

MAY 2014

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MOM'S GROUP

Meet other moms and kids in the neighborhood! The Briarhills Mom's Group hosts weekly playdates, mom's night out, and other fun activities! It is also a great way to keep up with what is going on in the neighborhood. If you are interested, please contact Bronwyn Sutherland at bronwyn.stewart@gmail.com.

## **IMPORTANT NUMBERS**

#### **GOVERNMENT SERVICES**

Emergency	911
Constable (Closest Law Enforcement)	281-463-6666
Poison Help	1-800-222-1222
Library and Community Center	832-393-1880
City Services	Call 311
Citizens' Assistance	713-247-1888
Public Works	713-837-0600
Neighborhood Protection	713-525-2525
Animal Control	713-229-7300
Wild animal problem	713-861-9453
Hazardous waste	713-551-7355

#### **OTHER UTILITY SERVICES**

Street light problem	713-207-2222
	(then 1 then 4)
Power out/emergency	713-207-2222
Gas leak suspected	713-659-2111
Before you dig	Call 811

#### **BRIARHILLS SERVICES**

Trash collection	713-733-1600
Amenity tags	281-558-7422
Tennis courts	281-558-7422
Pool parties	281-558-7422
Clubhouse rental	281-558-7422
Marquee messages	281-558-7422

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#### **NEWSLETTER INFORMATION**

Article Submission	briarhills@sbcglobal.net
Advertising	advertising@PEELinc.com

### **Summary for POA and HOA**

Alarm Local	.8
Check Park	.3
Contract Check2	12
Dist/Family	1
Dist/Loud Noise	2
Dist/Other	1
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Information Call	.6
Meet the Citizen	.2
Meet the Officer	.2
Neighborhood Check	16
Parking Lot Check	1
Solicitors	1
Suspicious Person	7
Traffic Initiative	13
Traffic Stop1	Ю
Vacation Watch14	17
Vehicle Speeding	.2
Vehicle Suspicious	.4
Total44	41

See the Briarhills.org Security Data page for more information.



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Event Pictures!!

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Email the picture to *briarhills@ sbcglobal.net*. Be sure to include the text that you would like to have as the caption.

Pictures will appear in color online at www.PEELinc.com.





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# TENNIS TIPS

By USPTA/PTR Master Professional Fernando Velasco









STEP 3



The Modern Game: The Top Spin Forehand

In previous newsletters, I offered tips on how to execute the basic strokes for players who are starting to play tennis or who want to get back into the game.

From this newsletter on, I will be offering suggestions on how to play the "modern" game mostly geared towards players who are happy with hitting the ball over the net and controlling the point with consistency. These players may be already playing for leagues or tournaments and are looking for more "weapons" on the court.

In this issue, I will offer instructions on how to execute the Top Spin Forehand. This shot is used when a player is now hitting the ball long and out. The ball will be aimed high over the net and hit with power. The ball will have a "top spin" so that when the ball hits the court, it will take a big hop, forcing the opponent to fall back close to the fence, or to hit the ball on the rise.

In the illustrations, Danny Rodriguez, Director of the Pre-Advanced Tennis Program at the Grey Rock Tennis Club, shows the proper technique to execute this stroke. This shot can also be executed from the service line as an "approach shot" to the net.

Step 1: The Ready Position: When Danny prepares to hit

a forehand top spin, he will change his grip toward the "semiwestern" or "full western grip" (The palm of the hand is flat on the handle). His knees are slightly flexed and his eyes are focused on the oncoming ball.

Step 2: The Back Swing: Danny is now ready to perform the shot. The head of the racket is now above is head, his shoulders are turned, the left hand is in front to help him keep the center of gravity in front, and he has loaded his weight to the back foot. His grip is relaxed and his wrist is "laid back" to allow maximum point of contact.

Step 3: The Point of Contact: The success of a top spin shot is keeping the ball on the strings going from low to high in a 30 degree angle. Danny started the swing high and "looped" it to allow the head of the racket ti drop down. He will be brushing the ball as he makes contact with it. His left shoulder is almost opening and his weight has now been shifted toward the front.

Step 4: The Follow Through: Notice Danny's finish above his left ear and his elbow pointing toward his target. He has now shifted his weight on his right foot and is ready to shuffle back to his home base.

Look in the next Newsletter for: "The Modern Game: The Backhand Top Spin"

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**BEACH** 

**SKILLS YEARLY** 

**FIRST** 

**DRAINS** 

**ONLINE** 



Please remember to pick up after your pets and "scoop the poop"

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The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

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