

RANCH RECORD

Official Newsletter for the Steiner Ranch HOA

VOLUME 9 ISSUE 1 JANUARY 2015



OXSHEERDE





"What the New Year brings to you will depend a great deal on what you bring to the New Year." ~ Vern McLellan



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COMMUNITY INFO

STEINER RANCH COMMUNITY ASSOCIATIONS OFFICE

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SUMMER OFFICE HOURS
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Saturday and Sunday
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MISSION STATEMENT

Peel, Inc. Community Newsletters

Our goal is to provide the Steiner Ranch community with one source of local news content that is provided by Steiner Ranch residents. Our goal is to help build Steiner Ranch by connecting local businesses with residents and residents with relevant neighborhood information.

"Be the Community."

ADVERTISING INFO

Please support the advertisers that make The Ranch Record possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or <u>advertising@peelinc.com</u>. The advertising deadline is the 8th of the month prior to the issue.

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community newsletters



ARTICLE INFO

The Ranch Record is mailed monthly to all Steiner Ranch residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome. To submit an article for consideration please email it to steinerranch@peelinc.com. The deadline is the 8th of the month prior to the issue.

COVER PHOTO

This month's cover photo was submitted by resident, Janice Panoff and was just too cute to pass up with the little Finch taking a break on the Oxsheer street sign. We love unique photos, taken in Steiner Ranch.

Do you take great photos?

Would you like to see your photo published? We are looking for great cover photos for the upcoming February issue of the Ranch Record.

REQUIREMENTS FOR SUBMISSION:

- Must have been taken in Steiner Ranch (some exceptions)
- Be of High Resolution (240 dpi or higher)
- Prefer "portrait" orientation

We'd love to have something that pertains to this time of the year in some way, so be creative and give it a try. Our February 2015 issue submittal deadline is January 8th and photos should be submitted electronically by the deadline date to Sharon Adams at sharon@ steinerranchhoa.org.

By submitting your photo you agree to allow your photo to be published in future issues of the Ranch Record or other Steiner Ranch publications.

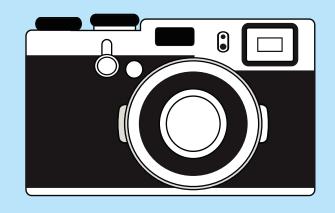


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THOUGHTS ENTERING THE NEW YEAR

As we begin another year, the management office and the members of the association board offer some thoughts about how we all can make our community an even better place to live in the new year and beyond. As Steiner Ranch continues to grow and evolve as a vibrant and active community in one of the best cities in the country, we hope these basic reminders will keep the community on the right track.

Sharing. We share our ideas, perspectives and concerns so we can all work together to build an even better community.

Fellowship. We actively participate in the recreational, social and cultural activities of the community.

Involvement. We attend association meetings, look for volunteer opportunities, and take the time to review important information about our community. The coming year will bring more opportunities than ever.

Inclusiveness. We actively welcome new residents, making all owners and renters feel part of the community.

Pride. We are proud to live in this community and recommend it to others who are looking for a good place to call home.

Responsibility. We all take responsibility for adhering to rules and meeting our financial obligations to the community so we can avoid the costly and unpleasant task of pursuing legal actions.

As the community staff and the members of the elected board, we will certainly strive to do our part. It's our goal to serve as neighborhood facilitators and regard our authority as a temporary stewardship, even as we plan for a future well beyond our tenure. We wish you a happy and healthy new year!

> Sincerely, Scott Selman

Executive Director of the Steiner Ranch Community Associations

Mark Your Calendars 2015 Steiner Ranch

Social Committee Events

1/17 - Chinese Cuisine Festival

2/8 – Snow Day

3/22 - Run the Ranch 10th Anniversary 5K, 10K, KidsK

4/4 - Easter Egg Hunt

4/10 - 4/12 - Spring Scrapathon

4/18 - Spring Garage Sale

5/2 - Kentucky Derby Casino Night

7/4 – Independence Day Parade

8/15 – Concert in the Park

9/12 – Fall Garage Sale

10/9 - 10/11 - Fall Scrapathon

10/18 - Pumpkin Patch

10/25 - Halloween Trunk or Treat

11/7 - Camping on the Ranch

11/14 - Holiday Shopping Event & Santa Photos

12/12 - Volunteer Appreciation Dinner

Dec – Holiday House Decorating Contest

Got a great idea for an event? What to get involved with helping with an event? Contact Sharon Adams, Community Manager at 512-266-7553 or sharon@steinerranchhoa.org.

All Events are tentative and subject to change or cancel, so please check monthly issues of the Ranch Record, the Steiner Ranch website at www.steinerranchhoa.org and Facebook (Steiner Ranch Social Committee) for updates.









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Around Steiner



Santa Visits Steiner

Steiner Ranch and area neighbors showed up in droves to visit Santa and Mrs Claus at the 2nd Annual Santa event held at the Gene Arant Team real estate office. This fun toy drive held every Black Friday is to benefit the children at the Austin Children's Shelter. All of the fun toys and monetary donations were dropped off the week before Christmas with much excitement by Gene and his team. Consider dropping in and supporting ACS next year!

Wildlife in Steiner

As most of you know, Steiner is surrounded by preserve and open space land where many different species of wildlife live. Unfortunately, many of these animals make their way into the neighborhood and are searching for prey, such as rabbits, squirrels and in some cases our pets.

Wildlife in our area that could prey on domestic animals includes coyotes, which have been spotted in abundance.

Included in the link is some information provided by TPW on Urban Coyotes and other nuisance wildlife, not necessarily in Steiner, but good information for you to educate yourself and your family.

http://www.tpwd.state.tx.us/huntwild/wild/nuisance/



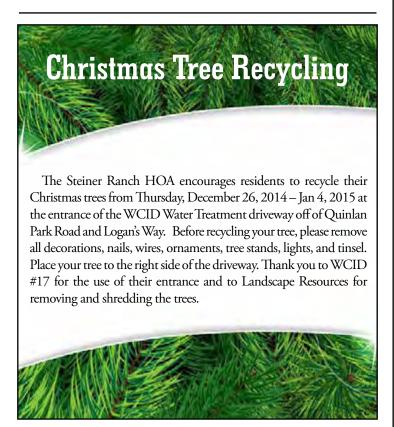
Let's celebrate the end of Winter with a Steiner Snow Day!

SAVE THE DATE!! Sunday, February 8, 2015 2pm – 4pm Towne Square Fields

Bring the entire family out to sled down our slope at the field, throw snowballs, make snow angels and warm up with hot cocoa. More details on the Steiner Ranch HOA website at www.steinerranchhoa.org.

Interested in sponsoring this event? We have different levels of sponsorships available from \$200 - \$1,000. Contact Sharon Adams, Community Manager at 512-266-7553 or sharon@steinerranchhoa.org.













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Steiner Ranch Ladies Group

This newly formed group is just for the Ladies (over 21) of Steiner Ranch! It's for the working moms, stay-at-home moms, single, divorced, married, empty nesters and every Lady in between!

We look forward to meeting you at any of the events we have planed. We want to keep the Steiner Ranch ladies connected and active. Join the Meet up group and the Facebook page for the latest updates. Just to start, here is what we have planned:

Ladies Night Out | Organizer Jamie Clevlen

Hi, I am looking forward to meeting you at our Fun Ladies Night Out adventures. Our kickoff is Steiner Ranch Ladies Night Our for Safe Place, September 28th at Town Square, 7-11pm. We have a fun filled calendar for you join us at http://www.meetup.com/steiner-ranch-ladies-group/ we look forward to meeting you.

Ladies Luncheon | Organizer Sharon Adams & Myrta McGugan-Mogen

Every month and a new, great local restaurant! Just a fun way to get together, hang out and meet with new & old friends. We are looking forward to meeting you. Please join us at http://www.meetup.com/steiner-ranch-ladies-group/.

Cooking Classes | Organizer Chef Mike of Nola's Kitchen Ladies, The Chef is looking forward to showing you the joy of cooking. You will also learn how to run your kitchen more efficiently saving you time and money. Please join us at http://www.meetup.com/steiner-ranch-ladies-group/.

Book Club | Organizer Cathy Hill

Please join us at http://www.meetup.com/steiner-ranch-ladies-group/.

Walking Group | Organizer Myna Antell

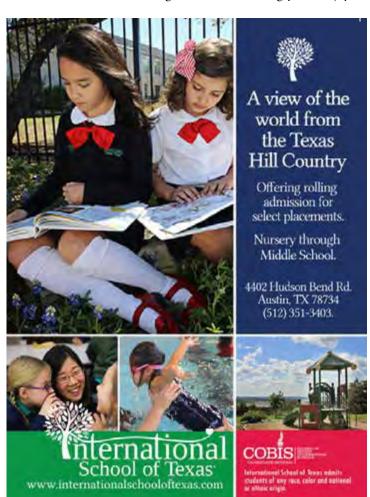
Hi ladies! I love to walk and explore our beautiful neighborhood as part of my fun fitness routine. Our starting points will vary, just to keep it fun and interesting. Walks will be about an hour and we'll keep a pace that is comfortable for the group, smell the flowers, enjoy the scenery and each other's company. Our first walk will depart from the playground at Town Square. I am looking forward to seeing friends and making new ones! Please join us at http://www.meetup.com/steiner-ranch-ladies-group/.

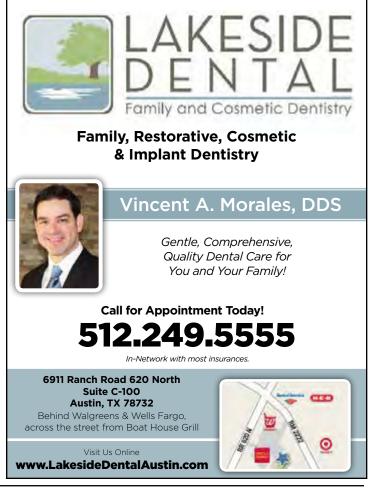
Mani/Pedi Happy Hour | Organizer Jannine Farnum & Sharon Adams

A fun evening of getting pampered every month! Join us as we drink wine, enjoy a snack and get our nails done!

If you are interested in starting and organizing a group, just let us know!

Myrta McGugan-Mogen – mmgugan1 @live.com Sharon Adams – Sharon @steinerranchhoa.org







steinerranchyoungatheart@gmail.com | www.facebook.com/groups/SteinerRanchYAH

Young at Heart Happy Hour: Tues., Jan. 20 5:00 PM to 7:00 PM. University of Texas Golf Club. 2200 University Club Drive. Join other Young at Heart members for Happy Hour specials at the UT Golf Club. Meet friends - old and new - while enjoying a selection of appetizers. It's close! It's convenient! And it's a lovely setting and very good food! Please RSVP to Dottie Thoms at dottie.thoms@gmail.com by Sun., Jan. 18 if you're going to attend.

Art Group - Jan. 15, 22 and 29 - Carol Witt teaches Watercolor while Bonnie Wilcynski and Carol Kneisley will be teaching other genres. If you are interested in art and would like to learn more, please contact Carol Witt at carolsuewitt@gmail.com.

Biking Group - Jan. 7, 11,14, 18, 21, 25 and 28 - An active group of Steiner residents bike in and around Steiner Ranch about 15 to 20 miles every Sun. and Wed.. They meet at Cups and Cones at 1:00 pm. For details, contact Richard Ellenbogen at rellenbogen747@yahoo.com.

Book Club - Tues., Jan. 13 The Book Club meets on the second Tues. of each month at the UT Golf Club. Contact: Cheryl Howard at cchoward24@gmail.com for more information and to RSVP.

Bridge (Ladies Social) - Wed.s, Jan. 14 and 28 Ladies Social Bridge meets in players' homes. A new group is being started on different days and is looking for more players. If you have questions or are interested in playing, please contact Nancy Harger at n_harger@yahoo.com.

Bridge (Couples) - dates to be determined This is a new group of experienced Bridge players. If you are interested in joining the group, please contact Dottie Thoms at dottie.thoms@gmail.com.

Bunco (Ladies) - Thurs., Jan. 15 A fun evening playing this easy dice game. To have your name added to the the Sub List, please contact Linda Mikolajek at miko4@msn.com or Ruth Isaacson at rcisaacson@gmail.com

Canasta (Ladies Daytime) - Fridays, Jan. 9 and 23 A casual game of the Hand & Foot version of Canasta. Easy to learn - we'll teach you. To become a part of this group, please contact Dottie Thoms at dottie.thoms@gmail.com.

Canasta (Evening) - Mon., Jan. 12 Join the group of semi-serious Canasta players - both men and women. We play Hand and Foot after enjoying a light potluck supper. For more information, please contact Barbara Clark at bkc429@yahoo.com.

CLEO (Classy Ladies Eating Out) Wed., Jan. 7 at Reale's. "Ladies Lunching Out" has been renamed "CLEO". Ladies get together at a nearby restaurant to enjoy good food, conversation and friendship. Come to lunch, meet people and learn more about Young at Heart. For more information contact Lidia Schmidt at L79D@aol.com.

Dinner Groups - various times Twice a year, groups of four couples are organized to get together either in restaurants or in each other's homes. Each couple acts as the host one time and either selects the restaurant or - when in a home - prepares the entree with the others bringing the side dishes. It's a great opportunity for people to get to know each other. The groups are formed at this time. The next groups will be selected in February. If you want your name added to the list, please contact Karen Steans at kjsteans@gmail.com.

Epicureans - Wed., Jan. 7 - Olive Oil/Balsamic Class presented by Jeff Conarko and Chef Shawn from Con'Olio. Epicureans are people who love food and entertaining! They host theme dinners, cooking demonstrations and holiday celebrations. Many of their events have limited space while others can be open to a larger number of people. For more information, contact Donna King at donnaking 200@yahoo.com.

Euchre - Fridays, Jan. 16 and 30 Many of us are just learning this easy trump card game popular in the Midwest. Kathy Finley is teaching and coaching us. Let her know if you'd like to join the group and learn. We meet at various locations. Contact Kathy Finley for details at ifinley825@aol.com.

Exploring Austin - Tues., Jan. 27 Tour of the Austin American-Statesman Several times a year Exploring Austin plans a visit to a local Austin or Hill Country attraction ranging from art to history and food! Recently we have gone to the Painted Churches, a tour of the DKR Stadium at UT, the "Making of Gone With the Wind Exhibit" at the Ransom Center, Austin City Limits tour and more. For information and reserve your space, please contact Ethel Bradford at emb43@sbcglobal.net.

Happy Hour - Tues., Jan. 20 5:00 - 7:00 PM at the UT Golf Club Happy Hours are held in alternate months with Wine Socials. Young at Hearts meet at a selected restaurant for Happy Hour - a great way to meet new people in a casual atmosphere. Contact Dottie Thoms at dottie. thoms@gmail.com for information.

Hiking - Sat., Jan. 17 - depends on weather and trail conditions Once a month a group gets together to hike trails in Steiner Ranch and surrounding areas. The hikes vary in difficulty. For details, please contact Karen Steans at kjsteans@gmail.com

International Dining - Mon., Jan. 26 - Details will be in the weekly email A group of adventurous eaters enjoy trying the cuisines of various countries and cultures together. It is open to all - couples, singles and those whose spouses don't like trying different foods. The people vary each month depending on the cuisine featured. For more information, please contact Dottie Thoms at dottie.thoms@gmail.com.

Keeping Healthy - Thurs., Jan. 22 "Exercise to Prolong Life and Prevent Disability" This month Dr Ben Rosin's lecture about the importance of regular exercise is not just for older people! The information is very important for people of all ages - everyone is invited. For information, contact "Dr Ben" at brosin1023@gmail.com.

Mah Jongg - Thurs.s, Jan. 15, 22 and 29 Whether an experienced player or new to Mah Jongg, you are welcome to come. We'll teach new players. Mah Jongg is a good way to keep your brain 'young" - it takes some concentration and strategy - not a casual social game. Players will need to have a current Mah Jongg card. Games take place in players' homes. If you'd like to play and want more information, please contact Gail Ellenbogen at gellenbo@yahoo.com.

Mexican Train (Dominoes) - Ladies Daytime - Mon., Jan. 5 On the first Mon. of each month the group meets to play Mexican Train in the home of one of the players. It's a very easy game - if you've never played, we'll teach you. A relaxing afternoon of fun! If you'd like to join the ladies, please email Joy Vostatek at jvostatek@gmail.com.

Mexican Train (Dominoes) - Evening - Mon., Jan. 19 On the third Mon. of every month, a group comprised of both men and women meet for a light potluck supper at the home of one couple and then play Mexican Trainn for about 3 hours. Join us for an evening of fun and friendly competition! Details: Dottie Thoms at dottie.thoms@gmail.com.

Movie Lovers - Thurs., Jan. 22 Contact Diana O'Reilly if you'd like to participate. These movie buffs meet on the fourth Thurs. of each month to view the film together and then get together afterward to discuss the movie while enjoying dinner at a nearby restaurant. Those who cannot see the movie with the group can view it on their own and then meet the group for dinner and discussion. About a week before the discussion, Diana will contact everyone on her list to tell them the name of the movie and the time and place to meet. Diana's email is dbor46@aol.com.

ROMEO (Retired Old Men Eating Out) - Mon., Jan. 12 On the second Mon. of every month the men get together at a restaurant in the area to enjoy good food and friendship. It's a great opportunity to relax and to meet a very interesting group of men with varied backgrounds. Please contact Rick Steans at rasteans@gmail.com to learn more.

Spanish Conversation - Date and time to be determined This group of Spanish speakers gets together in a social setting for an opportunity to converse in Spanish. It includes native Spanish speakers, people who want to refresh their Spanish conversational skills as well as those who know some Spanish and are trying to improve accents and actually carry on a conversation in Spanish. Contact Maureen Michel at momichel 17@gmail.com if you want to know more.

Single Ladies Dinner Group - Mon., Jan. 19 at Nik's Kitchen and Bar The Single Ladies Dinner Group is a small gathering of interesting women who meet monthly to explore new dining choices in and around Austin. Carpools depart from the lower-level parking lot at Cups and Cones at 5:00 pm. For information, please contact Ellen Honey at eshoney10@mac.com.

Technology Group - Thurs., Jan. 8 This month Laurie Scott will be explaining some of the recent updates and features available on our computers as well as the latest security concerns. Workshops concerning specific features of the iPhone with Dawn Weisman are also being scheduled. At our monthly meetings we cover such things as Smartphones, Tablets, Photo Sharing, Facebook, the Cloud, Computer Security and more. To learn more about this, please contact Fred Thoms at texasthoms@gmail.com.

Walking Group - Thurs.s, Jan. 8, 15, 22 and 29 Every Thurs. - rain or shine - a large group of Young at Hearts meets at Cups and Cones at 8:30 am and branch out from there. The walks last about an hour and groups of people walk at different speeds. It's more fun to walk with someone. To participate, contact Emilie Dacunto at emiliedev43@yahoo.com. She maintains a contact list to notify everyone of any changes - location, time, weather.

Wine Socials - Every other month we have a Wine Social in the home of a member. Everyone brings their beverage of choice and an appetizer to share. Meet old friends and new ones for a casual social evening. Our next Wine Social will be in February

All Young at Heart activities are announced in the monthly and weekly bulletins emailed to all Young at Heart members. To become a member, please just contact Karen Steans at kjsteans@

Information: Dottie Thoms at 512/531-9360 or dottie.thoms@gmail.com Karen Steans at kjsteans@gmail.com

STEINER RANCH STEINER RANCH Cleighbor Spotlight

Get ready for my next Steiner Neighbor Spotlight. You will either know someone with this issue or have this issue in your current home. You walk into the house and there is this big area that the builders label as the "formal living room" and "formal dining room" combined into one big space with the only hint that determines there are actually two rooms is possibly an arch in between and maybe a chandelier in the area they are calling a dining room. Plus they usually carpet the dining room as "standard". Who wants carpet in a dining room? Ever tried to get ketchup or spilled milk out of carpet? Come on builders.... Sorry I got off on a tangent, now to the good stuff.

Check out what this Steiner neighbor did to solve the problem of "what do I do with this big room to make it useful space for my family."

Check out this classy office with full media capability.

The first thing you will notice is the beautiful, sliding door this home owner chose to close the room off when privacy is required. This photo doesn't show the sliding rail that holds the door in place at the top. This solution is awesome for several reasons: #1. You don't lose any room inside the area with double doors that swing in; #2: You get a beautiful artistic solution when the door is open or closed; and #3. The sliding door is not encased inside the wall which makes it very easy to fix if anything ever went wrong with the track. They added a wall starting from just inside the front door leaving an opening a little smaller than what you would typically have with a double door which makes it extremely easy to move furniture in and out of the space.

This room now is the ultimate in functionality for their family. Can you imagine hosting your business meeting with full screen, projection capability for your presentations? There is ample room and seating now for several of your teammates. Or just have the news or stock market scroll across the big screen in the background. How much more effectively could you work from home with this office? hmmmm

And what about after work hours? This room can host a fantastic big screen family movie night or the ultimate gaming set up for the kids and their sleep over buddies.

I always envy these brilliant homeowner's, like this one, that can





Photos by John Bishop, Forefront Foto

think outside of the box and turn an area that in most homes is a big un-useable space into something they can use every day. Money well spent!

Did you enjoy reading this article? If so, I need your help! I need leads for future articles. If you, or any friends you have, have done something in your home that I could feature in a future article, please contact me at Kimberly@REDinAustin.com. The only requirement is that the home be in Steiner Ranch.

Your Community at Your Fingertips



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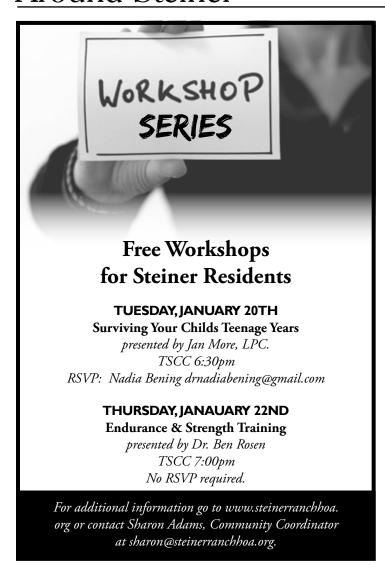






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Around Steiner



Free Yoga

Steiner Ranch has offered Free Yoga every Monday night, hosted by Lake Austin Spa instructors for the last 12 years! I'm excited to announce a new FREE Yoga class, hosted by resident, Vicky Collins, beginning January 8th which will run every Thursday until the end of May at the Bella Mar Community

Center. Please bring a Yoga mat and water to the class.

8:00am - Beginner Vinyasa Flow Yoga 9:00am - Vinyasa Flow (for all levels)

NAMASTE!

2015 Winter/Spring Programs

REGISTRATION IS OPEN!

2015 Winter/Spring Programs in Steiner Ranch will begin in January! Registration has opened December 1st for Residents, so go online and look for all program information in the 2014 Program Guide at www.steinerranchhoa.org. Here is a summary at what you will find:

PRESCHOOL PROGRAMS

- Sportball
- Tap & Ballet Combo
- Gymnastics
- Tennis
- Music
- Touchdown Tots

LEAGUE PROGRAMS

- Neighborhood Sports
 - Flag Football
 - Soccer
- Lone Star Soccer Academy

ELEMENTARY - TEEN PROGRAMS

- Sportball
- Tab & Ballet combo
- Hip Hop
- Gymnastics
- Karate
- Tennis
- Art
- Abacus
- Zumbatronics
- Sylvan

ADULT PROGRAMS

- Yoga
- Karate
- Tennis
- Zumba
- Carriefit
- Cardio Bliss
- Ballet Barre Bootcamp

Registration information can be found on-line at www. steinerranchhoa.org or at the Community Association Office at 12550 Country Trails Lane.

If you have any questions, please call Sharon Adams, Community Coordinator at 512-266-7553 or sharon@steinerranchhoa.org.

Spring Break Camps for Kids

ART CAMP

The art Camp is for children, ages 6-14, and will be limited to 20 students. We will draw and paint three art projects during the spring break workshop which will take place 9:00 - 1:00 each day, Monday – Friday at the Bella Mar Community Room. I will provide the supplies. We will learn good drawing skills and how to shade working with pencil or charcoal, and we will explore color while painting with acrylic paints. The cost is \$120 per student with a minimum of eight students for the workshop to "make". Contact Katherine Uitz at 512-799-8230 for registration information or questions.

www.katherineuitz.com

SPORTBALL CAMP

Join the Sportball team for a spring break camp experience that your child will never forget! Children participate in the skills and games of seven different ball sports. Sports include soccer, hockey, basketball, baseball, volleyball, tennis, and golf. Camp will also incorporate arts-and-crafts, music, co-operative games, snack time,

and theme days. Please bring a NUT-FREE snack and juice or water. Camps are run indoors with some outdoor activities depending on the weather.

Ages 3 - 8 ½ day 9:00am – 12:00pm \$180 per week March 16th – 20th Towne Square Community Center Registration on-line at www.sportball.us.

LONESTAR SOCCER SPRING MINI CAMP

For boys and girls ages U5 - U12 (divided in age groups), from beginner level, designed as an introduction to soccer, to the more advanced player, designed to enhance the player's technical development.

March 16th – 18th
½ day 9:00am – 12:00pm
Westridge Fields
Registration on-line at www.lonestarsoccercamp.com



Dr. Dennis Smith

Steiner Ranch Resident

Adult & Pediatric Eyecare Laser Vision Correction

FACTS:

- 1 in 4 school-aged children have an undiagnosed vision problem
- Only 5% of vision problems are identified in a school screening
- Undetected vision problems are significantly associated with learning and behavioral difficulties

343-2020 riverplacevision.com



BODY REBOOT

WORKSHOP

A mind, body, heart, and soul approach to finding your body bliss

Are you suffering from holiday hangover, like millions of others? Don't fret and definitely don't beat yourself up about it. It happened. Let it go and get started creating something new. The key is to focus on what you want now, why you want it, and what you're willing to do to have it. It's not the holiday food and booze that got you off track. It's the mind set and emotional response to everything else that drives us to over indulge, regardless of the season. Don't worry, enjoy the good times, forget the bad, and attend this workshop to create clarity, focus, momentum, and a personalized strategy to REBOOT from the inside out.

This one-day workshop walks you through each step of the Whole Self System approach (mind-body-heart-soul) to rebooting your body with 6 key actions that affect your life and over all physical well-being. You'll gain knowledge, increase self-awareness, create a personalized strategy, take away tools, and receive unconditional support to help you create the body you want to love and live in in 2015 and beyond.

Saturday January 10th 9:30:am – 2:00pm Towne Square Community Center \$95.00 Pilot Project Price only \$59.00 visit www.CardioBlissFit.com to register and learn more or contact Shannan at Coach@ShannanRenee.com



Chinese Cuisine Festival

Steiner Ranch Tai Chi Group brings Chinese culture to life at 11 am on January 17th. Enjoy live music, homemade Chinese food and dessert, noodle and dumpling making competitions, kid's events, cooking demos, silent auction, arts & crafts & more. Please R.S.V.P to http://goo.gl/xZOws3 by January 10th, 2015.

Admission - \$3 Cash

- Storytelling Learn the culture of dumpling and many more!
- Live Music!
- Dessert and Tea
- Get Your Name in Chinese Calligraphy
- · Chopstick training
- Games and Crafts
- Tai Chi Demonstration
- Cooking demonstration with authentic Chinese cuisine





FINANCIAL RESOLUTIONS

Review Your Estate Planning Documents

Will, durable power of attorney (POA), medical POA, advance directive, and beneficiary designations

Set a Budget

Creating a budget is like counting calories. It's not fun, but it's critical to meet your financial goals.

Review Investment Portfolio

Check to see if you are properly diversified, have a prudent asset allocation, your performance is in line with benchmarks, and your investments are structured to meet your financial goals. Make sure that you are not paying costly loads or commissions on your investments.

Assess Insurance Needs

Review your policies for life, health, home owner, auto, and disability. Make sure you are not over or under insured. Review the costs of your policies versus alternatives.

Save for Education Expenses

Forecast education costs. Review savings options, such as a 529 plan, and ensure your savings and investments are sufficient to cover your desired education goals.

Plan for Retirement

Retire on your terms! Set a preferred retirement date. Estimate your spending needs in retirement. Establish how much in savings and investments you will need to meet your spending needs. Assess and monitor your plan using advanced financial planning software.

Jason W. Self, CFA, CFP®



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SAVE THE DATE

MARCH 22, 2015

Runners and walkers of **all ages** are invited to join the

2015 Run the Ranch

5K, 10K & Kids Fun Run

有有有

The race will take place at the

Towne Square Community Center

where participants will enjoy a fun-filled morning of racing, awards, goodie bags, vendors and kids' activities.

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for more info, visit **hcbc.com/runtheranch**



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Pool & Swimming News

Year Round Swimming Program for Adults

Come join the Masters Swim Program! The workouts are adjusted for everyone from beginners all the way to advanced -- no swim experience needed!! No intimidation allowed!! If you can swim one length of the pool, then you are ready to join in on the fun. Currently, we have "newbies" who haven't ever participated in organized adult swim classes, new and experienced triathletes who want to improve the swim part of their triathlons, and experienced master's swimmers looking to enjoy an organized swim workout. Regardless of your skill level, you will find a lane with swimmers who match your ability and enthusiasm.

OUR SWIM SCHEDULE IS AS FOLLOWS:

- Wednesdays and Fridays at 5:30 a.m. until 6:45 a.m.
- Sundays at 6:30 a.m. until 7:45 a.m.
- \$50 per month for Residents

Come on and give it a try! It's easy to sign up:

- 1. You must be 18 yrs. and older.
- 2. Join U. S. Masters Swimming! To be eligible to compete in masters' meets, to get a great magazine, and for HOA insurance purposes, go to the United States Masters swimming website, www.usms.org/reg and join our team Red Giants Masters swimming. You can print your card immediately and take a copy to the HOA office.
- 3. Fill out the Program Registration form at the HOA office, provide a copy your USMS card and submit payment!

As this is a Year Round Program, it's a great way to meet new friends and be a part of a fun community of swimmers and neighbors!

WINTER POOL HOURS

The following hours will apply: **BELLA MAR**

Closed Monday until 2:00pm Open Tue- Sun 7:00am – 10:00pm

The following programs will be using the Bella Mar lap pool:

Master's Swim Program – Wednesday & Friday 5:30am – 6:45am; Sunday 6:30am – 7:45am

Vandegrift High School Swim Team – Monday – Friday 7:15am – 9:30am

(January exceptions –No practice 1/1, 1/19 or 1/23)

Lost Creek Aquatics – Mon – Fri 3:45pm – 7:00pm (6 lanes)

TOWNE SQUARE

Closed for the season

JOHN SIMPSON

Closed Monday until 2:00pm Open Tuesday – Sunday 8:00am – 10:00pm

Please note**Lifeguard are no longer on duty after Labor Day. Swim at your own risk.

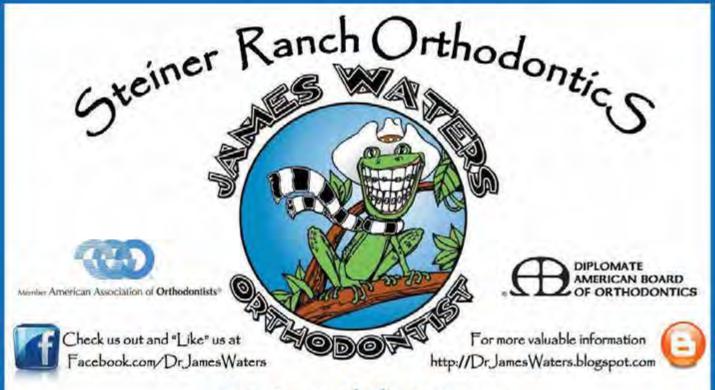
DON'T BLOCK THE GATES

The Steiner Ranch HOA wants to remind you that blocking a gate open at the pools is a MAJOR safety concern. It only takes a second for a child to wonder off and make their way into an unattended pool area.

If you are attending a soccer game, visiting the playgrounds

or pools, and you see a gate propped open, help us avoid the unthinkable risk of a child drowning. PLEASE close the gate!

For information on childhood drowning, read the story of Colin Holst, who, only a few years ago, tragically drowned at an Austin pool at the age of 4. https://www.colinshope.org/



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STRAIGHTEN UP FOR THE NEW YEAR

Come see what modern Orthodontics can do for you and your family...









7y 1mo, Severe Overjet, Retruded lower jaw

9y 8mo, After Early Treatment

Dr. James R. Waters is a 1996 graduate from UTHSC Dental School in San Antonio, 1997 graduate of Advanced Dentistry from the UNMC in Nebraska and the 2001 Valedictorian graduate from the prestigious Saint Louis University Orthodontic Program receiving the J.P. Marshall award for clinical excellence in 2001. He holds a Bachelor's Degree in Science, Doctorate in Dental Surgery, a post-doctorate certificate in Advanced Dentistry, post-doctorate Degree in Orthodontics & Dentofacial Orthopedics and a Master of Science Degree in Orthodontics. Dr. Waters and his wife have lived in Steiner Ranch since coming to Austin in 2001. Having 4 kids in the Steiner Schools, Dr. Waters has been and remains an ardent supporter of local schools and kids giving back over \$20,000 annually to local clubs, teams, schools and organizations associated with Steiner Ranch and the Four Points region.

You can learn more about Steiner Ranch Orthodontics and Dr. James Waters at Braces Austin.com

	Win	MA	NUA	RY	ĭ	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3				Happy New Year!! LISD Holiday HOA Office Closed	2 9:00am – 12:00pm – Sportball Holiday Camp 9:30am – YAH Euchre LISD Holiday	3 8:30am –SRCC Ride (Cups & Cones)
4 8:30am -SRCC Ride (Cups & Cones) 1:00pm - YAH Biking Group	5 8:00am – Free Tai Chi (TSCC) 1:00pm – YAH Mexican Train 6:30pm – FREE Yoga (TSCC)	6:30pm – Facilities Committee Meeting (TSCC)	7 8:00am – Free Tai Chi (TSCC) 11:30am – YAH Ladies Luncheon 1:00pm – YAH Biking 6:00pm – YAH Epicureans 6:00pm – Fairways Board meeting (TSCC)	8:00am - Free Tai Chi (TSCC) 8:00am & 9:00am - Free Yoga (BMCC) 8:30am - YAH Walking Group 1:00pm - YAH Technology Group	9 11:30am – SRLG Ladies Lunch 1:00pm – YAH Canasta	I O 8:30am –SRCC Ride (Cups & Cones) 9:30am – 2:00pm – Body Reboot Workshop (TSCC)
8:30am -SRCC Ride (Cups & Cones) 1:00pm - YAH Biking Group	8:00am – Free Tai Chi (TSCC) 11:30am – ROMEO 6:00pm – Canasta 6:30pm – Free Yoga (TSCC)	1 3 1:00pm – YAH Book Club 6:30pm – Social Committee Meeting (TSCC)	I 4 8:00am – Free Tai Chi (TSCC) 12:30pm – YAH Ladies Bridge 1:00pm – YAH Biking 7:30pm – SRLG Knitting & Crocheting (Cups & Cones) ACC Reviews	8:00am – Free Tai Chi (TSCC) 8:00am & 9:00am – Free Yoga (BMCC) 8:30am – YAH Walking Group 11:30am – YAH Art Class 1:00pm – YAH Bunko	I 6 9:30am – YAH Euchre	I 7 8:30am -SRCC Ride (Cups & Cones) 8:30am - YAH Hiking Group 11:00am - Cultural Cooking Class (TSCC)
I 8 8:30am –SRCC Ride (Cups & Cones) 1:00pm – YAH Biking Group	8:00am – Free Tai Chi (TSCC) 5:00pm – YAH Single Ladies Dinner Group 6:00pm – Mexican Train 6:30pm – FREE Yoga (TSCC) 7:00pm – Firewise Committee Meeting (BMCC)	20 5:00pm – YAH Happy Hour 6:30pm – Surviving Your Childs Teenage Years (TSCC)	2 I 8:00am – Free Tai Chi (TSCC) 1:00pm – YAH Biking Group	8:00am & 9:00am - Free Yoga (BMCC) 8:30am - YAH Walking Group 11:00am - YAH Art Class 1:00pm - YAH Mah Jongg 7:00pm - Dr. Rosin Lecture	23 1:00 pm – YAH Canasta	24 8:30am –SRCC Ride (Cups & Cones)
8:30am –SRCC Ride (Cups & Cones) YAH Cruise to the Caribbean	26 8:00am - Free Tai Chi (TSCC) 6:00pm - YAH International Dinning 6:30pm - FREE Yoga (TSCC)	YAH Tour of Austin American Statesman 6:00pm – SRMA Board Meeting (TSCC)	28 8:00am – Free Tai Chi (TSCC) 12:30pm – YAH Ladies Bridge 1:00pm – YAH Biking	29 8:00am & 9:00am – Free Yoga (BMCC) 8:30am – YAH Walking Group (Cups & Cones) 6:00pm – SRROA Board Meeting (TSCC)	30 9:30am – YAH Euchre	3 I 8:30am –SRCC Ride (Cups & Cones) 9:30am – YAH Euchre





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30am -SRCC Ride (Cups & Cones) 1:00pm - YAH Biking Group Super Bowl XLIX	2 LISD Student Holiday 1:00pm – YAH Mexican Train	3 LISD Student Holiday 6:30pm — Facilities Committee Meeting (TSCC)	4 8:00am – Free Tai Chi (TSCC) 1:00pm – YAH Biking ACC Reviews	8:00am – Free Tai Chi (TSCC) 8:00am & 9:00am – Free Yoga (BMCC) 8:30am – YAH Walking Group 11:30am – YAH Art 1:00pm – YAH Mah Jongg	6	7 8:30am –SRCC Ride (Cups & Cones)
8:30am -SRCC Ride (Cups & Cones) 1:00pm - YAH Biking 2:00pm - 4:00pm - Snow Day TS Fields	8:00am – Free Tai Chi (TSCC) 11:30am – ROMEO 6:30pm – FREE Yoga (TSCC) 7:00pm – SRNA Meeting (BMCC)	I O 1:00pm YAH Book Club 6:30pm – Social Committee Meeting (TSCC)	8:00am – Free Tai Chi (TSCC) 12:30pm – YAH Ladies Bridge 1:00pm – YAH Biking 6:00pm – YAH Epicureans ACC Reviews	8:00am – Free Tai Chi (TSCC) 8:00am & 9:00am – Free Yoga (BMCC) 8:30am – YAH Walking Group 1:00pm – YAH Technology Group 6:30pm – Acupuncture for Health (TSCC) FIELD LOTTERY	9:30am – YAH Euchre 11:30am – SRLG Ladies Lunch 1:00pm – YAH Canasta	I 4 8:30am -SRCC Ride (Cups & Cones) Happy Valentine's Day
15	16	17	18	19	20	21
8:30am -SRCC Ride (Cups & Cones) 1:00pm - YAH Biking Group	8:00am – Free Tai Chi (TSCC) 6:00pm – YAH Mexican Train 6:30pm – Free Yoga (TSCC) 7:00pm – Firewise Committee Meeting (BMCC)	7:00pm – Dr. Rosin Lecture (TSCC)	8:00am — Free Tai Chi (TSCC) 1:00pm — YAH Biking 7:30pm — SRLG Knitting & Crocheting (Cups & Cones) ACC Reviews	8:00am — Free Tai Chi (TSCC) 8:00am & 9:00am — Free Yoga (BMCC) 8:30am — YAH Walking Group 11:30am — YAH Art Class 1:00pm — YAH Mah Jongg 7:00pm — YAH Bunko	9:30am - YAH Euchre	8:30am –SRCC Ride (Cups & Cones)
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	LISD Student Holiday 8:00am – Free Tai Chi (TSCC) 9:00am – 12:00pm – Holiday Sportball 6:30pm – FREE Yoga (TSCC	LISD Student Holiday 9:00am — 12:00pm — Holiday Sportball Camp	LISD Student Holiday 8:00am – Free Tai Chi (TSCC) 9:00am – 12:00pm – Holiday Sportball Camp	YAH - Young At Heart SRLG - Steiner Ranch Ladies Group		

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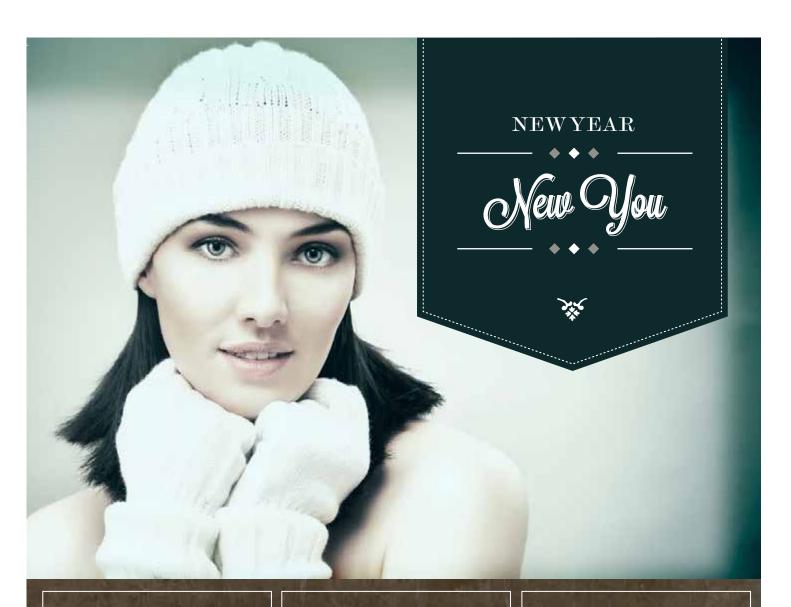


Ed Mena 512-459-5363 edmena@allstate.com





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SADDLE UP

The Steiner Ranch Cycling Club is a group of fun loving cyclist that enjoy the outdoors, burning calories, and meeting new people. Cycling is easy on your body, good for your health and a great way to build community. There is no cost to ride.

SATURDAY RIDES

We meet Saturday's at Cups & Cones at 8:30am. Our Saturday rides have changed up a little and now include an advanced and intermediate group. The advanced group will have average speeds from 18-20 mph and the intermediate group will average between 15-17 mph. While each group will be travelling at different speeds each group will be tackling the same course and the typical course has distances between 45 up to 60+ miles. The turnout is typically between 10-20 riders depending on weather. Come on out and have some fun. Everyone is welcomed.

The advanced and intermediate groups require a higher level of fitness and experience and there is NO designated sweeper.

SUNDAY COFFEE SHOP RIDE

Please join us for the weekly Coffee Shop Ride! This is a mellow ride to a local coffee shop outside Steiner, great for newer riders and/or recovery rides. The group will leave Cups & Cones at 8:30 a.m., and will target some not-too-far coffee shop for some espresso, pastries, and socialization. The ride will average around 14-15 mph and should be perfect for those looking to recover from the week's riding, or to extend their range out of Steiner. Each week we will pick a different destination, but they will typically be around 15 miles from Cups & Cones. This is a no-drop ride, but you should be able to ride the 30-40 miles at a 14-15 mph pace.

Please visit our website at www.steinerranchcycling.com to check out what is going on in the Steiner Ranch cycling community.



AND RIDEY

JANUARY EVENTS

SRC Oasis Ride

Join us for the third Saturday of each Month when Steiner Ranch Cycling will host a ride starting from Cups & Cones, covering 50-70 miles and ending at the Oasis Brewing Company. Bring your bikes up on the deck and enjoy views of Lake Travis with discounted beer and lunch options from the Noble Pig. This is another new ride option ending with beer (looks like a trend!), and it's a great time.

Jack & Adam's Steakhouse Ride

Third or fourth (based on holidays and events) Sunday of the month, Steiner Ranch Steakhouse. Wheels Down at 8:30. Please check Jack & Adam's webpage for additional details. Jack & Adam's Bicycles and Steiner Steakhouse have teamed up once again to bring you a once a month beautiful bike ride of 15 miles and 34 miles through the hills of west Austin. We break into three groups, Advanced, Intermediate, and the No Drop entry level ride. We will roll out of the Steiner Steakhouse parking lot at 8:30 a.m. for two distances of 15 miles and 34 miles.. At the end of each ride there are 2 choices of long climbs to go down and back on.

JANUARY RIDING TIPS

Intermediate: When pedaling, practice pushing forward through the top of the pedal stroke, and pulling back through the bottom. When you push the pedal down, you're naturally using your strongest leg muscles; but in between each downward push can be a pedaling dead spot. By continuing to push the pedals throughout the entire circle, you'll go faster, and longer. It may feel a bit strange at first, but pretty soon you'll see your ability – and speed! – increase.

Advanced: When transitioning from sitting to standing (e.g. while climbing), stand up by stomping hard on a downward pedal stroke. When you first stand up your bike will naturally "stall" a bit, which will at best startle the rider behind you. If you stand on a hard pedal stroke, you'll keep your speed – and the flow of the pack.

SPONSORS

Please join Steiner Ranch Cycling in thanking the following sponsors for supporting cycling in our community and procuring our group the coolest cycling kits west of the Mississippi:

- PayPal
- Texas Beef Council
- Austin City Living
- MapMyRide
- Resolute Fitness
- FrontYrd
- Descente Cycling
- Dream Smiles Dental
- 512 Market Kitchen

RIDE DISCLAIMER: Each rider is responsible for his or her own safety on our rides. Please join us at your own risk. Our weekly rides are open to public participation but ride leaders do NOT assume any liability for your participation. We will ask that all participants follow traffic laws and wear a helmet while on our rides.

TENNIS TIPS

By USPTA/PTR Master Professional Fernando Velasco





The Modern Game: The Forehand Return Serve Drop Shot

In previous newsletters, I offered tips on how to execute the basic strokes for players who are just beginning to play tennis or who want to resume playing.

I am now offering suggestions on how to play the "modern" game mostly geared towards players who are happy with hitting the ball over the net and controlling the point with consistency. These players may already be playing for leagues or in tournaments and are looking for more "weapons" on the court.

In this issue, I will offer instructions on how to execute "The Return Serve Drop Shot." This shot is used when an opponent is expecting a deep service return and the player "surprises" the opponent with a short angle drop shot. It can be used in both singles and doubles play.

In the illustrations, Fernando Velasco, Director of Tennis and teacher at of the Grey Rock Tennis Club, shows the proper technique to execute this stroke. Velasco is presently ranked #1 in Singles and Doubles in the USTA Men's 70 Division in Texas, and #13 in Singles

and #8 and #10 in Doubles in the US.

Step 1: The Back Swing: When Fernando sees the opportunity, he makes a quick turn of his upper body and takes the racket high and back. The head of the racket is now at shoulder height, his shoulders are turned, and his eyes are focused on the incoming ball.

Step 2: The Point of Contact: The success of the drop shot is to "cup" under the ball with the strings. The grip is relaxed and ready to push the ball forward and under the ball as he makes contact with it. His left shoulder is almost opening and his weight is moving through the shot.

Step 3: The Follow Through: In order to get maximum underspin, Fernando is keeping the right hand extended as long as possible. His weight is going forward. The left hand is left leaning forward for better balance.

As the shot goes over the net, and it was successful, Fernando will run towards the net, expecting his opponent to either lift the ball short, or try to drop shot his drop shot.

Look in the next Newsletter for: "The Backhand Return Drop Shot"





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From the Association Office

Association Assessment PAYMENTS DUE

Semi-annual assessments for January – July 2015 are due on January 1, 2015. Statements were mailed to each homeowner at the mailing address on file in mid-December. If you did not receive a statement, please contact the Community Associations Office at 512-266-7553. You are not exempt from paying assessments or late fees even if you do not receive a statement. Payments received after January 31, 2015 for any reason are subject to an initial \$25.00 late fee per association and a \$25.00 late fee for each additional month that the assessment remains unpaid. Please note that the assessment must be received by January 31st, not simply postmarked by January 31st. Your escrow account does not pay your assessments.

Online Assessment payments can be made at www.steinerranchhoa.org, by clicking on the "Online Assessment Payments" link. You can also sign up to receive your statements online. You can still mail in your payments at the address listed on your statement, or bring them to the Association office at 12550 Country Trails Lane to avoid an On-line fee.

Please note, you may lose resident privileges such as pool access, facility rental, and attendance at, or registration for, social functions and programs, if you have delinquent assessment.

Decorated Holiday Trees

The Common area decorated trees where great this year! But now it's time to remove all decorations no later than Sunday, January 4, 2015.

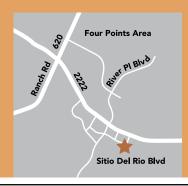
If you do not remove your decorations, they will be removed by HOA staff and held for a few days. However, we do ask you to remove your own, so that this tradition may continue and does not become too costly in HOA funds to have removed.



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LILIANA LUCAS, DDS

* Board Certified, American Board of Pediatric Dentistry

* Member, American Academy of Pediatric Dentistry

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Steiner Ranch Committee's Need YOU

to the Board of Directors. Give it a try! Volunteer!

community against wildfires? After the Labor Day Fire that destroyed 20 years!! The SRROA consist of The Valley at Eastridge, The Summit homes in our neighborhood, we established a Firewise Committee and at Eastridge, Hancock Hill, Chapparal, Rocky Ridge, Plateau and Mesa are certified as a Firewise Community through 2015. Our mission North. Contact Mack Taylor at mack@steinerranchhoa.org. is to protect our community from wildfires through homeowner education and fuel-reduction projects. While the current committee has done a great deal to establish programs through the HOA and secure of Steiner's Landscaping. This Committee will provide oversight on relationships with Lake Travis Fire and Rescue and the County for fuel common area landscaping and irrigation and make recommendation to reduction in the Preserve, we still have much to accomplish in order to the Board and work directly with the Maintenance Supervisor. Contact reach our more than 14,000 residents and update our HOA documents. Rafael Echazarreta at rafael@steinerranchhoa.org. Our current committee needs some new energy and direction to help achieve these goals and is actively seeking a new volunteer Chair. Please let us know if you are interested and have the time and energy to continue these efforts. Contact SRFirewise@gmail.com

Architectural Control Committee - Residential Owners Association -How important is it to you, that Steiner Ranch's Design Guidelines are org.

With a new year upon us the Steiner Ranch HOA is seeking new followed? If you say extremely, then try your hand at being a member of volunteers for some of our committees. Committees play an integral the ACC! Our current Committee just lost two members that recently part in how decisions are made in Steiner by making recommendations moved out of the neighborhood, so we are looking for someone that lives in the SRROA to replace them. Cecil Vostatek will be a great Firewise Committee: Are you interested in helping protect our resource for anyone interested as he has served on this committee for

> *Landscape Committee* – NEW!! This is a brand new committee, so we are looking for about 4-5 people interested in the overall beauty

The other committees that can also accept new members are:

Social Committee - Contact Jannine Farnum at jannine@farnum.net Facilities Committee - Contact Sharon Adams at sharon@ steinerranchhoa.org

Finance Committee - Contact Chris Ruiz at chris@steinerranchhoa.

SPRING BASEBALL AND SOFTBALL

Open to ages 5-15 for baseball and grades K-12 for softball, Northwest Little League is accepting online registrations through February 2nd.

To get more information or to register online... registration@nwll-austin.org www.nwll-austin.org





REGISTER NOW!

Come join us for the finest youth baseball facility and program in Austin!



From the Association Office

Facilities Reservation Updates

In October the SRMA Board of Directors approved a recommendation made by the Facilities Committee to require \$150 deposits for outdoor reservations to begin immediately. The SRROA Board of Directors will only require a deposit for reservations that require electric, water or larger event. This deposit will stay with your application and will only be deposited in the case of rules violations. (Examples: use of helium balloons, not removing trash, leaving gates/door unlocked). Rentals of the facilities are available for use by residents who are in good standing with the Association for events such as parties, weddings, receptions, reunions and meetings. Non-residents are not allowed to reserve facilities.

TO RESERVE SPACE:

- Go to www.steinerranchhoa.org
- Login (if you've never logged in, then you'll be asked to request a login)
- From the menu bar, click on "Amenities"
- From the "Amenities" page, click on the facility you want to reserve
- Go to the bottom of the page and view the calendar. (Be sure to click on the day to get the full menu of current reservations)
- Once you've found an available date that works for you, there are

two options:

- Call the HOA at 512-266-7553
- Request a reservation online Go to "Homeowner Resources", "Eforms", "Request a Reservation"

SOME BASIC RULES:

Once a reservation is made with the HOA staff, you'll have 48 hours to turn in forms and payment. If not received, your reservation will be removed without notice.

If you need to cancel for any reason, full refunds will be given if a 72 hour notice is received by email or phone call.

No outdoor reservations are accepted during Holidays and some Holiday weekends.

Lake Club reservations are not exclusive use. You reserve 4 or the 6 picnic tables under the pavilion.

Pool reservations are not allowed, except by Management for events such as swim programs

Use of helium balloons is prohibited in any area with ceiling fans, this includes rooms and pavilions.

For more information such as location of facilities, Cost and other terms and conditions, go to www.steinerranchhoa.org.



Do You Need A Field For Practice?

Are you planning on coaching a team in the Fall?

Need a place to practice?

Then mark your calendar for the 2015 Spring Field Lottery to be held on February 12th.

Register your team*** by sending an email to sharon@ steinerranchhoa.org. Registration must be in by 5:00pm on Wednesday, February 12th with the following information:

- Name
- Coach name (if different)
- Address
- Phone number
- Organization (CC United, Town & Country, etc.)
- Sport (soccer, baseball, etc.)
- Age group
- 1st, 2nd & 3rd choice of field, day & time. (See below)

If you are coaching more than one team, please list each team separately. On Thursday, February 12th, I will be contacted you by email with assigned field.

FIELDS:

- Towne Square
- Bella Mar Baseball Side
- Bella Mar Tennis Court Side
- Westridge Fields (off of Flat Top Ranch Road)
- Laura Welsh Bush Elementary

TIMES:

• Hourly beginning at 4:00pm until Sunset (Daylight Savings Time begins March 10th)

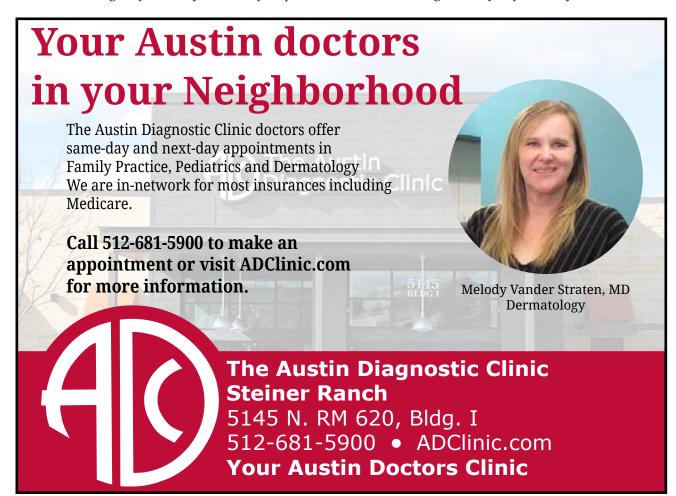
DAYS:

- Monday Friday only
- Saturday Game Days

No field assignments on Sunday to leave open for Resident recreational use.

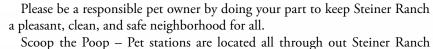
For more information, please contact Sharon Adams at 512-266-7553 or sharon@steinerranchhoa.org.

*** Please Note***If you are with Neighborhood Sports (soccer or flag football), or Viper Lacrosse, you do not need to register your team for the lottery. Representatives will be attending the lottery on your behalf.



From the Association Office

RESPONSIBLE PET OWNERS



common areas.

Latch the leash – not only is it safer for your dog, but others around you (and it's a law in Travis County)

No excessive barking – be courteous of your neighbors and keep your barking dog quiet.

Report Violations – go to our website at www.steinerranchhoa.org and clink on the link "Report a Problem" if you know someone violating the rules.





Looking for that dream vacation?

I specialize in:

- Individual cruise planning
- * Land resort vacations
- * Guided vacation tours
- Group cruises (reunions, club trips, church groups, etc)

Whether it's taking a cruise to Alaska, cruising the Caribbean, taking a European riverboat cruise or choosing all inclusive land resort, I can help you plan. You would be keeping your business local.



"I am a **Steiner Ranch** resident. I'd
love to help you
plan your next
dream vacation."

Tip of the Month

Shake off the winter blues with a warm Caribbean cruise.
Please call me to book your Spring Break or Summer vacation.



Paula Kaisner Independent Vacation Specialist

512-607-6635 • pkaisner@cruiseone.com www.kaisnercruises.com



We Have The Place: Reserve at Lake Travis Marina!

NONE OF THE HASSLES | GOLF CART ACCESSIBLE

The Reserve Marina offers nearby parking and golf cart access to all boat docks. We also offer concierge service - call ahead and your boat will be stocked and ready to go!

Only 18 slips available!

Marina Features

- 100% Shaded & Golf Cart Accessible
- 160 Total Covered Slips
- Certified Clean Marina
- Concierge Service
- Potable Water & Electrical Hookups
- Waste Water Pump Facilities Located At Your Slip
- Fantastic Lake Side Patios Adjacent to Your Slip on D, E, F Docks



Contact Mike Brooks | C: 512-745-3954 | O: 512-402-1400 | ReserveAtLakeTravisMarina.com

1-Hour Community Workshop Coming to You

sponsored by the Vandegrift PTA Ladder

Wednesday, January 28, 6:00 pm Canyon Ridge Middle School Cafeteria

We all lead busy lives but keeping up with school and community issues is important for you and your family. The Vandegrift PTA Ladder brings you a one-hour community workshop. Presenters will take a few minutes to update you on the top issues of the day. For those who can stay longer, breakout sessions will provide time for additional discussion.

Learn About Top School And Community Issues:

2222/620 Traffic Update – Brian Thompto, Steiner Ranch Neighborhood Association President

Road to Vandegrift Update – Pam Waggoner, LISD Board of Trustees President

Volunteer Bus Opportunity to FPMS – Veronica Sopher, Asst. Superintendent of Community/Governmental Relations

Technology Update – Sara Martinez, Senior Director of Information Technology - Decision Support at Leander ISD

Testing, TEKS and Common Core – Dr. Bret Champion, LISD Superintendent Introduction, presentation by Todd Washburn, Exec. Director of Secondary Curriculum, and Nancy Tarvin, Exec. Director of Elementary Curriculum

Breakout Sessions

School Financing Overview – Pam Waggoner, Veronica Sopher & Lucas Janda, CFO

Upcoming Bond election

LISD Legislative Priorities (includes 50-cent Test and Vouchers)

School Calendar Development – Karie Lynn McSpaddent, Asst. Superintendent of Human Resources

What is set by the legislature?

Input from the community

The Vandegrift PTA Ladder consists of the eight Four Pointsarea school PTAs/PTSAs: Grandview Hills Elementary PTA; Laura Bush Elementary PTA; River Place Elementary PTA; River Ridge Elementary PTA; Steiner Ranch Elementary PTA; Canyon Ridge Middle School PTA; Four Points Middle School PTA and Vandegrift High School PTSA. The Ladder meets five times a year, works together on legislative issues affecting the schools and sponsors candidate forums and community meetings that affect the Four Points-area community.



The Hill Country Education Foundation proudly presents
5th Annual Giddy Up Gala
Saturday, February 28, 2015

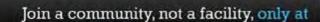
The Westin Austin at The Domain 6:00 pm – 11: 30 pm

An Evening of Dinner, Dancing & Auctions benefiting the Four Points-area schools

Individual Tickets on Sale Early January











100+ Classes Free for Members Drop-In for only \$15



Gym Memberships For your whole family.

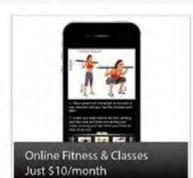




Professional Massage, Myofascial, & Craniosacral



Unlimited Boot Camps Just \$99/month



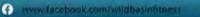


WBF WILD BASIN FITNESS

Call, click, or come by.



512.266.6161 www.WildBasinFitness.com 4308 N. Quinlan Park Rd. #200





www.switter.com/wildbasinfity



BUSINESS CLASSIFIED

LEARN GUITAR: In-Home Guitar Lessons: Great teacher, fun environment. B.A. in Music, Berklee College of Music. Steiner resident. Over 17 years of teaching experience. All ages, styles and skill levels welcome. Proudly serving Steiner Ranch for years. For more info call Charles Couch at 646.704.3092 or visit www.charlescouch.com.

CONNOR CLEANING SERVICES: Are you paying more than \$100 to have your house cleaned? 4200 sq. feet or less-you are paying too much! Call Connor Cleaning. Reliable. Dependable Service. Quality Work. Supplies furnished. Over 12 years in business. Affordably priced. Call 512-209-1141. Bonded.

YOGA INSTRUCTIONAT HOME: Practice yoga at HOME individually or with family and friends. Increase flexibility and strength while reducing stress. Help rehab injuries. Certified yoga instructor (ERYT-500) with 15 years experience. References available. Contact Paula at paulasyoga@gmail.com or (512) 947-9530.

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Steiner Ranch residents, limit 30 words, please e-mail <u>steinerranch@peelinc.com</u>.

Business classifieds (offering a service or product line for profit) are \$65, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or *advertising@PEELinc.com*.





NOT AVAILABLE ONLINE

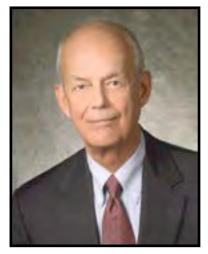
Lake Travis Republican Club

Bobby R. Inman, Admiral, US Navy, (Retired) will be the featured speaker at the monthly meeting of the Lake Travis Republican Club, to be held Tuesday, January 20, 2015, at the Hills Country Club, from 11:30 am to 1:00 pm.

Admiral Inman, the first Naval Intelligence Specialist to attain four-star rank, joined the Navy in 1951, and went on to serve as Director of Navy Intelligence, Vice Director of the Defense Intelligence Agency, Director of the National Security Agency, and Deputy Director of Central Intelligence. From 1990 to 1993, he was also Vice-Chairmen of the president's Foreign Intelligence Advisory Bd.

After retirement from the Navy, he was Chairman and Chief Executive Officer of the

Microelectronics and Computer Technology Corporation (MCC) in Austin for four years, and was Chairman, President and Chief



Executive Officer of Westmark Systems, Inc., a privately owned electronics industry holding company. Admiral Inman also served as Chairman of the Federal Reserve Bank of Dallas from 1987 through 1990. His primary activity since 1990 has been investing in start-up technology companies, where he is a Managing Director of Gefinor Ventures and of Limestone Capital Advisors.

Admiral Inman graduated from the University of Texas at Austin in 1950, and from the National War College in 1972. Since retirement, he has held several administrative positions at UT, including serving as Interim Dean of the LBJ School of Public Affairs from Jan.-Dec., 2005, and from Jan. 2009 to March 2010.

Meeting tickets are \$15.00 for members, and

\$20.00 for guests. Reservations can be obtained by calling 512-261-0722, or by email at wwarmuth@austin.rr.com.

January 27th from 5:30-7:30 PM at River Place Country Club
February 21st from 11 AM-2 PM at School in the Hills Steiner Ranch
March 5th from 5:30-7:30 PM at River Place Country Club

Discover School in the Hills

You've heard about the amazing academic and social program offered at School in the Hills in Steiner Ranch, but wish the campus was closer. Now it is! School in the Hills is opening a second location at River Place that will include all of the things you love about the Steiner Ranch location, plus much more, including a lower elementary program!

Call 512-266-8180 with questions!

School in the Hills Montessori in Steiner Ranch 2900 N. Quinlan Park Austin, TX 78732

Phone 512.266.6160 Fax 512.266.6150

School in the Hills Montessori at River Place 10819 Ranch Road 2222 Austin, TX 78730

Phone 512.266.8180 Fax 512.266.6150

66 Visit our open house for crafts, snacks, to meet the staff and find out more about the program!

schoolinthehills.com info@schoolinthehills.com



Ranch Record - January 2015 37

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10 POWERHOUSE FOODS

THAT WILL HELP YOU BURN FAT IN THE NEW YEAR!

Marissa Dosser - CPT, Nutrition Coach -Texas Fit Chicks Boot Camp www.texasfitchicks.com/marissa

1. OATMEAL

Great source of soluble fiber and slow-digesting carbohydratesthat will keep blood sugar and insulin in check so fat burning can stay high.

2. EGGS

A form of well-absorbed protein, healthy fats and Vitamin D (found in the egg yolk). Eggs also contain lecithin, which promotes healthy liver function, thereby helping the body to burn fat.

3. SALMON

High in omega-3 fatty acids, salmon reduces inflammation in the body and lowers LDL and triglyceride levels while raising good HDL levels. Salmon also has a beneficial effect on leptin (hunger hormone) levels in the body, which means it helps to suppress your appetite.

4. NUTS

Another source of fiber and rich in omega-3s, these fats help to regulate blood sugar and protect the heart and the immune system.

5. GRAPEFRUIT & BERRIES

These fruits contain slow-digesting carbs and are rich in fatfighting fiber. Strawberries, raspberries, blueberries and blackberries all are loaded with soluble fiber and antioxidants that protect blood vessels and promote healthy blood flow.

6. AVOCADO

It's got fat, yes, but the good kind! The monounsaturated fats found in avocado are burned readily for fuel during exercise and actually encourage fat burning. Good source of fiber and antioxidants.

7. LEAFY GREENS

Broccoli, specifically, is a fibrous carb that can make you feel full quickly—one reason why it's a great food for getting lean. Broccoli also contains phytochemicals that can help enhance fat loss.

8. CINNAMON

Helps to reduce blood sugar levels, which in turn prevents the body from storing sugar as fat. Add it to your oatmeal and yogurt to enhance flavor without adding calories.

9. GREEN TEA

Drink this! Not only is green tea packed with antioxidants, it also contains catechins, a phytochemical that helps speed up metabolism and burn more fat.

10. BEANS & LEGUMES

Great sources of protein and they normalize insulin levels and help keep your blood sugar steady throughout the day. Black beans, Garbanzo beans, red beans and lentils are all great to incorporate into your diet.



Empowering Austin Homeless

by Kathleen Highsmith

On Tuesday, August 26th 2014, the Texas State Enactus class started for the Fall semester and I started to see the difference this group makes in central Texas. Enactus students continually work on projects that benefit the community and also help individuals to help themselves.

One of the main goals of Enactus is to empower people through our projects. My favorite project that does just that is Mobile Loaves and Fishes, which is currently building sustainable housing for the homeless in Austin. Along with housing we also provide the homeless with employment by helping them sell crafts and frozen treats during the many festivals in and around Austin. Our ultimate goal with Mobile Loaves and Fishes is to help build a set of skills that the homeless can use to find steady work and help get them off the streets. Enactus is all about helping people help themselves and as an Enactus student I have learned some valuable lessons and grown as an individual while doing just that.

Enactus is a global, non-profit organization that is literally

changing the world through highly dedicated student teams on more than 1600 university campuses in 40 countries. Enactus offers these students the opportunity to develop leadership, teamwork, and communication skills through learning, practicing and teaching the principles of free enterprise, thereby improving the standard of living for millions in the process.

Texas State Enactus is one of the leading collegiate teams within the United States. Enactus has been helping others achieve their dreams through free enterprise education for more than 25 years. Today, Enactus is the world's prominent and largest university-based free enterprise organization.

If you would like to learn more about Enactus please visit the Enactus website, http://www.business.txstate.edu/sife/, or contact Sam Walton Fellow, Vicki West at vw03@txstate. edu or 512-245-3224, Enactus President, Chelsea Watkins at ccw40@txstate.edu or 281-757-7854, or Kathleen Highsmith at kah160@txstate.edu or 512-466-3000.

News You Can Use



Fruit flies can become a problem at any time of year because they are attracted to ripe or fermenting fruit. Fruit flies can be brought into the home from ripe fruits or vegetables picked from the garden or items purchased at the grocery store.

Adults are small (about 1/8 of an inch) and usually have red eyes. The front portion of the body is tan while the back portion is dark brown or black. If given the opportunity, females can lay up to 500 eggs. Larvae feed near the surface of fermenting foods or other organic matter.

Prevention is the best way to deal with fruit flies. Do not purchase over ripened fruit or vegetables. Fruit and vegetables should be eaten in a timely manner or stored in the refrigerator. If storage in the refrigerator is not an option because you are ripening the item, place it in a paper bag and use a

FRUIT FLIES



clothespin or chip clip to close the bag. All recyclables should be rinsed thoroughly before placing them into the recycling bin. The recycling bin and garbage can should be cleaned out on a regular basis to eliminate any spilled material.

To eliminate a fruit fly infestation, all sources must be located and eliminated. Insecticides will not help if sources are not eliminated. While searching and eliminating breeding sources, a trap can be constructed to capture adult flies. Create a paper funnel by rolling notebook paper and

place the funnel into a jar that contains a small amount of apple cider vinegar in the bottom.

For more information or help with identification, contact Wizzie Brown, Texas A&M AgriLife Extension Service Program Specialist at 512.854.9600.

The information given herein is for educational purposes only. Reference to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by Texas A&M AgriLife Extension Service or the Texas A&M AgriLife Research is implied. Extension programs serve people of all ages regardless of race, color, religion, sex, national origin, age, disability, genetic information or veteran status.





Wintry Wonders

NATUREWATCH

by Jim and Lynne Weber

As temperatures cool further and autumn turns to winter, our thoughts turn to visions of ice and snow. From first frost to ice storms to snow storms, these frozen precipitation events are sporadic in Central Texas, but when they occur, they can also be spectacular!

How does frost, this sparkling layer that sometimes covers the landscape, form? When the temperature of the air reaches a point where the water vapor in it can condense out into water, it is called the dew point. The frost point is when the dew point falls below freezing, and rather than producing dew, it creates frost. Consisting of tiny, spike-like crystal structures called 'spicules' that grow out from a solid surface, frost generally forms on surfaces that are colder than the surrounding air. Even the size of the crystals can vary, depending upon the amount of time they took to grow, the relative changes in temperature, and the amount of water vapor available.

Cold air is denser than warm air, so quite often when night skies are clear and calm, lower areas become colder due to differences in elevation. Known as surface temperature inversion, this phenomenon forms 'frost pockets' or areas where frost forms first, due to cold air trapped against the ground. On such days, there can be a 40 to 50 degree difference in air temperature between dawn and early afternoon. Getting out early can reward you with a rare and wonderful spectacle of nature when something called 'hoar frost' is formed.

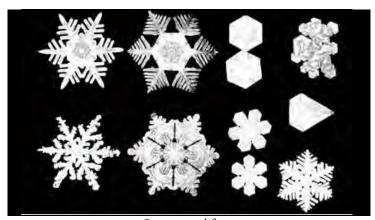
Referring to white ice crystals that are deposited on the ground or loosely attached to exposed objects such as leaves and branches, hoar frost forms on cold, clear nights when heat radiates out to the open sky faster than it can be replaced by nearby sources such as wind. This allows objects in the landscape to cool below the frost point of the surrounding air, and well below the freezing point of water. Hoar frost can form in low-lying cold air even when the air temperature a few feet above ground is well above freezing. The name 'hoar' comes from an Old English adjective meaning 'showing signs of old age', and refers to the frost making the vegetation look like it has grown white hair. When hoar frost forms on objects above the surface, like branches and leaves, it has a feathery-like appearance and is specifically called air hoar.

Snow, on the other hand, is an entirely different matter. When a cold water droplet freezes onto a pollen or dust particle high in the sky, it creates an ice crystal. As this primary crystal falls toward the ground, more water vapor freezes on it, building new crystals that form the six characteristic arms of a snowflake. This process of crystallization builds in a symmetrical or patterned way, because it reflects the internal order of the water molecules as they arrange themselves in pre-determined spaces to form the six-sided snowflake.

The most significant factor that determines the basic shape of the ice crystal is the temperature at which it forms, and to a lesser degree humidity. The intricate shape of a single arm of a snowflake is determined by these atmospheric conditions as the entire crystal falls. As slight changes in



Hoar frost on barbed wire



Snow crystal forms

temperature and humidity occur minutes or even seconds later, a crystal that begin to grow in one way might then change and branch off in a new direction. Since all six arms of a snowflake experience the same changes in atmospheric conditions, they all grow identically. And since individual snowflakes encounter slightly different atmospheric conditions as they take different paths to the ground, they all tend to look unique, resembling everything from simple prisms and needles to intricately faceted plates and stellar dendrites.

On the surface, winter may seem as if nature is shutting down around us, but take the time for a second look. Aside from the visual beauty they provide, the frosts and snows of the season are just another part of the ongoing cycle of life and renewal for our native plants and animals.

Send your nature-related questions to naturewatch@austin.rr.com and we'll do our best to answer them. Check out our blog at naturewatchaustin. blogspot.com if you enjoy reading these articles!



Attention KIDS: Send Us Your Masterpiece!

Color the drawing below and mail the finished artwork to us at:

Peel, Inc. - Kids Club 308 Meadowlark St Lakeway, TX 78734-4717

We will select the top few and post their artwork on our Facebook Page - Facebook.com/PeelInc.

DUE: January 31st Be sure to include the following so we can let you know! Name: (first name, last initial) Age:

Thinking of selling? Watch out for

The List and Sit



WITH US YOU GET MORE.

MORE marketing. MORE activity. MORE money.

We get MORE homes SOLD.



AustinTexasRealEstate.com



