NEWS FOR THE RESIDENTS OF THE VILLAGES AT WESTERN OAKS AND LEGEND OAKS I



TAKE CARE OF TEXAS BY MANAGING YOUR LEAVES

As autumn brings cooler temperatures, it also signals the arrival of another seasonal display - falling leaves! While Take Care of Texas encourages you to plant shade trees to help lower your utility bills in the summer, these deciduous trees lose their leaves in the fall. Instead of raking and bagging them, where they will head to a landfill, put them back into your lawns and gardens as a valuable source of mulch and fertilizer. Leaves contain 50 to 80 percent of the nutrients a plant extracts from the soil and air during the season. Grass clippings, leaves, and other yard debris make up 20 percent of the trash sent to landfills each year. It costs Texans over \$250 million a year to collect and dispose of this waste. There are four basic ways to manage leaves and use them in landscaping:

Mowing: a light covering of leaves can be mowed, simply leaving the shredded leaves in place on the lawn. This technique is most effective when a mulching mower is used.

Mulching: a lawn mower with a bagging

attachment provides a fast and easy way to shred and collect the leaves. Apply a three to four inch layer of shredded leaves around the base of trees and shrubs. A two to three inch mulch of shredded leaves is ideal for flowerbeds. For vegetable gardens, a thick layer of leaves placed between the rows functions as a mulch and an all-weather walkway that will allow you to work in your garden during wet periods.

Composting: in addition to leaves, other yard wastes such as grass clippings, pine needles, weeds, and small prunings can be composted. Compost can serve as a soil conditioner that nourishes your yard and reduces the need for outdoor watering up to 60 percent.

Soil improvement: leaves may be collected and worked directly into garden and flowerbed soils. A six to eight inch layer of leaves tilled into a heavy, clay soil will improve aeration and drainage. The same amount tilled into a light, sandy soil, will improve water and nutrient holding capacity.

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	
Fire	
Ambulance	
Sheriff – Non-Emergency	

SCHOOLS

Elementary

Water/Wastewater	
City of Austin	
City of Austin (billing)	512-494-9400
Emergency	
Texas State Gas	
Customer Service	1-800-700-2443
Gas related emergency	1-800-959-5325
Pedernales Electric Cooperative	
New service, billing	
Problems	
ATT/SBC Telephone	
New Service	1-800-288-2020
Repair	1-800-246-8464
Billing	1-800-288-2020
Allied Waste	
Time Warner Cable	

OTHER NUMBERS

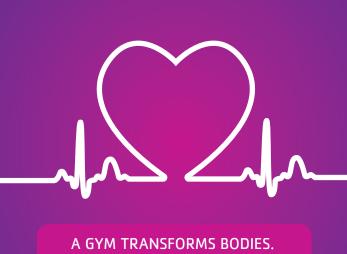
Oak Hill Postal Station	1-800-275-8777
City of Austin	
Dead Animal Collection	512-494-9400
Abandoned/Disabled Vehicles	512-974-8119
Stop Sign Missing/Damaged	512-974-2000
Street Light Outage (report pole#)	512-505-7617

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"Oak Hill grandparents appreciate Dick Nichols Park--Angelina and Oliver, too!"



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Traveling with your pet over the holidays? Here are some tips that will help make your drive smooth sailing.

Submitted by Kristen West, Owner of Gusto Dogs LLC.

1. Take your pet on short trips prior to the big day to let him get used to traveling by car.

2. Keep your pet safe in a secured, well-ventilated crate or carrier. It should be large enough for your pet to stand, sit, lie down and turn around. Letting him have free range in the car not only puts him at risk, but it also poses a risk to your family if you were to stop suddenly.

3. Never let your dog travel in the bed of a truck. Even if he is secured on a short line to prevent him falling or jumping out, your pet can experience discomfort from the weather and wind or sustain injury from debris.

4. Feed your pet three or four hours prior to departure and avoid giving him any food or treats in the car.

5. Never leave your pet in a parked vehicle, which can quickly become a furnace and cause heatstroke, even with open windows. In cold weather, the car holds the temperature like a refrigerator.

6. Your pet's microchip should be up-to-date and he should be wearing a flat collar and ID at all times.

7. Bring a bowl and extra water in case you get stuck in the inevitable holiday traffic jam!

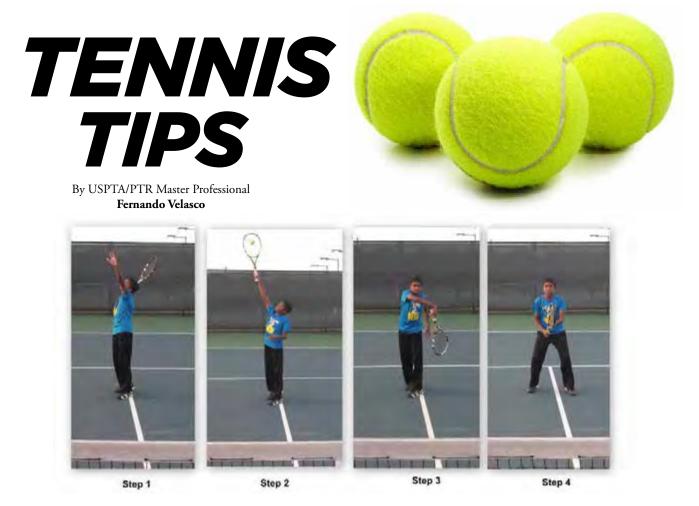
8. Take lots of breaks to let your pet stretch his legs and relieve himself. It's a great excuse to do some sight-seeing or pick up a fun treat for yourself!





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The Village Gazette - December 2014 3



The Modern Game: The Slice Overhead

In previous newsletters, I offered tips on how to execute the basic strokes for players who are just beginning to play tennis or who want to resume playing.

I am now offering suggestions on how to play the "modern" game mostly geared towards players who are content with hitting the ball over the net and controlling the point with consistency. These players may already be playing for leagues or tournaments and are looking for more "weapons" on the court.

In this issue, I will offer instructions on how to execute "The Slice Overhead." This shot is utilized when an opponent hits a lob that is both high and deep. The player will take the overhead and hit it slightly on the side of the ball forcing the opponent off the court.

In the illustrations, Chaitanya Aduru, one of the top players at the Grey Rock Tennis Academy, shows the proper technique to execute this stroke. Chaitanya is coached by the Director of the Tennis Academy, Darin Pleasant.

Step 1: The Back Swing: When Chaitanya sees the opportunity, he makes a quick turn of his upper body and takes the racket high

and back. The head of the racket is now at shoulder height, his shoulders are turned, and his eyes are focused on the ball. His right wrist is "laid back" to allow maximum for point of contact.

Step 2: The Point of Contact: The success of a slice overhead shot is in keeping the ball on the strings of the racket as long as possible outside of the ball. Chaitanya started the swing high and is allowing the head of the racket to be fully extended. His left shoulder is almost opening and his weight is moving through the shot.

Step 3: The Follow Through: In order to attain maximum control and power, Chaitanya is wrapping the racket around his body. He has "snapped" his right wrist and has the head of the racket facing down. His weight is going forward.

Step 4: The Ready Position: If Chaitanya's overhead is successful but was not a winner, he now gets ready for the next shot, which probably would be a volley.

Look in the next Newsletter for: "The Modern Game: The Forehand Baseline Drop Shot"

DOWN

games

4. Symbol

6. Emblem

14. Ripper

17. Strums

18. Slough

20. Gods

25. Cabana

27. Blue

7. Pickle juice

10. Twist violently

1. Nativity scene piece

3. Capital of the Ukraine

5. Expression of surprise

8. A ball out of bounds (2 wds.)

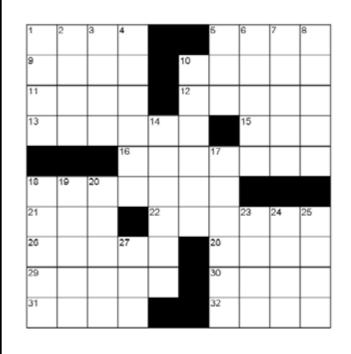
19. Ross ___, philanthropist

23. Brand of sandwich cookie

24. Seaweed substance

2. Competition at the Greek

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- Charge
 Syrian bishop
 Against
 Landing
 Leaves
 Boom box
 Allure
 African antelope
 Polite
- 18. Leafy green
- 21. Marry
- 22. Esophagus
- 26. Woken
- 28. Goad
- 29. Type of tooth
- 30. Refer
- 31. Posttraumatic stress

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- disorder
- 32. Sieve

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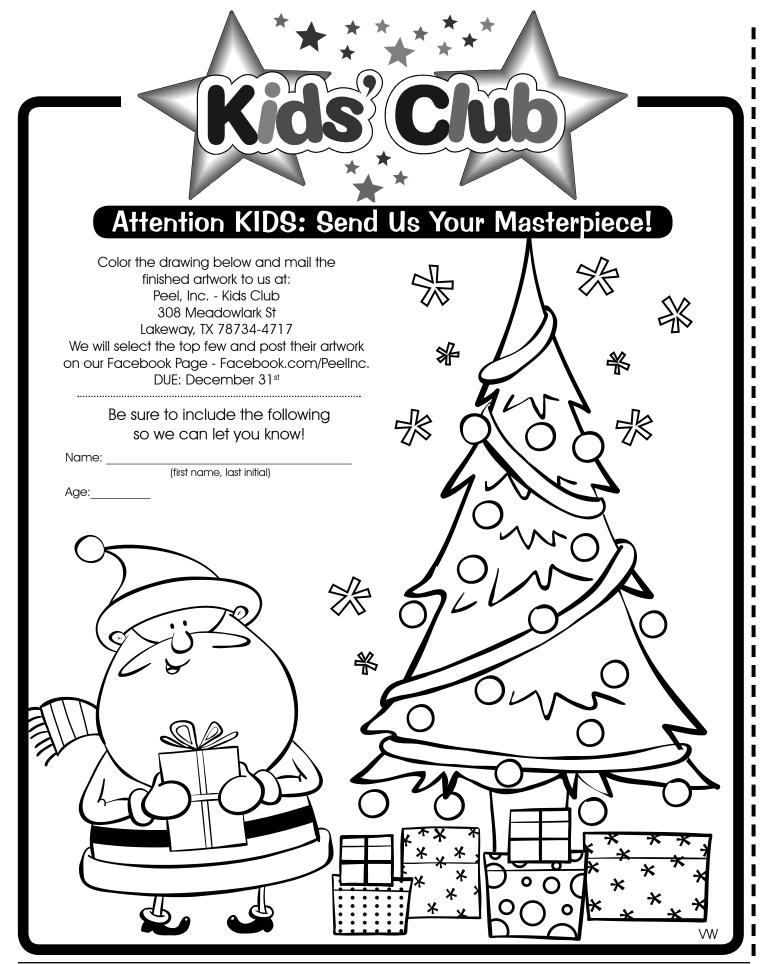
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1 can pumpkin 1 can evaporated milk 1 cup brown sugar, 2 eggs, beaten 1 t. salt ¹/₂ tsp. ginger 2 t. cinnamon ¹/₂ tsp. allspice ¹/₄ tsp. cloves

Combine and mix well. Pour into pie crust. Bake at 425° for 15 minutes; then 350° for about 45 minutes.

Submit your recipes to info@peelinc.com.



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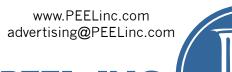
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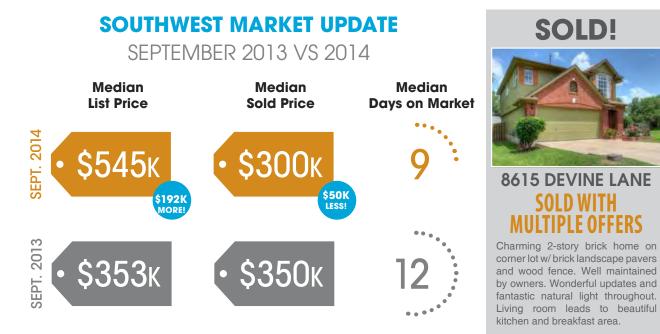
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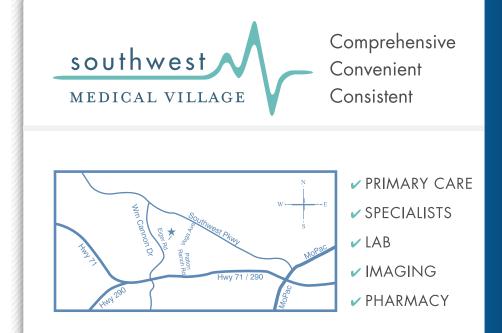
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