



BEE CAVE *Messenger*

VOLUME 5, ISSUE 4

APRIL 2014

NEWSLETTER FOR THE RESIDENTS OF THE BEE CAVE AREA



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ARTICLE INFO

The Bee Cave Messenger is mailed monthly to all Bee Cave area residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for the Bee Cave Messenger please email it to beecave@peelinc.com. The deadline is the 15th of the month prior to the issue.

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire.....	911
Ambulance.....	911
Police Department	512-314-7590
Sheriff – Non-Emergency.....	512-974-0845
Travis County ESD No.6/Lake Travis Fire Rescue	
Administration Office.....	512-266-2533
Travis County Animal Control.....	512-972-6060

SCHOOLS

Lake Travis ISD	512-533-6000
Lake Travis High School.....	512-533-6100
Lake Travis Middle School.....	512-533-6200
Lake Travis Elementary.....	512-533-6300
Hudson Bend Middle School	512-533-6400
Lake Pointe Elementary.....	512-533-6500
Lakeway Elementary	512-533-6350
Serene Hills Elementary	512-533-7400
Bee Cave Elementary.....	512-533-6250

UTILITIES

Travis County WCID # 17.....	512-266-1111
Lakeway MUD	512-261-6222
Hurst Creek MUD.....	512-261-6281
Austin Energy	512-322-9100
Pedernales Electric.....	888-554-4732
Texas Gas Service	
Custom Service.....	1-800-700-2443
Emergencies.....	512-370-8609
Call Before You Dig.....	512-472-2822
AT&T	
New Service.....	1-800-464-7928
Repair.....	1-800-246-8464
Billing.....	1-800-858-7928
Time Warner Cable	
Customer Service.....	512-485-5555
Repairs.....	512-485-5080
Austin/Travis County Hazardous Waste	512-974-4343

OTHER NUMBERS

Bee Cave City Hall.....	512-767-6600
Bee Cave Library	512-767-6620
Municipal Court	512-767-6630
Lake Travis Postal Office.....	512-263-2458
City of Bee Cave	www.beecavetexas.com

NEWSLETTER PUBLISHER

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Table of Contents

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AROUND BEE CAVE

- 5 7th Annual Lake Travis Springfest
- 6 Sunset Celebration on the Waterfront
- 8 National Cancer Nonprofit Celebrating 5 Years
- 9 Be Healthy Lake Travis

SCHOOL NEWS

- 10 Cavalettes Spring Show
- 10 Junior Cavalette Dance Clinic
- 11 Bee Cave Elementary Carnival

SPORTS NEWS

- 14 16th Annual Wilderness Run & Walk
- 14 Lake Travis Youth Association

NEWSYOU CAN USE

- 16 Drought Update
- 19 Lake Travis Lions Club Event Benefits All Things Wild

IN EVERY ISSUE

- 4 Classifieds
- 22 Teenage Job Seekers



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COVER PHOTO

Do you take great photos?

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Bee Cave Messenger. Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to beecave@peelinc.com. Portrait (vertical) photos work best.

This month's photo was submitted by Michelle Ellisor Photography. You can see her work and follow her online at [Facebook/MichelleEllisorPhotography](https://www.facebook.com/MichelleEllisorPhotography).

To view other photos submitted please visit www.PEELinc.com/BeeCave, and view any of the past newsletters.

By submitting your photo you agree to allow your photo to be published in future issues of the Bee Cave Messenger or other Peel, Inc. publications. Call 512-263-9181 to find out how to have your business featured on the cover of the Bee Cave Messenger.

BUSINESS CLASSIFIEDS

MURPHY'S LANDSCAPE & LAWN – Full-scale commercial & residential landscaping projects and design down to basic lawn care. Achieve a great looking yard without the hassle. For a list of services visit <http://www.murphyslawn.net>. For FREE estimate or more info, call Murphy at 803-5148.

7th ANNUAL LAKE TRAVIS SPRINGFEST

The Lake Travis Chamber of Commerce will bring SpringFest back to Bee Cave at The Backyard Live Oak Amphitheater. Presented by St. David's Emergency Center, SpringFest will be bigger and better than ever. The two day community festival filled with shopping, food, music and fun for the whole family is always the last weekend in April.

SpringFest expands to two days and kicks off at 6PM on Friday, April 25th with the KidZone rides and attractions, the WineStomp wine tasting tent and a FREE movie featuring the Oscar Winning Disney film, FROZEN Sing-a-Long. The expansion of SpringFest to Friday night was made possible by Watkins Insurance Group.

SpringFest continues on Saturday, April 26th at 11AM. "It is the BIGGEST time in the smallest town with artisan craft shopping galore, LIVE music all day featuring Doug Moreland, a KidZone the size of a football field, a boat expo featuring the latest and greatest in watercraft and a BBQ cook-off to determine this year's Lake Travis Rib King. The Craft BrewHaus with specialty craft beers from the Hill Country and Austin will return as a popular facet of the festival," says SpringFest Chair, Will Mitchell.

"We look forward to another electrifying event in Bee Cave," says Laura Mitchell, President of the Chamber. "This amazing festival is a fun event for all ages filled with great music, a huge KidZone and unique shopping."

SpringFest anticipates welcoming 8,000-9,000 attendees to this year's event. The phenomenal line up of performing arts and live music includes TexARTS, Champions Gymnastics, Jeff Hughes and Chaparral, Finger Pistol, Two Hoots and a Holler and Doug Moreland. See the SpringFest site for line-up. LakeTravisSpringFest.com. Stroll through 75+ local and regional artisan vendor booths for an experience that is only found in South Lake Travis. Everyone is welcome, and admission is FREE! Parking will be FREE Friday evening and \$5 per car on Saturday. Bring the kiddos – they will have hours of fun playing in the KidZone complete with a Kiddie Ferris Wheel, bounce houses, the Screamin' Demon, a Zipline, face-painting and more. (Tickets for attractions available onsite)

Visit the Boat Expo with superior watercraft from Sail & Ski Center, The Ski Dock and South Austin Marine along with other boat related vendors.

"The partnership with The Backyard to expand the festival provides us with an opportunity to create a strong, positive economic impact on the local economy not just for the day, but throughout the year," says Will Mitchell

"SpringFest would not be possible without generous partners and dedicated support of our sponsors." "We would like to thank our presenting sponsor St. David's Emergency Center along with other dedicated supporters; Brighton Horizons, Community Impact Newspaper, Lexus of Austin, Security State Bank and Trust and Watkins Insurance Group for their contributions to this community festival," says Will Mitchell.

For more information on live music show times, vendor and BBQ cook-off applications for SpringFest, visit LakeTravisSpringFest.com. For additional information, please contact the Lake Travis Chamber of Commerce office via email at SpringFest@LakeTravisChamber.com or (512) 263-5833.



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Around Bee Cave

SUNSET CELEBRATION ON THE WATERFRONT

Lakeway Associates of Seton will host a cocktail party and fundraiser on Sunday, April 27, from 6 p.m. to 9 p.m. at a private waterfront home in Lakeway. Formerly known as the "Seton Gala," this popular Lake Travis-area social event has a new name, "Sunset Celebration."

"Our board changed the name to emphasize the amazing sunset view our guests should enjoy and the style of dress, which we call 'relaxed-cocktail.' Funds raised this year will benefit renovation projects and improvements at Seton Shoal Creek Hospital," says event chair Sally Barto.

"Marie Aydam of Lakeway will graciously open her home for an evening of delicious hors d'oeuvres, a silent auction and a huge celebration of our 30th year in support of mental health treatment," says event co-chair Doris Burson.



"Mental illness knows no boundaries. Residents of our area who seek help for acute mental health issues or substance abuse are likely to be referred to Seton Shoal Creek Hospital," says Barto.

According to Morgen Thomsen, special events coordinator of The Seton Fund, which is the parent group of Lakeway Associates, a variety of the hospital's outpatient programs see more than 2,100 people on average each month. More than 400 people are admitted as inpatients each month, regardless of ability to pay. Every month more than 1,700 people call the hospital's

information line. Seton Shoal Creek Hospital operates the only psychiatric residency program in this region, training the future psychiatric physicians in our community. Tickets are \$100 per person. To attend or to donate, please contact Barto at 512-261-5543 or sbarto1@austin.rr.com. For more information, please see lakewayassociates.blogspot.com.

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Around Bee Cave

National Cancer Nonprofit Celebrating 5 Years

Submitted by Jessica Karlsruher

After Lakeway resident, Matt Ferstler, lost his left testicle to cancer at the age of 22, his close friends affectionately referred to him as “Single Jingle.” “There was absolutely nothing mean about that nickname,” says Ferstler. “It was a great way to talk about what I had been through.”

It was also motivation for Ferstler to begin a new journey committed to bringing testicular cancer awareness to others so in 2009 Ferstler founded the Testicular Cancer Foundation (TCF). This month Matt celebrates five years of being cancer-free and reflects on the five years the organization has been in existence.

“I can’t tell you how many times we’ve been put in touch with parents who’s young son is facing a testicular cancer diagnosis,” explains Ferstler. TCF provides awareness, education and support to men and their families about testicular cancer, the number one cancer among males 15-35. We have become the leading nationwide advocate and awareness organization with the primary mission of education young men and their families about the importance of performing monthly self-exams to detect for early signs of testicular cancer. “Often there

were warning signs but no one, mom, dad or son – knew to speak up. We are committed to making sure young men, moms and dads know about this disease.”

Ferstler and TCF welcome the opportunity to speak at area schools and organizations. We have brochures that provide detailed information about testicular cancer and our Foundation as well as a shower card that provides easy, step-by-step instruction on monthly self-examination. These shower cards save lives!

By teaching young men about their bodies we are not only includes the likelihood of early detection of testicular cancer, but we also teach them about the importance of taking care of one’s body and being an advocate for your health.

Now’s a great time to make sure the young men in your life know about testicular cancer and how to perform a monthly self-exam. For more information about Testicular Cancer Foundation and to find out how you can order brochures and shower cards email us at info@TCancer.org or visit us on the web at www.TCancer.org.

REMINDER: APRIL IS TESTICULAR CANCER AWARENESS MONTH!

Lakeway resident, Matt Ferstler, is Founder and CEO of Testicular Cancer Foundation.

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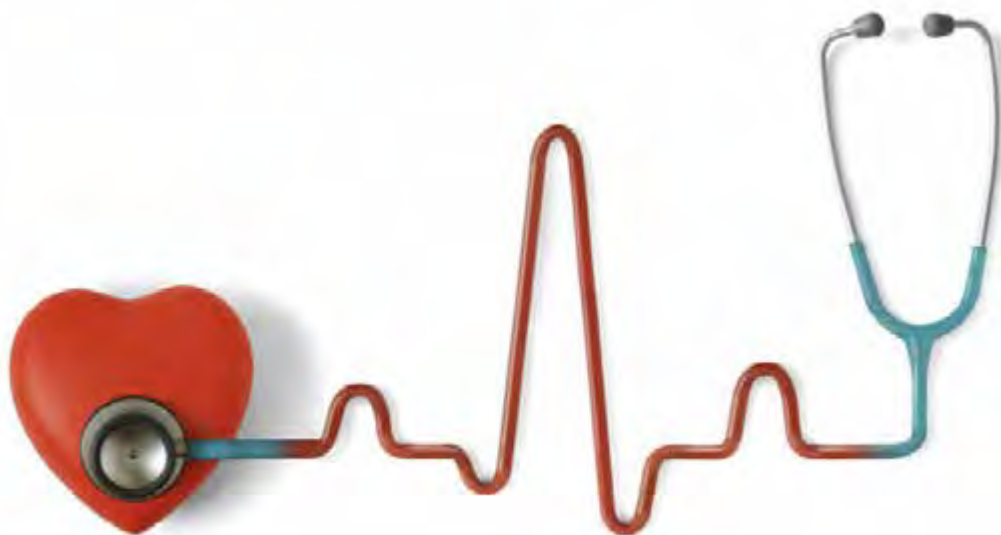
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BE HEALTHY LAKE TRAVIS

Be Healthy Lake Travis envisions a community anchored by the three pillars of health and well being: physical, nutritional and emotional health. Be Healthy is a strong supporter of health education and we are happy to share some of the latest research on heart health, provided by Neogenis® Labs, Austin, Texas. Neogenis is the world leader in nitric oxide science and its effectiveness on cardiovascular health. They are also a proud sponsor of Be Healthy Lake Travis and our initiative to inspire and motivate the Lake Travis community to Be Active. Eat Smart. Be Healthy!

Heart disease is our nation's leading chronic disease. It also underlies or contributes to the development of other diseases. Diet, lifestyle and environment, matched to genetic makeup, are major determinants for heart disease. Scientific studies now show that all of these factors along with aging have a direct effect on a major underlying piece of the puzzle for the cause of heart disease. The discovery of a molecule called Nitric Oxide (N-O) or the "Master Regulator" has caused the field of Medicine to begin rethinking the way it approaches heart disease.

Nitric oxide (N-O) is a very important "signaling" molecule in the body that sends messages to other cells for proper function. The biomedical science community has found that loss of N-O is the earliest event in the onset and progression of a number of diseases, especially cardiovascular disease, which is the number one killer of men and women in the US.

N-O is responsible for sending off crucial signals inside the body for functions like maintaining normal blood pressure, improving blood flow, promoting arterial health, supporting normal triglyceride levels and may help sexual performance.

Clinical studies reveal that humans lose 10-12% of N-O production per decade beginning about age 25. Many things can

affect the rate of N-O loss, but there are five main reasons why people may be deficient in N-O.

- After the age of 40, it is common for the human body to become unable to produce this molecule on its own. This is what leads to atherosclerosis and an increased risk for heart attacks and strokes.
- Poor diet is linked to low N-O: Lack of green leafy vegetables and beets, as they naturally provide the building blocks for N-O production. Junk food, bad fats and excess sugar intake increase inflammation in the body and deplete the N-O because it is an antioxidant.
- Lack of correct oral bacteria that convert dietary sources of nitrate into N-O. This may be due to antiseptic mouthwash, antibiotic use or poor oral hygiene.
- Some genetic disorders affect N-O production.
- Lack of regular exercise because it stimulates the production of N-O.

Neogenis Labs has a number of products that they have created to provide the nutrients necessary to help the body restore natural N-O production within the blood vessels. They believe in addition to N-O supplementation, a daily regimen of nitrate-rich green leafy vegetables and moderate physical exercise will help to restore N-O levels. However, they say that loss of N-O production is a process that occurs over many years and in some people, repairing that damage may take some time. The folks at Neogenis Labs suggest to be diligent, make wise choices in terms of diet and exercise, and maintain healthy levels of Nitric Oxide. Their products can be found at www.neogenis.com or locally at the new Hill Country Apothecary in the Lakeway Plaza shopping area at 1310 RR 620S near Achieve MPT and Tae Kwon Do Kicks.

Credit to: Carolyn Pierini, CLS (ASCP), CNC, Medical Microbiologist, Clinical Science Director, Neogenis Labs

Cavalettes Spring Show BE BIG, BE BOLD!!

The LTHS Cavalettes will host their annual Spring Show the first weekend in May at the LTHS Performing Arts Center.

FRI., MAY 2ND & SATURDAY, MAY 3RD @ 7pm
SAT. MAY 3RD @ 2pm LTISD DANCE SHOWCASE*

*Matinee features HBMS, LTMS, & LTHS Dance Classes with special performances by the Cavalettes

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Junior Cavalette Dance Clinic

Junior Cavalette Dance Clinic: For kids k-5th grade who LOVE to DANCE! Come have fun and learn a dance routine with the award winning LTHS Cavalettes! Then perform with the Cavalettes in their annual Spring Show on May 2nd. Dance clinic date: Saturday April 12th / Time: 9-noon / Cost \$45 in advance (\$50 at the door).

Register online at: www.cavalettespringclinic2014.eventbrite.com or go to www.laketraviscavalettes.com for more information.







Genre Camps 2014

6 - 11 Years, M - F, 9a - 4p

Genre Camps provide school-age kids with the exciting opportunity to fully delve into a subject that intrigues them over the course of a week. Camp guides are experts in their field, allowing for in depth discussions of the topic and a focus on developing proficient skills that children will be able to utilize both during camp as well as in school and life beyond.

Mis Suenos: A Spanish Language and Culture Camp

June 9 - 13

Sun Salutations and Brush Strokes: Yoga and Art Unite

June 16 - 20

Ni Hao, China! A Mandarin Language and Culture Camp | Creative Action:

Movie Magic

June 23 - 27

Sportball | The Music in Me

June 30 - July 3

Reach for the Stars!: Girls' Leadership | Design to Build | Creative Action:

Heroes Quest

July 7 - 11

Cooking Around the World | Inspiration to Innovation: Young Entrepreneurship | Lego: Amusement Parks and Extreme Expeditions

July 14 - 18

The Indomitable Spirit: Tae Kwon Do | The Writer's Workshop: Creative Writing

July 21 - 25

Fizzle, Bubble, Pop and Wow: Science | The Third City: Improv and Beyond

July 28 - August 1

Do You See What I See?: Photography | The Heat is On!: Summertime Science

August 4 - 8

The Heart of Drawing

August 11 - 15

Dance Discovery: Frozen Performing Arts Camp | Lego: Animal Brickology and Games Galore

August 18 - 22



For further details and enrollment,
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Lilliput Camps 2014

3 - 5 Years, M - F, 9a - 2p, After Care to 4p

Lilliput Camps allow young people to thrive by exploring unique and developmentally appropriate themes through literacy, math, science, art, play and an abundance of experiential, creative activities. Each week's theme is diverse and open ended, providing children with abundant opportunity to discover and expand their thoughts and ideas, both within themselves and with friends.

Busy Bugs: The World of Insects and Creepy Crawlers | Sensational Exploration | Beach Party Gymnastics

June 2 - 6

Cars, Trucks, Plans and Trains: Things That Go! | Color My World

June 9 - 13

Follow That Map: A Cartography Camp | Cooking Up a Story

June 16 - 20

The Octopus's Garden: The World Under Water | Passport to the World

June 23 - 27

Sweet Summertime | The Three Ring Circus | Sportball

June 30 - July 3

Evy, Ivy Over! How Does Your Garden Grow? | Head, Shoulders, Knees and Toes

July 7 - 11

Thrilled to Build: Construction Camp | Letter Detectives: The Alphabet Chronicles | A Journey in Time: Dinosaur Discovery

July 14 - 18

It's a Bird! It's a Plane!: Flight Discovery | Three, Two, One, Blast Off! | A Journey in Time: The Kings, Queens and Castles of Medieval Times

July 21 - 25

Crank the Lever, Turn the Wheel: Simple Machines | Bubble, Bubble, Pop! Do the Science Bop! | Sink or Swim: Things That Float!

July 28 - August 1

A Journey in Time: Living in Space | The Soap Box Derby | A Journey in Time: Colonial America

August 4 - 8

Stamp, Splat, Screens and Prints | Ready, Set, Recycle! | Digging Down Deep

August 11 - 18

Ring, Ding, Ting!: The World of Sound | Wonderful Water Works

August 18 - 22

**For further details and enrollment,
please visit**

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Sports

16th Annual Wilderness Run & Walk

FRIENDS OF THE PARKS OF LAKEWAY

Saturday, April 26/ Hamilton Greenbelt I in Lakeway / Registration: 8:00 AM / Event: 9:00 AM

Looking for a unique and active way to spend a morning in Lakeway? Join members of the Friends of the Parks of Lakeway and other outdoor enthusiasts for a 3 or 5 mile run or walk on Saturday, April 26 at 9:00AM at the Hamilton Greenbelt across from the Justice Center. This FREE community event will take you through the heart of Lakeway's trail system. The course winds along canyon walls and high cliffs, across fern covered creeks, and through tall native tree forests. Refreshments are available at the start/finish areas and at various locations along the course. Immediately following the event, there will be an award presentation for the top male and female finishers in various youth and adult divisions.

This year's signature sponsors are: I Bank Texas and Eitel Group.



"For the last 16 years the Friends of the Parks of Lakeway have organized this community event and we look forward to seeing both former participants and first time runners or walkers enjoy the park systems of Lakeway," said Ken Parmerter, President of the Friends of the Parks.

Register on Race Day between 8:00 AM- 8:45AM with option of purchasing a commemorative T-Shirt for \$15.00. All donations and proceeds from The Wilderness Run will go towards improving and beautifying Lakeway's parks and greenbelts. We look forward to the fun we'll have running/walking together with the Lake Travis community. For additional information about this event, please call director and event co-chair Sheryl Kelly at 512 997 8880 or visit our website <http://www.lakewayfop.org/>



LTYA is a privately funded, not-for-profit organization founded in 1978 to provide safe, fun, friendly and affordable recreational opportunities for the youth of Lake Travis. Today, we serve over 4,500 youth in our 9 sports programs and activities annually and we need your support.

Providing positive and safe sports for all children that teach basic values they can count on in their lives. We know how important the youth sports experience is for the children and that is the reason we teach the importance of teamwork, cooperation and hard work.

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- A high-end decompression traction table, which reduces nerve compression



Lakeway Regional
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PHYSICAL THERAPY

OCCUPATIONAL THERAPY

SPEECH THERAPY

DROUGHT UPDATE

**NEWS FROM
WCID 17**

Outdoor Watering Still Limited to ONCE per Week

LCRA has received approval from the Texas Commission on Environmental Quality (TCEQ) to implement yet another emergency order. The order effectively restricts downstream releases to farmers for the third year in a row and requires all municipal utilities to restrict outdoor watering to one day per week. The emergency order will be in effect until May 26th but may be renewed once for 60 days. Despite the recent rains, we are still in a severe drought stage. The mandatory one day per week outdoor watering schedule will remain in effect until further notice. Thank you for continuing to help conserve our water source, Lake Travis.

USING VACUUM BREAKERS TO PREVENT BACKFLOW WITH GARDEN HOSES

You probably use a garden hose connected to your home water supply to irrigate your lawn and garden, wash your car, bathe

your pet and perhaps apply pesticides. In all of these uses, the potential exists for backflow of contaminated water into your home and, from there, into the municipal water supply or your well. Using a simple, inexpensive vacuum breaker on your hose bibbs can help prevent this hazard.

BACKFLOW is backward movement of water from your garden hose into the water supply. Backflow can occur if the pressure in the home (or municipal) water system suddenly drops. This can occur if there is a sudden demand on water in the system because of a leak, fire trucks pumping from hydrants or a system pump failure.

Backflow can also occur if you leave a hose connected to a hose bibb and leave the hose turned on while a valve at the end of the hose is closed. In this case, the hose will be fully pressurized. Even a small drop in system pressure will then cause water to

(Continued on Page 18)



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News You Can Use

Drought Update (Continued from Page 16)

backflow. Even if system pressure does not drop, a hose lying in the sun will heat up and cause the pressure in the hose to increase to a level greater than system pressure and thus cause backflow.

A hose vacuum breaker (HVB) is a simple device that screws onto the hose threads on your hose bibb. It, in turn, has male hose threads onto which you can attach your garden hose. Use of your garden hose with an HVB is no different than without one. The HVB allows water to flow out normally but opens and vents to the atmosphere if a pressure reversal occurs. The cost is typically only \$5-\$10. HVBs are required by many plumbing codes.

INSTALLATION consists of simply screwing the HVB onto the hose bibb. The HVB should be at least 6 inches above the ground so there is no risk of it being in a puddle of water. Note that some HVBs are designed to be easy to install but difficult to remove! Others use a simple set screw to prevent loosening and are easily removed.

MAINTENANCE is very easy. Your HVBs should be

inspected occasionally to be sure they are working and not stuck. To check the operation of an HVB, hook a hose to the HVB and install a valve or nozzle that can be closed on the end of the hose. Close the valve on the end of the hose and open the hose bibb. Then, close the hose bibb while the hose is pressurized. In a few seconds, you should see a small spray of water from the HVB as the hose pressure is released.

If the HVB fails this test or it leaks in normal operation, it may need to be cleaned or replaced. Hard water or contaminants in the water can cause the mechanism to stick or bind. It may be possible to move the components enough manually to free them up; if not, the HVB will have to be replaced. Because they can be difficult to remove, this may entail replacing the hose bibb also.

Water in a garden hose can be drawn back into your water system in many ways. Hose vacuum breakers are a simple and inexpensive way to reduce the risk of contaminating your home water supply (or the municipal water supply.) They are an important step in protecting your family's water.

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Lake Travis Lions Club Event Benefits All Things Wild Rehabilitation in Lakeway

Submitted by Sue Ellen Knolle

The Lake Travis Lions Club has chosen to support the non-profit all-volunteer group, All Things Wild Rehabilitation (ATW), at its recent spaghetti dinner at the Lakeway Activity Center on March 3. The fundraising event included live music by the Lake Travis Jazz Band and a fabulous silent auction. The success of the event was marked by a record sale of tickets and attendance of supporters.

The mission of ATW is to acquire land (5 - 10 acres) and provide facilities in Lakeway for rehabilitating injured local wildlife and rescuing domestic animals found in the area. No such facility is present in the greater Lakeway area, and the need for such is great. Education is a significant part of the group with trained wildlife rehabilitators visiting local schools to educate students about wildlife. ATW has been working closely with the Lakeway Police Department and other groups by caring for injured birds and animals, as well as finding homes for domestic animals found on the streets.

The website: www.allthingswildrehab.org best explains the non-profit group and its mission. The group deeply appreciates the many generous donors who provided items for the silent auction and the enthusiastic bidders and supporters. Each and everyone can make a difference in helping ATW achieve its goals.

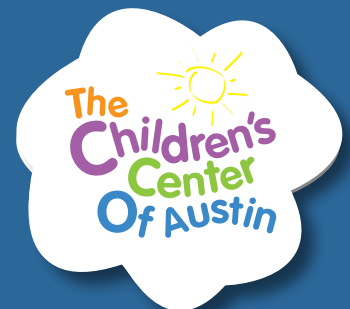


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RETIRE BETTER

THE WAR ON SAVERS

WITH JOSH STIVERS

Q: How do I get safe returns with interest rates at all-time lows?
- David, Lakeway

A: We are in very unique times for investors. The traditional choices for achieving a reasonable rate of return with no risk are offering virtually nothing. With CDs, Fixed Annuities, and Treasury Bonds at all-time lows, the risk of losing purchasing power to inflation has many people looking for alternative places to invest their safe assets.

We termed this phenomenon as the “War on Savers.” Due to the Federal Reserve’s decisions over the past several years to buy inordinate amounts of their own bonds, interest rates are forced to remain at all-time lows. This pushed many savers into considering becoming investors. What I mean by this, is that those seeking to outpace inflation are having to consider investments that carry different degrees of risk than they may typically be comfortable with.

When we add the fact that the stock market hit all-time highs on 52 different occasions last year, it is obvious that there is opportunity if you choose the right investments. The problem is that we were all taught to buy low and sell high. Well what do you do when everything is high....buy high and hope for higher?

Traditionally, investors chose to allocate more of their portfolios to bonds when equity markets were rising substantially. This served as a way to “lock-in” profits. The problem with this in our current economy is that with interest rates as low as they are, bond values will most likely be decreasing substantially in the coming years as rates begin to rise again.

As you can see, the traditional safe savings vehicles are paying no interest, the equity market is potentially at a high mark, and bond values are set to fall in coming years. I know this perspective is rather bleak and it may seem as though there are no available options, but that is not the case.

There are still a substantial amount of alternative investment opportunities that allow for growth based on rising interest rates, market volatility, and actively balanced allocations. In the past, these types of strategies have only been available to very high net worth investors through hedge funds.

With changing regulation in recent years, many of these institutional strategies were made available to the main street investor. In addition, most are positioned inside of fixed accounts that can’t lose money. As a result, you get the opportunity to make reasonable returns with no risk of loss.

The key is to keep moving forward without getting caught in an unexpected downturn. There are still opportunities to benefit from market indexes while, at the same time, protecting yourself from the potential of the concerns we discussed above.

If you would like further information on this topic or to receive a copy of our report on retirement income planning, please send your requests to the email below. As always, we are here to answer your pressing questions and concerns regarding retirement investment planning.

Send your questions and information requests to retirebetter@platinumwealthadvisory.com



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