

THE BULLETIN

Belterra Community News

July 2014 Volume 8, Issue 7

News for the Residents of Belterra

July Belterra Pool Hours:

JULY 1 – JULY 30

MONDAY – SATURDAY 8:00 A.M. – 9:00 P.M.

SUNDAY 12:00 P.M. – 9:00 P.M.

Adults: Did you know you can sign an Adult Swim Waiver to gain access to the pool before it opens? The waiver covers users of the pool during the hours of 5:30 a.m. – 8:00 a.m. To sign a waiver go to www.BeltterraCommunity.com, then forms/documents. You can drop your signed form off at the Rec Center Office or you can also fill out the form while you are there.

Summer Movie Series!

The Belterra HOA has recently announced the Summer Movie Series to take place at the pool. On the second Saturday of every month through September they will show a family friendly movie. Have fun enjoying your neighbors company while you watch the flick! The HOA asks that inflatables are left at home to ensure safety for everyone.

**2ND SATURDAY OF THE MONTH
SATURDAY, JULY 12TH**

**MOVIE BEGINS AT DUSK (AROUND 8:30 P.M.)
BELTERRA POOL**

WWW.BELTERRACOMMUNITY.COM

Mark Your Calendars! JULY BELTERRA AREA EVENTS:

Wednesdays – Dripping Springs Farmers Market

3:00 p.m. – 7:00 p.m.

At the Triangle, HWY 290 & RR 12

www.CityofDrippingSprings.com

Saturday, July 5th – Wimberley Market Days

7:00 a.m. – 4:00 p.m. • Outdoor market with 475 booths to shop
601 FM 2325 Wimberley, TX

www.ShopMarketDays.com

Wednesday, July 9th – Reckless Kelly

6:30 p.m. • FREE

Nutty Brown Café & Amphitheatre, 12225 HWY 290 W. Austin, TX

www.NuttyBrown.com

Thursday, July 10th – July Wine Walk

5:00 p.m. – 9:00 p.m. • Explore the retailers at the Galleria while sampling wine. Start at Twin Liquors in the Hill Country Galleria,
3925 Market St. Bee Cave, TX 78738

www.HillCountryGalleria.com

Friday, July 11th – The Derailers

8:30 p.m. • \$7

Mercer Street Dancehall, 332 Mercer Street Dripping Springs, TX

www.MercerStreetDancehall.com

Thursday, July 24th – Belterra & Crescent Pool Party

4:00 p.m. – 10:00 p.m. • Belterra pool

www.BeltterraCommunity.com

Saturday, August 2nd – Randy Rogers Band

Doors at 6:00 p.m. • \$20

Nutty Brown Café & Amphitheatre, 12225 HWY 290 W. Austin, TX

www.NuttyBrown.com

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY 911
 Ambulance / Fire..... 911

SCHOOLS

Dripping Springs ISD 512-858-3000
 Dripping Springs Elementary..... 512-858-3700
 Walnut Springs Elementary..... 512-858-3800
 Rooster Springs Elementary..... 512-465-6200
 Dripping Springs Middle School..... 512-858-3400
 Dripping Springs High School..... 512-858-3100

UTILITIES

Water – WCID # 1 & 2..... 512-246-0498
 Trash – Texas Disposal..... 512-246-0498
 Gas – Texas Community Propane..... 512-272-5503
 Electricity – Pedernales Electric..... 512-858-5611

OTHER

Oak Hill Post Office 512-892-2794
 Animal Control..... 512-393-7896

NEWSLETTER PUBLISHER

Peel, Inc. 512-263-9181
 Article Submissionsbelterra@peelinc.com
 Advertising..... advertising@peelinc.com

WATER RESTRICTIONS

Currently we are in Stage 2 watering

- EVEN number addresses: Wednesday
- ODD number addresses: Monday
- COMMERCIAL properties: Friday

Watering is allowed between the hours of midnight – 10:00 a.m. OR 7:00 p.m. – midnight on your assigned day.

Watering stages can change at any time. To find out the current condition and watering tips please contact the Hays Water Control and Improvement District 1 & 2 or go to <http://www.hayswcid.org/>

The Belterra HOA also posts signs around the neighborhood regarding watering restrictions.

SUMMER THEME CAMP



FUN for every day of the week

NOT AVAILABLE ONLINE



- Ages 5-12
- Unique traditional summer day camp
- Character development activities
- Weekly field trips
- Weekly pool visits
- **SIGN UP TODAY!**



SPRINGS FAMILY YMCA
 27216 Ranch Rd 12 South | 512.894.3309 | AustinYMCA.org

STAY CONNECTED!

Do you Facebook? If so be sure to stay in the know about what is going on with your neighbors by requesting to join the following Facebook groups:

- Belterra Neighbors**
- Belterra Propane Coalition**
- Belterra Women & Wine Group**
- Belterra PlayGroup**
- Dripping Springs Neighbors**
- Dripping Springs Women2Women Connection**
- Dripping Springs Babble**

To find the Facebook group you want to join, just type the name in the search bar and request to join the page. Your request should be accepted shortly. You can leave the group page at any time.

You can also “like” the “Belterra Texas” Facebook page.

GROUP GATHERINGS

Belterra Women & Wine Group

The Belterra Women & Wine Group is a newer group that was started in February and has continued to grow into a popular group amongst Belterra women with 60 members to date. The group is an opportunity for the women of Belterra to get to know each other, take a few hours off, relax, and have fun. The atmosphere is casual, you can get dressed up or come in sweats, anything goes! The group is scheduled to meet on the 1st Wednesday and 3rd Friday of each month with a volunteer host each time. Attendees are asked to bring a bottle of wine to share with the group. If you are interested in learning more or joining the group, search for Belterra Women & Wine on Facebook and put in your request to join. Come and have fun!

Lic#TACLA28642E



City of Austin rebates up to \$4300 & 0% financing for 60 months.

City of Austin \$70 Instant Rebate

Your air conditioner accounts for more than half of your summer electricity usage. Our special AC Check-Up offer can help you gain energy efficiency and cost savings.

The expert check-up performed by *Climate Mechanical* gives you the opportunity to make adjustments early to ensure you have cool air when you need it most.

Eligible customers pay only \$29 for an AC Check-up on the first unit, and \$19 for additional units. After each AC Check-Up is performed, you will receive a detailed report that includes:

- A list of needed repairs and appropriate next steps that will help ensure your AC runs properly and efficiently during the heat of the summer.
- A review of available rebate and low-interest loan opportunities to make air conditioning replacements and other energy efficiency measures more affordable.

AC Check-Up customers are responsible for covering the additional cost of all needed repairs and replacements.

512.440.0123

www.climatemechanical.com

Austin, Kyle, Buda, Manchaca, Sunset Valley, Westlake, Oak Hill

SWING Networking Group

Promote your business with local independent business owners. SWING (South west Austin Inclusive Networking Group) has been meeting every Thursday morning from 8AM to 9:30AM at the Waterloo Ice House on Escarpment for 8 years.

We have no dues, no initiation fees, we don't take attendance. Just pay for your own breakfast. The more often you show up the better we get to know you. We are an inclusive group, we will enjoy competition. So, bring your business cards and a good attitude and let's get to know you.

If you want more information, contact Liz Jensen at 512-301-6966 or lizleej@gmail.com or Peter Berardino (The King of SWING) at 512-695-2334 or peterberardino@gmail.com.

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Twelve Top Travel Tips When Traveling with Your Pet

Traveling with your pet can be fun and rewarding – especially when you're prepared. In addition to the pet travel "basics" (safely restraining your pet, allowing adequate time for potty breaks, bringing comforting items from home, and so on), several additional simple practices can help make every trip easier and more pleasant for both you and your pet.

1. Schedule a veterinarian visit to insure overall health and current vaccinations. Ask for a health certificate and vaccination records, especially if you're traveling out of state.

2. Make sure your pet's identification tags are up-to-date and legible. Also, be sure his rabies tag and vaccinations are current.

3. Include your destination address and/or phone number on your pet's tags and cage/crate (if applicable).

4. Remember to pack water to prevent dehydration. To help insure convenient feedings bring along a collapsible food bowl.

5. Pack all medications and supplements to avoid missed doses.

6. Pack a first aid kit to insure readiness in the event of an injury or medical emergency.

7. Exercise your pet prior to departure. A tired pet is typically much more amenable to travel. Also, bring a lead or harness to allow exercise during pit stops.

8. Feed your pet at least four hours prior to departure to prevent car sickness. If the trip is long, feed a smaller amount than normal at least two hours before you leave.

9. Use a travel remedy, if necessary. If your pet is extremely anxious about travel, try a soothing non-prescription calming product.

10. Trim toenails to prevent snags and injury, especially if your pet will travel in a cage or crate.

11. Cover your car seats to keep them clean and free of hair shed on your trip.

12. Know your travel rules and restrictions, especially if you will travel on an airplane.



Local Farmers Markets

The Belterra area has plenty of weekly farmers markets to choose from. Keep your homemade meals fresh, have fun while shopping, and interact with the community!



Wednesdays – Dripping Springs Farmers Market

3:00 p.m. – 7:00 p.m.

At the Triangle, HWY 290 & RR 12

www.CityofDrippingSprings.com

Saturdays – Barton Creek Farmers Market

9:00 a.m. – 1:00 p.m.

Barton Creek Square Mall parking lot, MoPac & Loop 360

www.BartonCreekFarmersMarket.org

Saturdays – SFC Farmers' Market, Sunset Valley

9:00 a.m. – 1:00 p.m.

Toney Burger Center, 3200 Jones Road

www.SFCFarmersMarket.org

Sundays – Lone Star Farmers Market, Bee Cave

10:00 a.m. – 2:00 p.m.

Shops at the Galleria, 12611 Shops Parkway

www.LoneStarFarmersMarket.com

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Belterra Community News

Your Community at
Your Fingertips



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TENNIS TIPS

By USPTA/PTR Master Professional
Fernando Velasco



CAPTION 1



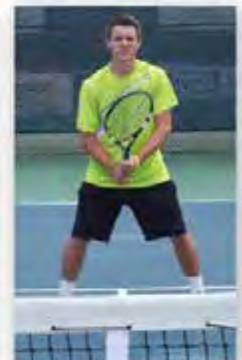
CAPTION 2



CAPTION 3



CAPTION 4



CAPTION 5

THE MODERN GAME: THE FOREHAND APPROACH SHOT

In previous newsletters, I offered tips on how to execute the basic strokes for players who are just beginning to play tennis or who want to resume playing.

I am now offering suggestions on how to play the “modern” game mostly geared towards players who are happy with hitting the ball over the net and controlling the point with consistency. These players may be already playing for leagues or in tournaments and are looking for more “weapons” on the court.

In this issue, I will offer instructions on how to execute the Top Forehand Approach Shot. This shot is used when an opponent hits a soft shot that has bounced high over the net. The player will take advantage and will charge to the net, thus hitting with top spin high over the net and hit with power. When the ball hits the court, it will take a big hop, forcing the opponent to fall back close to the fence, or to hit the ball on the rise. This shot can be used as a “winner” or as an “approach shot.”

In the illustrations, Christian Smith, one of the top players of the Grey Rock Tennis Academy, shows the proper technique to execute this stroke. Christian is coached by the Director of the Tennis Academy, Darin Pleasant.

Step 1: The Back Swing: When Christian sees the opportunity, he makes a quick turn of his upper body and takes the racket high and back. The head of the racket is now at shoulder height, his shoulders are turned, the left hand in front of his body for balance. He has loaded his right hip to help him drive his weight forward. His grip is relaxed and his wrist is “laid back” to allow maximum

point of contact.

Step 2: The Point of Contact: The success of a top spin shot is keeping the ball on the strings going from low to high in a 30 degree angle and accelerating the racket head around the outside of the ball. Christian started the swing high and “looped” it to allow the head of the racket to drop down. He will be brushing around the outside of the ball as he makes contact with it. His right shoulder is almost opening and his weight has now been shifted toward the front.

Step 3: The Follow Through: In order to get maximum control and power, Christian is keeping his left arm in front as he extends through the shot. He has “snapped” his left wrist and has the head of the racket facing down. His weight is in the process of shifting forward.

Step 4: The Finish: Christian’s upper body acceleration forced his head of the racket to “wrap around” his left hip, thus creating the most power and topspin on the ball. His legs are already in position to move forward the net for a volley.

Step 5: The Ready Position: Once Christian hits the ball, he must get ready to volley if the ball was not a “winner”. By the smile on his face, his forehand approach shot was successful and is waiting for an easy return to “kill” the next shot. His knees are slightly flexed, he is in a good athletic stance and his eyes are focused on the oncoming ball.

Look in the next Newsletter for: “The Modern Game: The Backhand Approach Shot”

SEND US YOUR *Event Pictures!!*

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to belterra@peelinc.com. Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www.PEELinc.com.



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 Keep your children and families safer in, near and around all bodies of water.
Take our Water Safety Quiz. www.colinshope.org/quiz/



Aug. 28th: Got2Swim 11k Lake Austin. View event details. www.tinych.org/Got2Swim
Sept. 14th: Colin's Hope Kid's Tri! Registration is now open. www.tinych.org/KidsTri
Ongoing: Volunteers needed to distribute water safety packets. info@colinshope.org
Ongoing: Colin's Hope Athlete Ambassadors needed. www.tinych.org/AthleteAmbassador

*Source: Texas DFPS, Watch Kids Around Water

LAYERS OF PROTECTION CAN PREVENT DROWNING



CONSTANT
 VISUAL
 SUPERVISION



LEARN
 TO
 SWIM



WEAR
 LIFE
 JACKETS



MULTIPLE
 BARRIERS
 TO WATER



KEEP BACKYARDS
 & BATHROOMS
 SAFER



CHECK POOL
 & HOT TUB
 FIRST



STAY AWAY
 FROM
 DRAINS



BE SAFER
 AT THE
 BEACH



LEARN CPR
 & REFRESH
 SKILLS YEARLY