



West Lake Hills ECHO

Volume 4, Issue 1

January 2015



EMPOWERING AUSTIN HOMELESS

by Kathleen Highsmith

On Tuesday, August 26th 2014, the Texas State Enactus class started for the Fall semester and I started to see the difference this group makes in central Texas. Enactus students continually work on projects that benefit the community and also help individuals to help themselves.

One of the main goals of Enactus is to empower people through our projects. My favorite project that does just that is Mobile Loaves and Fishes, which is currently building sustainable housing for the homeless in Austin. Along with housing we also provide the homeless with employment by helping them sell crafts and frozen treats during the many festivals in and around Austin. Our ultimate goal with Mobile Loaves and Fishes is to help build a set of skills that the homeless can use to find steady work and help get them off the streets. Enactus is all about helping people help themselves and as an Enactus student I have learned some valuable lessons and grown as an individual while doing just that.

Enactus is a global, non-profit organization that is literally

changing the world through highly dedicated student teams on more than 1600 university campuses in 40 countries. Enactus offers these students the opportunity to develop leadership, teamwork, and communication skills through learning, practicing and teaching the principles of free enterprise, thereby improving the standard of living for millions in the process.

Texas State Enactus is one of the leading collegiate teams within the United States. Enactus has been helping others achieve their dreams through free enterprise education for more than 25 years. Today, Enactus is the world's prominent and largest university-based free enterprise organization.

If you would like to learn more about Enactus please visit the Enactus website, <http://www.business.txstate.edu/sife/>, or contact Sam Walton Fellow, Vicki West at vw03@txstate.edu or 512-245-3224, Enactus President, Chelsea Watkins at ccw40@txstate.edu or 281-757-7854, or Kathleen Highsmith at kah160@txstate.edu or 512-466-3000.

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire.....	911
Ambulance.....	911
Police Department	512-327-1195
Sheriff – Non-Emergency.....	512-974-0845
Fire Department Administration	512-539-3400
Travis County Animal Control.....	512-972-6060

SCHOOLS

Eanes ISD	512-732-9000
Westlake High School.....	512-732-9280
Ninth Grade Center	512-732-9260
West Ridge Middle School	512-732-9240
Hill Country Middle School	512-732-9220
Valley View Elementary.....	512-732-9140
Forest Trail Elementary.....	512-732-9160
Eanes Elementary.....	512-732-9100
Cedar Creek Elementary	512-732-9120
Bridge Point Elementary	512-732-9200
Barton Creek Elementary	512-732-9100

UTILITIES

Water District 10	512-327-2230
Wastewater	
Crossroads Utility Service 24 Hour Number....	512-246-1400
New Accounts	512-402-1990
Austin Energy	512-322-9100
Texas Gas Service	
Custom Service.....	1-800-700-2443
Emergencies.....	512-370-8609
Call Before You Dig.....	512-472-2822
AT&T	
New Service	1-800-464-7928
Repair.....	1-800-246-8464
Billing.....	1-800-858-7928
Time Warner Cable	
Customer Service.....	512-485-5555
Repairs.....	512-485-5080
Austin/Travis County Hazardous Waste	512-974-4343

OTHER NUMBERS

City Administration	512-327-3628
Municipal Court	512-327-1863
Property Tax.....	512-854-9473
Appraisal District	512-834-9317
Chamber of Commerce.....	512-306-0023
City of West Lake Hills	www.westlakehills.org

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Peel, Inc.	512-263-9181
Editor.....	westlakehills@peelinc.com
Advertising.....	advertising@peelinc.com

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ARTICLE INFO

The West Lake Hills Echo is mailed monthly to all West Lake Hills residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for the West Lake Hills Echo please email it to westlakehills@peelinc.com. The deadline is the 15th of the month prior to the issue.

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Wintry Wanders

NATUREWATCH by Jim and Lynne Weber

As temperatures cool further and autumn turns to winter, our thoughts turn to visions of ice and snow. From first frost to ice storms to snow storms, these frozen precipitation events are sporadic in Central Texas, but when they occur, they can also be spectacular!

How does frost, this sparkling layer that sometimes covers the landscape, form? When the temperature of the air reaches a point where the water vapor in it can condense out into water, it is called the dew point. The frost point is when the dew point falls below freezing, and rather than producing dew, it creates frost. Consisting of tiny, spike-like crystal structures called 'spicules' that grow out from a solid surface, frost generally forms on surfaces that are colder than the surrounding air. Even the size of the crystals can vary, depending upon the amount of time they took to grow, the relative changes in temperature, and the amount of water vapor available.

Cold air is denser than warm air, so quite often when night skies are clear and calm, lower areas become colder due to differences in elevation. Known as surface temperature inversion, this phenomenon forms 'frost pockets' or areas where frost forms first, due to cold air trapped against the ground. On such days, there can be a 40 to 50 degree difference in air temperature between dawn and early afternoon. Getting out early can reward you with a rare and wonderful spectacle of nature when something called 'hoar frost' is formed.

Referring to white ice crystals that are deposited on the ground or loosely attached to exposed objects such as leaves and branches, hoar frost forms on cold, clear nights when heat radiates out to the open sky faster than it can be replaced by nearby sources such as wind. This allows objects in the landscape to cool below the frost point of the surrounding air, and well below the freezing point of water. Hoar frost can form in low-lying cold air even when the air temperature a few feet above ground is well above freezing. The name 'hoar' comes from an Old English adjective meaning 'showing signs of old age', and refers to the frost making the vegetation look like it has grown white hair. When hoar frost forms on objects above the surface, like branches and leaves, it has a feathery-like appearance and is specifically called air hoar.

Snow, on the other hand, is an entirely different matter. When a cold water droplet freezes onto a pollen or dust particle high in the sky, it creates an ice crystal. As this primary crystal falls toward the ground, more water vapor freezes on it, building new crystals that form the six characteristic arms of a snowflake. This process of crystallization builds in a symmetrical or patterned way, because it reflects the internal order of the water molecules as they arrange themselves in pre-determined spaces to form the six-sided snowflake.

The most significant factor that determines the basic shape of the ice crystal is the temperature at which it forms, and to a lesser degree humidity. The intricate shape of a single arm of a snowflake is determined by these atmospheric conditions as the entire crystal falls. As slight changes in



Hoar frost on barbed wire



Snow crystal forms

temperature and humidity occur minutes or even seconds later, a crystal that begin to grow in one way might then change and branch off in a new direction. Since all six arms of a snowflake experience the same changes in atmospheric conditions, they all grow identically. And since individual snowflakes encounter slightly different atmospheric conditions as they take different paths to the ground, they all tend to look unique, resembling everything from simple prisms and needles to intricately faceted plates and stellar dendrites.

On the surface, winter may seem as if nature is shutting down around us, but take the time for a second look. Aside from the visual beauty they provide, the frosts and snows of the season are just another part of the ongoing cycle of life and renewal for our native plants and animals.

Send your nature-related questions to naturewatch@austin.rr.com and we'll do our best to answer them. Check out our blog at naturewatchaustin.blogspot.com if you enjoy reading these articles!

TEXAS A&M AGRI LIFE EXTENSION

Fruit flies can become a problem at any time of year because they are attracted to ripe or fermenting fruit. Fruit flies can be brought into the home from ripe fruits or vegetables picked from the garden or items purchased at the grocery store.

Adults are small (about 1/8 of an inch) and usually have red eyes. The front portion of the body is tan while the back portion is dark brown or black. If given the opportunity, females can lay up to 500 eggs. Larvae feed near the surface of fermenting foods or other organic matter.

Prevention is the best way to deal with fruit flies. Do not purchase over ripened fruit or vegetables. Fruit and vegetables should be eaten in a timely manner or stored in the refrigerator. If storage in the refrigerator is not an option because you are ripening the item, place it in a paper bag and use a



FRUIT FLIES

clothespin or chip clip to close the bag. All recyclables should be rinsed thoroughly before placing them into the recycling bin. The recycling bin and garbage can should be cleaned out on a regular basis to eliminate any spilled material.

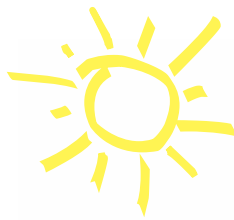
To eliminate a fruit fly infestation, all sources must be located and eliminated. Insecticides will not help if sources are not eliminated. While searching and eliminating breeding sources, a trap can be constructed to capture adult flies. Create a paper funnel by rolling notebook paper and

place the funnel into a jar that contains a small amount of apple cider vinegar in the bottom.

For more information or help with identification, contact Wizzie Brown, Texas A&M AgriLife Extension Service Program Specialist at 512.854.9600.

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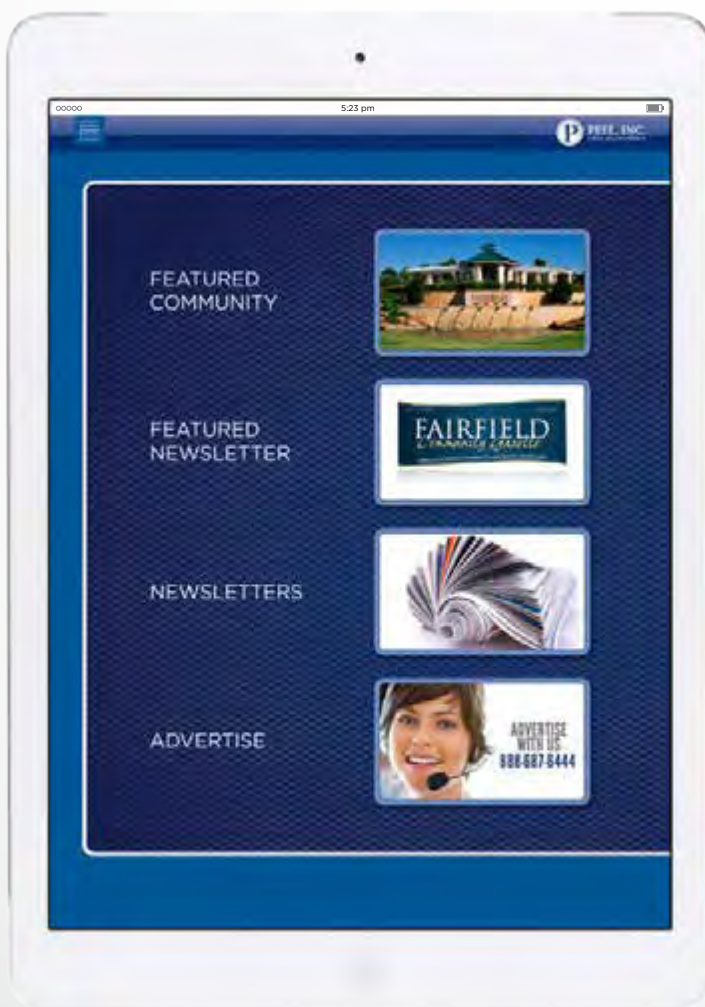


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Featured Smile Makeover of the Month

by Dr. Lance Loveless



"I had seen Dr. Loveless' Dentalife online and liked what I read. I had not gone to a dentist for over three years. I was discouraged about dental care in general as I had never had a good experience. However, now I had a genuine interest in resolving my dental issues. My mouth revealed five teeth that I had ground down, broken crowns, fractured teeth, tooth decay, and several spaces where teeth had once been. I would often cover my mouth when I smiled. I was beginning to lose my front teeth which caused difficulty when eating. Imagine my embarrassment of not being able to eat for fear of breaking more teeth. Dr. Loveless gave me back my smile. I had once been depressed and withdrawn, but am now completely outgoing and jubilant! I laugh and smile and now have a positive outlook on life". -- Brandy - Austin, TX

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