

# JULY 2014 CLUB CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 1/2 Price Pizza Wine Dinner	2 Family Night Buffet	3 Prime N Dine	4 Fine Dining	5
6	7 Main Club Closed Tennis & Fitness Open	<sup>8</sup> 1/2 Price Pizza Junior Golf Camp	<sup>9</sup> Family Night Buffet Junior Golf Camp	10 Prime N Dine Junior Golf Camp	11 Fine Dining Junior Golf Camp	12 MGA Individual Stroke Play
13	<sup>14</sup> Main Club Closed Tennis & Fitness Open	15 1/2 Price Pizza	16 Family Night Buffet	17 Prime N Dine	18 Fine Dining	19
20	<sup>21</sup> Main Club Closed Tennis & Fitness Open	22 1/2 Price Pizza Not a Wine Dinner Summer Junior Golf Camp 12:00 PM - 01:00 PM	23 Summer Junior Golf Camp 12:00 PM - 01:00 PM Family Night Buffet	24 Prime N Dine Summer Junior Golf Camp 12:00 PM - 01:00 PM	Fine Dining Summer Junior Golf Camp	26
27	28 Tennis & Fitness Open Main Club Closed	29 1/2 Price Pizza	30 Family Night Buffet	31 Prime N Dine		

## **IMPORTANT CONTACTS**

### 2014 BOARD OF GOVERNORS CONTACT LIST

#### NAME

Martyn Bates Mindy Marules Tyler Hamel Walt Albright Bill Haefling Bill Roe Kim McKissick J.D. Gideon Karen Benefield

#### E-MAIL

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#### **CLUB MANAGEMENT TEAM**

Jamie Lavigne - General Manager jlavigne@waldencc.com, 832-445-2107

Jon Schlemmer - Manager/Golf Director jschlemmer@waldencc.com, 832-445-2110

Brad Kuykendall - Membership Director bkuykendall@waldencc.com, 832-445-2105

Bob Cook - Golf Course Superintendent bcook@waldencc.com, 832-445-2114

Charlie Rudd - Head Golf Professional crudd@waldencc.com, 832-445-2110

Craig Bobo - Director of Athletics & Tennis cbobo@waldencc.com, 832-445-2123

Tim Canavan - Food and Beverage Director tcanavan@waldencc.com, 832-445-2118

John Quinn - Executive Chef jquinn@waldencc.com, 832-445-2118

Stella Meintzer - Director of Catering smeintzer@waldencc.com, 832-445-2104

Kim Mello - Club Accountant kmello@waldencc.com, 832-445-2117

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Please support the businesses that advertise in *The Clippings*. Their advertising dollars make it possible for all Walden on Lake Houston residents to receive the monthly newsletter at no charge. If you would like to support the newsletter by advertising, please contact our sales office at 512-263-9181 or <u>advertising@PEELinc.com</u>. The advertising deadline is the 10th of each month for the following month's newsletter.

## A LETTER FROM YOUR BOARD OF GOVERNORS CHAIRMAN

Hello Neighbors and Members of the Walden on Lake Houston Country Club. The year is well under way, even though the weather didn't completely cooperate with us that our Golf course and our Tennis Courts are getting a lot of play. The course has turned a pretty shade of green thanks to our latest rainfall and our grounds keepers. Our tennis courts are in great shape with a couple of them being resurfaced and others being relined. This really is a fun time of year to be a member at Walden, just ask Austin and Veronica Looper, Robby and Danielle Emery, Bobbie and Francis Baccigalopi, Jerry and Susan Lavey, and Al and Susan Brandt our newest members. So, I am inviting all of you tennis and golf members to bring your friends, acquaintances, buddies, neighbors, and family up to the club for a golf or tennis outing or a social event and let's all get them to join our club and enjoy the amenities that we all enjoy.

Did you know that the club offers professional training for golf and tennis? We have some of the best professionals in the area waiting to provide training to you inexpensively. This training can be for the person that is already enjoying his or her sport but just needs to tune up or tweek that one nagging swing that cost them points or strokes. The training can also be extended to our family members if one so chooses just like our junior golfers:

#### CALLING ALL JUNIOR GOLFERS AND PARENTS!

Save the dates for our 2014 summer junior golf camps. Signup sheets will be in the golf shop and all ages of junior golfers are welcome.

#### June 24th-27th, July 8th-11th, July 22nd-25th, August 5th-8th

Camp Runs 8 A.M. to 11 A.M. Cost is \$120

We have tennis programs that provide similar camps to our youngsters as well. So give it some thought and let's get our children out of the house and let them enjoy what we adults are enjoying. Here are a couple fun events coming up:

#### Spooky Night Glow Golf on Friday the 13th in June. Party on the Patio – June 21 – 6p-10p

Lastly, your Board of Governors is considering the next 2-3 projects to kickoff that will continue to improve our facility. Projects being discussed are: Remodel the Women's Locker Room, Refurbish the Toilet areas in both the Men's and Women's Locker rooms, and Install a new stair way and railing to the Pro Shop. As we make progress on these projects we will be happy to share the information with all of you. If you have any questions or comments please contact one of the Board members listed in the Contact Listings, they are willing to assist and listen to your ideas.

-Walt Albright

## FROM THE PRO SHOP

SMGA – Member/Member July 7th – 8th (morning shotgun start both days)

MGA Individual Stroke play tournament, July 12th (morning Shotgun start)

LGA Hot Time In the Summer Tournament July 19th

Junior Golf Camps will be held Tuesday Thru Thursday from 8AM to 11:00 AM

Topics include woods, irons, putting, short game, rules & etiquette.

Dated offered: July 8th/11th July 22nd/25th August 5th/8th Call the Walden Golf shop @ 832-445-2115 to sign up

> Golf Lesson are offer at Walden: Jon Schlemmer @ \$60.00 Charlie Rudd @ \$60.00 Steve Ludwig @ \$60.00 Daniel Keef @ \$60.00 Call the Walden @ 832-445-2115

The Senior Men's Golf Association is giving back. They made a donation of \$228.50 to local VFW post #12075, and a second donation in the same amount to the H.I.S.D. Athletic Department, earmarked for the Atascocita High School golf teams.





# SHORT WAIT TIME



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Check out the website at waldenncc.com and see what's going on at your club. Like us on Facebook for daily updates.

If you enjoy wines, the place to be on the first Tuesday of each month is right here in your neighborhood. Grape Stompers is a wine event with five courses of wine and food paired by Chef John Quinn. Reservations are required for this event and it fills up quick, so let us know!

Need a place to host an event like a birthday bash, wedding shower or a baby shower? How about a rehearsal dinner or a quinceanera? Stella would love to help you out.

The course is in great shape thanks to Bob Cook and his staff. We're ready for any corporate outing or a fundraiser tournament.

Come and check out all of the beers on tap in the 19th Hole along with the new summertime menu.

Friday night is date night and we have you covered with Fine Dining Friday. Live music and Chef John's "all specials" menu right here in your own backyard. Be sure to make a reservation. You don't know what you're missing!

Saturdays and Sundays starting at 7:00 am, Walden CC has the best breakfast around. Also, don't forget about Sunday brunch served the last Sunday of every month. We'd love to see you!

# **Friday Nite Golf**

Call the Pro Shop today and register for Fun Friday Nite Golf!!!!

5:00 you have to be registered 5:30 Shotgun Start \$10 Entry fee per couple You can sign up as a single!

> Bring your friends for \$10 and show off your Club!

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# WALDEN ON LAKE HOUSTON COURSE UPDATE

By: Bob Cook, Golf Course Superintendent

Well after a really cold and wet winter I can safely say summer is here. The nighttime temperatures are in the 70's and the daytime 90+ optimum Bermuda grass growing weather. The golf course has benefitted from some 10+ inches of rain over the past 30 days now if we can get smaller amounts over the next 60-90 days this will be a banner year. One other note the bunker renovation has been a "homerun" with all this rain no standing water in the traps YEAH!!

# Come out and enjoy the course and thanks for being a member.



# OUT ON THE COURTS TENNIS NEWS

## Come be a part of 'The Walden Way'... Walden just wins.

Walden Women's Teams win the Houston HLTA Divisions: Congratulations to our Championship Team and our B4 Teams who won the Spring League Titles and will move up a level for the Fall Season.

Walden Tennis Programming is offered year-round for both Adults & Juniors. Our summer programming is underway, so come by and see us.

DON'T MISS OUR: 10 & Under Community Tennis Day – Saturday, June 21st 9am-11am. FREE EVENT OPEN TO ALL. Join us for Games, Prizes, & Refreshments.



Junior Gran Prix Circuit comes to Walden, Saturday June 28th & July 19th ( 8 and under & 10 & under Divisions, plus 12, 14, 16, & 18's) Register at www.kingwoodtennis.org

SUMMER CAMPS: Kids-n-Action offers daily camp with Tennis, Golf, Games, Arts & Crafts, and Swimming

Summer Tennis Classes: We start at the age of 3-5 using the Indoors when too hot and graduate to our 10u Levels of Red, Orange, & Green Dot Balls WHERE WE HAVE FUN!!

We also offer a Competitive Progression Program from beginner to State and Nationally Ranked Juniors. Each and every year we are graduating kids who are going off to play college tennis. Come check us out and start earning your way to a college scholarship.

Walden's 18 Advanced Super-Champ Juniors have won the Houston area title and will be representing the Houston area at the State Championships, June 20-22 at the Waco Regional Tennis Center, with a chance to advance to the USTA National Championships in October.



Walden Director, Craig Bobo, pictured above, receives multiple certifications: Craig is a distinguished USPTA Elite Professional for over 10 years now, but he has also received his Competitive Development Certificate, his 10 and Under Certifications from the USPTA, USTA, and USOC. Additionally, he has recently become certified and noticed by the PTR's Director of Certifications, Steve Keller. Craig has not only won the Houston Community Tennis Champion Award back in 2003 given by the HPTA, but has recently been honored for over 20 years of service to the industry. He continues to coach, compete, and captain at the highest levels in the sport.

Walden Tennis Professionals receive certifications: Mike Beatty has completed his USPTA Professional Certifications and will soon have his credentials, as well as, strong playing background at Texas A&M, and his popular coaching skills under his belt. Come see Coach Mike to take your game to the next level.

(Continued on Page 8)

### FACT:

Studies show that children who spend time in the garden develop a love for fruits and vegetables.





## **PRIMROSE WAY:** Look, I made a carrot!

## **CALL FOR A TOUR**

### **Primrose School of Eagle Springs**

17979 Eagle Springs Pkwy | Humble, TX 77346 281.852.8000 | PrimroseEagleSprings.com

## Primrose School of Lake Houston

20027 W Lake Houston Pkwy | Kingwood, TX 77346 281.812.6361 | PrimroseLakeHouston.com

#### (Continued from Page 6)

Craig Bobo, Mike Beatty, & Ryan Reeves both attended the recent: 10u Coaching Youth Pathway Certification conducted by the USPTA.

Come try out our new courts and our 4 new 10u Courts put in by Patriot Court Systems once for FREE. Make a reservation and say that Craig sent you. 832.445.2120.

Be our GUEST and Try our Tennis 101 and our Junior and Adult Programming and see why we are the best. Try 2 FREE Classes on us. 832.445.2120

#### Follow Coach Craig's Blog: www.waldencc.blogspot.com

Please pass the good news on, help us by bringing a friend, and Like us on Facebook. www.facebook.com/pages/Walden-on-Lake-Houston-Golf-Country-Club/120316157979810

See You on the Courts, Coach Craig





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## SEND US YOUR

Event

Pictures!!

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue.

Email the picture to *theclippings@ peelinc.com*. Be sure to include the text that you would like to have as the caption.

Pictures will appear in color online at *www.PEELinc.com*.



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## The Modern Game: The Forehand Approach Shot

In previous newsletters, I offered tips on how to execute the basic strokes for players who are just beginning to play tennis or who want to resume playing.

I am now offering suggestions on how to play the "modern" game mostly geared towards players who are happy with hitting the ball over the net and controlling the point with consistency. These players may be already playing for leagues or in tournaments and are looking for more "weapons" on the court.

In this issue, I will offer instructions on how to execute the Top Forehand Approach Shot. This shot is used when an opponent hits a soft shot that has bounced high over the net. The player will take advantage and will charge to the net, thus hitting with top spin high over the net and hit with power. When the ball hits the court, it will take a big hop, forcing the opponent to fall back close to the fence, or to hit the ball on the rise. This shot can be used as a "winner" or as an "approach shot."

In the illustrations, Christian Smith, one of the top players of the Grey Rock Tennis Academy, shows the proper technique to execute this stroke. Christian is coached by the Director of the Tennis Academy, Darin Pleasant.

*Step 1:* The Back Swing: When Christian sees the opportunity, he makes a quick turn of his upper body and takes the racket high and back. The head of the racket is now at shoulder height, his shoulders are turned, the left hand in front of his body for balance. He has loaded his right hip to help him drive his weight forward. His grip is relaxed and his wrist is "laid back" to allow maximum

point of contact.

**Step 2:** The Point of Contact: The success of a top spin shot is keeping the ball on the strings going from low to high in a 30 degree angle and accelerating the racket head around the outside of the ball. Christian started the swing high and "looped" it to allow the head of the racket to drop down. He will be brushing around the outside of the ball as he makes contact with it. His right shoulder is almost opening and his weight has now been shifted toward the front.

**Step 3:** The Follow Through: In order to get maximum control and power, Christian is keeping his left arm in front as he extends through the shot. He has "snapped" his left wrist and has the head of the racket facing down. His weight is in the process of shifting forward.

*Step 4:* The Finish: Christian's upper body acceleration forced his head of the racket to "wrap around" his left hip, thus creating the most power and topspin on the ball. His legs are already in position to move forward the net for a volley.

**Step 5:** The Ready Position: Once Christian hits the ball, he must get ready to volley if the ball was not a "winner". By the smile on his face, his forehand approach shot was successful and is waiting for an easy return to "kill" the next shot. His knees are slightly flexed, he is in a good athletic stance and his eyes are focused on the oncoming ball.

Look in the next Newsletter for: "The Modern Game: The Backhand Approach Shot"

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# $\mathbf{Clippings}^{\mathrm{The}}$

# Your Community at Your Fingertips



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# **SUMMER FUN ... WATER SAFETY**

quickly becomes the most popular summer activity. From beach to backyard and from water parks to neighborhood pools, adults and kids alike love the cooling effects of water.

### Make Water Safety Your Priority

Sadly enough, 15 kids have drowned in Texas from March through May of this year. By the time you read this that number may have doubled. Unfortunately, this number will continue to increase through August. By no means does this imply that swimming is bad. It simply tells us that we can all be a little safer around water.

The best thing a parent can do to help your family stay safe is to enroll the kids in swim lessons. you poolside!

With temperatures nearing the 90's swimming Many swim instructors register at the Red Cross Training Support Center at 1-800-RED-CROSS or email them at support@redcrosstraining.org for more information. Here are some quick tips to improve your child's safety:

- Swim in designated areas that are supervised by lifequards.
- Always swim with a buddy, never alone.
- Never leave a child unattended near water and do not trust your child's safety to another child.
- Have young and inexperienced children wear life jackets around water.

Establish rules for the kids and stick to them. Nothing is more precious than our children. See



Lisa Montgomery **Tracy Montgomery** Sandy Brabham Cell: 281-323-5894

Cell: 713.825.5905 Cell: 713.503.8110

If you know of someone who would appreciate the level of service my Team provides, please call me with their name and business number. I'll be happy to follow up and take great care of them.



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