

SPECTATOR

March 2014

NEWS FOR THE RESIDENTS OF CYPRESS CREEK LAKES

Volume 3, Issue 3

BLUEBONNET festival

The Chappell Hill Historical Society celebrates their 50th Anniversary this year. What a year is planned with the State Official Bluebonnet Festival to be held on Saturday, April 12, from 9 a.m. til 6 p.m. and Sunday, April 13, from 9 a.m. til 5 p.m. This is one of Texas best festivals with over 450 arts & crafts booths, children court, great Texas food, and some of the best live entertainment in this part of Texas.

Come visit the great town of Chappell Hill for the Bluebonnet Festival. Admission is free, parking usually is \$5 and experience a great day in the country. Located on U.S. 290 East, between Houston and Austin. Come out and enjoy Chappell Hill Historical Society anniversary and be a part of the CHHS Bluebonnet Festival.

IMPORTANT NUMBERS

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Ambulance.....	911
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- Burglary & Theft	713-967-5770
- Auto Theft	281-550-0458
- Homicide/Assault	713-967-5810
- Child Abuse	713-529-4216
- Sexual Assault/Domestic Violence.....	713-967-5743
- Runaway Unit	713-755-7427
Poison Control.....	800-222-1221
Traffic Light Issues	713-881-3210

SCHOOLS

Cypress Fairbanks ISD Administration	281-897-4000
Cypress Fairbanks ISD Transportation	281-897-4380
Warner Elementary	281-213-1650
Smith Middle School	281-213-1010
Cy-Ranch High School	281-373-2300

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Reliant Energy.....	713-207-2222
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Waste Management - Trash	713-686-6666

OTHER NUMBERS

Animal Control.....	281-999-3191
Cypress Fairbanks Medical Center.....	281-890-4285
Harris County Health Department	713-439-6260
Post Office.....	281-859-9021
Harris County Public Library.....	281-290-3210
Cy-Fair Hospital.....	281-890-4285
North Cypress Medical Center.....	832-912-3500

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Advertising.....	advertising@PEELinc.com, 1-888-687-6444

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ARTICLE INFO

The *Tribune* is mailed monthly to all Cypress Creek Lake residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to cypresscreeklakes@peelinc.com. The deadline is the 9th of the month prior to the issue.

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Organize

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Successful Business Training

Keynote speaker shares tips at the March 27, 2014 CYFEN meeting

Come to the Cy-Fair Express Network (CYFEN) luncheon March 27 and get tips on being successful in your business.

The keynote speaker is Chuck Douglas with Proaction International. Chuck is a graduate of the Georgia State University in Atlanta (don't hold that against him), and has delivered more than 5,000 presentations and training programs throughout the world, including extensive tours with Tony Robbins, Bob Proctor, Les Brown, Mark Victor Hanson and Brian Tracy.

Chuck will share some ideas designed to "Create Immediate & Lasting Results" for your personal and professional effectiveness.

All are welcome to attend the monthly meetings of CYFEN, which are held the fourth Thursdays at the Sterling Country Club, 16500 Houston National Blvd. This month's meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program.

Bring business cards for networking. The meeting cost is \$25 with advanced reservations made by the Thursday prior to the meeting and \$30 at the door.

For information on CYFEN, which is part of the American

Business Women's Association, go to www.CYFEN.org.

SAVE THE DATE

April 24, 2014

CY-FEN EXPRESS ANNUAL WOMEN'S EXPO

Bring a friend to this event showcasing and supporting more than 75 Cy-Fair area businesses. For information, contact expovendor@cyfen.org

ABOUT CY-FAIR EXPRESS NETWORK (CYFEN)

The Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition.

ABOUT AMERICAN BUSINESS WOMEN'S ASSOCIATION

ABWA's mission is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.

Cy-Fair Hospital now has a new location in your neighborhood to serve your Emergency and Urgent Care needs.

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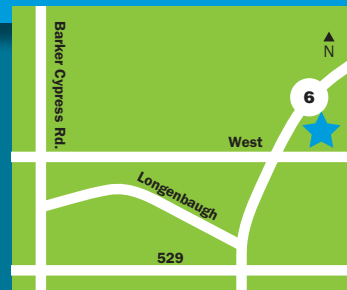
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Urgent Care Locations



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14044 Spring Cypress
at Grant Road

CY-FAIR KIWANIS CLUB

Kiwanis wants YOU! The Cy-Fair Kiwanis Club is actively seeking new members who are interested in giving service to improve our community and our world. Visit the Cy-Fair Kiwanis Club and learn more about community needs. In March, we have the following programs scheduled:

March 4—Mary Jane Williams from the Families to Families Network will discuss that organization's work for Children with disabilities.

March 11—Dr. Ronald B. Rea of the Chriss Cole Children's Fund will talk about the operation of the children's rehabilitation center. Their mission is to help children and families with resources not available from other community agencies.

March 18—Ray Wooten, executive director of Shield Bearer will address how this organization helps heal the hearts of children who fall between the cracks of most recognized community agencies. These children are victims of abuse, neglect and child trafficking.

Kiwanis will provide donations and service whenever possible. Children: Priority One is the motto of Kiwanis worldwide. Join us in these endeavors and reap the rewards of satisfaction in the results achieved.



Additionally, we sponsor Key Clubs and Builder's Clubs in the high schools and middle schools in the Cy-Fair District.

Businesses of the community are encouraged to support a representative for membership in Kiwanis. If you work for a business that is oriented toward involvement in community improvement and leadership, suggest to them that you would like to represent that business through membership and involvement in work with Kiwanis. We welcome business and organization representatives as well as individual memberships.

The Cy-Fair Kiwanis Club meets at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call John Carroll at 281-463-0373, George Crowl at 832-467-1998 or Peggy Presnell at 281-304-7127. We invite you to be our guest at one of the meetings and enjoy the fellowship of Kiwanians from your community as you learn about our organization.

We welcome your visit at our Club meeting and your consideration of membership in our service organization.

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GREAT BUSINESS RATES TOO!



Texas A&M University Traditions Council to speak to **NORTHWEST HARRIS COUNTY AGGIE MOM'S CLUB**

Traditions are alive and well at Texas A&M! Please join us for the Northwest Harris County Aggie Mom's Club monthly meeting on Tuesday, March 11, 2014 at 7:00 p.m. at the Houston Distributing Company, 7100 High Life Drive, conveniently located near Willowbrook Mall at the intersection of High Life Drive and Cutten Road. You will enjoy hearing from some of Texas A&M's most enthusiastic students who are members of the Traditions Council. Traditions Council is a committee on the Executive Branch of the Student Government Association at Texas A&M University. Founded in 1975, their mission is to preserve and promote the traditions of Texas A&M through education and awareness. One of the biggest honors Traditions Council has is participating in the tradition of Silver Taps, a tribute to any undergraduate or graduate student who passes away while enrolled in Texas A&M. Traditions Council hosts Senior Bootline during home conference football games, Run for the Ring, a 5K race and drawing to raise money for an endowment to fund Aggie Ring scholarships, and facilitates Bonfire Remembrance Week.

The Traditions Council is just one of many student organizations that the Northwest Harris County Aggie Moms supports. At every April meeting, members of the club have the privilege of casting votes for any student organization at A&M that they would like to see receive funds from our club.

Parents Weekend- April 11-13, 2014

Parents' Weekend is a cherished Aggie tradition honoring Aggie moms and dads since 1919. Among the many weekend activities is the popular Aggie Moms' Boutique, a gift and craft fair held on April 11 and 12 in the Memorial Student Center at Texas A&M. Check out our booth! We will be selling our Tradition beads!

The Northwest Harris County Aggie Mom's Club meets August thru May on the second Tuesday of every month at 7:00 pm at 7100 High Life Drive. Refreshments are available at 6:45! For more information on monthly speakers or upcoming events visit our website at www.nwhcaggie moms.org or contact Shannon Eberle, Club President at clubpres2012@gmail.com.

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Cypress Creek Lakes Year-to-Date Sales Report

	Apr '13	May '13	June '13	July '13	Aug '13	Sept '13	Oct '13	Nov '13	Dec '13	Jan '14
\$500,000 and above	0	2	1	1	0	0	1	0	1	0
\$451,000--\$499,999	0	2	1	0	1	0	1	0	1	1
\$351,000--\$450,999	1	5	3	3	3	5	2	4	5	5
\$276,000--\$350,999	5	6	2	2	1	2	0	3	3	1
\$231,000--\$275,999	3	6	2	1	3	0	1	1	2	2
\$201,000--\$230,999	3	5	1	0	10	0	0	2	2	0
\$200,999 and below	1	0	0	0	0	0	0	0	0	0
Total	13	26	10	7	9	7	5	10	14	9
Highest \$/sq ft	\$105.51	\$118.51	\$111.90	\$114.79	\$109.91	\$106.16	\$117.94	\$115.86	\$110.87	\$129.12

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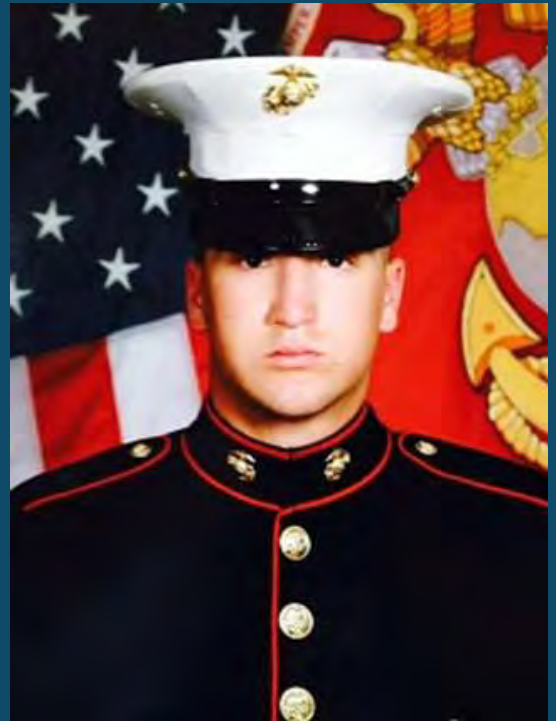
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FORMER CYPRESS RANCH CLASS OF 2012 GRADUATE - GRADUATES UNITED STATES MARINE CORPS BOOT CAMP

PVT Cody Henson Jones, 19, of Cypress graduated from United States Marine Corps boot camp at Marine Corps Recruit Depot San Diego on 10 January 2014. Pvt. Jones successfully completed 13 weeks of intensive basic training at MCRD San Diego as one of 480 recruits in Training Platoon 2147. While in recruit training Pvt. Jones accomplished/achieved the following: Honor Platoon. Following ten days home on leave he will report to Camp Pendleton for one month at Military Combat Training then Military Occupation Specialty school.



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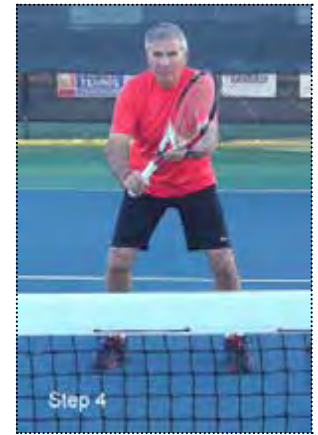


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TENNIS TIPS

By USPTA/PTR Master Professional
Fernando Velasco



How To Execute The Forehand Drop Shot

In previous newsletters, I offered tips on how to hit the forehand groundstroke, the two-handed backhand, the one-handed backhand, the forehand volley, the two handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley, the overhead “smash”, the forehand service return, the backhand service return, the forehand high volley approach shot, the two handed high volley approach shot, the one-handed high volley approach shot, the forehand lob, the two-handed backhand lob and the one-handed backhand lob.

In this issue, I will offer instructions on how to execute the Forehand Drop Shot. This shot is used when a player is deep on the baseline and returns a short soft ball. The player hitting the drop shot is forcing the opponent to run toward the net. This ball should be hit high enough to clear the net and almost bounce back toward the net. If the player running for the shot can get it on the first bounce, it will likely be off balance and will be forced to make an error or return for an easy put away volley. In the illustrations, Fernando Velasco, Manager and Director of Tennis at the Grey Rock Tennis Club, shows the proper technique to execute this stroke. This shot can also be executed from the base line when the opponent is expecting a deep return of a serve.

Step 1: The Back Swing: When Fernando detects the ball landing short and high, he starts his back swing high and compacted. He is using the continental grip and keeping his eyes focused on the flight of the ball. His left hand is up front to keep the proper body balance.

Step 2: The Point of Contact: Fernando is now ready to perform the drop shot. His eyes are now focused on the point of contact and the face of the racket is angled up to create the underspin on the ball. His goal is to keep his head still. His left hand is still in front and his weight is shifting toward his left foot.

Step 3: The Follow Through: The success of a drop shot is to keep the ball on the strings as long as possible. Fernando is almost “cupping” the ball during the follow through. Fernando’s grip is relaxed and the head of the racket is pointing toward the sky. His left shoulder is almost opening to the net and his eyes are following the path of the ball.

Step 4: The Ready Position: Once Fernando finishes the stroke, his goal is to follow the path of the drop shot. If he created a good drop shot and sees his opponent running with the head of the racket down, Fernando will move closer to the net or anticipate the angle shot. More likely it will be an easy sitter for a put away volley.

Look in the next Newsletter for: How to execute “The Backhand Drop Shot”

Local Organizers Seek Community Volunteers!

NW Houston/Cy-Fair, April 5, 2014 - Tired of looking at the growing piles of litter in public areas in our communities? We can do something about it! Calling all Texans to turn out on April 5th and join in the statewide initiative to remove litter and debris from our parks and roadways. Participants receive trash bags, volunteer giveaways, promotional items, and more to assist in facilitating our cleanup efforts.

Don't mess with Texas is a Texas Department of Transportation initiative that began in 1985 to keep trash off Texas Highways. The Trash-Off, which is a partnership between the DOT and Keep Texas

Don't mess with Texas

TRASH-OFF

APRIL 5, 2014

Beautiful, is organized locally by Anna Harrison, Amanda Mims and Judy Bodnar, Realtors on the Bodnar Team at the Better Homes and Gardens/Gary Greene Real Estate office on Barker Cypress Road.

The Bodnar Team encourages participation and says, "We are proud to carry out this community service and carry on with the Don't mess with Texas tradition because the presence of litter in a community takes a toll on quality of life, property values and housing prices."

Since litter begets litter, people are inclined to add to existing piles. Turn out to help bag it up and see what a difference a day can make!

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