

Volume 14, Issue 3

March 2015

# YARD OF THE MONTH

We have already begun our Yard of the Month winners. A few of you had done a good job with your color and arrangement of plants so as to complement existing plants and flowers as well as adding a few new ones. As the weather warms, we should expect to see many more contenders.

***The Yard of the Month winners for the month of March are:***

WINNER

Marge Thompson 5511 Silver Park



WINNER

Nolan & Nita Jackson 5310 Green Cove Bend



HONORABLE MENTION

Vishnu & Bindu Simlote - 12522 Still Harbour Dr.

HONORABLE MENTION

Janet Wallis - 5514 Windham Springs Ct.

***Congratulations to you all for a job well done! Winners, please allow 8 weeks for receiving your gift certificate from Cornelius.***

# Lakes on Eldridge

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Center Point (street light).....	713-207-2222
(give pole # of street which is out)	
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Houston Chronicle .....	713-220-7211
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## LOE Bible Study

The LOE Bible Study Group began a new study on February 10, 2015. Does it even seem possible that 2015 is here already? Well, it is and we are not yet ready for the Lord's return. What does it mean to be ready for the Lord's return? Dee Brestin shows us through her study "A Woman of Beauty" that looks at First, Second, and Third John in the New Testament. Each of these letters from the Apostle John is written to believers in Jesus Christ. They define the beauty that God wants to see in us when He sends Jesus to take us to our eternal home. This beauty is not just outward, but comes from deep within us. We can see from the scriptures exactly what God expects from His faithful followers.

Our group meets every Tuesday at 9:15 am, at the Lakes on Eldridge Beach Club for fellowship, music, study, and prayer. We welcome all who would like to know more about growing in God's love and grace. We finish around 11:30 am and go out to lunch together on the second Tuesday of the month. If you need additional information or would like to attend, it's not too late, please come to the Beach Club at Lakes on Eldridge.



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## LOE BOOK CLUB

Well, our January book was a little different and, even though most of us found it weird, it did provide for a great discussion. Our February book, *Orphan Train*, was fiction based on a little-known American fact and was very interesting. We look forward to seeing more of our neighbors join us!

We meet the 4th Monday of each month at 7:30 P.M. We take turns hosting the meeting and sometimes change the date or book, so please contact [celeste.fritz@gmail.com](mailto:celeste.fritz@gmail.com) to get the details for each meeting.

March 23 - *The Searchers: The Making of an American Legend* by Glenn Frankel. In 1836 in East Texas, nine-year-old Cynthia Ann Parker was kidnapped by Comanches. She was raised by the tribe and eventually became the wife of a warrior. Twenty-four years after her capture, she was reclaimed by the U.S. cavalry and Texas Rangers and restored to her white family, to die in misery and obscurity. Cynthia Ann's story has been told and re-told over generations to become a foundational American tale.

NOTE: This will be the Holly Hall book review in March, so those interested may want to attend that.

April 27 - *And the Mountains Echoed* by Khalid Hosseini. Khaled Hosseini gifts us with a poignant story of love, loss, and recovery across several families and over several generations. Like an intricately woven tapestry, *And the Mountains Echoed* pulls us into the lives of disparate children, men, and women in Afghanistan, France, Greece, and California, showing us how the choices they and others make resonate over decades.

*So many books,  
so little time!...*





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## SWANS CAN BE DANGEROUS

This time of the year, Mother Nature provides our LOE swans with some common sense. It is mating, nesting, and egg-laying season and they feel the need to protect their territory against predators including humans, dogs, and waterfowl. Most of the swans in our neighborhood are not old enough to mate but some will go through the motions of even building a nest. The pairs of swans that are old enough to produce young (cygnets) are normally gentle and can be hand fed while posing no threat. However, our cobs (males) will become aggressive and territorial in trying to protect his pen (female) and nest. This is usually temporary until mating season is over. If you are walking past a lake and a swan swims to your side and follows you, **BEWARE!** If you see a swan with his neck back and feathers up such as the one in the accompanying picture, please stay away, do not attempt to feed him, and walk on the other side of the street as he is in his **ATTACK** position. Please warn your nannies and sitters not to stroll babies around the swans. We must try to remember that the swans are merely protecting their territory and readying the area for their young. We need to be as cautious of them as they are of us. Thank you for your cooperation!



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## *Lakes on Eldridge Dolphins* 16TH SEASON

The Lakes on Eldridge Dolphins Swim Team will begin their 16th season in 2015! We are again recruiting enthusiastic swimmers ages 5 – 18 looking to have great fun this spring and summer. (Swimmers must be able to swim the length of the pool by the end of the second week of practice.)

LOEST is a voluntary recreational swim team operated for Lakes on Eldridge and the surrounding neighborhoods. LOEST encourages a competitive swim team environment and provides the opportunity for growth, training, enjoyment, good sportsmanship and participation to all active team members. LOEST cannot function without parent involvement, so each participating family is required to fulfill a volunteer commitment. It's a great way to meet other families and adults in our community!

**March 15** - Registration begins for returning families

**March 22** - Registration for new swimmers

**April 27** - Regular Practice Starts

### **MEET SCHEDULE FOR 2015:**

**May 9** - AWAY Winchester Time Trials

**May 16** - LOE vs. Cypress Mill

**May 23** - LOE vs. The Woodlands Riptides

**May 30** - LOE vs. Bridgeland

**June 6** - LOE vs. Deerfield Village

**June 13** - LOE vs. Copperfield

**June 20** - Divisionals at CySprings HS

**Check the NEW website**

**<http://loedolphins.swim-team.us/> for important dates, and also  
for everything and anything about the LOEST DOLPHINS!**

## Addicks-Tanner Trail Update

The project recently achieved a major milestone. Harris County and the MUD Boards have authorized funds to proceed. As a reminder, the project consists of two segments: the Addicks-Tanner Connector and the Tanner Sidewalk Trail.

Harris County Parks has funded the design of the Connector Trail from Tanner Road to the top of the dam. Once that design is complete, they will submit it to the Corps of Engineers. We understand that the Corps of Engineers has a backlog on applications, so we do not know how long it will take to obtain that permit.

The MUD Boards (MUD 341 for LOE, MUD 370 for LOEN, Village of Lake Point and Satsuma Lakes) have authorized the design of the Tanner Sidewalk Trail beginning at Ginger Ponds. The first step will be to establish routing of the sidewalk. This will allow resolution of ownership, liability and maintenance issues. Timing of the final project authorization including construction will be coordinated with the progress on the County portion of the project.

Realistically, construction will not begin before 2016.



## DO YOU ZUMBA?

The Lakes on Eldridge Fitness Center Committee would like to announce the upcoming commencement of Zumba classes, using the available DVDs in the Flex Room. All interested participants are asked to send an email to [elise.campagna@fsresidential.com](mailto:elise.campagna@fsresidential.com). The fitness committee will then contact you regarding specific days and times.



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# Lakes on Eldridge



## FRONT GATE AND GUESTS

**YOUR GUESTS WILL HAVE A BETTER EXPERIENCE AT THE FRONT GATE IF THEY ARE PREPARED TO GIVE THE ATTENDANT YOUR ADDRESS WHEN THEY ARRIVE**

This is a reminder that your visitors need to have your home address when they arrive at the front gate of our community. The LOE gate attendants are required to take a valid address to allow admittance. When any visitor arrives unprepared to give the gate attendant the address in LOE, it holds up all visitors and may even interfere with resident entry. So, please make sure your guests know that they will be asked for your address when they arrive at the front gate. We will all appreciate it. Thanks!



## CALLING ALL ACTIVE RESIDENTS!

Would you like to learn more about our Fitness Center and get instruction on how to use the equipment?

The LOE Fitness Center Committee will hold a workshop at the fitness center located in the Clubhouse, on Saturday March 21, 2015 from 10:00AM - 11:00AM. There will be 2 personal trainers on hand to demonstrate how to use the equipment and answer any questions you may have concerning weight training.

Instruction will begin at 10:00AM sharp and will be conducted as a group.

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# WHAT HAPPENED ON THE MARKET IN 2014?

RENTALS V/S SALES IN LOE AND LOEN

BETWEEN 1/1/2014 AND 12/31/2014

MORE HOMES HAVE LEASED THAN SOLD IN OUR NEIGHBORHOOD!

!!!!!!	RENTALS CLOSED	SALES CLOSED
LOE	38	39
LOEN	60	57
TOTAL	98	96

*PLEASE EMAIL ME OR CALL ME FOR INSIGHT ON WHAT THESE FIGURES COULD MEAN!*



## DANIELLE GEBARA

*Resident of Lakes on Eldridge North*

# 832-788-6002

danielle@dgebbara.com



# Lakes on Eldridge



## MAINTENANCE UPDATE

*The following major items were completed in the last month:*

- Replacement/repair of the flooring, rails and supports of the pedestrian bridge over Turkey Creek.
- Repair of the rusted wrought iron sections of fence over two Lake Center Run bridges.
- Installation of proper drainage (weep holes) in several village entrance monuments as well as power washing and sealing.
- Replacement of the rusted doors on the Equipment Building pump & chemicals rooms.
- Repair and paint the interior of the other equipment storage room at the clubhouse.
- Repaired scratches on two of the Main Room tables at the clubhouse
- Repaired two of the four pole lights for the clubhouse parking lot



The LOE MEN'S Bible Study continues to meet at the LOE clubhouse on Tuesday evenings. We have had between three and six gentlemen each week for a relaxed meeting and discussion with a little pizza beforehand. If you are interested, or just simply a little curious, you will be welcomed. We meet at 7:00 PM and generally wrap up about 8:15. Hope to see you there!

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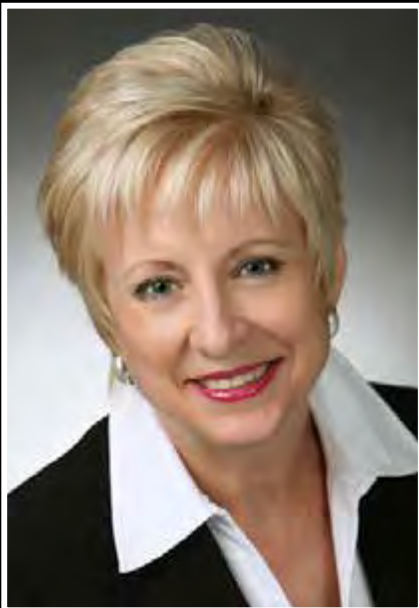
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## Pretty Winter Gardens

This time of year our yards are not much to look at. However, the neighbors on Silent Shore in Lakes on Eldridge have a beautiful view. Gus and Georgia Lester, Russell and Karen Ridgeway, and William and Karen Mccasland have planted cabbage roses and pansies in their front yards. Now that's how we can cure the winter doldrums.



## A FOCUS ON PHYSICAL ACTIVITY

### Pathway to Improved Health

*By Concentra Urgent Care*

Being physically active is one of the most important steps you can take to maintain or improve your health. When combined with eating a healthy diet, regular exercise can substantially reduce your risk of chronic disease, prevent weight gain, and improve your overall level of physical and emotional fitness.

#### HOW MUCH PHYSICAL ACTIVITY DO I NEED?

The U.S. Department of Health & Human Services (HHS) has recently published several recommendations related to exercise:

1. Any physical activity is better than no physical activity
- Includes people with disabilities
- Far outweighs the possibility of risk of injury or illness
2. Most health benefits occur with at least 150 minutes a week
- Both aerobic and muscle-strengthening are beneficial
3. For most people, additional benefits occur when
- You increase the intensity of your physical activity
- You increase the frequency of your physical activity
- You increase the duration of your physical activity

#### SHOULD OLDER ADULTS EXERCISE, TOO?

The same HHS guidelines apply, but older adults need to make sure that their fitness level and any chronic conditions allow them to safely perform physical activity. For example, if an older adult is at risk of falling, he should do exercises that maintain or improve his balance.

#### WHAT IF I HAVE A CHRONIC MEDICAL CONDITION?

If you have a chronic medical condition, you should be under the care of a health care provider. It is important to consult your physician about the type and amount of physical activity appropriate for you.

#### HOW DO I GET STARTED?

The health benefits of physical activity far outweigh the risks and some activity is better than none. Persons who have not been diagnosed with a chronic condition (such as diabetes, heart disease, or osteoarthritis) and do not have symptoms (e.g., chest pain or pressure, dizziness, or joint pain) do not need to consult with a health care provider prior to starting an exercise program.





*Thank you for our continued success.*

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- 12523 Cherry Creek Bend - SOLD!
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