

# STONE FOREST

## Flyer

May 2014

Volume 4, Issue 5

## *Hello Neighbors* from your BOARD PRESIDENT

Spring has sprung in Stone Forest! I hope this letter finds everyone well and on their way to enjoying the outdoors and backyard Bar-B-Q's!

By the time this edition gets to you we should see some LONG AWAITED changes finally come to pass in Stone Forest... New playground equipment with a 40' by 40' shade! The play structure includes slides. There are four swings including "toddler buckets". A four panel climbing wall makes for a great gathering spot to visit with neighbors! Stone Forest is not just a bunch of houses... there are some really nice folks living in those houses!

You may also have noticed three new street lamps that were installed in early April on the northwest side of Edgewood Place. Look for the freshly turned ground at the base of the lamps to locate the new ones! We continue to consider the cost and possibilities of having a sidewalk poured along this same stretch of Edgewood Place. Bids have been solicited. We will keep you up to date on that development. By the way, if

you ever notice needed repairs to your street lamps go to [www.centerpointenergy.com/outage](http://www.centerpointenergy.com/outage). I recently reported a street lamp outage on line and the repair was made within 24 hours!

Finally, the Board will be reviewing the current deed restrictions for the Stone Forest HOA particularly with regard to portable basketball goal restrictions and other general guidelines. We REALLY welcome your comments and invite any feedback when it comes to the Stone Forest community. The Board members' emails and phone numbers are listed on page 2 of this newsletter under Community Contacts! Be sure to check out our webpage at [www.stoneforesttha.org](http://www.stoneforesttha.org) for even more information.

That's all for now! Thanks again for making this a great community!

Sincerely,  
Robin Jones  
HOA Treasurer

# COMMUNITY CONTACTS

STONE FOREST HOA  
 Spring, Texas 77379  
 HOA BOARD

## PRESIDENT

**Richard Leonard** ..... 5423 Chelsea Fair Lane  
 Contact ..... 832-717-0749 (Home)  
 ..... 361-946-1838 (Cell)  
 ..... [j24bd@yahoo.com](mailto:j24bd@yahoo.com)  
 ..... Term Ends 2015 (2-year term)

## VICE PRESIDENT

**Tod Bisch** ..... 5223 Sunlight Hill Ct.  
 Contact ..... 281-370-0120  
 ..... [todnlorri@gmail.com](mailto:todnlorri@gmail.com)  
 ..... Term Ends 2014 (2-year term)

## SECRETARY

**Eric Holdt** ..... 19318 Young Oak  
 Contact ..... 281-203-7383 (Cell)  
 ..... [Eric\\_Holdt@buntsman.com](mailto:Eric_Holdt@buntsman.com)  
 ..... Term Ends 2014 (2-year term)

## TREASURER

**Robin Jones** ..... 19210 Holly Shade  
 Contact ..... 281-376-5511  
 ..... 281-382-5228 (Cell)  
 ..... [RobinGriffithJones@yahoo.com](mailto:RobinGriffithJones@yahoo.com)  
 ..... Term Ends 2015 (2-year term)

## DIRECTOR AT LARGE

**Stephan Hancock** ..... 5115 Sunlight Hill Court  
 Contact ..... [stephan.hsfhoa@att.net](mailto:stephan.hsfhoa@att.net)  
 ..... Term Ends 2015 (2-year term)

## KLEIN ISD

Klein ISD website: ..... <http://www.kleinisd.net/>  
 Kuehnle Elementary School ..... 832-484-6650  
 Strack Middle School ..... 832-249-5400  
 Klein Collins High School ..... 832-484-7811

## CHAPARRAL MANAGEMENT CO.

281-537-0957

[www.chaparralmanagement.com](http://www.chaparralmanagement.com)

Mailing address:

P.O. Box 681007, Houston, TX 77268-1007

Physical address:

6630 Cypresswood Dr. Suite 100, Spring, TX 77379

## UTILITIES

Bridgestone MUD (*water district*) ..... 713-983-3602  
 ..... **P.O. Box 90045, Houston, TX 77290**  
 Centerpoint Energy (*to report street light outages*) ..... 713-207-2222  
 ..... [www.centerpointenergy.com/outage](http://www.centerpointenergy.com/outage)  
 Harris County Health Dept. .... [www.harriscountyhealth.com](http://www.harriscountyhealth.com)  
 Harris County Precinct #4 ..... [www.hcp4.net](http://www.hcp4.net)  
 Comcast (*cable*) ..... 713-462-9000, [www.comcast.com](http://www.comcast.com)  
 U.S. Post Office ..... 1-800-275-8777  
 ..... **7717 Louetta Rd. , Spring, TX 77379**  
 Republic Waste .....  
**Trash pick-up days: Mondays & Thursdays**

## NEWSLETTER INFORMATION

Articles ..... [kserventi@chaparralmanagement.com](mailto:kserventi@chaparralmanagement.com)  
 Publisher - Peel Inc. .... [www.peelinc.com](http://www.peelinc.com)  
 Advertising ..... 1-888-687-6444

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The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

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## A FOCUS ON PHYSICAL ACTIVITY Pathway to Improved Health

*By Concentra Urgent Care*

Being physically active is one of the most important steps you can take to maintain or improve your health. When combined with eating a healthy diet, regular exercise can substantially reduce your risk of chronic disease, prevent weight gain, and improve your overall level of physical and emotional fitness.

### HOW MUCH PHYSICAL ACTIVITY DO I NEED?

The U.S. Department of Health & Human Services (HHS) has recently published several recommendations related to exercise:

1. Any physical activity is better than no physical activity
- Includes people with disabilities
  - Far outweighs the possibility of risk of injury or illness
2. Most health benefits occur with at least 150 minutes a week
- Both aerobic and muscle-strengthening are beneficial
3. For most people, additional benefits occur when
- You increase the intensity of your physical activity
  - You increase the frequency of your physical activity
  - You increase the duration of your physical activity

### SHOULD OLDER ADULTS EXERCISE, TOO?

The same HHS guidelines apply, but older adults need to make sure that their fitness level and any chronic conditions allow them to safely perform physical activity. For example, if an older adult is at risk of falling, he should do exercises that maintain or improve his balance.

### WHAT IF I HAVE A CHRONIC MEDICAL CONDITION?

If you have a chronic medical condition, you should be under the care of a health care provider. It is important to consult your physician about the type and amount of physical activity appropriate for you.

### HOW DO I GET STARTED?

The health benefits of physical activity far outweigh the risks and some activity is better than none. Persons who have not been diagnosed with a chronic condition (such as diabetes, heart disease, or osteoarthritis) and do not have symptoms (e.g., chest pain or pressure, dizziness, or joint pain) do not need to consult with a health care provider prior to starting an exercise program.



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# STONE FOREST FLYER

## Ways to Prevent Identity Theft

Don't carry social security cards, Pin #, blank checks, Medicare card or keys in your wallet. Make photocopies of EVERY card in your wallet (both front & back)

### IF YOUR WALLET IS MISSING FOLLOW THESE STEPS:

Call credit card companies and request an account number change. Do not cancel your card. If your account is closed it will inconvenience you and hurt your credit score.

#### File a Report with the Police.

Get a copy of the report and send copies to your bank and credit card companies.

#### Alert Your Bank

Change Pin #'s , cancel ATM cards and get a new checking account number if your checkbook is missing.

#### Contact Your DMV

Replace your driver's license and ask that a stolen/lost warning be placed in your file.

#### Put a Fraud Alert or Security Freeze


On your file at the three major credit bureaus. experian .com; equifax.com; and transunion.com . Alerts are free, but freezes are more secure and free to people over 65.

#### Private Medical Insurers

Should be asked for new cards with new account numbers to prevent fraud. Call Medicare and your auto insurer in case someone tries to make an accident claim from your policy.

#### Check Credit Reports

After your wallet is lost 2 weeks, go to creditreport.com to get a free report. That is usually time enough for thieves to open credit in your name. Recheck credit report in 2-3 months.



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# How To Find and Select An Attorney

Finding the right professional service provider, whether a doctor, dentist, lawyer, veterinarian, etc. can be challenging. Whether you relocated to a new area, or just finally have need for one of these services, there seems to be some discomfort, perhaps a premature buyers remorse, e.g. "What happens if I make a mistake"? The consequences of selecting the wrong professional to solve your particular problem are surely more troublesome than picking the wrong dry cleaner or restaurant. Furthermore, it can be difficult to assess the technical competence of professional service providers. If your dry cleaned suit is dirty, or the restaurant food is bad, you know it right away. If you get inappropriate legal advice, the implications may not emerge for months or years.

The challenge of finding the right attorney can be compounded by the circumstances surrounding your need for an attorney. Such circumstances, whether it be a divorce, child support or custody, abuse, bankruptcy, etc. can cause anxiety and stress, which effect our decision-making capability.

Attorneys must attend an accredited law school and pass the bar exam in the states in which they wish to practice. Given this common base level of training, how does one make a selection?

1. Ask family, friends, and colleagues for recommendations. Keep in mind law firms can range from one attorney to hundreds, and firms can handle a wide variety of legal disciplines and clients, none of which may be relevant to your particular need and circumstance. Be sure the recommendations you follow are in the same area as your need.

2. Seek at least 10-15 years direct experience in the specific area of your need. The experience should also be regional in nature, in our case, central Texas, and particularly in the county in which you reside. Texas law is administered by Texas judges in your county of residence. Each judge and court has its own local idiosyncrasies and your chances of a favorable outcome are significantly enhanced if your attorney is intimately familiar with these idiosyncrasies, knows

the judges, and is known by the judges. You do not want a rookie, at any price, gaining experience at your expense, in a matter which might affect the rest of your life.

3. Select an attorney who is located reasonably close to your residence. There are several reasons for this. First, as stated in #2, your attorney will be familiar with local judges, courts, and practices. Secondly, your attorney should be accessible to insure accurate communications in such vital manners. Having to drive an hour each way in heavy traffic to see your lawyer wastes times, causes unnecessary stress, and reduces communication.

4. Check local attorneys websites, read the attorneys biography (and his staff's), and look at their videos. Do you think you will feel comfortable with this person? Do they seem to have empathy for their clients? Then make your selection. If you are not comfortable after the first visit, leave, and go to your second choice.

**NO LEGAL ADVICE INTENDED:** The contents of this article are intended to convey general information only and not to provide legal advice or opinions. The contents of this article should not be construed as, and should not be relied upon for, legal advice in any particular circumstance or fact situation. An attorney should be contacted for advice on specific legal issues.



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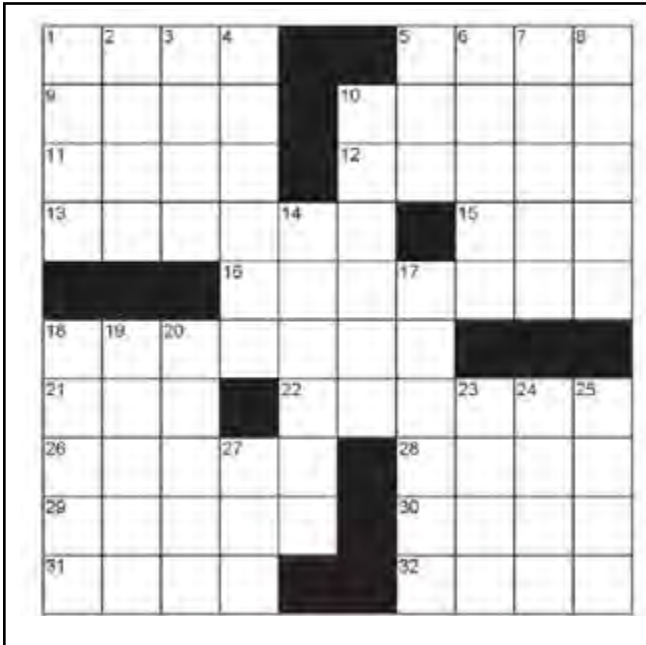
**GO GREEN**  
**GO PAPERLESS**



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# STONE FOREST FLYER

## CROSSWORD PUZZLE



### ACROSS

1. Canned meat brand
5. Tussle
9. Soda
10. Author of "The Inferno"
11. Drug doer
12. Colder
13. Mr.s
15. Thai
16. Herself opposite
18. Kitten (2 wds.)
21. Government agency
22. Laughing dogs
26. Revoke
28. Guile
29. Beefy
30. Economics abrv.
31. Sold at a discount
32. Official document

### DOWN

1. Water film
2. Sit for a picture
3. Beers
4. Quaggy
5. McDonald's "Big \_\_"
6. Join
7. Snitch
8. Stems of letters
10. Make gloomy
14. Opulently
17. Boiled
18. Supports
19. Sleep disorder
20. Trite
23. Naughty or \_\_  
(what Santa checks)
24. Lotion ingredient
25. Deliver by post
27. Southwestern Indian

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### **Pasadena, Texas | Strawberry Festival | MAY 16,17 & 18, 2014**

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### **Richardson | Wildflower! Art & Music Festival | MAY 16,17 & 18, 2014**

Richardson's Wildflower! Arts & Music Festival is the City of Richardson's award-winning, multi-day festival featuring live music, arts and crafts, children's activities, interactive exhibits, and strolling acrobats [www.wildflowerfestival.com](http://www.wildflowerfestival.com)

**Texas Crab Festival May 9, 2014 - May 11, 2014** CRYSTAL BEACH This 29th-annual event features a boatload of Gulf Coast food, music and activities, including crab races, a gumbo cook-off, carnival games and wiener-dog races. Gregory Park, (Texas 87 at Barbados Drive). [texascrabfestival.org](http://texascrabfestival.org)

**General Sam Houston Folk Festival May 2, 2014 - May 4, 2014** HUNTSVILLE Celebration of the life and times of General Sam Houston. Life-skill demonstrations, authentic 19th century dress, continuous entertainment and hands on children's activities. [jmatthews@huntsvillex.gov](mailto:jmatthews@huntsvillex.gov)

**Fort Chadbourne Days Living History Event May 3, 2014** BRONTE See artillery, cavalry and infantry drills, and watch demonstrations of frontier skills such as blacksmithing, hat making, chuck-wagon cooking, black powder shooting, sewing, spinning and flintknapping. Fort Chadbourne, [[651 Fort Chadbourne Road]]. [www.fortchadbourne.org](http://www.fortchadbourne.org)

**Rails and Tails Mudbug Festival May 3, 2014 - May 4, 2014** TOMBALL Enjoy two days of spicy crawfish, boudin, gumbo and craft beer with the sounds of live Cajun, rock and country music. Also includes boudin ball and hush puppy eating contests, crawfish racing and vendors. Hours are 11:30 a.m.-6 p.m. [[201 S. Elm St.]] [www.tomballtx.gov](http://www.tomballtx.gov)

**Historic Homes Tour May 3, 2014 - May 11, 2014** GALVESTON Steeped in history, rich in style and standing as a testament to survival, 10 historic island homes are featured on this annual tour. Tickets required. [www.galvestonhistory.org](http://www.galvestonhistory.org)

**Houston Art Car Parade Weekend May 8, 2014 - May 11, 2014** HOUSTON More than 250,000 spectators line downtown streets to view this parade, which showcases Houston's most outlandish folk art creations on wheels. The Fruit Mobile, a 1967 Ford station wagon, started the craze in 1986. Along Allen Parkway. [www.thehoustonartcarparade.com](http://www.thehoustonartcarparade.com)

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**Ongoing:** Colin's Hope Athlete Ambassadors needed. [www.tinych.org/AthleteAmbassador](http://www.tinych.org/AthleteAmbassador)

**Now-June 21st:** Donate \$30, get a free Schlitterbahn ticket! [www.tinych.org/tickets](http://www.tinych.org/tickets)

**May 5th:** Otter Spotter Day Storytime at Backwoods Austin from 10:30am-11:30am

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## LAYERS OF PROTECTION CAN PREVENT DROWNING

- CONSTANT VISUAL SUPERVISION
- LEARN TO SWIM
- WEAR LIFE JACKETS
- MULTIPLE BARRIERS TO WATER
- KEEP BACKYARDS & BATHROOMS SAFER
- CHECK POOL & HOT TUB FIRST
- STAY AWAY FROM DRAINS
- BE SAFER AT THE BEACH
- LEARN CPR & REFRESH SKILLS YEARLY