On Tuesday, August 26th 2014, the Texas State Enactus class started for the Fall semester and I started to see the difference this group makes in central Texas. Enactus students continually work on projects that benefit the community and also help individuals to help themselves.

One of the main goals of Enactus is to empower people through our projects. My favorite project that does just that is Mobile Loaves and Fishes, which is currently building sustainable housing for the homeless in Austin. Along with housing we also provide the homeless with employment by helping them sell crafts and frozen treats during the many festivals in and around Austin. Our ultimate goal with Mobile Loaves and Fishes is to help build a set of skills that the homeless can use to find steady work and help get them off the streets. Enactus is all about helping people help themselves and as an Enactus student I have learned some valuable lessons and grown as an individual while doing just that.

Enactus is a global, non-profit organization that is literally changing the world through highly dedicated student teams on more than 1600 university campuses in 40 countries. Enactus offers these students the opportunity to develop leadership, teamwork, and communication skills through learning, practicing and teaching the principles of free enterprise, thereby improving the standard of living for millions in the process.

Texas State Enactus is one of the leading collegiate teams within the United States. Enactus has been helping others achieve their dreams through free enterprise education for more than 25 years. Today, Enactus is the world’s prominent and largest university-based free enterprise organization.

If you would like to learn more about Enactus please visit the Enactus website, http://www.business.txstate.edu/sife/, or contact Sam Walton Fellow, Vicki West at vw03@txstate.edu or 512-245-3224, Enactus President, Chelsea Watkins at ccw40@txstate.edu or 281-757-7854, or Kathleen Highsmith at kah160@txstate.edu or 512-466-3000.
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1-Hour Community Workshop Coming to You

sponsored by the Vandegrift PTA Ladder

Wednesday, January 28, 6:00 pm
Canyon Ridge Middle School Cafeteria

We all lead busy lives but keeping up with school and community issues is important for you and your family. The Vandegrift PTA Ladder brings you a one-hour community workshop. Presenters will take a few minutes to update you on the top issues of the day. For those who can stay longer, breakout sessions will provide time for additional discussion.

Learn About Top School And Community Issues:

2222/620 Traffic Update – Brian Thompto, Steiner Ranch Neighborhood Association President
Road to Vandegrift Update – Pam Waggoner, LISD Board of Trustees President
Volunteer Bus Opportunity to FPMS – Veronica Sopher, Asst. Superintendent of Community/Governmental Relations
Technology Update – Sara Martinez, Senior Director of Information Technology - Decision Support at Leander ISD
Testing, TEKS and Common Core – Dr. Bret Champion, LISD Superintendent Introduction, presentation by Todd Washburn, Exec. Director of Secondary Curriculum, and Nancy Tarvin, Exec. Director of Elementary Curriculum

Breakout Sessions

School Financing Overview – Pam Waggoner, Veronica Sopher & Lucas Janda, CFO
Upcoming Bond election
LISD Legislative Priorities (includes 50-cent Test and Vouchers)
School Calendar Development – Karie Lynn McSpadden, Asst. Superintendent of Human Resources
What is set by the legislature?
Input from the community

The Vandegrift PTA Ladder consists of the eight Four Points-area school PTAs/PTSAs: Grandview Hills Elementary PTA; Laura Bush Elementary PTA; River Place Elementary PTA; River Ridge Elementary PTA; Steiner Ranch Elementary PTA; Canyon Ridge Middle School PTA; Four Points Middle School PTA and Vandegrift High School PTSA. The Ladder meets five times a year, works together on legislative issues affecting the schools and sponsors candidate forums and community meetings that affect the Four Points-area community.
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DO NOT GET LEFT BEHIND!
FRUIT FLIES

Fruit flies can become a problem at any time of year because they are attracted to ripe or fermenting fruit. Fruit flies can be brought into the home from ripe fruits or vegetables picked from the garden or items purchased at the grocery store.

Adults are small (about 1/8 of an inch) and usually have red eyes. The front portion of the body is tan while the back portion is dark brown or black. If given the opportunity, females can lay up to 500 eggs. Larvae feed near the surface of fermenting foods or other organic matter.

Prevention is the best way to deal with fruit flies. Do not purchase over ripened fruit or vegetables. Fruit and vegetables should be eaten in a timely manner or stored in the refrigerator. If storage in the refrigerator is not an option because you are ripening the item, place it in a paper bag and use a clothespin or chip clip to close the bag. All recyclables should be rinsed thoroughly before placing them into the recycling bin. The recycling bin and garbage can should be cleaned out on a regular basis to eliminate any spilled material.

To eliminate a fruit fly infestation, all sources must be located and eliminated. Insecticides will not help if sources are not eliminated. While searching and eliminating breeding sources, a trap can be constructed to capture adult flies. Create a paper funnel by rolling notebook paper and place the funnel into a jar that contains a small amount of apple cider vinegar in the bottom.

For more information or help with identification, contact Wizzie Brown, Texas A&M AgriLife Extension Service Program Specialist at 512.854.9600.

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Open to ages 5-15 for baseball and grades K-12 for softball, Northwest Little League is accepting online registrations through February 2nd.

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Lance Loveless, DDS
General Dentist
FAGD (Fellow Academy of General Dentistry)
LVIF (Las Vegas Institute Fellow)

Featured Smile Makeover of the Month

by Dr. Lance Loveless

“I had seen Dr. Loveless’ Dentalife online and liked what I read. I had not gone to a dentist for over three years. I was discouraged about dental care in general as I had never had a good experience. However, now I had a genuine interest in resolving my dental issues. My mouth revealed five teeth that I had ground down, broken crowns, fractured teeth, tooth decay, and several spaces where teeth had once been. I would often cover my mouth when I smiled. I was beginning to lose my front teeth which caused difficulty when eating. Imagine my embarrassment of not being able to eat of fear of breaking more teeth. Dr. Loveless gave me back my smile. I had once been depressed and withdrawn, but am now completely outgoing and jubilant! I laugh and smile and now have a positive outlook on life”. -- Brandy - Austin, TX

CALL TO SCHEDULE YOUR
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Long Canyon

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