

NOVEMBER 2014

Official Publication of Legends Ranch Property Owners Association

VOL 8. ISSUE 11

SAVE THE DATE

Save the Date for Santa Claus to visit Legends Ranch on Saturday, December 6, 2014. More details to come from the Social Committee via board meetings, social committee meetings, social media and other forms of advertisement. New members always welcome to come help in any small way, contact Nilda Rubio at nilda_rubio@yahoo.com to express interest, find out when the next social committee meeting is (often on a Sunday evening at the clubhouse).

Thank You

The Legends Ranch Fall Festival was the best yet! We'd like to say thank you to our primary local sponsor, Milstead Automotive, with their contributions and spin-the-wheel booth and gift prizes, and the provider of our complimentary barbeque plates and hot dogs: Johnson Family Barbecue of Conroe. In addition, we had many other great vendors who contributed in various ways to help make everything possible, such as Anderson Restoration (LR Residents), Cannon Companies (LR landscaping services), Christian Brothers Automotive, Corkscrew Barbecue, Gatti's Pizza, MyGym Children's Fitness Center, RE/MAZ-NW & Peyo Rubio, and Todd Hughes Orthodonics.

Legends Ranch POA Agenda from October Meeting

This agenda serves as notice to all owners of the Property Owners Association of Legends Ranch that a Meeting of the Board of Directors is scheduled as noted below to review and discuss the listed topics and business of the association.

PROPERTY OWNERS ASSOCIATION OF LEGENDS RANCH MEETING OF THE BOARD OF DIRECTORS

In accordance with Section 209.0071 of the Texas Residential Property Owners Protection Act, members shall be given notice of the date, hour, place and general subject of a regular or special board meeting, including a general description of any matter to be brought up for deliberation in executive session. The notice shall be provided at least 72 hours before the start of the meeting by sending a notice via email to each owner who has registered an email address with the association and by listing the meeting date on the association website.

Date: Wednesday, October 22, 2014 Time: 6:00 pm (Open Session)Location: Legends Ranch Clubhouse2801 Legends Ranch Dr.Spring, TX 77386

AGENDA OPEN SESSION (6:00 PM – 7:30 PM)

All Board meetings are open to members with some exceptions during developer control and for matters discussed in executive session.

- 1. Establish of Quorum and Call to Order
- 2. Adoption of Agenda for Open Session
- 3. Consideration of Minutes of the Previous Open Meeting September 23, 2014

(Continued on Page 3)

IMPORTANT NUMBERS

BOARD & MANAGEMENT CO

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(Continued from Cover Page)

4. Financial Report

4a. August 2014 – Managing Agent

5. Proposals

5a. A-Beautiful Pools

I. Paint above ground spray features at splash pad

II. Bring clubhouse pool up to code

5b. Cannon Companies

I. Replace live oak on Lake #2

II. Add moss rock to splash pad area to help with run-off

5c. D & C Contracting

I. Replace interior roofing of all splash pad cabanas

5d. Move existing goals and add new basketball posts, goals and hoops

6. New Contracts

6a. A-Beautiful (varies options for pools being open)

6b. Grounds Maintenance – Bids from Cannon Co. and Earthcare

Management 6c. Lake Pro

7. Additional Business

8. Social Committee update

9. Traffic/Safety Committee update

10. Scheduling of Next Board Meeting

11. Homeowner Forum (due to time restraints, limited to (3) minutes per person)

12. Adjournment



THE LIVING LEGENDS

If you are 50+ and would like to join this wonderful group, give me a call at 281-651-2593 and leave a message if I'm not there. I will call you back as soon as I can.



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GARDEN TIPS FOR NOVEMBER

Winter is on its way and now is the time to finish the gardening chores before it is too late. If you haven't applied a pre-emergent to your lawn, now is the time to apply it. "Barricade" and

"Halts" are both good products that will help control winter weeds such as, Henbit, Chickweed, and Poa Anua (annual bluegrass), early November will be the last chance you have to apply your last fertilization of the year. I recommend a low nitrogen fertilizer such as Nitro-Phos 8-12-16. This product is a "winterizer" as such it will feed your grass with stimulating a lot of tender green growth.

For those of you who over-seed your lawn with either fescue or rye do not use the pre-emergent, as the product will kill the young plants as they sprout. If you plan to have winter color in your beds, now is the time to plant so that the plants will have a chance to establish themselves before colder temperatures are the norm.

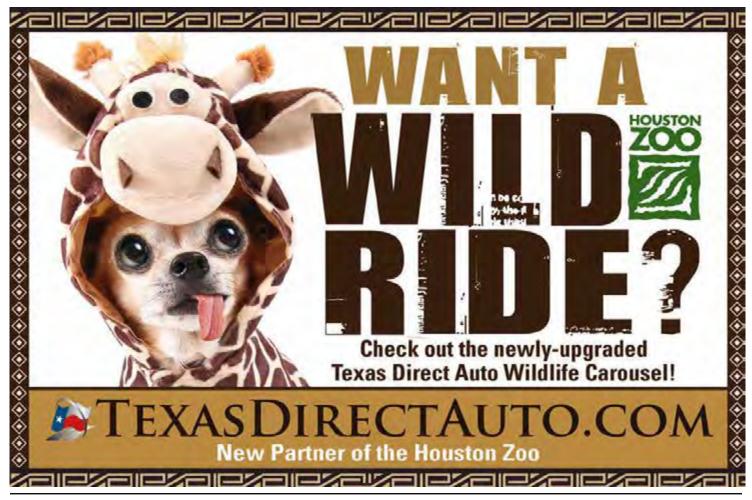
Pansies and Violas give lots of long lasting color through

the winter months, and will survive temperatures in the low teens. The flower and buds are not quite as tolerant of very cold temperatures and may be damaged. The good news is that in less than two weeks they will be in full bloom again.

Many of you bring your house plants outside for the winter. Remember, before you bring them inside the house you should spray them with and insecticide and drench the soil of the pot with the insect killer to control any unwanted

visitors that may be hiding in the soil.

If you have any questions please come see me at Lone Star Ace or contact me at: troy@lonestarace.com.



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Wash Your Hands

Reducing Spread of Disease While at Home and Work

By: Concentra Urgent Care

The Centers for Disease Control and Prevention (CDC) say that nearly 90,000 patients die in U.S. hospitals each year due to a preventable disease – many could be avoided if everyone properly washed their hands.

From germs on office equipment to sick colleagues who decided to come into work anyway, people face the same dangers in the workplace. The same simple fact holds true: Washing your hands regularly is an effective way to prevent yourself from catching or spreading a preventable disease or illness.

WHEN TO WASH YOUR HANDS

The CDC recommends washing your hands every time you:

- Prepare or eat food
- Use the restroom
- Tend to someone who is sick; both before and after
- Blow your nose, cough, or sneeze
- Handle garbage
- Treat a cut or wound
- Change a diaper or clean up after children
- Handle an animal or animal waste

HAND WASHING BASICS

The CDC has issued specific guidelines about effective hand washing:

- Wet hands with water
- Use plain bar or liquid soap
- Create a lather by vigorously rubbing hands together for 15-20 seconds—about the amount of time it takes to sing "Happy Birthday" twice
- Be sure to wash palms, back of hands, fingers, and nails (clean nails by gently scratching nails down your opposing soapy palm)
 - Rinse off soap under a stream of water

WHAT ELSE CANYOU DO?

- Focus on hand washing in the lunch and/or break room
- Be careful when using sponges and dish towels. These are ideal sites for bacterial growth. Always wash your hands after using these items.
- Maintain a clean work area; regularly clean any office equipment, especially shared items such as phones and keyboards.
- Remind your colleagues of the importance of hand washing, particularly when you witness someone neglecting to wash his or her hands.

FOR MORE INFORMATION

To learn more about how washing hands regularly can help prevent disease, ask your health care provider, or visit the CDC's creative Web site dedicated to raising awareness of the importance of hand washing at www.henrythehand.com.



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TENNIS TIPS

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STEP 1

STEP 2

STEP 3

STEP 4

THE MODERN GAME: THE SWINGING BACKHAND APPROACH SHOT OR VOLLEY

In previous newsletters, I offered tips on how to execute the basic strokes for players who are just beginning to play tennis or who want to resume playing.

I am now offering suggestions on how to play the "modern" game mostly geared towards players who are happy with hitting the ball over the net and controlling the point with consistency. These players may be already playing for leagues or in tournaments and are looking for more "weapons" on the court.

In this issue, I will offer instructions on how to execute "The Swinging Backhand Approach Shot or Volley." This shot is used when an opponent hits a soft shot that is floating high on the service line area. The player will take advantage and will hit the ball on the fly with a huge swing, thus hitting with top spin high over the net and hit with power. When the ball hits the court, it will take a big hop, forcing the opponent to fall back close to the fence, or to hit the ball on the rise. This shot can be used as a "winner" or as an "approach shot."

In the illustrations, Vishwa Aduru, one of the top players of the Grey Rock Tennis Academy, shows the proper technique to execute this stroke. Vishwa is coached by the Director of the Tennis Academy, Darin Pleasant.

Step 1: The Back Swing: When Vishwa sees the opportunity, he makes a quick turn of his upper body and takes the racket high and back. The head of the racket is now at shoulder height, his shoulders are turned, the left hand is gripping the racket tight and the right hand is semi-relaxed. His weight is on the front foot as his momentum carries his forward to attack the ball. His left wrist is "laid back" to allow maximum point of contact.

Step 2: The Point of Contact: The success of a top spin shot is keeping the ball on the strings going from low to high in a 30 degree angle and accelerating the racket head around the outside of the ball. Vishwa started the swing high and "looped" it to allow the head of the racket to drop down. He will be brushing around the outside of the ball as he makes contact with it. His left shoulder is almost opening and his weight is moving through the shot.

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a substitute for proper communication channels for information via the Property Manager and the Board of Directors.

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SUNDAY EVENINGS Starts 8/31, 5pm **Adult Discipleship** Kidz Choir 4yrs.—6th Grade **Youth Small Groups**

TUESDAY EVENINGS 8pm REVIVE for College Students

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