

Volunteers Plan "Jingle Bell Rock" Christmas Party for Reach Unlimited

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Plans for a spectacular first annual Jingle Bell Rock Christmas Party are well under way! A Volunteer army under the direction of Berni Horan, Liberty Mutual Lead Sales Representative, Ambassador for the Houston CyFair Chamber of Commerce and member of Cy Fair Women's Network have been recruiting, collecting and signing up individuals and companies to help with this undertaking. The event which will feature music by the Amazing Duane Vincent, a visit from Elvis and the jolly old man himself, Santa Claus! Plans for the evening include cookie decorating, lots of dancing and gifts for each of the Reach Unlimited clients. Berni invites you and your business to join in the fun to help make this the BEST Christmas Party ever for the clients at Reach. You can reach her at Berni. Horan@ libertymutual.com. There are still needs for additional refreshments, small gift items or gift cards so that everyone will receive a gfit and volunteers. The event is scheduled for Wednesday, December 10 from 6PM to 8PM at Langham Creek YMCA.

Reach Unlimited provides quality services for people with intellectual and developmental disabilities through a day program and residential services. Reach serves 300 clients through programs that provide training and support for jobs in the community, a safe and stimulating learning day program as well as 19 family group homes in the northwest area.

Take Care of Texas

As autumn brings cooler temperatures, it also signals the arrival of another seasonal display – falling leaves!

While Take Care of Texas encourages you to plant shade trees to help lower your utility bills in the summer, these deciduous trees lose their leaves in the fall. Instead of raking and bagging them, where they will head to a landfill, put them back into your lawns and gardens as a valuable source of mulch and fertilizer.

Leaves contain 50 to 80 percent of the nutrients a plant extracts from the soil and air during the season. Grass clippings, leaves, and other yard debris make up 20 percent of the trash sent to landfills each year. It costs Texans over \$250 million a year to collect and dispose of this waste.

There are four basic ways to manage leaves and use them in landscaping: Mowing: a light covering of leaves can be mowed, simply leaving the shredded leaves in place on the lawn. This technique is most effective when a mulching mower is used.

Mulching: a lawn mower with a bagging attachment provides a fast and easy way to shred and collect the leaves. Apply a three to four inch layer of shredded leaves around the base of trees and shrubs. A two to three inch mulch of shredded leaves is ideal for flowerbeds. For vegetable gardens, a thick layer of leaves placed between the rows functions as a mulch and an all-weather walkway that will allow you to work in your garden during wet periods.

Composting: in addition to leaves, other yard wastes such as grass clippings, pine needles, weeds, and small prunings can be composted. Compost can serve as a soil conditioner that nourishes your yard and reduces the need for outdoor watering up to 60 percent.

Soil improvement: leaves may be collected and worked directly into garden and flowerbed soils. A six to eight inch layer of leaves tilled into a heavy, clay soil will improve aeration and drainage. The same amount tilled into a light, sandy soil, will improve water and nutrient holding capacity.

Visit www.KeepCyFairBeautiful.org to access more Take Care of Texas yard care publications!

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IMPORTANT NUMBERS

EMERGENCY NUMBERS EMERGENCY 911 Ambulance 911 Harris County Sheriff......713-221-6000 Cy-Fair Volunteer Fire Dept. Bus. Office281-550-6663 AREA HOSPITALS North Cypress Medical Center281-477-0830 Willowbrook Methodist281-477-1000 **SCHOOLS PUBLIC SERVICES** Cypress Post Office281-373-9125 Harris County Tax713-224-1919 NEWSLETTER PUBLISHER Article Submissionsblackhorse@peelinc.com

Don't want to wait for the mail?

View the current issue of the Ranch Record on the 1st day of each month at www.PEELinc.com



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Cypress Woods Theatre Company Presents



Cypress Woods High School Theatre Company proudly presents, Annie, the musical on December 18th, 19th at 7:00 pm and on December 20th at 2:00 pm and 7:00 pm in the Cypress Woods HS Auditorium, 13550 Woods Spillane Blvd, Cypress, TX. Tickets can be purchased on line at www.showtix4u.com. Annie is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI. 421 West 54th Street, New York, NY 10019. Phone: 212-541-4684, www.MTIShows.com

Show Dates
December 18th and 19th at 7:00pm and December 20th at 2:00pm and 7:00pm

Cypress Woods HS Auditorium 13550 Woods Spillane Blvd. Cypress, TX 77429



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CYFEN Member Appreciation and Holiday Meeting Dec. 18

LUNCHEON DETAILS

Thursday, December 18
Networking 11:30 am; Luncheon begins at 12:00 am
Sterling Country Club, 16500 Houston National Blvd.,
Cypress, TX 77433

Member costs \$25 with advanced reservations; guest costs \$30 with advanced reservations

Come to the Cy-Fair Express Network (CYFEN) luncheon Dec.18 for member appreciation and to learn more about a local charity organization.

This meeting will celebrate the completion of the 'debt free' home built for a well deserving wounded warrior and his family in Cypress, TX. RE/MAX Realty Center partnered with the Texas Sentinels Foundation to make this a reality for a local veteran and his family. With the completion of this home near Christmas the family is in need of many items to make this new start. Needed items are listed on the Cyfen.org website. Donations will be collected a the December luncheon.

In addition, there will be a member gift exchange. Bring a wrapped new gift or gift card valued at \$25 to participate. All are welcome to attend the monthly meetings of CYFEN at the Sterling Country Club, 16500 Houston National Blvd.

This month's meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program. Bring plenty of business cards for networking. The meeting cost is \$25 with advanced reservations made by the Thursday prior to the meeting and \$30 at the door.

ABOUT CY-FAIR EXPRESS NETWORK (CYFEN)

The Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to www.CYFEN.org.

ABOUT AMERICAN BUSINESS WOMEN'S ASSOCIATION (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, www.abwa.org.

Northwest Flyers Youth Track Club - Free Registration/Orientation Breakfast

The Northwest Flyers Youth Track Club will celebrate its 28th Anniversary Season by hosting its annual free Registration/Orientation breakfast on Saturday, February 7th, 2015, for all boys and girls who are interested in joining for the 2015 track season. The breakfast starts promptly at 8:30 AM at the Cypress Creek Christian Community Center Forum located at 6823 Cypresswood Dr., Spring, TX, 77379.

The free breakfast is the opportunity for youth athletes to register for the 2015 spring/summer track season, and to meet the Northwest Flyers coaches, staff, and other new and returning athletes. The event will be highlighted by a special presentation from a member of the USA Track & Field Olympic organization (USATF). All athletes and parents who wish to join the Northwest Flyers must attend the orientation.

The Northwest Flyers Track Club is a youth (ages 6-18) track club, affiliated with USA Track & Field (USATF), that provides a full program of sanctioned "track" events such as sprints, hurdles, middle distance, distance and relays, and sanctioned "field" events such as long jump, triple jump, high jump, pole vault, shot put, discus and javelin. The Northwest Flyers has approximately 285 members. The club was founded 28 years ago by Olympic gold medalist Fred Newhouse to foster the development of youth track & field in the Northwest Houston area.

The Northwest Flyers is a member of the "Win with Integrity" program, a partnership between USATF and the American College of Sports Medicine. "Win with Integrity" brings elite track & field athletes and school-aged kids together to promote healthy lifestyles, keeping active, and living with integrity through the sport of track & field.

For additional information on the Northwest Flyers Track Club, please visit the team website at http://www.northwestflyers.org; contact Linette Roach at linette.roach@sbcglobal.net; or "Like" the club on Facebook.





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RANCH RECORD

Albion Hurricanes FC December Soccer Evaluations

The club invites all interested players from ages U9 to U12 to the Player Evaluations, 12/8 and 12/10 at 5:00 to 6:30 at the Schiel Road Complex location, to become part of AHFC's success.

Players will be evaluated to determine their technical and tactical abilities by the highly-qualified staff at AHFC. Please register at www.albionhurricanes.org prior to tryouts. AHFC office: 713-939-7473.

Questions? Boys: Mark Rufo at mrufo@albionhurricanes. org or call 979-453-1933

Girls: Danny Hill at dhill@albionhurricanes.org or call 713-818-7529

Albion Hurricanes also offer a recreational program JHSL (Junior Hurricanes Soccer League) for children 4 – 8. This ten week program begins in early February. Please visithttp://www.albionhurricanes.org for more information or contact jhsl@albionhurricanes.org.



Business Professional Women

The women of Northwest Houston Business & Professional Women (BPW) are sponsoring a "Neighbors in Need" campaign in December to collect toys for infants through age 12. BPW is partnering with a renowned Houston non-profit organization, Northwest Assistance Ministries (NAM), to spread some Christmas cheer to children in need. The monthly luncheon will feature speaker, Carole Little, a dedicated leader with more than 30 years' experience in health and human services. Since 2001, she has served as President & CEO of Northwest Assistance Ministries. Members and guests are invited to the luncheon on Dec 18 at Northgate Country Club and to bring an unwrapped toy for infants through age 12. RSVP online by Dec 16 at http://nwhoustonbpw.com/.

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Color the drawing below and mail the finished artwork to us at:

Peel, Inc. - Kids Club

308 Meadowlark St

Lakeway, TX 78734-4717

We will select the top few and post their artwork on our Facebook Page - Facebook.com/PeelInc.

DUE: December 31st

Be sure to include the following so we can let you know!

Name: ______(first name, last initial)

Age:____



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Ranch Record

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