

VOLUME 11, NUMBER 10

OCTOBER 2014

# CIRCLE C

## *Community Newsletter*

OFFICIAL NEWSLETTER OF THE CIRCLE C RANCH HOA





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HOMES



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## ARTICLE INFO

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The Circle C Ranch newsletter is mailed monthly to all Circle C Ranch residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

If you have an article of interest to the community please submit to [sarah@circlecranch.info](mailto:sarah@circlecranch.info) by the 10th of the month. The newsletter can also be viewed online at [www.circlecranch.info](http://www.circlecranch.info).

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## ADVERTISING INFO

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Please support the advertisers that make the Circle C Ranch Newsletter possible. If you are interested in advertising, please contact Peel, Inc. at 512-263-9181 or [advertising@peelinc.com](mailto:advertising@peelinc.com). The advertising deadline is the 8th of the month prior to the issue.

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## MISSION STATEMENT

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### Peel, Inc. Community Newsletters

Our goal is to provide the Circle C Ranch community with one source of local news content that is provided by Circle C residents. Our goal is to help build Circle C by connecting local businesses with residents and residents with relevant neighborhood information.

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## CCHOA NUMBERS

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HOA Financial Office..[tgiles@mgilescpa.com](mailto:tgiles@mgilescpa.com) or 512-451-9901  
Aquatics Director ..... [director@ccswim.net](mailto:director@ccswim.net) or 512-288-4239

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Circle C CDC..... 512-288-9792

Circle C Swim Center ..... 512-288-6057

Circle C Community Center Pool..... 512-301-8259

Grey Rock Tennis Club ..... 512-301-8685

### CIRCLE C GATED COMMUNITIES

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*Enclave off La Crosse (Streetman)*

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Kiker Elementary .....512-414-2584

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# HOA Announcements

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## COVER PHOTO

*Do you take great photos?*

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Circle C Ranch Newsletter. Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to [sarah@circlecranch.info](mailto:sarah@circlecranch.info). Portrait (vertical) photos work best.

This month's cover photo was submitted by Lisa Casey, Resident of Circle C for 19 years. Registered Nurse at Texas Neuro Rehab, she enjoys taking photos of landscapes, nature and animals.

By submitting your photo you agree to allow your photo to be published in future issues of the Circle C Ranch Newsletter or other Peel, Inc. publications. Call 512-263-9181 to find out how to have your business featured on the cover of the Circle C Ranch Newsletter.

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## Deed Restriction Letters

As reported in each month's newsletter, the HOA staff drives at least two sections of the neighborhood per month to note violations of the Declaration of Covenants, Conditions and Restrictions. These commonly include: front yard landscape maintenance (mowing, edging, free of weeds), home maintenance (paint, screens, siding) and recreational vehicles (boats, RV's, trailers) parked in the driveway. The HOA is required by state law to notify owners in writing via certified mail and allow for the homeowner to request a hearing before the board of directors. If you receive a letter, please contact us at the HOA office and let us know your individual situation. We would like to work with you to bring your home into compliance. If you would like to report a violation, you can do so via our website at [www.circlecranch.info](http://www.circlecranch.info).

## Come Celebrate Austin Arbor Day at Kiker Elementary School

The Kiker Elementary Beautification Committee has been working on improving the Kiker grounds for the past several years. This energetic committee has established gardens, paths and landscape improvements on the Kiker Campus, and in addition, they come each weekend to pick up trash and hand water plants! By partnering with the Kiker PTA and Circle C Landscape big areas around Kiker have changed from barren dirt to lovely paths and low water gardens. Various vendors always donate refreshments for the Beautification Events, which are held in the Fall and Spring.

The Fall Beautification Event will involve properly mulching all of the trees at the front of the campus. Tree Folks and the City of Austin will be providing educational materials regarding our trees and this is a good opportunity to come by and help out beautify your community. All Ages Welcome!

**Saturday, October 18, 2014 | 8:00a.m. until noon**

**Bring a wheelbarrow or shovel if you can**

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You are welcome to drop in for a little while if you are unable to attend the entire event!

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- C.L., Austin, TX

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# HOA Announcements

## HOME & YARD MAINTENANCE TIPS

Submitted by Sarah Humphrey

The Circle C Homeowners Association routinely monitors the neighborhood in hopes of keeping the front yard street view of all homes in compliance with the Covenants, Conditions, and Restrictions of Circle C Ranch. With that being said, the HOA wanted to provide homeowners with some basic tips to keeping our neighborhood looking spectacular! In general, the goal is to have all front yards look neat, uncluttered and sufficiently landscaped.

- Lawn and garden areas should be mowed, free of weeds, alive and attractive
- Shrubs should be trimmed so at least 2/3 of the front windows of the home are visible
- No plastic pots (i.e. original garden containers), no artificial flowers, no empty pots (unless they are utilized as a landscape feature), no pots in the first 10 feet from the curb (right of way), no randomly placed throughout the yard pots
- Limited yard art in the front yard (statuary, fountains, gazing balls, bird houses, etc.) and yard art must be integrated into the landscape. Please move extra yard art to the back yard.
- Trash cans and recycle bins should not be placed in front of the garage; they should be screened from view of other owners
- Maintain exterior of home (siding, eaves, trim, gutters, chimney, etc.)
- Holiday lighting, decorations, etc. should be removed within two weeks after a holiday
- Signs should not be nailed or attached to trees and no signage in the first 10 feet from the curb
- Front Yard Patios need to be approved by the Architectural Control Committee, are limited to two chairs and a small table or other furniture approved by the Architectural Control Committee. No lounge chairs, fire pits or extensive front yard patios are allowed; patios that are installed must have approved landscape screening around them
- Front screens must be in good condition (i.e. not frayed, sagging, with holes, or turned color due to age). Front screens may be removed. The average life of a screen is seven years. If you change the color of the screen, the new color must be approved by the Architectural Control Committee.
- Front yards that are converted to a water wise plan may not be all crushed granite with only a few plantings. All conversions must be approved in writing by the Architectural Control Committee.

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# HOA Announcements

## TIPS ON HANDLING SOLICITORS

*Submitted by APD SW District Representative, Joshua Visi*

1. Acknowledge you are home: When someone knocks at your door, acknowledge you are home. Talk through the door without opening it. If you don't answer, and it happens to be a criminal they may attempt to break into your home.

2. Do not feel obligated to open the door: You are not obligated to open the door to anyone. If they say there is a car problem, offer to call their road service for them. If it is an accident, call 9-1-1 for them. The idea is to keep them outside and you make the call for them. Ask them to stand by while you place the call. If the person stays, it is a good chance that they are legitimate, however, if they leave quickly, it is probably a con.

3. Insist on identification: Identification should always be verified BEFORE opening the door. Insist they disclose their name, company and the product or service represented. Service representatives should have appointments and not just "show up" at your door. Also, make sure to install a wide angle viewer in your door, so you have a better view—you can buy them at any hardware store.

4. Call if the person is persistent or if something seems off: While some solicitors are legitimate, it is also a tactic used by criminals to case neighborhoods, looking for easy targets. Be aware that criminals will often be carrying backpacks and cell phones. People who are lying often give too many details, touch their face a lot, or keep looking away. Experienced con men will also send younger kids into the neighborhood to do the knocking, knowing

that a kid do not draw the suspicion that an adult might.

5. Get a description: Start at the head and then work down to the feet. Do they have a hat? What color shirt? What color pants? Is there other details, like a logo on the shirt? How tall are they (compare them to a family member.) Look for other details; distinguishing features, direction of travel, another person, a vehicle.

6. Help police connect the dots: If anything seems strange or off, CALL! Why? Because criminals move around and calling in things that seem suspicious can help the police connect the dots. Maybe the police have had reports of another person matching this description in another neighborhood. Maybe somebody a few streets over reported that same car to the Watch. Maybe other neighbors have reported the same fake company going door-to-door to their APD representative.

Call 911 - if its happening now. "I just had a solicitor on my door and he could not show me a company card." Call 311 - you want the police to be aware of something, but its not an urgent matter "My neighbor just told me there was a young man who knocked his door last night, He was driving a white Ford truck and he seemed too persistent.

*City of Austin Ordinance concerning solicitors: § 9-4-22 - Solicitation Between Certain Hours Prohibited. A person commits an offense if the person solicits contributions between 9:00 p.m. and 9:00 a.m. by going to the door of a residence.*



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# SAFETY AWARENESS

Unfortunately some of you have been victim of vandalism and/ or theft recently so we wanted to ask everyone to be as proactive as possible to deter crime in Circle C. The City of Austin Police Department has these suggestions for deterring vandalism and theft from your property:

**Install a deadbolt lock.** Deadbolts are usually locked with a key from the outside and a thumb turn on the inside. The cylinder should be pick resistant. Lock your doors every time you leave the house, even if you're leaving for just a few minutes during the day. The most popular times for residential burglaries are weekday daylight hours. In over 1/3 of burglaries, there is no forcible entry – someone forgot to lock the doors.

**Install solid doors.** Outside doors should be metal or solid hardwood and at least 1 ¾ inches thick. Frames must be made of equally strong material and each door must fit its frame securely.

**Keep garage doors closed and locked.**

**Secure sliding doors and windows.** Cut a broom handle to the length of the bottom track so that the window or door will not slide open when forced. Also, drill one hole through both casings and sliding window and insert a nail or pin.

**Secure sash windows.** To prevent wooden sash windows from being pried open, drill a downward sloping hole into the top of the bottom

window through and into the bottom of the top window and insert a pin or nail. To prevent aluminum sash windows from being broken into, purchase a track lock that blocks the window track.

**Mark your property.** Mark your valuables with an engraver. Marking your property serves as a deterrent to would-be burglars and it helps police in identifying and returning stolen property. Make a property identification list. Put warning stickers on doors and windows.

**Purchase a burglar alarm.** A home alarm system can be a very effective burglary deterrent and fit into many people's needs. Remember to test your system monthly.

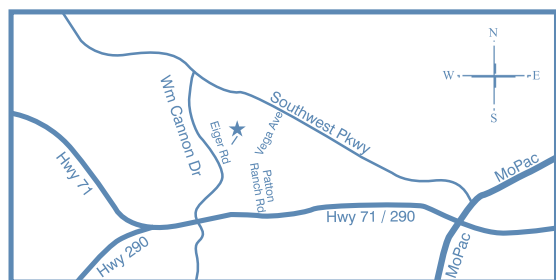
**Leave a light on.** When leaving on trips, leave a light on in the bathroom. In the bedroom, attach a lamp and radio to a 24-hour electric timer set to go on at dusk and off at your bedtime. Close bedroom drapes or blinds.

**Use proper exterior lighting.** Place a light over every door. Double cones lights on each corner of the house will also light up windows.

**Work together with your neighbors.** When you are going to be away, tell trusted neighbors and ask them to watch your property. Have neighbors maintain your yard. When on vacation, have someone cut grass. Shrubbery should not hide neighbors' view of windows or doors. Have someone pick up newspapers and mail. Tell neighbors to call police if they notice anything suspicious.



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# HOA Announcements

## Rain Gardens for Water Management

Austin and its surrounding areas are very aware of the necessity of revising our landscape practices to conserve water in every way possible. We wanted to present an alternative to rain barrels or just letting our precious water run down the sidewalk into the storm sewers.

In our June newsletter article we talked about how creating rain barrel can help to collect and preserve excess rain water for future use. Another good option is to install a Rain Garden. The main goal of a rain garden is to keep water on the land. Rain gardens control rainwater damage and runoff by catching and temporarily holding rainwater until the ground can absorb the water.

“Rain gardens, with their shallow depressions, capture storm-water and provide for natural infiltration into the soil. This provides water for the plants and helps maintain a constant flow of water in our streams through groundwater. They also help filter out pollutants including fertilizers, pesticides, oil, heavy metals and other chemicals that would otherwise reach our creeks through storm drains or drainage ditches. By reducing the quantity of water that runs off your property, rain gardens help lower the risk of flooding and erosion.”

In addition to all of that, rain gardens also provide an attractive addition to your yard! They are not ponds but rather a well-

situated depression in your yard filled with native plants that are both attractive and hearty. Many of the plants that work well in a rain garden are also suggested as good options to incorporate into a water-wise landscape plan. The basic principle of a rain garden is to use the natural topography to create a catch basin for rain water, and to install plants that work well in that particular situation. So, if you are tired of those common low spots that fill rapidly with water when it rains, why not explore the feasibility of a rain garden? With a little work over a few weekends, you can create a unique and beautiful garden that uses our natural resources in the best way possible. Thankfully, there are some good guides listed below to get you started.

The City of Austin has created an excellent How-To guide which can be found here: [http://www.austintexas.gov/sites/default/files/files/Watershed/growgreen/raingarden\\_factsheet.pdf](http://www.austintexas.gov/sites/default/files/files/Watershed/growgreen/raingarden_factsheet.pdf)

### Resources:

<http://www.austintexas.gov/raingardens>

<http://rainwaterharvesting.tamu.edu/raingardens/>

<http://rainwaterharvesting.tamu.edu/files/2011/05/Rain-Garden-Plant-List-11-02-09.pdf>



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# REGISTER TO VOTE

by October 6th!

The General Election, including the elections for Austin City Council and Austin School Board candidates, is on November 4th. Early voting is Oct. 20-31. To cast a ballot, you must be registered to vote by October 6th. Be sure to get out and vote!



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# Aquatics News

## SUMMER RECAP

What a great summer! Thanks to all our residents who came to the pool this summer, participated in group and private lessons, the Masters Team and Water Aerobics.

Don't forget the Swim Center pool is open year round! We offer private lessons, Masters and Select swim team for the kids in the fall and winter.

Interested in participating in the Masters and Water Aerobics classes? Register ONLINE!

For more information, please visit our website for details on how to sign in online and how to register, [www.ccs swim.net](http://www.ccs swim.net).

Want the latest update on the pool? Like our Facebook ([www.facebook.com/ccaquatics](http://www.facebook.com/ccaquatics)) page for all the latest news and goings on! You can also visit our website for helpful tips and information.

### *The Circle C Select Swim Team is having a* **TEE-SHIRT SALE!**

Show your support for our hard working swimmers and Coaches.

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## CIRCLE C SWIM CENTER

### FALL HOURS (AUGUST 25<sup>TH</sup> – OCTOBER 5<sup>TH</sup>)

*Community Center Pool*  
(LaCrosse & Spruce Canyon)

CLOSED

*Swim Center Pool*  
(LaCrosse & Escarpment)

Mon-Fri: 6:00 am – 10:00 am (LAP ONLY)

3:30 pm – 8:00 pm

Sat: 7:00 am – 10:00 am (LAP ONLY)

10:00 am – 6:00 pm

Sun: 10:00 am – 6:00 pm

### WINTER HOURS (OCTOBER 6<sup>TH</sup> - DECEMBER 19<sup>TH</sup>)

*Community Center Pool*  
(LaCrosse & Spruce Canyon)

CLOSED

*Swim Center Pool*  
(LaCrosse & Escarpment)

Monday-Friday: 6:00 am – 10:00 am (LAP ONLY)

3:30 pm – 7:00 pm (LAP ONLY)

Saturday: 8:00 am – 11:00 am (LAP ONLY)

Sunday: CLOSED

## DON'T HAVE YOUR KEY CARD?

*Come by and we'll make you one!*

We are now enforcing our no card entry policy: You have 3 entries without your card before you are required to purchase one for \$3.00.

If you have not had a card made this year, you will be given a keychain card. If you have had a card made this year (the white ones with your picture on it) you may purchase a keychain card for \$3.00 and the white one will no longer be valid.

## DISCOUNTED PRIVATE LESSONS

Are you or your spouse a first responder (firefighter, EMT paramedic, or police officer)? The Swim Center is offering a discount on 4 and 8 packs of private lessons for September and October only! Please bring a valid ID when registering. The discount only applies to immediate family members. The discount is the same for residents and non-residents. Visit our website or Facebook page for more information, or email [coordinator@ccswim.net](mailto:coordinator@ccswim.net)





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <p>Bowie High School Gorzycki Middle School Wildflower Center Circle C Ranch HOA Circle C Moms Group</p> <p>Have calendar events? Send to <a href="mailto:Melinda@AustinReps.com">Melinda@AustinReps.com</a></p> </div>			1 5:30 GMS vs. Small @ Gorzycki	2 Oct. 2 - Oct. 4: 7:00 AISD Fall Show: One Flew Over the Cuckoo's Nest & History of Tom Jones	3 6:00 Gray Rock Golf Club- Music Night 7:30 Bowie vs. Westlake @ Westlake	4 Wildflower Center - Bug Night Out
5 2:00 AISD: One Flew Over the Cuckoo's Nest & History of Tom Jones	6 7:00 GMS vs. Bedichek @ Burger Stadium	7 5:30 GMS vs. Bedichek @ Gorzycki 7:00 Movie Night	8 7:30 Bunko	9 Oct. 9 - Oct. 11 7:00 AISD Fall Show: The Hours & All the King's Men 7:30 Bunko	10 Wildflower Center - Fall Native Plant Sale	11 Wildflower Center Fall Native Plant Sale and other activities 12:00 Fall Production - Bowie
12 Wildflower Center Fall Native Plant Sale and other activities 2:00 AISD Fall Show: The Hours & All the King's Men	13 	14 7:00 GMS vs. Bailey @ Burger Stadium 8:00 Book Club	15 5:30 GMS vs. Bailey @ Bailey 7:00 Movie Night	16 7:30 Bowie vs. Akins @ Burger	17 5:30 Food Trailer Night	18 Wildflower Center - Hibernation presentations 1st Annual Pumpkin Derby
19 Wildflower Center - Texas Native Plant Week	20 7:00 GMS vs. Paredes @ Burger Stadium Recipe Club Week	21 5:30 GMS vs. Paredes @ Gorzycki	22	23 6:00 CCHOA Board Meeting 7:30 Bowie vs. Hays @ Shelton	24	25 10:00 Circle C Art Festival Wildflower Center - Wear Halloween Costume & get a treat in the store
26	27 MNO Week Craft Night Week 	28	29	30 7:30 Guys and Ghouls Halloween Party	31 HALLOWEEN!! 7:30 Bowie vs. Lake Travis @ Burger	

John Squires and the Squires' Team with **Keller Williams Realty**, your neighbors and Realtors for life!



Call Kevin Scragg, your Circle C neighbor, at (512) 529-8763 to see any home on the market and for all leases!



**John's sell phone is (512) 970-1970. Call anytime for appt.**

John Squires and the Squires Team sell scores of homes in Circle C Ranch, but they also work in many other areas all over Austin. Many sellers in Circle C want to "move-up" or "move-down" to other areas of Austin, such as Lakeway, Westlake, Rimrock, Dripping Springs, etc. Some move for the school systems and some move to retire. Below are 2 homes John has listed in Circle C Ranch right now and are ready for their new owners! Please call John if you would like a private tour of either of these homes or any other home in Austin.

**7725 Seneca Falls Loop— John's listing—Gorgeous 1-story with huge game room upstairs. Hi-end Subzero fridge AND Subzero wine fridge. Kitchenaid stainless, tile floors, granite. Custom cabs., Plantation shutters, private party patio. The list goes on. \$464,500.**



**7304 Tanaqua Lane—John's listing— Beautiful 1-story in the heart of Circle C West, near Clayton and the pool. 4 beds, 2.5 baths, soaring ceilings looking over private greenbelt with outdoor fireplace and party deck. Big family room with a wall of windows looking out over manicured back yard.**



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John works with **all** relocation companies. (Yes, it is your choice to use *any* agent you choose to sell your home with any relocation company) John is **relo-certified** with all relocation firms and he is the **#1 Circle C Ranch** listing expert.

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Yes, if you buy or sell with the Squires team, you may use this trailer for any local move as much as you would like and depending on availability. It is usually parked at open houses every weekend and can be loaned out by appointment. If you do not have a truck large enough to pull it, John will give you two (2) free pulls to your new home or storage unit in local Austin. I don't help you pack, but I'll sell your house for sure. Please hire me!





Call John Squires  
at (512) 970-1970

Wow Circle C, what a difference a year makes. There are many more homes on the market this year as opposed to last September-October timeframe. We had a super-busy winter and Spring season this year, but it tapered off after July 4th and hasn't really developed a head of steam again—yet. We have still sold 5-6 homes per month as sales have been steady, but the season of having 10 offers on your listings is over for now, unless the agent is underpricing your home. The **"Second Spring"** is about to start as a completely different segment of buyers are about to start looking for their dream homes in Circle C with hopes of closing by the holidays. October, November and December are fantastic months to have your home on the market, as Circle C sells year-round anyway. Homes always show fantastic during the holidays as they always smell good with all the fresh baking and are decorated to the hilt. There is an exodus of buyers relocating to Southwest Austin from Northwest and Westlake areas. The word is out that Circle C is only 10 miles to downtown, is very affordable for many families and is a great place to retire. Many people have adult children and grandchildren in Circle C and are moving here to be closer to the kids. With the new home subdivisions being a factor and the interest rates staying low, we will keep the market very active all year in this area. Having lower rates makes it easier for the people moving here to sell their homes too from wherever they are moving from. Call John for an update on the whole area, where the new homes are being built and for how much. As usual, with the holidays the home builders slow down. This also increases the demand for resale homes for those buyers not wanting to wait for a new home. Right now, Avana is backed up and they can't even start building a home for a new buyer for probably 2-3 months after contract. Halloween is here, Thanksgiving is a speed-bump and Christmas is upon us! If you would like a no-obligation market analysis on your property, please call any time at **(512) 970-1970**. Thank you, John Squires.

# Around Circle C



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <p> <a href="#">Bowie High School</a>  <a href="#">Gorzycki Middle School</a>  <a href="#">Wildflower Center</a>  <a href="#">Circle C Ranch HOA</a>  <a href="#">Circle C Moms Group</a>                      Have calendar events? Send to <a href="mailto:Melinda@austinreps.com">Melinda@austinreps.com</a> </p> </div>						
						1
2	3 Movie Mamas Week	4 Nov. 4 - Nov. 30 Wildflower Center - Photo Contest Display	5	6	7 6:00 Gray Rock Golf Club-Music Night 7:30 Bowie v. Del Valle @ Del Valle	8 Wildflower Center Wildflower Days Trademark 2015 Art Revealed
9 Wildflower Center Wildflower Days Trademark 2015 Art Revealed	10 Book Club Week 	11 Veteran's Day!	12	13 7:00 Bowie HS Musical Theatre Fall Review 7:30 Bunko	14 7:00 Bowie HS Musical Theatre Fall Review 5:30 Food Trailer Night	15
16 7:00 Dirty Dancing - Broadway Across America	17 Recipe Club Week	18	19	20 7:00 Bowie HS Children's Show Series	21 7:00 Bowie HS Children's Show Series	22 2:00 Bowie HS Children's Show Series
23/30 Wildflower Center - Fibonacci Day	24 Craft Night Week MNO Week 	25	26	27 THANKSGIVING!!	28	29



# MEET YOUR NEIGHBOR

By Ramya Prakash

Few people make it seem like living in this world is a little easier. Premal Amin a resident and a new member of the Circle C community is one such person. Hailing from a humble background from Gujarat in India, Premal's life has been nothing more than extraordinary and diverse. Experiences that were challenging, exciting and filled with passion have made the man he is today. Premal is the Head of operations at the Austin Firefighter's Association. He was hired as a go-to finance guy for the union and after leading it successfully, he was presented with the opportunity to run the union, after which he has not looked back. There are over a thousand firefighters in the association in Austin. It is like one big fraternity. He is loved and supported by one and all as a brother, he stands by every one of them.

Moving as an immigrant to the United States back in 1980, came with it's challenges which armed him for a brighter future. Premal did his schooling in New Jersey and moved on to Atlanta for college where his entrepreneurial spirit was unleashed and he was a founding member of the Indian Association at the University. Owing to his affiliations he was put on the Indian Olympics Committee during the Atlanta Olympics (1996). His sharp business skills and smart mind helped him absorb all the experiences and be resilient to change. His family owned a wide

range of businesses like a gas station, a butcher's shop, a Hallmark store etc. He owned a franchise of the Paciugo gelato shop in Austin, and ran a motel. This provided him an opportunity to hone his skills and learn from successes and failures. In 2000 he came to work for Dell, then moved on to a non-profit to be the Director of Operations of the Miracle Foundation, and later he joined the Austin Firefighters Association.

Premal has never been afraid to talk to anyone or make friends. He is an extrovert in his heart who loves laughter and gatherings. Family is important to him and he believes his neighbors to be part of an extended family. One could walk up anytime to his house with any concern and be sure for it to be resolved or receive guidance in the right direction. He is not the kind to stand by the lines and watch, but rather jump in any game. After having moved to Circle C a year back, he decided to dive right in, to be a part of this microcosm. His belief in Circle C as a neighborhood is unshakable. He loves the community and wants to give back to the place he calls home. He was not shy to stand up for the Home Owners Association election being a neophyte. Premal strives hard to achieve what he aspires. The legacy he wants to leave with, is teaching his child and everyone around him that giving back is an integral part of one's life.

*(Continued on Page 18)*



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# Around Circle C

## Meet Your Neighbor *(Continued from Page 17)*

Paying it forward provides fulfillment like no other. He strongly believes that travelling has provided him with a fresh perspective on life. Few places he has been to include Morocco, Central America, Europe, Indonesia and Mexico. He empathizes with the hardships of less fortunate and is grateful for what he has. He is a firm believer that there is no substitute for hard work.

"It is important for the community to stand up and have a voice", he says. Hence he wants to play a key role in helping Circle C secure a neighborhood park and a high school. He is willing to work with others to take the necessary steps in the right direction to maintain this amazing community and achieve its goals. He feels the neighborhood is at it's best with services well cared for, maintained streets and wonderful people who make living here a dream come true for many many residents.

Premal's life outside of work takes you to a whirlwind of activities. He is a member of CASA (Court Appointed Special Advocate), helping people who cannot help themselves, he was involved with the Big Brother Big Sister, Austin. He is a part of the 'Dad's on Duty' in Kiker elementary and also has signed up to coach baseball for 'Fire Sharks of Kiker' (age 5-8). Premal can make anyone laugh. "All he needs is an open mic, he could do stand up comedy" say some of his friends. He loves to cook in his free time and loves to watch any kind of sport. Do not hesitate to knock on his door, or stop by for a chat with this dynamic person you'll ever meet.



*Photo by Teodora Pogonat*



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# Around Circle C



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5	Beef Tenderloin & 6 Shrimp Kabobs Orange Ginger Sauce, Basmati Rice Mixed Vegetables	7 Grilled Rib eye, Baked Potato, Shallot Sauce, Green Beans	8 Paprika Herb Chicken Breast, Papaya lime chutney, Cilantro Rice, Cesar Salad	9 Apple Meatballs Fettucine Tomato Basil Sauce Cesar Salad	10 Black Bean & Corn Enchiladas, Pumpkin Poblano Sauce, Rice, Beans	11
12	Chicken Fried 13 Steak, Mashed Potatoes & Creamy Gravy, Roasted Corn	14 Coriander Crusted Chicken Breast, Ranchero Sauce, Cilantro Rice, Cesar Salad	15 Tarragon Salmon Serrano Mango Salsa, Pineapple, Rice, Cesar salad	16 Braised Pork Chops, Roasted Garlic Cabernet Sauce, Cheesy Potatoes, Cesar Salad	17 Fried Cod, Coleslaw, Fries, Hush Puppies	18
19	Pistachio 20 Crusted Chicken Wild Mushroom Sauce, Orzo Pasta, Grilled Vegetables	21 Almond Crusted Tilapia, Potatoes Au gratin, Spinach Basil Crème Sauce	22 Ancho Pepper Rub pork tenderloin Pineapple sauce Oven roasted potatoes, vegetables	23 Chicken Marsala Fettuccine Cesar Salad	24 Molasses Baby Back Ribs, Ranchero Beans, Potato Salad, Corn Bread	25
26	Pan Seared Mahi 27 Mahi, Fruit Salsa, Orzo Pasta, Cesar Salad,	28 New York Strip Cabernet Mushroom Sauce Scallop Potatoes Caesar Salad	29 Chicken Cordon Bleu, Rice Pilaf, Vegetables, Caesar Salad	30 Pork tenderloin Sun dried Cherry Sauce, Saffron Risotto, Cesar Salad	31 Pizza Special 16in XL, Any toppings \$10.00	<b>Friend us on Facebook for specials offers!</b>

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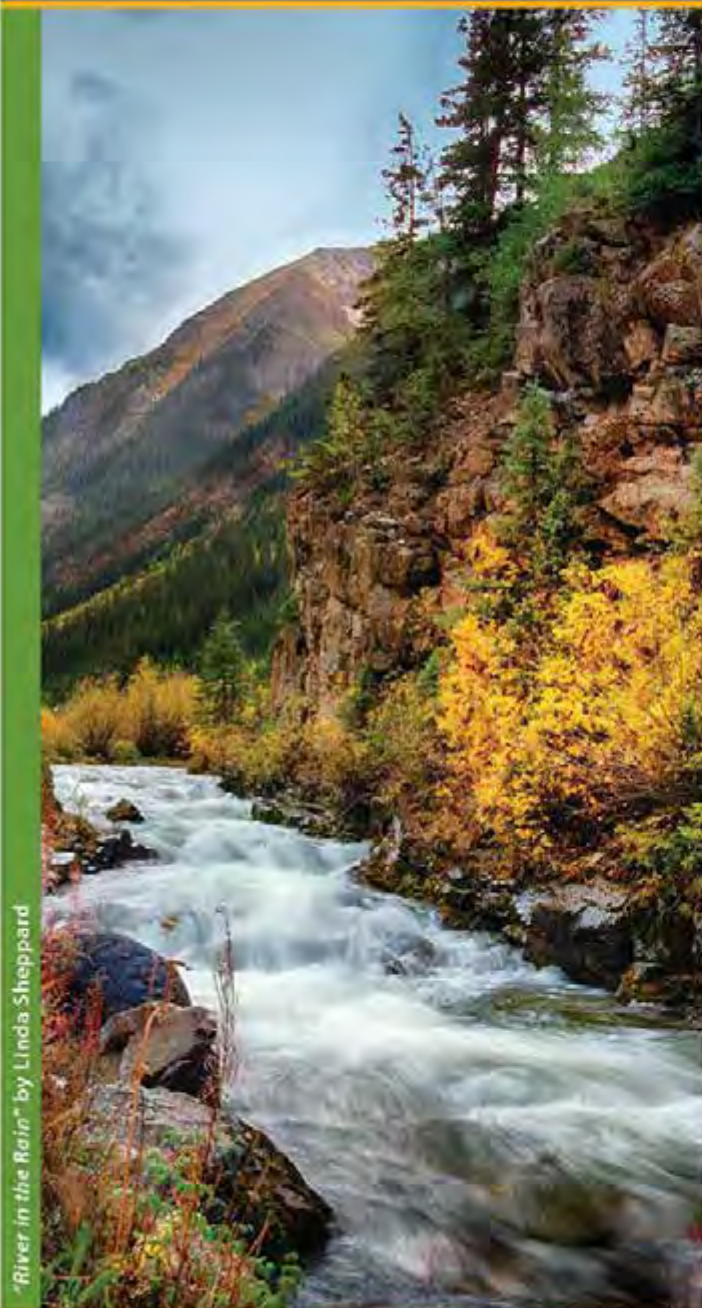
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*Submitted by Jackie Rollins*

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*Submitted by Carol de Wind*

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## Is It Alzheimer's Or Something Else?

*Submitted by: Elizabeth Ball, Certified Senior Advisor, Daily Money Manager – resident of Circle C*

Although Alzheimer's disease accounts for 50% of dementia cases, there are many types of dementia which can affect us with increasing age including vascular disease, alcoholism and Parkinson's disease. Some doctors are now diagnosing patients with "Mixed Dementia" indicating that there is more than one diagnosis present.

Dementia is termed as a loss of cognitive function, including loss of memory, thinking and reasoning. It can also involve changes in behavior and mood.

Alzheimer's disease is one type of dementia that is at the forefront of our thoughts when we observe a loved one exhibiting certain types of behavior. AD has a specific characteristic in that it is caused by abnormal proteins being deposited in brain tissue which form amyloid plaques. These cause the neurons to lose their ability to communicate with each other and cause them to die. The disease will also cause the brain to shrink in volume. AD is unfortunately irreversible and progressive.



Although there is no cure at present for Alzheimer's there are some medications that are showing promise for arresting its progression. It is critical to see a specialist for testing to sort out a correct diagnosis and prescribe treatment.

It is important to note that there can be other reasons for dementia type symptoms such as a reaction to medications, or an interaction of various medications. Seniors are particularly susceptible to urinary tract infections which can produce alarming dementia type symptoms.

For all of us diet, exercise and a healthy lifestyle are important but it has been shown to particularly important to arrest the onset and progression of dementia. A simple ten minutes of walking a day can increase circulation which helps brain health. Keeping mentally and socially engaged has also been shown to help with brain health and function – so keep those brains active with being involved with stimulating new tasks and activities.

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Circle C Ranch by Neighborhood	6 Months Sold History (03/2014-08/2014)						Current Market:	
	TOTAL	AVERAGE					TOTAL	
	Homes Sold	Square Feet	Price / Sq. Foot	Sold Price \$K	Year Built	Days On Market	Available	Pending Sale
Circle C Central	38	3,054	\$ 134	\$ 409	1994	22	7	5
North	14	2,093	\$ 166	\$ 347	1996	13	4	5
On The Park	8	3,225	\$ 146	\$ 471	1997	24	0	0
Wildflower	7	2,027	\$ 165	\$ 335	2001	9	2	0
Park West	9	2,225	\$ 173	\$ 385	2000	16	5	1
Vintage Place	6	3,372	\$ 143	\$ 483	2003	9	1	0
Hielscher	23	3,192	\$ 148	\$ 474	2003	10	4	4
West	12	3,345	\$ 145	\$ 484	2004	24	9	2
Park Place	2	2,779	\$ 150	\$ 418	2006	5	1	2
Muirfield	6	3,614	\$ 147	\$ 530	2006	41	0	0
Enclave 1&2	3	2,700	\$ 155	\$ 417	2008	11	1	3
Lacrosse	9	2,741	\$ 156	\$ 429	2007	9	1	0
Alta Mira	6	3,045	\$ 144	\$ 440	2008	10	1	1
Fairway Estates	3	4,083	\$ 154	\$ 628	2012	80	2	0
Enclave Estates	3	3,954	\$ 156	\$ 615	2010	10	2	0
Avana	19	2,699	\$ 167	\$ 452	2013	58	23	5
Barstow Village	n/a	n/a	n/a	n/a	n/a	n/a	0	0
Barstow Court	1	1,869	\$ 182	\$ 340	2014	7	0	0
Greyrock Ridge	2	3,250	\$ 141	\$ 457	2014	14	0	1
<b>Circle C Ranch</b>	<b>171</b>	<b>2,931</b>	<b>\$ 151</b>	<b>\$ 442</b>	<b>2002</b>	<b>22</b>	<b>63</b>	<b>29</b>
<b>% Change Mo / Mo</b>	<b>4%</b>	<b>2%</b>	<b>0%</b>	<b>2%</b>	<b>0%</b>	<b>-2%</b>	<b>-5%</b>	<b>53%</b>
<b>% Change Yr / Yr</b>	<b>-20%</b>	<b>3%</b>	<b>10%</b>	<b>14%</b>	<b>0%</b>	<b>37%</b>	<b>163%</b>	<b>-33%</b>

Market Report data was obtained from the Austin-Arlington Listing Service (MLS) on 09/08/2014. Texas License #513388.

In some cases new construction and FIMCO homes are not included in the MLS data and therefore are not represented. Data is deemed accurate but not guaranteed.

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