

ANNUAL FORE CY-FAIR GOLF TOURNAMENT AT BLACKHORSE GOLF CLUB

Cypress, Texas (June 30, 2014) – The FORE Cy-Fair Golf Tournament will be held at Blackhorse Golf Club on Monday, September 8, with an 11:00 a.m. shotgun start.

The tournament kicks off with registration at 9:30 a.m. and a putting contest at 10:00 a.m. The awards, dinner and raffle will follow at 4:00 p.m.

"This tournament provides a dynamic networking opportunity for those who do business or want to do business in the Cy-Fair community," Leslie Martone, President of the Cy-Fair Chamber of Commerce said. "It's also one of our biggest fundraising events of the year!"

Texas Emergency Care Center of Cypress is back for its fourth year as the event underwriter. Bay-IBI Group Architects is the tournament's first CFISD sponsor. The \$7,500 sponsorship includes the opportunity to play with Cypress Fairbanks Independent School District Superintendent, Dr. Mark Henry and other top administrators.

The True Texan sponsorship is still available. With this sponsorship, businesses/ individuals have the opportunity to play with Larry Dierker, former Astros pitcher, broadcaster and manager. The \$5,000 sponsorship will receive 2 team entries, a tournament trophy and logo recognition in all promotional material.

Other sponsors at the time of printing include: Hyundai, Kroger, Silver Eagle Distributers, Community Impact Newspaper, Caldwell Companies, Cypress Creek Mirror Newspaper and Houston Methodist Willowbrook Hospital.

Sponsorship and marketing opportunities range from \$500 to \$5,000. In addition, the public is invited to purchase a \$25 awards dinner and \$10 raffle tickets. You need not be present to win the raffle.

A portion of the proceeds from the tournament, dinner and auction benefit the Adam Skinner Memorial Scholarship Fund of the Cy-Fair Educational Foundation. A scholarship has been established in his memory and the Chamber has contributed more than \$86,000 to date to the

For more information about the tournament, visit cyfairchamber.com. To become a sponsor, purchase raffle tickets or RSVP for a dinner reservation, call Sara Cantrell at 281-373-1390.

endowment.

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Women's Softball



Back-to-School Festival & Family Fun Day Saturday, August 23rd

The first annual "Back-to-School Festival" and Family Fun Day will be held on Saturday, August 23rd, from 4 p.m. to 7 p.m. at Clark Henry Park, 7600 Equador St., Jersey Village. This is a free community event and rally for area families in support of the promise of public school education. Activities include: Free hot dogs and lemonade for the first 400 people; free school supplies/backpacks/t-shirts while supplies last; free pool passes for the first 50 kids; games; and public speaker appearances. Families should bring their own lawn chairs.

The event is sponsored by Cy-Fair Area Democrats, Katy Area Democrats, Cypress-Tomball Democrats, Spring Democrats, Spring Branch Democrats, Senate District 7 Democrats & the American Federation of Teachers. For further information, contact Dee Coleman at dcoleman18014@sbcglobal.net.



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FIFTH ANNUAL CYPRESS HOOPS INVITATIONAL



The Cy-Fair Educational Foundation is gearing up for their highly anticipated Cypress Hoops Invitational Tournament to be held for the fifth year December 11 through 13, 2014. Twenty-four high school varsity level teams, including those from Cy-Fair ISD and outside the district, will compete over the three-day event at various high schools with the championship games held at the Berry Center. This year's tournament is underwritten by North Cypress Medical Center Hospital.

"Teams from the Dallas area and the San Antonio area will be traveling to Houston for the event," said Teresa Hull, event co-chair. "This is so exciting because it means that word has gotten out about the high level of organization and quality of our tournament. This will help us continue to build state recognition and gives us great potential to grow," she said.

New this year will be family fun activities including face painting, balloon animals and much more. Northwest Dodge will once again be sponsoring a chance to win a car during the championship game on December 13, 2014 at the Berry Center.

The tournament was started by community member Eric Burg and modeled after an extremely successful tournament held in Pasadena. Burg, who played basketball in Cy-Fair ISD, wanted a way to showcase the talent and facilities in Cy-Fair ISD and the tournament grew from there.

In a nail bitter championship game between Galena Park North Shore and Plano West last year, North Shore pulled ahead and won the tournament. "These games are so fun to watch," said Teresa. "We are hoping to attract many spectators to cheer for the kids since ticket prices are so reasonable (just \$2.00 for students and \$3.00 for adults or a family fun pass for \$8). We want a lot seats in the seats!" she said.

Last year the tournament raised \$18,750.02. All proceeds raised through entry fees, t-shirt sales, game tickets and sponsorships will be used for innovative staff development programs for district teachers and instructional leaders and for scholarships for deserving high school seniors. For more information about ways to participate, contact Marie Holmes at 281-807-3591 or marie@thecfef.org.



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NORTHWEST HARRIS COUNTY AGGIE MOM'S CLUB

nwhcaggiemoms.org

The Northwest Harris County Aggie Mom's Club wants to extend a big "Howdy" to all Moms of freshman Aggies and current Aggie students.

Please join us for our HOWDY PARTY on Tuesday, August 12, 2013 at 7 p.m. at the Houston Distributing Center, 7100 High Life Drive, conveniently located near Willowbrook Mall at the intersection of High Life Drive and Cutten Road. This fun-filled Aggie evening is a great way to meet other Aggie Moms, find out about upcoming events and Aggieland trips, buy care packages for your student and win door prizes! Enjoy light refreshments while you shop for our one-of-kind Tradition beads. Or look through our Boutique for unique hand-crafted Aggie treasures!

Aggie Moms as an organization, encourages parents to become familiar with A&M during their student's freshman year. Aggie Moms has been here for 25 years and we're committed to helping your student and you enjoy the TAMU experience through graduation. All meetings are open to the public, prospective students, current students and Aggie families are always welcome!

Refreshments are available at 6:45! The Northwest Harris County Aggie Mom's Club meets August thru May on the second Tuesday of every month at 7:00 pm at 7100 High Life Drive. For more information on monthly speakers or upcoming events visit our website at www.nwhcaggiemoms.org or contact Connie Pritchard, Club President at clubpres2012@gmail.com.



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TENNIS TIPS

By USPTA/PTR Master Professional Fernando Velasco













The Modern Game: The Backhand Approach Shot

In previous newsletters, I offered tips on how to execute the basic strokes for players who are just beginning to play tennis or who want to resume playing.

I am now offering suggestions on how to play the "modern" game mostly geared towards players who are happy with hitting the ball over the net and controlling the point with consistency. These players may be already playing for leagues or in tournaments and are looking for more "weapons" on the court.

In this issue, I will offer instructions on how to execute the Top Backhand Approach Shot. This shot is used when an opponent hits a soft shot that has bounced high over the net. The player will take advantage and will charge to the net, thus hitting with top spin high over the net and hit with power. When the ball hits the court, it will take a big hop, forcing the opponent to fall back close to the fence, or to hit the ball on the rise. This shot can be used as a "winner" or as an "approach shot."

In the illustrations, Kaylen Combs, one of the top players of the Grey Rock Tennis Academy, shows the proper technique to execute this stroke. Kaylen is coached by the Director of the Tennis Academy, Darin Pleasant, who is showing her the proper point of contact on step 2. Kaylen plays with her left hand.

Step 1: The Back Swing: When Kaylen sees the opportunity, she makes a quick turn of her upper body and takes the racket high and back. The head of the racket is now at shoulder height, her shoulders are turned, the right hand gripping the racket and her left hand relaxed. Her weight is on the front foot as her momentum carries her forward to attack the ball. Her right wrist

is "laid back" to allow maximum point of contact.

Step 2: The Point of Contact: The success of a top spin shot is keeping the ball on the strings going from low to high in a 30 degree angle and accelerating the racket head around the outside of the ball. Kaylyn started the swing high and "looped" it to allow the head of the racket to drop down. She will be brushing around the outside of the ball as she makes contact with it. Her left shoulder is almost opening and her weight has is moving through the shot.

Step 3: The Follow Through: In order to get maximum control and power, Kaylen is keeping her right arm extended through the shot. She has "snapped" her right wrist and has the head of the racket facing down. Her weight is going forward.

Step 4: The Finish: Kaylen's upper body acceleration forced the head of the racket to "wrap around" her left ear, thus creating the most power and topspin on the ball. Her legs are already in position to move forward the net for a volley. Her right foot should naturally move forward due to her momentum and racket speed. From her looks, she apparently hit a very wide cross court approach shot for a defensive return.

Step 5: The Volley Winner: Once Kaylen hit, she moved to the net for a "winner". By the smile on her face, her backhand approach shot was successful and she won the point with a backhand volley.

Look in the next Newsletter for: "The Modern Game: The Swinging Forehand Approach Shot" Court Time at no additional cost and being able to reserve court time seven days in advance

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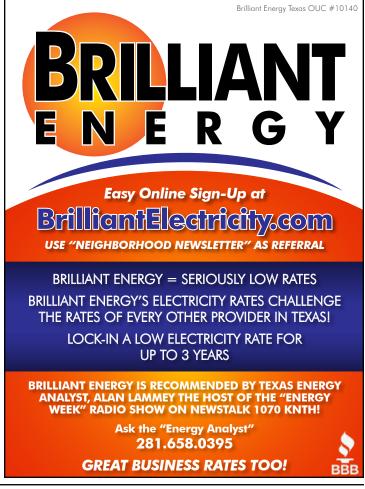
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