

THE TIMES

NEWS FOR THE RESIDENTS OF BRIDGELAND

September 2014

An Independent Publication Serving the Bridgeland® Community

Volume 8, Issue 9

5th Annual Bridgeland

Community Garage Sale

The 5th Annual Bridgeland Community Garage Sale will be on Saturday, October 11th 8am-1:30pm in Festival Park.

Residents that are interested in reserving a space should send their name and address to Bridgelandgaragesale@gmail.com.



The “Take Care of Texas” Guide to Yard Care

Managing Common Texas Yard Pests

Gardening and yard care can give you satisfying results and beautiful landscapes. However, yard pests can be discouraging, even for the most committed gardener. Here are some quick tips to avoid pests:

Irrigate efficiently; water infrequently but thoroughly, generally 1 inch once a week in the morning. Use native and adapted plants, which are better suited to the local environment and are more resistant to pests. Mow properly taking off no more than 1/3 of the grass blade with each mowing.

Choose natural or organic fertilizers, avoid overusing fertilizers, and encourage natural predators such as worms, ladybugs, certain beetles, mites, and birds.

Monitor for pests often to catch infestations early and determine if control is needed. Natural predators may make treatment unnecessary.

Remember to always comply with your water system's water-use restrictions and visit www.KeepCyFairBeautiful.org to access free “Take Care of Texas” publications!



IMPORTANT NUMBERS

BRIDGELAND COMMUNITY ASSOCIATIONS (HOA)

16902 Bridgeland Landing
Cypress, TX 77433
281-304-1318

General Manager

Melissa Hargrove mhargrove@pcmi-us.com

Assistant Manager

Cris Pulatie cpulatie@pcmi-us.com

Activities Director

Rachel Johnson rjohnson2@pcmi-us.com

Administrative Assistant

Ann Klak annklak@pcmi-us.com

Community Administrator

Denise Saxton dsaxton@pcmi-us.com

EMERGENCY NUMBERS

EMERGENCY	911
Fire	911
Ambulance	911
Harris County Sheriff.....	713-221-3300
Cy-Fair Volunteer Fire Dept.	281-550-6663

AREA HOSPITALS

Cy-Fair Medical Center.....	281-897-3300
North Cypress Medical Center	832-912-3500
Willowbrook Methodist	281-477-1000

SCHOOLS

Cy-Fair ISD.....	281-897-4000
Cy-Fair ISD	281-897-4000
Robison Elementary School.....	281-213-1700
Warner Elementary School.....	281-213-1650
Spillane Middle School	281-213-1645
Smith Middle School	281-213-1010
Cy Woods High School.....	281-213-1727
Cy Fair High School.....	281-897-4600

UTILITIES

Trash - Republic Waste.....	281-446-2030
Water and Sewer	800-579-4500
Gas - Centerpoint Energy.....	800-579-4500
Electricity - Reliant Energy.....	800-735-42568
Cable/Internet/Phone - Comcast.....	713-341-1000

PUBLIC SERVICES

Cypress Post Office	281-373-9125
Drivers License Info.	281-955-1100
Harris County Tax	713-224-1919

NEWSLETTER PUBLISHER

Peel, Inc.....	888-687-6444
Article Submissions	bridgeland@peelinc.com
Advertising.....	advertising@peelinc.com

THE TIMES

A newsletter for Bridgeland residents.

The Times is a monthly newsletter mailed to all Bridgeland residents. Each newsletter is filled with valuable information about the community, local area activities, school information and more.

If you are involved with a school group, play group, scouts, sports activity, social group, etc. and would like to submit an article for the newsletter you can do so online at www.PEELinc.com or you can email it bridgeland@peelinc.com. Personal news for the Stork Report, Teenage Job Seekers, special celebrations, birthday announcements and military service are also welcome. *Our goal is to keep you informed!*

Advertising Information

Please support the businesses that advertise in The Times. Their advertising dollars make it possible for all the Bridgeland residents to receive the monthly newsletter at no charge. If you would like to support the newsletter by advertising, please contact our sales office at 888-687-6444 or advertising@PEELinc.com. The advertising deadline is the 10th of each month for the following month's newsletter.



full service landscape company

281-373-0378



Landscape Maintenance

Commercial & Residential

Patios & Walkways

Pavestone * Flagstone * Concrete

Landscape Services

Design & Installation * Lighting *
Seasonal Flowers * Drainage *
Sod Installation * Rock Borders

Sprinkler Systems

Design * Installation * Repairs *
Property Coverage * Warranty *
Licensed Irrigation #8587

Proudly serving northwest Houston since 1997



Insured for your protection.



horizon-landscape.com

Cy-Fair Emergency & Imaging Center Triathlon at Fairfield

Sunday, October 26, 2014 @ 7:30 AM

Fairfield Athletic Club • 16055 Mason Road Cypress, TX 77433

For more information regarding the adult and kids' triathlons, please visit: www.FairfieldTriathlon.com



COMMUNITY HEALTH FAIR

Presented by the St. Elizabeth Ann Seton Parish Nursing Ministry. The Health Fair will be held on Saturday, October 25, 2014 at 10 A. M. until 2 P. M. at 6646 Addicks Satsuma Road, Houston, TX. Free services provided include: blood sugar testing, blood cholesterol testing, counseling from certified health care providers. Also, there is a "Teddy Bear Hospital" for children which includes adopting a bear or other stuffed animal for free. Also, educational and fun children's booth are available.



Listing Your Home for Sale in Bridgeland?

Call your Cypress RE/MAX real estate expert

Dawn Fore

Named one of Houston's Top 25 Real Estate Teams by the
Houston Business Journal

Virtual Tour Our Listings
at:

www.DawnFore.com

Broker/Owner
281-304-9500
281-731-7399



RE/MAX® **Lakeland**

17920 Huffmeister, Suite 140 • Cypress, Texas 77429



Women's Softball

Women's Softball League in Fairfield is in need of players, in order to play the Fall season. The league will be starting in September. If interested, please contact Dawn Kilgore (218) 881-3507, for more information.

Cypress Symphony

Join the Cypress Symphony on September 20th for a night of beautiful, passionate music!

7 PM at The Centrum

We are pleased to welcome Erik Sundet as our guest conductor.

Featuring:

Shostakovich Chamber Symphony

Barber Canzonetta for Oboe

Alecia Lawyer, soloist

Vivaldi Concerto in D

Dr. Kirsten Yon, violin

Joanna Becker, violin

Patrick Moore, violin

Bartok Romanian Folk Dances



VISIT CYPRESSSYMPHONY.ORG for tickets!

CHECK-IN **ONLINE** **SAVE TIME**

The Smarter Way to ER
CyFairERandUrgentCare.com



ER & URGENT CARE WAITING IS NO FUN.

At Cypress Fairbanks Medical Center Hospital, we understand that waiting in the ER or Urgent Care is no fun. That's why we're offering an online check-in service at CyFairERandUrgentCare.com for all six locations of our urgent care and emergency services to reserve your time online and comfortably wait at home. It's quick, easy and you'll be seen by a healthcare professional within 15 minutes of your scheduled time.

Cypress Fairbanks
Medical Center Hospital



A PART OF
CY-FAIR REGIONAL HEALTH NETWORK

POWERED BY **InQuicker**

Kids' Running Team's Cross Country Season Starts September 8th

The Northwest Flyers Track Club Youth Cross Country Team kicks off the fall season with registration and a mandatory orientation for parents and athletes on Monday, September 8, 2014, at 7:00 p.m. Registration will be held at Cypress Creek High School, 9815 Grant Rd., Houston, TX. The first practice will be held at the Cypress Creek YMCA on Thursday, September 11.

The Northwest Flyers Track Club is a member program of USA Track and Field (USATF), the national governing body for track and cross country. The club is in its 27th year in the northwest Houston area. Ages 6 - 18 may participate in the team, and both beginners and experienced runners are welcome. Middle school and high school cross country athletes can also register, but should compete after their cross country season is over.

Contact Coach Donnell Carter at dcarter.nwflyers@yahoo.com or 281-467-4727, for more information. Email Coach Carter to get on the email list and you will receive a free running training video. Visit www.northwestflyers.org to get updates and learn more about the team.



Your Bridgeland Experts!
We don't just sell here, we live here!

CALL TODAY!

832.392.8818

Amy.Lippincott@GaryGreene.com

www.realestatewithamy.com



**GARY
GREENE**



©2013 Better Homes and Gardens Real Estate LLC. Better Homes and Gardens® is a registered trademark of Meredith Corporation licensed to Better Homes and Gardens Real Estate LLC. Equal Opportunity Company. Equal Housing Opportunity. Each Franchise is Independently Owned and Operated. If your property is currently listed with a real estate broker, please disregard. It is not our intention to solicit the offerings of other real estate brokers.

INJURY PREVENTION IN YOUNG ATHLETES

*By Brett Neilson and Mike McTague
Doctors of Physical Therapy
Orthopedic Certified Specialists*

As another fall sports season approaches, a major goal of the coaches, trainers, and parents is keeping the athletes healthy and contributing to their respective sports. However, injury is inevitable and part of the game. Pediatric athletes present with a variety of injuries, the most common being the overuse type like Osgood-Schlatter disease and stress fractures. These injuries occur due to excessive stress placed on bone, muscle and tendon tissue that are constantly growing and not always at the same rate. Risk factors for these injuries include asymmetry in joint flexibility/mobility and muscle strength, impaired balance, training and recovery errors, and previous injury. There is potential for many overuse injuries to be prevented by knowing and following a few simple principles.

Pre-participation physical exams can be helpful for identifying many of the risk factors mentioned previously. It is recommended that these exams should include at minimum an assessment of joint mobility and flexibility and muscle strength and flexibility, as well as a thorough review of the past medical history to determine if the student is even appropriate for athletics. Recently, functional screening tools have been developed to reveal asymmetries and imbalances during basic movement patterns that are the foundation for many of the movements required during sport.

Training and conditioning play a major role in injury prevention as well. The term “cultural deconditioning” has been coined recently to describe the decrease in physical activity in our youth that has coincided with an increase in video game and computer use. So when the offseason ends and it’s time to get out

and enjoy the 105 degree Texas heat, the body is not ready to stand up to the stresses suddenly placed on the body. A way to combat this is to promote an active, healthy lifestyle by putting down the Xbox controller and spending more time outside, taking part in offseason conditioning camps, or participating in local fitness classes.

A guideline known as the “10% rule” has also been developed to allow student athletes to transition back into sports activities. The idea is that the amount of training time, distance, repetitions, or load should not be increased by greater than 10% per week. For example, if a student is running 10 miles per week, they should not run more than 11 miles in the following week.

Knowing the signs and symptoms of overuse injuries is paramount. They are all too often written off as “growing pains” and are allowed to increase in severity, resulting in extensive time away from sport during the recovery process. Common signs and symptoms include pain that is persistent in nature, takes

longer than usual to resolve, visible swelling, tenderness that can be localized to one area, and/or require interruption of normal athletic activities.

Finally, having an open-line of communication between the coaches, trainers, other health care professionals, parents, and athletes is imperative in injury prevention. Lack of or inconsistencies in the transfer of information between any of these parties can result in delayed access to proper prevention or treatment techniques and keep the athlete from performing at the highest possible level.





Custom Swimming Pools

New Construction & Remodeling

Complete Outdoor Packages & Landscaping

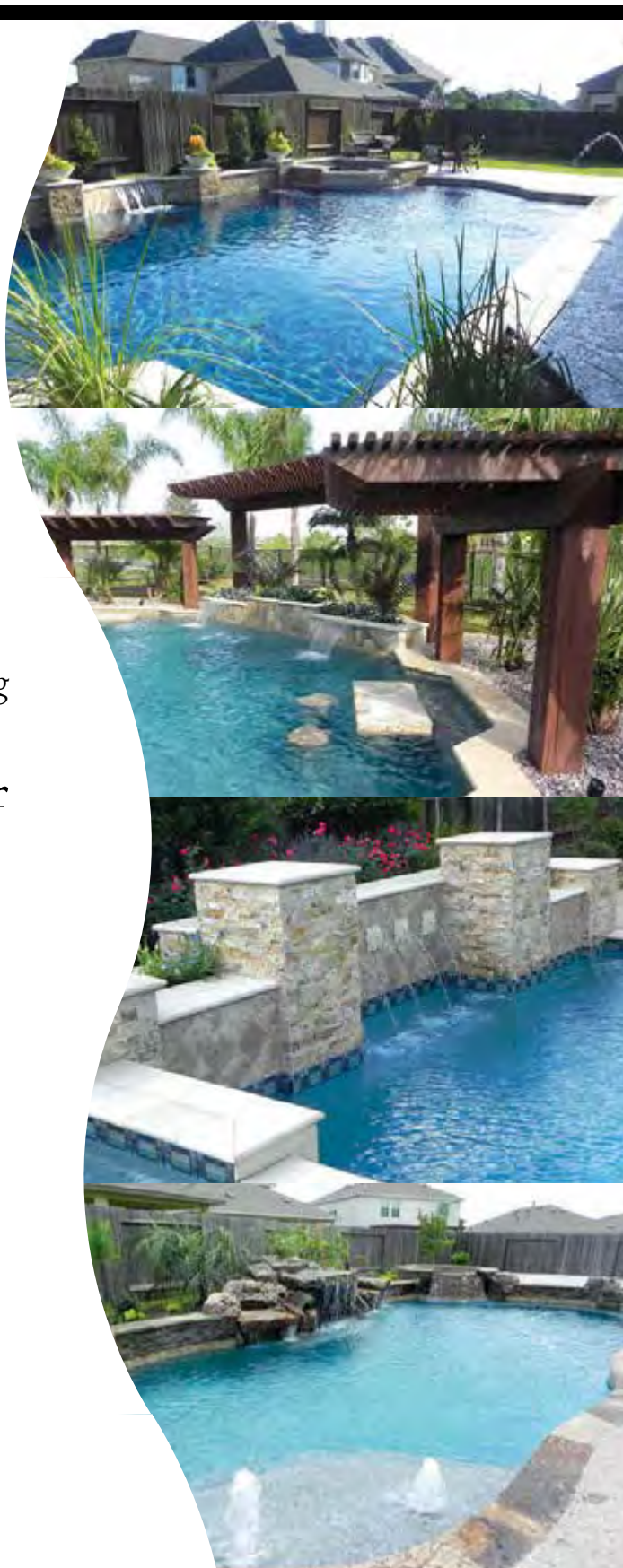
Paramount Authorized Dealer

*Ask us about the
PV3 In-Floor Cleaning System
99% Cleaning Guaranteed*

*Now Offering
JetPaks - therapeutic, modular jets for spas*

281-387-9708

*Lifetime Cypress Resident
Insured for Your Protection*



www.TritonPools.net



CYPRESS TEXAS TEA PARTY

The Cypress Texas Tea Party meets every three weeks on
Saturday

Noon until 2:00 PM at:

Spring Creek BBQ

25831 Northwest Freeway

Cypress, Texas 77429

Map: <http://goo.gl/maps/OoNjY>

Upcoming meetings:

Saturday, August 23, 2014 12:00 PM - 2:00 PM

Saturday, September 13, 2014 12:00 PM - 2:00 PM

*A schedule of other meetings and confirmed speakers can
be found at our website, www.cypresstexasteaparty.org*



AHFC Junior Hurricanes (JHSL) Registration Now Open

The Junior Hurricanes Soccer League (JHSL) is led by professional United States Soccer Federation (USSF) licensed staff and is designed for boys & girls who want to play and have fun in a safe and developmentally appropriate environment. The JHSL program is being offered at Campbell Road Campus, West U and Cy Fair locations. To learn more about each location and to register please visit www.albionhurricanes.org or you can email us at jhsl@albionhurricanes.org or call 713-939-7473.

Fall 2014 JHSL Highlights - 10 weeks September - November - Season will extend 1 week if both practice & game is rained out - Professionally trained - One practice during the week - Games on Saturdays 8:00 AM-12:00 PM or Sundays 1:00-5:00 PM; please check your location to details. - Cost per player is \$150 U5/U6 and \$160 U7-U12 - Nike uniform included



Creating Reflections of
Elegance

Perry Pools & Spas

Since 1986 www.PerryPools-Spas.com 281-213-8100

Owner,
David Perry
Cypress, Texas



2006 Cy-Fair Small Business of the Year 1999 - 2010 BBB - Gold Star Award
2007 NHMCCD Finalist - Small Business of the Year
2008, 2010 BBB—Award of Excellence

JAY'S IRON WORKS & IRON FENCE PAINTING



- Iron fence and gate painting
- Paint applied by hand to ensure proper thickness and durability
- 3yr warranty in all painted surfaces
 - Iron fence/gate repair
 - New install of fence/gates
- Access gate repair and install
- Million dollar insured



BEFORE

AFTER

832.344.7510 · WWW.JAYSIRONWORKS.COM · [facebook](#) · You Tube

A Focus on Backpack Safety Tips for Your family

By: Concentra Urgent Care

WEAR BOTH STRAPS

The use of one strap causes one side of the body to bear the weight of the backpack. By using two shoulder straps, the weight of the backpack is evenly distributed.

WEAR THE BACKPACK OVER THE STRONGEST MID-BACK MUSCLES

Pay close attention to the way the backpack is positioned on the back. It should rest evenly in the middle of the back. Shoulder straps should be adjusted to allow the child to put on and take off the backpack without difficulty and allow free movement of the arms. Straps should not be too loose, and the backpack should not extend below the low back.

LIGHTEN THE LOAD

Keep the load at 10%-15% or less of the child's body weight. Carry only those items that are required for the day. Organize the contents of the backpack by placing the heaviest items closest to the back. Some students have two sets of books, so as not to have to carry the heavy books to and from school.

PROPER BACKPACK USAGE

While a backpack is still one of the best ways to tote homework, an overloaded or improperly worn backpack gets a failing grade, according to the American Physical Therapy Association (APTA). Improper backpack use can cause injury, especially to children with young, growing muscles and joints.

Injury can occur when a child, in trying to adapt to a heavy load, uses harmful postures such as arching the back, leaning forward or, if only one strap is used, leaning to one side. According to physical therapists, these postural adaptations can cause spinal compression and/or improper alignment, and may hamper the proper functioning of the disks between the vertebrae that provide a shock absorption. A too-heavy load also causes muscles and soft tissues of the back

to work harder, leading to strain and fatigue. This leaves the back more vulnerable to injury. A heavy load may also cause stress or compression to the shoulders and arms. When nerves are compressed, the child may experience tingling or numbness in the arms.

WHAT TO LOOK FOR IN A BACKPACK

Physical therapists recommend the following features when selecting a backpack:

- A padded back to reduce pressure on the back and prevent the pack's contents from digging into the child's back
- A waist belt to help distribute some of the load to the pelvis
- Compression straps on the sides or bottom of the backpack that, when tightened, compress the contents of the backpack and stabilize the articles
- Reflective material so that the child is visible to drivers at night

THE RESULTS

Worn correctly and not overloaded, a backpack is supported by some of the strongest muscles in the body: the back and abdominal muscles. These muscle groups work together to stabilize the trunk and hold the body in proper postural alignment.

HOW A PHYSICAL THERAPIST CAN HELP

A physical therapist can help you choose a proper backpack and fit it specifically to your child. Children come in all shapes and sizes, and some have physical limitations that require special adaptations. Additionally, a physical therapist can help improve posture problems, correct muscle imbalances, and treat pain that can result from improper backpack use. Physical therapists can also design individualized fitness programs to help children get strong and stay strong – and carry their own loads.

For more information on backpack safety, visit the American Physical Therapy Association at www.apta.org.

ENERGY SAVINGS AND EFFICIENCY NEVER LOOKED SO GOOD!

Save up to 10% with the Meridian Plus Savings Plan

JOIN THE PLAN AND ENJOY:

- A competitive 2-year low, fixed electricity rate
- A new LCD Touchscreen Honeywell Wi-Fi Thermostat with a color background to match your home's décor
- The ability to program and adjust temperature settings any time, anywhere with the Meridian Mobile App
- A FREE 20-point HVAC seasonal maintenance (a \$138 value) by One Hour Air Conditioning and Heating®
- Installation by a certified technician

Call 1-844-825-8611 or visit directenergy.com/mymeridian

A monthly smart service fee of \$10.99 for one thermostat, \$18.99 for two thermostats, and \$24.99 for three thermostats, will be added to your bill. Smart thermostat may not be compatible with all HVAC systems. Wi-Fi required for installation. Certain eligibility requirements, fees, taxes, terms, and conditions apply. Not available in all areas. Early termination fee applies. ©Direct Energy Marketing Limited, used under license. PUCT Certificate No. 10040. DER136-55-0714



5th Annual Running for Greater Things

Saturday November 8, 2014

Start and Finish at Fairfield Baptist Church

27240 U.S. 290 Cypress, TX 77433

8:10am – START 1K Run/Walk

8:30am – START 10K Run

8:45am – START 5K Run/Walk

One Community, One Purpose

We invite area churches and orphan/adoption ministries to join with us as we share with our community opportunities to get involved with caring for the orphan. Join us race day as a runner, volunteer, and/or share your Orphan Care ministry booth on campus. For more info please visit: runningforgreaterthings.com

REGISTRATION OPENS AUGUST 9TH!

Our Goal

The goal of this event is to raise money for the HOPE Project in Kigali, Rwanda. The HOPE Project is led by Ten Talents International, and stands for Housing, Opportunity, Purpose, and Education. Orphaned boys and girls in Kigali, Rwanda are in need of a safe home where they can have the opportunity to go to school, receive medical care, and have basic needs met. Property has already been purchased and work has begun to build a girls' home and boys' home to give these children a safe place to live and learn. This project will be completed in three phases and this year we are supporting Phase 1.



**EASY AS
1-2-3**



TEXASDIRECTAUTO.COM
SELL US YOUR CAR!



Experience a New Image

Cypress welcomes Dr. Chen! So how does a Taiwanese-American who was raised in California and studied post-graduate orthodontics in Florida end up in Houston? Three words.

OPPORTUNITY. PASSION. COMMUNITY. Dr. Chen realized that the opportunity to take over the former Village Orthodontics was indeed his American dream come true. Reinventing and reopening True Image Orthodontics allows him to continue his passion for delivering orthodontic care to others.

"I am truly honored and grateful to be able to touch my patients' lives by creating beautiful smiles for them." – DR. CHEN

Dr. Chen and his True Image Orthodontics team look forward to meeting you and serving the Cypress area. We accept most insurance plans and offer competitive fees and interest-free in-house financing.

Bring your smile in today for a complimentary exam!
To learn more, please visit our website.

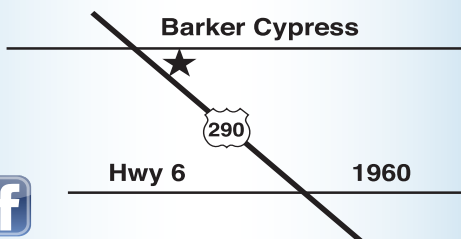


Dr. David Chen

www.trueimageortho.com

281-225-6784

12320 Barker Cypress, Ste. 700, Cypress, TX 77429



Elisha Roberts Chapter

The wonderful ladies of the Elisha Roberts Chapter, NSDAR, extend an invitation to any female, 18 years or older, who can prove direct lineal descent from someone who either fought in or provided aid during the American Revolution. We are a family oriented group of ladies who promote patriotism, education and historic preservation. Our motto is God, Home and Country. If this sounds like you, please come and join us for a meeting. We meet the third Thursday of each month, September through May. Our next meeting will be on September 18, 2014 at 7:00 p.m.

For more information, please contact the chapter Regent, Melinda Sims at melinda@mazzaroth.net.

We look forward to meeting you.

YardMasters, Inc.

A Professional Landscaping, Sprinkler System & Lawn Service Company



Where Beautiful Lawns Begin

SERVING NW HOUSTON SINCE 1990

Customized Landscaping | Drainage Installation
Landscape Lighting | Lawn Service | Bed Cleaning
Pruning | Mulch | Flowers

YardMastersInc.com
281.469.5158





CYPRESS CUSTOM POOLS

POOL & SPA NEWS
TOP 50 BUILDERS

2010 LIST OF TOP BUILDERS IN THE NATION!



14119 Grant Rd. Cypress, TX 77429

— CALL TODAY! —

281.351.6113

CYPRESSCUSTOMPOOLS.COM






GINGERBREAD VILLAGE HOLIDAY MARKET

St. Elizabeth Ann Seton Catholic Church Ladies Auxiliary is hosting their annual holiday market on October 25, 2014. It will be held from 9 A. M. to 4 P. M. at 6646 Addicks Satsuma Road, near Highway 6 and FM 529. The admission is free! Shop our selection of seasonal decor, homemade crafts, beautiful art, gourmet food and many other unique offerings. Have lunch at our huge concession stand with BBQ sandwiches, spuds, chicken salad, hot dogs, homemade baked goods, etc.! All proceeds go to various charities and scholarships. For more information, visit seascatholic.org and email mon.delgado@sbcglobal.com. See you there!

Think Pink Fashion Show

Business women in Northwest Houston seeking to network with other professional women are invited join the Northwest Houston Business & Professional Women (BPW). We are HIP – Healthy, Inspiring, Powerful. Join us on Sept. 15 at Northgate Country Club, 17110 Northgate Forest Dr, Houston, Tx 77068 for the Think Pink Fashion Show and Silent Auction benefiting Breast Cancer. Register by Sept 15 at <http://nwhoustonbpw.com/>. Hope to see you. Contact Goldie Roberts, Publicity Chair with any questions. 832-722-5064.






**When it needs more than a bandaid,
Urgent Care vs. ER?**

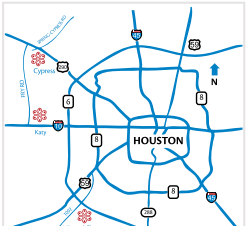
Did you know a visit to the ER can cost as much as five times more than a visit to Excel Urgent Care, for the same problem?

EXCEL URGENT CARE	VS.	Emergency Room
\$\$	Sprains	\$\$\$\$
\$\$	Minor Lacerations	\$\$\$\$
\$	Cold, Flu, Fever	\$\$\$\$
\$ - \$\$	Occupational Medicine	\$\$\$\$
\$\$	Lab & Drug Screen (on site)	\$\$\$\$
\$\$	X-Ray	\$\$\$\$

Save time and money at...



EXCEL
URGENT CARE
855-EXCEL-UC
www.excelurgentcare.com
Serving Cypress, Missouri City & Katy Areas
Open Everyday 9am - 9pm



CertaPro Painters®

★ ★ ★ ★ ★


281-255-3697

Interior & Exterior Painting

- Free Estimates
- 2-Year Warranty
- Sheetrock Repair
- Wallpaper Removal
- Faux Finishing

- References
- Fully Insured
- Texturing
- Carpentry
- Murals

Ask About Our
FREE Color Consultation!

<http://cypress.certapro.com>






Network Texas Ready to Party With a Purpose

Family Fun Event to Benefit Shield Bearer Counseling Centers

If you are looking for a great night out as a family with live music, fun family games and a chance to win prizes, check out this year's Party With Purpose event. "We are planning to have a great time raising money for a great cause", says David Bamberg, Network Texas Co-Founder.

The 2014 Party With Purpose event is scheduled September 4th from 6:00 PM - 9:30 PM at historic Tin Hall (14800 Tin Hall Rd., Cypress, TX 77410). Tickets are on sale for \$20 each online at www.ShieldBearer.org/Party and include heavy hors d'oeuvres, live entertainment provided by Cool Freddie E & The Crew, door prizes, raffle and live auctions, family photo booth and lots of games for cowboys and cowgirls of all ages. A cash bar will be provided by Tin Hall.

The purpose of the event is to support the services to women rescued from human trafficking, victims of horrendous crimes, military personnel/veterans and their families and those who are turned away from other providers. "We rely heavily on the

donations of individuals, businesses and churches in order to continue to provide quality counseling services," said Paula Burns, Event Chair. "I'm looking forward to everyone having fun while making a difference for their neighbors and community."

Paula Burns shared that the event is only possible with the support of key sponsors, including, "Halford Busby Construction Consultants as our Trail Boss Sponsor, Insurance One of The Woodlands as our Chuck Wagon Sponsor, and Burke Carpet Cleaning Services as our Watering Hole Sponsor." There is still time to join in the western themed fun and become a sponsor or provide an auction item or door prize. Interested parties can find all the details at www.ShieldBearer.org/Party.

Shield Bearer, a Cy Fair born 501c3 charitable nonprofit since 2005, served over 12,800 people last year with professional counseling services in their four Northwest and West Houston offices. Learn more about Shield Bearer at www.ShieldBearer.org or call 281-894-7222.

DROWNING IS FAST & SILENT KEEP KIDS IN ARM'S REACH



WATER SAFETY TIPS AT
WWW.COLINSHOPE.ORG



Help keep your family safer around water.

Take our Water Safety Quiz.

www.colinshope.org/quiz

Colin's Hope Athlete Ambassadors needed.
Swim, bike, play tennis, hula hoop and more!

www.tinych.org/AthleteAmbassador



LAYERS OF PROTECTION CAN PREVENT DROWNING



CONSTANT
VISUAL
SUPERVISION



LEARN
TO
SWIM



WEAR
LIFE
JACKETS



MULTIPLE
BARRIERS
TO WATER



KEEP BACKYARDS
& BATHROOMS
SAFER



CHECK POOL
& HOT TUB
FIRST



STAY AWAY
FROM
DRAINS



BE SAFER
AT THE
BEACH



LEARN CPR
& REFRESH
SKILLS YEARLY

“Cy-Fair Growing Business for a Growing Community”

CHAMBER PRESIDENT SHARES INSIGHTS ON GROWTH OF CY-FAIR AREA AT MONTHLY CYFEN MEETING

Attend the Cy-Fair Express Network (CYFEN) luncheon September 25 and discover more about what is happening in the Cy-Fair area and the Cy-Fair Houston Chamber of Commerce.

This month's keynote speaker is Leslie Martone, president of the Cy-Fair Houston Chamber of Commerce.

At the chamber she and her dedicated staff work diligently with community leaders and the chamber Board of Directors on issues affecting businesses in Cy-Fair.

Martone is active with the Cy-Fair Educational Foundation and also serves on the Governing Board at Cypress Fairbanks Medical Center and Reach Unlimited Board.

Martone has lived in the Cy-Fair area since 1985, graduated from Cy-Fair High School and attended Texas A&M University, earning a Bachelor of Science degree in Recreation, Parks, and Tourism in 1998.

All are welcome to learn more about the chamber at this month's CYFEN meeting, which begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program. Monthly meetings are held the fourth Thursdays at the Sterling Country Club, 16500 Houston National Blvd.

Bring business cards for networking. The meeting cost is \$25 with advanced reservations made by the Thursday prior to the meeting and \$30 at the door.

CYFEN is part of the national organization of American Business Women's Association, for more information go to www.CYFEN.org.

ABOUT CY-FAIR EXPRESS NETWORK (CYFEN)

The Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition.

ABOUT AMERICAN BUSINESS WOMEN'S ASSOCIATION

ABWA's mission is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.

KIWANIS CLUB OF CY-FAIR HOUSTON

YOU are cordially invited to attend an introductory meeting of the Kiwanis Club of Cy-Fair Houston at the Hearthstone Country Club.

Time: Lunch is served at 12:15pm; adjournment at 1:15pm.

Dates: We will meet on August 5, 12, and 19. Join us for lunch, followed by a short, informative program. We welcome your visit and invite you to consider membership in this service oriented organization.

Why join Kiwanis? Kiwanis is an international service organization focused on changing the world one child and one community at a time. The Cy-Fair Kiwanis Club of Houston seeks to serve this community through sponsoring Key Clubs for high school students, Builders Clubs for middle school students, and Aktion clubs for adults with disabilities. Also, we sponsor Boy Scout and Girl Scout troops. We provide support to various other organizations in the community that serve children and families. Enjoy the pleasure of being a part of this service.

What is Kiwanis? Service is at the heart of every Kiwanis club, no matter where in the world it's located. Members stage nearly 150,000 service projects and raise nearly US\$100 million every year for communities, families and projects. In addition, Kiwanis members actively participate in many service projects in their home communities.

Kiwanis members don't just do service—they have fun. Members make new friends by being part of a club where they attend meetings and participate in social events. Kiwanis clubs also provide excellent networking opportunities for professionals. Members meet new people from all over their region and the world through service projects, fundraising and attendance at district and international conventions.

**VISIT THE CY-FAIR KIWANIS CLUB WEBSITE AT:
WWW.KIWANISHOUSTONCYFAIR.COM**

Living, loving, and learning in Christ and the Church.
6646 Addicks Satsuma Rd.
Houston, TX 77084
281-463-1444
www.seascs.org

EXCELLENT CURRICULUM • ATHLETICS
COMPUTER & SCIENCE LABS
BEFORE & AFTER SCHOOL PROGRAMS

Come grow with us!
St. Elizabeth Ann Seton
Catholic School

Now Registering
2014-2015
School year

IRONMEN
LACROSSE

TRYOUT and REGISTRATION information for the 2014-2015 Season of Cy-Fair Lacrosse is NOW AVAILABLE on our website.

Registration is currently open for:
MS (7th/8th grade) YG (5th/6th grade) 4U (2nd-4th grade)
Visit www.cyfairlacrosse.org for more details.

If you are interested in coaching, please contact
Chad Gailey at chad.gailey@ca.com



PHOTOGRAPHY GROUP

Submitted by Kay Burkhalter

Join the Bridgeland Photography Group at bridgelandlife.com. Wayne Wendel, a professional photographer and teacher is providing free courses with power point presentations including basic photography, composition, landscape photography, wildflower photography and other topics. All meetings will be from 7:00-9:00pm in the Activity Center on the fourth Tuesday of each month starting on May 27th.



Your Community at
Your Fingertips



Download the Peel, Inc. iPhone App



www.peelinc.com
512.263.9181



Fifth Annual Cypress Hoops Invitational



The Cy-Fair Educational Foundation is gearing up for their highly anticipated Cypress Hoops Invitational Tournament to be held for the fifth year December 11 through 13, 2014. Twenty-four high school varsity level teams, including those from Cy-Fair ISD and outside the district, will compete over the three-day event at various high schools with the championship games held at the Berry Center. This year's tournament is underwritten by North Cypress Medical Center Hospital.

"Teams from the Dallas area and the San Antonio area will be traveling to Houston for the event," said Teresa Hull, event co-chair. "This is so exciting because it means that word has gotten out about the high level of organization and quality of our tournament. This will help us continue to build state recognition and gives us great potential to grow," she said.

New this year will be family fun activities including face painting, balloon animals and much more. Northwest Dodge will once again be sponsoring a chance to win a car during the championship game on December 13, 2014 at the Berry Center.

The tournament was started by community member Eric Burg and modeled after an extremely successful tournament held in Pasadena. Burg, who played basketball in Cy-Fair ISD, wanted a way to showcase the talent and facilities in Cy-Fair ISD and the tournament grew from there.

In a nail bitter championship game between Galena Park North Shore and Plano West last year, North Shore pulled ahead and won the tournament. "These games are so fun to watch," said Teresa. "We are hoping to attract many spectators to cheer for the kids since ticket prices are so reasonable (just \$2.00 for students and \$3.00 for adults or a family fun pass for \$8). We want a lot seats in the seats!" she said.

Last year the tournament raised \$18,750.02. All proceeds raised through entry fees, t-shirt sales, game tickets and sponsorships will be used for innovative staff development programs for district teachers and instructional leaders and for scholarships for deserving high school seniors. For more information about ways to participate, contact Marie Holmes at 281-807-3591 or marie@thecfef.org.

BUSINESS CLASSIFIEDS

Telecommute Appointment Setter - \$12 - \$28/hr.
Apply on www.telereachjobs.com. At last, a Real Daytime Job From Home!

Classified Ads: Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 1-888-687-6444 or advertising@PEELinc.com.

GO GREEN
GO PAPERLESS

Sign up to get this newsletter in your inbox! Visit peelinc.com for details.

Brilliant Energy Texas OUC #10140

BRILLIANT ENERGY

Easy Online Sign-Up at
BrilliantElectricity.com
USE "NEIGHBORHOOD NEWSLETTER" AS REFERRAL

BRILLIANT ENERGY = SERIOUSLY LOW RATES
BRILLIANT ENERGY'S ELECTRICITY RATES CHALLENGE THE RATES OF EVERY OTHER PROVIDER IN TEXAS!
LOCK-IN A LOW ELECTRICITY RATE FOR UP TO 3 YEARS

BRILLIANT ENERGY IS RECOMMENDED BY TEXAS ENERGY ANALYST, ALAN LAMMEY THE HOST OF THE "ENERGY WEEK" RADIO SHOW ON NEWSTALK 1070 KNTH!

Ask the "Energy Analyst"
281.658.0395

GREAT BUSINESS RATES TOO!

**NOT AVAILABLE
ONLINE**

The Times is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use The Times contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc. The Times is an independent publication serving the Bridgeland® community. Bridgeland is a registered trademark of Bridgeland Development, L.P.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

DIRECTV is rolling out the RED CARPET

VIP Pricing exclusively
for Residents

DIRECTV
Prices starting at
\$29.99

FREE 5 tuner Genie HD/DVR
Instant rebate on all packages
Record, watch and playback in
HD from any room

FREE Installation
Up to 3 **FREE** additional
HD client boxes
FREE HBO, Cinemax, Starz
& Showtime for 3 months

Mention this ad for your VIP deal.
CALL NOW!

1.888.799.0512



ADVERTISE YOUR BUSINESS TO YOUR NEIGHBORS

Support Your Community Newsletter



PEEL, INC.
community newsletters

Jackie Owens
Sales Representative
832-482-8132
jowens@PEELinc.com

www.PEELinc.com 1-888-687-6444



PEEL, INC.

308 Meadowlark St. South
Lakeway, TX 78734

PRSR STD
U.S. POSTAGE
PAID
PEEL, INC.

BG

Selling Your Home In Bridgeland?

*Put the Mike Schroeder Team
to work for you!!*



- Marketing on multiple websites for 24/7 exposure of your home.
- The Mike Schroeder Team has over 30 years of combined real estate experience.
- The market is HOT, homes are selling at a record pace and we would be honored to sell your home.
- Flexible commission plans

Bridgeland Year-to-Date Sales Report

	Oct '13	Nov '13	Dec '13	Jan '14	Feb '14	Mar '14	Apr '14	May '14	Jun '14	Jul '14
\$500,000 and above	1	3	2	1	2	3	1	1	5	0
\$451,000--\$499,999	0	2	0	0	0	0	0	1	1	2
\$351,000--\$450,999	4	2	3	3	2	1	3	4	3	6
\$276,000--\$350,999	4	4	7	4	4	2	5	0	4	2
\$231,000--\$275,999	1	4	5	1	5	1	3	0	5	1
\$201,000--\$230,999	1	0	2	0	0	0	1	0	2	2
\$200,999 and below	1	0	0	0	0	0	0	0	0	0
Total	12	15	19	9	13	7	13	6	20	13
Highest \$/sq ft	\$139.82	\$142.28	\$172.19	\$139.29	\$132.55	\$134.52	\$150.70	\$88.75	\$175.27	\$136.02

**Looking for a Career in Real Estate with the #1 Brand in Real Estate?
Call Mike for a Confidential Interview with RE/MAX Preferred Homes.**

Mike Schroeder, ABR, CDPE
Broker-Owner - RE/MAX Preferred Homes
Fightin' Texas Aggie Class of 1989
281-373-4300 (office)
281-373-4345 (fax)
281-705-6385 (cell)
www.mikeschroederteam.com

*"Celebrating 21 years of
selling homes in Cypress"*

