

September 2014 Volume 4, Issue 9



My name is Tomas Lopez and I am a resident of Northlake Forest and an Eagle Scout candidate with Boy Scout Troop 1014. Our troop handles the setting up and taking down of American flags on major flag holidays for Northlake Forest. I am at the final stage toward reaching my goal of Eagle Scout which is to demonstrate my ability to lead volunteers in delivering a community service project of my choosing. For my project I have chosen to upgrade the media room at Boys and Girls Country in Hockley, TX. It is a large scale project, but for a very worthy cause. I invite you to visit my website and learn more about this project. At this website you can get details on what I am trying to do for the kids at Boys and Girls Country and see photos of the project thus far.

Thank You,

Tomas Lopez

https://sites.google.com/a/joselopezfamily.com/tomas-lopezeagle-project/

http://www.gofundme.com/TomasEagleScoutProject

For more information on my project you can call 281-210-6735.

NLF GARAGE SALE REMINDER

Time to start prepping for the neighborhood garage sale! The date is set for October 4th, 7 a.m., at your home.



NORTHLAKE FOREST COMMITTEES

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Board Liaison	
WELCOME	
	Mannaga Commings
Chair	Iviaureen Cummings

VOLUNTEERS NEEDED

All of our committees are seeking volunteers to help continue making our community a fun place to be. Just a little bit of your time can go a long way. If you are willing to help, in any way, please contact a board member with your interest.

NEWSLETTER INFO

EDITOR

Chanda Serhus.......cserhus@gmail.com

PUBLISHER

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If you notice a problem or have a concern about something within NLF, please complete the form on our website and bring it to the attention of the management company or Board member so that the issue can be addressed.

MANAGEMENT COMPANY

Planned Community Management, Inc. (PCMI) Michael Quast (281) 870-0585

mquast@stes.com · www.pcmi-us.com

Northlake Forest HOA Website: www.northlakeforesthoa.com

IMPORTANT NUMBERS

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Poison Control1-800-222-1222
NON-EMERGENCY NUMBERS
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Cy-Fair Volunteer Fire Department (281) 550-6663
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GOVERNMENT NUMBERS
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Harris County Appraisal District(713) 957-7800
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Department of Public Safety (Grant Rd)(281)-890-5440
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EXTERIOR MODIFICATIONS

We have found that many owners are not made aware of the restrictions and requirements of property ownership within their community at the time they purchase their home. The standards of your community are outlined in the covenants and restrictions, a recorded instrument of rules and regulations governing your community.

According to these covenants and restrictions, all exterior improvements and/or changes must be submitted to, and approved by, the Architectural Review Committee prior to being made. This procedure helps ensure the aesthetic quality of the community while protecting property values and establishing a basis for pursuit of those improvements not in compliance with the architectural restrictions of your community.

Please submit an application for any exterior improvement to your home to include fence replacement, roof replacement, painting, storage sheds and all room additions or patio structures.

SAVE THE DATE!

NATIONAL NIGHT OUT

WHERE: NORTHLAKE FOREST RECREATION AREA WHEN: TUESDAY, OCTOBER 7, 2014 6:30 P.M. - 8:30 P.M.



Come out to meet your neighbors, local police, and firefighters. Free pizza for the family and entertainment for the kids provided!

Volunteers needed for this great neighborhood event!

If you would like to help, please contact

Karen Masraff kmasraff@comcast.net



To all potential interested neighbors:

Have you ever ventured through some of our local neighborhoods to look at all the Holiday decorations during Christmas? How would you like to develop a common theme among our own neighbors in NLF? I have had the opportunity of designing/creating theme decorations for streets in Woodlands and Kingwood. Now a resident of NLF (8 years and counting), I'd like to solicit the interest to see about doing something here.

I have pondered appropriate themes for NLF. In order to maintain a political correct approach, I suggest "Holiday Carousel Horses". This would allow any/all participating neighbors to custom paint there horse to their liking; sporting spirit, traditional Christmas, religious, funny, etc.

The concept is as follows: I plan to coordinate a "cutting" party, which we would do at a common area, cut all patterns

from plywood, paint prime the pieces, sketch out the preliminary design and the rest is up to the family's creativity. We will suggest common paint, and instructions for displaying. If you prefer, we could custom paint the decoration for you for a nominal fee.

Cost to participate? Simply. We will forward all hard cost for materials only for those who wish to participate. Suggested cost to be within \$75/decoration with the family putting the labor into painting. It is in our best interest to solicit interest in early fall so we can get a head start and be ready by Thanksgiving.

This project has not been indorsed nor promoted by our HOA. However, simply a direct neighbor to neighbor project to encourage community spirit and neighborly fellowship. For further information or questions, contact Dan Block at txblocks@att.net. Also connected from NLF Facebook page.

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THE "TAKE CARE OF TEXAS" GUIDE TO YARD CARE

Managing Common Texas Yard Pests



Gardening and yard care can give you satisfying results and beautiful landscapes. However, yard pests can be discouraging, even for the most committed gardener. Here are some quick tips to avoid pests:

- Irrigate efficiently; water infrequently but thoroughly, generally 1 inch once a week in the morning.
- Use native and adapted plants, which are better suited to

the local environment and are more resistant to pests.

- Mow properly taking off no more than 1/3 of the grass blade with each mowing.
- Choose natural or organic fertilizers, avoid overusing fertilizers, and encourage natural predators such as worms, ladybugs, certain beetles, mites, and birds.
- Monitor for pests often to catch infestations early and determine if control is needed. Natural predators may make treatment unnecessary.

Remember to always comply with your water system's water-use restrictions and visit www.KeepCyFairBeautiful. org to access free "Take Care of Texas" publications!



NORTHLAKE FOREST



Houston FIT Encourages Houstonians to Get Fit and Get Active This Fall by Training for a Marathon

Celebrating 25 years of changing thousands of Houstonians' lives for the better, Houston FIT invites runners and walkers of all skills levels and goals to register for their fall half marathon and full marathon group training program now through August 31st at www.HoustonFit.com. Over the course of 26 weeks, starting in August, members will train to run or walk in the Chevron Houston Marathon, Aramco Half Marathon or other select race events across the country.

"There's no better time to start getting fit or to challenge yourself mentally and physically than right now," encourages co-organizer and winter coach Bubba Thames, who started with Houston FIT as a beginning runner almost 20 years ago. "The first step is making the commitment to succeed. Houston FIT helps our members take care of the rest."

Each Saturday morning, members meet at Memorial Park for ability-based runs and walks followed by informational seminars. In between Saturday sessions, members follow a carefully devised daily training schedule, enjoy weekly social events and receive additional encouragement and expertise from their coaches. Although many members register for upcoming target races, some simply enjoy the focused training and the social atmosphere that naturally accompanies the program.

"Many members join with the belief that our intensive training program is the most constructive thing Houston FIT offers," explains Thames. "What many come to realize, however, is that the most valuable element is the people. The personal relationships that develop amongst members and coaches on long runs and during training sessions is what makes Houston FIT's approach unique and the results enduring. Members develop a level of trust and camaraderie that motivate them to return year after year."

The brainchild of runner and Houston entrepreneur Denis Calabrese, Houston FIT began in 1989 with just a few members in central Houston. The idea came to Calabrese after a failed attempt to complete his first marathon a few years earlier. Spurred by the motivation to successfully complete his next marathon, he worked tirelessly to develop and hone his own endurance running training program and eventually finished his next few marathons with great success.

"Denis' goal was to make his life-changing experience accessible to all levels of endurance runners," says Thames. "Following suit, we aim to provide the shortest, safest route to success with the least amount of mistakes or injuries."

Calabrese eventually expanded the FIT program to other cities across the country, establishing USA FIT. In addition to Houston, nine of USA FIT's 50 programs serve the greater Houston area, including Kingwood, the Woodlands, Cypress, Champions, Montgomery, Katy, Fort Bend, the Bay area and Galveston.

"To our team, twenty-five years is about so much more than just a measurement of time," says Thames, "it's a testament to all the Houston FIT organizers, coaches and members who have put their hearts into teaching, leading and motivating each other on their journeys to reaching their goals and changing their lives."



PLEASE JOIN PACK 978 FOR ITS ANNUAL CUB SCOUT RALLY

Thursday, September 18, 7:00 pm · Farney Elementary Cafeteria

Learn about scouting and register your son (1st grade - 5th grade) for the 2014-2015 year!

Boys who register for scouting during Rally receive a fun prize!

Visit www.pack978.org for details about our Fall Recruitment Rally.

NORTHLAKE FOREST

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