



Newsletter for the Residents of Lakeway

Lakeway VOICE

Volume 7, Issue 1
January 2015

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Please support the advertisers that make Lakeway Voice possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The Lakeway Voice is mailed monthly to all Lakeway residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for The Lakeway Voice please email it to lakeway@peelinc.com. The deadline is the 15th of the month prior to the issue.



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Lake Travis Postal Office.....	512-263-2458
Lakeway City Hall.....	512-314-7500
City of Lakeway	www.lakeway-tx.gov

NEWSLETTER PUBLISHER

Peel, Inc.	512-263-9181
Editor.....	lakeway@peelinc.com
Advertising.....	advertising@peelinc.com

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COVER PHOTO

Do you take great photos?

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Lakeway Voice. All photos submitted must represent Lakeway.

Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to lakeway@peelinc.com. Portrait (vertical) photos work best.

By submitting your photo you agree to allow your photo to be published in future issues of the Lakeway Voice or other Peel, Inc. publications. Call 512-263-9181 to find out how to have your business featured on the cover of the Lakeway Voice.

BUSINESS CLASSIFIEDS

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Around Lakeway

FEATURED

ON THE COVER

Submitted by Amy Roberts

Meet Miss Aubrey Lyn Roberts, a 16 years old and Junior at Lake Travis High School!! She is a Bee Cave, Texas resident and the daughter of Richard and Amy Roberts, and older sister to Lexi (an 8th Grader at Lake Travis Middle School)!! Miss Aubrey's hobbies are: dancing, modeling, paddle boarding, working with children, and philanthropy work in the Lake Travis area!! Aubrey has been one busy young lady this year, representing our community, in the PROUDEST way!! She stepped out in June, for the first time, into the pageant world by entering in THE MISS AUSTIN TEEN USA Pageant competition, where she did very well, overall, placing 3rd Runner Up in that competition! What a confidence builder this was for Miss Aubrey, who also took home the coveted award in that same competition for "BEST IN SWIM SUIT"!! Accolades for this award can be thanked, in part, by all of her hard physical workouts, time dedication and determination Aubrey has shown through her dancing and high kicking on the prestigious LAKE TRAVIS HIGH SCHOOL CAVALETTES Drill Team under the direction of LTHS CAVALETTES Directors: Abigail Payne and Laura Truett!! Aubrey also, recently, competed at the state level in the MISS TEXAS TEEN USA Pageant in Houston, Texas on November 30th, where she was up against 100 other wonderful young Texas teen ladies, which gave her the opportunity to gain some great experience in stepping out and showing Texas what Austin has to represent by way of young adults in the area!! Although Aubrey didn't take the crown home that day, she doesn't believe in "giving up" and the values the meaning of determination!! She plans on going back to compete again, successfully, next year!! Aubrey also possesses great leadership skills and sets out to be a great role model as a "Social Officer" on the CAVALETTES Drill Team,

by helping other Cavalette team members on a daily basis!! Aubrey is also a member of the elite LTHS Dance Team -- "SILVER LINE Cavalette Dance Team", which she had to audition for through her hard work and love for dance!! Academically, she was also honored with the award of "MOST DEDICATED STUDENT" at Lake Travis High School this past year!! It has also been noted and referenced by several of her peers, as well as other members in the Bee Cave/Lakeway community, that "Aubrey is just as beautiful on the inside as she is on the outside!!" She has such a kind spirit, who loves to help others any way she can, such as stepping out to help with various philanthropy opportunities around our Lake Travis community. For example, Aubrey participates in a yearly micro marathon (along with The Lake Travis Cavalettes), which benefits CHEYANNA'S CHAMPIONS 4 CHARITY (CC4C). She also performs various acts of kindness through her philanthropy work as a "Founding Member" of the local area NATIONAL CHARITY LEAGUE (NCL) - LAKE TRAVIS CHAPTER --a local Mother/Daughter charity.

Miss Aubrey has proven her dedication through all of these activities that she is involved in along with maintaining her school grades, studying for upcoming SATs, as well as college applications and visits!!! This is a true testament of someone who shows that you can accomplish so much through hard work and perseverance!!! Next up for Aubrey... she will compete for the MISS AUSTIN TEEN USA crown in June 2015!! BEST OF LUCK to this amazing young lady from LAKE TRAVIS!! Through all of the continued love and support that Aubrey's peers, teachers, administrators, friends and family faithfully show.... we know that MISS AUBREY LYN ROBERTS will proudly go far!!

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RETIRE BETTER - A LIFETIME OF INCOME

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Odds are good that you know who Tony Robbins is. If you don't, he is famous for selling his self-help programs to millions through TV infomercials, and he successfully trains thousands of people who attend his events to walk on fire at the end of the first day. So what in the world does a "self-help guru" know about investing?

The answer a couple of years ago was – not a lot. But when Tony wants to learn something, he doesn't do it in a small way.

Tony decided that he wanted to learn the secrets of investing like the Billionaires do. So he went out and interviewed them. What he learned went into a new book he is releasing called "Money – Master the Game".

For those of you who want the short version, here are four key points:

1. **Don't lose money.** Billionaire investors focus on not losing money over everything else.

2. **Risk a little to make a lot.** Look for the home run, but only do it with a small amount of your portfolio.

3. **Anticipate and diversify.** Educate yourself so you can be knowledgeable, and when the moment is there, strike! But make

sure you diversify as billionaire investors always assume that they will be wrong.

4. **You are never done.** Billionaires continue to learn and never stop. You should do the same.

If you ask me, I would say those are four great investment points to live by. I would also tell you that reading Tony's book is a good idea.

At Platinum Wealth Advisory, we have had the pleasure of partnering with the organization that supported Robbins on this current book project. As a result, we want to make the book available to our community. We will be providing a free copy of the book to anyone who would like to participate in our Retirement Investment Plan Consultation Process.

If you would like further information on this topic or to receive a copy of our report on retirement income planning, please send your requests to the email below. As always, we are here to answer your pressing questions and concerns regarding retirement investment planning.

Send your questions and information requests to retirebetter@platinumwealthadvisory.com.

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Around Lakeway

Thank YOU

The 2012 Social Members Committee of The Hills of Lakeway Country Club thanks the Ladies of Charity for their donation in recognition of our participation in the WOMEN'S STORYBOOK PROJECT OF TEXAS. This donation will ensure the continuation of "connecting children with their incarcerated moms through the joy of literature".

Project volunteers record the mothers reading books to their children. The mothers also include a short message. The children receive a copy of the recording and a new book each month.

The 2014 annual impact of the STORYBOOK PROJECT includes: 1291 Mothers who recorded stories; 2578 children who received books; 2126 books donated to children; 3171 volunteer hours; 7 partner jails: Lane Murray, Hilltop, Woodman State, Plane State, Mountain View, and San Saba Prisons. Wardens praise the program for encouraging good behavior.

Children write... "I don't get to see my Mom much so her reading to me means the world to me. I can't wait until she sends me another book. Thank you for helping us to spend time together." Lauren

"I really enjoyed my mom's book. I love her voice. She used to read to me all the time." David

BLOOD DRIVE

The Lakeway Civic Corporation will hold the first Lakeway Community Blood Drive of 2015 on Saturday, January 17. The drive will be held at the Lakeway Activity Center from 8am to noon. Lakeway has been the top producing community drive in the 10 county service area for the last 6 years. The local agency which supplies all of the blood for the area is The Blood Center of Central Texas. All blood collected stays in our service area. In 2014, over 445 units of blood were collected at the Lakeway Drives. In November, 84 donors signed in and 83 units of blood were collected.

To donate, you can make an appointment by going online to inyourhands.org and follow the instructions. You can call or email Searcy Willis (the Lakeway Coordinator) at 512-261-9055 or searcywillisjr@gmail.com. Walk-ins are always welcome but may take longer as appointments are given a priority. For eligibility questions, call, 512-206-1108.

GREEN SANTA!

Thanks to the amazing generosity of the Lake Travis community, Green Santa spread the love of Christmas to 656 children from 217 Lake Travis families who are living at or below the poverty line. Our business community supported the program in various ways: Green Santa underwriters include: The Ladies of Charity-Lake Travis, Woofs Pet Salon, Mangieri's, Lakeway A/C & Heating, Lakeway Dermatology, Whitakers Auto Body & Paint, Emilie's Nail Salon, Terrell Veterinary Clinic, Strandz Salon and A to Z Dog Ranch; our donation stations: LTISD elementary and middle school campuses, the Lake Travis Community Library, Bee Cave Chick-Fil-A, World of Tennis, Prosperity Bank, Strandz Salon, Moreland Properties, Don Rucker Tire & Wheel, Bee Cave Family Chiropractic, Kuper Sotheby's, Luxe Salon, Elite Wellness, Lakeway Eye Physicians, Learning Express, Body Balance and Water District 17. We were also honored to be the beneficiary of events hosted by Sing Along, the Ladies Tennis Association of The World of Tennis, Wink Medical Aesthetics, the Ladera Neighborhood Social Committee, Champions Gymnastics & Cheer, Hill Country Bible Church and a Kuper Sotheby's Open House. And of course, we could not have filled the wish lists of our registered children without the help of the many residents of our community who donated toys, gift cards and money to purchase food cards so families could enjoy a special Holiday meal. Finally, a very hearty Ho Ho Ho of thankfulness to our Project Director Harry Kilman, to Western Industries who donated our boxes and to LTISD for providing the space needed to store, sort, box and distribute the over 1500 gifts we received.



Women's Club Hosts "The Casserole Queens"

As the clock ticks toward dinnertime, what's new that a home cook can fix?

The answer might come from New York Times best-selling authors Sandy Pollock and Crystal Cook. The Austin-based duo's second cookbook, *The Casserole Queens Make-a-Meal Cookbook*, contains 100 recipes that cooks can mix and match, with plenty of make-ahead tips and ideas for side dishes and entertaining.



Luckily for the Women's Club of Greater Lakeway, the Casserole Queens will share a few of their secrets at a general meeting on Monday, Jan. 26, at the Lakeway Resort and Spa. This event is free to members, their guests and to potential new members.

In 2006, the Casserole Queens started a small meal-delivery company and in 2011 published their first casserole cookbook. They soon found themselves on best-seller lists and TV shows like "Throwdown! with Bobby Flay" and the "Today" show. Between appearances the pair contributes to Woman's Day, and they host a Web series on YouTube's HUNGRY channel.

"In our first cookbook, our goal was to make it easier for families to gather around the dinner table. Casseroles accomplish that because they're a full meal," Cook says.

"My mom used to make these meals from beginning to end. I remember being comforted and happy, and those feelings stuck with me," Pollock says.

The team wrote their second cookbook after hearing on tour that women craved ideas for what to serve on the side of the 9 x 13-inch casserole pan. So Cook and Pollock added a wide variety of side dishes to round out complete meals.

"Although the Casserole Queens dress up like June Cleaver for appearances, they have adapted classic recipes for today's times, including innovative spices and herbs, wines, teas and cheeses. They also worked with a nutritionist to offer easy substitutes for gluten-free or diabetic-friendly cooking," says Sharon Gilmore, Women's Club Vice President of Programs.

The Jan. 26 event begins at 9:30 a.m. with refreshments. After a meeting at 10 a.m., members and guests will enjoy the presentation. A luncheon by paid reservation follows at 11:30 a.m. To reserve lunch, call Jan Rouse at 512-261-3056 by Monday, Jan. 19, or by e-mail to jrouse2@austin.rr.com. Potential members, please contact Susan Bryce at 512-261-1095, by e-mail to s_bryce@sbcglobal.net; or see lakewaywomensclub.com.

Lakeway Hills Solos Activities CHRISTMAS SOCIAL 2014:

Activities Chair: Jacquie Banks 512.638.0484

Membership Chair Ram Matta 512.767.0466

"We may be living alone ... but we are finding friendship together"

Lakeway/Hills Solos is a social group of about 100 single women and men living in Lakeway, its ETJ and The Hills, aged 55 and up. It was started in 1999 as The Singles Club with 10 members. The name was changed in 2002 to reflect more appropriately the identity of the group as a social gathering, not a dating gathering. Solos identify and plan activities, trips, functions, as well as support community activities and local charities.

Our Christmas Social 2014, themed as The Sights and Sounds of Christmas and held at the The Hills Country Club, was a perfect venue to present funds to two worthwhile organizations, Texas School for the Deaf Foundation, represented by Marilyn Galloway, Board Member as well as a Solos member (and who also shared some pointers on communicating by sign language and then signed several Christmas carols) and Lake Travis Lions Club represented by Carol Weed, President and Linda Davis, chair of their mobile food delivery. Both are known for using their funds to benefit their causes rather than just covering overhead expenses.



*Marilyn Galloway accepting
on behalf of Texas School for the
Deaf Foundation*



*Carol Weed accepting on behalf
of Lake Travis Lions Club*



*Marilyn Galloway
signing and singing*



*Maxine Beeskow, Solos
President*



*Sandy Blakeway with Linda
Wiles, Solos Social Chair, who
organized the event!*

Around Lakeway

WILDFLOWERS PERFORM “FOUR PART BROADWAY” JANUARY 31st



Broadway songs in four-part harmony, a cappella style? Adam Poynor, Lakeway Wildflowers director, believes his women's barbershop chorus brings its own unique spin to familiar songs, making them exciting and fresh. So, on January 31, 2015, at 7:00 pm, the Wildflowers will present “Four Part Broadway” at the Lakeway Activity Center. Tickets are \$10 and will be available at the LAC for members January 5th; general public sales begin January 12th. Reserved seating is available. You may bring an adult beverage; soft drinks are provided. Featured on the program will be two chorus quartets, the Petal Pushers and the Floral Notes, and a fabulous men's guest quartet called the Highlights.

Broadway songs help tell a story and the Wildflowers show will explore a range of human emotions, from rousing toe-tappers --“Give My Regards to Broadway” and “Forty-Second Street”-- to soulful ballads--“If I Loved You” and “Send in the Clowns.”

There's nothing like an entertaining music program to chase away the post-holiday blahs, so come join in the fun. For more information about tickets, call the LAC, 512-261-1010.



FRIENDS OF THE PARKS OF LAKEWAY

ANNUAL MEMBERSHIP MEETING

JANUARY 29, 2014 | OPEN TO PUBLIC

Submitted by Bill Freas, Director Lakeway FOP

Amber Ahrns Gosselin, Land Manager for Westcave Outdoor Discovery Center, will speak about the history, geology and ecology of their new Upland trails and bird viewing blind, at the Friends of the Parks (FOP) Annual Membership Meeting at the Lakeway Activity Center, 105 Cross Creek. Amber received her BS from Texas State University in Geography and Planning and worked as a Biologist with Travis County Balcones Canyon Preserve and Park systems managing all land management practices.

The program will begin with Registration at 6 p.m., with a BBQ dinner at 6:30 followed by business meeting at 7 and presentation at 7:30. The dinner is free for paid up members and \$10 for non-members. Annual membership of \$15 per family can be paid at registration. You must make a reservation for the BBQ by Monday January 26 by contacting Bernie Reding at 512-261-5633 or countyboy@aol.com.

FOP is an all volunteer 501(C)(3) non-profit organization of men and women that build and maintain trails and gardens in the City's Parks and Greenbelts. Workdays are held the 2nd Saturday of the month (excluding June-August) from 8-11:45 a.m. followed by a picnic lunch at the City Park Pavilion. FOP also holds its Annual Wilderness Fun Run/ Walk at Hamilton Greenbelt in mid April.

Come join your neighbors in the great outdoors of Lakeway to help improve the parks and greenbelts for walking, hiking, jogging and biking.



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Around Lakeway

THE LAKEWAY PLAYERS ANNOUNCE AUDITIONS FOR **SING ON!**

*A comedy about a musical
by Rick Abbot*

CONTACT:

Eamon Hughes, Director, singon@eamons.com

SHOW DATES:

Thursday, Friday, Saturday, March 26th, 27, and 28th, 2015

AUDITION LOCATION:

The Lakeway Activity Center
105 Cross Creek
Lakeway, TX 78734

AUDITION DATES:

Monday, January 12th, 7:00 PM to 9:00 PM, Rm. F
Thursday, January 15th, 7:00 PM to 9:00 PM, Rm D
Saturday, January 17th, 10:00 AM to 12:00 PM, Rm. B

AUDITION TIMES:

Open auditions, cold reading from script

CAST:

4 Men, 7 women

SYNOPSIS:

Here by popular demand is the sequel to 'Play On!' The theatre group is once again joined by haughty authoress, Phyllis and a new character, her song writing nephew Monte, when dire circumstances (their theatre in peril) force them to do yet another show by Phyllis. The intrepid thespians know disaster will probably result. 'Sing On!' stands on its own as a side splitting encounter with a harried Community Theatre group. The music does not require a cast that can sing well, and the melodies (but not the lyrics) are well known tunes by Stephen Foster. Everyone will have the time of their lives doing this melodious and absolutely lunatic catastrophe.

The quality of the auditions will determine the best casting for this show. This will be assessed after all auditions are completed. Rehearsals will begin February 2, 2015.

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THE LAKEWAY ASSOCIATES OF SETON ANNOUNCE THEIR

BEAUTIFUL ANNUAL SETON TEA

The Seton "High" Tea is scheduled Saturday, February 7th, 2015, 1:00PM at the Hills Country Club. This elegant event features delicious food and gorgeous table decorations. In order to attend, mail \$40.00 checks made out to "The Seton Fund" to Nancy Clayton, 110 Melody Street, Lakeway, TX 78734. It is not necessary to be a member of LAS to decorate a table or to attend. For more information contact chairmen: Ann Neighbors 512/261-1980 or Nancy Clayton 512/261-7759. All funds raised benefit Seton Shoal Creek Hospital which treats children and adults who are experiencing emotional and or substance abuse issues. All funds raised are used to support projects and programs which improve the patient experience. Shown below is an example of the table decorations and last year's Grand Winner designed by Leeann Dupay.



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Lakeway MUD: Another Proud Year

Fiscal Year Ended September 30, 2014

Lakeway Municipal Utility District finished another solid Fiscal Year with notable achievements Financially, Operationally, and in Customer Relations. While many utility services increased rates and taxes during these drought conditions, Lakeway MUD managed to keep the Water and Wastewater rates unchanged and reduce taxes again for Fiscal Year 2015. The Board and Staff have realized for several years that our area is in a long term drought, and much planning and thought have been devoted to keeping the organization whole while treating the taxpayers and customers with the financial respect they deserve.

Because of this careful planning, a budget was established that allowed for the soft revenue and unexpected expenses that occur during drought conditions. When Stage 3 Water Restrictions were enacted in 2013 (which we still operate under), that decreased the opportunity for Water Revenue for the LMUD. Because of the foresight of the Board and Staff, LMUD was able to meet the revenue budget (99.93% of budgeted revenues were met) and underspend budgeted expenses by a significant margin.

In May, two positions on the LMUD Board came up for election, those of Karl Ansbach and Jerry Hietpas. Mr. Hietpas was re-elected to serve another 4 year term. Karl Ansbach, President, did not run for re-election, and all of us at Lakeway MUD wish to thank Karl for his many years of service and contributions to the success of LMUD. We all wish him the very best in his future endeavors. Larry Burmeier was newly elected to the board, and at the next Board Meeting, officers were elected. The new officers are: Larry Burmeier, President; Kay Andrews, VP/ Treasurer, Jerry Hietpas, Secretary, Tom Brewer and Mel Neese Directors.

Over the course of the last two years, Earl Foster, General Manager, has put a great deal of time and effort into creating the Highland Lakes Firm Water Customer Cooperative (HLFWCC), which is a group of Municipalities and Cities that have come together to work with the LCRA and TCEQ to protect our precious water resources in the Highland Lakes.

In addition to the solid financial and conservation results LMUD had in FY2014, here are some other points of interest about LMUD:

-- In conjunction with LCRA, LMUD is offering a limited

number of kitchen and bathroom aerators and shower heads free of charge to our customers. These are designed to use less water than the standard fixtures, thereby contributing to conservation efforts.

-- For the fifth consecutive year, LMUD won the Texas Comptroller's Leadership Circle Award for Financial Transparency. A new, higher level award (Platinum) was announced this year and LMUD attained the Platinum Award.

-- LMUD is working with Rough Hollow Development and the City of Lakeway to increase capacity at LMUD's existing West Water Recycling Plant (S-5) to service the Highlands needs and avoid building another Wastewater Plant in our community.

-- We are nearing completion of our automatic meter read installation at every customer's site. This will enable timelier discovery of possible leaks, detailed profiles of customer usage, and reduce manual errors in meter reading.

-- The LMUD Management team has almost 60 years of LMUD experience. Our staff has another 162 years of LMUD experience. This is with a staff of only 21 individuals.

-- The Board and Committee members total another 22 people; multiplied by many years of professional experience each, one can see that LMUD has a wealth of experience and knowledge from which to draw.

-- LMUD is in the process of amending its permit for the East Water Recycling Plant (S-4). This major amendment to our permit will allow us to free up approximately 45 acres of Cedar Tract Land on Lohmans we are now required to keep under our existing permit. There will be another notice in the paper coming soon. If you have any questions about this permit amendment please call me to discuss.

Also we are still in stage 3 of our drought plan, which limits outdoor watering to once per week. You should not need to water during the winter months, but spring will be here before you know it, so unless we get a substantial amount of rain this winter we will stay in stage 3 of our drought plan. Our hope is that we get enough rain to stay out of the Declaration of Drought Worse Than Drought of Record, which is combined storage of Lakes Buchanan and Lake Travis of 600,000 acre/feet of water.

These are but a few of the highlights of another very good year for LMUD.



Lakeway Activity Center to Deliver Pregnancy Fitness Classes

Oh Baby! Fitness of Austin and Lakeway Activity Center are partnering to offer pregnancy and new mother fitness classes beginning Jan. 7, 2015, at the center, 105 Cross Creek. Mom & Baby Fitness is a six-week class that will meet from 9:15-10 a.m. Wednesdays. Prenatal Fitness & Yoga Combo course will meet for eight weeks from 7-8 p.m. Wednesdays. Classes include Pilates, toning, stroller workouts and yoga.

"Often moms and expecting moms are so busy, stressed and exhausted, they don't take care of the one who needs it most ... themselves," Lakeway Activity Center manager Dallas Gorman said. "If you or a friend are expecting or have a young child, these may be valuable classes for you."

Oh Baby! Fitness gives new and expectant moms a place to find support, make friends and get fit while bonding with their babies. All instructors are specially trained in a nationally recognized pre/postnatal fitness certification. Oh Baby! Fitness offers the widest variety of safe and effective fitness classes designed to take moms from pregnancy through birth and then into the toddler years.

Lakeway instructor Karen Killough is the owner of the Austin branch of Oh Baby! Fitness. Killough started teaching with Oh Baby! Fitness in Atlanta after her son was born in 2013 and she was inspired to share what she learned about the health effects of exercise on pregnancy, labor and delivery and physical and mental postpartum recovery. She has nine years' experience as a group exercise instructor and a lifetime athletic background as a competitive swimmer, runner and triathlete. Her teaching expertise lies with indoor cycling, swimming and triathlon, as well as boot camp and circuit style group exercise classes. She is a certified A.C.E group fitness and spinning instructor and American Heart Association Adult & Infant CPR instructor.

Cost for the Mom & Baby Fitness class is \$80 for Activity Center members and \$90 for non-members. Cost of the Prenatal Fitness & Yoga Como course is \$110 for members and \$120 for non-members.

Lakeway Activity Center is offering a "try before you buy" option for those who would like to experience the class before they commit. For the trial, RSVP to 512-261-1010 or e- Gorman at dallasgorman@lakeway-tx.gov and include name and phone number to be added to the roster. Space is limited, and classes have low

class maximums and could fill up quickly. A medical form must be filled out and brought in to class in order to participate. To register for the class and download the required medical form, visit www.ohbabyfitness.com.



SEND US YOUR Event Pictures!!

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to lakeway@peelinc.com. Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www.PEELinc.com.



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SHOWCASE 3v3 TOURNAMENT & ALUMNI GAME

Saturday, January 3rd, 2015 Lake Travis High School Cavalier Stadium
10:00 a.m. - 8:00 p.m.

The LT Boys Soccer Team is proud to present their annual Showcase fundraising event on January 3, 2015 to include a Youth 3v3 Soccer Tournament (u5-u14, boys & girls), Alumni Game and Silent Auction.

Experience the exciting, fast-paced 3v3 action, games and contests for the kids, steals and deals with tons of silent auction items, concessions throughout the event and top your day off with an always entertaining soccer match between the current LT players and the Alumni.

Cost for the entire day is just \$5/adults, \$3/students/kids, and age 3 and under free. January 3rd promises to be a fun-filled day at the LT high school stadium.

For more information regarding registering for the 3v3, becoming a sponsor for the event or donating to the silent auction, please visit:
www.lthsboysoccer.org.





2015 Cavalier Soccer Schedule



DATE	Opponent	Where	JV White	JV Black	Varsity
Thurs. 1-01-15	Hendrickson HS(Scrimmage)	LTHS	11am	12:30pm	2:00
Sat. 1-03-15	Alumni (Scrimmage)				6:00
Mon. 1-05-15	Westwood/ Waco Midway/RRHS (Scrimmage)	Varsity @ RRHS & JV teams @Westwood HS		11:40/12:50/4:20	

Non District

Kilt Cup-The Woodlands

Thurs. 1-08-15	A&M Consolidated	Wood Forest Stadium			4pm
Fri. 1-09-15	Katy Mayde Creek	Bear Branch # 1			12pm
Sat. 1-10-15	Brownsville Rivera	Wood Forest Stadium			9am

District 14-6A First Round

Tues 1-13-15	Hays HS	Hays	4:30	5:45	7:30
Westlake JV Tournament (Both JV Black & JV White Non-District)					
Fri 1-16-15	Hendrickson HS	Westlake HS	8:00am (Practice)	12:30pm (Stadium)	
	Cedar Creek HS		2:00pm (Practice)		
	Connally HS			6:30pm (Stadium)	
Sat 1-17-15	McNeil HS	Westlake HS		8:00am (Stadium)	
	Westwood HS		8:00am (Practice)		
	Connally HS		11:00am (Practice)		
	Cedar Creek HS			2:00pm (Stadium)	
Tues 1-20-15	Cedar Ridge HS (Non-District) CRHS		4:30	5:45	7:30
Fri 1-23-15	Del Valle HS	LTHS	4:30	5:45	7:30
Tues 1-27-15	Lehman HS	Lehman	4:30	5:45	7:30
Fri 1-30-15	Anderson HS	LTHS	OFF	5:30	7:15
Mon 2-2-15	Austin HS	House Park	4:30	5:45	7:30
Fri 2-6-15	Westlake HS	LTHS	4:30	5:45	7:30
Wed 2-11-15	Bowie HS	Burger	4:30	5:45	7:30
Fri 2-13-15	Akins HS	LTHS	4:30	5:45	7:30

District 14-6A Second Round

Tues 2-17-15	Hays HS	LTHS	4:30	5:45	7:30
Fri 2-20-15	OPEN				
Tues 2-24-15	Del Valle HS	Del Valle	4:30	5:45	7:30
Fri 2-27-15	Lehman HS	LTHS	4:30	5:45	7:30
Wed 3-4-15	Anderson HS	House Park	OFF	5:30	7:15
Sat 3-7-15	Austin HS	LTHS	12:30pm	9:00am	10:45am
Tues 3-10-15	Westlake HS	Westlake HS	4:30	5:45	7:30
Fri. 3-13-15	Bowie HS (Varsity Only)	LTHS			8:00pm
Sat 3-14-15	Bowie HS	LTHS	9:00am	10:30am	
(Spring Break- No Games)					
Mon 3-23-15	Akins HS	House Park	4:30	5:45	7:30

Head Coach: David Bammel

LTHS Principal: Kim Brents

LTISD AD: Hank Carter

LTHS Trainers: Brandy Gothard, Antse Atanga, and Matt Owens

Student Trainer:

Camera crew:

Assistant: Trey Young and Keith Darden

School Phone: 512-533-6100

Fax: 512-533-6101

Assistant AD: Brandy Belk

Overall:

District:

Updated 11/14/2014

Sports News

LAKE TRAVIS YOUTH ASSOCIATION

Registration is Open for LTYA Spring Sports! LTYA soccer, baseball, softball, spring volleyball clinic & spring basketball clinic! Go to www.ltya.org for more information and to register!



LAKeway 9 HOLE LADIES GROUP LAKeway COUNTRY CLUB

JANUARY 2015 PLAY SCHEDULE

LLGA 9 Holers

January 7th 9 am

Ace of the Month Yaupon Course

January 14th 9 am

Live Oak Course

January 21st 9 am

Yaupon Course

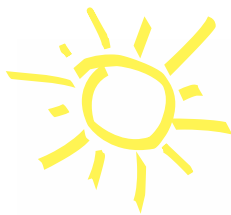
January 28th 9 am

Live Oak Course

For further information contact Nancy Wells at 512-263-9110 or jonnann79@gmail.com



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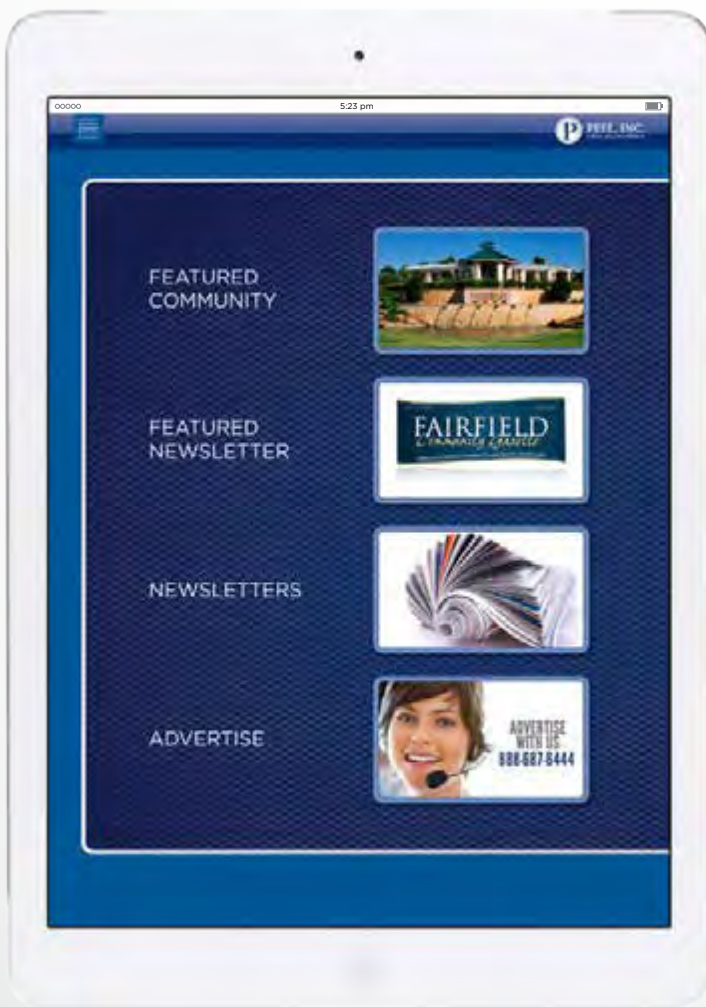


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HEALTHY POST - HOLIDAY TIPS:

New Years Resolutions:

It is that time of year again, Happy New Year! You have probably started to think about how you are going to make this year the best yet, starting with a New Years resolution. Be Healthy has done some research on what are the most common resolutions and which resolutions are most commonly broken. We have some tips and tricks about how to keep the resolutions going and accomplish your 2015 goals.

TOP 10 NEWYEARS RESOLUTIONS:

- Lose weight
- Get organized
- Spend less save more
- Enjoy life to the fullest
- Staying fit and healthy
- Learn something exciting
- Quit smoking
- Help others and their dreams
- Fall in love
- Spend more time with family

Many people spend the first day of the year making resolutions then spend the other 364 days trying to keep them. In reality only 8% of people successfully achieve their resolutions. Here are the most commonly broken resolutions.

TOP 10 COMMONLY BROKEN NEWYEARS RESOLUTIONS:

- Lose weight and get fit
- Quit smoking
- Learn something new
- Eat healthier and diet
- Get out of debt and save money
- Spend more time with family
- Travel to new places
- Be less stressed
- Volunteer
- Drink less

Researchers have studied people's success rates for resolutions; the first two weeks usually go as planned but by February people fall off track. By December most people are back where they started or further behind. Making resolutions work involves changing behaviors, in order to change your behavior you have to change your way of thinking. Below we have some tips to help you reach your goals.

TOP 10 TIPS FOR MAKING RESOLUTIONS AND MORE IMPORTANTLY KEEPING THEM:

- Focus on one resolution, rather than several. Set realistic and specific goals.
- Don't wait until New Years Eve to make resolutions, make it a year long process every day.
- Take small steps.
- Have an accountability buddy. Someone close to you to whom you have to report.
- Celebrate your success between milestones.
- Focus your thinking on new behaviors and thought patterns.
- Focus on the present, what is one thing you can do today?
- Be mindful. Become physically, emotionally, and mentally aware of your inner state.
- Don't take yourself so seriously.
- Have fun and laugh at yourself.

For further information about resolutions and meeting goals please visit our sources:

<http://www.statisticbrain.com/new-years-resolution-statistics/>

<http://content.time.com/time/specials/packages/completelist/0,29569,2040218,00.html>

<http://www.psychologytoday.com/blog/wired-success/201312/why-we-dont-keep-our-new-years-resolutions>






http://www.huffingtonpost.com/jeanette-pavini/10-tricks-to-help-you-actually-keep-your-new-years-resolutions_b_4550549.html

Mon - Tues 10 - 7
Wed - Fri 10 - 6
Saturday 10 - 4
Sunday 1 - 4



January

Lake Travis Community Library
1938 Lohmans Crossing
Austin, TX 78734
(512) 263-2885
laketravislibrary.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Join us at the library this month - we have all kinds of wonderful programs to keep you out of the cold! This month we'll kickoff a Lego Club on Friday, January 16th at 4pm. The Lego Club will give participants access to Legos for free play and fun! The club is limited to 20 participants, ages 5 and up. This month we'll also feature two local artists. Sandi Boston will display her artwork in our meeting room and Travis Johansen will display his sculptures in a display window.				1 Library Closed 	2 Genealogy 9am Story Time 10am @ Briarcliff	3 Hola-Hola! Story Time 10:30am Come & Go Crafts 1:30-3pm
4 Teen Crafternoon 1:30pm	5 Preschool Story Time 10:30am Chess Club 4:30-5:30pm	6 Toddler Story Time 10:30am Friends Book Club 10am Memoir Writing Group 3pm OverDrive Digital Library Training 6pm	7 Baby Story Time 10:30am	8 Little Yoga 10:30am Japanese Stories 4pm	9 Genealogy 9am Story Time 10am @ Briarcliff Mango Languages Open House 1pm	10
11 Sandi Boston Art Reception 1:30-3pm Mother/Daughter Book Club 2pm 	12 Preschool Story Time 10:30am Classics Book Club 1pm iFought the iPad (and iWon) 3pm Chess Club 4:30-5:30pm	13 Toddler Story Time 10:30am Taste Buds 4:30-6pm Travis Johansen Sculpture Demo 6pm	14 Baby Story Time 10:30am	15 Friends of the Library Meeting 9:30am Book to Big Screen Book Club 2pm	16 Genealogy 9am Story Time 10am @ Briarcliff Lego Club 4pm	17 Bow Wow Reading 10:30am-1pm 
18 	19 Library Closed	20 Toddler Story Time 10:30am Knitting Club 1:30pm ABCs of Cooking 4pm PJ Story Time 6:15pm	21 Baby Story Time 10:30am	22 Sign Language Story Time 10:30am Board Meeting 2pm	23 Genealogy 9am Story Time 10am @ Briarcliff	24
25	26 Preschool Story Time 10:30am Chess Club 4:30-5:30pm Glass of Wine Book Club 7pm	27 Toddler Story Time 10:30am Family Flicks 4pm Joe Romas Presents Cash Flow for Financial Success 6pm	28 Baby Story Time 10:30am Bottle of Wine Book Club 7pm	29	30 Genealogy 9am Story Time 10am @ Briarcliff	31 Dads and Donuts Story Time 10:30am 

Artist Showcase at the Lake Travis Community Library

The Lake Travis Community Library will showcase the paintings of local artist Sandi Boston in the month of January. In the same spirit that writers are advised to "Write what you know," painter Sandi Boston, an artist with deep roots in Texas, paints what she loves. Boston's subject matter tends to focus on the ever changing scenery of the Texas Hill Country. She is inspired by the big Texas sky, even as the sun sets and the natural color palette dances and changes, pushing the limits of her vision and creativity.

In Lakeway, watercolor artist Johnnie Fields taught Boston about color. An enthusiastic student, Boston learned how to "make" and blend a few basic colors to achieve a vast palette to work from.

With the Lakeway Painters group, Boston traveled to Big Bend to experience a painting course in pastels by Lindy Cook Severns, and she was hooked. Pastels, she realized, were the key element necessary to accurately present what she sees in the landscape and skies of the land that she loves.

Sandi Boston's exhibit will be displayed at the Lake Travis Community Library in January. An artist reception will take place on Sunday, January 11th from 1:30 p.m. to 3 p.m. The public is invited to attend.



Business Section

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