

# The Clippings

June 2014 Volume 2, Issue 6

## HEY WALDEN!

Did you know that you can go to the website at [waldenncc.com](http://waldenncc.com) and check out what's on the menu for family night buffet on Wednesdays, Prime Rib night on Thursdays or Fine Dining Fridays? How about Sunday Brunch the last Sunday of every month?

Did you know that there are monthly events like Grape Stompers (our signature wine dinner) and Not a Wine Dinner (a dinner that is something other than wine like Whiskey or Beer)?

Did you know that there are venues for you to host birthdays, baby showers, corporate events, etc?

Did you know that you could join our social committee and have a say in what goes on at your club?

There is a lot going on at your club; new menus, new wine list, Sunday Brunch and much more. Look out for upcoming events like the Crawfish Boil, Mother's Day Brunch, Party on the Patio and Game Night on our calendar at [waldenncc.com](http://waldenncc.com) or like us on Facebook for daily updates.

Saturdays all summer are Grillin' & Chillin' on the Patio – Come on up and see what the buzz is all about.

Why not stay close to home and enjoy all of the things the club has to offer? Walden is a great community with a great country club. Come on up and see all of the great things going on at your club. Come and say hi to Chef John or me. It will be our pleasure to take care of you.



### **POOL IS SCHEDULED TO OPEN SATURDAY, MAY 24TH!**

#### **HOURS OF OPERATION**

**Tuesday through Sunday  
11:00 AM till 8:00 PM**

#### **POOL SCHEDULE 2014**

The pool will open for the season Memorial Weekend (May 28th). All members and guests must register before entering the swimming pool area; you will need to show your membership card to the lifeguard on staff. Failure to show membership card may result in the loss of pool privileges.

*(Continued on Page 3)*

# IMPORTANT CONTACTS

## 2014 BOARD OF GOVERNORS CONTACT LIST

NAME	E-MAIL
Martyn Bates	<a href="mailto:martynbates@earthlink.net">martynbates@earthlink.net</a>
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Walt Albright	<a href="mailto:someoldflogger44@gmail.com">someoldflogger44@gmail.com</a>
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Karen Benefield	<a href="mailto:Karen_benefield@hotmail.com">Karen_benefield@hotmail.com</a>

## CLUB MANAGEMENT TEAM

**Jamie Lavigne - General Manager**  
[jlavigne@waldencc.com](mailto:jlavigne@waldencc.com), 832-445-2107

**Jon Schlemmer - Manager/Golf Director**  
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**Brad Kuykendall - Membership Director**  
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**Craig Bobo - Director of Athletics & Tennis**  
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**Tim Canavan - Food and Beverage Director**  
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**John Quinn - Executive Chef**  
[jquinn@waldencc.com](mailto:jquinn@waldencc.com), 832-445-2118

**Stella Meintzer - Director of Catering**  
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**Kim Mello - Club Accountant**  
[kmello@waldencc.com](mailto:kmello@waldencc.com), 832-445-2117

## Advertising Information

Please support the businesses that advertise in *The Clippings*. Their advertising dollars make it possible for all Walden on Lake Houston residents to receive the monthly newsletter at no charge. If you would like to support the newsletter by advertising, please contact our sales office at 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com). The advertising deadline is the 10th of each month for the following month's newsletter.

## A LETTER FROM YOUR BOARD OF GOVERNORS CHAIRMAN

<http://mail.kence.org/residentsNewsletterSubscriptions.php?format=electronic&newsletterid=WAL>

Happy Birthday! Walden on Lake Houston Country Club is having a birthday this year. The club is 30 years old. Time for a party don't you think? Keep your eyes open and your ears peeled. I am sure there will be something grand planned to celebrate.

Did you know that you can access the Clippings on-line? Copy the link listed above and paste it in your address bar and hit enter. The link will take you to the Peel page that will allow you to setup your account to receive the Clippings directly to your email. This is just another way for us to get information to you. Is there something that you would like to see posted in the Clippings? Let me know and I will see what we can do to get the information to you, if not in the Clippings, maybe through emails. For my email address, see the Contact listings in the front of the Clippings.

The Board of Directors at Walden on Lake Houston is trying to improve the ways that we can reach out to each of you. As members of the club, you all have access to the main facility and to the Fitness / Tennis / Pool center. We plan to install Suggestion Boxes for you to use to give us ideas on how we can improve our facility and provide to you a more complete country club that offers the kind of entertainment and/or atmosphere you would like. The Suggestion Boxes will be placed in the 19th Hole, the front desk at the main facility and at the Tennis desk. Note, they will be lockable and only your Board of Directors will have the keys to access these boxes, so don't be afraid to share your ideas with us.

Projects and changes continue at Walden. Have you noticed the new Driving Range Mats? Or the new Beer taps in the 19th Hole? There are new committees being formed, such as a Food and Beverage Committee that meet to discuss events and food offerings, and a Handicap Committee that will assist with scoring and handicap issues. These new committees are just the beginning that will join existing committees to help our Club prosper and provide a place to have fun.

There are many other projects that your Board of Governors are considering. Watch for more information on an Adopt-A-Hole event and a Share-the-Funds Tournament that will be published soon. If you have any input on projects, ideas, feedback or to say "Thank You" please see one of the Board members listed in the Contact Listings, they are willing to assist you and listen to your ideas.

*-Walt Albright*

## *Pool (Continued from Cover)*

### LESSONS & FITNESS SCHEDULE

Walden is happy to announce a Partnership with Aquatic Solutions, who will be providing an array of programming throughout the Summer including Swim Lessons & Water Aerobics.

### SWIMMING ATTIRE

Only proper swimming attire is permitted in the pool area. Cutoffs are prohibited. Parents may wear street clothes with rubber soled shoes when they are present to supervise their children or attend meetings or lessons. Golf shoes are not permitted in the pool area. Wet bathing suits are not permitted outside the pool area. Bathing caps are optional. No golf or tennis equipment is allowed in the fenced pool area.

### SWIM TEAM

[www.WaldenWavez.com](http://www.WaldenWavez.com)

### RULES AND REGULATIONS

Lifeguards are on staff, but have an adult lap swim period for 10 minutes every hour. No child under the age of 18 may use the pool during this time. Persons who use the pool in the absence of a lifeguard do so at their own risk. Swimmers must leave the water upon the request of a lifeguard.

A responsible adult must accompany children under the age of 12 at the pool at all times. They must remain in shallow water unless given permission by the lifeguard to enter deeper water.

Running, wrestling, pushing, dunking, roughhousing and towel snapping are not permitted anywhere in the pool area. Food and beverages may be consumed only in designated areas and may not be taken into the pool. Glassware, chewing gum and outside food and beverages are not to be brought into the pool area.

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## JUNE 2014

### CLUB CALENDAR OF EVENTS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>	<b>2</b> Main Club Closed Tennis & Fitness Open	<b>3</b> 1/2 Price Pizza Wine Dinner	<b>4</b> Family Night Buffet	<b>5</b> Prime N Dine	<b>6</b> Fine Dining Men's Member/Member	<b>7</b> Men's Member/Member
<b>8</b> Men's Member/Member	<b>9</b> Main Club Closed Tennis & Fitness Open	<b>10</b> 1/2 Price Pizza Member Mixer	<b>11</b> Family Night Buffet	<b>12</b> Prime N Dine	<b>13</b> Fine Dining Fri Night Golf 5:30PM - 8:00PM	<b>14</b>
<b>15</b>	<b>16</b> Main Club Closed Tennis & Fitness Open	<b>17</b> 1/2 Price Pizza Not a Wine Dinner Junior Golf Camp	<b>18</b> Family Night Buffet Junior Golf Camp	<b>19</b> Prime N Dine Junior Golf Camp	<b>20</b> Fine Dining Junior Golf Camp	<b>21</b> Tennis 101
<b>22</b>	<b>23</b> Main Club Closed Tennis & Fitness Open	<b>24</b> 1/2 Price Pizza	<b>25</b> Family Night Buffet	<b>26</b> Prime N Dine	<b>27</b> Fine Dining	<b>28</b>
<b>29</b>	<b>30</b> Tennis & Fitness Open Men's Club Closed					



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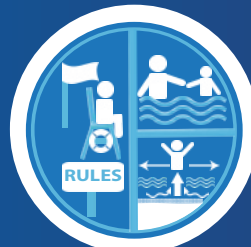
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# The Clippings



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### *Event Pictures!!*

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue.

Email the picture to *theclippings@peelinc.com*. Be sure to include the text that you would like to have as the caption.

Pictures will appear in color online at *www.PEELinc.com*.



## The Clippings

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# TENNIS TIPS

By USPTA/PTR Master Professional  
**Fernando Velasco**



## The Modern Game: The Top Spin Forehand

In previous newsletters, I offered tips on how to execute the basic strokes for players who are starting to play tennis or who want to get back into the game.

From this newsletter on, I will be offering suggestions on how to play the “modern” game mostly geared towards players who are happy with hitting the ball over the net and controlling the point with consistency. These players may be already playing for leagues or tournaments and are looking for more “weapons” on the court.

In this issue, I will offer instructions on how to execute the Top Spin Forehand. This shot is used when a player is now hitting the ball long and out. The ball will be aimed high over the net and hit with power. The ball will have a “top spin” so that when the ball hits the court, it will take a big hop, forcing the opponent to fall back close to the fence, or to hit the ball on the rise.

In the illustrations, Danny Rodriguez, Director of the Pre-Advanced Tennis Program at the Grey Rock Tennis Club, shows the proper technique to execute this stroke. This shot can also be executed from the service line as an “approach shot” to the net.

Step 1: The Ready Position: When Danny prepares to hit

a forehand top spin, he will change his grip toward the “semi-western” or “full western grip” (The palm of the hand is flat on the handle). His knees are slightly flexed and his eyes are focused on the oncoming ball.

Step 2: The Back Swing: Danny is now ready to perform the shot. The head of the racket is now above his head, his shoulders are turned, the left hand is in front to help him keep the center of gravity in front, and he has loaded his weight to the back foot. His grip is relaxed and his wrist is “laid back” to allow maximum point of contact.

Step 3: The Point of Contact: The success of a top spin shot is keeping the ball on the strings going from low to high in a 30 degree angle. Danny started the swing high and “looped” it to allow the head of the racket to drop down. He will be brushing the ball as he makes contact with it. His left shoulder is almost opening and his weight has now been shifted toward the front.

Step 4: The Follow Through: Notice Danny’s finish above his left ear and his elbow pointing toward his target. He has now shifted his weight on his right foot and is ready to shuffle back to his home base.

*Look in the next Newsletter for: “The Modern Game: The Backhand Top Spin”*



## SUDOKU

View answers online at [www.peelinc.com](http://www.peelinc.com)

				3	7			
						1		
1					9			3
			7			8	2	
	3	6				5		
					2		1	6
	6							1
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The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

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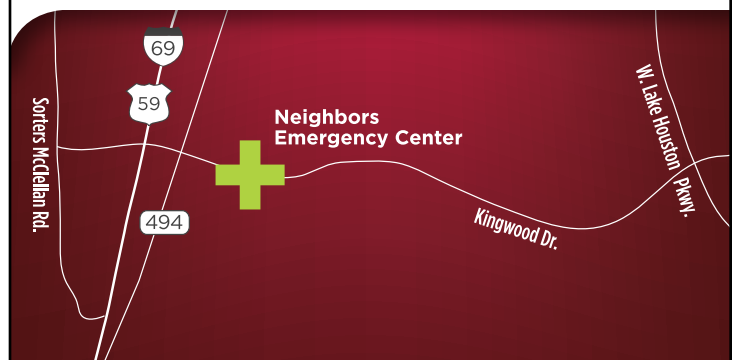
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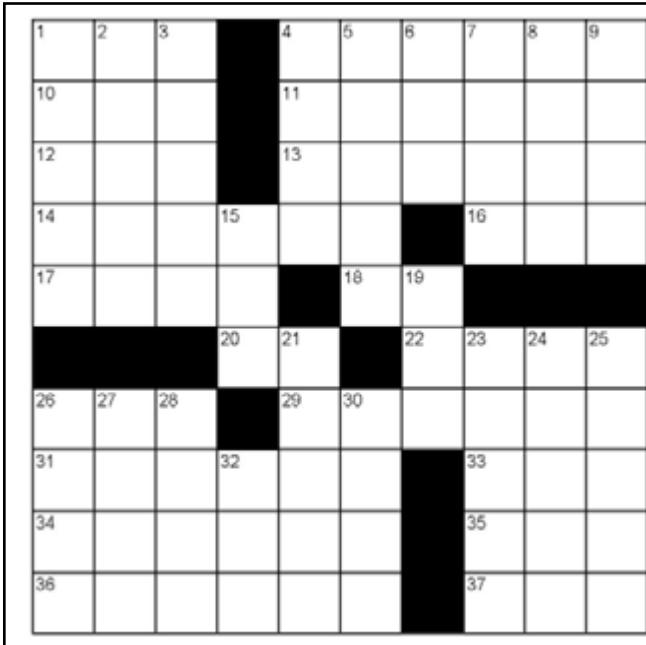
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### ACROSS

1. Dawdle
4. Permanant
10. Brew
11. Brand of adhesive strip
12. Charged particle
13. A Nissan car
14. Parallelograms
16. Male cat
17. France & Germany river
18. Father
20. Strontium (abbr.)
22. Animal oil
26. Part of a min.
29. Saudi \_
31. Singer Bing
33. No. eggs in a package
34. One-celled water animal
35. Southwestern Indian
36. Raving
37. Hallucinogen

### DOWN

1. Dens
2. Hawaiian 'hello'
3. City
4. Replace a striker
5. Spring flower
6. Music
7. Lure
8. Type of car
9. Cheese
15. Married woman
19. Wing
21. Jewish religious leader
23. BB player Kareem \_ Jabar
24. Public disorder
25. Groggy
26. Blemish
27. Writer Bombeck
28. Racoon's nickname
30. Baseball's Nolan
32. Scene

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WAL

## 5 Ways to Make it Fun this Summer

As the heat index quickly moves up it's all too easy to let the Texas humidity get you down. Here are a few ideas to keep the family cool and inspired this summer.

### Take a "stay-cation"

A new job, limited spending money, a large family, and many other factors can make it difficult to skip town. Who says you have to leave town to have a vacation? Load up the kids backpacks with water and treats and pretend you're a tourist in Houston.

### Visit the Museum

Museums will not only get you out of the heat but they offer wonderful fun learning opportunities for you and the kids. Check out the Houston Museum of Natural Science, The Museum of Fine Arts, the Children's Museum of Houston, and more.

### Host a Potluck BBQ

Summer is a great time to gather your loved ones

and meet your neighbors. Relieve some of the stress of preparing a meal for everyone by making it a Potluck gathering. Enjoy the limited time we have to relax poolside with family and friends and don't forget the Blue Bell ice-cream!

### Beach Time!

Go to the beach. Galveston is right out our back door. Stop at your local store before heading out to fill the coolers with food and water. Even if you're not a raving fan of saltwater there's something soothing about the ocean. Look at the sun's reflection on the ripples. Water has a soothing effect on the mind and body.

### Dinner Under the Stars

We have a number of great local restaurants that have rooftop bar and patios. Make it a date and enjoy the night with your loved one. There's something about the night air and the right person that makes summer nights magical.

## THE *Tracy Montgomery* TEAM



**Lisa Montgomery**  
Cell: 281-323-5894

**Tracy Montgomery**  
Cell: 713.825.5905

**Sandy Brabham**  
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