# BULLETIN Belterra Community News

February 2015 Volume 9, Issue 2

News for the Residents of Belterra

# MARK YOUR CALENDARS!

FEBRUARY BELTERRA AREA EVENTS:

### Wednesdays **Dripping Springs Farmers Market**

3:00 p.m. - 7:00 p.m. At the Triangle, HWY 290 & RR 12 www.CityofDrippingSprings.com

# Thursday, February 12th Hill Country Galleria's Valentine's Wine Walk

5:00 p.m. - 9:00 p.m. • Explore the retailers at the Galleria while sampling wine • FREE Start at Twin Liquors in the Hill Country Galleria, 3925 Market St. Bee Cave, TX 7873

www.HillCountryGalleria.com

#### Saturday, February 28th Cold Steel Revolver at Nutty Brown Café

FREE show www.CityofDrippingSprings.com

#### Saturday, March 7th Twisted 5k Brewery Run

8:00 a.m. - 1:00 p.m. • Participate in the 5k, enjoy craft beer, food trucks, and live music Twisted X Tasting Room, 23455 W. RR 150 Dripping Springs, TX 78620 www.texmexbeer.com

### STARS AND S'MORES PARTY

Enjoy the night sky as members of the Austin Astronomical Society point their telescopes toward stars, planets, and galaxies! S'mores to follow by the fire pit.

Friday, February 6th 6:00 p.m. – 9:00 p.m. Belterra Recreation Center www.BelterraCommunity.com



# THIRD THURSDAY FOOD & MUSIC NIGHT

Don't miss food & music night to take place on the third Thursday of every month! From 5pm-8pm, there will be various food trailers with food for purchase, free beverages, activities for children, and socializing with your community!

3rd Thursday of every month – Thursday, February 19th 5:00 p.m. – 8:00 p.m. Belterra Recreation Center www.BelterraCommunity.com

#### **IMPORTANT NUMBERS**

#### **EMERGENCY NUMBERS** EMERGENCY ......911 Ambulance / Fire......911 **SCHOOLS** Dripping Springs ISD ...... 512-858-3000 Dripping Springs Elementary...... 512-858-3700 Walnut Springs Elementary...... 512-858-3800 Rooster Springs Elementary...... 512-465-6200 Dripping Springs Middle School...... 512-858-3400 Dripping Springs High School ...... 512-858-3100 **UTILITIES** Water – WCID # 1 & 2 ...... 512-246-0498 Trash – Texas Disposal...... 512-246-0498 Gas – Texas Community Propane...... 512-272-5503 Electricity - Pedernales Electric ....... 512-858-5611 Oak Hill Post Office ...... 512-892-2794 **NEWSLETTER PUBLISHER** Peel, Inc. ..... 512-263-9181 Article Submissions .....belterra@peelinc.com Advertising...... advertising@peelinc.com

#### NOT AVAILABLE ONLINE

# STAY CONNECTED!

Do you Facebook? If so be sure to stay in the know about what is going on with your neighbors by requesting to join the following Facebook groups:

Belterra Neighbors
Belterra Propane Coalition
Belterra Women & Wine Group
Belterra PlayGroup
Dripping Springs Neighbors
Dripping Springs Women2Women Connection
Dripping Springs Babble

To find the Facebook group you want to join, just type the name in the search bar and request to join the page. Your request should be accepted shortly. You can leave the group page at any time.

You can also "like" the "Belterra Texas" Facebook page.



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# WINE DOWN WEDNESDAYS!

Join in on this monthly event with friends and neighbors for an evening of wine and cheese! The Belterra HOA will provide samples of wine and cheese while they last. Feel free to bring your own.

Wednesday, February 11th 6pm-8pm Belterra Recreation Center www.BelterraCommunity.com





# Group Gatherings

## BELTERRA WOMEN & WINE GROUP

The Belterra Women & Wine Group is a newer group that was started in February and has continued to grow into a popular group amongst Belterra women with 60 members to date. The group is an opportunity for the women of Belterra to get to know each other, take a few hours off, relax, and have fun. The atmosphere is casual, you can get dressed up or come in sweats, anything goes! The group is scheduled to meet on the 1st Wednesday and 3rd Friday of each month with a volunteer host each time. Attendees are asked to bring a bottle of wine to share with the group. If you are interested in learning more or joining the group, search for Belterra Women & Wine on Facebook and put in your request to join. Come and have fun!

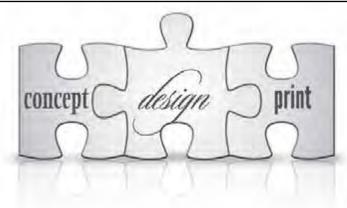


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# TENNIS TIPS

By USPTA/PTR Master Professional Fernando Velasco









#### The Modern Game: "The Backhand Return Serve Drop Shot"

In previous newsletters, I offered tips on how to execute the basic strokes for players who are just beginning to play tennis or who want to resume playing.

I am now offering suggestions on how to play the "modern" game mostly geared towards players who are happy with hitting the ball over the net and controlling the point with consistency. These players may already be playing for leagues or in tournaments and are looking for more "weapons" on the court.

In this issue, I will offer instructions on how to execute "The Backhand Return Serve Drop Shot." This shot is used when an opponent is expecting a deep service return and the player "surprises" the opponent with a short angle drop shot. It can be used in both singles and doubles play.

In the illustrations, Fernando Velasco, Director of Tennis and teacher at of the Grey Rock Tennis Club, shows the proper technique to execute this stroke. Velasco is presently ranked #1 in Singles and Doubles in the USTA Men's 70 Division in Texas,

and #13 in Singles and #8 and #10 in Doubles in the US.

Step 1: The Back Swing: When Fernando sees the opportunity, he makes a quick turn of his upper body and takes the racket high and back. The head of the racket is now at shoulder height, his shoulders are turned, and his eyes are focused on the incoming ball.

Step 2: The Point of Contact: The success of the drop shot is to "cup" under the ball with the strings. The grip is relaxed and ready to push the ball forward and under the ball as he makes contact with it. His left shoulder is almost opening and his weight is moving through the shot.

Step 3: The Follow Through: In order to get maximum underspin, Fernando is keeping the right hand extended as long as possible. His weight is going forward. The left hand is left leaning forward for better balance.

As the shot goes over the net, and it was successful, Fernando will run towards the net, expecting his opponent to either lift the ball short, or try to drop shot his drop shot.

Look in the next Newsletter for: "The Overhead from the Baseline"

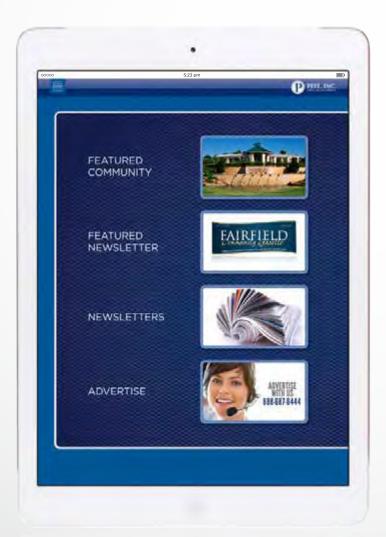
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# Your Community at Your Fingertips



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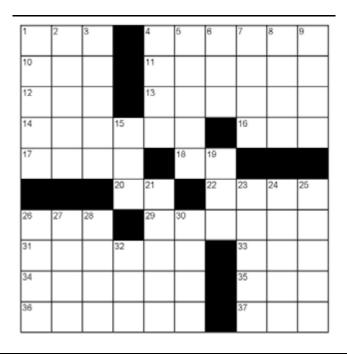






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#### **CROSSWORD PUZZLE**



ACROSS

1. Dad 4. Panther

10. Time period

11. A Nissan car

12. Admiral (abbr.)

13. Programmer

14. A deviated one makes you 7. Enjoy snore

16. Vane direction

17. Time periods

18. Letter afterward

20. Evening

22. Garden tools

26. Pod vegetable

29. Egg dish

31. List of errors

33. Wrath 34. Tie clip

35. Rival

36. Stoles

37. Moray

DOWN

1. " porridge hot..."

2. Special request

3. South American plain

4. Tropical island

5. Holding device

6. And so forth

8. Sign

9. Weed in a wheat field

15. Cooking measurement

19. Her

21. Pattern

23. Oyl (Popeye's girlfriend)

24. Spooky

25. Strong metal

26. Domestic friends

27. Little Mermaid's love

28. Region

30. Pilots

32. April (abbr.)

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# Easy Valentine Sandwich Cookies

Recipe by Laria Tabul, allrecipes.com

This recipe makes 17-3 inch sandwich cookies and 17-1 1/2 inch heart shaped cookies. You'll need a 3-inch heart shaped cutter and a 1 1/2-inch heart shaped cutter. Frost with Pink Valentine Frosting (see recipe).

#### Ingredients

- 1 cup butter
- 1 1/2 cups confectioners' sugar
- 1 egg
- 1 teaspoon vanilla extract
- 1/2 teaspoon almond extract (optional)
- 2 1/2 cups all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon cream of tartar

#### Directions

In a large bowl, cream together butter and confectioners' sugar. Beat in egg, vanilla and almond extract. Mix well.

In a medium bowl, stir together flour, baking soda and cream of tartar; blend into the butter mixture. Divide dough into thirds and shape into balls.

Working with 1/3 of dough at a time, roll out dough into desired thickness on a lightly floured surface. For each heart sandwich cookie, cut out 2 3-inch hearts. Cut out the center of ONE of the 3-inch hearts with the 1 1/2-inch cutter.

Place each piece separately on an ungreased cookie sheet, 1 - 2 inches apart. Bake in a preheated, 350 degrees F (175 degrees C) oven until lightly browned (7-8 minutes for 1/4 inch thick cookies). Cool completely on wire rack. Frost bottom cookie with Pink Valentine Frosting and place an open centered cookie on top to form the sandwich. Also frost the small 1 1/2 inch hearts and serve as separate cookies.

#### Pink Valentine Frosting

Ingredients - makes 1 cup (approximately)

- 1 cup sifted confectioners' sugar
- 1/4 teaspoon salt
- 1/2 teaspoon vanilla extract
- 1 tablespoon water
- 2 drops red food coloring

#### Directions

Blend sugar, salt and flavoring. Add just enough water to make it easy to spread. Add 2 drops red food coloring and mix well

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#### Attention KIDS: Send Us Your Masterpiece!

Color the drawing below and mail the finished artwork to us at:

Peel, Inc. - Kids Club

308 Meadowlark St

Lakeway, TX 78734-4717

We will select the top few and post their artwork on our Facebook Page - Facebook.com/PeelInc.

DUE: Feb 28th Be sure to include the following so we can let you know! Name: \_\_\_\_\_ (first name, last initial) Age:\_\_\_\_\_



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