIONAL  
CLIENT SERVICE

**Dr. Matt Hennessey**

281-256-8085

15820 Mueschke Cypress 77433

[www.cypressfairhavenvet.com](http://www.cypressfairhavenvet.com)



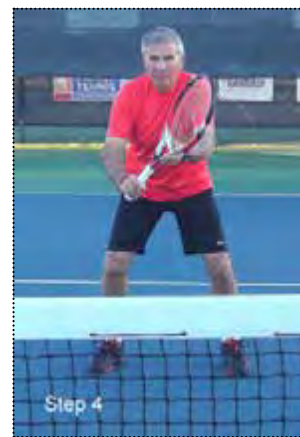
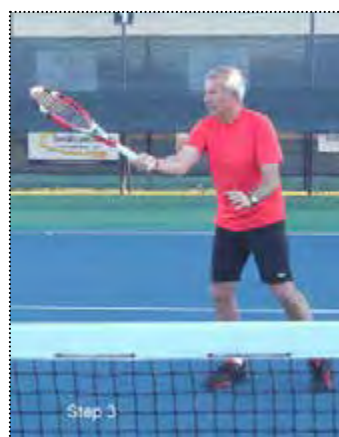
**\$10 Off  
Grooming**

**50% Off  
Microchips**  
with coupon  
(regular price \$46.50)

\*Low cost Spay and Neuter Wednesdays

## TENNIS TIPS

By USPTA/PTR Master Professional  
**Fernando Velasco**



### How To Execute The Forehand Drop Shot

In previous newsletters, I offered tips on how to hit the forehand groundstroke, the two-handed backhand, the one-handed backhand, the forehand volley, the two handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley, the overhead “smash”, the forehand service return, the backhand service return, the forehand high volley approach shot, the two handed high volley approach shot, the one-handed high volley approach shot, the forehand lob, the two-handed backhand lob and the one-handed backhand lob.

In this issue, I will offer instructions on how to execute the Forehand Drop Shot. This shot is used when a player is deep on the baseline and returns a short soft ball. The player hitting the drop shot is forcing the opponent to run toward the net. This ball should be hit high enough to clear the net and almost bounce back toward the net. If the player running for the shot can get it on the first bounce, it will likely be off balance and will be forced to make an error or return for an easy put away volley. In the illustrations, Fernando Velasco, Manager and Director of Tennis at the Grey Rock Tennis Club, shows the proper technique to execute this stroke. This shot can also be executed from the base line when the opponent is expecting a deep return of a serve.

**Step 1:** The Back Swing: When Fernando detects the ball landing short and high, he starts his back swing high and compacted. He is using the continental grip and keeping his eyes focused on the flight of the ball. His left hand is up front to keep the proper body balance.

**Step 2:** The Point of Contact: Fernando is now ready to perform the drop shot. His eyes are now focused on the point of contact and the face of the racket is angled up to create the underspin on the ball. His goal is to keep his head still. His left hand is still in front and his weight is shifting toward his left foot.

**Step 3:** The Follow Through: The success of a drop shot is to keep the ball on the strings as long as possible. Fernando is almost “cupping” the ball during the follow through. Fernando’s grip is relaxed and the head of the racket is pointing toward the sky. His left shoulder is almost opening to the net and his eyes are following the path of the ball.

**Step 4:** The Ready Position: Once Fernando finishes the stroke, his goal is to follow the path of the drop shot. If he created a good drop shot and sees his opponent running with the head of the racket down, Fernando will move closer to the net or anticipate the angle shot. More likely it will be an easy sitter for a put away volley.

*Look in the next Newsletter for: How to execute “The Backhand Drop Shot”*



**NOT AVAILABLE ONLINE**

The Ranch Record is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use the Ranch Record Newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc.

**DISCLAIMER:** Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

\*The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

\* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

\* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.



**Give Your  
Old Car  
The Boot**



**TEXASDIRECTAUTO.COM**

*Sell Us Your Car! We make buying and selling fun!*





**PEEL, INC.**

308 Meadowlark St. South  
Lakeway, TX 78734

PRSR STD  
U.S. POSTAGE  
PAID  
PEEL, INC.

BK



LET US HELP YOU  
GROW YOUR NEXT

**BIG  
IDEA**



**PEEL, INC.**  
printing & publishing

CONTACT US TODAY!

**512.263.9181**

OR VISIT

**PEELINC.COM**