

Volume 13, Issue 11 November 2014

Houston Dance Theatre's 32nd Annual Production of

THE NUTCRACKER BALLET

Celebrating our 32nd year, North Houston's Premiere Ballet Company, Houston Dance Theatre, again gives local audiences the opportunity to experience the beauty and elegance of a Christmas tradition ... The Nutcracker.

Two performances are scheduled to take the stage:

Saturday, November 29th at 7:00 p.m.

and

Sunday, November 30th at 2:30 p.m.

The performances are held at the beautiful Westfield's Geiger Performing Arts Center, 16713 Ella Boulevard; 1 mile south of 1960.

Reserved seating tickets are \$22 each and may be purchased online at:

www.houstondancetheatre.org

Featured Russian Professional Guest Artists will join the cast of 75 local dancers, including the Houston Dance Theatre Company.

Included in the cast from Fairfield are Madison Bradley, Rachael Dulaney, Olivia Letney, Alayna Parlevliet, and Sydney Parlevliet

Houston Dance Theatre is an Honor Company of Regional Dance America. This exceptional production continues to enhance the arts in our community! This is the one to see! For best available seating purchase your tickets early. Group sales are available. For further information or ticket sales, visit our website at: www.houstondancetheatre.org.

Box Office location: American Academy of Dance / Home of Houston Dance Theatre 15775 Bammel Village Drive Houston, TX. 77014

For telephone - credit card orders call: 281-444-9698

HDT is a 501(c)(3) organization - proceeds go toward the cost of this and future productions.

IMPORTANT NUMBERS

Gate Attendant				
Harris Co. Sheriff - (non-emergency)				
Cy-Fair Fire Department - (emergency) 281-466-6161				
(non-emergency)281-550-6663				
Poison Control1-800-764-7661				
Texas DPS713-681-1761				
Waste Management713-695-4055				
(trash collection Mondays & Thursdays)				
Aqua Services				
(Service or emergencies 24 hrs) 713-983-3604				
Harris County Tax Office713-224-1919				
Reliant Energy				
(give pole # of street which is out)				
Entex (gas)				
Comcast Cable713-341-1000				
Houston Chronicle				
Metro Transit Info713-635-4000				
Kirk Elementary				
Truitt Middle School				
Cy-Ridge High School				
Newsletter Publisher				
Peel, Incadvertising@PEELinc.com, 888-687-6444				

Deadline for submitting articles for the Lakes On Eldridge North Newsletter is the 10th of each month. Submissions are subject to space limitations and editorial approval. Email Articles to *loen@PEELinc.com*.

PERSONAL CLASSIFIED ADS: Deadline for submitting personal classified ads is the 10th of each month for publication in the following month's newsletter. Email personal classifieds to *loen@PEELinc.com*.

ADVERTISING: Deadline for submitting ads is the 8th of each month for publication in the following month's newsletter. Please contact Peel, Inc. Sales Office at 888-687-6444 or advertising@PEELinc.com *for information on advertising.*

LOEN Board Of Directors

President:	Tom DeScioli
Vice President:	Don Byrnes
Secretary:	Cara Davis
Treasurer:	Rick Hawthorne
Asst Sec/ Treasurer:	Richard Weck

Article Submissions

Please e-mail articles and/or photos to loen@peelinc.com.

Submissions must be received by the

10th of the month for the following month's issue.

(Advertising deadline is the 8th of the month.)

"Bring Your 2015 Goals to Life through a Vision Board"

Businesswomen are invited to learn how to use this powerful goal setting tool

LUNCHEON DETAILS

Thursday, November 20 Networking 10:30 am; Luncheon begins at 11:00 am Sterling Country Club, 16500 Houston National Blvd., Cypress, TX 77433

Extended session member costs \$25.00 with advanced reservations; guests costs \$40.00 with advanced reservations

With 2015 quickly approaching, it's the perfect time to start thinking about goals for the New Year. Reba Charleston, speaker and

lifestyle coach, will lead a fun method of goal setting engaging a number of your senses and with a focus on visualization.

At the Thursday, Nov. 20 Cy-Fair Express Network luncheon, attendees will learn how to create a powerful tool that can serve as an image of the future, representing dreams, goals, and an ideal life. The end result will be both empowering and gratifying.

Among some areas for goal setting are professional, health, family, financial, romantic, spiritual and community. In her interactive presentation, Charleston will share different representational techniques using art and craft materials and social media technology.



Photo courtesy of Cy-Fair Express Network Pictured: Reba Charleston, Lifestyle Training Coach

To create a personal vision board, bring blank poster boards or construction paper, glue, scissors and magazines or other documents – with pictures, words and phrases that inspire, motivate, and empower- which can be cut up and attached to a vision board.

Aligning herself with individuals to achieve specific goals in growth, productivity, mental and physical wellness, and personal and organizational excellence, this Zumba® fitness instructor and natural practitioner loves to bring fun into everything she does and to inspire healthy, energetic movement.

"Reba's presence will be an exciting addition to this meeting," said Jessica Smith, CYFEN president. "Women in attendance will have much to gain by her expertise and shared knowledge."

This month's CYFEN meeting is an extended session and begins with networking at 10:30 a.m. followed with a prompt 11:00 a.m. start of the program. Due to the Thanksgiving holiday the luncheon will be held a week earlier that the customary fourth Thursday. Luncheons are held at the Sterling Country Club, 16500 Houston National Blvd.

Swing and Sing Scholarship Golf Tournament

Saturday, November, 8, 2014 | Longwood Golf Club 8:30A.M. Shotgun Start | 13300 Longwood Trace Dr., Cypress, TX 77429

FORMAT:

4-man Scramble | 8:30A.M. Shotgun Start **PARTICIPATION**:

\$125 per person | (\$500 per team)
One Round of Golf | Range Balls | Golf Cart
Drink and Raffle Tickets | Awards and Lunch

IMPROVEYOUR GAME:

Buy mulligans and "Bubba Drive", & putting strings **CONTESTS:**

1st, 2nd, 3rd, and most honest (last)

Longest Drive | Closest to the Pin | Biggest donor

SPONSORSHIP OPPORTUNITIES:

Hole Sponsor Only: \$75
Hole Sponsor w/ Golf Team: \$550
18" x 24" sign at a tee box
Recognition and tournament lunch
4 golfer entry fees (golf team sponsor only)

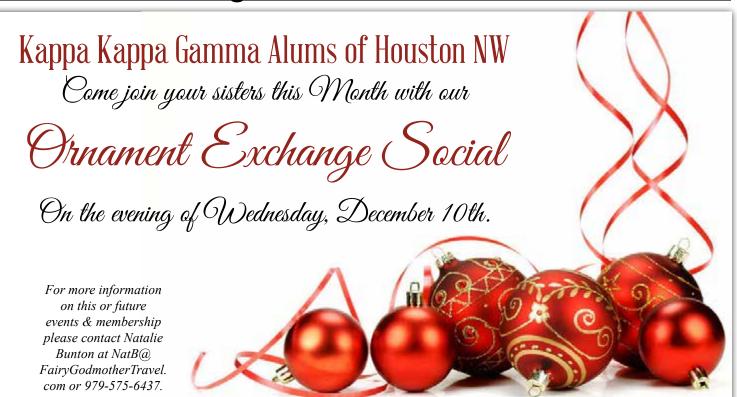
REGISTRATION FORM			
GOLFER1	PHONE		
GOLFER2	PHONE		
GOLFER3	PHONE		
GOI FFR4	PHONE		

Support the Cy- Fair High School Choir Program by being a Hole-Sponsor. Advertise your business or simply support your son or daughter on the day of the tournament with a hole-sponsor sign. Businesses take this opportunity to advertise to a large, captive group. There will be plenty of time for each golfer to see and read your ad. It's a great tool to promote your business.

Payment couldn't be easier. Just use the Golf Tournament page on the Cy-Fair Choir website: http://cyfairchoir.com/calendar/golf-tournament/

The profits from this event fund scholarships that assist our students to excel and do greater things. If you have any questions about anything please contact us at evan.key@cfisd.net.









Where students are excited about learning. **Come see why!!!**

FALL TOUR SCHEDULE

Tuesdays

Thursdays

Primary School (20 mths - PreK) 9 a.m. Lower School (K - 5th) 10 a.m.

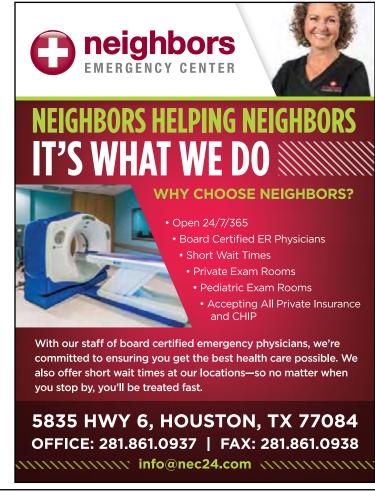
h) 10 a.m.

Open House

January 22, 2015 at 9 a.m. All Grades

For more information, please contact our admissions office at 713-267-8705 or email kmcmordie@graceschool.org.

10219 Ella Lee Lane • Houston, TX 77042 • 713-782-4421 • www.graceschool.org





AYUSA IS LOOKING FOR HOST FAMILIES!

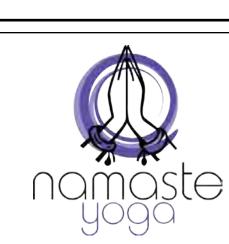
Hosting an exchange students if a wonderful way for your family to give back together, all while experiencing a new culture.

Ayusa exchange students are between the ages of 15 and 18 and come from over 60 countries from around the world. They come with their own spending money and health insurance, and have studied English for at least three years. Most of all, they are eager to learn about your American family!

Host families can come in all shapes and sizes! We work with single moms and dads, empty nesters, families with young children, never marrieds and same sex couples. To qualify to host, you need to:

- Pass a background check
- Meet with a local Ayusa representative
- Received school permission to enroll the exchange student (handled by Ayusa)
- Be able to provide the student with room and board, and
- Provide a safe, supportive and loving home environment.

To learn more about hosting and how you can make a difference, please visit www. ayusa.org or contact Vicki Odom at vodom@ayusa.org or (832) 455-7881.



Learn and practice the art of Yoga in the most intimate and personalised studio in Houston, if you are a beginner or if are looking to grow your practice in a safe, relaxed and nurturing environment, find one of our classes that talks to your body, from the gentle practice of Yin Yoga to the more dynamic Ashtanga Vinyasa.

Private lessons available.

·

For further info email Gabriela at info@namasteyogahouston.com or register on our website at www.namasteyogahouston.com or call 281.928.6951



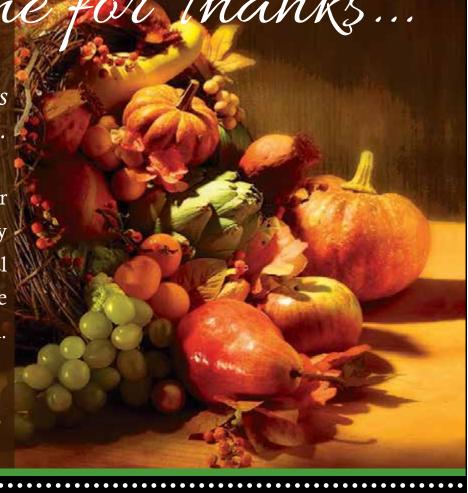
A Time for Thanks...

We're thankful for clients and friends like you.

> May you and your family enjoy a happy home and a joyful heart during the holiday season.



GARY GREENE





Karen Parker

Accredited Luxury Home Specialist Certified Home Marketing Specialist Lakes on Eldridge Resident

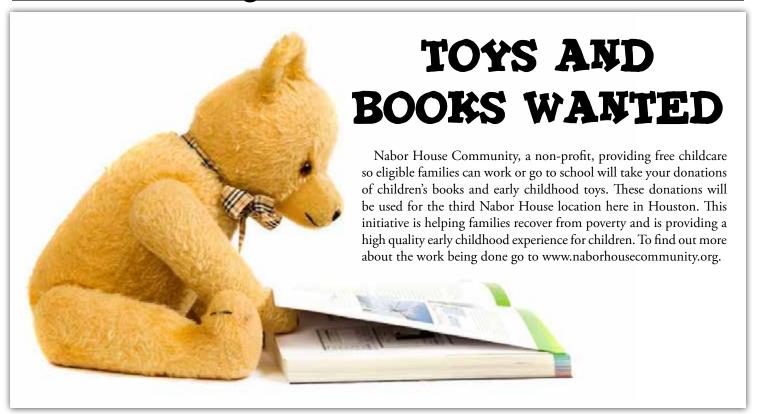
Direct: 281.610.4866

Office: 713.461.6800

Email: karen.parker@garygreene.com

Taking the time to do it better.

©2014 Better Homes and Gardens Real Estate LLC. Better Homes and Gardens® is a registered trademark of Meredith Corporation licensed to Better Homes and Gardens Real Estate LLC. Equal Opportunity Company. Equal Housing Opportunity. Each Franchise is Independently Owned and Operated. If your property is currently listed with a real estate broker, please disregard. It is not our intention to solicit the offerings of other real estate brokers



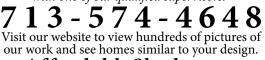




City Permits **HOA Approvals**

We specialize in affordable custom built patio covers that enhance your lifestyle and increase the value of your home.

Call to schedule a free estimate with one of our qualified supervisors.



AffordableShade.com

Custom Designed Aluminum Insulated Patio Covers

Patio Covers

Structural &

Patio Cover Screen Rooms

Decorative Concrete

Shade Arbors Cedar & Aluminum













KIWANIS CLUB OF CY-FAIR HOUSTON

Officers for the 2014-2015 year began their terms on October 1, 2014. They are:

President - Mike Larrivee President Elect – Dr. Larry Zarker Vice-President – Steve Gleinser Immediate Past President – Paula Hoffman Treasurer – Jim Meadows Secretary - George Crowl

New Board Members - Gary Hopkins and Phil Johnston Continuing Board Members – John Carroll, Andy Lawrence and Dr Peggy Presnell

The Cy-Fair Club looks forward to an exciting year under the leadership of these new officers. We invite guests to attend an introductory meeting of this Kiwanis Club at the Hearthstone Country Club on November 4, 11, or 16. Be our guest for lunch at 12:15, followed by an informative program. Adjournment is at 1:15. We welcome new members.

What is Kiwanis? Kiwanis is an international service organization focused on changing the world one child and one community at a time.

Service is at the heart of every Kiwanis club, no matter where in the world it's located. Worldwide, members stage nearly 150,000 service projects and raise nearly US\$100 million every year for communities, families and projects. In addition, Kiwanis members actively participate in many service projects in their home communities.

The Cy-Fair Kiwanis Club of Houston seeks to serve this community through sponsoring Key Clubs for high school students, Builders Clubs for middle school students, and Aktion clubs for adults with disabilities. We provide support to boy scout and girl scout troops and to various other organizations in the community that serve children and families. Enjoy the pleasure of being a part of this service.

Kiwanis members don't just do service—they have fun. Members make new friends by being part of a club where they attend meetings and participate in social events. Kiwanis clubs also provide excellent networking opportunities for professionals. Members meet new people from all over their region and the world through service projects, fundraising and attendance at district and international conventions.





NORTHWEST HARRIS COUNTY

AGGIE MOM'S CLUB

Please join us on Tuesday, November 11, 2014 at 7 pm. at the Houston Distributing Center, 7100 High Life Drive, Houston, Texas 77066. Our featured speaker will be Mr. Skip Wagner, President of the 12th Man Foundation. This a great way to meet other Aggie Moms, find out about upcoming events, and buy care packages. Enjoy light refreshments while you shop our Boutique for handcrafted one-of-a-kind Aggie treasures. For more information visit our website at www.nwhcaggiemoms.org. We are looking forward to meeting all Moms of Aggies.

Skip Wagner is the President and CEO of the 12th Man Foundation, whose main purpose is raising funds for scholarships, programs and facilities for Texas A&M Athletics. The Foundation supports the Athletic Department's efforts of winning championships on the field while developing student athletes who will be successful in the classroom and be great representatives of Texas A&M long after their playing days are over. Having joined the organization on April 15, 2013, he and his team are helping the Foundation reach unprecedented heights as it embarks on the path of financing and rebuilding Kyle Field, the home of the Texas A&M fighting Aggies football team. Over \$250 million has been raised from generous Aggies who have also embarked on supporting major new facilities for softball, outdoor track and football operations and player areas. The Foundation has created a new Premium Services group and is initiating new programs to better engage and service its thousands of donors. From 2005-2013, Skip served as President and CEO of the Houston Livestock Show and Rodeo. In his final year, the Rodeo, with over 28,000 volunteers, had record attendance of over 2.5 million people, record revenue in excess of \$110 million and record donations to Texas youth, education and other charitable causes in excess of \$25 million. From 2000 to 2004, Skip was president and general manager of the Oklahoma State Fair. Skip graduated from Oklahoma State University in 1982 with a degree in chemical engineering and from Harvard Business School in 1986 with a master's degree in business administration. Skip and his wife Cindy have four children, including Allie who graduated from Texas A&M in 2008 and Jack, class of 2017, who is at Texas A&M in Mays Business School.

SCHOLARSHIP APPLICATION

The Northwest Harris County Aggie Mom's Club raises money throughout the year to fund scholarships to the students form our area. Last year, we awarded 15 scholarships to Aggie students from our local community and donated over \$34,000 to a variety of Texas A&M student organizations. Eligible students should download the scholarship application form for 2014-2015 on November 1st at www.nwhcaggiemoms.org.



A NIGHT IN

Bethlehem

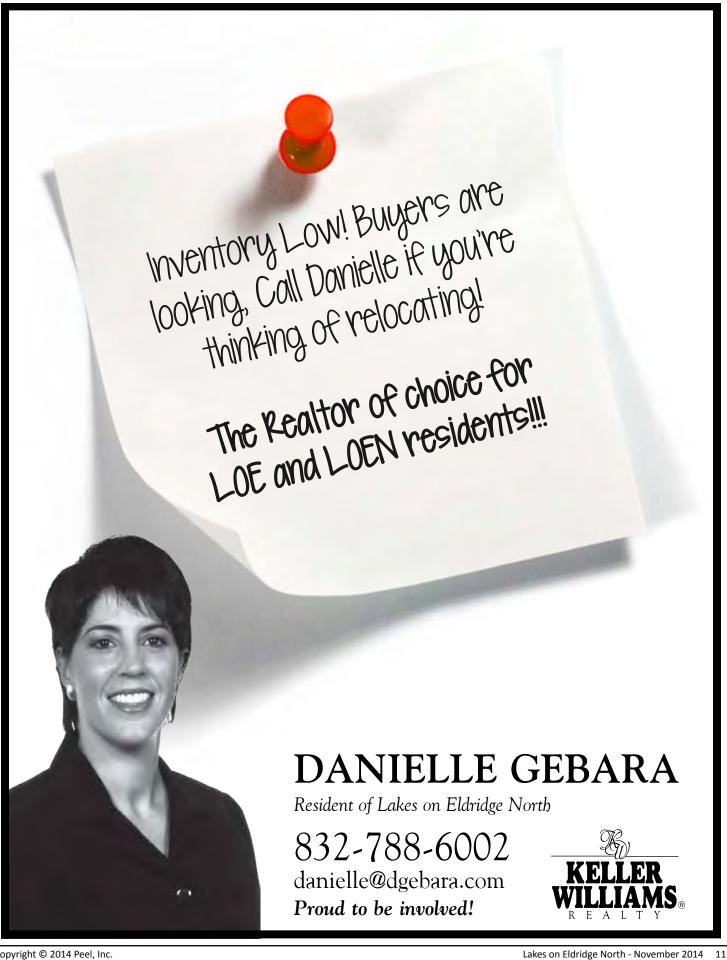
Visit Bethlehem this season on Saturday, December 6th and Sunday December 7th from 5:00-8:00 pm. at Messiah Lutheran Church at 11522 Telge Road, Cypress, TX 77429. The event is free!

Imagine what life was like during this miraculous time in history as you visit the Spice Merchant, the Produce Market, sample the wonderful treats at the Bakery and taste the savory soup at the Soldier's Tavern. Listen to the storyteller, and visit the shepherds, & the Inn. Watch for the Roman soldiers. Don't miss this living, interactive recreation of the original Christmas story. Join us for free activities for the family including candle making, create a clay pinch pot, sew a coin bag or play Bethlehem dressup. Pet the live animals and enjoy cookies, hot cider and coffee.

Messiah Lutheran Church is a grace place, a congregation of the Evangelical Lutheran Church in America (ELCA). Messiah is located at 11522 Telge Road, ½ mile north of Highway 290. Regular Sunday worship times are: 8 am—Traditions; 9:30 am—The Gathering; and 10:45 am—The Crossing. The Discovery (education) Hour is 9:15-10:15 AM on Sundays. For more information, 281-890-3013 or www.messiahlc.org. All people are welcome at Messiah.







TENNIS TIPS

By USPTA/PTR Master Professional Fernando Velasco











STEP 1

STEP 2

STEP 3

STEP 4

The Modern Game: The Swinging Backhand Approach Shot or Volley

In previous newsletters, I offered tips on how to execute the basic strokes for players who are just beginning to play tennis or who want to resume playing.

I am now offering suggestions on how to play the "modern" game mostly geared towards players who are happy with hitting the ball over the net and controlling the point with consistency. These players may be already playing for leagues or in tournaments and are looking for more "weapons" on the court.

In this issue, I will offer instructions on how to execute "The Swinging Backhand Approach Shot or Volley." This shot is used when an opponent hits a soft shot that is floating high on the service line area. The player will take advantage and will hit the ball on the fly with a huge swing, thus hitting with top spin high over the net and hit with power. When the ball hits the court, it will take a big hop, forcing the opponent to fall back close to the fence, or to hit the ball on the rise. This shot can be used as a "winner" or as an "approach shot."

In the illustrations, Vishwa Aduru, one of the top players of the Grey Rock Tennis Academy, shows the proper technique to execute this stroke. Vishwa is coached by the Director of the Tennis Academy, Darin Pleasant.

Step 1: The Back Swing: When Vishwa sees the opportunity, he makes a quick turn of his upper body and takes the racket high and back. The head of the racket is now at shoulder height, his shoulders are turned, the left hand is gripping the racket tight and the right hand is semi-relaxed. His weight is on the front foot as his momentum carries his forward to attack the ball. His left wrist is "laid back" to allow maximum point of contact.

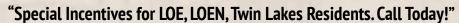
Step 2: The Point of Contact: The success of a top spin shot is keeping the ball on the strings going from low to high in a 30 degree angle and accelerating the racket head around the outside of the ball. Vishwa started the swing high and "looped" it to allow the head of the racket to drop down. He will be brushing around the outside of the ball as he makes contact with it. His left shoulder is almost opening and his weight is moving through the shot.

YOUR NEIGHBORHOOD REALTOR

LAKES ON ELDRIDGE NORTH RESIDENT AND SPECIALIST

- Awarded by Texas Monthly magazine Five Star Professionals Survey as Top 2% of Realtors in Houston
- True dedication in all aspects of REAL ESTATE LISTING or BUYING **RE/MAX Top Producer, RE/MAX Peak Performer**
- Highly experienced in marketing and negotiating to get you top dollar for home!
- Relocation Specialist to Houston
- Expert advise in marketing your home Honest,
 Professional & Loyal services 24 hours a day 7 days a week!

Email me and get a FREE Market Analysis on your home!!!



RE/MAX Professional Group
Office: (832) 478-1269 • Cell: (832)434-6572
montysingh@remax.net

MONTY SINGH, TOP PRODUCER ABR, GRI, ALHS

Real Estate Specialist www.MontySellsTexas.com





The 19th Annual Langham Creek FFA Craft Show is November 8th & 9th at the Cy-Fair ISD Exhibit Center at Telge/Hwy 290. The indoor facility will have over 100 vendors selling a wide variety of products just in time for holiday shopping. We will have concessions, silent auction & raffle, chicken bingo and more! Vendor booths are still available! Please email langhamcreekffa@yahoo.com or call 281-734-1153 with questions or to obtain a vendor application. All proceeds benefit the LC FFA students!



Cypress Texas Tea Party

The next meetings of the Cypress Texas Tea Party will be on:

Saturday, November 15, 2014 Saturday, December 6, 2014

The Cypress Texas Tea Party meets every three weeks on Saturday

Noon until 2:00 PM at: Spring Creek BBQ 25831 Northwest Freeway Cypress, Texas 77429

Map: http://goo.gl/maps/OoNjY

A schedule of our meetings and confirmed speakers can be found at our website, www.cypresstexasteaparty.org

WMS provides an exceptional education for children with a school population that reflects global diversity.



Open House

Thursday, November 13, 2014 9:00 a.m. to 4:00 p.m. and 6:30-8:00 p.m.



Why so many parents choose Westside Montessori School

- Hands-on multi-sensory materials that stimulate growing minds
- A prepared environment that provides structure and self-discipline
- Individualized instructions guided by the loving, nurturing hands of the teacher
- Cooperative, non-competitive atmosphere

(281) 556-5970 westsidemontessori.com

13555 Briar Forest Houston, TX 77077



BEFORE AND AFTER SCHOOL CARE FOR ALL AGES AND PROGRAMS



2014 Festivities, Markets, Crafts & More!

	,
Oct 31 & 11-2 • 26th Annual Fall Festival of Roses	weAREroses.com
Nov 7 - 8 • Sugar Plum Market, Stafford Junior League	sugarplummarket.com
Nov 9 • 19th Annual Children's Festival	woodlandscenter.org
Nov 9 - Dec 24 • Old Town Spring 'Home for the Holidays'	oldtownspring.com/events
Nov 13 - 16 • Houston Ballet Nutcracker Market	houstonballet.org
Nov 14 - May 10 • Ice Age Exhibit	moodygardens.org
Nov 15 - Jan 3 • Moody Gardens Festival of Lights	
Nov 15 - Jan 4 • Moody Gardens 'Ice Island Ice Sculptures'	moodygardens.org
Nov 21- 22 • Brazos Valley Worldfest	brazosvalleyworldfest.org
Nov 21 - 23 • Holidays Christmas Gift Mkt, Katy TX	
Nov 21 - 23 • Woodlands Jr League Holiday Market	jlholidaymarket.org
Nov 22 & 23 • 2014 ViaColoriHouston	centerhearingandspeech.org
Nov 27 • Houston Thanksgiving Day Parade	
Nov 27 • Uptown Holiday Tree Lighting Ceremony	visithoustontexas.com
Nov 28 -29 • Moody Garden's 'Home for the Holidays'	moodygardens.org
Dec 4 • The Woodlands 'Holly Jolly Jingle'	
Dec 13 • Conroe Downtown Christmas Tree Lighting	
Dec 13 • Annual Christmas Boat Lane Parade, Clear Lake	
Dec 14 - May 31, 2015 • Strawberry Picking at Blessington Farmes	/.blessingtonfarmes.com
Dec 15 - Jan 1,2015 • Houston 'Zoo Lights'	houstonzoo.org/zoolights
Dec 18 • Children's Campfire Christmas	georgeranch.org
=	



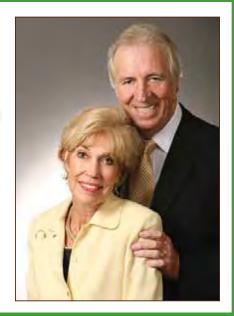
Paking the time to do it better!

Happy Holidays!

Lakes on Eldridge residents since 2001

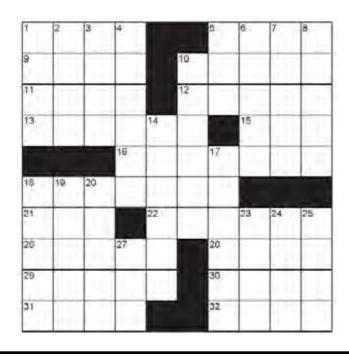


GARY GREENE Clive: 281.460.3168 | Nancy: 713.870.3169 ngardner@garygreene.com CliveAndNancy.com



Celebrating 13 years as your Neighborhood Realtors $^{\circ}$

CROSSWORD PUZZLE



ACROSS

- 1. Southwest by south
- 5. Prophet who built the arc
- 9. In __ of
- 10. Short poem
- 11. Iraq's neighbor
- 12. More able
- 13. System
- 15. Conger
- 16. Avows
- 18. Angora (2 wds.)
- 21. Finale
- 22. Growls
- 26. Do penitence
- 28. Has 4 identical siblings
- 29. Automaton
- 30. Ancient Indian
- 31. Espy
- 32. Tier

DOWN

- 1. Skinny
- 2. Flexible metal thread
- 3. Lick
- 4. Sunbonnet
- 5. Catch
- 6. Cargo ship
- 7. BB Player Abdul Jabar
- 8. Throws violently
- 10. Played (2 wds.)
- 14. Counterbalance
- 17. Iranian's neighbors
- 18. What you shift
- 19. Upon (2 wds.)
- 20. Philippine dish with mari-
- nated chicken or pork
- 23. Peewee
- 24. Aphids
- 25. Fasten
- 27. Negative

View answers online at www.peelinc.com

© 2006. Feature Exchange

Your Community at Your Fingertips

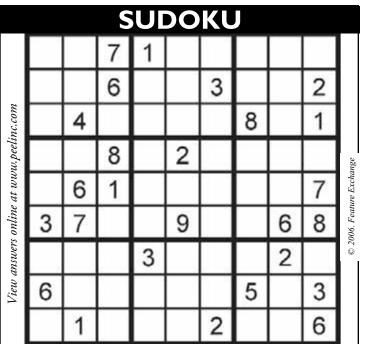


Download the Peel, Inc. iPhone App



www.peelinc.com 512.263.9181





The goal is to fill in the grid so that every row, every column, and

every 3x3 box contains the digits 1 through 9. Each digit may

appear only once in each row, each column, and each 3x3 box.







- Kids Stuff-



What does it mean to be green? "Green" is more than just a color. It also means taking special steps to protect the environment — the water, the land, and the air we breathe. Why green? Plants are green, and without them the Earth wouldn't be such a lovely home for us human beings. Every day, people make choices that affect the amount of trash and pollution that gets produced in our world. What can you do? A whole lot, actually. Here's a four-step guide to being green:

- Reduce the amount of stuff you use and throw away.
- · Reuse stuff when you can.
- · Recycle cans, bottles, paper, books, and even toys.
- Enjoy the Earth walk in the woods, plant a tree, and eat some of the delicious food it produces.

REDUCE IT!

When you use less of something, you do a good thing for the Earth. For instance, a shorter shower means you used less water and less fuel since your house uses fuel to run the water heater that warmed up the water. Here's a list of other stuff you can reduce:

- Turn off lights you're not using. Better yet, encourage your parents to switch to compact fluorescent light bulbs. They last longer and use less energy. They do need to be disposed of properly, though, so make sure your mom or dad helps if one breaks.
- Turn off the water when you're brushing your teeth.
- When you can, walk or ride your bike instead of driving in the car.
 You'll use less gas and get some exercise!
- Unplug the chargers for your phone and MP3 player when you're not using them.
- Put your computer to "sleep" instead of leaving it on with the screensaver running.

REUSE IT!

Sometimes people call ours a "throwaway society." That means that we're a little too willing to throw away old stuff and buy new stuff. Many times, even if you no longer need something, someone else just might. For instance, if your baby brother outgrows his plastic basketball hoop, why not give it to another family who has a little kid? That's one less plastic basketball set that they need to buy. It's also one less large plastic toy that needs to be produced, packaged, and shipped to the toy store. Here are some additional ways to reuse the stuff you have:

- Use rechargeable batteries for your handheld computer games, MP3 players, cell phones, and digital cameras.
- Choose reusable travel cups instead of disposable paper or plastic cups.
- Take your own bags preferably reusable ones when you go to the grocery store.

- Drink tap water instead of buying bottled water. If you don't like how your tap water tastes, a low-cost filtration system could make a difference. Get a reusable water bottle so you can take it with you.
- Organize a swap among your friends. What can you swap? Books, toys, even clothes. It's a way for everyone to get something new without spending any money and without throwing a bunch of stuff away. Set aside some items for your swap when you're cleaning your room!
- Take paper from your computer printouts and use the other side for more computer printing or just to draw or doodle on.

RECYCLE IT!

Recycling has never been easier. Many communities will pick it up right in front of your house and some towns even require it. Tell your mom or dad you want to become "Chief of Recycling" for your household. That means you'll organize the recyclable items in bins, remember to put them on the curb on recycling day, and help remind others which items can be rinsed and recycled.

By separating plastic bottles, cans, bottles, and more, you're reducing the amount of trash that goes to the landfill. What's a landfill? A big mountain of trash, where all the trash trucks go to dump their loads. Recycled goods go instead to a recycling center, where they can be crushed, broken down, and later turned into new cans, bottles, and paper.

What else can be recycled? Sometimes water can be. For instance, some communities take used water — like from the washing machine and shower — and clean it up so it's safe to use for watering the grass and flowers.

ENJOY IT!

It's true that trash and pollution are problems, but the Earth remains a huge and glorious place that's ready for you to explore. You can start locally by visiting the naturally beautiful spots in your city and state. Go for a hike, visit local nature centers and gardens, climb up mountains, and explore lazy creeks.

Experience the outdoors in all sorts of weather — from a sunny day at the beach or lake to a wintry adventure when it snows. And if you're planning a family vacation, suggest a trip to a national treasure, such as the Grand Canyon, Yellowstone Park, or Chincoteague Island to roam with the wild ponies.

But before you travel the globe, take a look at your own backyard. Is there a spot where you could plant a tree or put in a little fruit or vegetable garden? If so, get out there and get your hands dirty. Then you can watch with pride as your tree takes root and your garden plants grow from sprigs to big plants full of ripe, red tomatoes or tiny, succulent blueberries. Who knew being green would taste so good?

Reviewed by: Mary L. Gavin, MD Date reviewed: September 2013

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit www.KidsHealth.org or www.TeensHealth.org. ©1995-2006. The Nemours Foundation





The Lakes on Eldridge North is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use the Lakes on Eldridge North Newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the Lakes on Eldridge North Newsletter is exclusively for the private use of Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

- * The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.
- * Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.
- * Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.





YOUR LAKES ON ELDRIDGE NEIGHBOR

INVENTORY IS LOW!! PRICES KEEP GOING UP!!



STEVE HARDCASTLE

#1 IN LOE & LOEN SALES!!



RE/MAX Westside Realtors 281.925.3047

- RE/MAX Westside #1 TOP PRODUCER for over 20 years in a row!!
- Top 1% of all Realtors in North America
- RE/MAX Hall of Fame & Lifetime Achievement Award
- Broker License, CRS, BBA, Relocation Expert, Over 30 Years of Real Estate Experience
- Long Time Lakes on Eldridge Resident

www.stevehardcastle.com email: HardcastleTeam@gmail.com