



# Willow Pointe Newsletter

March 2014  
Volume 10, Number 3

[www.willowpointe.org](http://www.willowpointe.org)

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Official Publication of the Willow Pointe Homeowners Association, Inc.

## President's Message

*By Scott Ward*

### Save the (Garage Sale) Date

The Spring Community Garage Sale this year will be the weekend of April 25, 26, and 27th. So go through your back rooms and closets and get rid of that stuff taking up space!!! Find all those things you no longer need and divest yourself of them...and make a little money in the process. We will post signs at both community entrances to advertise

### More in the MUD

I am proud to announce that in January, Craig Perez was appointed to a position on the MUD Board. He joins me and Steve Mueller, who currently serves as MUD Board President, as Willow Pointe representatives. We also serve with two Winchester Country representatives, Bonnie Gunther and Jimmy Wilson, with whom we have a great working relationship.

I feel very blessed to be a part of two Boards that work exceptionally well together and are able to get tasks done without drama and infighting. Other districts Board members have actually sat in on MUD 10 Board meetings to see how to better work towards a common goal while considering differing viewpoints...and doing so with respect. In conclusion, I am very excited that we are able to have Willow Pointe very well represented on our MUD Board and I know all of us all look forward to continuing our service to MUD 10.

### Bayou Cleanup with a Bang

Trashbash will be held on March 29th, 2014. Participants in the event will work to clean White Oak Bayou and its tributaries between Jones Rd. and Beltway 8. Interested volunteers should meet at Bang Elementary at 8am for registration. Cleanup begins at 8:30am...lunch at noon...prizes and entertainment at 12:30pm. Go to [trashbash.org](http://trashbash.org) for more information.

## Willow Pointe COMMUNITY CALENDAR

**MARCH 2014**

**MARCH 2**

Texas Independence Day

**MARCH 3**

Landscape Committee Meeting

@ 6:30 pm

**MARCH 8**

Walk the bayou and pick up trash – meet @ the Willow Crossing Bridge @ 8 am

**MARCH 9**

Day Light Savings Time  
(Spring Forward)

**MARCH 17-21**

CFISD Holiday

**MARCH 17**

St. Patrick's Day

**MARCH 18**

Board Meeting

All meetings are held in the pool meeting room. All Homeowners are welcome to attend any of the above meetings. Please call Randall Management to be placed on the agenda if you would like to address the Board at the meeting.

MUD Meeting Information – The normal date/time is 11:30 am the first Thursday of the month at the offices of Attorneys Young and Brooks. The address is 10000 Memorial Drive, Suite 260.

# Willow Pointe

## IMPORTANT NUMBERS

Emergency .....	911
Sheriff's Department.....	713-221-6000
Sheriff's Department (Business).....	281-290-2100
Fire Department (Non-Emergency).....	713-466-6161
Vacation Watch .....	281-290-2100
Poison Control Center .....	800-222-1222
Animal Control.....	281-999-3191
Commissioner, Precinct 4.....	281-353-8424
Willow Place Post Office .....	281-890-2392
Entex Gas.....	713-659-2111
Centerpoint Energy (Power Outages Only) ....	713-207-2222
Allied Waste Customer Service - Garbage & Recycle.....	713-635-6666
Recycle/Hazardous Waste Disposal.....	281-560-6200
West Harris County MUD.....	281-807-9500
Jane Godwin @ Randall Management, Inc Voice Mail nights or week-ends .....	713-728-1126 ext 11 jgodwin@randallmanagement.com
Newsletter Publisher Peel, Inc .....	advertising@PEELinc.com 888-687-6444

## HOMEOWNERS ASSOC.

### BOARD OF DIRECTORS

President	Scott Ward	2011 - 2014
Vice President	Craig Perez	2012 - 2015
Secretary	Brenda Jackson	2012 - 2015
Treasurer	Steve Mueller	2010 - 2013
Director	Angie Wilson	2011 - 2014

Please contact us at [wphoa.board@willowpointe.org](mailto:wphoa.board@willowpointe.org) if you have questions, comments or concerns.

## ADVERTISING INFO

Please support the businesses that advertise in the Willow Pointe Newsletter. Their advertising dollars make it possible for all Willow Pointe residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the community newsletter by advertising, please contact our sales office at 888-687-6444 or [advertising@peelinc.com](mailto:advertising@peelinc.com). The advertising deadline is the 8th of each month for the following month's newsletter.

## Harris County Sheriff's Office Patrol Report

Category	No.
Burglary/Habitat .....	0
Burglary/Motor vehicle .....	3
Criminal Mischief .....	1
Disturbance/Family .....	1
Disturbance/Loud Noise .....	0
Local Alarms .....	7
Suspicious Person .....	0
Traffic Stop.....	5
Vehicle Suspicious .....	1

## FUN FAIR POSITIVE SOCCER

### Registration Open!

For boys & girls, age 4-18. Spring season is April 12 to May 31, 2014. FFPS provides a positive youth sports experience. FFPS offers fun fair experience, weekly practices, full uniform & trophy, equal play time & play every position, balanced teams, positive coaches & more.

Go to [www.FFPS.org](http://www.FFPS.org) to sign up. Registration fee includes full uniform (shirt, shorts and socks), trophy, trained positive coaches, nice fields & background checks on all volunteers. Coaches will call players to schedule practice by April 9th. Practice times & location determined by the coach & team. The schedule includes eight games all played locally on Saturdays from April 12th – May 31st. Cy-Fair N league plays at Matzke Elementary (13102 Jones Rd, Houston, TX). Cy-Fair S league plays at Cook Middle School (9111 Wheatland Dr, Houston, TX). Cy-Fair W league plays at Horne Elementary (14950 W Little York, Houston, TX).

Register online at [www.ffps.org](http://www.ffps.org) or call 1-800-828-PLAY.





# Yard of the Month

Spring is in the air and after this winter it can come none too soon. Congratulations to the family at 10206 Tallow Bend Court who received first place for the month. Also congratulations go to the family at 10007 Hickory Trail Lane who receive second place this month.



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# Willow Pointe

## WILLOW POINTE HOA, INC BALANCE SHEET JANUARY 31, 2014

### ASSETS

<i>Checking</i>	
Comm Assoc Banc	\$ 29,183.67
Temp Transfer Comm Assoc M/M	\$100,000.00
<i>Reserves</i>	
Comm Assoc Banc	\$129,439.78
M.Stanley/S. Barney	\$146,069.65
Total Reserves	\$275,509.43
<i>Accounts Receivable</i>	
2009 Owner Assessments	\$ 448.00
2010 Owner Assessments	\$ 448.00
2011 Owner Assessments	\$ 896.00
2012 Owner Assessments	\$ 3,935.00
2013 Owner Assessments	\$ 8,949.94
2014 Owner Assessments	\$ 67,939.02
A/R Collection Fees	\$ 12,823.26
A/R Lawn Fees	\$ 280.00
A/R Late charges	\$ 1,159.06
A/R Legal fees	\$ 7,889.63
A/R Opening Balance	\$ 19,391.50
	\$ 124,159.41
Total Assets	\$528,852.51
Pre-paid insurance	\$ 4,980.72
Total other assets	\$ 4,980.72
Total Assets	\$533,833.23

### LIABILITIES AND MEMBER'S EQUITY

<i>Current Liabilities</i>	
Prepaid-HOA Fees	\$ 448.00
Total Liabilities	\$ 448.00
<i>Reserves</i>	
Beginning balance	\$ 259,989.59
2013 Reserves	\$ 16,428.00
Interest Income	\$ 17.38
Capital Expenses	\$ -925.54
Total Reserves	\$275,509.43
<i>Member Capital</i>	
Prior Years equity	\$ 57,499.33
Accrual basis equity	\$123,711.41
Total homeowners capital	\$181,210.74
YTD excess/deficit	\$ 76,665.06
Total member's equity	\$ 257,875.80

**TOTAL LIABILITIES AND MEMBER'S EQUITY**  
**TOTAL** \$ 533,833.23



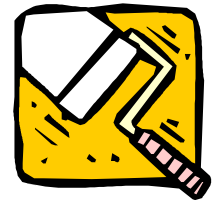
*Do You Have Reason  
to Celebrate?*

We want to hear from you! Email [wphoa.board@willowpointe.org](mailto:wphoa.board@willowpointe.org) to let the community know!

## Bashans Painting & Home Repair

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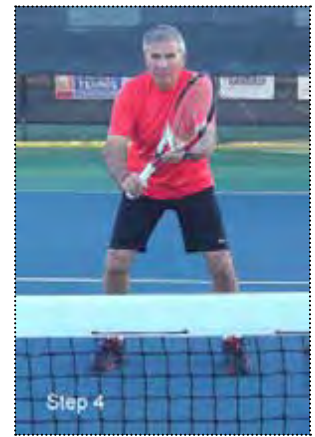
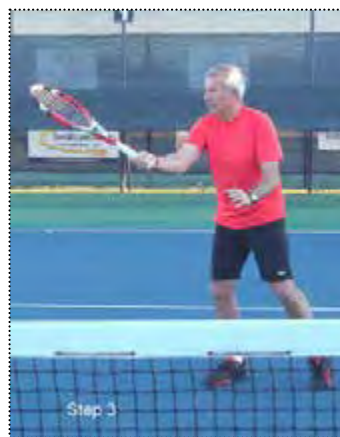
- Interior & Exterior Painting
- Garage Floor Epoxy
- Hardi Plank Installation
- Custom Staining
- Wood Replacement
- Roofing
- Sheetrock Repair
- Gutter Repair/Replacement
- Interior Carpentry
- Faux Painting
- Cabinet Painting
- Door Refinishing
- Wallpaper Removal and Texturizing
- Window Installation
- Pressure Washing
- Trash Removal
- Fence Repair/Replacement
- Ceiling Fan/Light Fixtures

**References Available • Fully Insured**  
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# TENNIS TIPS

By USPTA/PTR Master Professional  
**Fernando Velasco**



## How To Execute The Forehand Drop Shot

In previous newsletters, I offered tips on how to hit the forehand groundstroke, the two-handed backhand, the one-handed backhand, the forehand volley, the two handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley, the overhead “smash”, the forehand service return, the backhand service return, the forehand high volley approach shot, the two handed high volley approach shot, the one-handed high volley approach shot, the forehand lob, the two-handed backhand lob and the one-handed backhand lob.

In this issue, I will offer instructions on how to execute the Forehand Drop Shot. This shot is used when a player is deep on the baseline and returns a short soft ball. The player hitting the drop shot is forcing the opponent to run toward the net. This ball should be hit high enough to clear the net and almost bounce back toward the net. If the player running for the shot can get it on the first bounce, it will likely be off balance and will be forced to make an error or return for an easy put away volley. In the illustrations, Fernando Velasco, Manager and Director of Tennis at the Grey Rock Tennis Club, shows the proper technique to execute this stroke. This shot can also be executed from the base line when the opponent is expecting a deep return of a serve.

*Look in the next Newsletter for: How to execute “The Backhand Drop Shot”*

**Step 1:** The Back Swing: When Fernando detects the ball landing short and high, he starts his back swing high and compacted. He is using the continental grip and keeping his eyes focused on the flight of the ball. His left hand is up front to keep the proper body balance.

**Step 2:** The Point of Contact: Fernando is now ready to perform the drop shot. His eyes are now focused on the point of contact and the face of the racket is angled up to create the underspin on the ball. His goal is to keep his head still. His left hand is still in front and his weight is shifting toward his left foot.

**Step 3:** The Follow Through: The success of a drop shot is to keep the ball on the strings as long as possible. Fernando is almost “cupping” the ball during the follow through. Fernando’s grip is relaxed and the head of the racket is pointing toward the sky. His left shoulder is almost opening to the net and his eyes are following the path of the ball.

**Step 4:** The Ready Position: Once Fernando finishes the stroke, his goal is to follow the path of the drop shot. If he created a good drop shot and sees his opponent running with the head of the racket down, Fernando will move closer to the net or anticipate the angle shot. More likely it will be an easy sitter for a put away volley.

## Olympic Fever Can Encourage Physical Activity In Children

According to an expert at Baylor College of Medicine, the Olympics are a great opportunity for children to learn about physical activity and goal setting.

According to Dr. Jorge Gomez, associate professor of pediatrics in the division of adolescent and sports medicine at Baylor, Olympic competitions will encourage children to do something fun and active.

"Research has shown that the strongest predictor of children remaining physically active into adulthood is having experiences of being active with their parents," said Gomez.

He offers the following tips for parents when watching the Olympic Games with their children:

- Point out that the athletes are participating because it's fun for them.
- Emphasize athletes are where they are after years of hard work.
- Discuss what it means to be a team player and to have good sportsmanship.
- Focus on the fact that the athletes are fit because they take care of themselves by eating well and exercising.
- While encouraging children to explore new activities, keep safety in mind.



## FOLLOW UP ON YOUR HEART HEALTH

Eating healthy and exercising are well known tips to keep your heart healthy, but doctors at Baylor College of Medicine say don't forget about the follow-ups.

"Many times people will see a doctor and receive a diagnosis of high cholesterol or blood pressure, for example, but they won't follow up with another appointment," said Dr. Joseph Coselli, professor of surgery at Baylor. "These secondary doctor visits are needed to monitor progression of risk factors and to help find the most effective treatment options."

Coselli recommends asking your doctor some important questions:

- What is a healthy weight for me?
- What does a balanced diet consist of?
- How do I quit smoking?
- What exercises should I add to my daily routine?
- What health screenings should I have?
- When should I follow up with my next appointment?

"You have to be responsible for your health and make important changes to keep your heart healthy," Coselli said.

## Prevent Colon Cancer In Less Than An Hour

Regular screenings for colon cancer can catch the deadly disease before it even begins, according to doctors at Baylor College of Medicine.

"Colon cancer is known as the silent killer because symptoms are not present until it's too late," said Dr. Waqar Qureshi, professor of medicine and chief of endoscopy at Baylor.

Symptoms include rectal bleeding, abdominal pain, weight loss or anemia. But if symptoms are apparent, then it's more than likely the cancer has already spread. Screening can catch precancerous growths at a time when life-saving treatments are still effective.

A colonoscopy is the most accurate way to find precancerous growths. A colonoscopy takes up to 20 minutes, and patients are sedated so most don't even remember the procedure.

"Usually screenings start at age 50 and continue every 10 years after that," said Qureshi. "However, if colon cancer runs in your family, screenings should be more frequent and begin sooner."

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