

June 2014 Volume 5, Issue 6

NEWS FROM YOUR LAKES OF ROSEHILL BOARD

On April 21st, Lakes of Rosehill held the annual meeting with the residents of Lakes of Rosehill. The meeting was well attended, which gave the Board the opportunity to present the different action items accomplished by the Board in the past 12 months as well as presenting an overview of the challenges that the Board is currently facing.

In addition to presenting the status of Lakes of Rosehill issues, another primary purpose of the meeting was to elect two new members to the Board who will be replacing retiring members Mark Riordan and Michael McBride. Both retiring members fully engaged with the balance of the Board during their tenure not only to address regular Board responsibilities, but also going the extra mile when needed for some of the more challenging issues that the Board has faced. The remaining Board members wish to extend their heartfelt thanks to Mark and Michael for the selfless giving of their time and efforts and to recognize that their participation has helped Lakes of Rosehill remain a desired subdivision to live in.

The Board would also like to welcome the two new members: Michael Bock and Michael Kucharski. The Board is looking forward to working with both of you and we greatly appreciate you both volunteering to fill the vacancies of the retiring members. Your time as a Board member will leave you with a new appreciation of what it takes to keep Lakes of Rosehill in solid financial standing as well as what is required to maintain the common areas and planning for future needs.

Lakes of Rosehill has a need for volunteers to become members of the ACC. Currently there is one remaining member, which will be rolling off of ACC duties after May. The role requires that members review ACC request sent in by other residents and ensure that each request is in adherence to the Deed Restrictions and Covenants of Lakes of Rosehill. If new ACC volunteers are not established, the responsibility will then roll to the Board and it will definitely increase the response time of each resident's request. The time involved as an ACC member is very limited and members have the benefit of having the guidelines set out for them to follow in the Deed Restrictions, so there are not interpretive decisions that have to be made. Please contact Gloria Lee with Chaparral Management Company to submit your name as a new ACC member. Gloria's telephone number is 281-586-1727 or email her at: glee@chaparralmangement.com. Your community needs your help please.

Lastly, there have been a number of postings in the smart phone app "Nextdoor" for Lakes of Rosehill regarding the seeds from sago palms. For those that do not subscribe to the "Nextdoor" app., the postings have been an effort to educate those living in Lakes of Rosehill about the lethal danger of the seeds of mature sago palms to your pets should they ingest the seeds while roaming in the backyard. This danger is very real and there have already been a number of pets in our subdivision that have been affected (either by becoming critically ill and it is understood that there has been at least one death). The threat is present even if you don't have sago palms in your own yard because squirrels pick them up in one yard and carry them and drop them in other yards as they forage for food. If you have sago palms in your yard and do not want to remove them, please at least remove the seed pods from mature plants before they can become a threatand cause further problems.

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Ambulance	911
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Sheriff - Non-emergency	713-221-6000
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- Auto Theft	281-550-0458
- Homicide/Assault	713-967-5810
- Child Abuse	713-529-4216
- Sexual Assault/Domestic Violence	713-967-5743
- Runaway Unit	713-755-7427
Poison Control	800-764-7661
Traffic Light Issues	713-881-3210
SCHOOLS	
Cypress Fairbanks ISD Administration	281-897-4000
Cypress Fairbanks ISD Transportation	281-897-4380
Cypress Fairbanks Senior High	281-897-4600
Cy-Woods High School	281-213-1727
Goodson Middle School	
OTHER NUMBERS	
Animal Control	281-999-3191
Cypress Fairbanks Medical Center	281-890-4285
Harris County Health Department	
Post Office Box Assignment – Cypress	
Street Lights - CenterPoint Energy	
- not working (Report Number on Pole)	
Waste Management	
NEWSLETTER PUBLISHER	
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COMMUNITY CONTACTS

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BOARD OF DIRECTORS

Janice Morris	President
Mark Riordan	Vice President
Michael McBride	Secretary
Mike Finke	
Robin Border	Director

To contact the Board, email Board@lakesofrosehill.com

ACC MEMBERS

Mark Riordan, Donny Morris

BLOCK CAPTAIN

NEIGHBORHOOD WATCH CAPTAIN

.....Yvonne Bukowski & Dawn Ziemianski

MANAGEMENT COMPANY

Gloria Lee, CMCA, AMS	S281-537-0957 x27
Direct Line	281-586-1727
Email	. glee@chaparralmanagement.com



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Bring the World to your Child By Hosting a Foreign Exchange Student

If you've read the newspaper lately, you know that the world can be a scary place: wars, economic crisis, revolutions, climate change, border disputes, refugees, and protests. So, how do we teach our children about the world, and the variety of people in it, when most of the examples we read about in the press are so negative?

One life changing way to broaden your child's world view is to volunteer to host a HYPERLINK "http://www.ayusa.org" high school foreign exchange student. Foreign exchange programs have been around for almost 100 years, and their mission has always been the same – to educate people about different cultures through personto-person exchange. What better message to pass on to your children?

There are quite a few misconceptions about foreign exchange programs – especially around who can host. The biggest misconception is that you must have high school aged children when you host a high school exchange student. Nothing could be further from the truth.

"We welcome host families of all shapes and sizes – families with young children, families with no children, empty nesters whose

children have left home, single parents and non-traditional families," says Heather Wells, Senior Regional Director for HYPERLINK "http://www.ayusa.org" Ayusa, a non-profit promoting global learning and leadership through foreign exchange and study abroad opportunities for high school students. "The key requirements for a host family are to provide a safe and nurturing home environment, genuinely love children, and have a desire to learn more about a different culture."

Families with young children find that hosting an exchange student provides their children with an especially unique educational experience in the form of an international big brother or sister. Without even realizing it, children learn about different types of people and different cultural traditions.

"My daughter Kelsie feels as if Isabelle, our exchange student from Germany, is an older sister to her," said Melissa Hughes, an Ayusa host mom from Ashville, North Carolina. "They have confided in each other, have had movie nights together, and have gone to the

(Continued on Page 4)

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mall together - much like natural sisters would do. Kelsie will never forget Isabelle and they have already planned future get-togethers when they are older."

Volunteer host families provide foreign exchange students a nurturing environment, three meals a day and a bedroom (either private or shared with a host sibling of the same gender). Each host family and student is supported by a professionally trained community representative who works with the family and student for the entire program. All interested host families must pass a criminal background check and a home visit by an exchange organization.

"In Tunisia, we always hear about Americans and American life style, in movies, media, songs, everything, and I know it is different, and I wanted to figure out this difference myself," said HYPERLINK "http://www.youtube.com/watch?v=h8_px-f7mhY" Asma, a bubbly high school student from Tunisia who spent a school year living with the O'Donnell family in Anchorage, Alaska.

Foreign exchange students come from all over the world. Ayusa matches host families with students from more than 60 different countries including Argentina, China, Ecuador, Egypt, France, Germany, Japan, Lebanon, Norway, Pakistan, Sweden, Thailand, Tunisia and Turkey. All high school foreign exchange students are fully insured, bring their own spending money, and are proficient

in English – and all high school exchange programs are regulated by the U.S. Department of State.

Interested host families are required to fill out an application, pass a background check and interview with a local exchange program representative in their homes. Once accepted to a program, host families can view profiles of students to find the right match for their family.

"Hosting an exchange student is a life-changing experience – for the student, the host family, and the host community," says Heather Wells. "There is no better way to teach your children about the world around them than through welcoming an international high school student into your home."

Ayusa is currently accepting applications for families to host an exchange student for the 2014-2015 school year. For more information about hosting a high school foreign exchange student, please contact Ayusa at 1.888.552.9872 or by visiting the website at:

www.ayusa.org



A FOCUS ON SUNBURN

Protect Your Skin From Our Powerful Sun

By: Concentra Urgent Care

Sunburn is caused from over-exposure to the harmful ultraviolet rays of the sun. While the symptoms (such as red skin that is painful to the touch) are usually temporary, the skin damage is often permanent and can cause serious long-term health effects, including skin cancer, pigmentation and premature aging. In addition to the skin, eyes can get burned from sun exposure; sunburned eyes turn red, dry, and painful, and can feel gritty.

Sunburn results when the amount of exposure to the sun or other ultraviolet light source exceeds the ability of the body's protective pigment, melanin, to protect the skin. Sunburn in a very light-skinned person may occur in less than 15 minutes of midday sun exposure, while a dark skinned person may tolerate the same exposure for hours.

Sunlight contains an invisible form of radiation called ultraviolet (UV) rays. UV A and possibly UV B can harm skin, connective tissue and increase risk for developing skin cancer. Certain drugs such as some blood pressure medication, antibiotics and nonsteroidal anti-inflammatory drugs increase sensitivity to sunlight and the risk of getting sunburn.

SYMPTOMS

The first signs of a sunburn may not appear for a few hours. The full effect to your skin may not appear for 24 hours or longer. Possible symptoms include:

- Red, tender skin that is warm to touch. (1st degree burn)
- Blisters that develop hours to days later. (2nd degree burn)
- Severe reactions (sometimes called "sun poisoning"), including fever, chills, nausea, or rash.
- Skin peeling on sunburned areas several days after the sunburn.

FIRST AID

- Try taking a cool bath or shower. Or place wet, cold wash cloths on the burn for 10 to 15 minutes, several times a day. You can mix baking soda in the water to help relieve the pain. Small children may become easily chilled, so keep the water tepid.
- Apply a soothing lotion to the skin.
- Aloe gel is a common household remedy for sunburns. Aloe contains active compounds that help stop pain and inflammation of the skin.
- Over-the-counter steroid cream can also be applied several times a day.
- Over-the-counter pain medication, such as nonsteroidal antiinflammatory drugs, or NSAIDs, including aspirin, may be helpful, and are excellent for reducing burn inflammation whereas Tylenol only reduces pain, not the burn itself.

For more information, check out: www.cdc.gov/niosh/topics/uvradiation.







The "Take Care of Texas" Guide to Yard Care

PLANT SELECTION AND CARE

Using native and well-adapted plants is one of the easiest ways to create a low-maintenance and environmentally sound yard.

The many advantages of using native plants include using less water, reducing the need for soil modification, and using little or no fertilizer. They are less susceptible to pest problems, and are tolerant of stressful environments such as drought.

Incorporate a variety of plants to provide food and cover for a variety of living things. Diversity also minimizes damage from pests because many of them attack only one plant species. Dense plantings can provide shade that keeps out invading weeds.

Avoid frequent or deep cultivation, which can damage plant roots, dry out the soil, disturb healthy soil organisms, and bring weed seeds to the surface where they can germinate. Cover all bare soil between plants with a solid mulch layer.

Visit www.KeepCyFairBeautiful.org to access free "Take Care of Texas" publications and a Guide to Native Plants

KIWANIS CLUB OF CY-FAIR HOUSTON

YOU ARE CORDIALLY INVITED TO ATTEND
A Kiwanis meeting in June at the Hearthstone Country Club
At 12:15 pm. Reservations requested.
Call George at 832-467-1998.

Dates: We meet the first, second, and third Tuesday each month. June meetings are the 3rd; the 10th; and the 17th. Join us for lunch, followed by a short, informative program. Receive an invitation to join the Club.

Why join Kiwanis? Kiwanis is an international service organization focused on changing the world one child and one community at a time. The Cy-Fair Kiwanis Club of Houston seeks to serve this community through sponsoring Key Clubs for high school students, Builders Clubs for middle school students, and Aktion clubs for adults with disabilities. Also, we sponsor Boy Scout and Girl Scout troops. We provide support to various other organizations in the community that serve children and families.

Upcoming Events: The Kiwanis Kids Triathlon on June 14th at the Langham Creek YMCA. For information call Louis Iselin at 281-256-1874.

What is Kiwanis? Service is at the heart of every Kiwanis club, no matter where in the world it's located. Members stage nearly 150,000 service projects and raise nearly US\$100 million every year for communities, families and projects.

Kiwanis members don't just do service—they have fun. Members make new friends by being part of a club where they attend meetings and participate in social events. Kiwanis clubs also provide excellent networking opportunities for professionals. Members meet new people from all over their region and the world through service projects, fundraising and by attending district and international conventions.

Learn more about the Cy-Fair Kiwanis Club at www. kiwanishoustoncyfair.com.



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