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ADVERTISING INFO

Please support the advertisers that make River Review possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or <u>advertising@peelinc.com</u>. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The River Review is mailed monthly to all River Place residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for the River Review please email it to *riverreview@peelinc.com*. The deadline is the 15th of the month prior to the issue.



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Article Submissions	riverreview@peelinc.com
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NOT AVAILABLE ONLINE



COVER PHOTO
Do you take great photos?

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the River Review. All photos submitted must represent River Place or the surround area. Our deadine for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to riverreview@peelinc.com. Portrait (vertical) photos work best.

To view other photos submitted please visit www.PEELinc. com/RiverPlace, and view any of the past newsletters.

By submitting your photo you agree to allow your photo to be published in future issues of the River Review or other Peel, Inc. publications.

If your business is interested in sponsoring the cover call 512-263-9181 to find out how to be featured on the cover of the Lakeway Voice.



The Hill Country Education Foundation proudly presents 5th Annual Giddy Up Gala Saturday, February 28, 2015 The Westin Austin at The Domain 6:00 pm - 11: 30 pm

An Evening of Dinner, Dancing & Auctions benefiting the Four Points-area schools

Individual Tickets on Sale Early January





Love Your Dog, Leash Your Dog

We love dogs—we really do. That's why the association is committed to enforcing the county leash law on association property. According to the U.S. Humane Society, an unleashed dog has an average life span of less than four years? Allowing your dog to run free threatens your dog's health and welfare and the happiness it brings to you.

We also love our community. That's another reason the association is committed to enforcing the county leash law—so all residents may enjoy our community.

Another great way you can help everyone enjoy our community is by picking up your dog's poop.





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VHS BAND & VISION MULCH SALE

FREE Delivery in Vandegrift Zip Codes March 27 and 28

The Texas State Champion Vandegrift HS Band and Vision is helping Four Points residents get their homes ready for Spring with their biggest fundraiser of the year: Mulch Sales! Online sales of the mulch have begun – visit: vhsband/fundraising/mulch.com. Students will also be visiting residents door to door from January 8th to March 8th to personally take orders - The Deadline to place orders is March 8. FREE delivery is available in all Vandegrift HS feeder neighborhoods including the following zip codes: 78726, 78730, 78732 and parts of 78714 and 78750. All other areas and zip codes must pick up at a local location provided at later date.

Deliveries are scheduled for March 27 and March 28. The mulch is 100% Organic and comes in bags of 2 cubic feet. Two types are available: Black Velvet Hardwood and Hardwood Bark. There is a discount for cash and check sales.

Online Pricing is as follows:

5-26 bags @ \$4.90 per bag | 27-51 bags @ \$4.65 per bag 52 bags (one pallet) @ \$240 per pallet

Contact your friendly neighborhood Band/Vision Student to get the cash and check discount!

Cash & Check Pricing is as follows:

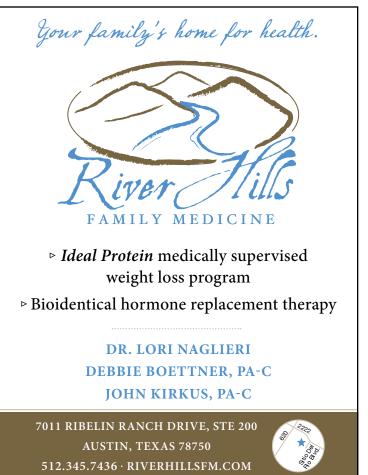
5-26 bags @ \$4.75 per bag | 27-51 bags @ \$4.50 per bag

52 bags (one pallet) @ \$230 per pallet

There is a minimum order is 5 Bags. Students and parents of VHS Band participate in all aspects of this fundraiser from order taking to delivery. All funds raised go towards band equipment, marching show design, scholarships, competition fees & supplies, transportation, and uniforms.









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LAKE TRAVIS REPUBLICAN CLUB

Roger Williams, US Representative for Texas's 25th Congressional District, will be the featured speaker at the monthly meeting of the Lake Travis Republican Club, to be held Tuesday, February 17, 2015, at the Hills Country Club, from 11:30 AM to 1:00 PM. His district stretches from Tarrant County in the north to Hays County in the south, and includes much of Austin and the Texas Hill Country.

Prior to his election in November 2012,

Congressman Williams served his country in a number of ways and brings a unique background to Congress. He was raised in the Fort Worth area where he graduated from high school and later played baseball for Texas Christian University. After a brief stint in pro baseball, he began working in the family car business and has owned



and operated the business for 40 years.

In the House of Representatives, Williams has been the voice of business owners across America and has championed legislation to roll back bureaucratic red tape and onerous regulations, streamline Medicare payment processing, and eliminate unfair taxation. He has recently been appointed to the House Committee for Financial Services for the 114th Congress. The committee oversees issues regarding the economy, banking

system, housing, insurance, and securities and exchange.

Tickets for the meeting are available for \$15.00 for members, and \$20.00 for guests. Reservations can be obtained by calling 512-261-0722, or by email at wwarmuth@austin.rr.con. A lunch Buffet will be served.

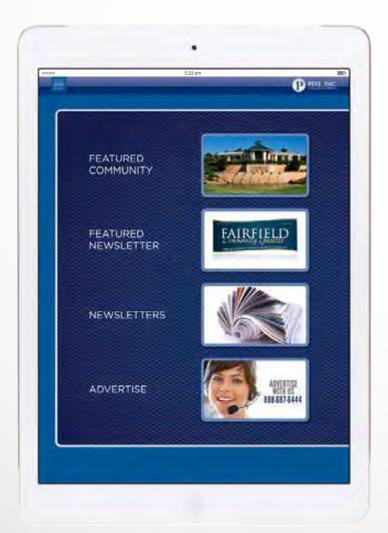


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TENNIS TIPS

By USPTA/PTR Master Professional Fernando Velasco









The Modern Game: "The Backhand Return Serve Drop Shot"

In previous newsletters, I offered tips on how to execute the basic strokes for players who are just beginning to play tennis or who want to resume playing.

I am now offering suggestions on how to play the "modern" game mostly geared towards players who are happy with hitting the ball over the net and controlling the point with consistency. These players may already be playing for leagues or in tournaments and are looking for more "weapons" on the court.

In this issue, I will offer instructions on how to execute "The Backhand Return Serve Drop Shot." This shot is used when an opponent is expecting a deep service return and the player "surprises" the opponent with a short angle drop shot. It can be used in both singles and doubles play.

In the illustrations, Fernando Velasco, Director of Tennis and teacher at of the Grey Rock Tennis Club, shows the proper technique to execute this stroke. Velasco is presently ranked #1 in Singles and Doubles in the USTA Men's 70 Division in Texas,

and #13 in Singles and #8 and #10 in Doubles in the US.

Step 1: The Back Swing: When Fernando sees the opportunity, he makes a quick turn of his upper body and takes the racket high and back. The head of the racket is now at shoulder height, his shoulders are turned, and his eyes are focused on the incoming ball.

Step 2: The Point of Contact: The success of the drop shot is to "cup" under the ball with the strings. The grip is relaxed and ready to push the ball forward and under the ball as he makes contact with it. His left shoulder is almost opening and his weight is moving through the shot.

Step 3: The Follow Through: In order to get maximum underspin, Fernando is keeping the right hand extended as long as possible. His weight is going forward. The left hand is left leaning forward for better balance.

As the shot goes over the net, and it was successful, Fernando will run towards the net, expecting his opponent to either lift the ball short, or try to drop shot his drop shot.

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Easy Valentine Sandwich Cookies

Recipe by Laria Tabul, allrecipes.com

This recipe makes 17 - 3 inch sandwich cookies and 17 - 1 1/2 inch heart shaped cookies. You'll need a 3-inch heart shaped cutter and a 1 1/2-inch heart shaped cutter. Frost with Pink Valentine Frosting (see recipe).

Ingredients

- 1 cup butter
- 1 1/2 cups confectioners' sugar
- 1 egg
- 1 teaspoon vanilla extract
- 1/2 teaspoon almond extract (optional)
- 2 1/2 cups all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon cream of tartar

Directions

In a large bowl, cream together butter and confectioners' sugar. Beat in egg, vanilla and almond extract. Mix well.

In a medium bowl, stir together flour, baking soda and cream of tartar; blend into the butter mixture. Divide dough into thirds and shape into balls.

Working with 1/3 of dough at a time, roll out dough into desired thickness on a lightly floured surface. For each heart sandwich cookie, cut out 2 3-inch hearts. Cut out the center of ONE of the 3-inch hearts with the 1 1/2-inch cutter.

Place each piece separately on an ungreased cookie sheet, 1 - 2 inches apart. Bake in a preheated, 350 degrees F (175 degrees C) oven until lightly browned (7-8 minutes for 1/4 inch thick cookies). Cool completely on wire rack. Frost bottom cookie with Pink Valentine Frosting and place an open centered cookie on top to form the sandwich. Also frost the small 1 1/2 inch hearts and serve as separate cookies.

Pink Valentine Frosting

Ingredients - makes 1 cup (approximately)

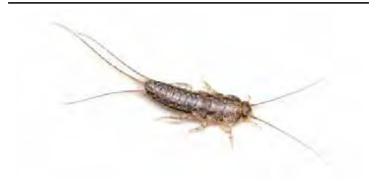
- 1 cup sifted confectioners' sugar
- 1/4 teaspoon salt
- 1/2 teaspoon vanilla extract
- 1 tablespoon water
- 2 drops red food coloring

Directions

Blend sugar, salt and flavoring. Add just enough water to make it easy to spread. Add 2 drops red food coloring and mix well.



SILVERFISH



I recently noticed silverfish lurking in my house while handling holiday decorations, so I'm sure others may have the same problem. Silverfish can eat and stain books, fabrics, food and wallpaper, but are often considered being more of a nuisance than a pest. These insects have flattened carrot-shaped bodies with three long "tails" that come off the tip of the abdomen. The body is covered with fine scales that give them a silver sheen. Immatures look just like the adults, but are smaller in size.

Usually silverfish are not seen by homeowners because they are most active at night. They can commonly be found in attics, closets or near bookcases. They may also be found behind baseboards or around door and window casings. Silverfish feed on starchy foods like paper, flour, oats or glue.

Tips for managing silverfish:

- Remove old books, papers & magazines
- Store items in sealed, plastic bags or plastic containers with tightfitting lids
- Clean closets on a regular basis- vacuum/ sweep floors and wipe down any shelves
- Reduce humidity with fans, air conditioning or dehumidifiers
- Repair any water leaks
- Inspect all items before bringing them into the house
- Target treatments to where silverfish live- wall voids, closets, attics, behind baseboards, etc.

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Ayusa is a non-profit organization founded in 1981 to promote global learning and leadership through foreign exchange, study abroad, and leadership programs for high school students from the U.S. and around the world.

For more information about hosting a high school foreign exchange student, please contact your local representative Vicki Odom at 832.455.7881 or vodom@ayusa.org or Ayusa at 1.888.552.9872 or by visiting the website at

www.ayusa.org



WAYS TO PREVENT DENTITY THEFT

Don't carry social security cards, Pin #, blank checks, Medicare card or keys in your wallet. Make photocopies of EVERY card in your wallet (both front & back)

IF YOUR WALLET IS MISSING FOLLOW THESE STEPS:

Call credit card companies and request an account number change. Do not cancel your card. If your account is closed it will inconvenience you and hurt your credit score.

File a Report with the Police.

Get a copy of the report and send copies to your bank and credit card companies.

Alert Your Bank

Change Pin #'s , cancel ATM cards and get a new checking account number if your checkbook is missing.

Contact Your DMV

Replace your driver's license and ask that a stolen/lost warning be placed in your file.

Put a Fraud Alert or Security Freeze

On your file at the three major credit bureaus. experian .com; equifax.com; and transunion.com . Alerts are free, but freezes are more secure and free to people over 65.

Private Medical Insurers

Should be asked for new cards with new account numbers to prevent fraud. Call Medicare and your auto insurer in case someone tries to make an accident claim from your policy.

Check Credit Reports

After your wallet is lost 2 weeks, go to creditreport.com to get a free report. That is usually time enough for thieves to open credit in your name. Recheck credit report in 2-3 months.



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Please remember to pick up after your pets and "scoop the poop"

OPEN HOUSE January 27th from 5:30-7:30 PM at River Place Country Club
February 21st from 11 AM-2 PM at School in the Hills Steiner Ranch
March 5th from 5:30-7:30 PM at River Place Country Club

Discover School in the Hills

You've heard about the amazing academic and social program offered at School in the Hills in Steiner Ranch, but wish the campus was closer. Now it is! School in the Hills is opening a second location at River Place that will include all of the things you love about the Steiner Ranch location, plus much more, including a lower elementary program!

Call 512-266-8180 with questions!

School in the Hills Montessori in Steiner Ranch 2900 N. Quinlan Park Austin, TX 78732

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Featured Smile Makeover of the Month by Dr. Lance Loveless













When I met Dr. Loveless', my teeth were in very bad shape. Some were crooked or missing, and it was difficult for me to chew.

"Dr. Loveless showed me a dental system called the "All-On-4" implant. The implants permanently placed a horseshoe shaped supported denture over my teeth. I liked the idea of restoring my upper teeth with a denture that I did not have to remove or worry would slip.

"My bite was balanced with an orthotic device that I wore on my lower teeth. Once my bite was stabilized in its corrected position, my missing teeth were restored with implants that looked like real teeth. The appearance of my lower teeth was improved dramatically with porcelain veneers and porcelain crowns.

"Now people comment on how young I look. They notice something different about my appearance but they cannot seem to quite put their finger on what it is! I used to smile with my mouth closed, but now I smile big-revealing my beautiful teeth!" -- Ana - Austin, TX

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RV











Marissa Radack

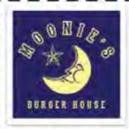


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